



# CASS NEWS

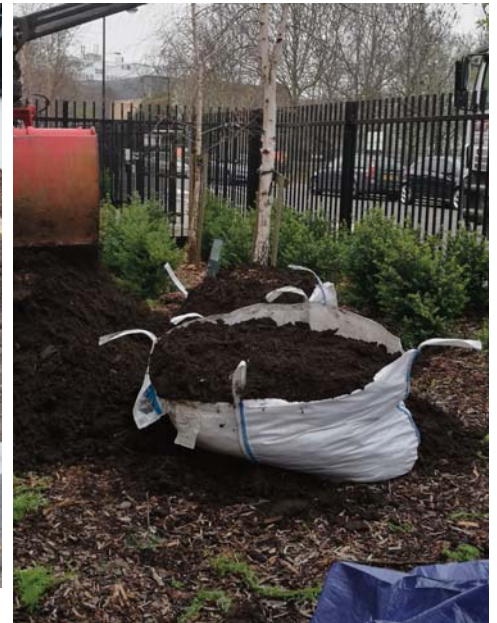
**SIR JOHN CASS REDCOAT SCHOOL NEWSLETTER**

Editor: Nadiyah Patel

SUMMER TERM 2017

## School Garden Project

By Mr Lennie  
(Sixth Form Centre Manager)



Since September 2016 the school has been making plans to create raised beds for planting around the Sixth Form and Secondary School perimeter. The intention is to create a growing scheme project that students can participate in.

Chris Rotheron (Sixth Form Registrar) and I made several visits to local schools in the borough that currently run garden projects. This included a visit to Chisenhale Primary

School, a school which has really made the most of the space they have. They produce their own honey, and grow enough salad throughout the summer months to supply most of their school's needs. It was a great eye opener into how to utilise small areas around buildings.

I was advised to get in touch with the Capital Growth Scheme who supply free help and information in getting projects like these up and running. Through joining the

Capital Growth Scheme we received a lot of help with sourcing companies for funding the project and for receiving great resources.

After several meetings with Crossrail, their contractors Skanska/C360 kindly agreed to supply and build four raised beds for us, all free of charge, sited at the Sixth Form front entrance. These are now complete and are ready to be planted.

We have all the materials in place for further raised beds, which will

be situated behind the football caged area in the upper school playground, and aim to build these soon.

It has been a fantastic opportunity to kick-start a project like this, which we anticipate will be a benefit for everyone.

I would like to thank everybody, especially Mr Rotheron and Mr Uddin for all their help and support in making this happen. To find out more about the SJCR Growing Scheme and how to get involved, please keep reading...

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# SJCR Growing Scheme

## Join us!

By Mr Rothern (Sixth Form Registrar)

Do you know your blackberries from your blueberries? Or a courgette from a cucumber? If you would like to learn how to grow fruits, vegetables, herbs and spices, we have an exciting new project which just might tickle your taste buds!



### What is the SJCR Growing Scheme?

We are starting our very own growing scheme within the school grounds, utilising the many available spaces to install raised beds

and allotments, perfect for growing a variety of fruits, vegetables and plants. Students from years 7-13 will all work together to create and maintain beautiful green spaces, which can be admired and enjoyed by us all. You may have already noticed the large raised beds outside the Sixth Form building on Bromley Street, just waiting for the seeds to be planted. With five more raised beds being installed around the upper playground over the next few weeks, there is plenty of opportunity for everyone to get involved. It's not simply a case of 'watering the flowers'... it's understanding where our food comes from, how it grows, physical and mental well-being, confidence, teamwork, communication, learning about the environment and sustainability – the benefits are endless!

### Competitions and Awards

To begin with each 'green team' will be allocated an area which they will be responsible for, with termly competitions and

awards being held in recognition of their efforts. We will provide training to ensure that everyone is adequately equipped in terms of knowledge, expectations and health and safety. Ultimately, the goal is for the gardens and allotments to be maintained entirely by the students (albeit with a little supervision from our green fingered staff members!)

