

# LICHFIELD HOCKEY CLUB

### WELCOME PACK









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### WELCOME



Welcome back to yet another thrilling season of hockey!

To all newcomers, we extend a heartfelt greeting to our club. As a club that prides itself on its warm and inclusive environment, we offer hockey experiences for individuals of all ages and skill levels. We trust that you'll find this information pack to be a valuable resource.

For our returning members, whether this marks your second year or your thirtieth, we hope your enthusiasm for another season with Lichfield Hockey Club is soaring.

One of the hallmarks of our club has always been the diverse array of opportunities we provide for our members. Our commitment to fostering a hospitable ambiance remains unwavering, regardless of your proficiency on the pitch. With our splendid clubhouse, dedicated pitch, and a multitude of teams and coaching options spanning juniors, seniors, and masters, there's a place for everyone here. As our club continues to evolve in these recent years, we invite you to play a role in crafting the forthcoming chapter of our storied legacy.

On behalf of the committee, I extend my best wishes for a season brimming with joy and success. Here's to the exciting journey ahead!

Neal Chair of Lichfield Hockey Club



### About Us

Lichfield Hockey Club, formed in 1961, has grown to become one of the biggest clubs in the Midlands. The club was recently re-awarded its England Hockey Clubmark accreditation which demonstrates that the club operates to a set core criteria and has good practices in place to ensure that we deliver quality hockey in a sustainable and vibrant club environment.

Through the winter season the club runs 6 men's teams, 7 women's teams, a development team, junior age group teams from under 8 to under 18 and a number of masters teams. Our Men's and Women's first team plays in the Midlands Premier Divisions, our men having just come out of the National League. During the summer months the club runs 6 summer league teams as well as a number of holiday camps for junior members.

Coaching sessions, run by our fully qualified coaches, take place throughout the week on our club pitch based at Lichfield Sports Club. Weekends are fully taken with hockey games and junior development sessions and tournaments. During the day the pitch is used by Lichfield Cathedral School whilst in the evening junior football takes place when not used by hockey. We run a 'Back to Hockey' session on Thursday and have completed a few 'Walking Hockey' sessions. We plan to extend these sessions as well as upskilling our coaches to be able to deliver 'Flyerz Hockey' sessions (hockey for the physically impaired).

Lichfield Hockey Club members have achieved recognition at both regional and international level with players representing their countries in World and European championships from age group to masters level.

The club has high aspirations to continue its development with an application almost completed to become an England Hockey Talent Centre whilst work continues to find funding to build a second pitch at the club. Coaching development will see the coaching programme in primary schools extended along with looking to offer more Back to Hockey sessions and the introduction of a Flyerz Hockey programme.

### CLUB STRUCTURE



Lichfield Hockey Club is part of the wider Lichfield Sports Club but maintains its own committee and leadership. Current members of the committee are:

President	Carol Rodgers		Head of Junior	Roger Beaney & Carl	
Chair	Neal Critchley		Development	Mears	
Secretary	Neil McGregor	1	Club Buzz Manager	Ange Mason	
Vice Chair Sports & Development - Junior	Dave Willenbruch		Communications Officer	Steph Hughes	
Vice Chair Sports & Development - Senior	Tony Wilmot		Pitch Secretary	Dave Willenbruch	
Vice Chair Finance & Operations	Vacant		Umpire Liaison & Discipline Officer	Neil Johnson	
Vice Chair Marketing, communications & commercial	Vacant		Facilities Manager	Tim Silk & Dave Willenbruch	
Women's Club	Alida Hill	1	Kit	Dave Bull & Neal Critchley	
Captain			Master Lead	Tony Wilmott & Karen	
Men's Club Captain	Dave Eastland			Geldard-Williams	
Treasurer	Neil Carpenter	1	Coopted Members	Steve Davies & Rob Gray	

Other roles are being developed to lead initiatives such as Flyerz and Hockey Heroes and well as the development of Player mentors.

