



A little bird told Cefn Community Council that Mr David Hart was celebrating his 90th Birthday – Mr Hart of Cae Bedw, Acrefair was thrilled to receive a gift and enjoyed his chat with Chairman Cllr Phil Vaughan, we hope you had a lovely day..

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NEW BUILD AT YSGOL CEFN MAWR
 Here at Ysgol Cefn Mawr we have enjoyed welcoming **Bright Stars Playgroup** and the **Early Entitlement** children on to our school site. It has been lovely getting to know the children. At last the groundwork preparations are well underway for our new build which is expected to be completed in April. Funded by a Welsh Government grant this is the first project being build using the grant by Wrexham schools and will be the new home for our **Bright Stars Playgroup** when it is completed. We would also like to thank our near neighbours for their understanding whilst this work is being carried out.



*Winter Moon in a Frosty Landscape
By Anne Douglas*

*Nuanced was the moon,
High up in the sky,
Light effused from within.
A dark night sky,
Like a sombre crow,
A mystical force
Darted across the patina of time.
The only sound was,
In the moonlit silence,
The lyrical and slow wet chuckling
The chuckling and gurgling
Of a cold hillside stream.
Hills that lay under a concealed white blanket
Placidly beneath a veneer of silver.
A breeze of mystery
Wafted past.
Icy solace.
A freezing wild rimy stillness.
Dark night, an echo
A concentration of whiteness
A sense of cold sublime*

EDITORS COMMENTS

February already and even if the weather is wet and windy we can see the nights are drawing out and the primroses and snowdrops brightening our days. It is good to see things are opening up as you will see from the events and activities in the newsletter and we can start to get out and about more. I am still lobbying for repairs to the Newbridge Road and thank you to those who have contacted both our AM and MP, we need to see this done as the recent A483 accidents show how important this road is. Just before Christmas I was able to get out with Raf and the CS Team, we cleared around the Methodist Chapel and the pavement on Chapel Street, as ever they did a fantastic job and hopefully we will be able to get back together this month to do more areas. Once again a big thank you to all our community litter pickers keeping our villages tidy. Please do get in touch on **07532 780007** or email me at: tyger@tygertactics.com



Stay safe and look after yourselves, Tyger.



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PONTCYSYLLTE CHAPEL TEAROOM NEWS

We had a great day when we met up with [@hopehousekids](#) to present a cheque for **£700** from our charity quiz nights. We've also raised **£160** for **RBL**, **£1800** for [@ariavsdipg](#) and **£55** for [@Froncysyllte War Memorial](#) through our quiz nights, charity band night & raffles.

A massive thank you to all our customers who have supported us and these great causes, thanks to [@lewisneil1961](#) for being Number 1 quizmaster, Hope House & T Gobaiith @ [#charity #quiz #charityquiz #banter #community #beststaffever #teamwork #happyplacetowork #grateful](#)



TREVOR BASIN VISITOR CENTRE

We hope every one had a Merry Christmas and a Happy New Year. Volunteers and staff are looking forward to the season ahead and welcoming visitors to the World Heritage Site.

There is currently General Maintenance Works on Pontcysyllte which will finish on the 18th of February. This ties in with the re-opening of our Visitor Centre on the same day, opening will be Friday to Sunday 10-3pm for the rest of the winter period. We will then move to daily opening hours from April 1st 10-4pm. Keep an eye out on our Facebook page for upcoming events and activities @[TrevorbasinVC](#) and stay tuned on Instagram

@[Trevor_visitor_centre](#) for photographs along the World Heritage Site.

Volunteering roles available online on the Canal and River Trust's main website or pop into the visitor centre for a chat to find out more.

Tel: 01978 822 912 or Email:

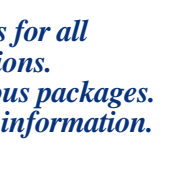
Trevorvisitor.centre@canalrivertrust.org.uk

WREXHAM SUPPORTED LODGINGS SERVICE

We need Supported Lodgings hosts to provide a spare bedroom, plus guidance and mentoring, for young people aged between 16 and 25 in Wrexham, who have previously been in foster care or are at risk of becoming homeless. Can you help with this? If so to find out more please check our website for at www.wrexham.gov.uk/supported-lodgings

You can fill in the online enquiry form and we'll get in touch with you to discuss any initial questions you may have before the assessment process is started.

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We welcome your Community News, Photos and Information for inclusion in the next edition of the newsletter. Please email tyger@tygertactics.com

To advertise in the **Community News** please call **Tyger** on **07532 780007** or message the **Community News Facebook** page.

The Valkyrie Academy

COUNSELLING

Preparing to face the new normal

We are a local mental health service, and I have been a qualified counsellor for the last 10 years. Mental health is becoming more spoken about, there's nothing to be ashamed of as we all need help from time to time no matter who you are. From business people to celebrities, from children and families to strong individuals we all need some support at times, and we are here to help.

Good mental health is vital, left untreated things can and do get on top of you and affect your physically as well as mental wellbeing. We have designed programs and courses to help you eliminate these issues or habits. In our world we find there are many pressures and stresses making everything seem dark and out of our control but, if we learn how to cope with them and overcome these issues in our lives, this lets us think about how free and happy we can be.

Mental health can consume you, It can change the way you think, feel and act. Here at the Valkyrie Academy we are fully qualified and ready to help you change your life and become yourself again especially as we all move forward after these last few challenging years.

Where to start?

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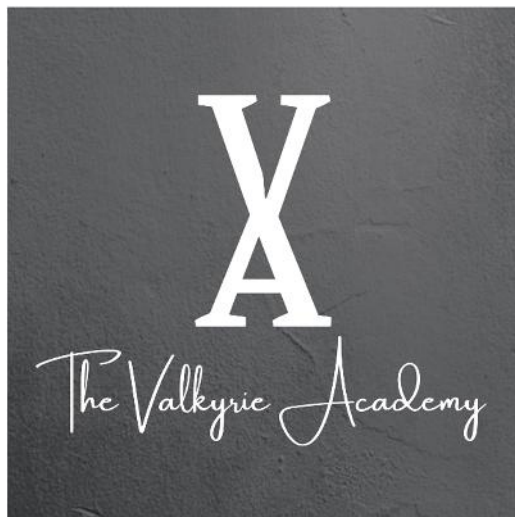
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HOW CAN COUNSELLING HELP?

Over the years mental health has become a major issue in many adults and children's lives. There is no shame in seeking professional help. Here at the Valkyrie academy, we understand how poor mental health can affect your wellbeing. We have many programmes from one-on-one counselling sessions to a six-month life changing programme.

We all form habits over the years and sometimes these habits can take hold

of us regardless of how strong we are. We have helped many people overcome eating disorders, social anxiety, drugs misuse, marriage issues, grief, smoking, abuse and more. The results we have achieved have been life changing not only for the individual but for their families as well.

OUR COUNSELLING SESSIONS

Our counselling sessions we offer a one-on-one which can either be faced to face or via a zoom, these can be from one to two hours. or we have our six-month programme which gives you access to a qualified counsellor 24 hours a day 7 days a week for six months. This six-month programme will help you change your life and focus you on the right track. We support you in changing your habits, offer dietary advice and more. We celebrate the wins with you as you move forward.

CHILDREN'S COUNSELLING SERVICES

We work on issues ranging from eating disorders, bullying, school exams how to stay focused and help calm the nerves, grief, ADHD, self-harm and more. As a mum of five and a counsellor, I have created this programme for children to help overcome their challenges at a young age instead of taking these issues into adulthood. if we support them early on there is less chance of them having issues in adulthood. Emotional wellbeing in children is just as important as physical health. We also provide one on one sessions or a six-month programme for children and work closely with the families, it's very important as a family you all have the support you need to move forward together and build a better life for you all.

PERSONAL AND PROFESSIONAL ADVANCEMENT

We also offer personal and professional advancement programmes as the Valkyrie Academy exists to fulfil the personal and corporate performance dreams of people and professional establishments.

Visit our website www.thevalkyrieacademy.com





TRIBUTE TO SUE WRIGHT OF THE EAGLES ACREFAIR BY STEVE OSBOURNE

As I am sure most people are aware back on the 12th December 2021 the community lost one of it's great characters, **Miss Sue Wright**. Sue was best known as the landlady and front of house at **The Eagles, Acrefair** where she had been for over 10 years.

Over those years Sue became someone who people young and old respected and loved because of her kind, funny and caring nature. She would literally help anyone and everyone if she could. Sue was a big fan and supporter of the local music scene and would always give up and coming bands a chance to perform at the Eagles on a Saturday night as long as they didn't sing 'Sex on fire' by Kings

of Leon. Sue would always go the extra mile when it came to supporting local fundraisers too.