We have already joined the Capital Growth Scheme, London's largest food growing network, who offer support with growing food in London. We have also joined the Royal Horticultural Society's Campaign for School Gardening and already achieved Level 1 status. We hope to achieve Level 5 within the next 12-18 months. There will also be regular updates on our school social media pages, newsletter and local press.

### How can I get involved?

If you would like to be a part of the SJCR Growing Scheme, just complete a consent form and post it in the green box at the Main School Reception or Sixth Form Reception before Friday 9th June 2017

*For more information, please see Mr Rothern or Mr Lennie.*



# Skills Academy

By Nadiyah Patel



On 3rd February 2017, Sir John Cass Red Coat School welcomed Jamie Knight, ranked 2nd in the UK for Freestyle Football. The visit was organised by the National Literacy Trust with the help of Ms Dow (Assistant Headteacher) and Ms Charman (School Librarian), in order to promote the new Skills Academy. The Skills Academy in conjunction with the National Literacy Trust aims to link the two skills of football and reading together.

Students at SJCR School has a chance to see Jamie perform some fantastic tricks. They then had the opportunity to learn and practice these tricks themselves with Jamie's help.

Yusuf, aged 13 said "It was a great day. Jamie has great skills so it was an honour to impress him with my tricks. I think he has a remarkable ability with a football. I had a wonderful time."



# INTERNATIONAL EXCHANGE

(CZECH REPUBLIC – ITALY – UNITED KINGDOM)

*By Antonio Aguilera (MFP Assistant and International Coordinator)*

A few weeks ago, an international exchange took place at Sir John Cass Red Coat School. It lasted for five days and involved students and teachers from Czech Republic and Italy. Since the beginning of the school year many SJCR students involved in the International Club have been working very hard preparing for this visit as well as doing activities in collaboration with the other European students.

During this meeting, both SJCR and European students participated in several

activities in and outside of the school. They took several lessons especially prepared for them about e-safety, radicalism, religious faiths in Tower Hamlets, English traditional sports and the Bangladeshi influence in London. They also participated in trips outside of the school including a visit to the Ragged School Museum, the London Museum and walking tours around the East End and City of London.

Finally the foreign teachers worked with the MFL department and observed some

lessons in different languages. Constructive feedback was delivered and some very useful ideas were shared in terms of different education systems and styles.

This exchange has been fully covered by the European Union funding as a part of two years Erasmus+ project. In addition to this visit, in the near future SJCR students will have the great opportunity to visit their partner students in Castel Ritaldi (Italy) and Prerov (Czech Republic).



# SIR JOHN CASS CONNECTED TO

## SPAIN, FRANCE AND BANGLADESH

By Antonio Aguilera (MFP Assistant and International Coordinator)

The MFL department have been running several activities in order to connect SJCR students with the countries, language and culture of our three main taught languages; French, Spanish and Bengali.

Some students partake in a pen-pal activity with I.E.S. Rafael Alberti, a secondary school in Cádiz (Spain) and with College La Perriere, a primary school in Lyon (France). Every two months, SJCR students studying either

Spanish or French receive and write a hand written letter according to the topic that they are learning at the time. Each student always sends and receives a letter to the same student so that the pen-pal communication is really effective.

In addition, students currently studying Bengali have had a video conference with a Kaligonj KUP Public Pilot High School, a secondary school in Lalmonirhat (Bangladesh). Approximately every three

months, a specific time is agreed, taking into account the time difference and having students of a similar age so that they can speak together. In this way, students from both schools can practice their second language (English or Bengali) with native speakers. These conferences are prepared with guidelines in advance to ensure that the conversation follows topics currently being studied.