We are a club run by volunteers and as such are always looking to encourage people to get involved with the operation of the club. Without this work, the club couldn't operate. Any members wishing to get involved should please contact a member of the committee.

### **GET IN TOUCH**

General enquiry		info@lichfieldhockeyclub.co.uk	
Chair	Neal Critchley	chair@lichfieldhockeyclub.co.uk	
Treasurer	Neil Carpenter	treasurer@lichfieldhockeyclub.co.uk	
Secretary	Neil McGregor	secretary@lichfieldhockeyclub.co.uk	
Men's Club Captain	Dave Eastland	dmreastland@btinternet.com	
Women's Club Captain	Alida Hill	alida.hill@icloud.com	
Welfare Officer	Dave Willenbruch	David.Willenbruch@ntlworld.com	
Pitch Booking Enquiry			
ClubBuzz Membership Secretary	Angela Mason	angelaemason16@gmail.com	
Clubhouse Hire	Steph Hughes	Lichfieldsportsclub@yahoo.com	

### CLUB STRUCTURE



### TEAM CAPTAINS

Team	Captain	
Men's 1s	Will Davies	
Men's 2s	Woody Bowen	
Men's 3s	Jack Allcock	
Men's 4s	Dave Eastland	
Men's 5s	Carl Mears	
Men's 6s	Martin Edwards	
Badgers	TBC	





Team	Captain	
Women's 1s	Rebecca Eastland	
Women's 2s	Ellie Paxton	
Women's 3s	Helen Miller	
Women's 4s	TBC	
Women's 5s	Ange Mellor	
Women's 6s	Angela Mason	
Women's 7s	Hannah Cox	

### LICHFIELD SPORTS CLUB



Lichfield Cricket Club (1843) and Lichfield Hockey Club (1961) both began life in Lichfield to bring sport to the City. In 1971 Lichfield Cricket and Hockey Club was formed to help manage the facilities of both clubs. Then based over at Birmingham Road the club made use of the fantastic grass pitches and rustic clubhouse for many years. With the development of the land for housing the club moved to the North of Lichfield in 2002 and their current facilities at Collins Hill.

### A Growing Club

Lichfield Sports Club was born out of the further development of Lichfield Cricket and Hockey Club. As the Club grew in its new home, new facilities were developed with the building of our astroturf and development of our field. The fantastic facilities soon attracted other clubs and whilst football teams at the club have changed over time, Whittington Rugby Club have become in integral part of the Sports Club.

### **Developing The Club**

Our partnerships continue to develop as we look to further evolve the Sports Club and widen its reach. Lichfield Cathedral school have partnered with us to use the facilities during the day whilst Chasetown Football Club now have some of their junior teams with us.

The Club has expanded its car parking to meet demand and has planning permission for another astroturf, a 3G football and more grass pitches.







### HOCKEY AT LICHFIELD





### WOMENS

We have 7 women's teams. Our Women's first team play in the Midlands Premier Division with our Women's 2s-7s also playing in the Midlands Leagues not far behind. Our Women's 7<sup>th</sup> being a development team. Juniors also have the opportunity to play in our Badgers team.

Women's training takes place on Wednesday evenings at the club from September to April with most matches being played on a Saturday.

During the summer we offer summer league hockey, available for all abilities.

### MENS

We have six Men's teams, all playing in the Midlands Leagues with the Men's  $1^{\rm st}$  team playing in the Midlands Premier division.

Men's teams train on Tuesday evenings at the club from September to April with most matches being played on Saturdays.

During the summer we run a number of summer league sides and are looking to expand these further.





### JUNIORS

We have a thriving and successful junior hockey section with our junior team competing in the England Hockey tier knockout cup and various junior leagues through the season. Training for under 12s takes place on Sunday Morning and Monday evening with our Under 14s and 16s training on either Tuesday (Boys) or Wednesday (girls) allowing to easy progression and integration into performance squads when they are ready.