Always up for a laugh, back in 2018 Sue decided to dress up as Tina Turner and perform 'Simply The Best' as a surprise for a friend's 60th Birthday party at The Eagles. A truly wonderful lady, A truly wonderful landlady, but most importantly a truly wonderful friend. RIP Sue Wright 1960 - 2021



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At J. Francis Roberts & Son Ltd. Please rest assured we are doing everything possible to continue providing you with the same high quality service as we hopefully get back to normal. With the lifting of Covid restrictions the number of attendees permitted within the Crematorium is 100 and there are no restrictions for a cemetery, burial ground or garden of remembrance. Face coverings and sanitisation guidelines still apply as do the need for track and trace information. Singing is still not allowed and funeral attendees are respectfully encouraged to maintain some distance by maximising the use of the seating available within the chapel. Funeral attendees at the crematorium should arrive for services no more than 15 minutes prior to the service time, and should remain for no more than 10 minutes following the service to minimise the risk of overlap between different families in the carpark, thank you.

Crane Medical Centre

(Crane St, Cefn Mawr, LL14 3AB; Tel: 01978 810844)

News Update



Welcome to the sixth edition of Crane News.

Hello everyone. Well, we must begin the latest edition by wishing you all the very best of health for 2022 and hope that you all had a wonderful Christmas. As a practice we are feeling so positive about the New Year and despite the demands on general practice not appearing to be abating anytime soon, patient care remains our top priority. In fact, it has become even more of an importance for the survival of the NHS and primary care that as multidisciplinary teams we all collaborate much more efficiently. The nursing team for example is the bedrock of good general practice playing an essential role in vaccinations, contraception, Women's/Men's health and in the successful management of chronic diseases such as diabetes, hypertension, asthma COPD and heart disease. The ongoing care needs of these patients has become increasingly more and more the domain of the nursing team with the GP on hand to extend their advice and experience to the management of those patients with even more complex needs.

At this point it is important to remind our patients that all roles within the practice are vital and contribute to the smooth and efficient delivery of health services. Our reception team for example have an immensely difficult role to perform. Whilst they make every conceivable effort to provide immediate access to GPs this may not necessarily be within their powers to do so as demand may on occasion exceed the finite supply of appointments that can be realistically offered. As highly trained members of the team they are still "human" and when they are subjected to verbal abuse (to which the practice enforces a zero tolerance of) this can result in them experiencing workplace related stress. So, we urge all patients to be mindful of this and reinforce that as highly trained members of the team they will always endeavour to ensure that you are seen by the most appropriate professional as quickly as is possible. Their training has involved them being highly proficient in knowing a portfolio of health services which are available that perhaps you may not be aware of such as Physiotherapy, Audiology, Social Prescribing, District Nursing and pharmacy. By "signposting" you to such services they will ensure that your health needs are met along with your expectations.

Since the last edition we are proud to report that our patient list size continues to grow unabated. For this we extend our thanks to you all as word of mouth undoubtedly plays a big part in this. Though these are very difficult and trying times for us all we wish to reaffirm our commitment to our patients. Our doctors along with our clinical and non-clinical practice staff take immense pride in getting to know our patients. In doing so we get to unearth the health problems that impact their general wellbeing and quality of life and wherever possible treat them and in many cases the generations of the same family that make up our practice list.

If, however, you are not currently registered with us and are struggling to access healthcare services for whatever reason please contact us today at Crane Medical Centre on **01978 810844** or visit our website at **www.cranemedicalcentre.co.uk** We are happy and excited to accept new patient registrations and welcome you to our practice.

As always, we look forward to updating you in next addition so until then please stay safe.

ROWLANDS PHARMACY CEFN MAWR

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COMMUNITY AGENTS UPDATE

There are many health benefits associated with exercise, and even 10 minutes can make a positive difference to our wellbeing, including our mental health. Finding something that you enjoy doing is as important as finding activities that fit your level of fitness and ability. Why not start with our **Mindfulness Walk** which takes place every other **Thursday**, starting at 1pm the next one is on 17th February. Meeting outside the front of **George Edwards Hall** we take various routes around the village and gently stroll for about an hour. This is suitable for all ages and abilities, and dogs are welcome. Thursday 3rd February is **National Time to Talk Day** so why not come and join me between **10am and 12 noon** for a drink and a chat at the **George Edwards Hall**.

Starting **Monday 7th February** at the **CRNCA**, Bro Gwilym, Cefn Mawr I will be holding taster sessions which will run from **9:30 till 11.30am** and **1 till 3pm**. The sessions include *cook and taste*, *shopping savvy*, *budgeting*, *an introduction to mental health*, *mindfulness*, *Alive training* for anyone affected by dementia, poetry, writing skills, various arts & crafts, and basic photography. Please contact me directly either by mobile **07925 048711** or email cefncommunityagent@gmail.com if you have any questions or require any further information.

If you have any ideas that you would like to discuss with me please know that nothing is too big or too small - if it's important to you then it is important! See you all soon. **Marie-Claire**.

Please email cefncommunityagent@gmail.com or text me on **07925 048711**



Its back after a two year break due to the pandemic so don't forget to make a date to walk the canal for Hope House on **Sunday 6th March 2022** at 10am. The 10-mile walk will begin at The Trevor Basin in the morning, then taking in five miles of stunning scenery up to the Poachers' Pocket and return over the world famous aqueduct, adults £10 and children £5 each, with a bespoke medal and a goodie bag for every walker. Sign up today at hopehouse.org.uk/canal For those who would prefer to complete a 10-mile walk virtually on a route of their choice then tickets are also available for that option too

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MUSIC HALL SHOW

The Colleen Players present their next Music Hall Show on **Friday 25th February** at 6.30pm in St Colleen's Community Hall, Llangollen.

Tickets £15 and includes Supper are available from the Box Office

please call **01978 861768**

FROM MISSION HALLS TO MUSIC HALLS

Ladies & Gentlemen! Sunday night singalongs with **Fr Lee** are back! One minute of supreme entertainment packed solidly into one hour! So, let those tongue trill and jaw loosening exercises begin that we may wondrously and unwearingly **WARBLE FORTH!** Join Fr Lee as he live-streams on Facebook at 6pm on a Sunday night, like and follow our page to get the Sunday night song sheet link too.

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LLANGOLLEN MUSEUM NEWS

The Museum has reopened following our Christmas break, we will be open every **Tuesday, Wednesday, Saturday and Sunday** from 11am to 4pm. During the closure we have sorted out the archives, books on sale and the reference section, as well as having a general clean. We look forward to seeing you. In the art gallery the exhibition showing the story of St Collen in cartoon form has come down, although we are very pleased to say that it will soon be going on permanent display in *St Collen's Church Hall*. From the 8th to the 16th February we will have the **Quiltfest Exhibition** as we do each year, so come

along and see some of the fantastic and intricate designs that will be on show. Following the Quiltfest there will be an exhibition by *Peter Dickinson* entitled **Along Lost Lines - Ruabon to Barmouth Railway** open from February 19th until the 13th March. From the 15th March, we have a display of paintings and photographs of Llangollen and the surrounding area from the Museum collection – we are going to try and show ones that we think not many people will have seen before.

It is possible that we may need to temporarily close off a section of the gallery as we have recently started to have a couple of leaks in the roof. The roof has just turned 50 years old, and so it has not done badly. We are waiting for a second investigation by Denbighshire Council, but it looks as though we may need to replace the roof felt and insulation. Keep an eye on our Facebook page for further developments

<https://www.facebook.com/Llangollen-Museum-360178724443> We are always on the lookout for more volunteers to help us keep the Museum open as many days of the week as possible. We think that the Museum is a fantastic resource, both for everyone in the local community and visitors, and so, if you are interested in local history and have a few hours to spare each week, please contact our manager **Gill Smith** on **07516 023524** or email: gilliansmith2@hotmail.co.uk

COR MEIBION DYFRYN CEIRIOG NEWS

The Choirs A G M is on 16th February and hopefully they can soon start back to practices and performances. For a variety of reasons including age, illness and sadly a poorly keyboard we would be delighted to recruit new members. I am on **Facebook** if anyone would like to message me for details. Our Choir *Cor Meibion Dyfryn Ceiriog* has a long tradition and has supported Llangollen Male Voice Choir for years and do Charity as well as paid gigs around and beyond the area. New members are assured of help and support. The ability to speak Welsh useful but not essential as all help given. Trust me, if I can do it, you can. As Librarian, I am quite happy to provide phonetic versions of pieces. However, we do a lot in English and a little Latin. Help us keep the Welsh, Traditional Male Voice Choir alive and well. All welcome. Croeso i Bawb, Mike Gleed

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TOWERS DAY NURSERY
The Towers Day Nursery welcomed some new children when we returned after a busy Christmas, which included a visit from Father Christmas and Sparkles the Snow Elf.

They are all settling in well and are enjoying the varied, nursery activities.

The Children in Need event in November raised £115, and we have received a certificate of appreciation. This term, the children will be celebrating Chinese New Year, St Valentine's Day, Shrove Tuesday, St David's Day and Easter. They are looking forward to enjoying stories, some drama and art/craft work. They will be baking Welsh Cakes and also dressing up. For St David's Day the children will be making Welsh flags, leeks and daffodils; as well as looking forward to dressing up in traditional costume or a Welsh football/rugby top on March 1st. For Mothering Sunday we are looking forward to making lovely cards and gifts.

Now that Spring is in the air there will be more opportunity for outdoor play and for work on the garden. The children will soon be busy planting seeds and putting in plants ready for the Summer. The staff have been busy too, two members of staff have been working on their qualification in Childcare and all staff have been renewing their paediatric First Aid Certificates. The children love to go outside and here they are enjoying all the fun a puddle can offer!