# Video Conference



# Pen-Pal



# The Basement Coffee Lounge

By Shadman and Tufayl



On 21st February 2017 our Business class went to Mile End to do our live marketing campaign for the Basement Coffee Lounge. The purpose of the marketing campaign was to attract potential customers and let them know about the coffee lounge, whilst allowing us students to get first-hand experience as to how marketing works for a business.

We designed flyers with promotional offers, posters and leaflets for the campaign to hand out to members of the public to make them aware of the coffee business nearby, and tell these potential customers what was on offer. To really get the customers attracted to the business, we gave free samples such as cakes and

hot drinks so the customers knew what to expect when they came in to the shop to order.

We divided into teams, which included a sampling team, a sales team, a research team and an advertising team. Each group had to hand out flyers and approach customers and draw their attention to the business using the AIDA model for marketing. It was a massive success for The Basement Coffee Lounge. We handed out 2,500 flyers/leaflets and business cards, and through our promotion, The Basement Coffee Lounge made over £60 worth of sales, making it the most successful day for the business to date. In the following weeks from our marketing

campaign, many people visited The Basement Coffee Lounge and followed the business on social media.

Overall the live campaign was a great experience for us as students and customers. We would like to thank Mr Shahid for giving us the opportunity and for helping us to develop the marketing skills we had learnt in class and for organising this successful trip.

# Trip to the Royal College of Surgery Hunterian Museum

By Mr Marshall (Sociology Teacher)

On the 28th April 2017, Ms R Begum and I took a group of Sixth Form students from the Social Sciences and the Science Departments on a visit to the Royal College of Surgery and Hunterian Museum. Some of these students are studying Anatomy and Physiology, and some are studying Biology and hope to go on to study medicine next year at university. Students had the opportunity to watch various videos showing surgical procedures, including one of brain surgery. They were also able to enjoy the various exhibits in the museum.



# The Young Volunteer Development Programme

## Muslim Aid

Over the Easter holiday, a few of our Sixth Form students participated in the Young Volunteer Development Programme hosted by the Muslim Aid, an international charity working in over 70 countries worldwide and in the UK primarily assisting those who are in conflict zones and are suffering from poverty.

The Young Volunteer Development Programme aims to empower young people within Tower Hamlets, to engage them in a range of daily accredited volunteering sessions and focuses on social, educational and personal development.

At the end of this programme, students had successfully completed the ASDAN Customer Service Course Level 1.



# Business Updates

## Practising Transferable Skills – Be You Training

*By Ekram, Year 10*

The session we had with Louise from the 'Be You Training' Company was great fun. I learnt a lot of valuable skills such as good team work, and I was able to develop my communication skills. In addition to this we learnt about the method of trial and error thoroughly, and that we had to work together as a team, let everyone in the team contribute to ideas and have a selected team leader to guide us - even if that wasn't myself.

I was able to learn that sometimes I can't always take charge and have things done my way and that I need to let other people share their ideas. We were able to learn that if one method doesn't work, then a different approach was needed. We also had to make sure that we worked together as a team because none of the tasks we performed could have been completed single handedly or alone.



## Pathways to Apprenticeship Fair

*By Ms Miller – Head of Business*

Twenty Sixth Form students attended a Pathways to Apprenticeship Fair hosted in Tower Hamlets by the Education Business Partnership. It was a fantastic event which gave students the opportunity to meet with employers who are offering Apprenticeships, combining paid

work with getting a degree or foundation degree. Students were able to network and compare the apprenticeship route with going to University. Organisations represented at the event included TFL, Bank of England, Milkround, IBM and BDO to name a few.





# Career Ready students visit Citi Group

By Miss Miller (Head of Business)

On Tuesday 14 March 2017 the Career Ready students, accompanied by Miss Miller and Miss Kubik visited the Citi Group offices in Canary Wharf. They took part in a Career Ready Masterclass which included a session on 'Interviewing Skills' and a very successful workshop with the Citi Group Human Resources team. The Career Ready students also had the pleasure of meeting Mr. Mike O'Connor, the Global Head of Access Strategies. Mr. O'Connor gave an inspiring career talk followed by a Q&A session where students had an opportunity to ask him about his career path, work-life balance and

what it takes to become successful in business.