Under 18s attend mixed training on a Thursday.

### **REGISTERING AS A PLAYER**

All players must be registered via the club website (<u>www.lichfieldhockeyclub.co.uk</u>) but <u>also</u> on the England Hockey Game Management System, (GMS). Players transferring from other clubs must also do this through the GMS system.

To access the GMS to register to log in please use the link below or paste the link into your brouser.

### HOCKEY AT LICHFIELD



### MASTERS

There are a wide number of opportunities for Masters hockey at the club with a number of teams entering Masters cups as well as social games most week. Last year we also ran our first Mixed Masters festival with great success.

We are very proud that we have Women's and Men's members of the club currently representing England or Wales in Masters Hockey as well as a number representing their age group at regional level too. For members interested in trialing, we share selection dates throughout the season.



### MIXED

Our mixed hockey recently started back up again with great success. The team came runners up in the Tier 2 championship and are looking to go even further next year.

### BACK2HOCKEY

Back2Hockey is aimed at players who may not have picked up a stick for a few years or looking to play for the first time.

Please get in touch with us if you would like more information about any of the ways you can play hockey with us.







### DEVELOPMENT

Whatever level of hockey you play, we are passionate about player development and run courses over the season aimed at gaining qualifications in umpiring and coaching. If this is something you would like to find out more about, please contact us.

## **MEMBERSHIP**



### **MEMBERSHIP FEES**

The annual subscription includes all training sessions and personal accident insurance. Subscriptions are taken equally by Direct Debit in September and January.

		Yearly	Match	
	Annual subs	Subs	Fee	
Option 1	Adult Membership (Paid Annually)	£375.00	£0.00	Yearly
Option2	Adult Membership, all in, paid in 2 parts 20th Oct & 20th Jan	£187.50	£0.00	2 payments
Option 3	Adult Membership annual subscription + weekly fees	£180.00	£10.00	Yearly
Option 4	Adult Membership annual subscription + weekly fees paid in 2 parts 20th Oct & 15th Jan	£90.00	£10.00	2 payments
Option 5	Retired or unemployed player all in subscription	£220.00	£0.00	Yearly
Option 6	Retired or unemployed player, all in, paid in 2 parts 20th Oct & 20th Jan all in subscription	£110.00	£0.00	2 payments
Option 7	Retired or unemployed players subscription with weekly fees	£80.00	£8.00	Yearly
Option 8	Occasional player up to 5 games	£0.00	£10.00	Weekly
Option 9	Student Membership all in (Paid Annually) person in full-time education	£220.00	£0.00	Yearly
Option 10	Student Membership All in paid in 2 parts 20th Oct & 20th Jan person in full- time education	£110.00	£0.00	2 payments
Option 11	Student Membership (Paid Annually + weekly subs) person in full-time education	£80.00	£8.00	Yearly
Option 12	Monday evening Veterans who only play vets (All in annual fee)	£100.00	£0.00	Yearly
Option 13	Monday evening Veterans who only play vets (Annual subs + weekly fee)	£50.00	£8.00	Yearly
Option 14	Vice President	£25.00	£0.00	Yearly
GK 1	Goalkeeper having bought their own kit all in subscription (All in Annual Fee)	£130.00	£0.00	Yearly
GK 2	Goalkeeper having bought their own kit all in subscription paid in 2 parts 20th Oct & 20th Jan)	£65.00	£0.00	2 payments
GK 3	Goalkeeper having bought their own kit (Annual Fee + weekly subs)	£0.00	£10.00	Yearly
	Goalkeeper borrowing club kit - Same as Adult league options.			
Junior 1	Lichfield Hockey Club Juniors not playing in Senior sides (All in Annual Fee)	£100.00	£0.00	Yearly
Junior 2	Lichfield Hockey Club Juniors not playing in Senior sides (All in Annual Fee) paid in 2 parts 20th Oct & 20th Jan	£50.00	£0.00	2 payments
Junior 3	Lichfield Hockey Club Juniors not playing in Senior sides Annual fees + weekly training fees	£45.00	£5.00	Yearly
Junior 4	Under 13 playing in Badgers teams only up to 20 matches on Saturdays (All in fee)	£190.00	£0.00	Yearly
Junior 5	Under 13 playing in Badgers teams only up to 20 matches on Saturdays (All in fee) paid in 2 parts 20th Oct & 20th Jan	£95.00	£0.00	2 payments
Junior 6	Under 13 playing in Badgers teams only up to 20 matches on Saturdays	£50.00	£8.00	Yearly
501101 0	(Annual subs + Weekly fee)			