PSCOs UPDATE **Crime Trends**

Happy New Year, I hope that you had a pleasant Christmas break.

ASB

During the month of December, we saw an increase of Anti-Social Behaviour on our ward; this behaviour included throwing stones/eggs at properties, playing 'knock and run' and kicking doors. Due the high demand caused by this ASB, PCSO's from other rural locations joined the Cefn ward on a temporary basis, which enabled us to increase patrols in target locations, as well as dealing with individuals in a timely manner.

Whilst we are still dealing with reports of ASB, we have seen improvements across the hot-spot locations. We have made some good progress in identifying youths responsible and are dealing with them robustly and formally. Neighbourhood Policing Team Officers have been assigned to interviewing suspects where necessary, referrals are being made to Youth Justice and we have set up joint home visits with the Estate Office for individuals who are residing in local authority housing and are causing repeat ASB within the community.

E-Scooters

Since Christmas, we have seen an increase of youths riding e-scooters in an anti-social manner. We continue to challenge any individuals caught riding e-scooters and have been advising parents about the current law regarding them. A Section 59 Notice was recently issued to one rider, if caught a second time, the scooter may be seized.

Thank you,
PCSO Lara Shiers

Lara.Shiers@nthwales.pnn.police.uk



The Towers **Children's' Day Nursery**

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The Towers, Llangollen Road, Acrefair
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KIDDIES WORLD NEWS

Our Parent & Toddler Group is a place where toddlers can come to play and explore in a safe stimulating environment. It is also a place for parents, grand parents, carers etc to come to support one another.

We are limited to 10 adults per session following current government guidance so booking is a must. Sessions are Monday, Wednesday and Friday- 9:15am to 10:45am. For further information please contact Kiddies World on **01978 810242**



QUILTFEST 22 ANNUAL EXHIBITION,

At Llangollen Pavilion, Abbey Road, Llangollen from **8th to 18th February** 10am - 4pm daily (1pm close on 18th). The exhibitions include Irene MacWilliam's gorgeous quilts, Challenge quilts, QG Contemporary Group and quilts from Meerkats. Entry to the Pavilion is free donations appreciated! Tel: **01978 860111** email: enquiries@llangollenpavilion.co.uk

TY MAWR COUNTRY PARK SPINNERS,

KNITTERS & WEAVERS Ty Mawr spinning group meets at the Country Park on the first Wednesday of the month from 1 - 3pm. Our next meeting will be March 2nd and April 6th. We would love to see anyone who is interested in joining us for a short get together in a very large and spacious barn. Please bring your own refreshments. Thank you

THE HAMPDEN BOWLING CLUB ACREFAIR



The Hampden Crown Green Bowling Club invites all members and potential members to get in touch as we are looking to start back the middle of March. All are welcome from any age group.

Playing at the Royston Green.

Please call Isobel on

01978 820179 to register or for more information.



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Sun 2 to 11pm



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Lara.Shiers@nthwales.pnn.police.uk

Jessica.Lloyd@nthwales.pnn.police.uk

Rhys.Yaxley@nthwales.pnn.police.uk

CEFN COMMUNITY COUNCIL NEWS

Cefn Community Council are thrilled to announce they have been successful in obtaining grant funding from WCVA on behalf of the Welsh Government to replace the windows & doors at the George Edwards Hall, this will be a great help in energy efficiency especially with the rising energy costs predicted from March 2022. The grant has also covered the costs to replace the flat roof on the office side of the building, which was in a bad state of repair.



Precept: Following full council meeting the precept has been set by Cefn Community Council for 2022/23 a very small increase of half a percent from 2021/22.

Memorial Bench: We are pleased to report the bench is now back in position at the **Memorial Garden** on Plas Kynaston following a suspected theft attempt.

The George Edwards Hall is available for bookings, the Clerk can be contacted on **01978 821298** for any enquiries. Currently we have *Slimming World* who now hold sessions on Tuesday from 5pm to 8pm, and Wednesday mornings from 9am to 11am

DanceZone on Mondays 5pm 8.30pm and Thursdays 5.30pm - to 8.30pm

Line Dancing on a Wednesday from 7.30pm to 10pm.

Wrexham Foodbank have relocated to Plas Madoc Leisure Centre they are there to help every Thursday from 10.30am to 12noon.

Cefn Community Council Bowling Green is open for public use from Monday to Friday between 12noon to 3pm.

The MUGA - Multi Use Games Area on Plas Kynaston Lane and all 12 of our **Children's Play Parks** are open, we ask that you please take your rubbish home with you if there is no available bin, thank you.

Street lights: We have completed the upgrade to our street lights with energy efficient LED bulbs. If you notice any street lights out please can you report them with the number off the lamp post to the Clerk on **01978 821298** thank you.

Birthdays: If you know of members in our community who are going to be celebrating their **90th** or **100th** birthdays please can you let the Clerk know on **01978 821298** thank you.

Wedding Anniversaries: If you know of members in our community who are going to be celebrating their **Diamond, 60 years or Platinum, 70 years Anniversaries** please can you let the Clerk know on **01978 821298**

Trefnant Cemetery: we respectfully ask when visiting the Cemetery to keep your distance as we know some visitors are still concerned. **Polite Notice** - Please use the one-way system, no turning around by the brick cabin. Thank you for your co-operation.

Removal of Christmas Floral Tributes

To allow ongoing maintenance of the cemetery

grounds managed by Cefn Community Council, grave owners and visitors are asked to please remove all Christmas tributes and wreaths by the 4th February 2022. Anyone who wishes to dispose of or keep their Christmas tributes should remove them from the cemetery grounds by this date. Cefn Community Council will begin to remove any remaining Christmas tributes from the second week of February. Thank you in advance for your cooperation.

Cefn Community Agent: Please remember the Community Agent is able to help and offer support to the over 50's and can be reached on **07925 048711** or email her on cefncommunityagent@gmail.com

Community Litter Picks: as a Community Council our Councillors have been carrying out monthly litter picks around all areas of the Cefn Ward and if you would like to join them please contact the Clerk on **01978 821298** for details of the upcoming areas, dates and times, also check our Facebook page, litter pickers and bags are provided. If you know of a litter 'hot spot' please do get in touch with the Clerk, thank you.



Members of Cefn Community Council and volunteers carried out a litter pick in Newbridge on 12th January, the weather was bright and crisp, and I'm pleased to report not many bags of rubbish were collected. If you would like to get involved in our next litter pick, please contact the clerk on **01978 821298**.

Please follow us on Facebook and Twitter @cefnCouncil for the latest information relating to the community.

IS THAT POTHOLE DANGEROUS . . OR ANNOYING YOU?

DID THE COUNCIL MISS YOUR BINS THIS WEEK?

IS THAT STREETLAMP OUT . . . (Or lit up all day)?

DANGEROUS TREE? NOISY NEIGHBOURS?

OVERFLOWING CULVERT? BLOCKED GULLY?

FLY TIPPING? ABANDONED VEHICLE?

. . . . Who Ya Gonna to Call ? ? ? ?

SET UP A 'MY ACCOUNT' with Wrexham Council at:

<https://myaccount.wrexham.gov.uk/en>

Report it and track it online . . . in half the time!



CEFN AND DISTRICT MUSEUM

We are very pleased to announce that we have been given permission to reopen the Museum and will be resuming our normal opening hours: 10am to 12.30pm on **Mondays, Wednesdays and Fridays**. This is in line with current Welsh Government advice on lifting restrictions. We shall still advise caution for the time being. Visitors are recommended to wear masks, and to maintain social distancing. The number of visitors may be limited to four in the event of a rush, but this is an unlikely event. We look forward to seeing you again soon!

We have no news yet about the resumption of the Cefn Mawr Historical Society Meetings, but hope that they will get under way again before long.

You can contact me directly on a.tiltman@hotmail.com or through a message on Facebook. Alan Tiltman, Archivist

T PAWB YOUTH ADVISORY BOARD

Are you a young person aged 16-25 with an interest in arts & culture?

Whatever art form you're interested in – whether that's music, dance, film, graphics, games, fashion or something completely different – joining the T Pawb Youth Advisory Board could be your next step.

The T Pawb Youth Advisory Board is an exciting opportunity to:

- ✓ Work with professional artists and other creative young people
- ✓ Learn skills for a career in the creative industries
- ✓ Contribute to planning events and exhibitions
- ✓ Earn an Arts Award qualification
- ✓ Give feedback on the T Pawb programme
- ✓ Shape the future of the arts in Wrexham

For more information about the project and how to get involved

email: tracy.simpson@wrexham.gov.uk

We welcome young people from all backgrounds and all abilities who live, work or study in Wrexham County Borough.



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OPENING TIMES

Tuesday 9am - 5pm

Wednesday 9am - 2pm

Thursday 9am - 6pm

Friday 9am - 5pm

Saturday 9am - 2pm

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URGENT MEDICAL OUT OF HOURS 111

Patients in North Wales can now call **111** for free access to urgent out-of-hours medical care and round-the-clock health support and guidance.

