

November
2021



St. Mary's
walberton
Loving God-Loving Community

parish news



Walberton, Binsted & Fontwell

in this month's edition:

- **November events**
- **Sports theme issue**
- **Time to act! Subscription for 2022**

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Advertisements in this magazine are accepted in good faith but neither the editor nor Walberton Parochial Church Council can accept any liability with regard to any service or goods offered howsoever arising. In the same way articles and content do not necessary reflect the views or opinions of the above organisations.

ST MARY'S WALBERTON WITH BINSTED SERVICES IN CHURCH & ONLINE AT ST MARY'S

Sunday Services in November

7 November 3 Before Advent - Trinity 23

9.00am Online Holy Communion CW
9.00am Binsted Holy Communion BCP
10.30am All Age Communion
5.30pm Evening Prayer

14 November Remembrance Sunday

9.00am Holy Communion said BCP
10.50am Remembrance Service
6.00pm Holy Communion CW

21 November Generous Giving Sunday

9.00am Holy Communion CW
10.30am Morning Praise
6.00pm Evening Prayer BCP

27 November Healing Service (Saturday)

7.00pm - held in the village hall. All are welcome and please invite those you know who are suffering.

28 Advent Sunday

9.00am Holy Communion BCP with hymns
10.30am Christingle Service
6.00pm Ecumenical Advent Service at St Mary's Barnham

CW = Common Worship

BCP = Book of Common Prayer 1662

Please wear a mask when singing indoors.

ORGANISATIONS OFFERING HELP

Mothers' Union	01243 552825	Jean Strickland
Village Friends	07925 217843	Meg Brackley
Wednesday Afternoon Club	01243 555893	Ann Wells
Parish Clerk	01243 554528	*
St Mary's Church Office	01243 552792	*
* Answerphone checked daily		

LETTER FROM THE VICAR



A wartime Hero of Faith

I was asked recently to talk about one of my heroes at the school, so I chose Dietrich Bonhoeffer (1906-1945) whose statue stands above the Great West door of Westminster Abbey as one of 12 modern day martyrs of the church. Bonhoeffer, a pastor in the Confessing Church, resisted Hitler from the very beginning, being cut off midsentence in a radio address in 1933 warning Christians against making an idol out of a leader.

He organised an underground theological school for Confessing pastors. He spent time as a pastor in London where he made friends with George Bell, the Bishop of Chichester and New York where he attended an African American Church. He had been tempted to stay in America at the beginning of the war but returned to Germany to be with his people. There his brother-in-law, Dohnanyi, invited him to join the German Resistance as part of Military Intelligence, the Abwehr. Together they sent messages to the British using Bonhoeffer's ecumenical contacts and helped 14 Jews escape to Switzerland. They were subsequently caught by the Gestapo who initially thought they had done it for monetary gain. Bonhoeffer was imprisoned for misuse of his position. However, after the 20 July 1944 assassination attempt on Hitler's life Bonhoeffer's true connections to the Resistance were uncovered and he was sent to a concentration camp. He was executed, along with Dohnanyi, on 9 April 1945.

The opening of his most popular work *The Cost of Discipleship* (1937) is the most stirring piece of Christian theology I have ever read. 'Cheap grace is the grace we bestow upon ourselves... the preaching of forgiveness without repentance, baptism without church discipline, communion without confession... Cheap grace is grace without discipleship. Costly grace is the treasure hidden in a field; for the sake of it a man will gladly go and sell all that he has. It is the kingly rule of Christ... It is costly because it costs a man his life and it is grace because it gives a man the only true life.'

I hope you can join us to remember the fallen from Walberton and around the world on Remembrance Sunday, 14 November, this year.

Rev Tim Ward, Vicar



Our Sporting theme: We have chosen this month to feature some of the many sports clubs and sports available in the parish.

- Avisford Park Golf Club [p8]
- Walberton Cricket Club [p9]
- Sports in the village [p15]
- Short Mat Bowls [p20]
- Wick Dynamos Inclusive football team [p33]



Avisford Park Golf Club

To have a golf club right on our doorstep is a great benefit to all of us who live in Walberton. It was established as a 9 hole course in 1985 when the Georgian Manor House (now The Hilton) operated as a Golf and Country Club. In 1995 it was extended to 18 holes by the conversion of farmland to the east of Yapton Lane. The landscaping ensured that there are still many attractive features supporting local wildlife.



The course is described on the website GolfBreaks.com as a "cracking, beautifully conditioned little golf course set in 89 acres of peaceful Sussex countryside." The first 9 holes are set in the ancient parkland around the hotel, while the second 9 are quite different being centred on the steep Binsted Valley. Even if your golf is off colour, you are still rewarded by the beautiful surrounding countryside.

The course extends to 5,485 yards (yellows), with a par of 72. It is managed to a very high standard by the expertise of manager Richard Stillwell and his team. The clubhouse and terrace provide a good setting for relaxed chat after the round is over. The usual facilities are provided – bar, snacks, hire of trolleys and expert tuition.

The course operates on a Pay and Play basis, but there is also a keen increasing membership with regular competitions; visitors always receive a warm welcome. The Seniors' section has regular matches against local clubs. There is also an active Ladies' section. Many new members joined during the 2020 Lockdown when their home working gave them the flexibility to discover the qualities of our course, which I have enjoyed for the last 20 years.

Peter Brown

Walberton Cricket Club – Season 2021

Walberton Cricket Club completed the 2021 season on Sunday 26th September with a win over a local touring side Yellow Stump CC. This was a fitting end to an enjoyable and successful season for Walberton with 11 wins, 5 defeats and 1 draw. Many of the matches had close and exciting finishes and all were played in an excellent spirit that reflects the traditions of village cricket. There were fixtures scheduled every Sunday from April 25th and only a few were lost to bad weather. This represents Walberton's best season in recent years and reflects that we can now call on a number of young, talented players to supplement the senior members of the team.

Approximately 30 players represented Walberton this season and we always welcome new members even if they can only commit to a few games in each season. The ages of the players ranged from 13 to 60 plus with a number of fathers and sons playing together. Sunday village cricket provides a good introduction to adult cricket for young players and allows older cricketers to return to the game. It is particularly encouraging to see new members joining who have recently moved to the village.

Following a long winter with lockdowns and social distancing it was particularly welcome this year to return to the cricket field. Later in the season we were able to re-start the village cricket tradition of a tea served to the players and officials between innings.

There were many highlights during the season and the players will meet for our traditional winter social event to vote on the "Champagne moment" with trophies to be awarded at the annual lunch that is held in the spring before the start of the next season. We played many local villages including Slindon and Madehurst . We also travelled further afield to play teams such as Kirdford, Westbourne and enjoyed a game against Stansted Park in front of Stansted House. We were fortunate to be invited again to play in a village tournament at the beautiful setting of Arundel Castle. We also played a memorial match with Walberton players past and present in memory of Roy Jackson and Murray Springer who contributed so much to the club over the years.

The 2022 season will begin in April next year and we will ensure the nets are in place in April to begin practising. If you are interested in joining the club as a player or official please contact Peter Brackley (07539904939).

A full list of players who represented Walberton CC in 2021:-

Nick Baker, Jerome Brackley, Peter Brackley, Sam Brackley, Steve Cleall, Caleb Cossar, Josiah Cossar, Luke Emmett, Julian Hart, Owen Henton, Leo Higham, Nick Higham, Dean Holden, Chris Jackson, Ben Kemp, Josh Kemp, Richard Lockwood, Tom Lockwood, Jonathan Maynard, Mike Maynard, Jamie Murphy, Will Pegg, Kane Phillips, Simon Pierce, Rijo Raju, Elliot Scott, B.J. Smith, Ed Squires, Kannan Surendan. Plus umpire and club president Steve Lockwood.

Peter Brackley



November

Morning Services at Walberton Baptist Chapel on 14th and 28th at 10.30am.

Joining Westergate Christian Fellowship in Eastergate village hall on the 7th and 21st at 10.30am.

