

NEWROOTS

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HERBAL



CATALOGUE

2023/24

- Exclusive information for health-care professionals -





Laboratory

Latest technology on laboratory equipment for research and development of the highest quality food supplements



HPLCs: High-Performance Liquid Chromatograph

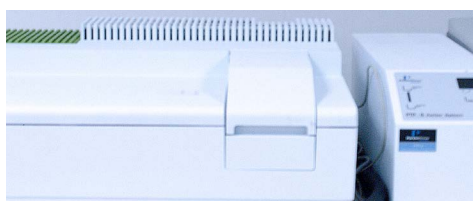
High-Performance Liquid Chromatograph

- » Determines the identity and quantity of elements and molecules.
- » Analyses the composition of compounds present in complex mixtures, such as water- and fat-soluble vitamins.
- » Analyses a large variety of plant material, for example astragalus, dandelion, and red clover.



ICP-OES: Inductively Coupled Plasma–Optical Emission Spectroscopy.

- » Analyses metals and minerals. Effectively and precisely determines the identity and quantity of any metal and mineral present in a sample.
- » Detects contamination by low-level trace metals — including mercury, arsenic, lead, and cadmium.



Spectrophotometers.

- » Determines some enzymatic activities, such as papain and bromelain, or anthocyanidin content in bilberry.



UPLC/MS (LC/MS-Triple quad): Ultra Performance Liquid Chromatography Mass Spectrometer – Dual detector.

- » Effectively analyses herbs and medicinal components.
- » Tests many nutraceuticals, such as glycosides in black cohosh, thujone in worm wood, and residual antibiotics in royal jelly.



HPTLC: High-Precision Thin-Layer Chromatograph.

- » Verifies the fingerprint of identity for plant materials against a reference plate.
- » Detects if products have been contaminated by mycotoxins.



NIRS: Near-Infrared Spectroscopy

- » Identification of plants like St. John's wort (*Hypericum perforatum*), Horsetail (*Equisetum arvense*), Echinacea (*Echinacea purpurea*), etc.
- » Identification of isolates such as amino acids.



GC-FID/MS: Gas Chromatography–Flame Ionization Detector/Mass Spectrometer.

- » Analyses volatile molecules with a high melting point, such as fatty acids in fish oil.
- » Determines the quantity of common fatty acids and essential oils present in oils such as tamanu, argan, and fish oil.
- » PCBs and pesticides are tested.
- » Detects if there are solvents, such as 1,2-dichloroethane and 1,1,1-trichloroethane.

NEW ROOTS HERBAL is a GMP-compliant, Health-Canada licensed Canadian manufacturer of natural health products with more than 32 years of experience. At New Roots Herbal the formulas are created by scientists, naturopaths and herbalists. We are committed to providing pure and high-quality nutrients and powerful botanical herbs that work synergistically to support the body. Quality, Science & Nature is the combination that lets us offer an ample range of products elaborated according to the strictest manufacturing standards (GMP), in order to meet the rigorous demands of the Canadian Authorities.



FACILITIES

Our plant in Canada is located in a rural environment near Montreal, with over 5480 m2 specifically designed for manufacturing nutritional supplements.



RAW MATERIALS

Our suppliers are carefully selected and undergo strict quality control in order to guarantee the identity, purity and potency of our raw material and ensure the quality of our products from start to finish. For this reason, we have the most advanced technology and a team of analytical chemists who are responsible for testing and validating both the raw material and the final product.



RESEARCH TEAM

The research team is multidisciplinary, including specialists in Medicine, Biology, Nutrition, Bioengineering, Analytical Chemistry and Pharmacy, as well as healthcare professionals with a solid background in natural medicine. In the end, our entire team of prominent scientists is responsible for the research behind the continued development of new formulas based on plants, extracts, vitamins, minerals and all the nutrients that contribute to maintaining optimal health.



OBJECTIVE

More and more professionals trust our brand as a quality guarantee, and that helps us to consolidate our brand day by day and strengthen our will to continue growing solidly and to become a reference with greater presence in the sector. At New Roots Herbal we think we have a lot to offer to people's quality of life and health. It is a way of understanding health and disease, placing the emphasis on balance and prevention. We are sure that by combining our permanent vocation for service with the quality and efficacy of our formulas, we can support you in your important task of working for people's health.



FORMULAS

Our formulas have been designed to strengthen the synergy between each of their components. Medicinal plants have proven to be highly effective through their traditional use, and this inherited experience, combined with rational understanding and a scientifically established basis, is what has allowed us to design products that when used correctly, can contribute to well-being, both in purely preventive and therapeutic aspects.



QUALITY

We establish rigorous quality control checks in order to guarantee the identity, purity and potency of our products. In the manufacturing of our nutritional supplements, no preservatives, artificial flavours or colours are used. The necessary excipients for the manufacture of capsules and tablets are, whenever possible, natural, and all of the capsules used for New Roots Europe products are made of 100% plant cellulose with no genetic modification (NON-GMO). All of our products, except for those that are designed to have a gradual effect, are formulated to dissolve in the body within 20 to 30 minutes in order to ensure maximum absorption.



TRAINING

In order for natural medicine to hold a legitimate place in our society, as is the case in other developed countries, we must pay significant attention to training healthcare professionals. For this reason, we do our best so that professionals have all of the necessary information to develop all of your skills regarding food supplementation.

ISO 17025



HIGH QUALITY PRODUCTS. New Roots Herbal Inc. (NRH), through its N.H.P. Laboratory, Laboratories Inc., is ISO 17025:2005-certified, and guarantees that both the raw materials and the finished products are free of contamination and adulteration. All of the NRH staff is committed to complying with the highest standards for the identity, purity and potency of our products. The NRH team is committed to manufacturing the safest and highest-quality natural healthcare products.



ALL OF OUR PRODUCTS ARE SUBJECTED TO THE FOLLOWING QUALITY TESTS

IDENTITY To identify an ingredient is to ensure that the ingredient matches the species it is claimed to be; for example, this is borage oil seed and no other seed. Our testing always ensures that the ingredient matches the label.

POTENCY To confirm the potency of an ingredient is to ensure the ingredient is at the strength it is claimed to be; for example, grape seed will keep, contain, and meet the 95% proanthocyanidins label claim.

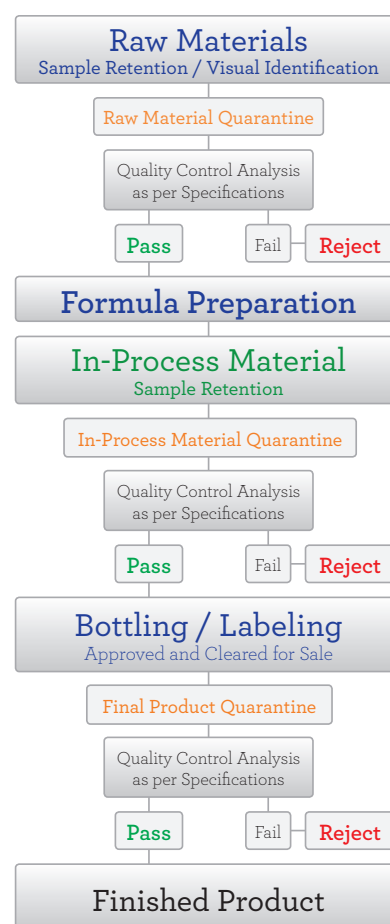
OXIDATION Some products can go rancid with time. Our oxidation testing absolutely ensures our products maintain the highest levels of quality and freshness, as well as the lowest level of peroxide, all the way through to expiration.

DISINTEGRATION Capsules, softgels, and tablets must dissolve in the stomach; on the other hand, enteric-coated capsules, such as those of Acidophilus Ultra, must only dissolve in the intestines. Our disintegration testing mimics the human digestive system to ensure all products dissolve at the right place and at the right time.

PURITY To establish the purity of an ingredient is to test for freedom from contaminants. These contaminants include:

- » Heavy metals: The Earth is permeated by natural levels of heavy metals. Ground crops are especially susceptible. Our testing guarantees the safety of our products.
- » Over 80 different pesticides, total PCBs, solvent residues are tested. These chemicals are dangerous and can contaminate ingredients at any stage. We work only through our relationships with trusted suppliers. That said, our testing absolutely ensures our products are free from these contaminants and their dangers.
- » Aflatoxins, mycotoxins, dioxins, microbial contamination: Testing only for microbial contamination is not enough. Our testing guarantees our products are free from microbial contamination, as well as any residue these bacteria can produce.

Manufacturing Flow Chart

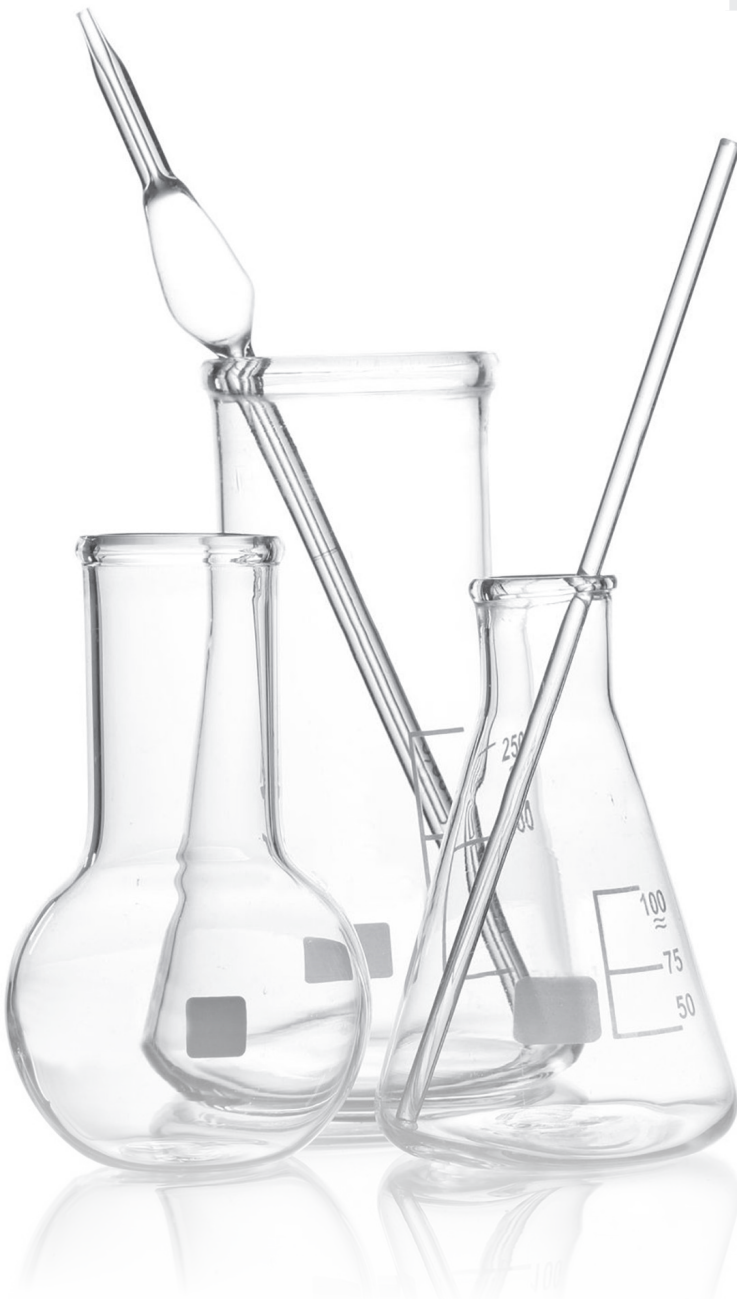




New Roots
HERBAL

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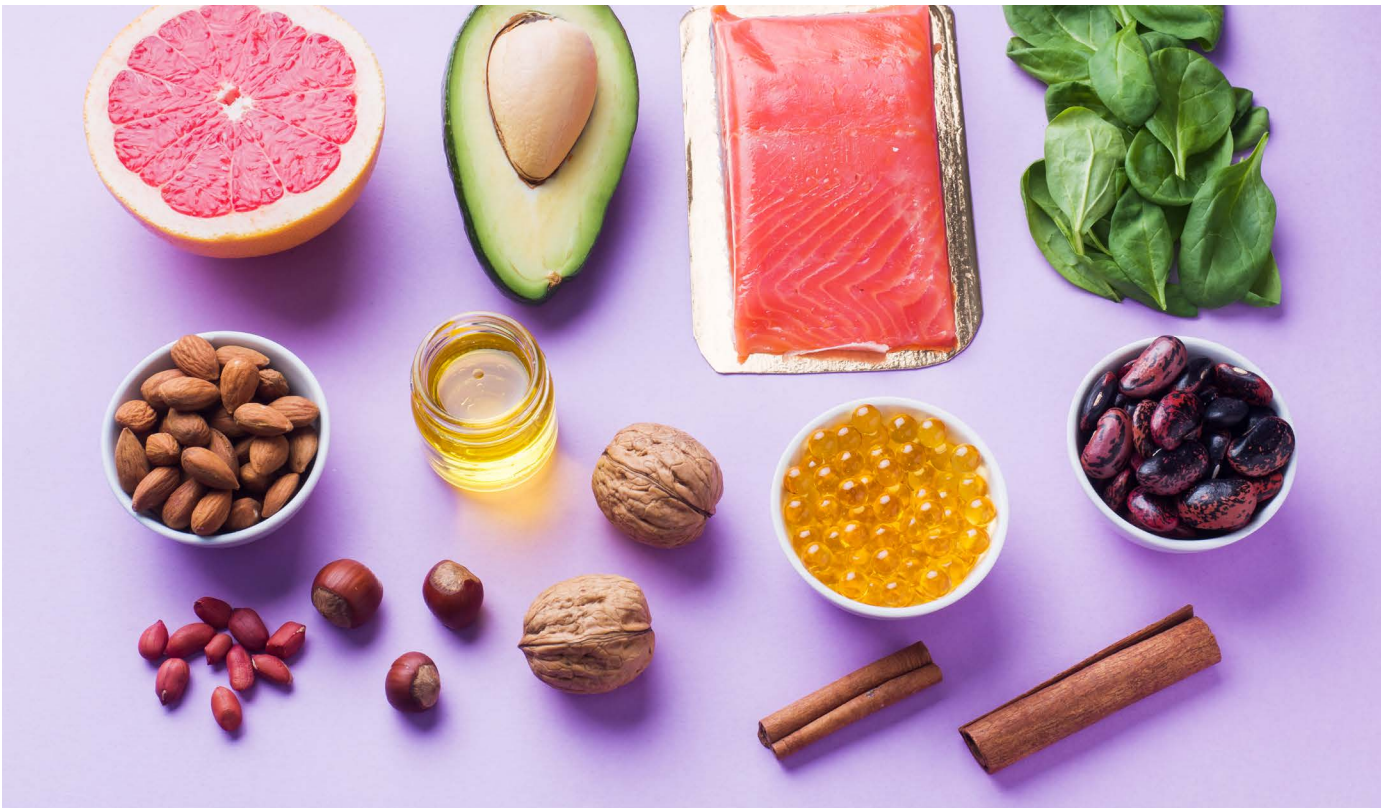