This easy-to-remember number is **free to call** from **landlines and mobiles** and provides access to both **GP Out of Hours Services** and health advice from **NHS Wales** remember its free to use and open 24/7

BLOOD DONATIONS

The Welsh Blood Service need 350 donations every day to supply 19 hospitals across Wales. With many blood donation sessions held in and around the Wrexham area, Please support the patients in need in your community by donating blood locally.

The Pavilion, Abbey Road, Llangollen LL20 8SW

Wed 23 Feb 12 noon - 3pm & 4:30pm - 7pm

Hafod Colliery Centre, Broad Street, Rhos LL14 1RB

Mon 28 Feb 12 noon - 3pm & 4.30pm - 7pm

You could save 3 lives in just one hour Please give blood <https://wbs.wales/CefnCommunityNews>



LOCAL PEOPLE IN WREXHAM USING THEIR TALENTS TO HELP OTHERS

An innovative scheme now in Wrexham is supporting local people to set up working for themselves offering highly personalised care and

support to older and disabled people. The scheme provides free mentoring to support caring people to set up as self-employed or to set up a small business or enterprise offering help at home or in the local community. You don't need any care or business experience to benefit from the scheme, but you do need to know what good care looks like.

Local people might offer help with washing and dressing, cleaning, cooking, sitting and chatting, DIY, gardening and more. *Community Catalysts* who run the project are a UK wide social enterprise specialising in helping local people to use their talents to help others.

Your local *Community Catalyst* in Wrexham is **Tom Hughes** who would be very happy to answer any questions you have about the project and the support they provide. The project is funded by Wrexham County Borough Council so Tom's help and support is free to local people. To contact Tom to find out more: call: **07880 195 114** or email:

tom.hughes@communitycatalysts.co.uk

Do visit our Facebook page **Community Catalyst Wrexham** and see some of the newly launched Services Tom has helped to develop.

NORTH WALES AND LLANGOLLEN

TOY AND TRAIN SALE Saturday 19th February 2022 from 10.30am to 3pm at Llangollen Pavilion, Llangollen. Buy, sell or exchange, admission £2.50, enquiries **01643 702757** or **07966 694579**

Mae yna apwyntiadau ar gael o hyd yn eich ardal



Appointments still available in your area



ANWYL PARTNERSHIPS

WRENBURY DEVELOPMENT CEFN MAWR UPDATE

The site on Wrenbury Way, Cefn Mawr had been left unfinished since 2007 and was considered a 'blight on the community', having become rodent infested and a target for anti-social behaviour. Having acquired the site, *Wales & West Housing* successfully resubmitted plans to build a total of 34 quality affordable homes for rent, which Anwyl set to work on in June 2021.

Now as we come to the end of January 2022, we are making good progress due to the speed the timber kits have been constructed, plots 1 to 6 brickwork is nearing completion and a further 6 units are currently under construction. Over the next couple of weeks we will have a stockpile of timber off cuts for any of our local residents who wish to collect from site, this will help minimise any waste generated throughout the build, an update will be issued once we have enough for collection in the coming weeks.

We are also holding a coffee morning in February for any residents who wish to come and have a chat and see the progress we have made in person, again an update on this will be issued through a newsletter.

Here is a link showing the drone footage of the site on YouTube you might like to see look for *Construction at Cefn Mawr* <https://www.youtube.com/watch?v=hpoWpwyKgRw>



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Saturday 26th February

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CRNCA NEWS

Registered Charity Number 1122422

Tel: 07531 310335.

Bro Gwilym, Cefn Mawr LL14 3PA

Please note all the activities in the

Centre will follow current Covid guidelines, thank you.

Happy New Year to You All, keep well and keep safe.

Well despite everything we are up and running most of our clubs and looking forward to more improvements in the coming year .

Tuesdays: Changing Seasons 50+ Club from 12.30-2.30pm Chat ,swap books and information, do crafts, jigsaws, fancy a game of snooker or darts? Come along we have tea and bickies at the ready, small subs apply.

Wednesdays: Lunch Club Sit down for 12.30pm

This continues every Wednesday please remember to book a place as numbers are limited but we do have a few places free call **07531 310335** to book. Price £3 currently for 2 course lunch and hot drink, please note diets are catered for so do talk to Kris.

Wednesday Fun Club from 2-4pm.

Fancy doing games, playing cards. Reminiscing then come along for fun and games and a cup of tea or if you feel more adventurous do a little gardening!

Wednesday Woollies Knitting, Crafts & Natter from 2-4pm.

Learn, practice knitting, crocheting, loom knitting borrow and print patterns –have fun bring your own or use ours make something for yourselves, the family, a charity, the choice is yours –small subs apply.

Thursdays: Men's shed 10-12.30pm

Want to get out of the house and give a hand at the centre? Gardening, small DIY jobs, make something for yourself to take home or help raise funds for the charity or just chat and have a cup or three of tea and maybe a piece of toast? Do pop in we would love to see you.

Half Term Litter Pick

CRNCA will be organising a litter pick around the school during the half term, please come along and help keep your children safe on the foot paths by the school. We have the equipment we just need you to help so look out for posters with day and time.

We are a **Caru Cymru Litter Picking Hub** and litter picking equipment can be borrowed from the Centre, please call **Tyger** on **07532 780007**

If you have ideas for the Community or wish to hire the Centre please contact **Kris** on **07531 310335** or **Suzanne** on **07591 995141**.

Photo Copying We are able to offer photo copying for black and white up to paper size A3 and possibly colour to size A4 for a donation pop in when centre is open Tuesday, Wednesday or Thursday mornings from 10am.

Diary Marker for CRNCA Open Morning & Mini Market on Saturday April 2nd from 10am to 1pm

Come along and see what is happening in the building and what our future plans include.

Maybe offer to volunteer in some way.

There will be refreshments, stalls including crafts and gifts along with useful community information and a great chance to pick up a lovely Easter gift or two.



ERDDIG & CHIRK CASTLE NATIONAL TRUST

Hooray our blanket project is back for 2022 so knitting needles and crochet hooks at the ready, we need you! It's always humbling to see how many people are happy to help us provide a little blanket cwtch from us all to families supported by **Home-Start Wrexham** in time for Christmas 2022.

What we need is squares that are 15cm x 15cm in double knit (DK) or Aran yarn, both knitted and crochet squares are welcome. Squares can be in any colour and have any design, though some pastels this year would be lovely so we can make baby blankets Drop completed squares in to us here at *Erddig* or at *Chirk Castle Ticket Office* up to the end of November 2022 so we can make them up in time for Christmas. If you can't make it to us then you can also post any squares to us at **VCI Team, Blanket Project, Erddig, Wrexham, LL13 0YT**

Pram blankets are also very welcome if anyone would like to make a blanket as a whole project to keep little legs warm on an adventure. Thank you so much in advance for anyone who can spare a little time and wool to this fantastic campaign.



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CHURCH NOTICES

CEFN MAWR CHRISTIAN FELLOWSHIP



Dear all, here we are entering the month of February, the month we think of for Valentine's Day and LOVE! Do you remember that old advert asking who you would give your last Rolo to? -

suggesting that it would have to be someone REALLY special in your life!! So who would you give YOUR last Rolo to? Who would be that very, very special person to you? Or who would you go to the ends of the earth for, to show just how much you care for them in showing your love for them? Perhaps even wishing you could stand in their place because of their sickness or suffering at this time?

Christmas is now weeks behind us and we may have put behind us all the celebrations we shared? Gifts have been unwrapped and some forgotten, but there is one gift that just keeps on giving, if you believe in the birth of Jesus, because He was God's gift to us to show us just how much He loves each one of us. Jesus was God's only Son, He was given to the whole human race as the greatest gift of love by his Father. He was born as a human being, walking on this earth, growing from child to man, knowing and understanding all the hard things which life throws at us! But then giving himself willingly to die in our place on a cross - for the wrongs we each continually do in our lives - taking our place, so that we can receive God's everlasting love, forgiveness and a brand-new start, putting all our regrets behind us!

Perhaps you feel you wouldn't be accepted? But at **CaféChurch** everyone is welcome and have the opportunity to question and talk about these things in a really friendly atmosphere around tea, coffee and cakes, with absolutely no pressure. **CaféChurch** is held on the 1st Sunday in each month at the CRNCA from 10.15am and we'd love you to come along. Or maybe you'd feel more comfortable coming along to one of our Thursday Social Evenings which are held 11 days after each CaféChurch? Perhaps you'd like to know more about either of these? If so, please call **Colin** or **Rowena** on **01978 824785** or leave a message on our answer machine and we WILL call you back. Every blessing for 2022!

CATHOLIC CHURCHS

Llangollen, Chirk and Ruabon churches are open for Mass, Llangollen Saturday at 6pm, Chirk Sunday at 9am and Ruabon Sunday at 11am. please see local Church Notice Boards for more information, thank you.

For other devotions including weddings, births, confessions and funerals please contact:

Fr John Bosco Bukomba by email at:

[PriestRuabon@rcdwxm.org.uk](mailto: PriestRuabon@rcdwxm.org.uk)

RHOSYMEDRE METHODIST CHAPEL

The Chapel is now open for worship every **Sunday** at **11am** All are welcome.