Living in Troubled Times

It's likely that the majority of our population thought once the Covid 19 pandemic was behind us, everything would settle down and we would be able to get back to our lives as 'normal'. We haven't reached that stage yet, but the signs are that other sinister challenges lie ahead. As the economy begins to recover (we hope) from the effects of the various lock downs, there is a high global demand for energy and an inadequate supply leading inevitably to rising prices and this is going to be noticed by us all as our gas and electricity bills rise significantly.

Many households face serious concerns as we move into the winter period when the call for gas to heat our homes obviously increases. As this began to dawn on us, a petrol fuel crisis seemed to appear out of nowhere as it was mentioned that there might be a shortage. As soon as the government assured us that there was no need to panic, the public rushed out to buy as much as they could causing supplies to run dry with some people unable to get to work. We're told that the problem was not a lack of fuel but rather, not enough HGV drivers to move the necessary tankers from place to place.

The situation has eased now but the latest concern is whether there will be enough turkeys for Christmas! The turkeys are there, but they have to be transported and the same issue arises. The tendency seems to be to blame the government for not foreseeing the difficulties, and then expect it to provide large sums of money to support vulnerable people and causes in addition to certain industries. We have come to rely on the state much more than we used to and it has done a great deal to help those most in need, especially since the pandemic began. However, despite willingness to do whatever it can, there is a limit to its own resources, and it has no other choice than to allocate funds to where it they can do the

most good. Naturally, we won't be pleased if that doesn't ease our personal situation. We could say that it's only human to want to be in control of our lives, but the reality is that we are not. On the 19th of September, a volcanic eruption started on La Palma, one of Spain's Canary Islands, and the world has watched as it has wreaked havoc on the local population and tourists. The average length of an eruption in this location is about four weeks but could go on for months – nobody knows. Six thousand people have had to be evacuated from their homes and there is no way of telling when, and if it will be safe for them to return. The volcano has spewed out large quantities of toxic gases into the atmosphere diminishing attempts to achieve a cleaner environment.

Doesn't it realise the damage it is doing? Doesn't it care!? The earth has been described as a 'living planet' and as such it is changing all the time, just like life itself. This 'natural disaster' as we see it, should awaken us to the realisation that, despite our technical sophistication, we are powerless in the face of these enormous forces. Volcanoes, earthquakes and extreme weather events, show how limited our influence on what happens on this planet really is. On the 31st of October, the United Nations Climate Change Conference is due to take place in Glasgow with the intention of agreeing strategies that will prevent global temperature increases. Forty faith leaders from around the world met recently and made an appeal for this conference to ... "take speedy, responsible and shared action to safeguard, restore and heal our wounded humanity and the home entrusted to our stewardship."

This may be a commendable aspiration but the Scripture says in Psalm 118 v 8 & 9, "It is better to trust in the Lord than to put confidence in man. It is better to trust in the Lord than to put confidence in princes." The One Person who is missing in this whole debate is God Himself. He has been completely written out of the script but He is the only one who can really make a difference, though why should He? Humanity has chosen to disregard His instructions for living and made up its own - with disastrous consequences. The Church is in danger of focusing on secondary issues instead of fulfilling its Commission to preach the Gospel of salvation in Jesus Christ. Rather than panicking about all the things that might happen, we should be preparing for what is inevitable – our own death.

This month we will remember particularly, those who have laid down their lives for our freedom. Even as you read this today, God is offering you freedom from sin and eternal life if you are willing to turn to Him for forgiveness and put your faith in His Son, Jesus Christ. As you would expect, the offer is time limited so take advantage of while you may.

Pastor Ray.



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The beautiful and colourful Autumn season has arrived! A much-loved time amongst the playcentre and children. One of our topics this month has been everything to do with Autumn, which we all absolutely love! We have been getting creative and making beautiful autumnal paintings, collages and exploring the autumn fresh air, seeing the colourful scenery, and even the odd day splashing in the puddles.

In September 2021 the Early Years Foundation Stage (EYFS), the curriculum all Early Years settings follow was updated to better support children's learning and development. The main focus has been to reduce the amount of time practitioners spend on paperwork to free up their time to spend interacting with the children more. There is an emphasis on improving children's language and vocabulary through increasing opportunities for conversations, reading of a wide range of books and holding discussions around activities in other areas of learning. Assessment during the Reception year at school has also been changed. The emphasis is very much on practitioners' knowledge and experiences of the child rather than information gathering. Safeguarding and welfare of children is still a priority, with the added mention of teaching children about the importance of good oral health and how to keep teeth clean and healthy.

It's nearly that time of year again... The playcentre children have been busy making their Christmas designs for Christmas cards, mugs and wrapping paper items which are available to order. The children have been so excited to share their festive drawings with their families, which will be treasured for years to come.



Natalie

A NOVEMBER PRAYER

Lord, I pray for our service men and women from this parish who have given their lives to the service of this country. May we never forget their sacrifice in Jesus' name. Amen

COMMUNITY PLAYCENTRE AT WALBERTON



NURSERY

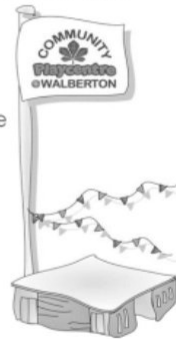
- Providing a full range of childcare for Walberton and surrounding villages
- Flexible sessions for babies to school age children including term-time and school-day options
- Purpose-built premises with indoor and outdoor playspace located behind Walberton Village Hall
- Highly qualified and experienced team of childcare practitioners
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- West Sussex County Council 2, 3 and 4-year-old free entitlement funding accepted, including the 30 hours



OUT OF SCHOOL CLUB



HOLIDAY CLUB



✉ info@communityplaycentre.org ☎ 01243 931848

🌐 www.communityplaycentre.org

WALBERTON GARDENERS CLUB

Thank you to everyone who entered the Autumn Show to make it such a success. Also to those who came to visit, bought plants, raffle tickets, and enjoyed a cream tea. Special thanks to our judges and to all the willing hands who help put the show together. We can't do it without you!



The trophy winners were: Sue Pitman, Alan Humphries, Ted Love, Bob Rogers, Teresa Gess, Maureen Dorking, Brenda Bailey, Ann Cannings, Angela Barker, Sandra Pegram, David Donovan, Christine Llewelyn, Annabelle Heath, Eva Pendeicht, and the children's class winners, Nina Speer and Freya Message.

For full results go to the Gardeners Club Website www.walberton-gardeners-club.com

Coffee and Homemade Cake Morning, Saturday 20th November, 10.00am to mid-day in the Pavilion. All welcome. Everything individually priced so just come for a coffee if you're worried about the calories!

Christmas Holly Wreath Workshop, Saturday 4th December, in the Pavilion, starting at 10.00am for coffee and mince pies. Members only, as numbers are limited. Price £20. Everything will be supplied, just bring your own gloves and secateurs, and hopefully you will go home with a fantastic Christmas Holly Wreath for your front door, that will be admired by friends and family.

For more information and to book a place, please contact Brenda Bailey 07881 552980 There will be a waiting list for non members.

Don't forget to refer to your schedule for next year's Spring Show, so you can plant now some beautiful spring bulbs that may win you first prize next March.

Some of you left suggestions for what you want your Gardeners Club to do. Thank you for those. We will make changes to the schedule, but we need more ideas for events and visits, so please contact any of the committee.

It's a good time to lay new lawn turfs or spike your existing lawn. Don't forget to protect more delicate plants, specially ones in pots with fleece before the first frosts do any damage. Everyone loves Sweet Peas, so plant now for a good display next summer and prize winning blooms for the Summer Show.

Liz Hewson *Chairman*



Sport in our villages

Walberton playing field and play area. These were acquired by the council with a loan of £400 in 1927! Did you know that you could not play any sport on a

Sunday till a referendum in 1953?

As part of the Fontwell Meadows housing development we will receive monies to put a tarmac path all around the playing field to enable all including wheelchairs and pushchairs to move round it easily plus completely resurface the play area – so no more muddy shoes!