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		Vitamin C8	26, 28, 31				



ESSENTIAL FATTY ACIDS - Controlled origin with high contribution of active ingredients



Marine origin - From wild small fish. Molecular distillation, free from heavy metals and other pollutants

FE1856	Children's Omega 3	120 chewable softgels	137,5 mg EPA / 56,25 mg DHA per softgel. Molecular distillation.	1 softgel 4 times daily
FE2163	Omega Mood-EPA	30 softgels	1 000 mg EPA / 100 mg DHA per softgel. Molecular distillation.	1 softgel daily
FE1253	Wild Omega 3	60 softgels	660 mg EPA / 330 mg DHA per softgel. Molecular distillation.	1 softgel twice daily

Plant origin from controlled cultivation - Supercritical CO₂ extraction (no solvents)

FE1789	Seabuckthorn Oil	30 softgels	1 000 mg seabuckthorn/softgel + 40 mg goji seed/softgel. Supercritical CO ₂ extraction (no solvents).	1 softgel daily
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ALGAE - Controlled cultivation and free from contaminants



FE0322	Kelp	100 tablett.	225 µg iodine. Organic Norwegian Kelp.	1-2 tablets daily
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AMINO ACIDS - High bioavailability



FE1167	Amino-Mix	240 tablets	Hydrolyzed whey protein / free form.	2 tablets 3 times daily
FE0090	L-Glutamine	50 caps.	500 mg per capsule.	1 caps. twice daily
FE2031	L-Glutamine	100 g	5 g per serving.	1 scoop (5 g) daily
FE0252	L-Lysine	100 caps.	500 mg per capsule.	1-3 capsules daily
FE1786	L-Theanine	30 caps.	250 mg per capsule.	1 capsule daily
FE1020	L-Tyrosine	60 caps.	500 mg per capsule.	1-2 capsules daily
FE0301	N-AcetylCysteine	60 caps.	600 mg per capsule.	1 capsule daily

Amino-Mix



Format:
240 tablets (Code FE1167)

Nutritional information:		6 tablets
Hydrolyzed <i>alpha</i> -lactalbumin (whey protein)		5 100 mg
Providing (typical amino acid profile):		
L-Glutamic acid		683,0 mg
L-Leucine (BCAA)*		414,9 mg
L-Asparatic acid		403,4 mg
L-Lysine*		364,1 mg
L-Threonine*		266,8 mg
L-Valine (BCAA)*		224,3 mg
L-Proline		222,5 mg
L-Isoleucine (BCAA)*		220,2 mg
L-Serine		195,0 mg
L-Alanine		191,9 mg
L-Phenylalaline*		120,4 mg
L-Tyrosine		111,7 mg
L-Arginine		106,4 mg
L-Methionine*		88,0 mg
L-Cysteine		80,8 mg
L-Glycine		70,4 mg
L-Histidine*		68,3 mg
L-Tryptophan*		64,3 mg

*Essential amino acids. BCAA: Branched-chain amino acid.

Amino-Mix is a free form amino acid complex originating in Hydrolyzed Whey Protein which contains all the essential amino acids and their branches. In order to obtain the amino acids, the whey proteins are broken down with the help of enzymes (protease). With this hydrolysis the amino acids are assimilated more easily into the body. Amino acids are the basic component of proteins and are important for numerous chemical reactions and for a correct biological balance in the body.

Recommended daily dose: 2 tablets three times daily between meals. Consult a health-care practitioner for use beyond 6 months.

CHILDREN'S LINE - Formulas of high quality



FE1935	Children's Multi	150 g	18 essential nutrients in their most bioavailable form. Natural lemon, orange and blackcurrant flavour.	1 scoop daily	page 27
FE1856	Children's Omega 3	120 chewable softgels	137,5 mg EPA / 56,25 mg DHA per softgel. Molecular distillation.	1 softgel 4 times daily	page 12
FE1821	Children's Pro	20 g	10 billion CFU / 12 strains (5 human, 1 plant, 6 dairy) per serving. With <i>L. reuteri</i> . With inulin, arabinogalactan and vitamin C.	2 scoops daily	page 25
FE2132	Children's Vitamin D3	15 ml	400 IU/drop. Cholecalciferol.	1 drop daily	page 26

ENZYMES - High-potency enzymes and complete formulas. High content of enzymatic units

Comfort



FE1829	Infla-Heal Plus	90 caps.	Highly concentrated blend of enzymes with rutin, L-cysteine and zinc. Enteric-coated capsule.	1 caps. 2-4 times daily	page 17
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Digestion

FE2013	Digestive Enzymes	100 caps.	Pancreatin 4x + Betaine HCl + Bile extract + Pepsin A + Papain.	1 caps. 1-4 times daily	page 15
FE1698	Pancreatin	120 caps.	Pancreatic enzymes concentrate (4x) from porcine origin.	1 caps. 2-4 times daily	page 15
FE1310, FE1311	Plant Digestive Enzymes	60 / 120 caps.	Formula with a wide spectrum of 100% plant-digestive enzymes.	1 caps. 3 times daily	page 15

Digestion / Comfort

FE0238	Ultimate Bromelain	90 caps.	18 million FCC-PU/caps. (2 400 GDU/g). 100% natural Bromelain (stem bromelain from <i>Ananas comosus</i>).	1-3 caps. daily	
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FORMULAS - Advanced synergistic formulas. High-quality and highly concentrated extracts

Antioxidants / Immune System



Ultra Protect

Nutritional information:	1 capsule
Green tea leaf extract (<i>Camellia sinensis</i>)	500 mg
Catechins 90%	450 mg
EGCG 75%	375 mg
Turmeric root extract (95% curcuminoids)	100 mg
N-Acetyl-L-Cysteine (NAC)	60 mg
Japanese knotweed root (50% resveratrol)	50 mg
Tomato extract (10% lycopene)	30 mg
Cayenne fruit	25 mg
Marigold flower extract 220:1 (20% zeaxanthin = 5 mg)	25 mg
<i>Haematococcus pluvialis</i> extract (1,5% astaxanthin)	20 mg
Black pepper fruit extract (95% piperine)	2 mg

Recommended daily dose: 1 capsule daily.

Format:
60 caps.
(Code FE1145)

A food supplement consisting of standardised plant extracts (green tea, turmeric, cayenne and black pepper), N-Acetyl-L-Cysteine (NAC), resveratrol and carotenoids (lycopene, astaxanthin and zeaxanthin). Each capsule contains 500 mg of green tea at 75% EGCG.



Vital Cellular

Nutritional information:	1 capsule
Astragalus (3% astragalosides)	450 mg
N-Acetyl-L-Cysteine	195 mg
R(+)-alpha-lipoic acid	25 mg
Vitamin C (L-ascorbic acid)	10 mg
Vitamin E (D-alpha-tocopheryl acid succinate) (10 IU)	6,7 mg α-TE (56%*)

*NRV: Nutrient Reference Value in %

Recommended daily dose:
1 capsule daily with a meal.

Format:
60 caps (Code FE1428)

An exclusive formulation consisting of Astragalus, N-Acetyl-L-Cysteine (NAC), R (+)-lipoic acid, Vitamins C and E in order to protect against cell oxidation and premature signs of ageing. Our formulation contains 450 mg of standardised Astragalus at 3% of astragalosides which is equal to 13.5 mg of astragalosides per capsule. It also includes the most natural and active form of lipoic acid, its R(+) configuration. Vitamin E helps protect cells against oxidation and helps prevent cells from ageing prematurely.

Antioxidants / Immune system



S.O.D. Complex

Nutritional information:	1 capsule
Superoxide dismutase (from <i>Rosa roxburghii</i>)	7 250 IU SOD
Catalase	112,5 Baker Units
Goji (<i>Lycium barbarum</i>) (30% polysaccharides)	40 mg
N-acetyl-L-cysteine	25 mg
Riboflavin (vit. B ₂)	5 mg (357%*)
Vit. E (DL- <i>alpha</i> -tocopheryl acetate) (5 IU)	3,35 mg α -TE (28%*)
Folate (calcium-L-methylfolate)	60 μ g (30%*)
Selenium (from L-selenomethionine)	11 μ g (20%*)
L-Cysteine (hydrochloride)	10 mg
DL- <i>alpha</i> -lipoic acid	25 mg
L-Glutathione (reduced)	10 mg
Hydrolyzed wheat protein	25 mg

Format:
30 caps (Code FE2193)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 capsule daily with food. Consult a health-care practitioner for use beyond 6 months.

S.O.D. Complex is a food supplement based on superoxide dismutase combined with high quality nutraceuticals and natural antioxidants.



Co-Enzyme Q10

Nutritional information:	1 capsule
Coenzyme Q ₁₀ (ubiquinone-10)	300 mg

(Bacterial or yeast fermentation process)

Recommended daily dose: 1 capsule daily.

Format:
30 caps (Code FE2904)

Coenzyme Q10 or Ubiquinone is a vitamin-like substance that occurs naturally in the body. It is an essential component of mitochondria, organelles essential for cellular energy production, but its endogenous concentration decreases with age

Digestive support



Digestive Enzymes

Nutritional information:	1 capsule
Pancreatin 4 \times (porcine-sourced pancreatic enzymes concentrate)	200 mg
Protease	20 000 USP-PC
Amylase	20 000 USP-AGU
Lipase	4 000 USP-LU
Betaine HCl	105,3 mg
Bile extract [10:1] (from <i>Bos taurus</i> liver)	64,8 mg
Pepsin A	324 000 IU-PU
Papain (from <i>Carica papaya</i> fruit)	384 000 USP-PU

Format:
100 caps. (Code FE2013)

Recommended daily dose: 1 capsule one to four times daily with food.

A combination of pancreatin (extract of the pancreatic gland containing protease, amylase and lipase), betain (source of HCl extracted from beetroot), ox gall extract (with a high share of taurine) papain (extracted from papaya) and pepsin.



Pancreatin

Nutritional information	2 capsules
Pancreatic enzymes 4 \times (porcine)	650 mg
Protease	65 000 USP
Amylase	65 000 USP
Lipase	1 3000 USP

Recommended daily dose: 1 capsule two to four times daily with food. Swallow whole; do not crush or chew.

Format:
120 caps. (Code FE1698)

A food supplement consisting of concentrated porcine pancreatic enzymes. It contains a standardised lipase, protease and amylase activity at 325 mg per capsule equivalent to 1 300 mg of pancreatin.



Plant Digestive Enzymes

Nutritional information:	3 capsules
Protease I	124 311 FCC HUT
Protease II	22 140 FCC HUT
Protease III	171 FCC SAP
Papain (<i>Carica papaya</i>)	900 000 FCC PU
Amylase	35 436 FCC DU
Lactase	1 632 FCC ALU
Lipase	9 000 FCC LU
Cellulase	3 780 FCC CU
<i>alpha</i> -Galactosidase	57 FCC GalU
Maltase	390 FCC DP
Invertase	240 FCC INVU
Pectinase	180 endo-PGU
Glucoamylase	150 FCC AGU
Hemicellulase	99,9 FCC HCU
Phytase (phosphorus)	7,5 FCC FTU
Bromelain (<i>Ananas comosus</i>) (60 mg)	2 160 000 FCC PU
Dipeptidyl peptidase IV	6 150 FCC HUT

Format:
60 caps. (Code FE1310)
120 caps. (Code FE1311)

FCC: Food Chemical Codex

Recommended daily dose: 1 capsule three times daily with a meal. Do not use on an empty stomach. For occasional use only.

A food supplement consisting of a wide range of 100% highly bioavailable and easy to absorb vegetable enzymes. Expressed in international units of enzymatic activity for a better evaluation of the activity.

Intestinal support



Candisan

Nutritional information:		6 capsules
Caprylic acid (calcium, magnesium and zinc caprylate)		1 200 mg
Garlic odourless bulb extract (1% allicin)		375 mg
Oregano leaf extract (30% carvacrol)		330 mg
Grapefruit/lemon/tangerine seed extract		300 mg
Suma root		300 mg
Echinacea root extract (4% polyphenols)		150 mg
Pau d'arco-lapacho bark		150 mg
Black walnut hulls extract (4:1)		48 mg
Selenium (L-selenomethionine, yeast-free)		150 µg (273%*)

Format:
90 caps. (Code FE0078)
180 caps. (Code FE0021)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 2 capsules three times daily.

A synergetic formula consisting of caprylic acid in various forms, highly concentrated plant extracts (odourless garlic, grapefruit seed, oregano extract, suma root, echinacea, pau d'arco, walnut) and selenium.



Caprylic Acid Plus

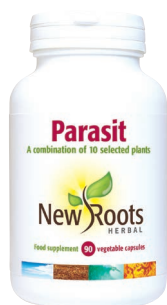
Nutritional information:		3 capsules
Caprylic acid:		
Caprylate from Calcium*		540 mg
Caprylate from Magnesium*		540 mg
Caprylate from Zinc*		120 mg
Lapacho bark (<i>Tabebuia heptaphylla</i>)		750 mg
Odourless garlic (allicin 1 mg/capsule)		300 mg
Clove buds (<i>Syzygium aromaticum</i>)		105 mg

*short-chain fatty acid from coconut oil

Recommended daily dose: 3-5 capsules daily before meals.

Format:
120 caps. (Code FE0941)

A food supplement consisting of lapacho, garlic, clove and a high concentration of caprylic acid providing 400 mg per capsule. Caprylic acid is a short chain fatty acid present in coconut oil which has been added to this revitalised formulation with calcium, magnesium and zinc for greater strength.



Parasit

Nutritional information:		6 capsules
Black walnut (hulls) (<i>Juglans nigra</i>)		750 mg
Wormwood (<i>Artemisia absinthium</i>)		570 mg
Garlic (<i>Allium sativum</i>)		378 mg
Grapefruit seed extract (<i>Citrus paradisi</i>)		222 mg
Clove (<i>Syzygium aromaticum</i>)		192 mg
Black walnut (leaves) (<i>Juglans nigra</i>)		186 mg
Pumpkin seed extract (4:1) (<i>Cucurbita moschata</i>)		72 mg
Quassia stem wood (<i>Quassia amara</i>)		54 mg
Oregon-grape root (<i>Mahonia aquifolium</i>)		54 mg
Sage leaf (<i>Salvia officinalis</i>)		54 mg
Ginger rhizome (<i>Zingiber officinale</i>)		48 mg

Recommended daily dose: 2 capsules three times daily before meals. It is recommended to take this product for 15 days. Stop for 5 days. Repeat for another 15 days.

Format:
90 caps. (Code FE1188)

A food supplement consisting of a combination of 10 selected plants, of which most notable are black walnut, wormwood, garlic, clove or grapefruit seed.