For more information please call **01978 821177**.



ST JOHN'S CHURCH RHOSYMEDRE

Hello Everyone, My name is the Rev'd Phil Bettinson, and I'm helping run St.



Thomas' Church, Penycae, and St. John's Church, Rhosymedre. We have exciting plans for the coming year, COVID-19 allowing. Like any church, we are always looking for volunteers. You don't have to be a member of the church, or particularly interested in religion. If you are an outdoors type, we need someone to help us cut the grass and to look after our graveyard. We're looking to set up a little group to turn it into a really useful community space. We've always got something going on, and if you would like to volunteer to do things like help us open our buildings during the day, or be a listening ear, or whatever, please do let us know. There's always plenty more that we can offer.

At the moment, our churches are running one service a Sunday, but hopefully this will change as we move out of COVID-19. Our Services are on Sundays at 11am, and everyone is welcome to just come along and join us. For wedding or baptism enquiries please contact me tel: **01978 846204** or e-mail: PhilBettinson1@churchinwales.org.uk If you want to just keep in touch with what we are doing, you can follow us on Facebook @ **Hafod Family of Churches** on Twitter (@**HafodFamily**), or even on Instagram! **Hafod Family**. I look forward to meeting you all, Rev'd Phil Bettinson



LLANGOLLEN GROUP OF ANGLICAN CHURCHES

Weekly **Mass and Communion** on **Sundays 11am** at **St Collen's**, please observe current covid guidelines. **Trevor Church 1st to 3rd Sundays** Morning Prayers at 9.30am, **4th Sunday** Mass at

9.30am.

EXPAND Are you interested in the metaphysical and conversations around consciousness? **'Expand'** is a new meet up group in Llangollen for people of all backgrounds and beliefs to discuss and explore all things relating to consciousness and universal intelligence. The idea is that we meet up regularly and informally at a local pub one evening every couple of weeks. To register an interest, please email: Frleetaylor@hotmail.co.uk

BELLRINGERS St. Collen's has a fine ring of eight bells. Practice Nights are **Wednesdays**, 7.30 pm to 9 pm. Sunday ringing is 10.30 am to 11.00 am (but please check on a 5th Sunday in the month). Bellringing can be a rewarding hobby as well as a service to the church and new ringers are always welcome. For more information please contact **Richard Archer-Jones** at ricarcher.j@macunlimited.net or **Ruth Stevens** erstevens@btinternet.com or call **07970 281987**.

COMMUNITY SUPPORT

LLANGOLLEN FOOD SHARE HUB



At the Castle Street end of Market Street Car Park, off Market Street. If you have queries or trouble finding us please call **07835 261343** or Facebook

us. Open for food share **1 - 2pm each Wednesday**. Open for donations on **1st and 3rd Tuesday** of every month from **10 - 11am**. **Crisis / Emergency support:** if you are in crisis or need some emergency support we can help out of hours please get in touch. If you want to talk in confidence about how we can help, message us on Facebook or text us on **07835 261343**. If you know of anyone struggling, please pass on our details for them to contact us. We can deliver to those unable to collect. *We also share supermarket surplus with the our community to stop food waste, do check our Facebook page for details as we usually post details of our Community Food Share when there is more than we need, help us save food from going to landfill. Just bring a bag and help yourself from the table outside. Food share is for everyone.*

WREXHAM FOODBANK PLAS MADOC



Wrexham Foodbank continues to provide emergency food parcels and toiletries to those in financial crisis.

Visitors can also receive blankets, hot water bottles, socks, gloves and fuel vouchers thanks to their Winter Support Project. To receive a food parcel you would just need to get a referral from somewhere that can help you with other support too such as your housing officer, social worker, health visitor, community agent, school or the Citizen's Advice Bureau. You can also call the **Help Through Hardship** free helpline on **0808 208 2138**. There are eight centres where parcels can be collected, but if you are unable to get there someone can collect on your behalf, or you can request a home delivery. A new centre has just opened at **Plas Madoc Leisure Centre** on Thursday mornings 10.30-12noon, using the red fire exit door by the main car park. This replaces the one that used to be at the George Edwards Hall Cefn Mawr. Donations to the foodbank can be made at their warehouse on Ruabon Road, open every Tuesday and Friday 10-3pm, or in most supermarket stores.

For more information about Wrexham Foodbank see their website www.wrexham.foodbank.org.uk, follow them on Facebook and Twitter. If you are interested in volunteering then please contact **Sally** on info@wrexham.foodbank.org.uk or **07538 547971**.

DISCLAIMER

*Whilst **The Community News** makes every attempt to ensure the accuracy and reliability of the information contained in these pages.*

***The Community News** does not take responsibility for advertisements and articles which are the sole responsibility of the contributors.*

INDEPENDENCE AT HOME VISITING WARDEN SERVICE

Are you aged over 60?

Do you know anyone over 60? Would you/they welcome a reassuring visit?

Then we may be able to help you with our new Visiting Warden Service.

What does the Visiting Warden Service Offer?

Our Wardens are experienced in giving advice and support on the many circumstances and issues faced by older people, so they can:

-) Call regularly to see that you are well to help you look after your overall health and well-being.
-) Help you to contact health services, agencies or anyone else, if your health or wellbeing should change.
-) Advise and support in how to get involved in things that interest you. Give information and advice on services that are available to you.

The Visiting Warden cannot help with routine practical tasks, such as cooking, personal care or shopping, however they can provide advice and assistance with getting help with these services. During their first visit the Warden will ask you what help you feel you need, discuss the kind of support that is available and assess how many Warden visits you require. You can have a friend or relative with you at this discussion if you wish.

Who can apply?

The service is available to people aged over 60. You need to be willing to have a Basic Telecare package installed in your home. The Telecare service provides a telephone link, 24 hours a day, 365 days a year between your home and the Telecare Response Centre and enables you to call for help by pressing the pendant or activating a Telecare sensor in an emergency or when you are having difficulties. This service gives you the added confidence of knowing that there will always be someone to contact if you need help

What will it cost?

The current charge for the Visiting Warden is **£3.52 per week (Telecare is charged for separately). The charge is reviewed annually.** If you receive Housing Benefit you will not have to pay this charge yourself. If you are on a low income you may be eligible for a reduction in the charge and should apply for a financial assessment, which we can assist you with.

How to apply for the Visiting Warden Service

Contact the Supported Housing Team

Tel: 01978 315 460 or 315 453

Email: housing@wrexham.gov.uk

Post: **Housing and Economy Department, Ruthin Road, Wrexham. LL13 7TU.**

VETERANS GATEWAY We want veterans and their families to get the support they need, easily, wherever they are, or wherever they need it. We are the first point of contact to make that happen. When you need to be referred to the right help quickly, **Call 0808 802 1212** or **text 81212** visit our website <https://bit.ly/38UiaL2> or find us on Facebook, **open 24/7**



PLAS MADOC NEWS & UPDATES THE LAND



Plas Madoc Kettle Club is run by the AVOW Play Team (**The Land**) it's an informal, friendly group where parents, grandparents and carers can meet up and have a chat over a brew. People can also access support, advice and opportunities to attend free training. The group is free to attend and everyone is welcome. In addition the **Play Team** have dedicated parent support which can be accessed Monday to Friday. Please check our Facebook page for weekly details of times and where we are meeting. If you would like more information please contact claire.pugh@avow.org or find us on Facebook @ **WE ARE PLAS MADOC**

If you need help with anything you can get in touch with us on our Facebook page **We Are Plas Madoc** or you can call or text **07394 465113**. check to see what other things are happening please feel free to share this number with any friends and neighbours that may need support. **We Are Plas Madoc** have a website so if you'd like to learn more about the group head over to www.weareplasmadoc.co.uk

MUNCH AND BRUNCH

Munch & Brunch runs every **Tuesday at 10am** on the Plas Leisure centre overflow car park. Come along have a brew and meet new people.

FRUIT & VEG PACKS

Healthy Fruit, Veg & salad bags available at a total cost of £5 collection **Wednesday 10am-12pm** on the Plas Madoc Leisure Centre overflow car park. To order please message the **We Are Plas Madoc** Facebook page, email weareplasmadoc@avow.org or call **07394 465113**.

FREE ZUMBA SESSIONS

Wednesdays from 5.15pm-6pm at Plas Madoc

Leisure Centre. We have free Zumba sessions funded by the *Community Foundation Wales*.

Booking is essential as we have limited numbers please message us on our Facebook page to book on or call **07394 465113**

COMMUNITY SUPPORT HUB

Do you need help and support? Don't forget to check out The Covid-19 Community Support Hub in Plas Madoc Leisure Centre offering a wide range of help and advice if you feel you are struggling with any issues its not just Covid related but also life in general with CAB hopefully back some time in February, Warm Wales tel: **01352 711751**, North East Wales Mind tel: **01352 877909** or email: activemonitoring@newmind.org.uk and **Wrexham Foodbank** on Thursdays.

LITTLE SUNFLOWERS



Open to Flying start Families and Rising 4's. Please contact **Sharon** on **01978 813914** for information on all services available, or message Little Sunflowers Avow Facebook page thank you.