Fontwell Meadows

There have never been any sports facilities in Fontwell other than the play area in Hunters Mews, which is managed by Arun. The Parish Council tried on numerous occasions to find a suitable open area – starting way back in 1950!

Good news though – there are lots of sport items coming our way.



A MUGA (Multi Use Games Area) which can be used for 5 a side football, basketball, netball, volleyball & tennis

Outdoor gym equipment – for old and young alike with a Trim Trail
Children's play areas – large and small with a big variety of play equipment.

Avisford Grange - Anyone for tennis? Or maybe padel tennis?

We negotiated with the Avisford Grange developer to secure land for either 2 tennis courts or 1 tennis and 1 padel court. Padel tennis is one of the fastest growing sports. Easy to learn and play for all ages and abilities and sociable!



These will be located to the east of the school, adjacent to the playing field and will be available for use by any parishioner. Please let us know what you'd prefer – one of each or 2 tennis courts.

I joined the Mothers' Union many moons ago, having been a member of the "Young Wives" group before that. In those early years and newly arrived in the village, with a three week old baby, it was a wonderful opportunity to come together with other young mums and chat about any concerns of raising a family. So the years rolled on and several of us eventually moved into the more mature group of the Mothers' Union! The second Thursday in the month has now become a special time to meet up with branch members for a time of fellowship; sometimes listening to a visiting speaker and to make plans for helping those in need in our community and around the world.

Many of you will know that, locally, our Walberton branch supports parenting programmes; prison visiting which enables dads to be reunited with their children for a few hours; Little Bundles: we collect items for babies and new mums, and recently we have been sending items to Afghan families newly arrived in the UK. Not forgetting our 2 Diocesan caravans where families can go for a welcome holiday away from the stresses of home life.

A little further away in Northern Ireland, another MU group is involved financially in a "Grub Club" and a mini-boot camp. In the Democratic Republic of Congo, yet another branch has started a three year project to reduce gender-based violence and poverty through literacy and agriculture training. In 2019, over three quarters of the DRC population were estimated to be living below the poverty line. The MU identified illiteracy as the main barrier from moving out of poverty. Whilst in Rwanda, women from Ringmer in Sussex, were able to finance sewing machines to help abandoned needy, single mothers make a living to feed their children.

So the ideals of Mary Sumner, made 145 years ago, lives on around the world in its 4 million members, uplifted by prayer and love.

On 11th November our Mothers' Union will again be decorating and filling shoe boxes as part of the LINK TO HOPE Shoebox Appeal. These will then be taken to Eastern Europe and distributed to family and elderly members who are not so fortunate as ourselves. These are our gifts, sent with love.

Liz Brown

ECO tips for life

Saving energy does not only make economic sense but it makes ecological sense.

Much energy in the home comes from fossil fuels. These fossil fuels are a finite commodity. Releasing energy from them creates CO2. This is one of the major 'greenhouse' gases that are contributing to climate change.

As a Christian church we should be thinking about the ecology of the planet that Our Lord is allowing us to use.

A few tips for conservation each month are:

1. Think in advance. Take food from your freezer early enough to defrost in your fridge. The temperature of your frozen food saves your fridge having to operate so long.

2. Descale your kettle. The scale is a thermal barrier between the heat source and the water.



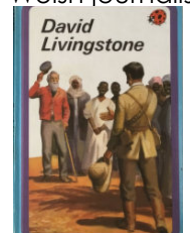
3. If you have an open fire place that is no longer used, have a chimney draught excluder fitted. It removes a possible source of draughts and saves heat loss.

4. Turn off lights in rooms when not in use. Modern lighting lamps do not need to warm up or use more energy to start.

5. Make sure your car tyres are inflated correctly. Tyre manufacturers give recommended pressures to ensure safety, fuel economy and tyre life.

Jean and Bernard Lane

It was 150 years ago, on 10th November 1871, that Welsh journalist and explorer Henry Morton Stanley located the missing missionary Dr David Livingstone near Lake Tanganyika, in present-day Tanzania. He may or may not have greeted him with the words: "Doctor Livingstone, I presume?"



Walberton Pre-School

Fun, Friendship and Learning at Walberton Village Hall, where we have secure outdoor areas to explore, discover and learn



Our experienced, caring, friendly and qualified staff will treat your child as an individual and support you both to make those important first steps towards independence and 'big school'.

"It's truly a special place where children feel loved and nurtured."

www.walbertonpre-school.co.uk contact@walbertonpre-school.co.uk



Preschool children harvesting their potatoes.

Walberton Pre-School

We've spent our first half term catching up with some things that we have had to postpone during the height of the pandemic. It has been wonderful to be able to allocate a couple of weeks to have face to face Parents Consultation meetings. We're still wearing masks or visors, but they didn't hinder us – what a treat it has been chatting about all the lovely children and having a good catch up.

Our wonderful staff have been such a support to us throughout the last difficult months. They're a fantastic bunch of ladies and we are so grateful to have such a strong staff team. Our regular Staff Appraisals are something else that we had to postpone, but we've been catching up there too. The last months have been tough on all of us and it is so important to give time to each other to reflect and also to make plans for the future...

We also have a revised curriculum to learn and implement... aghhh, the timing! So the learning curve is steep, but we have our fantastic, enthusiastic and conscientious staff and we are rocking it!

We're trying to involve nature and natural objects in the children's learning as much as possible and our aim is to have less plastic. During Summer Term, we planted some potatoes in our garden, and we have been able to harvest them... the children have been fascinated to discover the potatoes in the soil – what a surprise! We have cooked and eaten some and used others to make potato print pictures to keep and remind us of our hard work.

The children worked as a team to fill up two washing up bowls of conkers from the lovely tree. Some of them were taken home – who can resist a beautiful shiny new conker! We've used them to practice counting and learn about quantity. Soon we will be using runner beans to learn about maths too and we'll certainly be saving some to plant next year.

We're all receiving more deliveries at home and our lovely ladies never fail to bring exciting boxes in for the children to play with. Last week, one little boy decided that he'd like to be delivered to each of his teachers... He climbed in a large box and got pushed around the hall, and when he arrived he jumped out, like a Jack in the Box with a delighted "taa dah!" Wonderful!

Helen Baxter

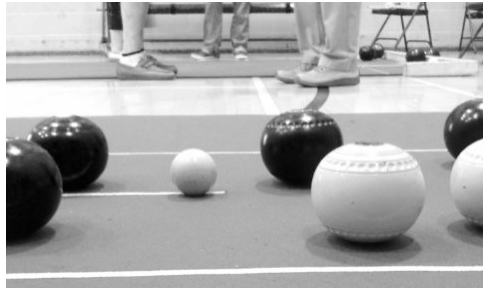
WALBERTON SHORT MAT BOWLS CLUB

Short Mat Bowls apparently originated in the 1940s when two keen South African bowlers came to work in Wales. As they found the outdoor bowls season very short – and the weather very wet! – they started to arrange an indoor version on carpets for the winter months. The idea was taken up across the British Isles in the after-war years; the English Short Mat Bowls Association was formed in 1984 and the Rules of the game established. Since then, the game has spread across Europe and as far as India.

As far as I can establish the Walberton Short Mat Bowls Club was formed around 30 years ago and probably in its heyday had a membership of 30+, maybe more. If there's anyone reading this who has more accurate details please let me know.

Things have changed over the years and club membership now stands at 12. This decline is reflected throughout West Sussex unfortunately. In the 3 seasons before Covid, County membership was in excess of 900 per season, it's now down to 652 for the 2021-22 season.

There's a perception that any form of bowls is a game for 'old people' and it is difficult to argue with the statistics at times. Of the 652 players registered in West Sussex 85% are 65+ and only 5% are under the age of 55.



Don't be put off by the age thing. We're a friendly bunch and we will do our best to make you feel welcome. If you're interested and want to know more please get in touch. Depending on the level of interest we'll arrange a taster session, probably on a Sunday afternoon at the Village Hall, early in the New Year.

Look forward to hearing from you.