Cardiovascular



Cho-less-terin

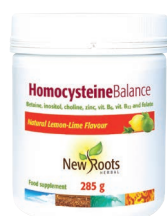
Nutritional information:		4 softgels
Guggul resin (3,5% guggulsterone)		1 400 mg
Plant sterols		800 mg
beta-Sitosterol		320 mg
Campesterol		160 mg
Stigmasterol		160 mg
Oat (22% beta-glucans)		600 mg
Green tea extract (50% polyphenol)		320 mg
Red yeast rice (0,5% monacolin K, 1 mg)		200 mg
Extra virgin olive oil		2 334 mg

Format:
90 softgels (Code FE1838)

Formulated in a matrix of extra virgin olive oil.

Recommended daily dose: 2 softgels twice daily with food.

Our synergistic formula features 6 natural ingredients: guggul, plant sterols (phytosterols), oats, green tea, red yeast rice in a highly bioavailable matrix of extra virgin olive oil.



Homocysteine Balance

Nutritional information:		1/2 scoop
Betaine (trimethylglycine)		1 g
Inositol		0,375 g
Choline (bitartrate)		0,25 g
Zinc (from zinc bisglycinate)		7,5 mg (75%*)
Vitamin B ₆ (pyridoxine)		
(from 2,5 mg pyridoxal 5'-phosphate)		1,7 mg (121%*)
Vitamin B ₁₂ (methylcobalamin)		375 µg (15 000%*)
Folate (from calcium-L-methylfolate)		250 µg (125%*)

Format:
285 g (Code FE2210)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1/2 scoop daily with food. Mix with 150-250 ml of water (dilute to taste).

A combination of 7 ingredients that contribute to the balance homocysteine levels. Homocysteine Balance contains betaine, folate (calcium-L-methylfolate), vitamin B₁₂ (methylcobalamin), vitamin B₆ (pyridoxal 5'-phosphate), inositol, choline (bitartrate) and zinc (bisglycinate).

Comfort



Aid-Inflam

Nutritional information:		2 capsules
<i>Boswellia serrata</i>		400 mg
Boswellic acids 35%		140 mg
Organic acids 70%		280 mg
Turmeric (<i>Curcuma longa</i>) (95% curcuminoids*)		400 mg
Bromelain		200 mg
(2 400 GDU/g)		7,2 mill. FCC-PU
Quercetin		200 mg

*providing curcumin I, demetoxicurcumin and bisdemetoxicurcumin.

Recommended daily dose: 2 caps. 1-3 times daily.

Format:
30 caps. (Code FE1571)
90 caps. (Code FE1237)

A formula which uses the highest quality ingredients which are synergistically combined with the most powerful extracts of *Boswellia serrata*, curcumin and quercetin along with bromelain.



Infla-Heal Plus

Nutritional information:		2 capsules
Pancreatic enzymes 4X		500 mg
Protease		50 000 USP-UP
Amylase		50 000 USP-AU
Lipase		10 000 USP-LU
Bromelain (2.400 GDU/g)		345,6 mg (864 GDU)
Papain		3 600 000 USP-PU
Trypsin		36 000 USP-TU
Chymotrypsin		720 USP-CU
Rutin		170 mg
L-cysteine (hydrochloride)		20 mg
Zinc (gluconate)		5,2 mg (52%*)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 caps. 2-4 times daily

Format:
90 caps. (Code FE1829)

A food supplement consisting of a highly concentrated enzymes with serratiopeptidase, rutin, L-cysteine and zinc. With enteric coating.

Detox



Clean Flow

Nutritional information:		3 capsules
Cranberry (107:1)		255 mg
Marshmallow		255 mg
Cat's whiskers (4:1)		252 mg
Golden rod		189 mg
Asparagus		153 mg
Buchu		144 mg
Ginger (10:1)		144 mg
Parsley		144 mg
Birch		126 mg
Uva ursi		126 mg
Cayenne		63 mg
Corn silk (4:1)		51 mg
Juniper berries		30 mg
Piperine (extract from black pepper)		6 mg

Recommended daily dose: 1 capsule three times daily.

Format:
90 caps. (Code FE1079)

A food supplement consisting of a combination of 15 carefully selected plants for a perfect synergetic balance. It combines, amongst others, cranberry extract, marshmallow extract, goldenrod, asparagus, buchu, ginger or parsley containing a total of 651mg per capsule.



Metal Detox Protector

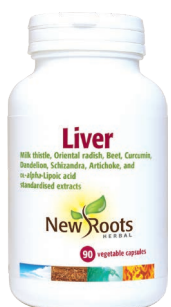
Nutritional information:		1 capsule
D,L- α -Lipoic acid		75 mg
L-Glutathione		100 mg
N-Acetyl-L-cysteine		125 mg
Vitamin C (ascorbic acid)		200 mg (250%*)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1-2 capsules daily.

Format:
60 caps. (Code FE0603)

A multiantioxidant formula that contain metabolic nutraceuticals for ultimate antioxidant protection.



Liver

Nutritional information:		3 capsules
Milk thistle (1) (80% silymarin) (<i>Silybum marianum</i>)		750 mg
Oriental radish root (<i>Raphanus sativus</i> var. <i>niger</i>)		360 mg
Beetroot (<i>Beta vulgaris</i>)		360 mg
D,L- α -Lipoic acid		150 mg
Turmeric ⁽¹⁾ (95% curcuminoids*) (<i>Curcuma longa</i>)		150 mg
Dandelion root ⁽¹⁾ (3% flavonoids)		150 mg
Schizandra ⁽¹⁾ (9% schisandrins)		150 mg
Artichoke ⁽¹⁾ (5% cynarin) (<i>Cynara scolymus</i>)		105 mg

⁽¹⁾ standardised extract / *providing curcumin I, demethoxycurcumin, and bisdemethoxycurcumin

Recommended daily dose: 1 or 2 capsules three times daily before meals. Maximum 6 capsules daily.

Format:
90 caps. (Code FE0206)

A food supplement consisting of a combination of 7 high quality plant extracts such as milk thistle (80% silymarin), beetroot, black radish, turmeric (95% curcuminoids), dandelion (3% flavonoids) artichoke leaves (5% cynarine), schizandra (9% schisandrins) and lipoic acid.



Ultra Purifiant Cleanse

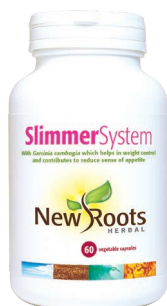
Nutritional information:		6 capsules
Psyllium husk (<i>Plantago ovata</i>)		1 827 mg
Butternut bark (<i>Juglans cinera</i>)		197 mg
Corn silk extract (4:1) (<i>Zea mays</i>)		175 mg
Grapefruit seed extract (<i>Citrus paradisi</i>)		168 mg
Plantain leaf (<i>Plantago major</i>)		139 mg
Red clover flower (<i>Trifolium pratense</i>)		139 mg
Blessed thistle herb top (<i>Cnicus benedictus</i>)		110 mg
Clove flower buds (<i>Syzygium aromaticum</i>)		110 mg
Yellow dock root (<i>Rumex crispus</i>)		110 mg
Black walnut hull extract (4:1) (<i>Juglans nigra</i>)		37 mg
Echinacea root (<i>Echinacea angustifolia</i>)		37 mg
Caprylic acid (calcium and magnesium caprylate)		37 mg
Bentonite		30 mg
Garlic bulb odourless (<i>Allium sativum</i>)		18 mg

Recommended daily dose: 3 or 5 capsules twice daily (morning and evening) with plenty of water or juice before meals during 21 days. If you are taking medication, take this product 2 hours before or after them.

Format:
210 caps. (Code FE0077)

Ultra Purifiant Cleanse consists of psyllium husk powder (*Plantago ovata*), butternut bark, corn silk extract (4:1), grapefruit seed extract, red clover (*Trifolium pratense*), plantain, yellow dock root, clove, blessed thistle, black walnut husks extract (4:1), *Echinacea angustifolia* root, bentonite, caprylic acid and odourless garlic (10 000 mcg allicin/g).

Detox



Format:
60 caps. (Code FE2014)

Slimmer System

Nutritional information:	6 capsules
Malabar tamarind fruit, 50% hydroxycitric acid	1 500 mg
Kola nut extract, 10% caffeine	510 mg
Green tea leaf extract, 6% caffeine	400 mg
EGCG (pure)	300 mg
<i>Coleus forskohlii</i> root extract, 10% forskolin	300 mg
<i>Gymnema sylvestris</i> leaf extract 25% gymnemic acid	150 mg
Inositol (myo-inositol)	100 mg
Spirulina (<i>Spirulina platensis</i>)	100 mg
Cayenne fruit (<i>Capsicum annuum</i>)	100 mg
Choline (choline bitartrate)	100 mg
Ginger rhizome (<i>Zingiber officinale</i>)	100 mg
Betaine (betaine hydrochloride)	25 mg
Riboflavin (vit. B ₂)	1,7 mg (121%*)
Niacin (vit. B ₃) (from nicotinamide)	20 mg NE (125%*)
Vitamin B ₆ (from 2 mg pyridoxine hydrochloride)	1,65 mg (118%*)
Folate (calcium-L-methylfolate)	400 µg (200%*)
Vitamin B ₁₂ (methylcobalamin)	6 µg (240%*)
Vitamin C (L-ascorbic acid)	60 mg (75%*)
Vitamin E (from D- <i>alpha</i> -tocopheryl acid succinate) [30 IU]	20,1 mg AT (168%*)
Biotin (D-biotin)	300 µg (600%*)
Iodine (from potassium iodide)	150 µg (100%*)
Selenium (from L-selenomethionine)	50 µg (91%*)
Chrome (from chromium picolinate)	235 µg (588%*)

*NRV: Nutrient Reference Value en %

Recommended daily dose: 2 capsules three times daily with food.

A unique combination of plant extracts and effective nutrients which work synergistically. Among other it contains malabar tamarind, kola nut, green tea (300 mg EGCG), *Coleus forskohlii*, *Gymnema sylvestris* such as a number of vitamins and minerals. It may be used as part of a healthy lifestyle.

Energy



Format:
300 gr (Code FE2911)

D-Ribose + Magnesium

Nutritional information	1 scoop
D-Ribose	5 000 mg
Magnesium (from Mg citrate)	80 mg (21%*)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 scoop daily mixed well in a cup of water or juice (250-500 ml). Recommended are 2 scoops daily in 1-2 cups of water or juice 45-90 minutes before exercise.

D-Ribose + Magnesium is a food supplement composed of D-Ribose and Magnesium citrate. Magnesium contributes to a reduction of tiredness and fatigue. It contributes to electrolyte balance and normal protein synthesis and energy-yielding metabolism. It contributes to normal functioning of the nervous system, muscles and bones.



Format:
45 caps. (Code FE0209)

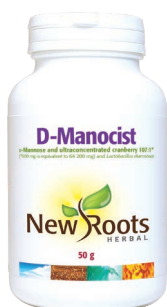
Energy

Nutritional information:	1 capsule
D-Ribose	300 mg
Bee pollen (multiflower)	250 mg
Siberian ginseng root extract (0,8% eleutherosides)	100 mg
N,N-Dimethylglycine hydrochloride	35 mg
Licorice root extract (10% glycyrrhizic acid)	25 mg
Astragalus root extract (16% polysaccharides)	20 mg
Red ginseng root and leaves extract (20% ginsenosides)	10 mg

Recommended daily dose: 1 capsule once or twice daily.

An exclusive multi-nutritional formula with a high concentration of combined plant extracts with 300 mg of high quality D-ribose per capsule guaranteeing 6% of 10-HAD and 250 mg of bee pollen.

Female / Male balance



Format:
50 g (Code FE1788)

D-Manocist

Nutritional information:	2 scoops
D-Mannose	4 800 mg
Cranberry fruit extract (107:1)*	600 mg
<i>Lactobacillus rhamnosus</i> R0011	500 million CFU

*2 scoops (600 mg) is the equivalent of 64,2 g fresh cranberries.

Recommended daily dose: Mix 2 scoops (approx. 5,4 g) in water or juice twice daily for two days, then 2 scoops (approx. 5,4 g) in water or juice once daily.

A food supplement consisting of D-mannose, a natural sugar which has no effect on glucose metabolism, 600 mg of ultra-concentrated cranberry extract (107:1) equivalent to 64,2 g of cranberries per use, and *Lactobacillus rhamnosus*.



Format:
90 caps. (Code FE0233)

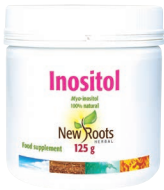
Femina Relief

Nutritional information:	1 capsule
Dandelion root extract (3% flavonoids)	150 mg
Chasteberry fruit extract (0.5% agnuside)	125 mg
Dong quai root extract (1% Z-ligustilide)	125 mg
Cramp bark extract (4:1)	50 mg
Corn silk extract (4:1) (Zea mays)	50 mg
Red clover flower extract (8% isoflavones)	35 mg
Black cohosh root extract (2,5% triterpene glycosides)	20 mg
Siberian ginseng root extract (0,8% eleutherosides)	5 mg

Recommended daily dose: 1 capsule daily with food.

A food supplement consisting of a combination of 8 high quality standardised plant extracts.

Female / male balance



Inositol

Nutritional information: 1 scoop
Inositol (myo-inositol) 4 g

Recommended daily dose: 1 scoop (4 g) added to 250 ml of water or juice, once daily. Consult a health-care practitioner for use beyond 6 weeks.

Format:
125 gr (Code FE2208)

In form of myo-inositol, 100% natural from non-GMO rice. It is considered a part of the B vitamins and is also called Bh or B8. It's manufactured according to the strict quality standards of the United States Pharmacopeia, USP.



Menopace

Nutritional information: 1 capsule

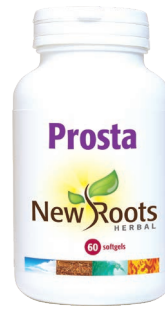
Dong quai root ⁽¹⁾ (1% Z-ligustilide)	125 mg
Chaste tree berry ⁽¹⁾ (0,5% agnusides, 0,6% aucubin)	125 mg
Red clover flower ⁽¹⁾ (40% isoflavones, 25,2 mg AIE*)	75 mg
Dandelion root ⁽¹⁾ (3% flavonoids)	63 mg
Black cohosh extract ⁽¹⁾ (2,5% triterpenes)	30 mg
Wild yam rhizome ⁽¹⁾ (16% diosgenin) (8:1)	25 mg

*AIE: Aglycone Isoflavone Equivalents
⁽¹⁾ standardised extracts

Recommended daily dose: 1–2 capsules daily. Use for a minimum of 3 months.

Format:
60 caps. (Code FE0232)

A food supplement consisting of a combination of 6 standardised, high quality plant extracts such as Dong quai (1% (Z)-Ligustilide), chaste-tree (0.5% agnusides, 0.6% aucubin), red clover (40% isoflavones), dandelion (3% flavonoids), black cohosh (2.5% triterpenes) and wild yam (16% diosgenin).