An email is sent out on the 15<sup>th</sup> of each month giving members details of payments due and gives members time to check their statement before any money is drawn on the 20<sup>th</sup> of that month.

## MEMBERSHIP



### INSURANCE

The club is insured as part of our England Hockey Membership + affiliation via March and Bluefin Sport who are the appointed brokers to England Hockey.

As part of the England Hockey Membership + the club automatically receives the benefit of combined liability insurance for player, members, helpers, volunteers and employees, as well as Personal Accident benefits.

For full details on what is provided under our cover, please see the <u>England Hockey Insurance</u> <u>Page</u>

Hockey can potentially be dangerous, members should consider taking out personal accident insurance.

### FIRST AID

Every team has their own first aid kit. This is taken to every match and training session. There is also a first aid kit located in the container next to the pitch and in the clubhouse.

There are 2 defibrillators on site, one on the side of the club house and one in the dug out at the pitch. The code to the defib at the pitch is **C159Y**, members will also be given a card with the code to the box.

Members should be familiar with, and follow, the Lichfield Hockey Club Injury Reporting Policy (found on the Club's website <u>here</u>)

To report and accident or incident please use the form available via the <u>link</u> and email to the club secretary on secretary@lichfieldhockeyclub.co.uk



### COMMUNICATION

We will always communicate important club information through our website ClubBuzz email system, so please do keep your email up to date with us. We will also be making more use of our social media accounts over the season so please do give us a follow:



@Lichfieldhockeyclub



@Lichfieldhockey



@Lichfieldhockey

We would also love to hear your hockey news too, so please get in touch with us if you have news to share.

### TRAINING



### **Training times**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6pm - 7pm		Under 14 & 16 Boys	Under 14 & 16 Girls		
7pm - 8pm	Under 12 & 14 Boys & Girls	Mens General Training M3/4/5/6	Womens General Training L3/4/5/6/7	Masterclass programme Back to hockey	
8pm - 9pm	Masters Hockey	Men's Performance Squad M1/2	Womens Performance Squad L1/2	Matches as required Additional performance squad training as required	
9pm - 10pm					

### SATURDAY - Club games

SUNDAY - 9am -10am - Under 8 & 10s 10am - 11am - Under 12s



### KIT

Our official club kit is available via our supply partners, Printable Promotions. A wide selection of kit for both on and off the pitch is available via their website.

Please note that the playing shirts are bespoke made for the club by Adidas and as such there will likely be a delay getting the kit from purchase. Some items are from stock and will be available more quickly. For more information please speak to Printable Promotions.

Lichfield Hockey Club – Printable Promotions

For members playing league hockey a number will be required on your shirt. We have a centralised record of the numbers members have. To get a club number please email Neal Critchley (n\_critchley@yahoo.com).

## SAFEGUARDING

All young people have the right to be safe and enjoy their hockey. We all have a duty to safeguard and protect young people from harm. We take safeguarding seriously, as whilst we are an adult club we have a thriving junior section to ensure the longevity of the club. Any juniors joining the club must be happy and confident around adults. We strive to ensure that all captains, managers, coaches and officials who are working or volunteering with our young people have the appropriate level of safeguarding training, as it is vital that we maintain the high standards expected of us by our Governing Body, England Hockey, and protect those young people and volunteers alike.