PLAS MADOC LEISURE CENTRE



Acrefair LL14 3HL

Timetable for fitness classes, squash courts open and the sports hall is available for badminton. Our soft play area is also open. Please note our

Changing Room / Pool opening has been delayed due to unforeseen issues with deliveries of building supplies due to the pandemic. We will be open from Tuesday 8th February so please check our Facebook page for more information. For information on our Gym, classes and other facilities check out our website at <http://www.plas-madoc.com/> For bookings please call **01978 821600** email: info@plas-madoc.com Check our Facebook page for updates.



PSCOs PLAS MADOC SURGERY

PCSO's Lloyd and Bellis-Jones held a police surgery at Plas Madoc Leisure Centre last month. Thank you to the Leisure Centre for allowing us to use the Café. It was great to have the chance to

chat and share our useful crime prevention advice and leaflets and to answer your questions. We have noted your comments. Keep an eye on our social media for our next event.

WCBC BENEFITS ADVICE

Our Welfare Rights Unit provides telephone advice to Wrexham residents on all matters relating to Social Security entitlements including advice on Universal Credit, Jobseekers Allowance, disability benefits and so on. Please call **01978 298225** between **9.30am and 12pm, Monday to Friday**.

ADVANCED BRIGHTER FUTURES



We have a great FREE online support group for parents with a baby not yet walking starting this **March**. 'You & Your Baby' involves several weekly sessions aimed at challenging negative thoughts, feelings and behaviours and making lasting, positive changes in your life. The group also provides a great opportunity to meet other parents and connect with new people in the community. On Mondays and Tuesdays starting 28th March, 2022 over 3 weeks from 10:30am - 12pm. Access online via Zoom video conferencing software. If you are interested in attending please register here <https://bit.ly/3G0wfse> or go to our Facebook page and follow the link, thank you.

PLAS MADOC POST OFFICE & TOP SHOP
Mondays to Saturdays 7am to 7pm and
Sundays 8am to 8pm. Please help us by following the Guidelines when shopping thank you.
Tel: 01978 820729

WCBC APPLICATION FOR NURSERY

Please be aware the closing date for **September Nursery Applications** is the **18th February 2022**. If you have not applied for your child, please do so using the on-line service found on the Wrexham Council website. Alternatively paper applications are available by contacting **School Admissions** on **01978 298991** or email admissions@wrexham.gov.uk

WCBC WINTER FUEL SUPPORT SCHEME

Eligible households can claim a one-off £100 payment to provide support towards paying their on-grid winter fuel bills. The payment will be available to all eligible households regardless of whether they pay for their fuel on a pre-payment meter, by direct debit or by paying a bill quarterly.

To check your eligibility and make a claim go to the WCBC website at www.wrexham.gov.uk/service/winter-fuel-support-scheme

Your household will only be eligible if you or your partner have not received a payment under the scheme before. All applications must be received before the 18 February 2022. Payments for successful applications will be made from January through to end of March 2022.

WCBC ESTATE OFFICE UPDATE

Please note that the Plas Madoc Estate Office is now open to the public on a strictly 'one in' and 'one out' basis adhering to all social distancing rules and the mandatory wearing of facemasks whilst attending the office (unless medically exempt).

We are open for all queries and advice and our Kiosk is open for the payment of rent and council tax by card only as we no longer accept cash. Reception open to the public 9 am – 4.30 pm **Mon – Thurs**, 9am – 4pm **Fri**. Our staff are now out and about on the estates but if you want and interview with an officer, these are by appointment only. To arrange an appointment, please telephone **01978 292061** where we can book a slot for you to attend the Plas Madoc Estate Office. Or we can visit you at your home if your query is unable to be dealt with over the phone, whilst still adhering to all COVID-19 guidelines and wearing the appropriate PPE. We must ensure that our staff, tenants and residents are still kept as safe as possible during the on-going pandemic.

If you have **URGENT OUT OF HOURS HOUSING REPAIRS** contact housing on **01978 298993**.

REPORTING STREET LIGHTS

Street Lighting for Cefn Community Council area

These lamp posts will usually have a number on them and should have all been upgraded to the new energy efficient bulbs and should be reported to the Clerk who can be contacted on **01978 821298** or by email: cefnmawrparish@btconnect.com

WCBC Street Lighting

Typically these are the lights on main roads, and some estate lights please use the facility online at: <https://www.wrexham.gov.uk/service/street-light-reporting>

TY MAWR COUNTRY PARK UPDATE

The park is fully open, to check Kiosk opening times look on Linden's Cupcake Facebook page. The toilet block is also open. Do you have fruit and vegetables that you are going to get rid of cos you will not use them? If you do, did you know we can use the to feed some of our animals? Please can you drop them off by the Barn thank you. For park information please call **01978 822780** or email: countryparks@wrexham.gov.uk

RUABON LIBRARY ART EXHIBITION

Throughout February you can view an art exhibition at Ruabon library by local artist **Malcolm Hughes**. His striking paintings cover subject such as Y Gadair Ddu Hedd Wynn, The Old Armchair, Oak at Erddig and Crucifixion & Three Clowns. This fascinating exhibition is free to view. For more details and opening times call the library on **01978 822002**



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Do you have what it takes to be an Air Cadet? Want to get involved in the fastest growing Youth Organisation in the UK and get the opportunity to try your hand at the multitude of activities on offer? 1251 Squadron will have the next intake night for new cadets on **Monday 14th March** at 19:00hrs (7 pm). If you want to get involved and challenge yourself come along and see what's on offer. For further information contact **01978 821191** (Monday and Thursday evenings) or e-mail **1251@aircadets.org** Failing that just turn up (preferably with a parent) at **Sqn HQ, The Green, Ruabon, Wrexham, LL14 6DP** Monday 14th March.



BECOME A REFEREE!

Over the age of 16 and interested in becoming a fully qualified Referee? The North East Wales Football Association (NEWFA) are currently offering a reimbursement on the two courses available to become a Referee.

The £25 course - which is just the online course itself - will be fully reimbursed after qualifying to become a referee and fulfilling 5 senior matches.

The £70 course - which includes the online course, a one-to-one practical session and full matchday pack (which includes referee necessities i.e. whistles, flags, cards, and notebook) - will be reimbursed half of the fee (£35) after completing 8 senior matches, and the other half after completing 15 senior matches.

For more information, please visit www.becomearef.wales, or email NEWFA Referees Officer **Steve Jones** at ronewfa@gmail.com.

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CEFN LIBRARY UPDATE

All of our library buildings are fully open and following current Covid guidelines. You don't have to make an appointment to visit. However, if you wish to visit at a quiet time or would prefer a click and collect service, please do give us a call and we can assist you with that.

We have photocopying facilities available but unfortunately we are still unable to provide computer access. We also have a daily copy of the **Leader** available.

Mondays

Citizens Advice have made the decision to halt their face to face sessions for a short period until the situation improves. This will be reviewed in February so hopefully they will be back soon. In the meantime, if you need to speak with an advisor, you can call **01978 364639** - This will take you to an answering machine, please leave your name, telephone number and post code and someone will return your call.

Knitting and Crochet group meet **every Monday from 2-4pm**. Pop in and join this friendly bunch, bring whatever you are working on or just come for a natter! Tea and coffee available but please bring your own cup.

Wednesdays

Cylch Ti a Fi from **1.30-2.30pm** have re started for their spring term, the group runs every week and is aimed at under 4's and is suitable for welsh and non welsh speaking families. In **Ti a Fi** your child will learn and sing simple welsh songs, listen to welsh stories and take part in simple craft activities. The sessions are free of charge but places must be booked in advance.

To book, please contact Llinos on **07483324364** or email: llinos.rowlands@meithrin.cymru

Book Sale We currently have a large book sale of redundant adults and children's stock. Hardbacks are £1 and paperbacks 50p

Half Term As part of Wrexham libraries *Winter of Wellbeing* Xplore! will be running sessions through-out all of our Libraries. These are FREE events but spaces are limited so booking is required. Xplore! will be running a construction theme session at Cefn Mawr library on **Monday 21st Feb 2-3pm**. This particular session is aimed at ages 3-8. To book please pop in or phone **01978 820938** Other sessions are available in other libraries and some are suited to older age groups.

BLUE SACKS AND GREEN CADDY BAGS

we are now a distributor for household recycling bags, if you need any just pop in and ask.

To join the library you just need to bring a proof of address like a utility or council tax bill and we can issue your library card there and then, this will give you access to all our books, on line offer including Ancestry, e-books, e audio books and more.

If you need more information please call us on **01978 820938** or email

cefnmawr.library@wrexham.gov.uk

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Tesco's Cefn Mawr along with most of its stores are dimming the lights and lowering the noise of the checkouts from 9am until 10am, every **Wednesday** and **Saturday**, as part of its "quiet hour" scheme for vulnerable shoppers. Tesco says the scheme is designed to help

those with hidden disabilities in its stores, as well as elderly people. People can feel, see and experience the world differently, and for our customers with autism, the shopping experience may sometimes feel a bit overwhelming. A calmer environment can also be better for our elderly customers, those shopping with young children, or our customers who may be struggling with mental health.