A number of our year 12 students will participate in paid internships with Citi Group over the course of the Summer holidays and have been through a rigorous process already in order to be considered for these positions. Students said the trip was "hugely motivational" and the stunning offices with panoramic views of the City were a bonus!



# mayamada

By Ms Miller (Head of Business)

The cohort of year 12 students enrolled on the nationally recognized 'Career Ready' programme experienced an explosive creative masterclass run by Founder of Mayamada, Nigel Twaumasi. Students had to personify their aspirational ego and project their sense of self on paper, designing a character that embraced the attributes they have/want to have. The workshop inspired, challenged and reminded students of the power of having a clear sense of self and taking a different approach to things. Mayamada believe in the power of creativity to make our

world a more productive, engaging and fun place to be. They believe that everyone is capable of being creative! Mayamada is a story-based clothing brand inspired by anime and manga. They have created an original world of characters and produce a mix of clothing and comics based on those characters and their stories. Their mission is to inspire and promote creativity through the brand. They do that through their characters and their stories, events and also working with schools getting young people to use their imaginations in positive ways.



mayamada  
BE A creative  
CHARACTER  
[www.mayamada.com](http://www.mayamada.com)



# Apprenticeships for a Bright Start

By Mr Uddin  
(Work Experience Manager)



In February our year 13 students went to the Deloitte offices in Chancery Lane. The session introduced students to the range of opportunities at Deloitte for school leavers specifically Deloitte's Bright Start higher apprenticeship scheme. Students gained invaluable employability skills and insight that could support them during the recruitment process.

The session was very interactive and current apprentices from various backgrounds gave students an insight into their daily routines and how they successfully gained their position. Some of the breakout sessions encouraged students to identify, utilise and showcase their strengths. Students also learnt about interview skills and tips and used the STAR technique.

If you are interested in attending any of these sessions, please keep an eye on the notice board in the sixth form reception for future events, or speak to Mr Uddin.



## Meet the Employer

By Mr Uddin  
Work Experience Manager

**B**iYP (Believe in Young People) attended our Sixth Form once again to introduce the world of hospitality to our year 12 students.

The presentation by the two employers included information on many aspects of hospitality and other areas students might be interested in:

- Sector – e.g. Hospitality
- Vocational pathways
- Work experience
- Apprenticeships

Students were able to ask questions to the visitors who between them had over three decades of experience of working within hospitality. At the end of the session pupils applied for active work experiences opportunities.





# Earn, Learn, Succeed with the Civil Service

By Mr Uddin (Work Experience Manager)

**O**n the 23rd March 2017, twelve lucky year 9 students were invited to the Civil Service Discovery Event at the British Library. The event set out to inform and educate young pupils about choosing the right career path and that it did not have to be a balancing act.

After everyone navigated what turned out to be some tricky coat hangers, we had some light breakfast and were welcomed into the conference room where staff from the civil service gave us the agenda for the day. It was a fun event with talks from people from various departments, including the audit and planning departments, and quizzes with some tasty treats for the winners. Our year 9 students shone and presented well when asked to give feedback or answer questions.

Sandra and Yasmine from the Civil Service along with their teams from various departments and levels really went that extra mile to make sure each and every student attending the visit walked away more confident in making their career choices. Yasmine and Zaynah (a current Civil Service Fast Track Apprentice) gave some words of wisdom to our two accompanying year 13 students, who are now fixed on a career with the civil service so much so that our very own Rohima from year 13 has successfully completed the online tests and attended the assessment day. Fingers crossed she is chosen for the scheme (watch this space). Yasmine has also secured work experience placements for Shazna and Rohima for the summer, which they are very

much looking forward to completing. One of the highlights of the day was finding out that the tax department once had to take to court a case to decide whether a biscuit was indeed a biscuit or a cake for tax purposes. At the end of the event everyone walked away more confident that there were many alternative routes into a successful career. With the civil service you can really Earn, Learn, Succeed.