Alan Gess (01243 554179) or email alangess20@gmail.com



WALBERTON VILLAGE HALL

It does now, all of a sudden, feel very autumnal and it will soon be Halloween and then Bonfire Night. Myself, Mandy and Georgina have spent a lot of time this month planning and preparing for the event. The posters and banners went up this week, I must thank Glenn for his fantastic artwork on the banners and also to Sims Williams for their contribution in purchasing them. They really are very eye-catching and will improve the publicity of the event around the village and the surrounding areas.

Thank you also to those of you who have kindly agreed to help on the day by either setting up in the morning or by being a volunteer in the evening, or in some cases both! I know I say it all the time but without your support we couldn't hold these large events and hope to make a profit, so you are all very much appreciated. A quick reminder, Bonfire and Fireworks Night is on Sunday 7th November, gates open at 5.30pm, tickets are on the gate. There will be a hog roast van, a bar, mulled wine and hot chocolate. Let's hope the weather is kind and I look forward to a joyful evening watching some spectacular fireworks!!

In other news, next weekend we are holding our last wedding of the year. They are a lovely young couple who are very excited to finally be able to celebrate with all their family and friends. It's been great to have the weddings back again at the hall, even though it is hard work, I look forward to wedding season again next year.

Finally, we do have a space at the hall on a Monday evening for a regular group so if you, or you know of anyone that is looking for a venue, please do get in touch on the details below.

Contact details, phone 01243 554448 or email me manager@walbertonvillagehall.org

Many thanks

Fiona Horton

National Tree Week (Saturday 27th November to Sunday 5th December) is the UK's largest annual celebration of trees.

It marks the start of the winter tree planting season, and so aims to encourage anyone with space to consider planting a tree.



REGULAR EVENTS

Friday - Outreach Post Office **9.00am** [p.23]

Coffee Stop **10.30am** [p.23]

DIARY FOR NOVEMBER

Nov 6 1.30pm Downland Art society meeting [p30]

Nov 7 7.00pm Walberton fireworks display [p34]

Nov 17 2.15pm Wednesday Afternoon Club [p.26]

Nov 11 Downland Art society [p30]

Nov 17 Gardeners Club

Nov 20 10.30am Walberton gardeners club coffee morning [p27]

10.30am Arundel museum Christmas fayre

Nov 26/27 11.00am Grittenham Christmas market [p26]

FUTURE EVENTS

Dec 4 10.00am Christmas Arts, Norfolk Arms, Arundel

Dec 11 7.30pm Arun Choral Society concert

Feb 24-26 TBC Walberton Players 'The Cat & Canary'

Big Thank you to St. Mary's from the Littlehampton & District Foodbank

The total amount donated from our harvest services was
68.19 kg.

COMMUNITY MINIBUS SERVICE

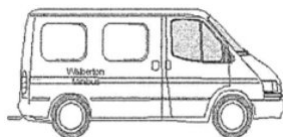
We are able to start the service again on the following dates in November:

Thu 4th No service

Thu 11th Sainsbury's Bognor

Thu 18th Haskins Garden Centre

Thu 25th Sainsbury's Chichester



Door to Door Escorted Service: For bookings and enquiries please call:-

Mary Lewis 07946 523969

**Volunteer drivers needed, for a few hours a month.
Please contact Mary for more information.**

NOTICEBOARD

FRIDAY COFFEE STOP IS BACK!

Do come and join others at the pavilion for coffee and biscuits from 10.30am to 12.00 noon.

We will be Covid compliant:

- Limited indoor seating, (*outside if weather permitting*)
- Table service
- Biscuits and sugar in sealed packs

All products used will be fair trade and any surplus funds will go to MacMillan in October. Cost is £2 PP

HELP WANTED: If you can help the team, please let Jean Strickland know.

Foodbank Donations

Don't forget,

you can still donate items to the Foodbank. The need continues and 'The Village Florist' have offered to collect items on an ongoing basis. See the notice on their door. Thanks very much.

Remember tinned fish, meat, fruit, pasta sauces, veg, and dry foods like pasta, including , cereals, also toiletry items, toilet rolls and nappies. The longer the Best Before date the better. No fresh food please.

OUTREACH POST OFFICE

Don't forget that the **Outreach Post Office** is open every Friday from 9.00am to 12.00 midday. All the usual Post Office services are available, including cash/currency. As busy as ever **do please support** Tracy as she provides this invaluable service to our community. Greetings cards also available.

The Binsted Bugle



Finding my Binsted Roots

By Denis Ellison of Potton, Bedfordshire

Henry Christopher Lewis, vicar of Binsted and Slindon from 1856 to 1907, was my Great, Great, Grandfather. I had grown up knowing of him and indeed of Binsted, from anecdotes and family trees which have always been a point of interest across the generations. But this was not much more than the outline facts, dates and places. I had never been to Binsted or indeed the local area.

In 2015, after the death of my brother Peter, I became custodian of the family chest and an assembly of metal document storage boxes. These boxes had, it appears from their contents, originated during Henry Christopher Lewis's time in Binsted and contained many documents from that time and indeed before, relating to land acquisition, transfer and rental, wills and legal notices as well as letters, personal notes and photo albums.

I quickly realised that these boxes should not just hide in my loft to be handed down the generations to people even further removed. In 2016 I started to look into Binsted on the internet and soon came across the Strawberry Fair. From this I identified Emma Tristram as a person with some involvement in community affairs in the village. It was only late in the summer of this year that we were in a position to arrange to travel down to Sussex, visit Binsted and show Emma our treasures.

In September this year my wife and I set off for Sussex in our Camper van, staying at Choller Farm near Walberton. We walked across to Binsted via Walberton treading the roads and paths that would have been so familiar to my Great, Great, Grandfather and his family. We came across the church and found the pink marble memorial stones dedicated to Henry, his wife and two of his children. Stepping down the road we came to the Old Rectory – the house he had built for him in the 1860's. A great deal of the correspondence in one of the tin boxes is between Henry and his father discussing the build, structural changes in the design, standards of materials, progress – much indeed of what could be expected of a substantial construction project today. Henry's father had saved all of these letters.

The next day we returned to Binsted to visit Mike and Emma Tristram with our boxes. It was only at this point that we realised that Mike and Emma actually live at Stable Cottage, the stables of the Old Rectory. Our short visit to Binsted ended with a quick call to see Bill Pethers, who it turns out is my second cousin once removed.

Our very brief dip into our roots in Binsted has opened many links and I am certain we will be back very soon to help delve deeper into the past. Equally I am certain that Emma and Bill will be able to identify many of the people and locations from the photo albums and share these in coming editions of your newsletter.

Emma Tristram adds: I sent some details of the documents to church historian Martin Jones. He replied: 'Wow! To call this box, with others yet to be seen, a treasure trove will fail to do justice to its potential to transform our understanding of Binsted.'

Photo: 'Henry C. Lewis, Rector of Binsted, and his wife Edith, on their 50th wedding anniversary in 1907.



A thought to remember....

There are some of your graces which would never be discovered if it were not for your trials. – C H Spurgeon

HOW CAN WE HELP?

For the next month St Mary's is praying especially for residents.

November -Walberton Green, West Walberton Lane and Wandleys Lane.

If you would like prayer for any needs you might have phone Jean Strickland (552825) or email prayer@stmaryswalberton.org.uk

GRITTENHAM BARN

Christmas Market 2021

Bring family & friends!

Wear wellies if wet

£2.50 entrance fee (Children free) in aid of the Snowdrop Trust

Fri 26th & Sat 27th
November
11am - 4pm

Visit the barn and marquee and choose from a fantastic array of gifts and homeware including: clothing, bags, stationary, leather craft, Christmas decorations, Alpaca products, menswear, artisan candles, socks, scarves & hats, bamboo sock, boho, make-up bags, skincare, jewellery, vintage, ceramics, homeware and interiors, textiles, bath and body products, fine art and much much more!

Enjoy tea, coffee and food supplied by our trusted catering suppliers.

Improved car parking areas!