What do I do if I am concerned about my child's safety, well-being or behaviour? •Club has 4 Child Welfare Officers – Dave Willenbruch, Ingrid Zanin, Becki Parsons & Neal Critchley

- •Please ask to speak with them and explain you concerns
- •All concerns will be taken seriously and investigated
- •All concerns will be treated in the strictest confidence, with only the people who can help the situation becoming involved if required

If you have any concerns about safeguarding or wish to report something to the club please email Dave Willenbruch, our lead welfare officer on david.willenbruch@ntlworld.com

If you would like any further information from England Hockey regarding their safe guarding good practise or have a concern to report to them please email <u>safeguarding@englandhockey.co.uk</u>



### RESPECT IN HOCKEY



Lichfield Hockey Club has adopted and follows the England Hockey RESPECT Code of Ethics and Behaviour.

ALL INDIVIDUALS WILL:

- Respect the spirit of fair play in hockey. This is more than playing within the rules. It also incorporates the concepts of friendship, respect for others and always participating with the right spirit.
- Respect the rights, dignity, and worth of others.
- Conduct themselves in a manner that takes all reasonable measures to protect their own safety and the safety of others.
- Promote the reputation of the sport and take all possible steps to prevent it from being brought into disrepute.
- Protect themselves and others involved in the game from verbal or physical abuse and threatening or intimidating behaviour.
- Never use inappropriate language or gestures.
- Abide by the EH Safeguarding and Protecting Young People in Hockey policy and Procedures and Good Practice Guidelines.
- Abide by the EH Equality Policy.
- Abide by the EH Anti-doping Rules.
- Take personal responsibility to ensure that they are suitably insured for their activities.

<image>

Hockey is a sport that should be enjoyed by all who participate, be it as a player, official, volunteer or spectator. By producing their RESPECT code, England Hockey believes that the highest standards of integrity can be held at all levels of the game and can therefore ensure the sport is enjoyable for everyone. The code applies to all players who are involved in hockey at all levels.

At Lichfield Hockey Club we take any breaches of the Code of Ethics and Behaviour seriously. If you believe that a breach has taken place, please contact the club via the contact us section of the website.

### **GET INVOLVED**



Lichfield Hockey Club relies on all our volunteers to enable us to deliver such a comprehensive hockey programme. Whether you are a player, an ex player, a parent or just a friend of the club there are plenty of ways you can get involved.

Here are some of the ways you can get involved and help the club:

- Become an admin manager for a junior team Assist the coaches in ensuring the smooth operation of the teams.
- Become an umpire
  - No qualifications are needed for younger age groups just a basic knowledge of the rules (which we can help with) and the ability to blow a whistle.
  - Sign up for an England Hockey endorse umpiring course.
- Attend a social event or come into the clubhouse after a game. Get to know other members /parents and help support the Sports Club.
- **Play hockey!!** We offer 'Back2Hockey' for adults of all ages and abilities, even if you've never picked up a stick you can get involved and give it a go.
- Sponsor LHC do you know someone who could sponsor an advertising board at the pitch or a team?
- Join the 200 Club and help raise money for the club and potentially win a prize.
- Help out at junior training Can you help our juniors grow and support our coaches. No experience needed but for those interested coaching courses can be arranged.
- Join the Committee Yes that might sound daunting, but we welcome and support anyone willing to help – in whatever small way. Skills we are looking for include leadership, finance, digital marketing, photography, website admin, fundraising etc.