# The Support Team Will See You Now

By Mr Uddin (Work Experience Manager)

**B**arts Healthcare NHS Trust kicked off their Healthcare Science Week with an open day event at the Royal London Hospital to educate students about the support roles within hospitals and to show them that a career into medicine did not only mean going through the medicine degree route.

After a brief introduction by the team from Barts NHS the attendees, which included a large cohort from SJCR's year 11, 12 and 13 pupils, were split into two groups. One group headed straight to the rooms where various departments including Neurophysiology, Audiology, Cardiology, Electroencephalogram and Radiotherapy. Staff in these departments explained their roles in the NHS and demonstrated the various machines.

Students were able to try out the equipment and ask staff any questions that they had. Had it not been for the event, students may never have had the opportunity to do so. Staff were very engaging and had the full attention of the students. After spending time in one room they were moved along to investigate the other departments that support the nurses and doctors to help with the care delivered to patients by the NHS.

Meanwhile, the second group headed to the lecture theatre where they were treated to a talk by one of the senior support staff who shared information about her route into the profession. She spoke to the students about how she had failed her A-Levels, but had still managed to get into medicine via an alternative route. Others spoke of how students can do access courses or apprenticeships. In April the Royal London Hospital kicked off their apprenticeship scheme, details of which can be found on the Careers notice board in the 6th form reception. The overall message of the day from staff and exhibitors

was that a career in medicine does not mean university anymore, as there are many schemes available to kick start your career into the world of care.



# Sport Updates

By Mr Malique (PE Teacher)

## Hockey

This year's borough hockey competition was played at the world class 2012 hockey olympic venue, and was won by the SJCR Boys Year 7 and 8 team for the first time in four years. They fought a close battle against rivals Stepney Green School, but won 1-0 on a golden goal. On route to the final they beat London Enterprise Academy 3-0, Stepney green B team 3-1 and in the semi-finals, SJCR School beat reigning champions Bow School 5-1. There were some outstanding performances from Sium (8C), Humayun (7S) and Osei (8E).

The Girls Under-13 hockey team also did very well, and came away with a title after comprehensive wins against Bow school and London Enterprise Academy (LEA) in a round robin format. They Beat LEA 3-0 and Bow School 2-0, with some great performances from Hannae (8C) and Amal (8S)

The boys and girls will now go on to represent Tower Hamlets in the London Youth Games in June to compete for the title of Best Borough in London.



## Badminton

### Tower Hamlets Badminton Academy win U16 London Junior League

This year, Tower Hamlets Badminton Academy made it's first appearance in this season's U12 and U16 London Junior League, with the first fixture being held at Alexandra Park School. Students from Sir John Cass Red Coat School helped the Tower Hamlets Badminton Club (THBA) clinch victories in the final weekend of fixtures, as they snatched the title of London Junior League Champions in Harrow.

The final weekend of fixtures saw Tower Hamlets overtake Alexandra Park to take the title in their first year of entering the league. The pupils who represented THBA were Nathan, Ahnaf and Veronica, all from year 11. The outstanding performances from Veronica has booked her a spot to represent the Middlesex U-16 County side at the National County Finals in Nottingham. The team finished a respectable 12th out of of 32 counties.



# Sixth Form Staff

# Member turns Fashion Designer

By Ms Barnes      By Ms Barnes

**E**vangeline Miarka helps keep clean and tidy the Sixth Form College, however when she is not working at SJCR Evangeline is busy designing outfits and making clothes.

Fashion and Textiles at Westminster University. Eva's work is regularly exhibited at London Fashion Week and she specialises in designing and creating wedding and evening outfits.