Don't forget we are now back to voting for projects for our **Community Grant Awards**. Currently we have *Rosset & Burton Village Hall*, *Harvest UK* and *Young Lives vs Cancer* who used to be CLIC Sargent, so do remember to get your token and vote each time you shop.

Do you know how long we have been here in the Cefn Mawr community? In March we will be celebrating our 10th year, thank you for having us.

We enjoyed visiting the **CRNCA Lunch Club** at Christmas with Santa and our Little Helper Elves and we also enjoyed a Christmas Dinner with the Lunch Club members.

We have been supporting many Community groups over the last couple of months, get in touch if we can help. Just message our Tesco **Cefn Mawr Community** Facebook page, or leave a message with the Customer Service Desk thank you.



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Dee Valley Water 01978 833200
Dee Valley (Leak Line) 0800 298 7112
MANWEB / Scottish Power 0845 2722424
Welsh Water 0800 0520130
Cefn Community Council 01978 821298
ACAS 0300 123 1100
Age UK: 0800 169 6565
Alzheimer's Society 0300 222 11 22
CALL Community Advice & Listening Line
0800 132 737 or text 'help' to 81066
Cambrian Credit Union 01978 266843
Caritas Surgery Cefn Mawr 01978 720450
Childline: 0800 1111
Citizens Advice 0300 330 1178
Citizens Advice Bureau, 01824 703483
Social and Welfare Service
Citizens Advice Bureau, 0844 826 9690
Legal Service
Community Fire Safety 01745 352693
Consumer Direct Wales 08454 04 05 06
Crane Medical Centre 01978 810844
Crime Stoppers 0800 555 111
Dementia Help Line Wales 0808 808 2235
District Nurses Plas Madoc 01978 812163
DAN 24/7 Drug & Alcohol Help Line 0808 808 2234
or text 'DAN' to 81066
Domestic Abuse Safety Unit (DASU)
01978 310203
Domestic Violence Hotline: 0808 2000 247
Floodline 0845 9881188
Home Fire Safety Checks 0800 169 1234
Live Fear Free 0808 8010 800
Macmillan 0808 808 00 00
Men's Advice Line 01823 334244
MIND 0300 123 3393 or text 86463
National Drugs Helpline 0800 776600
No Panic . Don't suffer alone, pick up
the phone. **0844 967 4848**
RNIB 020 73881 266
Samaritans: 116 123
SHOUT 24/7 free (on major networks) text
service for anyone in crisis any time. Text **85258**
The Mix Young Peoples Helpline 0808 808 4994
Universal Credit 0800 328 5644
Wales Domestic Abuse Helpline 0808 8010800
Working Families 0300 012 0312
Wrexham Care & Repair 01978 268120
Wrexham Dog Warden 01978 298989
Dog Warden Out of Hours 01978 292055.
Acorn Kennels 01948 662931
Wrexham Communities for Work
07976 200414 or 07976 200413
Wrexham Maelor Hospital 01978 291100

USEFUL WCBC NUMBERS

OUT OF HOURS EMERGENCY NUMBERS

WCBC Out of Hours 01978 298989

Emergency Council Housing Repairs
01978 298993

Social Services 0345 053 3116

Emergency duty team

Highways 01978 292055

Telecare 01978 292055

Adult Social Care 01978 292066

Social care services for adults & older people

Children's Social Care 01978 292039

Social care services for children & families

Business 01978 298990

Business rates & licensing

Education 01978 298991

School admissions, term dates, free school
meals, school transport

Finance 01978 298992

Council tax account queries, Council tax support,
payments, benefits

Housing 01978 298993

Housing repairs

Planning & Building Control 01978 298994

Planning permission, advice & guidance

Pride in Your Streets 01978 298989

Waste collection, street cleanliness, street
lighting

Transport 01978 298996

Blue Badges, bus passes

Welfare Rights 01978 298225

Wrexham Family Information Services

01978 292094

More services 01978 298997

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to:[https://www.arrivabus.co.uk/coronavirus/
important-service-information---wales/](https://www.arrivabus.co.uk/coronavirus/important-service-information---wales/)

For the **Oswestry/Wrexham and Wrexham/
Cefn Service** please go to:

[https://www.arrivabus.co.uk/coronavirus/
important-service-information---midlands/](https://www.arrivabus.co.uk/coronavirus/important-service-information---midlands/)

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The Fron Male Voice Choir is back at Ysgol Acrefair Primary on Mondays and Thursdays, 7pm until 9pm and further good news is that they are recruiting for 2022. They have vacancies in all four sections (email fron.choir@gmail.com for further details) Choral experience and singing experience, although helpful, is not necessary. You do not need to read music; you simply need to be open to embracing a fantastic new hobby and having a lot of fun on the way!

RUABON COMMUNITY AGENT

Supported by Ruabon Community Council, the Community Agent works with over 50's in Ruabon providing easy access to a wide range of information to help people make informed choices about their present and future needs. You are not sure who to turn to and you live in Ruabon? Or if you just want to chat about concerns or issues that may be bothering you? As restrictions start to relax perhaps we can arrange to meet and talk things through and identify a way forward – the service is free! Contact Community Agent **Paul Tincello** tel: **07947 530140** or email: communityagentruabon@gmail.com

PLEASE LIKE OUR FACEBOOK PAGE
Community News Cefn Mawr, Dee Valley & District. We post an electronic version of the newsletter there which you can download and share with friends and family who live away. We keep updating this page with news and information from our advertisers and their businesses, services and events.

We also post an album of photos that includes the ones we could not fit in to this edition of the newsletter.



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YSGOL RHIWABONS DOUBLE PTI AWARD

Ysgol Rhiwabon have been awarded the PTI Subject Leadership Programme Mark for outstanding teaching in History and Science. The PTI launched the Subject Leadership Programme in 2007 to recognise and reward school departments that develop inspirational ideas and activities which enhance the teaching of Art, English, Geography, History, Latin, Mathematics, Modern Foreign Languages, Music and Science, regardless of their pupils' backgrounds or abilities. Our History and Science departments received the Mark in recognition of the work they carried out in 2020/21. Mrs Melanie Ferron-Evans, Headteacher, said: "We are delighted to have been awarded the PTI Mark for our History and Science department's innovative work, and will be proud to carry the Mark on our stationery and website as evidence of our commitment to inspirational teaching." The PTI's Subject Leadership Programme is open to all state secondary schools in England.



To become members, school departments must demonstrate their commitment to increasing teachers' subject knowledge, and to furthering their students' understanding of and enthusiasm for the subject, regardless of their background or ability. To achieve the PTI Mark, departments have to demonstrate that they have increased the challenge within their subject curriculum, developed their staff's specialist subject knowledge, developed subject-based links outside school and enthused their pupils through subject-based activities beyond the curriculum. After three years of Subject Leadership Programme membership, departments may choose to join the Research Programme by devising an advanced multi-year programme in one of these areas. As Research Programme members they will share their growing expertise with others in the Subject Leadership Programme to the benefit of all. To find out more about the Subject Leadership Programme, please visit www.ptieducation.org.

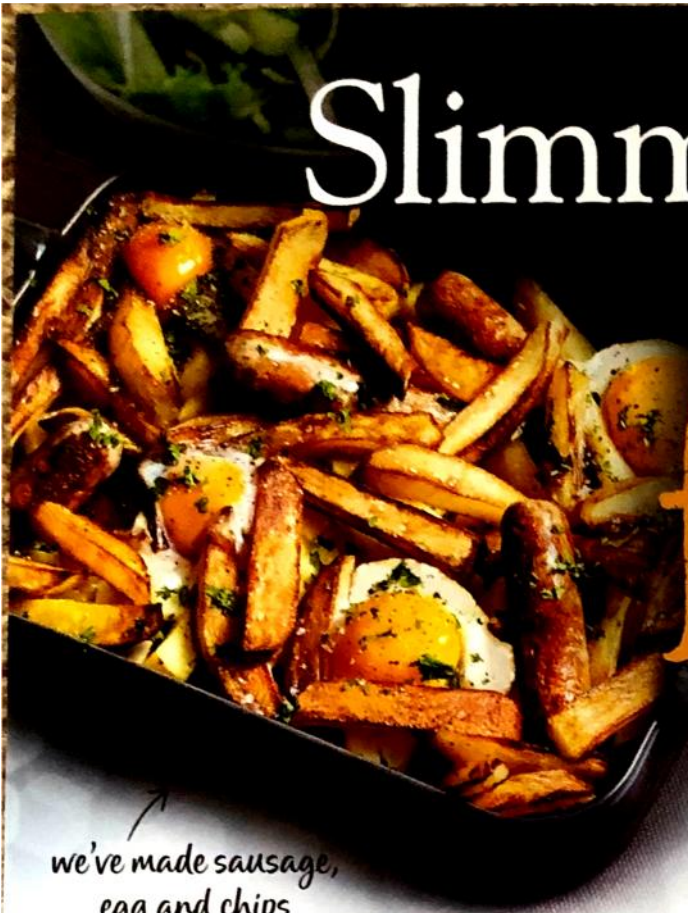
SUPPORT FOR YOUNG PEOPLE

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Young Minds text YM to **85258** for urgent help
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Childline online, on the phone **0800 1111** anytime
Samaritans 24/7 **113123** - free or email
jo@samaritans.org
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Or **pat@papyrus-uk.org** prevention of young
suicide, open 9am-midnight daily
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DEFIBRILLATOR FOR COMMUNITY SOCIAL CLUB