Prosta

Nutritional information: 1 softgel

Plant sterols (40% beta-sitosterol, 20% stigmasterol and 20% campesterol)	185 mg
Saw palmetto oil extract (95% fatty acids)	160 mg
Rye flower pollen	105 mg
Borage oil ⁽¹⁾ (<i>Borago officinalis</i>)	100 mg
L-Alanine	50 mg
Cranberry (107x concentrate)	50 mg
L-Glutamic acid hydrochloride	50 mg
L-Glycine	50 mg
Vitamin E (mixed tocopherols)	4 mg α-TE (33%*)
Stinging nettle extract (5% silicic acid) (<i>Urtica dioica</i>)	25 mg
Zinc (citrate)	16 mg (160%*)
Pau d'arco bark (<i>Tabebuia heptaphylla</i>)	15 mg
Vitamin B ₆ (pyridoxine)	8.23 mg (588%*)
Lycopene (from tomato, <i>Solanum lycopersicum</i>)	0.6 mg
Selenium (L-selenomethionine)	50 µg (91%*)
Vitamin D ₃ (cholecalciferol)	12.5 µg (500 IU) (250%*)
Olive oil (extra-virgin) (<i>Olea europaea</i>)	175 mg
Pumpkin seed oil (<i>Cucurbita pepo</i>)	100 mg

*NRV: Nutrient Reference Value in %. ⁽¹⁾ from controlled cultivation

Recommended daily dose: 1–2 softgels daily with a meal.

Format:
60 softgels
(Code FE0890)

A food supplement consisting of 17 synergistically combined ingredients for a complete and advanced formula for a healthy prostate. It contains plant extracts such as saw palmetto, nettle, cranberry, pollen extract, pumpkin seed extract, pau d'arco extract, essential fatty acids obtained from high quality and organically cultivated oils such as olive and borage oil, plant sterols, vitamin B₆ and vitamin E, zinc and selenium, carotenoids such as lycopene and amino acids in their natural and free forms.



Emotional wellbeing and insomnia



Format:
30 caps (Code FE2053)

Lavender Oil

Nutritional information: 1 softgel

Lavender essential oil	80 mg
Vitamin E (D-alpha-tocopherol)	6,7 mg α-TE (56%*)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 softgel daily with food and a glass of water.

Lavender oil from New Roots Herbal is steam-distilled from the flowers of the lavender plant. The unique mosaic of naturally occurring phytochemicals includes linalool and linalyl acetate, considered to be its main active constituents.



Format:
90 caps. (Code FE1542)

Sleep8

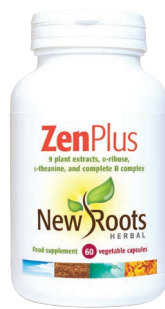
Nutritional information: 1 capsule

Passionflower extract (4% flavonoids)	35 mg
Hops strobile extract (3,5% flavonoids)	35 mg
Skullcap root extract (12,5% flavonoids)	35 mg
Chamomile flower extract (5% flavonoids)	35 mg
Panax notoginseng leaf extract	25 mg
Catnip herb top	15 mg
Melatonin	0,5 mg
Magnesium (magnesium bisglycinate)	20 mg (5%*)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1–3 capsules daily before bedtime.

Sleep⁸ is a synergetic formula with 6 selected plant extracts, melatonin and magnesium which helps favour a refreshing rest.



Format:
30 caps. (Code FE1163)
60 caps. (Code FE1763)

Zen Plus

Nutritional information: 1 capsule

L-Theanine	100 mg
Ashwagandha (8:1, 2,5% withanolides)	75 mg
Rhodiola (55:1, 5% rosavins)	50 mg
Holy basil (10% ursolic acids)	50 mg
Passionflower (4% flavonoids)	50 mg
Oat (10:1)	50 mg
Astragalus (3% astragalosides)	25 mg
D-Ribose	25 mg
Phellodendron (0,1% berberine)	15 mg
Red jujube	12,5 mg
Magnolia (75:1, 80% magnolol+honokiol)	7,5 mg
Thiamin (vit. B ₁)	22,3 mg
(from 25 mg thiamin hcl)	(2 027%*)
Riboflavin (vit. B ₂) (from 25 mg riboflavin	26,9 mg
+ 2,5 mg riboflavin-5'-phosphate sodium)	(1 921%*)
Niacin (vit. B ₃) (from 7,5 mg nicotinamide	23,4 mg NE
+ 17,5 mg inositol hexanicotinate)	(146%*)
D-Pantothenic acid (vit. B ₅)	22,9 mg
(from 25 mg D-pantothenate calcium)	(382%*)
Vitamin B ₆ (from 25 mg pyridoxine hcl	22,3 mg
+ 2,5 mg pyridoxal-5'-phosphate)	(1 593%*)
Inositol	25 mg
Biotin	37,5 µg (75%*)
Folate (calcium-L-methylfolate)	500 µg (250%*)
Vitamin B ₁₂ (methylcobalamin)	75 µg (3 000%*)
Choline (bitartrate)	25 mg
PABA (para-Aminobenzoic acid)	25 mg

*NRV Nutrient Reference Value in %

Recommended daily dose: 1–2 capsules daily with food.

Zen Plus is a food supplement consisting of 9 plant extracts, L-theanine, D-ribose and complete B complex, bringing balance and keeping the nervous system healthy. The 25 ingredient formula contains, per capsule, 360 mg of plant extracts, 206 mg of B group vitamins and 100 mg of theanine making it a highly concentrated and complete formula.

Functionals



Format:
60 softgels (Code FE1555)

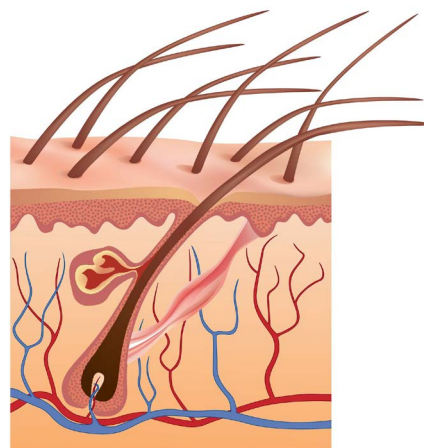
Hair & Scalp

Nutritional information: 1 softgel

Pumpkin seed oil (<i>Cucurbita pepo</i>)	400 mg
L-Taurine	240 mg
Wild crafted Saw palmetto fruit extract (95% fatty acids) (<i>Serenoa repens</i>)	185 mg
Horsetail extract (4,9 mg silica/capsule)	150 mg
Evening primrose seed oil (10% GLA)	100 mg
Wild fish oil (40% EPA, 20% DHA)	50 mg
Flaxseed extract (40% secoisolariciresinol diglucoside)	50 mg
Nettle (<i>Urtica dioica</i>)	50 mg
Grape seed extract (95% proanthocyanidins)	35 mg
Green tea leaf extract (75% EGCG)	35 mg
Apple (5% proanthocyanidins B ₂)	12 mg
Niacin (vit. B ₃)	8 mg NE (50%*)
Pantothenic acid (vit. B ₅)	7,3 mg (122%*)
Riboflavin (vit. B ₂)	1,5 mg (107%*)
Vitamin B ₆ (pyridoxine HCl)	1,7 mg (121%*)
D-Biotin	150 µg (300%*)
Folate (calcium L-methylfolate)	50 µg (25%*)
Vitamin B ₁₂	25 µg (1 000%*)
Vitamin D ₃ (cholecalciferol)	12,5 µg (250%*)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1–2 softgels daily with food.



A complete and exclusive formulation of 19 nutrients destined to help support healthy hair. It contains an adequate combination of phytonutrients from pumpkin seed oil, saw palmetto, horsetail, flaxseed, nettle, grape seeds, green tea and apple extract together with a multivitamin complex, as well as essential fatty acids such as EPA, DHA and GLA coming from primrose oil and L-taurine.

Immune system



Cold & Flu

Nutritional information:		1 capsules
Andrographis (30% andrographolides)		200 mg
Astragalus (3% astragalosides)		190 mg
Elderberry (13% anthocyanosides)		50 mg
Echinacea (4% polyphenols)		30 mg
Rosemary (5% carnosic acid)		30 mg
Myrrh		30 mg
Maitake (40% polysaccharides)		10 mg
Reishi (40% polysaccharides)		10 mg
Shiitake (40% polysaccharides)		10 mg
Berberine (from <i>Berberis aristata</i>)		1,75 mg

Format:
15 caps. (Code FE2287)

Recommended daily dose: 1 capsule daily with food.

A unique formula based on 10 vegetable ingredients that act synergistically. It provides plant extracts such as andrographis (30% andrographolids), astragalus, echinacea, elderberry, goldenseal, rosemary and myrrh, reinforced with 40% standardized fungal extracts of maitake, shiitake and reishi polysaccharides.



IMMX-Immune

Nutritional information:		4 capsules
<i>Echinacea angustifolia</i> root		164 mg
<i>Echinacea purpurea</i> root		164 mg
Pau d'arco bark (<i>Tabebuia avellanedae/heptaphylla</i>)		164 mg
Grape seed extract (95% proanthocyanidins)		164 mg
Licorice root (<i>Glycyrrhiza glabra</i>)		164 mg
Astragalus root extract (3% astragalosides)		160 mg
Red ginseng root and leaf (20% ginsenosides)		160 mg
Ginger rhizome (<i>Zingiber officinalis</i>)		160 mg
Cat's claw bark (3% alkaloids) (<i>Uncaria tomentosa</i>)		160 mg
Yerba mate leaves (<i>Ilex paraguariensis</i>)		160 mg
Indian sarsaparilla root (<i>Hemidesmus indicus</i>)		160 mg
Oregano leaf extract (30% carvacrol)		120 mg
Siberian ginseng root extract (0,8% eleutherosides)		88 mg

Format:
60 caps. (Code FE1584)

Recommended daily dose: 2-4 capsules twice daily with meals.

A supplement based on high quality plant extracts which act in synergy.

Osteoarticular



Strong Bones

Nutritional information:		2 capsule
Minerals:		
Microcrystalline hydroxyapatite providing:		
Calcium		300 mg (38%*)
Phosphorus		150 mg (21%*)
Proteins		300 mg
Magnesium (from Mg bisglycinate)		48,3 mg (**)
Zinc (from Zn mono-L-methionine sulfate)		3,1 mg (31%*)
Manganese (from Mn citrate)		0,9 mg (45%*)
Copper (from copper citrate)		0,31 mg (31%*)
Boron (from boric acid)		1,1 mg
Field horsetail (<i>E. arvense</i>) (7% silica)		10 mg
Vitamins:		
Thiamin (vit. B ₁) (thiamin HCL)		1,4 mg (127%*)
Vitamin K ₂ (menaquinone 4 and 7)		31 µg (41%*)
Vitamin D ₃ (cholecalciferol, 167 IU/caps.)		8,3 µg (166%*)
Vitamin C (L-ascorbic acid)		62 mg (78%*)
Vitamin B ₁₂ (methylcobalamin)		50 µg (2 000%*)
Folate (calcium-L-methylfolate)		166,7 µg (83%*)

Format:
90 caps. (Code FE1570)
180 caps. (Code FE0297)

Amino acids:		
L-Lysine		100 mg
L-Proline		100 mg
Glucosamine sulfate (sodium-free)		84 mg
Antioxidants:		
Curcumin root extract (95% curcuminoids***)		6,7 mg
Grape seed extract (95% PACs)		20 mg
Green tea leaf extract (75% EGCG)		14 mg
Lycopene (from <i>Lycopersicon esculentum</i>)		1,7 mg
Lutein (from <i>Tagetes erecta</i>)		0,7 mg

*NRV: Nutrient Reference Value in %

**NRV: Nutrient Reference Value below 15%

***provides curcumin I, demetoxicurcumin and bisdemetoxicurcumi

Recommended daily dose: 2 capsules one to three times daily with food. If you are taking medications, take this product a few hours before or after taking them.

A food supplement consisting of microcrystalline hydroxyapatite, vitamins, minerals, plant extracts and amino acids which contain calcium, phosphorus and maximum assimilation organic collagen, along with the most complete support of helping cofactors in the maintenance of a healthy skeletal system.



Strong Bones Vegetarian

Nutritional information:		3 capsules
Minerals:		
Calcium (from calcium phosphate, tribasic):		
Calcium		333 mg (42%*)
Phosphorus		157,4 mg (22%*)
Magnesium (from magnesium bisglycinate)		90 mg (24%*)
Zinc (from zinc mono-L-methionine sulphate)		3,1 mg (31%*)
Manganese (from manganese citrate)		0,93 mg (47%*)
Copper (from cupric citrate)		0,31 mg (31%*)
Boron (from boric acid)		1,1 mg
Field horsetail (<i>Equisetum arvense</i>) (7% silica)		10 mg
Vitamins:		
Thiamin (vit. B ₁) (from thiamin hydrochloride)		1,4 mg (127%*)
Vitamin K ₂ (menaquinone-4 and menaquinone-7)		31 µg (41%*)
Vitamin D ₃ (cholecalciferol) (111 IU/caps.)		8,3 µg (166%*)
Vitamin C (L-ascorbic acid)		62 mg (78%*)
Vitamin B ₁₂ (methylcobalamin)		50 µg (2.000%*)
Folate (calcium-L-methylfolate)		166,7 µg (83%*)

Format:
180 caps. (Code. FE2084)

Aminoacids:		
L-Lysine		100 mg
L-Proline		100 mg
Glucosamine (from <i>Aspergillus niger</i>)		84 mg

Antioxidants:		
Turmeric (<i>Curcuma longa</i>) (95% curcuminoids)		7,5 mg
Grape seed (<i>Vitis vinifera</i>) (80% OPC)		20 mg
Green tea (<i>Camellia sinensis</i>) (75% EGCG)		14 mg
Lutein (from <i>Tagetes erecta</i>)		0,7 mg
Lycopene (from <i>Lycopersicon esculentum</i>)		1,7 mg

*NRV: Nutrient Reference Value in %

Recommended daily dose: 3 capsules one to two times daily with food.

A food supplement based on calcium triphosphate, vitamins, minerals, plant extracts and amino acids that provides maximum assimilation of calcium and phosphorus along with the most complete support of cofactors to help maintain bone health.

Osteoarticular



Format:
330 g (Code FE3169)

Collagen Multi Max 5

Nutritional information:	Per serving 11 g	Per 100 g
Energy (kJ/kcal)	136/32	1 240/295
Fat	0,0 g	0,4 g
Saturates	0,0 g	0,0 g
Carbohydrate	1,1 g	9,8 g
Sugars	0,0 g	0,1 g
Fibre	0,0 g	0,3 g
Proteins	7 g	63 g
Salt	0,5 g	4,1 g
Other nutrients:	Per serving 11 g	NRV*
Hydrolyzed porcine collagen (type I y III)	5 000 mg	
Hydrolyzed chicken collagen (type II)	40 mg	
Hydrolyzed bovine collagen (type I y III)	2.500 mg	
ESM® internal eggshell membrane (type I, V and X)	300 mg	
Hyaluronic acid	25 mg	
Vitamin C (L-ascorbic acid)	40 mg	50%
Magnesium (from magnesium citrate)	187,5 mg	50%
Copper (from cupric gluconate)	0,5 mg	50%
Silica (from bamboo extract)	40 mg	
Boron (from boric acid)	3 mg	
Malic acid	500 mg	
Devil's claw (<i>H. procumbens</i>) (6:1) (2,5% harpagosides)	150 mg	

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 measuring spoon (11 g) daily.