Whilst working at SJCR, she studied Fashion and Textiles part time at the London Contemporary Arts College, gaining a HND. Eva is now in her final year of university, on track for receiving a BA degree in

Some of her designs are featured below. Congratulations Evangeline for pursuing your passion for fashion!



# British Science Week 2017

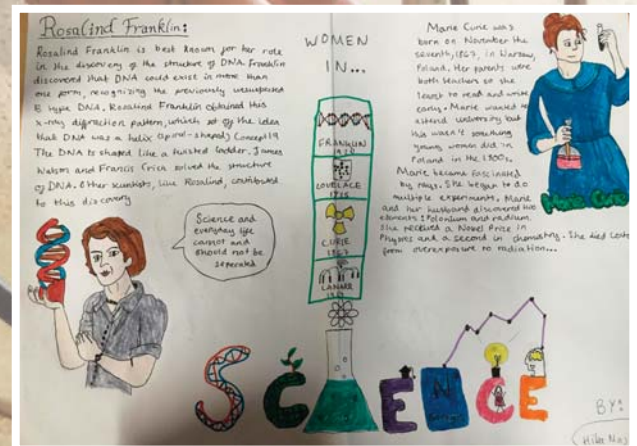
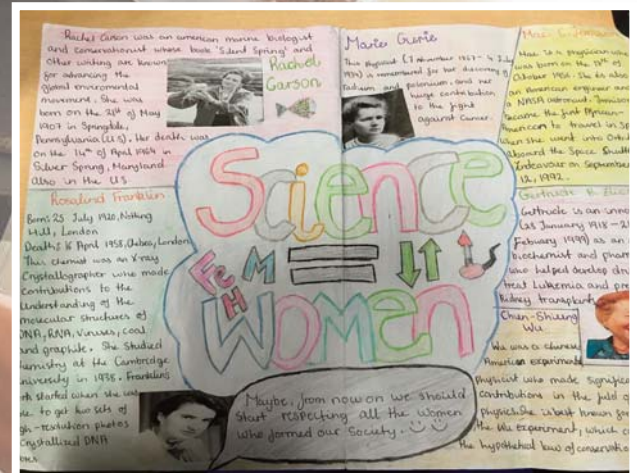
By Ms Akhter (Science Teacher)

British Science Week took place from Monday 13th March – Friday 18th March 2017, and all Key Stage 3 Science classes were involved.

The theme this year was on 'change', encouraging pupils to think about the changes happening in the world from climate, to materials and energy. The following experiments were carried out. They were messy but the students enjoyed participating.

1. Oobleck slime (making slime)
2. Catch a Rainbow
3. Erupting Fizz
4. Changing change
5. Chocolate and Egg

Congratulations are due to the winners of the British Science Week poster, Haleema Miah, 8c and Hiba Majid, 7S



# World Book Day 2017

By Ms Charman (School Librarian)

World Book Day (WBD) this year was a very busy day. It started with an assembly provided by members of the Years 7 and 8 Reading Clubs, explaining the purpose of WBD and describing the work of the two charities that the school supports; Book Aid and Readathon.

This year some staff dressed up as their favourite book characters and students had to try and guess who they were, the winner of the competition was Talha Saif, 11E. There was also a competition where students had to guess who the teacher was hiding behind one of their favourite books and the winner was Summer Robinson in 11C.

For the first time students in Key Stage 3 could also dress up. As a form, they had to decide their favourite book and dress up as the characters from this book. The joint winning forms were 7S who dressed as characters from Oliver Twist and 8S who dressed as characters from Alice in Wonderland.

For approximately 2 weeks prior to WBD students had been asking people to sponsor them for the Readathon where students had to read for 1 hour.