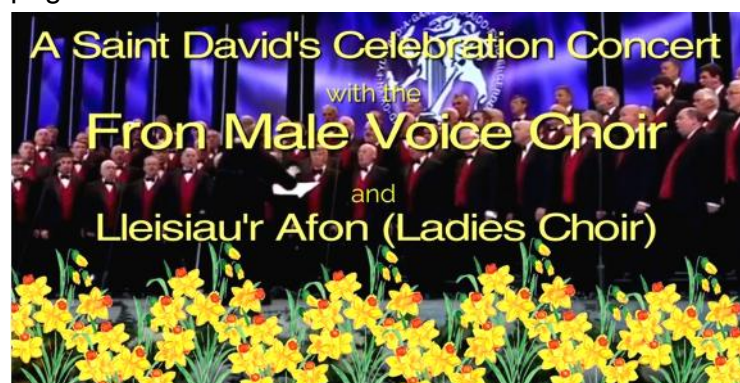
We have just installed a defibrillator at the front of the club for community use and it is registered with North Wales Ambulance Service. If anyone close by calls 999 and a defibrillator is needed, the ambulance service will direct them to the club and give them the security code to be able to access it. This supports the one already in Ty Mawr Country Park, the funds were raised by the **Cefn Albion Football Team** from a sponsored bike ride last Summer 2021- many thanks to them.

Thursday 10th February we are holding a special **Valentines Charity Prize Bingo & Raffle** for **The Anthony Nolan Trust** in support of **Courtney Lloyd**, as a club we are pleased to help this charity. Doors open 6pm and eyes down 7pm, with lots of fabulous prizes to be won, ticket prices are £1 a sheet or £6 for a full book. We have 1 free game just for the kids with a goodie basket up for grabs! There will also be 1 six-page money game at the end for adults only, with all money in being paid out.

Anne, Courtney and family would like to thank you all for your very kind support.

RAISE THE ROOF COMMUNITY CHOIR

We will be resuming our singing sessions on Thursday, February 3rd at **St John's Church, Rhosymedre** as usual and start time is 7pm. No technical knowledge of music is required, just an enjoyment of singing. We sing a wide range of popular and well-known songs. Our plan, as we grow together in our singing, is to be able to go out and sing sometimes at community events. We are looking for more people to come and join us, so please feel free to come in on Thursday nights — you will be very welcome. Seating is across the nave of the church and do bring a mask if you prefer to, although we don't wear masks during the singing itself. If you have any questions you wish to ask, please contact our choir leader, **Nova Evans** on nova.4song@gmail.com or you can look us up on the **Raise the Roof** Facebook page.



The Fron Male Voice Choir is putting on a St David's Celebration Concert, at the Stiwt Theatre on March 5th at 7.30pm. Their guests for the evening are Lleisiau'r Afon a Ladies Choir from Carrog. Tickets £12 full, £10 concessions to order please go to <https://stiwt.ticketsolve.com/shows/873630941> Box Office 01978 841300

Tel 01978 821345 Email cefn.mawr.club@outlook.com

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MUMS RELIEF AFTER RADICAL OPERATION PUTS A SMILE BACK ON HER DAUGHTERS FACE

Dawn Harwood, of Rhosymedre, revealed it was the best Christmas present ever for her 11 year old daughter Serenity who shed a tear this Christmas as it was the first Christmas she'd had without being in pain. Mrs Harwood, as a Mother had had to watch unable to take away the 'unbearable pain' that her daughter had been in due to bilateral CTEV (congenital talipes equinovarus), commonly referred to as 'club foot'. The condition affected both of her feet and required her to have several surgeries and continuing treatments. Having had 11 years of pain, Serenity decided that she wanted to have a below-the-knee amputation.

The operation took place in November at The Gobowen



Orthopaedic Hospital, and went extremely well and six days later she was able to be discharged home .

Serenity left the hospital with a smile on her face and pain free!

She has already returned to school and is due to collect her prosthetic limb early this month (February).

Dawn said: "She's coping really well, the consultant is amazed with the progress she is making which is really good.

She was back at school in Ruabon for the start of the term, the school have been brilliant through everything, with the way they have set things up to accommodate her back into school. Me and her dad are very, very proud of her, she was in hospital for six days and all she had was Calpol and ibuprofen. She's coped really well with her crutches and the walking frame and now all she uses are the crutches and the wheel chair.

She tells me that she doesn't regret it at all, she's constantly got a smile on her face although she did have a little cry over Christmas, as it was the first Christmas she had with no pain."

Dawn has previously spoken about the great pain her daughter has been through in her life and about wanting to raise awareness about the condition, as she herself knew little about it prior to Serenity being born. Now after years of seeing her daughter struggle and battle through the pain, it seems that Serenity is finally pain free. We wish Serenity every success in the future and hopes she keeps sharing that lovely smile.



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SIMULATOR OFFERING A GREAT OPPORTUNITY



Our clients on the **Communities for Work Plus programme** have been offered the opportunity to try a ground-breaking piece of new technology to

be able to try their hand at folk-lift truck driving, digger driving and HGV driving. This simulator based in Xplore in Wrexham town centre gives people an opportunity to try these jobs to see whether this might be a future career for them or can be used as an effective training tool to develop peoples, skills in these areas.

Communities for Work has recently run an open day opportunity over two days where clients booked in and were given a half hour slot with an instructor provided by **Gatewen Training Ltd.**, to have a go. The feedback was really good from all of those who tried it. One said that it is so realistic and gives you a great idea of what it is like. Another who was unsure about his future career said "I thought it was great. This has given me the push to follow this path"

Please either text 66777

Email cfw@wrexham.gov.uk

or call 07976 200413 / 07976 200414 to sign up to the **Communities For Work Plus Programme**



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Communities for Work

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YSGOL CEFN MAWR NEWS

Welcome back We have been delighted to welcome our pupils back after the Christmas break. All staff have been pleased with the effort the children have made with their learning. The pupils in Nursery and Reception are Investigating Animals, Plants and the Winter season, Pupils in Year 1 and 2 are learning all about Celebrating Wales, Year 3 and 4 are Celebrating festivals. Our Year 5 and 6 pupils are learning all about Space through the topic To infinity and beyond. They have produced some fantastic work so far and are enjoying learning new information.

Active Wrexham Film We had a very exciting day in November with a film crew at our school all day and Liam Jones our Active Wrexham Sports officer. The film crew filmed our PE and wellbeing sessions. We were delighted to share with our parents, carers, pupils, staff and governors through our website, the video filmed for Active Wrexham is to promote the Create PE scheme which we use at our school. Ysgol Cefn Mawr has been identified as a school which shows good practice in sporting activities, health, and wellbeing. The pupils were an absolute credit to the school and the film showed how confident and happy they are in their sessions. Well done everybody!

Thank you to Cefn Community Council A big thank you to Cefn Community Council for donating £200 to school for the pupils. We have purchased two new stereo systems for the pupils to use during their creative arts lessons.



Cefn Mawr Playgroup

Bright Stars are really enjoying being in Ysgol Cefn Mawr School and we have had lots of positive feedback from our parents.

We are looking forward to moving into our new home when the building is complete hopefully in April. To contact us please call **07745 309353** or email Cefnplaygroup@gmail.com or you can message us via our Facebook page.





We hope All had a Good Christmas, Happy New Year and liked the Christmas Tree at the centre of our community outside the Ebenezer. My apologies once again for calling off the Lantern March and Carol Service but hopefully we will be able to run this at Christmas this year.

In accordance with our Environmental Policy at the Holly Bush Inn, we recycle all our waste and even the Christmas Tree has been put to good use. Lama treats for Pedro and Carlos down at Ty Mawr Country Park and logs for our woodburning stove.

So, if you fancy a beer beside a crackling log fire, then the Holly Bush Inn is the place to be. Work on the Ebenezer continues when we can and our resident snooker team are doing very well and hoping to win both the Wrexham and Oswestry Leagues, amongst other competitions. Good going by the Cefn Snooker team.

At the Holly Bush Inn our Pool Team has done well and we look forward to the 2022 season. We are also looking to start a Darts Team this year so if you would like to join, please call in and let us know. We hope to offer a good selection of entertainment this year for you all to enjoy.

Many people have asked us about the Old Bookies, and it is our intention to reopen the bookies, but this is not easy, and some work is required in the shop as well as obtaining the required permits from WCBC and the Gambling Commission. These cost a lot of money and because of the expense of the Ebenezer last year, we have had to put The Old Bookies on hold for now. Still, we will keep trying and move forward when we can.

Regards, David Metcalfe, Cefn Community Councillor & Dee Valley AONB Champion.

www.pkcgroup.wales

Holly Bush Inn, Cefn Square, Cefn Mawr, Pontcysyllte World Heritage Site, Wrexham, LL14 3AE, Tel 01978 449 814