SIGN POSTED JUST OFF THE A272 PETWORTH TO MIDHURST ROAD. WWW.GRITTENHAMBARN.COM

WEDNESDAY AFTERNOON CLUB

We meet on the 3rd Wed of the month in the small room at the rear of the Village Hall at 2.15pm. This month 17th Nov we are happy to welcome Gaye who will regale us with The story and songs of Vera Lynn. It will be a happy and lively afternoon as it always is with Gay so please do join us. Tea and biscuits will be served and we will have our usual table top and book sale. Guests very welcome.



For further information please contact
Ann Wells 555893.

Walberton Gardeners Club

Invite you to a
Coffee & Cake Morning
Saturday 20th November
10.30am
Walberton Pavilion
Raffle & Sales Table

Recipe of the month - Stilton Mushrooms

- 8 Large mushrooms
- 2 garlic cloves crushed
- Large onion chopped
- 1 egg (Beaten)
- 2 tbsp olive oil
- 1 tbsp chopped parsley
- 1 tbsp chopped thyme
- 12 oz of white stilton
- 2 oz roasted pine nuts
- 2 ½ slices of white bread crumbs



Wipe mushrooms and discard stalks. Combine 1 tbsp olive oil and garlic. Brush ½ over base of mushrooms and remainder on the insides. Place mushrooms on a baking sheet. Saute onion in 1 tbsp of the oil for 4 to 5 minutes until soft. Stir in parsley and thyme. Cool slightly. Crumble Stilton into a bowl. Stir in pine nuts, breadcrumbs, egg and onion mixture. Season to taste. Divide stilton mixture between mushrooms and bake at 190C (375F) gas mark 5 for 20-25 minutes. Serve at once.

Madeline Doman



WALBERTON NEIGHBOURHOOD WATCH

Having been on holiday for two weeks in September, I was expecting, as normally happens on getting home, that I had a number of voicemails informing me of possible scams or suspicious activities reported by residents while I was away. This time however I did not have one! Hopefully this is a trend that will continue and we must allow ourselves some optimism for the future. Our villages have been practically crime free for a number of months now and scams, although still with us have lessened throughout the summer. With Christmas coming however we must all be wary of online scams with regard to bogus online companies and their charges. Still the catalytic converter thefts are ongoing in many areas, but thankfully none have been reported in our villages for a couple of months.

Two crimes were reported in Slindon Woods once again and both were in the car park which the National Trust and the police are patrolling more frequently. Both took place in the afternoon of October 2nd. The first was a vehicle that had its rear and front number plates stolen GK59YLE and the crime number is 0709-02/10/21. The second one an unattended vehicle which had a passenger side window smashed but nothing was stolen. Crime Number 0417-03/10/21. If you saw or heard anything, please contact the police online or email 101@sussex.pnn.police.uk or call 101.

Seventy two new recruit constables have taken their first steps in policing during the first week in October. The new police officers join as the force opens for recruitment once again. Fifty four of the new recruits have joined through the three year Police Constable Degree Apprenticeship and eighteen joined through the two year Detective Constable Degree Holder Entry Programme. The new officers will spend nine weeks in training at the county police HQ in Lewes before joining dedicated coaching units in police stations throughout Sussex. Chief Constable Jo Shiner said that welcoming new recruits into the policing family is always a highlight. Following the terrible crimes of ex police officer Wayne Couzens, Sussex Assistant Chief Constable Jayne Dando is very much aware that it will have a profound impact on public trust and confidence in the police, particularly with women. She says " we are committed to rebuilding trust with those affected in our communities and will

continue to improve our services, working with partners and charities in Sussex, to prevent and tackle violence against women and girls and to target the perpetrators."

If you're going to the firework display here in Walberton, please make sure that your house and car are fully secure while away and enjoy it! One of the highlights of our village year!

Laurie King
Neighbourhood Watch Village Co-Ordinator

Bishops demand climate action at COP26 in Glasgow

Faith leaders have been joining together to demand climate action ahead of the COP26 meeting in Glasgow (1st – 12th November).



Graham Usher, Bishop of Norwich, and lead Bishop on the Environment for the Church of England signed the letter alongside leaders of every major Christian denomination and representatives from Baha'i, Buddhist, Hindu, Jain, Jewish, Muslim, and Sikh communities.

The declaration states: "We remind governments of their commitments made in Paris in 2015 to limit global warming to 1.5 degrees, and of Article 17 of the Universal Declaration on Bioethics and Human Rights to protect the environment, the biosphere and biodiversity.

"We call upon them to take the urgent action needed to avert the loss, damage, and forced migration threatened by climate change.

"Across our doctrinal and political differences, we know that we must change our ways to ensure a quality of life which all can share, and we need to provide hope for people of all ages, everywhere, including future generations.

"To offer hope in the world we need to have confidence that those in power understand the vital role they have to play at the Glasgow COP26."

The Glasgow Declaration pledges a response to the challenge set by the climate emergency through being "advocates for justice by calling on governments, businesses and others who exercise power and influence to put into effect the Paris agreement; to make the transition to a just and green economy a priority; and to commit to science-based targets that are aligned with a healthy, resilient, zero-emissions future."



Downland Art Society

Ronnie Ireland joins the Society on **Saturday 6th November** to give a demonstration in mixed media "Catching the Image". Whatever the style or subject, his work always investigates identity, inviting the viewer to develop their own thoughts, feelings and narratives.

Ronnie was born and educated in Glasgow and now lives in Hampshire. He teaches, lectures and demonstrates with The Guildford Institute as well as visiting local art societies. Many artists have been using Zoom to keep in touch with their pupils, which has been a life saver during lockdown. However, I know many also miss the interaction with a live audience: talking to yourself for a couple of hours has its drawbacks! So we hope that people will also come along and enjoy Ronnie Ireland's **workshop on Thursday 11th**.

The Tom Groom award was presented at the October meeting. You may recognise the delighted winner in the attached photo! Kay Gale, another local artist and Margaret Cairns were worthy "highly commended" winners.

Frank Walters (from London) was our judge and gave an interesting and informative afternoon critiquing our paintings: the subject being Inland Waterways.



Liz Brown

For further information
www.downland.org

FROM THE PARISH RECORDS ~ Walberton

Burial of Ashes	Sep 9	Joan Kathleen Beddington
Baptism	Sep 26	Charlotte Miles
	Oct 3	Theo Flint
		Austen Flint
		Abe Woodward



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BOOKS YOU MAY ENJOY

The Darling Buds of May

by H E Bates



Channel 5 have recently, to great acclaim, remade All Creatures Great and Small and very well they've done it. Now I see another old favourite, a staple of the afternoon repeat schedules is getting a makeover. The Darling Buds of May gave David Jason the role he was born to play and the whole series exuded warmth and generosity and was produced by Richard Bates, the author's son. But that was 30 years ago so it's being remade, renamed (the Larkins... why?) and I am hoping it will generate the same emotions. Meanwhile it has prompted me to return to the original books that I read before the first series.

H E Bates (1905 – 1974) started writing with moderate success but unusually was commissioned into the RAF to write short stories which would generate sympathy among the public. These were published under the pseudonym "Flying Officer X" and followed by novels set in Burma and India, after a posting to the Far East. Fair stood the Wind for France (1944) and Love for Lydia (1952) were among early successes. He wrote economically yet lyrically about the English countryside and about recognisable English types with affectionate tolerance.