Tower Hamlets School Library Service had also arranged a very special event for WBD this year. Author Jacqueline Wilson came to York Hall to speak to the students of Tower Hamlets. We were able to take a group of 28 students to hear Jacqueline describe her childhood, talk about her career as a writer, explain where she gets her ideas for her books and also to tell us about the details of her new books. She also signed some of her books which can be found in the school library.

Altogether the school raised a fantastic £258.08 for the Readathon Charity, and £157.54 for World Book Day.



# Shakespeare 400

2016 marked the 400th anniversary of playwright William Shakespeare's death. To help celebrate the legacy of his incredible body of work, which continues to influence us today, Into Film delivered a Shakespeare 400 filmmaking programme. They commissioned eight BFI Film Audience Network (FAN) organisations across the UK to work with local filmmakers in order to help young people aged 13-17 create their own films inspired by one of Shakespeare's plays. This included a group of students from Sir John Cass Red Coat School.

support their idea development, before then taking part in a five day programme of filmmaking activity, ultimately creating their own short films. Our students filmed an adaptation based on Shakespeare's play, Richard III. The filmmakers then celebrated their achievements by watching their completed films at showcase events, attended by friends and family.

The short video is available to view here; <https://vimeo.com/207127983>

For inspiration, the young people attended screenings of films inspired by Shakespeare's works, which helped





# E-safety guidance for parents

## Using YouTube - Advice for parents

*Article from Mr. Jones –  
Online Safety Officer*

YouTube is a big part of online life for many children and young people, from watching games to funny videos, and even the strange phenomenon of unboxing videos.

I use YouTube a lot for various things such as DIY tasks, to get advice and opinion on certain professional topics, and to view various tutorials.

There are so many positives to using YouTube, but as with anything there are negatives too; out of the hundreds of millions of videos that are on the platform there is a completely unknown number of videos that are wholly inappropriate, regardless of age.

- Talk to your children about the channels they watch and assure yourself that these are appropriate.
- Does your child have his/her own channel? Some children I speak to have their own, and also say their parents aren't aware. Check, and see what they're uploading.

- Apply the Restricted Mode settings. Restricted Mode is an optional setting that you can use to help screen out potentially inappropriate content that you may prefer not to see or don't want others in your family to see. You will need to have a YouTube account to do this. Do it with your child so that you can explain why you're doing it. Equally, let them know that if they see something concerning they can talk to you about it.
- For younger children, consider using the YouTube Kids app on handheld devices.
- Learn how to report (flag) inappropriate videos.

For further help and guidance please visit the Sir John Cass Redcoat website section on online safety ([www.sjcr.net](http://www.sjcr.net)) or the CEOP site at [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents) or [www.ceop.police.uk](http://www.ceop.police.uk)

If you have any online safety concerns you can also contact us at school or you can make a report to CEOP (The Child Exploitation and Online Protection Centre).



# Congratulations to Mr Coles

A huge congratulations to Mr Coles (Head of RE) who ran a Half Marathon earlier this term. He set a target of raising £500 for The Haemochromatosis Society, and exceeded this by raising just over £600.



## TERM DATES

### HALF TERM

*Date: 29 May 2017 - 02 June 2017*

### SCHOOL CLOSURE FOR EID

*Date: 26 June 2017*

### INSET DAY

*Date: 27 June 2017*

### CAREERS WEEK

*Date: 03 July 2017 - 07 July 2017*

### AFTERNOON PARENTS' FORUM-4.15PM

*Date: 06 July 2017*

### SPORTS DAY (PROVISIONAL)

*Date: 10 July 2017*

### SUMMER SCHOOL 100% ATTENDANCE REWARD TRIP

*Date: 11 July 2017*

### ACTIVITIES DAY

*Date: 13 July 2017*

### LAST DAY OF TERM

*Date: 18 July 2017*

### SUMMER HOLIDAY

*Date: 19 July 2017 - 01 September 2017*

### FIRST DAY OF THE ACADEMIC SCHOOL YEAR

*Date: 04 September 2017*