### COMPLIMENTS & COMPLAINTS

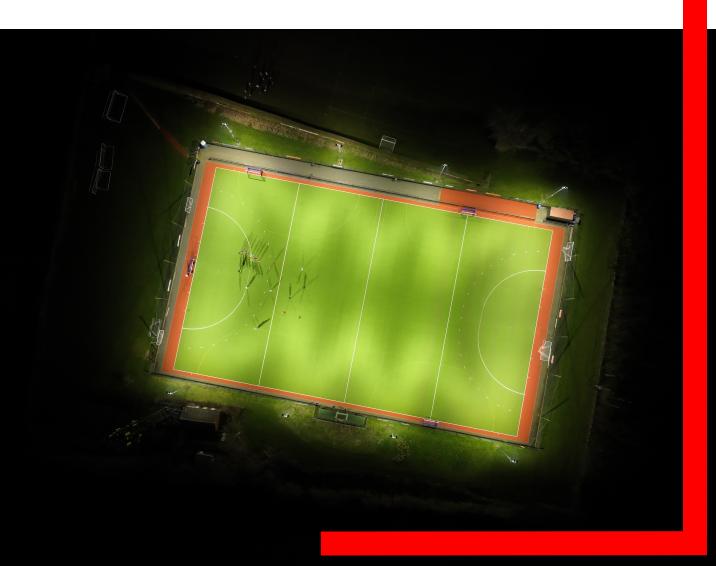


We are committed to providing a quality service for our members and guests and working in an open and accountable way that builds trust and respect.

We of course, hope to receive lots of the former, however we understand that there may be occasions that we don't get it right.

If you have a complaint about the service you have received from us, please let us know so that we can try to resolve the issue. We recognize that many concerns will be raised informally and dealt with quickly. An informal approach is appropriate when it can be achieved. But if concerns cannot be satisfactorily resolved informally, then the formal complaints procedure should be followed.

For more information on how to do this please see our full complaints procedure on our website.



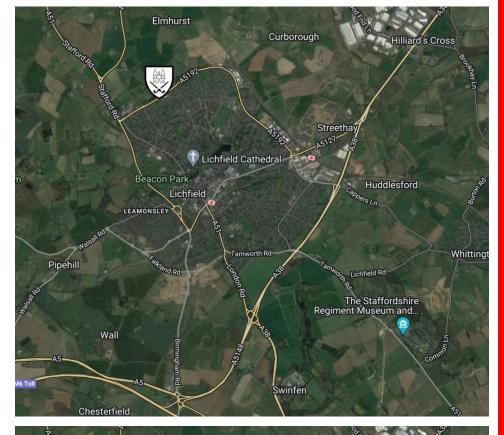
### FIND US



### **Lichfield Sports Club**

Our main pitch is located at Lichfield Sports Club, Eastern Avenue, Lichfield (nearest post code W\$13 7FA)

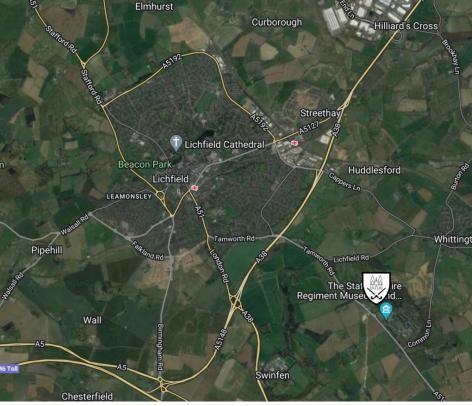
What3words location – went.stones.exist

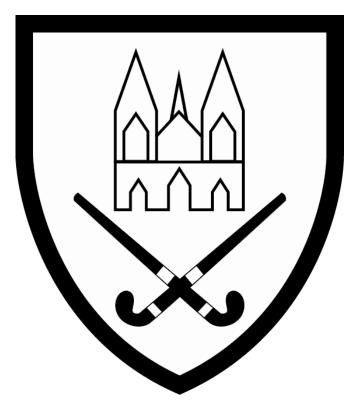




Our alternative pitch is located at Whittington Barracks, Lichfield, WS14 9PY

What3words location – raven.lighters.erupts





### LICHFIELD HOCKEY CLUB

www.Lichfieldhockeyclub.co.uk