While on holiday in Kent with his family, he spotted a jolly man with a huge wad of rubber-banded pound notes with which he bought Easter eggs and ice-creams for the large family that was sitting in the trailer behind his truck. Here in essence was Pop Larkin. The Darling Buds of May (1958) was followed by another 4 books which chronicle the haphazard lives of that chaotic but great-hearted family. Re-reading for the first time in many years I wonder what the lifestyle gurus will make of the many enormous meals washed down with quantities of alcohol! But their disapproval would wash over me, so refreshing is it to read of lives lived with such gusto!! *"In the centre of the table stood the three pineapples, flanked on all sides by plates of fish-and-chips, more coloured blocks of ice-cream, pots of raspberry and strawberry jam, bottles of tomato ketchup and Guinness, Worcester sauce and cups of tea, chocolate biscuits and piles of icy buns."* And this, let it be understood, was dinner. Kippers and tinned peaches for tea would follow a couple of hours later with more cups of tea but this time Pop and Ma (but not, thankfully the children) substituted whisky for the milk. *"Pop stood by the cocktail*

cabinet consulting a book, A Guide to Better Drinking, given him by Montgomery for Christmas. It was the only book he had ever read." When I started re-reading I wondered if I had chosen too slight a book but by the time I had finished I thought it the best antidote I could think of to the depressing headlines with which we are nightly regaled. H E Bates and Pop both loved a fast-vanishing rural England and if you do too, these books evoke that Land of Lost Content but since Pop is nothing if not a realist, sentimentality is substituted for a healthy dose of business acumen, cash deals and tax-avoidance skills. But he was also kind and a good and generous neighbour, especially to those struggling to keep up appearances, with poetry in his soul. *"Listen," Pop said. "Perfick." Everybody listened; and in the dark air there was the sound of nightingales."*

Diana Windram

Wick Dynamos (inclusive) football team

We have players with many different needs and provide a friendly and supported environment for them to flourish and enjoy playing football. Our slogan is 'We only do Positive!'



We play in the Sussex Disability league and we are always happy for new players, of all ages, to join us.

We hold weekly training sessions on most Saturdays 11:00am - 12:00pm indoors on the 3G pitches at the Arun Sports Arena, Rollaston Park, Ford Airfield, West Sussex, BN18 0HY. (located behind the Flying Fortress).

The team takes part in the Sussex Disability Football League (SDFL) and in our second season were very proud to play in the People's FA Cup!!! *(The SDFL is a pan-disability league that operates across the whole of Sussex. The league is 5-a-side and played on a 3G surface.)*

All our coaches are FA qualified and CRC checked.

For more information please contact me by email
andy@wicksdynamos.com

Andy Dye

**WALBERTON FIREWORKS
AND BONFIRE NIGHT**

SUNDAY 7TH NOVEMBER

5.30: Gates Open
6.30 : Bonfire is lit
7.00: FIREWORKS

**Tickets on the gate adults £6,
children 3 years and over £3**

CASH ONLY

Hot food and bar



FOR SALE IN WANDLEYS LANE

**TWO BEDROOM BUNGALOWS WITH GARAGES
AVAILABLE TO PEOPLE LIVING, WORKING OR
HAVING CLOSE FAMILY IN THE WALBERTON &
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**PLEASE CONTACT sales@landspeed.uk.com
or 01329 284109 FOR FURTHER INFORMATION.**



Paving colour shown on image has not been finalised.

***Further conditions apply, please ask for details.**

PRAYER DIARY FOR NOVEMBER

And he took bread, and when he had given thanks, he broke it and gave it to them, saying, "This is my body, which is given for you. Do this in remembrance of me." Luke 22 v 19

St Mary's

Pray for the work of the Royal British Legion which has been supporting veterans for the last 100 years.

Pray as we consider how we can each be more generous in offering our time and resources to the work of St Mary's.

Our Community

This month we ask for God's blessing on homes in Walberton Green, West Walberton Lane and Wandleys Lane.

Pray for the safety of this year's Bonfire and Fireworks event.

Pray for support for this year's Link to Hope shoebox appeal and for the families who will receive donated gifts.

Our Nation

Give thanks for those who have given their lives in the service of their country. Pray for those who continue to experience physical or emotional difficulties due to active service, for those men and women serving in the Armed Forces and for their families.

Pray for the UN Climate Summit COP26 in Glasgow that governments would make firm plans to tackle the climate crisis and consider the effects of their decisions on the poorest nations.

The World

This month we pray for Africa:

Give thanks for the development of the malaria vaccine and pray for an effective roll out to those most at risk.

Pray for schools and communities in Nigeria that have experienced kidnappings, for the safe return of the young people taken.

As hunger-related deaths are increasing in the Tigray region of Ethiopia, pray that the Ethiopian government would allow aid supplies to reach the region unhindered.

Give thanks for our links with Living Waters in Tanzania and pray for God's guidance for the future leadership.

The Church

Pray for those who have explored the Christian faith online since the start of the pandemic that they would find ways to connect with a local church community.

Susan Martineau

I came to Walberton from rural Bedfordshire 7 years ago with Edward, my husband, when he retired. We wanted to live in or near a cathedral city to ensure easy access to lots of cultural events in our old age. Chichester ticked all the boxes, the sea and the Downs were a bonus. But a house in Walberton caught our eye before we found one in Chichester and here we are, very content.

Getting involved in the community around me has always been important. As a daughter of a clergyman, parish life revolved round us, flowing in and out of the Rectory every day. So when I was 'invited' to assist with printing and distributing the Parish News it seemed natural to say 'yes'.



What I do for the Parish News.

Distributing the magazines involves sorting them into about 20 bundles for the volunteers who deliver them. Some also go to Neel's shop, some to the church and a few free copies to places like Walberton Care Home. The other part of my role is organising the renewal of subscriptions and updating lists of subscribers. We are trying to speed this up by arranging for online payment. It means that we have less opportunity to meet you in person but knocking on doors takes time so few of us can still manage it.

Very conveniently, I have been able to rely on Ed to do the printing. He is far more adept than I am at anything technical or computerised. Just as well. The printer is a huge but sensitive beast, with personality. It takes it four hours to churn out 80 magazines (16 double sided pages) so it trundles on night and day sending out text messages to Ed from time to time about toner, ink, or paper. If one of them runs out, it comes to a halt. Ed frequently has to pop into the office at 10 pm or so to reload so the machine will get going again. However, producing 350 magazines each month takes its toll and, more often than not, the machine starts to show the strain. A gnome starts hammering on an anvil somewhere inside, production stops, the engineer has to be called and another day is lost.

Getting the PN delivered to you during Covid restrictions added to the challenge. Isolating the bundles for an extra 24 hours after bagging them meant another time lapse before delivery, but we still got them out to you before the 1st of the month – mostly. All praise to my splendid team of 'Deliverers', especially to those who endeavoured to open gates with their elbows or open letterboxes with sticks. As for me, I remember Robin the Postman in the Little Grey Rabbit stories as I drop off the bags to the team. Passing the time of day and picking up a little news as I go is a nice way to keep in touch in a very pleasant village.

Susan Martineau

PARISH COUNCIL NEWS



Annual Parish Meeting

Thank you to those who came and enjoyed a chat and drink before some interesting presentations and excellent questions.

Pavilion enhancements

Following receipt of income from the Solar Farm, we have been looking into the feasibility of further improvements at the Pavilion. These include possible changes to the changing facilities and toilet and assessment of whether we can use renewable energy such as solar panels to reduce our environmental footprint and our energy bills.

Other maintenance

We have completed a review of the local footpaths and the kissing gates will need to be replaced. The bench on the Village Green is in the process of being repaired. There will soon be an additional dog waste bin on the Barnham Lane cycle path.

Community Speedwatch

Following our survey of traffic speeds within the Parish, we are looking into Community Speedwatch restarting post-Covid. However, it will need volunteers to help to manage and perform the speed monitoring. All necessary training and equipment is provided. Will you spare a little time to help manage the team or to perform local speed checks – just a few hours a month? If so then we would love to hear from you. Simply email Andy Peppler at clerk@walberton-pc.gov.uk.

Planning

The A27 Public Consultation has been delayed until Winter 2021/22. As soon as the information has been published we aim to analyse it all and deliver a Neighbourhood News through every resident's door with information on the impact and how to comment. We are already objecting to the proposal for another 75 houses east of Yapton Lane and have been challenging the entirely inappropriate application to use Tye Lane as the main access point to the Avisford Grange development. We have secured external legal advice for the Tye Lane issue.

Andy Vawer - Walberton Parish Council

ANNUAL SUBSCRIPTION RENEWAL

It's time to renew your annual subscription, if you haven't set up a standing order. The prices for delivery each month in 2022 (except August) will be £10 for the year. Please add an extra £8 for postage if you live outside the parish.