Synergistic formula that in addition to providing 5 different types of bioactive collagen peptides, also provides eggshell inner membrane (ESM®), hyaluronic acid, devil's claw, vitamin C, specific minerals and malic acid.



Format:
30 caps. (Code FE0082)

Joint Complex

Nutritional information:	2 capsules
Natural eggshell membrane (NEM®)	500 mg
<i>Boswellia serrata</i> resin extract (35% boswellic acid, 70% organic acid)	300 mg
Devil's claw extract (5% harpagosides)	300 mg
Turmeric extract (95% curcuminoids*) (<i>C. longa</i>)	200 mg
Piperine (from black pepper, <i>Piper nigrum</i>)	4 mg

* providing curcumin I, demethoxycurcumin, and bisdemethoxycurcumin.

NEM® is a registered trademark of ESM Technologies, LLC.

Recommended daily dose: 1 capsule twice daily.

Joint Complex is a synergic formula with Natural Eggshell Membrane (NEM®) and standardised extracts of boswellia, devil's claw, turmeric and piperine.



Format:
60 caps. (Code FE0248)

Joint Tissue & M.S.M.

Nutritional information:	3 capsules
Glucosamine sulfate (from shellfish exoskeleton) (sodium-free)	900 mg
MSM (methylsulfonylmethane)	900 mg
Shark cartilage	750 mg
Devil's claw secondary tuber extract (5% harpagosides) (<i>Harpagophytum procumbens</i>)	75 mg

Recommended daily dose: 1–2 capsules three times daily with food. Avoid taking at bedtime.

A food supplement consisting of methylsulfonylmethane (MSM), glucosamine sulphate, shark cartilage and a standardised extract of devil's claw at 5% of harpagosides. This combination acts together since MSM is a compound that is very rich in easy-absorb sulphur, which is a mineral naturally present in connective tissue.

Brain and concentration



Format:
60 caps. (Code FE0207)

Ginkgo Formula

Nutritional information:	1 capsule
Lion's mane (<i>Herichium erinaceus</i>) (40% polysaccharides, providing 35% beta-glucans)	170 mg
L-Glutamine	150 mg
Siberian ginseng ⁽¹⁾ root extract (0,8% eleutherosides) (50:1)	100 mg
<i>Ginkgo biloba</i> ⁽¹⁾ leaf extract (24% ginkgo flavonoid glycoside, 6% terpene lactones) (50:1)	80 mg
L-Theanine	50 mg
<i>Ginkgo biloba</i> leaves	40 mg
Gotu kola aerial parts (<i>Centella asiatica</i>)	40 mg
<i>Bacopa monnieri</i> ⁽¹⁾ (45% bacosides) (20:1)	30 mg
Huperzine A (from <i>Huperzia serrata</i>) ⁽¹⁾	200 mcg

⁽¹⁾standardized extracts

Recommended daily dose: 1 capsule daily with food.



Ginkgo Formula is an advanced formula which combines a high concentration of standardised *Ginkgo biloba* extract (24% ginkgo-flavonglycosides) with a selection of the best standardised herbal extracts such as Siberian Ginseng, *Huperzia serrata*, *Bacopa monnieri*, *Centella asiatica* (centella or gotu kola), lion's mane mushroom, as well as two amino acids; L-glutamine and L-theanine.

MUSHROOMS - Controlled cultivation (free from contaminants). Standardized at 40% polysaccharides



Hot-water extraction (8:1)
Maximum bioavailability

FE1866	Cordyceps	60 caps.	500 mg/caps. Obtained through fermentation.	1 caps. daily
FE1868	Lion's Mane	60 caps.	500 mg/caps. Cultivated in oak tree trunks.	1 caps. daily
FE1860	Maitake	60 caps.	400 mg/caps. Cultivated in beech and oak tree trunks.	1 caps. daily
FE1862	Reishi	60 caps.	500 mg/caps. Cultivated in linden tree trunks.	1 caps. daily
FE1933	Resilience Mushroom Blend	90 caps.	Reishi, Maitake, Shiitake, Chaga, Lion's Mane, and Cordyceps.	1 caps. 3 times daily
FE1870	Shiitake	60 caps.	300 mg/caps. Cultivated in pine, cedar and cypress tree trunks.	1 caps. 3 times daily



Format:
90 caps. (Code FE1933)

Resilience Mushroom Blend

Nutritional information: 3 capsules

Reishi (<i>Ganoderma lucidum</i>) (8:1)*	238,5 mg
Maitake (<i>Grifola frondosa</i>) (8:1)*	238,5 mg
Shiitake (<i>Lentinula edodes</i>) (8:1)*	238,5 mg
Chaga (<i>Inonotus obliquus</i>) (8:1)*	238,5 mg
Cordyceps (<i>Paecilomyces hepiali</i>) (8:1)*	123 mg
Lion's mane (<i>Hericium erinaceus</i>) (8:1)*	123 mg

*Standardized extract, 40% polysaccharides.
Hot-water extraction.

Recommended daily dose: 1 capsule three times daily.

Resilience is an exclusive combination of 6 highly concentrated (8:1 extract) medicinal fungi. The mushrooms, which our formulation includes, come from controlled and sustainable cultivation, since they are grown in greenhouses in controlled climatic conditions, free of heavy metals, herbicides and pesticides in order to guarantee the strength and purity of the extract. Each plant capsule contains 400 mg of a combination of medicinal fungi; Reishi, Maitake, Shiitake, Chaga, Lion's mane, and Cordyceps. Suitable for vegetarians, vegans, and people with celiac disease.



PROBIOTICS - Complete and high potency symbiotic formulas (probiotics + prebiotics). Enteric-coated capsules.



FE2286	Femina Flora Oral	30 caps.	55 billionCFU / 16 strains (10 human, 1 plant, 5 dairy). Enteric-coated capsule. With inulin and arabinogalactan.	1-2 caps. daily
FE1965	Pro-Recovery	30 caps.	120 billion CFU / 20 strains (13 human, 2 plant, 5 dairy). Enteric-coated capsule. With inulin, arabinogalactan and vitamin C.	1 capsule daily
FE1798	Pro-Urgency	30 caps.	50 billion CFU / 10 strains (7 human, 1 plant, 2 dairy). Enteric-coated capsule. With vitamin C, inulin and arabinogalactan.	2 caps. daily
FE2016	Pro Boulardii Plus	30 caps.	21 billion CFU / 11 strains + <i>S. boulardii</i> (10 billion) (4 human, 2 plant, 6 dairy). Enteric-coated capsule. With inulin and arabinogalactan.	1-2 caps. daily
FE2018	Pro-Intensity	30 caps.	20 billion CFU / 18 strains (10 human, 1 plant, 7 dairy) Enteric-coated capsule. With colostrum, inulin and arabinogalactan.	1-2 caps. daily
FE1621, FE0004, FE0495	Acidophilus Ultra	30/60/120 caps.	11 billion CFU / 11 strains (4 human, 1 plant, 6 dairy) Enteric-coated capsules. With inulin and arabinogalactan.	1-2 caps. daily
FE1521	IBS Urgency	30 caps.	10 billion CFU / 5 strains (3 human, 1 plant, 1 dairy) Enteric-coated capsule. With colostrum, inulin and arabinogalactan.	2 caps. daily
FE1821	Children's Pro	20 g	10 billion CFU / 12 strains (5 human, 1 plant, 6 dairy). With <i>L. reuteri</i> . With inulin and arabinogalactan.	2 scoops daily
FE2285	Human Biota	30 caps.	42 billion CFU / 12 human strains Enteric-coated capsule. With inulin and arabinogalactan.	1-2 caps. daily

Human Biota



GPS™ capsule

12 human strains
42 billion CFU
With FOS and AOS

Dose: 1 capsule daily
Format: 30 capsules

Nutritional information: 1 capsule

Human strains:

<i>L. rhamnosus</i> UB5115	31,5 billion CFU
<i>L. casei</i> UB1499	8,324 billion CFU
<i>L. acidophilus</i> UB5997	1,680 billion CFU
<i>B. infantis</i> UB9214	105 million CFU
<i>B. lactis</i> UB3963	105 million CFU
<i>B. bifidum</i> UB4280	42 million CFU
<i>B. breve</i> UB8674	42 million CFU
<i>B. longum</i> UB7691	42 million CFU
<i>L. crispatus</i> UB4719	42 million CFU
<i>L. gasseri</i> UB8141	42 million CFU
<i>L. acidophilus</i> LA-14	37,8 million CFU
<i>L. rhamnosus</i> GG	37,8 million CFU

Inulin 15 mg
Arabinogalactan 15 mg

12 strains exclusively of human origin to colonize the entire intestinal tract

Femina Flora Oral



GPS™ capsule

16 stammen
55 billion CFU
Met inuline en AOS

Dose: 1-2 capsules daily
Format: 30 capsules

Nutritional information: 1 caps. (677 mg)

Human strains:

<i>Lactobacillus rhamnosus</i> UB5115	19,000 billion CFU
<i>Lactobacillus acidophilus</i> UB5997	5,250 billion CFU
<i>Lactobacillus casei</i> UB1499	12,000 billion CFU
<i>Bifidobacterium bifidum</i> UB4280	2,000 billion CFU
<i>Bifidobacterium breve</i> UB8674	2,000 billion CFU
<i>Bifidobacterium longum</i> UB7691	2,000 billion CFU
<i>Lactobacillus crispatus</i> UB4719	0,750 billion CFU
<i>Lactobacillus gasseri</i> UB8141	0,750 billion CFU
<i>Lactobacillus rhamnosus</i> GG	0,300 billion CFU
<i>Lactobacillus acidophilus</i> LA-14	0,300 billion CFU

Dairy strains:

<i>Lactobacillus casei</i> LC-11	0,300 billion CFU
<i>Lactobacillus helveticus</i> UB7229	0,500 billion CFU
<i>Lactobacillus paracasei</i> UB1978	0,600 billion CFU
<i>Lactobacillus johnsonii</i> UB3394	0,750 billion CFU
<i>Lactobacillus reuteri</i> UB2419	0,500 billion CFU

Plant strains:

<i>Lactobacillus plantarum</i> UB2783	8,000 billion CFU
Inulin	10 mg
Arabinogalactan (AOS)	10 mg

Exclusive combination for a balanced vaginal flora

Pro-Recovery



GPS™ capsule

20 strains
120 billion CFU
With FOS and AOS

Dose: 1 capsule daily
Format: 30 capsules

Nutritional information: 1 enteric capsule

Human strains:

<i>L. rhamnosus</i> UB5115	30 billion CFU
<i>L. casei</i> UB1499	20 billion CFU
<i>B. bifidum</i> UB4280	4 billion CFU
<i>B. breve</i> UB8674	4 billion CFU
<i>B. longum</i> ssp. <i>infantis</i> UB9214	4 billion CFU
<i>B. longum</i> ssp. <i>longum</i> UB7691	4 billion CFU
<i>L. acidophilus</i> UB5997	2,2 billion CFU
<i>B. animalis</i> ssp. <i>lactis</i> UB3963	1 billion CFU
<i>L. acidophilus</i> LA-14	200 million CFU
<i>L. crispatus</i> UB4719	200 million CFU
<i>L. gasseri</i> UB8141	200 million CFU
<i>L. rhamnosus</i> GG	200 million CFU
<i>L. fermentum</i> UB9735	200 million CFU

Plant strains:

<i>L. plantarum</i> UB2783	40 billion CFU
<i>L. brevis</i> UB1214	200 million CFU

Dairy strains:

<i>L. paracasei</i> UB1978	8,3 billion CFU
<i>L. reuteri</i> UB2419	700 million CFU
<i>B. animalis</i> ssp. <i>lactis</i> HN19	200 million CFU
<i>L. helveticus</i> UB7229	200 million CFU
<i>L. johnsonii</i> UB3394	200 million CFU
Inulin	5 mg
Arabinogalactan	5 mg

Our most powerful probiotic

IBS Urgency



PH⁵D capsule
5 strains
10 billion CFU
Colostrum 8% PRPs
With inulin and ADS
Dose: 2 capsules daily
Format: 30 capsules

Nutritional information: 1 enteric capsule

Human strains:

<i>B. longum</i> ssp. <i>infantis</i> R0033	3,400 billion CFU
<i>B. longum</i> ssp. <i>longum</i> R0175	3,400 billion CFU
<i>L. acidophilus</i> R0418	1,130 billion CFU

Plant strains:

<i>L. plantarum</i> R1012	1,130 billion CFU
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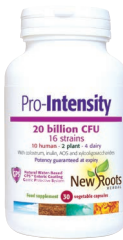
Dairy strain:

<i>L. rhamnosus</i> R0011	1,130 billion CFU
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Bovine colostrum (from <i>Bos taurus</i>) (8% proline-rich polypeptides)	180 mg
Inulin	10 mg
Arabinogalactan	10 mg

Combination with high content of high quality bovine colostrum

Pro-Intensity



GPSTM capsule
18 strains
20 billion CFU
Colostrum 8% PRPs
With inulin and ADS
Dose: 1 - 2 capsules daily
Format: 30 capsules

Nutritional information: 1 enteric capsule.

Human strains:

<i>L. rhamnosus</i> UB5115	7,427 billion CFU
<i>L. crispatus</i> UB4719	1,903 billion CFU
<i>L. casei</i> UB1499	1,887 billion CFU
<i>B. animalis</i> ssp. <i>lactis</i> UB3963	1,427 billion CFU
<i>L. gasseri</i> UB8141	1,427 billion CFU
<i>B. bifidum</i> UB4280	951 million CFU
<i>B. breve</i> UB8674	315 million CFU
<i>B. longum</i> ssp. <i>infantis</i> UB9214	315 million CFU
<i>B. longum</i> ssp. <i>longum</i> UB7691	315 million CFU
<i>L. acidophilus</i> UB5997	26 million CFU

Plant strains:

<i>L. salivarius</i> UB4198	1,427 billion CFU
<i>L. plantarum</i> UB2783	73 million CFU

Dairy strains:

<i>L. johnsonii</i> UB3394	1,903 billion CFU
<i>L. helveticus</i> UB7229	539 million CFU
<i>L. paracasei</i> UB1978	52 million CFU
<i>L. lactis</i> LL-23	13 million CFU

Colostrum (high content of proline-rich polypeptides)	25 mg
Inulin	10 mg
Arabinogalactan (AOS)	10 mg
Xylooligosaccharides (XOS)	10 mg
Vitamin C (L-ascorbic acid)	6 mg (15% NRV*)

The broadest contribution of probiotic strains, with colostrum to strengthen the immune system

Pro-Urgency



GPSTM capsule
10 strains
50 billion CFU
With inulin and ADS
Dose: 2 capsules daily
Format: 30 capsules

Nutritional information: 1 enteric capsule

Human strains:

<i>B. longum</i> ssp. <i>longum</i> UB1769	18 billion CFU
<i>L. casei</i> UB1499	18 billion CFU
<i>L. rhamnosus</i> UB5115	18 billion CFU
<i>L. acidophilus</i> UB5997	2 billion CFU
<i>B. bifidum</i> UB4280	2 billion CFU
<i>B. breve</i> UB8674	2 billion CFU
<i>B. longum</i> ssp. <i>infantis</i> UB9214	2 billion CFU

Plant strains:

<i>L. plantarum</i> UB2783	18 billion CFU
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Dairy strains:

<i>L. paracasei</i> UB1978	2 billion CFU
<i>L. helveticus</i> UB7229	18 billion CFU

Inulin	30 mg
Arabinogalactan (AOS)	30 mg
Vitamin C (L-ascorbic acid)	12 mg (15%*)

The most powerful combination for a rapid recovery of a balanced flora

ProBoulardii Plus



PH⁵D capsule
11 strains + *S. boulardii*
21 billion CFU
With inulin and ADS
Dose: 1 - 2 capsules daily
Format: 30 capsules

Nutritional information: 1 enteric capsule

Human strains:

<i>L. acidophilus</i> R0418	619 million CFU
<i>B. longum</i> ssp. <i>longum</i> R0175	338 million CFU
<i>B. breve</i> R0070	338 million CFU
<i>B. infantis</i> R0033	338 million CFU

Plant strains:

<i>S. boulardii</i>	10,000 billion CFU
<i>L. plantarum</i> R1012	450 million CFU

Dairy strains:

<i>L. rhamnosus</i> R0011	4,500 billion CFU
<i>L. rhamnosus</i> R1039	3,375 billion CFU
<i>L. helveticus</i> R0052	563 million CFU
<i>L. casei</i> R0215	450 million CFU

<i>S. salivarius</i> ssp. <i>thermophilus</i> R0083	225 million CFU
<i>L. delbrueckii</i> ssp. <i>bulgaricus</i> R9001	56 million CFU
Inulin	8,3 mg
Arabinogalactan	8,3 mg

Complete formula with *S. boulardii* to combat and prevent infectious diarrhoea

Children's Pro



12 strains
10 billion CFU
With inulin and ADS
Dose: 2 dose-measuring scoops daily
Format: 20 g

Nutritional information: 2 rounded scoops

Human strains:

<i>L. rhamnosus</i> UB5115	6 629 billion CFU
<i>L. casei</i> UB1499	1 284 million CFU
<i>B. longum</i> ssp. <i>infantis</i> UB9214	1 040 billion CFU
<i>L. rhamnosus</i> GC	1 000 billion CFU
<i>B. breve</i> UB8674	214 million CFU
<i>B. longum</i> ssp. <i>longum</i> UB7691	214 million CFU
<i>L. acidophilus</i> UB5997	18 million CFU

Plant strains:

<i>L. plantarum</i> UB2783	50 million CFU
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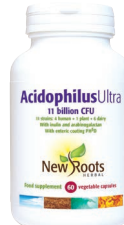
Dairy strains:

<i>L. reuteri</i> UB2419	351 million CFU
<i>L. helveticus</i> UB7229	43 million CFU

<i>L. paracasei</i> UB1978	36 million CFU
<i>L. johnsonii</i> UB3394	9 million CFU
Inulin	31,4 mg
Arabinogalactan	6 mg

The most complete probiotics supplement for children, with *L. reuteri*. Balancing intestinal functions and strengthening the immune system

Acidophilus Ultra



PH⁵D capsule
11 strains
11 billion CFU
With inulin and ADS
Dose: 1 - 2 capsules daily
Format: 30, 60 capsules

Nutritional information: 1 enteric capsule

Human strains:

<i>L. acidophilus</i> R0418	605 million CFU
<i>B. longum</i> ssp. <i>longum</i> R0175	330 million CFU
<i>B. infantis</i> R0033	330 million CFU
<i>B. breve</i> R0070	330 million CFU

Plant strain:

<i>L. plantarum</i> R1012	440 million CFU
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Dairy strains:

<i>L. rhamnosus</i> R0011	4,4 billion CFU
<i>L. rhamnosus</i> R1039	3,3 billion CFU
<i>L. helveticus</i> R0052	550 million CFU
<i>L. casei</i> R0215	440 million CFU

<i>S. salivarius</i> ssp. <i>thermophilus</i> R0083	220 million CFU
<i>L. delbrueckii</i> ssp. <i>bulgaricus</i> R9001	55 million CFU
Inulin	10 mg
Arabinogalactan	10 mg

Advanced formula which helps maintain and re-establish the flora's function

PLANTS - Wild crafted, high-quality extracts. Controlled cultivation, free from contaminants.



FE1157	Astragalus 8000	90 caps.	Root powder extract, 500 mg/caps. 16% polysaccharides	1 caps. twice daily
FE2113	Ashwaganda	30 caps.	500 mg/caps. 5% withanolides.	1 caps. daily
FE0723	Black Cumin	60 softgels	Seed oil. Cold-pressed. 500 mg/softgel.	2-3 softgels daily
FE1154	Curcumin 95	90 caps.	500 mg/caps. 95% curcuminoids. With piperine.	1-2 caps. daily
FE1641	Grapefruit Seed Extract	30 ml	Concentrated grapefruit seed extract (carrier vegetable glycerine).	5-15 drops 1-3 times daily
FE1225	Grapeseed & Cranberry	60 caps.	Grapeseed 500 mg/cap. (95% PACs) + cranberry 100 mg/caps.	1-2 caps. daily
FE2053	Lavender Oil	30 softgels	Lavender essential oil. 80 mg/softgel.	1 softgel daily
FE1598	Milk Thistle	95 ml	Organic milk thistle seed extract. 3 g/10 ml	2 teaspoons (10 ml) daily
FE0776	St. John's Wort	60 caps.	450 mg/caps. Extract 8:1.	1-3 caps. daily
FE1233	Wild Oregano	15 ml	<i>Origanum minutiflorum</i> (91-95% carvacrol).	3 drops daily

VITAMINS + MINERALS

Vitamins - Formulas of maximum bioavailability. Methylated and coenzyme forms. With co-factors (greater assimilation)



FE2020	B Complex Ultra	60 caps.	Coenzyme B-vitamins, maximum bioavailability. Flush-free.	1 caps. daily
FE0774	Beta Carotene	90 softgels.	25 000 IU/softgel. 100% natural mixed carotenoid complex (<i>beta</i> -carotene, <i>alpha</i> -carotene, <i>gamma</i> -carotene and lycopene).	1 softgel daily
FE1935	Children's Multi	150 g.	18 essential nutrients in their most bioavailable form. Natural berry-lemon flavour.	1 scoop daily
FE2132	Children's Vitamin D3	15 ml	400 IU/drop. Cholecalciferol	1 drop daily
FE2037	Folate Ultra	60 tablets	1 000 µg calcium-L-methylfolate per capsule + bioactive forms of vit. B6 and B12.	1 tablet daily
FE1243, FE0391	Multi #2	60 / 180 tablets	13 vitamins and 9 minerals, plant-based, + lipotropic factors	1 tablet twice daily
FE2156	Multi Nutri Max	60 caps.	Plant-based multinutrients. Coenzyme vitamins. Minerals of high bioavailability. Completed with aminoacids, nutraceuticals and antioxidants.	2 caps. daily
FE1434	Natal Nutri Balance	90 caps.	12 vitamins and 11 minerals in their most bioavailable form. For pre, during and post pregnancy.	1 caps. daily
FE0917	Vitamin B1 Synergy	90 caps.	100 mg thiamin hydrochloride per capsule + coenzymated vitamins + co-factors for maximum absorption.	1 caps. daily
FE0906	Vitamin B3	60 caps.	375 mg inositol hexanicotinate per capsule. Flush-free	1 caps. daily
FE0916	Vitamin B12 Complex	90 caps.	1 000 µg methylcobalamine per capsule + co-factors + vegetable enzymes for maximum assimilation.	1 caps. daily
FE2275	Vitamin B12 Liquid	15 ml	1 000 µg methylcobalamine per 6 drops.	6 drops daily
FE1808, FE1229	Vitamin C8	45/90 caps.	527 mg vitamin C in form of non-acid mineral ascorbate complex per capsule. Reinforced with nutraceuticals.	1 caps. twice daily
FE0416	Vitamin C Plus	60 tablets	1 000 mg of vitamin C + citrus bioflavonoids + rose hips. Time-release.	1 tablet daily
FE1490	Vitamin D3 1 000 IU Liquid	15 ml	1 000 IU/drop. Cholecalciferol	1 drop daily
FE3127, FE3128	Vitamin D3 1 000 IU Softgels	60 / 120 softgels	1 000 IU/softgel. Cholecalciferol.	1 softgel daily
FE3126	Vitamin D3 2 500 IU Liquid	15 ml	2 500 IU/drop. Cholecalciferol	1 drop daily
FE3129, FE3130	Vitamin D3 2 500 IU Softgels	60 / 120 softgels	2 500 IU/softgel. Cholecalciferol.	1 softgel daily
FE3133	Vitamin D3 4 000 IU Liquid	15 ml	4 000 IU/drop. Cholecalciferol	1 drop daily
FE1096	Vitamin E8	120 softgels	400 IU/softgel. 8 forms of vit. E (4 tocopherols + 4 tocotrienols).	1-2 softgels daily
FE2247	Vitamin K2 + D3	15 ml	120 µg vit. K2 (menaquinone-7) + 1 000 IU vit. D3 (cholecalciferol) per 4 drops.	4 drops daily



Format:
60 caps. (Code FE2156)

Multi Nutri Max

Nutritional information: **2 capsules**

Vitamins:

Vitamin D ₃ (from cholecalciferol)	1,425 µg (57 IU) (29%*)
Vitamin E (from D- <i>alpha</i> -tocopheryl acetate)	33,44 mg α-TE (50 IU) (279%*)
Vitamin C (calcium-L-ascorbate)	43,75 mg (55%*)
Thiamin (vit. B ₁)	
(from 8,25 mg thiamin hydrochloride)	7,36 mg (669%*)
Riboflavin (vit. B ₂) (from 5 mg riboflavin + 1,25 mg riboflavin 5'-phosphate, sodium)	5,94 mg (424%*)
Niacin (vit. B ₃) (from 7,5 mg nicotinamide + 5 mg inositol hexanicotinate)	12,2 mg NE (76%*)
Vitamin B ₆ (from 5 mg pyridoxine hydrochloride + 1,25 mg pyridoxal-5'-phosphate)	4,97 mg (355%*)
Folate (from calcium-L-methylfolate)	95 µg (48%*)
Vitamin B ₁₂ (methylcobalamin)	75 µg (3.000%*)
Biotin (D-biotin)	16,5 µg (33%)
Pantothenic acid (vit. B ₅)	
(from 11,5 mg D-pantothenate, calcium)	10,5 mg (175%*)
Minerals:	
Magnesium (from magnesium citrate)	112,5 mg (30%*)
Zinc (from zinc citrate)	3,75 mg (38%*)
Manganese (from manganese citrate)	1 mg (50%*)
Copper (from cupric gluconate)	250 µg (25%*)
Boron (from boric acid)	0,125 mg
Iodine (from kelp)	25 µg (17%*)
Chromium (HVP** chelate)	12,5 µg (31%*)
Selenium (HVP** chelate)	12,5 µg (23%*)
Calcium (citrate and ascorbate)	81 mg (10%*)
Potassium (citrate)	8,25 mg (0,4%*)

Aminoacids:

L-Proline	22,5 mg
L-Cysteine	7,5 mg

Nutraceuticals:

N,N-Dimethylglycine (DMG)	20 mg
Green tea (<i>Camellia sinensis</i>) (50% polyphenols)	60 mg
Citrus bioflavonoids (50% hesperidins)	50 mg
Bee pollen	35 mg
D-Ribose	30 mg
D,L- <i>alpha</i> -Lipoic acid	25 mg
Chlorella (broken-cell) (<i>Chlorella vulgaris</i>)	18 mg
Spirulina (<i>Spirulina platensis</i>)	18 mg
Betaine (hydrochloride)	12,5 mg
Lecithin (from sunflower)	8,25 mg
<i>para</i> -Aminobenzoic acid (PABA)	6,25 mg
Coenzyme Q10 (ubiquinone-10)	6 mg
Rutin	5 mg
Choline (citrate)	4,15 mg
Inositol (myo-inositol)	4,075 mg
Hesperidin	2,5 mg
Quercetin	2,5 mg
Tomato (<i>Solanum lycopersicum</i>) (20% lycopene)	750 µg
Piperine (black pepper extract)	190 µg

*NRV: Nutrient Reference Value in %.

**PVH = hydrolyzed vegetable protein.

Recommended daily dose: 2 capsules daily with food.

A combination of 11 vitamins and 10 minerals with a variety of standardized plant-based nutraceuticals for antioxidant protection and immune support. It is a very complete formula with 45 ingredients in their most active and bioavailable form.

A food supplement consisting of vitamins and mineral to help cover the nutritional needs of infancy. It contains 18 essential nutrients in their most bioavailable forms and making up a high concentration of complete B complex. Appearing in powder form allows it to be dissolved in water, juices or shakes making it easier to administer to children. It has a pleasant flavour and is sweetened with stevia.



Format:
60 tablets (Code FE1243)
180 tablets (Code FE0391)

Multi #2

Nutritional information: **2 tablets**

Vitamin B ₁ (20 mg thiamin HCl)	17,8 mg (1 618%*)
Vitamin B ₂ (riboflavin)	20 mg (1 429%*)
Niacin (vit. B ₃) (nicotinic acid)	20 mg (125%*)
Pantothenic acid (vit. B ₅)	
(30 mg calcium D-pantothenate)	27,5 mg (458%*)
Vitamin B ₆ (20 mg pyridoxin HCl)	16,5 mg (1 179%*)
Folate (from pteroylmonoglutamic acid)	140 µg (70%*)
Vitamin B ₁₂ (methylcobalamin)	30 µg (1 200%*)
Vitamin C (L-ascorbic acid)	400 mg (500%*)
Vitamin D ₃ (300 IU) (cholecalciferol)	7,5 µg (150%*)
Vitamin E (130 IU)	
(D- <i>alpha</i> -tocopheryl acid succinate)	87 mg α-TE (725%*)
Biotin (D-biotin)	30 µg (60%*)
Calcium (dicalcium phosphate)	260 mg (33%*)
Magnesium (HVP chelate**)	130 mg (35%*)
Zinc (HVP chelate**)	5 mg (50%*)
Copper (HVP chelate**)	1 mg (100%*)
Iodine (potassium iodide)	80 µg (53%*)
Chromium (HVP chelate**)	50 µg (125%*)
Selenium (HVP chelate**)	50 µg (91%*)
Choline (bitartrate)	20 mg
Inositol	20 mg
<i>para</i> -aminobenzoic acid (PABA)	20 mg
Soy lecithin	3 mg
Rose hips (<i>Rosa canina</i>)	3 mg
Licorice (<i>Glycyrrhiza glabra</i>)	3 mg
Chamomile (<i>Matricaria chamomilla</i>)	3 mg
Cayenne (<i>Capsicum annum</i>)	3 mg
Uva ursi (<i>Arctostaphylos uva-ursi</i>)	3 mg

*NRV: Nutrient Reference Value in %.