You can pay by BACS using the details on the form below or send a cheque/cash to the Church Office. In each case, please make sure we have your name, postal address and an email address or phone number (email preferred).

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If you would like to receive a copy of the **Parish News** each month please fill in your name and address below and send it to:-
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Susan Martineau, Parish News Distributor

Tel: 01243 555778 email: susan@edmart.plus.com

Arun Choral Society



Do you love to sing?

Choirs are very popular these days, and for good reason. They're fun, singing's good for you, and they offer a good social life too.

Meet Arun Choral Society. We're based in Arundel and we perform in Arundel Cathedral and in the local area. It's not just serious music: we also perform light concerts and sing with local school children at Christmas.

We're a large, friendly and welcoming choir. If you've never sung with an orchestra or rehearsed with Joe Paxton, our dynamic musical director, then you've missed out on something amazing!

We practise on Monday evenings in term time at Arundel C E School, BN18 9HT.

Tempted? Maybe now is the right time for you to join us.

For more information visit our website:

www.arunchoralsociety.co.uk

Follow us on Facebook:

www.facebook.com/arunchoralsociety/

Or contact our membership secretary on


enquiries@arunchoralsociety.co.uk





Walberton Place Care Home

In these difficult times, the elderly population is particularly vulnerable at home. If you're concerned about how your relative will cope and would like them to have more support, Walberton Place Care Home provides family-led care delivered by highly trained staff. Our facilities are luxurious and modern, offering residents a safe, clean and secure environment to live, safely and as they choose.

- Warm inclusive family atmosphere
- Person centred dementia care
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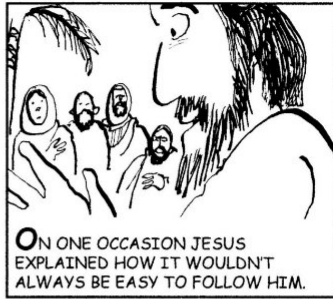
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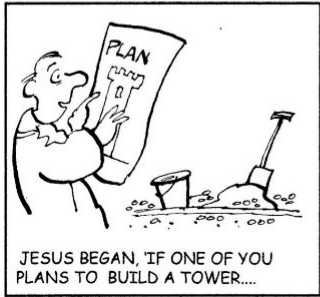
The tale of the Tower Builder



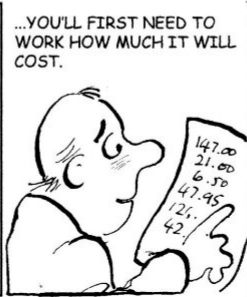
JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS



ON ONE OCCASION JESUS EXPLAINED HOW IT WOULDN'T ALWAYS BE EASY TO FOLLOW HIM.



JESUS BEGAN, 'IF ONE OF YOU PLANS TO BUILD A TOWER....'



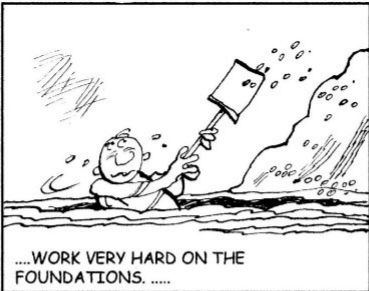
...YOU'LL FIRST NEED TO WORK HOW MUCH IT WILL COST.



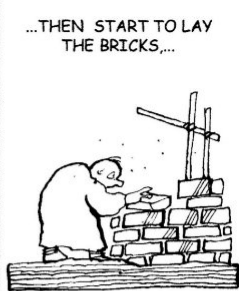
IF YOU DON'T DO THE SUMS....



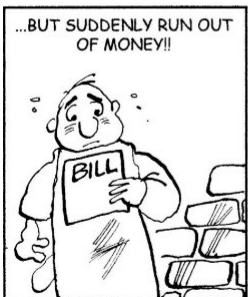
...YOU MIGHT MAKE A START,



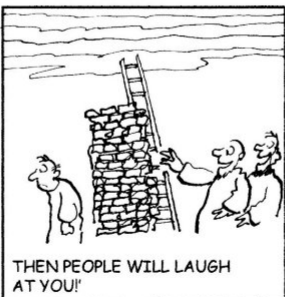
...WORK VERY HARD ON THE FOUNDATIONS.



...THEN START TO LAY THE BRICKS,....



...BUT SUDDENLY RUN OUT OF MONEY!!



THEN PEOPLE WILL LAUGH AT YOU!



WE NEED TO REALISE THAT ALTHOUGH FOLLOWING JESUS IS THE RIGHT THING TO DO, IT'S ALSO A GREAT CHALLENGE.

I AM

Mouse Makes

I AM THE

Read John 10:11 and 14

I AM THE

Read John 15:1 and 35

I AM THE

Read John 6: 35,51

Seven times in John's Gospel Jesus calls Himself "I AM" - the same name that God calls Himself when He speaks to Moses in Exodus 3:14. Jesus is telling us who He really is.

I AM THE

Read John 11:25

I AM THE

Read John 14:6

I AM THE

Read John 10:9

I AM THE

Read John 18:12

OF AND THE OF THE

Read John 11:25

B	R	A	N	C	H	E	S	L	I	F	E	T	B
S	H	E	P	H	E	R	D	F	A	T	H	E	R
L	O	J	G	A	T	E	R	W	O	R	L	D	E
I	V	E	D	D	I	A	M	O	A	U	I	N	A
F	I	S	E	O	B	L	I	G	H	T	F	O	D
E	N	U	G	O	O	D	W	A	Y	H	E	H	E
R	E	S	U	R	R	E	C	T	I	O	N	B	L

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An Interview with Debbie Froggatt - Forensic Toxicologist

How many Forensic Toxicologists do you know of? None? Well, that's about to change because here is the story of one of them.

Debbie Froggatt has lived locally for many years but moved to Walberton 5 years ago with Peter her husband.

She comes originally from Yorkshire, near Doncaster, where her father was a railway engineer. One of her earliest memories is riding on the footplate of the Flying Scotsman aged 5 or 6.

Her grandfather served in the 11th Hussars and then in the mounted section of the Yorkshire police force. However, on the outbreak of WW1 he was called back into the regiment and in fact was at the Battle of Cambrai when tanks were first used in strength.

Her mother was a strong influence, particularly in education. Her mother lived in an age where girls generally did not go to university, much as she wished to, and therefore encouraged her daughter to do so. No surprise that she comes from a long line of strong men and indomitable women.

Debbie went to Doncaster Grammar School where she became interested in how things worked, so she chose to study physics and biology. In those days the girl's grammar school did not offer physics, so she went to the boy's grammar school for her sixth form studies. She was also motivated by the fact that ICI had a base in Doncaster and apparently offered equal pay jobs to women. Equal pay did not become statutory until some years later.

From Doncaster she went to London University where she gained a degree in physics and biology. With no particular idea of what to do next she responded to an advertisement for a job at the Metropolitan Police Forensic Science Laboratory.

Her first year or so was devoted to 'on the job training' where she went round all the various specialties; blood, general chemistry, (tool marks, glass, paints), ballistics and so on. Eventually she settled on pharmacokinetics, dealing with the movement of drugs around the body. She became expert on plant-based poisons learning to isolate and identify drugs and poisons from complex biological specimens. Her skills and knowledge tended to apply when the cause of death was uncertain or not obvious.

She was approved by the Home Office to grow restricted plants, e.g., cannabis, for research purpose. Readers should note that this was not done at home, and none will be found in their garden today!

She was attached to the Drugs Squad and would go with them to music festivals, able to mingle with the crowd at a time when police officers were mostly male. This at a time when the Metropolitan Police also covered the Home Counties. Being attached to drugs squads also meant dismantling illicit drugs laboratories. This had to

be done carefully so that the whole apparatus didn't blow up.

People often have said it must be so interesting, "all that blood and bullets". Some of it was plain monotonous painstaking work and spending six weeks unravelling each piece of tape from a bomb didn't seem very glam, but at least a conviction was secured.

Debbie has worked on many high-profile cases, but these are either too gruesome or governed by secrecy laws to go into detail here. Her experience has taught her never to take too much on appearances. She quoted a case concerning the London Triads where young men appeared in the dock at the Old Bailey in impeccable clothes and looking highly respectable while being accused of horrific crimes including drug trafficking and murder. Other cases in which she was involved in one way or another included neighbours offering chocolates made with another neighbour's blood. Also the case of Georgi Markov, the Bulgarian writer murdered in London with ricin in an umbrella tip, which some readers may remember.

She also did a lot of work developing the Breathalyzer, not popular at the time but has since saved hundreds of lives. "We were inundated with volunteers to sample the various alcoholic drinks before having their blood samples taken!!".

I asked her if the nature of her work has affected her. Her response was that a cup of tea took care of most things; no PTSD or counselling required! She was most affected by the death of a young Asian girl who died after an illegal abortion. This was Pre the Abortion Act, so the poor girl was left to bleed to death. The abortionist was convicted, due to the identification of the particular metal components in the instrument used.

Peter worked for ICI specialising in plant-based products. So after 10 years with the Metropolitan Police she moved to the different area of toxicology at ICI's laboratory, based in Berkshire. Married and living in Maidenhead, Debbie was now working on research into pesticides and their long-term effects on plants, the environment, and consumers.

Peter was invited to move to their business in Spain, as Director of the Spanish Research Station. They lived in Valencia for 4 years where Debbie did some private investigative work for shipping companies, but life was now complicated by the arrival of their 2 children.

Back from Spain, where they still have several friends, Debbie answered an advert from Chichester College for a Physics lecturer, which would fit in with her children's school holidays. Accepted, and resisting the invitation to start the next day, she boned up on her physics, started the next week and stayed there for 27 years, retiring in 2014.

Continued on page 49

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100 years of Red poppies

Amid the mud, blood and carnage of trench warfare in World War 1, tens of thousands of bright red poppies grew, marking the graves of the fallen. This led John McCrae, a Canadian army physician who had lost a colleague, to write "In Flanders Fields",

*In Flanders fields, the poppies blow
Between the crosses, row on row
That mark our place, and in the sky
The larks, still bravely singing, fly.*

This image inspired the adoption of a red poppy as the symbol of all soldiers who had died in conflict. Exactly 100 years ago, on the 11th Nov 1921, poppies of remembrance were sold for the first time in British and Commonwealth countries. Hostilities had actually ceased three years earlier at the 11th hour of the 11th day of the 11th month.



This year, on the 14th November, which is the nearest Sunday, a two-minute silence will be kept at war memorials throughout the country, and at the national ceremony at the Cenotaph in London's Whitehall. The Queen will pay tribute alongside Members of the Cabinet, Opposition Party leaders, former Prime Ministers, the Mayor of London and many others. Representatives of the Armed Forces, Fishing Fleets and Merchant Air and Navy will be there, as well as High Commissioners of Commonwealth countries. All will wear a red poppy.

Around 30 million poppies are sold each year in the UK by the Royal British Legion. All the proceeds are used to provide serving and ex-service personnel with financial support, advice, employment, mobility, housing and mental health facilities.

Today we are more aware than ever that battles are fought mainly by young people, and many of those who survive bear scars for life. The act of 'remembering' will not only look back to mark their sacrifice, but also yearn to learn lessons for the future. Reflecting on the poem, 'In Flanders Fields', the American professor Moina Michael, wrote:

*And now the Torch and Poppy Red
We wear in honour of our dead.
Fear not that ye have died for naught;
We'll teach the lesson that ye wrought
In Flanders Fields.*



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An Interview with Debbie Froggatt - Forensic Toxicologist

Continued from page 45

Peter's office was now in Fernhurst and so they moved to West Sussex when he was posted as Technical Manager for the Americas where his territory ran from Alaska to Tierra del Fuego. This was a vast area with several offices, and he was away for 6 months of the year. She and the children spent many holidays in the Americas in places like Peru.

Debbie is highly analytical so it will not come as a surprise to know they complete the Times crossword daily over a cup of coffee. Also, she project managed the almost total rebuilding of their new home in Walberton.

Asked what else she might have done she said she has a great interest in the Arts and History but with her skills she was best off doing what she had done and which she has very much enjoyed.

She likes living in our village rather than Chichester, which they had considered, where they have created a lovely house and garden. She reads, mostly biographies and whodunits, loves cooking, (as does Peter), and travelling.

She seemed surprised when I noted that most of her working life has been in public service. Hers is undoubtedly a life well lived and a benefit to the community.

Patrick Dealtry

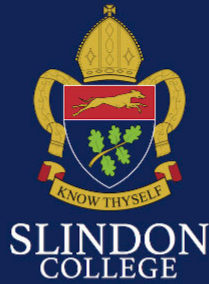
Why are dogs man's best friend?

Dogs really are in tune with human emotions like no other species, and they are born with this ability.



Such is the finding of a recent study at Duke University in North Carolina, which compared the interaction of wolf cubs with humans, and of puppies with humans. In test after test the puppies came top in their innate ability to understand human instructions.

As one researcher explained: "Dogs are born with this innate ability to understand that we're communicating with them, and we're trying to co-operate with them." The study concluded that the social genius of dogs with humans is a product of thousands of years of domestication.



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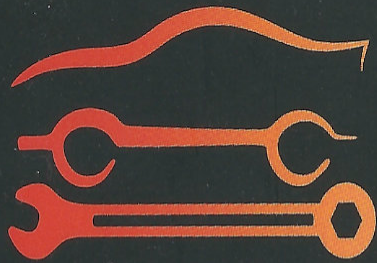
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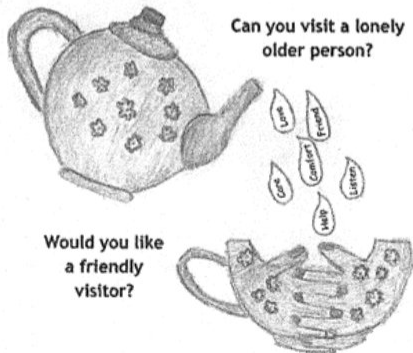
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WEDNESDAY NOVEMBER 10TH

All contributions **must** be in by this date, any received after this may be held over until the next issue. Thank you for your co-operation.

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* **hard copy** by post to the Church Office for the attention of the editor

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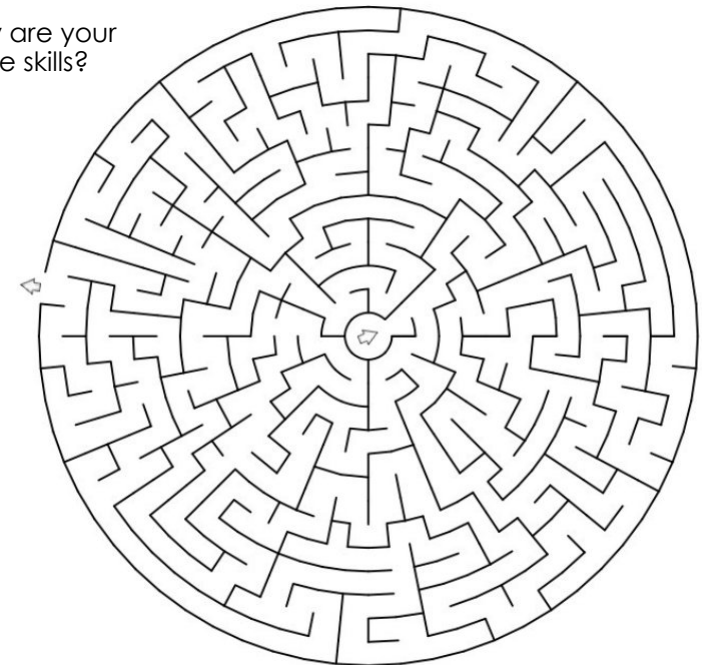
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Walberton Players:

Secretary: Jane Hayler 552882

Wednesday Afternoon Club:

Secretary: Ann Wells 555893
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