**HVP = Hydrolysed vegetable protein

Recommended daily dose: 1 tablet twice daily with a meal.

A food supplement consisting of 13 vitamins, 9 minerals and lipotropic factors (choline, inositol and PABA) in a vegetable base for better assimilation of the nutrients. It is a very complete formula with 26 ingredients which have been added in their most active and bioavailable forms.



Format:
150 g (Code FE1935)

Children's Multi

Nutritional information: **1 scoop**

Vitamins

Thiamin (vit. B ₁)	
(from 10 mg thiamin hydrochloride)	8,9 mg (809%*)
Riboflavin (vit. B ₂)	
(from 10 mg riboflavin 5'-phosphate sodium)	7,5 mg (536%*)
Niacin (vit. B ₃) (nicotinamide)	10 mg NE (63%*)
Pantothenic acid (vit. B ₅)	
(from 10 mg D-pantothenat calcium)	9,2 mg (153%*)
Vitamin B ₆ (pyridoxine)	
(from 10 mg pyridoxal 5'-phosphate)	6,9 mg (493%*)
Folate (calcium-L-methylfolate)	400 µg (200%*)
Vitamin B ₁₂ (methylcobalamin)	500 µg (20.000%*)
Vitamin C (L-ascorbic acid)	250 mg (313%*)
Vitamin D ₃ (cholecalciferol) (400 IU)	10 µg (200%*)
Biotin (D-biotin)	300 µg (600%*)
Minerals	
Copper (from cupric citrate)	200 µg (20%*)
Iodine (from kelp)	70 µg (47%*)
Zinc (from zinc citrate)	2 mg (20%*)
Calcium (from calcium citrate)	100 mg (13%*)
Iron (from ferrous bisglycinate)	2 mg (14%*)
Magnesium (from magnesium bisglycinate)	50 mg (13%*)

Nutraceuticals

Choline (choline citrate)	40 mg
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*NRV: Nutrient Reference Value in %.

Recommended daily dose: Mix 1 scoop daily (approx. 6,3 g) in unsweetened fruit juice. Stir well until dissolved.



Format:
90 caps. (Code FE1434)

Natal Nutri Balance

Nutritional information: 1 capsule

Vitamins	
Folate (calcium-L-methylfolate)	333,3 µg (167%*)
Thiamin (vit. B ₁) (from 25 mg thiamin hydrochloride)	22,3 mg (2 027%*)
Riboflavin (vit. B ₂) (from 11,67 mg riboflavin-5-phosphate sodium)	8,8 mg (629%*)
Niacin (vit. B ₃) (from nicotinamide)	16,7 mg NE (104%*)
Pantothenic acid (vit. B ₅) (from 33,33 mg D-pantothenate calcium)	30,5 mg (508%*)
Vitamin B ₆ (from 11,67 mg pyridoxal-5-phosphate)	8 mg (571%*)
Vitamin B ₁₂ (methylcobalamin)	333,3 µg (13 332%*)
Biotin (D-biotin)	100 µg (200%*)
Vitamin C (from 58,33 mg calcium-L-ascorbate)	47,9 mg (60%*)
Vitamin D ₃ (from cholecalciferol) (133,3 IU/capsule)	3,3 µg (66%*)
Vitamin E (from D- α -tocopherol) (16,7 IU/capsule)	11,2 mg α -TE (93%*)
Vitamin K ₁ (phyloquinone)	33,3 µg (44%*)
Minerals:	
Manganese (from manganese citrate)	1,7 mg (85%*)
Iron (from iron bisglycinate)	11,7 mg (84%*)
Zinc (from zinc citrate)	8,3 mg (83%*)
Chromium (from chromium picolinate)	33,3 µg (83%*)
Copper (from copper citrate)	0,5 mg (50%*)
Iodine (from potassium iodide)	50 µg (33%*)
Molybdenum (from sodium molybdate)	16,7 µg (33%*)
Selenium (from L-selenomethionine)	16,7 µg (30%*)
Calcium (from calcium citrate)	66,7 mg (8%*)
Magnesium (from magnesium bisglycinate)	33,3 µg (9%*)
Potassium (from potassium citrate)	23,3 mg (1%*)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1 capsule daily with meals.

A complete formulation of 24 nutrients consisting of vitamins and highly bioavailable minerals especially designed to support the nutritional demands during the preconception stage, gestation and lactation.



Format:
90 caps. (Code FE1229)
45 caps. (Code FE1808)

Vitamin C8

Nutritional information: 2 capsules

Vitamin C (from calcium-L-ascorbate, magnesium L-ascorbate, potassium-L-ascorbate, sodium-L-ascorbate, L-ascorbyl 6-palmitate, zinc L-ascorbate, manganese-L-ascorbate and L-ascorbic acid)	1 054 mg (1 318%*)
Zinc (from zinc L-ascorbate)	18 mg (180%*)
Manganese (from manganese ascorbate)	3,1 mg (156%*)
Selenium (from L-selenomethionine)	30 µg (55%*)
Green tea leaf extract (75% EGCG)	60 mg
Multi-anthocyanidins 20% (berry blend)	50 mg
Citrus bioflavonoids (50% hesperidin)	40 mg
Quercetin	40 mg
Rutin (from <i>Styphnolobium japonicum</i>)	40 mg
Cranberry (107:1) (<i>Vaccinium macrocarpon</i>)	40 mg
Grape seed (95% proanthocyanidins) (<i>Vitis vinifera</i>)	40 mg
Bilberry (25% anthocyanidins) (<i>Vaccinium myrtillus</i>)	20 mg
<i>Fallopia japonica</i> (50% resveratrol)	20 mg
Piperine (from black pepper, <i>Piper nigrum</i>)	2 mg
Bromelain (2 400 GDU/g) (10 mg)	360 000 FCC-PU
Papain (<i>Carica papaya</i>) (1 mg)	100 000 FCC-PU

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1 capsule twice daily with food.

Vitamin C8 is a complex with 8 forms of buffered vitamin C for an optimum digestive tolerance, better retention and bioavailability. A powerful antioxidant and immune support that combines vitamin C with an adequate selection of nutraceuticals: with berrymix, green tea and bioflavonoids.



Format:
60 tablets (Code FE0416)

Vitamin C Plus

Nutritional information: 1 tablet

Vitamin C (L-ascorbic acid)	1 000 mg (1 250%*)
Citrus bioflavonoids (50% hesperidin)	150 mg
Rose hips (<i>Rosa canina</i>)	50 mg

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 tablet daily.

A food supplement consisting of 1 000 mg of Vitamin C enriched with bioflavonoids and rosehip, active ingredients which increase absorption and bioavailability of Vitamin C. This formula has the particularity of possessing a graded effect, therefore the action which it carries out in the body is released little by little over 4-8 hours, depending on the individual.



Minerals - Mineral formulas with high bioavailability



FE0319	Calcium & D3	150 caps.	per capsule 169 mg Ca (citrate) + 1,4 µg vit. D3 (cholecalciferol).	1-4 capsules daily
FE2036	Iron Bisglycinate Complex	30 caps.	Per capsule: 35 mg Fe (bisglycinate) of high bioavailability + 1 000 µg Cu + coenzyme B-vitamins + 75 mg vitamin C.	1 caps. daily
FE0322	Kelp	100 tablets	225 µg iodine from organic Norwegian Kelp	1-2 tablets daily
FE2032	Magnesium Bisglycinate Plus	120 caps.	Per capsule: 150 mg Mg (bisglycinate) of high bioavailability + 30 mg L-taurine.	1 caps. twice daily
FE0903	Magnesium & L-Taurine	90 caps.	Per capsule: 136 mg Mg (citrate) + 45 mg L-taurine.	1 caps. twice daily
FE1475	Multi Minerals	90 caps.	11 minerals - chelated for maximum absorption.	1 caps. 3 times daily
FE0846	Molybdenum	100 caps.	Per capsule: 150 µg molybdenum HVP chelate	2 or 4 capsules daily
FE1459	Selenium	100 caps.	Per capsule: 100 µg selenium (L-selenomethionine).	1 caps. twice daily
FE1495	Zinc HVP Chelate	100 caps.	Per capsule: 25 mg Zn (chelate). Hydrolyzed rice protein.	1 caps. daily
FE1592	Zinc Ultra 50	30 caps.	Advanced formula. Per capsule: 50 mg Zn (citrate) of high bioavailability + L-taurine + B-vitamins + molybdenum + nutraceuticals.	1 caps. daily



Iron Bisglycinate Complex

Nutritional information:	1 capsule
Iron (ferrous bisglycinate)	35 mg (250 %*)
Copper (cupric citrate)	1 000 µg (100 %*)
Thiamin (vit. B ₁) (from 5 mg thiamin HCl)	4,5 mg (409 %*)
Riboflavin (vit. B ₂) (from 5 mg riboflavin 5'-phosphate sodium)	3,75 mg (268 %*)
Niacin (vit. B ₃) (inositol hexanicotinate)	4,5 mg NE (28 %*)
Vitamin B ₆ (pyridoxine, from 5 mg pyridoxal 5'-phosphate)	3,42 mg (244 %*)
Folate (calcium-L-methylfolate)	1 000 µg (500 %*)
Vitamin B ₁₂ (methylcobalamin)	1 000 µg (40 000 %*)
Vitamin C (ascorbic acid)	75 mg (94 %*)

Format:
30 caps. (Code FE2036)

*NRV: Nutrient Reference Value in %

Recommended daily dose: 1 capsule daily with food.

A food supplement based on iron, vitamin C, B vitamins and copper which contribute to a normal iron metabolism. It provides 35 mg of elemental iron per capsule sourced from ferrous bisglycinate, a well tolerated iron form with high bioavailability.



Multi Minerals

Nutritional information:	3 capsules
Calcium (HVP** chelate)	150 mg (19%*)
Phosphorus (HVP** chelate)	120 mg (17%*)
Magnesium (HVP** chelate)	75 mg (20%*)
Iron (HVP** chelate)	15 mg (107%*)
Zinc (HVP** chelate)	15 mg (150%*)
Manganese (HVP** chelate)	12 mg (600%*)
Copper (HVP** chelate)	3 mg (300%*)
Iodine (potassium iodide)	225 µg (150%*)
Selenium (L-selenomethionine)	195 µg (355%*)
Chromium (HVP** chelate)	45 µg (113%*)
Potassium (HVP** chelate)	90 mg (5%*)

Format:
90 caps. (Code FE1475)

*NRV: Nutrient Reference Value in %.

**HVP = Hydrolyzed Vegetable Protein.

Recommended daily dose: 1 caps. 3 times daily.



Zinc Ultra 50

Nutritional information:	1 capsule
Zinc (from zinc citrate)	50 mg (500%*)
L-Taurine	350 mg
Thiamin (vit. B ₁) (from 6 mg thiamin HCl)	5,4 mg (491%*)
Riboflavin (vit. B ₂) (from 12 mg riboflavin + 3 mg riboflavin 5'-phosphate sodium)	14,3 mg (1 021%*)
Niacin (vit. B ₃) (from 8 mg inositol hexanicotinate, flush-free)	7,3 mg NE (46%*)
Vitamin B ₆ (from 55 mg pyridoxine HCl + 12 mg pyridoxal 5'-phosphate)	53,5 mg (3 821%*)
Molybdenum (from molybdenum citrate)	200 µg (400%*)
Malic acid	50 mg
Pumpkin seeds (<i>Curcubita pepo</i> var. <i>mostacha</i>) (4:1)	15 mg
Green tea (<i>Camellia sinensis</i>) (50% polyphenols)	75 mg

Format:
30 caps (Code FE1592)

*NRV: Nutrient Reference Value in %.

Recommended daily dose: 1 capsule daily with food. Take preferably a few hours before or after taking medications.

The formula Zinc Ultra 50 is a food supplement that provides the body with a form of zinc (citrate) that is characterized by its excellent absorption, as well as a series of cofactors (L-taurine, green tea, vitamin B6, B2, B3 and B1, malic acid, pumpkin seed extract and molybdenum) that reinforce the therapeutic effect of zinc. This product provides 50 mg of elemental zinc per capsule.

It is a food supplement based on 11 macro and trace minerals chelated with hydrolysed vegetable protein. In the chelation process, the mineral has been bound and surrounded by a hydrolysed vegetable protein molecule (amino acids) that facilitates its absorption through the intestinal walls.



Antioxidants

FE2904	Co-Enzyme Q10	30 caps.	Per capsule: 300 mg coenzyme Q10 (ubiquinone-10). Obtained by fermentation.	1 caps. daily
FE1782	Co-Enzyme Q10 Slow Release	60 caps.	Per capsule: 100 mg coenzyme Q10 (ubiquinone-10). Obtained by fermentation. With pea protein for slow release.	1 caps. 2-3 times daily
FE0301	N-AcetylCysteine	60 caps.	600 mg N-acetyl cysteine per capsule.	1 caps. daily
FE1145	Ultra Protect	60 caps.	Standardised plant extracts (green tea, turmeric, cayenne and black pepper), N-acetylcysteine, resveratrol and carotenoids (lycopene, astaxanthin and zeaxanthin). 500 mg of green tea at 75% EGCG per capsule.	1 caps. daily
FE1378	R+Alpha Lipoic	60 caps.	Per capsule: 150 mg R(+)-alpha lipoic acid. Natural active form	1 caps. daily
FE2445	Resveratrol Max	60 caps.	Per capsule: 250 mg trans-resveratrol, the biologically active form.	1 caps. daily



NUTRACEUTICS - High quality and bioavailability

Detox

FE2239	Modified Citrus Pectin	150 g		5 g , 3 times daily
Modified citrus pectin, from lemon (<i>Citrus x limon</i>) fruit peel (providing on average 1 200 mg of sodium).				

Digestion

FE0156	Psyllium Plus	200 g	<i>Plantago ovata</i> (100% husks), enriched with hibiscus flowers, licorice root, stevia, and clove, combined with inulin extracted from chicory root	2 teaspoons (5 g) daily
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Energy

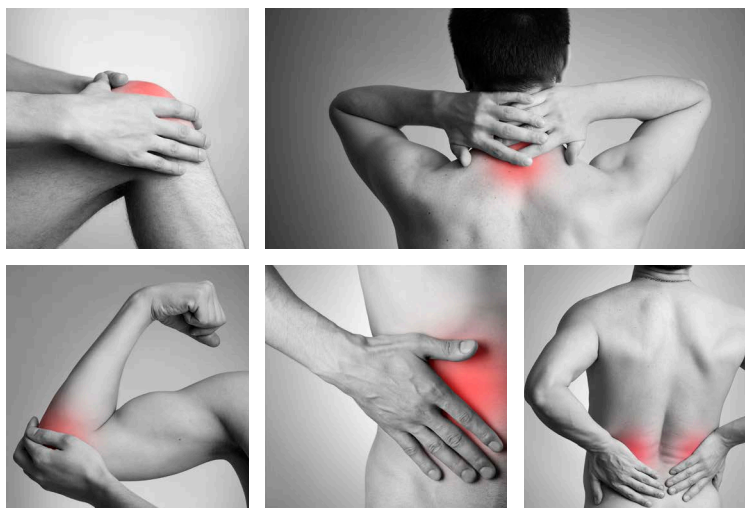
FE2911	D-Ribose & Magnesium	300 g		1-2 teaspoons (5,5-11 g) daily
Per teaspoon 5 000 mg D-Ribose + 80 mg Magnesium (citrate).				

Emotional state

FE2136	GABA	60 caps.	Per capsule: 600 mg GABA + 1,37 mg vit. B6	1-4 Caps. daily
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Osteoarticular



FE0305	Chondroitin & Glucosamine	60 caps.	Per capsule: 500 mg glucosamine (sodium-free) + 400 mg chondroitin (90% HPLC).	1-3 caps. daily
FE0785	M.S.M.	90 caps.	Per capsule: 850 mg methylsulfonylmethane (M.S.M.).	1-2 caps. daily
FE3092	PEA	60 caps.	Per capsule: 600 mg micronized palmitoylethanolamide (PEA).	1-2 caps. daily



Hormonal / sexual health

FE2208	Inositol	125 g	Myo-inositol. 100% natural from rice.	1 spoons (4 g) daily
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NUTRICOSMETICS - Beauty from within



FE0774	Beta Carotene	90 softgels.	25 000 IU/softgel. 100% natural mixed carotenoid complex (beta-carotene, alpha-carotene, gamma-carotene and lycopene).	1 softgel daily
FE2904	Co-Enzyme Q10	30 caps.	Per capsule: 300 mg coenzyme Q10 (ubiquinone-10). Obtained by fermentation.	1 caps. daily
FE1782	Co-Enzyme Q10 Slow Release	60 caps.	Per capsule: 100 mg coenzyme Q10 (ubiquinone-10). Obtained by fermentation. With pea protein for slow release.	1 caps. 2-3 times daily
FE1225	Grapeseed & Cranberry	60 caps.	Grapeseed 500 mg/cap. (95% PACs) + cranberry 100 mg/caps.	1-2 caps. daily
FE1555	Hair & Scalp	60 softgels	Complete and exclusive formula with 19 nutrients for hair health.	1-2 softgels daily
FE1378	R+Alpha Lipoic	60 caps.	Per capsule: 150 mg R(+)-alpha lipoic acid. Natural active form.	1 caps. daily
FE1862	Reishi	60 caps.	500 mg/caps. Hot-water extraction. Cultivated in linden tree trunks	1 caps. daily
FE2445	Resveratrol Max	60 caps.	Per capsule: 250 mg trans-resveratrol, the biologically active form.	1 caps. daily
FE1789	Seabuckthorn Oil	30 softgels	Per softgel: 1.000 mg seabuckthorn oil + 40 mg goji seed oil. Supercritical CO2 extraction, solvent-free	1 softgel daily
FE2193	S.O.D. Complex	30 caps.	Maximum potency formula based on superoxide dismutase (7 250 IU SOD) with nutraceuticals and high quality natural antioxidants.	1 caps. daily
FE2014	Slimmer System	60 caps.	Unique synergic combination of plant extracts and nutrients. With tamarind (garcinia), cola nut, green tea, Indian coleus, and more.	2 capsules 3 times daily
FE1428	Vital Cellular	60 caps.	Exclusive formula based on astragalus, NAC, R(+)-alpha-lipoic acid, vit. C and E.	1 caps. daily
FE1808	Vitamin C8	45/90 caps.	527 mg vitamin C in form of non-acid mineral ascorbate complex per capsule. Reinforced with nutraceuticals.	1 caps. twice daily
FE1229				



Fermented

- » Highly bioavailable phytonutrients, in **bioactive forms**.
- » With **probiotic effect**, fermented with *S. boulardii* and *L. plantarum*.
- » Organic and naturally fermented products for **superior bioavailability**.
- » Improves the **nutritional value** of your food. A surprising taste!

FermentActive Turmeric



Benefits of fermentation

Increases the content of bioactive and water-soluble curcuminoids such as tetrahydrocurcumin, increasing their bioavailability and antioxidant activity. Curcumin in its natural form requires a long metabolic process to be converted into its bioavailable forms.

Traditional use

Turmeric has been used for centuries in traditional medicine as a remedy for multiple health conditions.

Recommended daily dose

1 teaspoon (3 g) daily.

	Per serving 3 g	Per 100 g
Energy (kJ/kcal)	46/11	1 548/370
Fat	0,1 g	3,5 g
Saturates	0,0 g	0,5 g
Carbohydrate	1,8 g	59,0 g
Sugars	0,0 g	1,0 g
Fibre	0,5 g	18,0 g
Protein	0,2 g	7,0 g
Salt	0,0 g	0,15 g

Format: 150 g. (Code FE2281)

FermentActive Ginger



Benefits of fermentation

6-shogaol is transformed into the bioactive form 6-paradol, mimicking natural fermentation in the intestine.

Traditional use

It is the basis of Ginger Ale, a drink of English origin that is used as a home remedy for preventing or relieving motion sickness, upset stomach and even sore throat; some women use it to combat nausea during pregnancy.

Recommended daily dose

1 teaspoon (3 g) daily.

	Per serving 3 g	Per 100 g
Energy (kJ/kcal)	46/11	1 548/370
Fat	0,1 g	1,5 g
Saturates	0,0 g	0,0 g
Carbohydrate	2,4 g	80,0 g
Sugars	0,0 g	1,0 g
Fibre	0,0 g	0,0 g
Protein	0,2 g	8,0 g
Salt	0,0 g	0,1 g

Format: 150 g. (Code FE2279)

FermentActive Maca



Benefits of fermentation

Increases nutritional value by increasing the bioavailability of nutrients, with a high iron content.

Traditional use

In the Andes fermented maca has traditionally been consumed as a beer-like beverage known as "chicha de maca".

Recommended daily dose

1 teaspoon (3 g) daily.

	Per serving 3 g	Per 100 g
Energy (kJ/kcal)	46/11	1 548/370
Fat	0,1 g	3,5 g
Saturates	0,0 g	0,0 g
Carbohydrate	2,1 g	70,0 g
Sugars	0,0 g	1,0 g
Fibre	0,0 g	0,0 g
Protein	0,4 g	14,0 g
Salt	0,0 g	0,1 mg
Iron	2,2 mg (16%*)	72 mg (514%*)

Format: 150 g. (Code FE2318)



Fermented

- » Highly bioavailable phytonutrients, in **bioactive forms**.
- » With **probiotic effect**, fermented with *S. boulardi* and *L. plantarum*.
- » Organic and naturally fermented products for **superior bioavailability**.
- » Improves the **nutritional value** of your food. A surprising taste!

FermentActive Red Beet



Benefits of fermentation

The natural fermentation process of red beet significantly reduces its sugar content and increases the bioavailability of other nutrients.

Traditional use

A fermented drink called Kvass, used for centuries as a general tonic, has been consumed traditionally in Eastern Europe.

Recommended daily dose

1 teaspoon (3 g) daily.

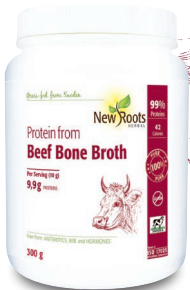
	Per serving 3 g	Per 100 g
Energy (kJ/kcal)	46/11	1 506/360
Fat	0,1 g	4,5 g
Saturates	0,0 g	0,5 g
Carbohydrate	0,7 g	24,0 g
Sugars	0,7 g	23,0 g
Fibre	1,0 g	30,0 g
Protein	0,5 g	16,0 g
Salt	0,1 g	3,2 g

Format: 150 g. (Code FE2340)

Protein

Protein from Beef Bone Broth

99% Protein



Per serving (10 g)
9,9 g PROTEIN
42 cal

	Per serving 10 g	Per 100 g
Energy (kJ/kcal)	178/42	1 783/420
Fat	0,3 g	2,7 g
Saturates	0,1 g	0,9 g
Mono-unsaturates	0,1 g	1,1 g
Polyunsaturates	0,1 g	0,5 g
Carbohydrate	0,0 g	0,0 g
Sugars	0,0 g	0,0 g
Fibre	0,0 g	0,0 g
Protein	9,9 g	99,2 g
Salt	0,2 g	1,7 g

Recommended daily dose: 10 g daily.

Format: 300 g. (Code FE2293)

Typical amino acid profile per serving (10 g)**

Glycine	2,000 g
Proline	1,200 g
Glutamic acid	1,100 g
Hydroxyproline	1,020 g
Alanine	0,880 g
Arginine	0,750 g
Aspartic acid	0,600 g
Lysine*	0,380 g
Leucine*	0,370 g
Serine	0,340 g
Valine*	0,300 g
Phenylalanine*	0,230 g
Threonine*	0,210 g
Isoleucine*	0,170 g
Tyrosine	0,130 g
Hystidine*	0,110 g
Methionine*	0,090 g
Tryptophan*	0,036 g
Cysteine+cystine	<0,010 g

* Essential amino acid

** average analysis

- » 99% natural and highly bioavailable.
- » Grass-fed.
- » Free from antibiotics, BSE and hormones.

Fatty acids



MCT from Coconut

- » Medium Chain Triglycerides (MCT) in powder.
- » Coconut oil from organic cultivation. Tasteless.
- » With acacia gum as a source of soluble fibre, that gives the product a smooth and pleasant texture.
- » Source of ketogenic fatty acids.

Recommended daily dose: 1 teaspoon (5 g) daily.

	Per serving 5 g	Per 100 g
Energy (kJ/kcal)	142/34	2 807/671
Fat	3,5 g	70,0 g
Saturates	3,5 g	70,0 g
Carbohydrate	0,0 g	0,0 g
Sugars	0,0 g	0,0 g
Fibre	1,3 g	25,5 g
Protein	0,0 g	0,8 g
Salt	0,0 g	0,08 g

Format: 150 g. (Code FE2449)

Multinutrients

Peace Greens

Nutritional information: 13 caps.

Lecithin (from sunflower)	2 186 mg
Spirulina (<i>Spirulina platensis</i>)	1 685 mg
Cili (<i>Rosa roxburghii</i>)	1 000 mg
Alfalfa grass (<i>Medicago sativa</i>)	992 mg
Barleygrass (<i>Hordeum vulgare</i>)	600 mg
Chlorella (broken-cell) (<i>Chlorella pyrenoidosa</i>)	425 mg
Rice bran powder (<i>Oryza sativa</i>)	383 mg
Multi flower bee pollen	150 mg
D-Ribose	150 mg
Wheatgrass leaf juice powder (<i>Triticum aestivum</i>)	122 mg
Licorice root extract ¹ (10% glycyrrhizinic acid)	116 mg
Red beet root powder (<i>Beta vulgaris</i>)	65 mg
Milk thistle seed extract ¹ (80% silymarin)	60 mg
Siberian ginseng root extract ¹ (0,8% eleutherosides)	60 mg
Whole dulse (<i>Palmaria palmata</i>)	33 mg
Grape seed extract ¹ (95% proanthocyanidins)	30 mg
<i>Ginkgo biloba</i> leaf extract ¹	
(24% ginkgolavonoid-glycosides, 6% terpene lactones)	20 mg
Green tea leaf extract ¹ (50% polyphenols)	15 mg
Bilberry fruit extract ¹ (25% anthocyanosides)	10 mg
Broccoli extract (<i>Brassica oleracea</i> var. <i>italica</i>)	38 mg
Acerola juice powder (<i>Malpighia glabra</i>)	115 mg
Apple fruit pectin (<i>Pyrus malus</i>)	1 033 mg
Steviol glycosides (<i>Stevia rebaudiana</i>)	204 mg
Lactic acid bacteria*	10 billion CFU
Inulin	31 mg
Plant digestive enzymes**	8 mg



Format:
120 caps. (Code FE0709)

* *L. rhamnosus* R0011 (4 billion CFU), *L. rhamnosus* R1039 (3 billion CFU), *L. acidophilus* R0418 (550 million CFU), *L. helveticus* R0052 (500 million CFU), *L. casei* R0215 (400 million CFU), *L. plantarum* R1012 (400 million CFU), *B. breve* R0070 (300 million CFU), *B. longum* spp *infantis* R0033 (300 million CFU), *B. longum* spp *longum* R0175 (300 million CFU), *S. salivarius* spp *thermophilus* R0083 (200 million CFU), *L. delbrueckii* spp *bulgaricus* R9001 (50 million CFU).

**Alpha-amylase (314,987 FCC AAU), bromelain (19.200 FCC PU), cellulase (33,6 FCC CU), dipeptidyl-peptidase IV (55 FCC HUT), alpha-galactosidase (0,506 FCC AGU), glucoamylase (1,333 FCC AGU), hemicellulase (0,888 FCC HCU), invertase (2,133 FCC INVU), lactase (14,507 FCC ALU), lipase (80 FCC LU), maltase (3,467 FCC DP), papain (8.000 FCC PU), pectinase (1,6 FCC endo-PGU), phytase (0,067 FTU), protease I (1.104,987 FCC HUT), protease II (196,8 FCC HUT), protease III (1,52 FCC SAP).

¹standardized extracts

Recommended daily dose:

Capsules: 13 capsules daily with a glass of water or juice (250 ml).



A food supplement consisting of a concentrate of natural nutrients which provides 50 highly valuable nutritional ingredients to help bring balance to the body and make it feel better. It is an advanced formulation consisting of Lucerne (or alfalfa) sprouts, barleygrass, wheatgrass, broccoli extract, organically cultivated algae, 11 strains of lactic acid bacterium, as well as standardised nutraceuticals such as beetroot, apple pectin fibre and brown rice, bee pollen, organically grown acerola cherry, soy lecithin and ginkgo biloba amongst many other nutrients, in an enzymatic base to increase the absorption of the active ingredients and sweetened with stevia.



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Food supplements should not replace a balanced diet and a healthy lifestyle.