

# John Colet Sport Newsletter



**BE YOUR BEST.**

Sept/Oct 2019

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## Welcome to our Sport Newsletter

Welcome to the inaugural John Colet PE department newsletter. With an ever increasing extra- curricular and intra school program, we want to communicate more with you all. Every term we will be producing two newsletters outlining pupils' successes, detailed match reports and upcoming events.

The PE department's vision is that all pupils at John Colet always attempt to '**Be the best**' in everything they do within all aspects of PE, whether in PE lessons or extra-curricular activities. The Best Friend, The Best Individual and The Best Team player they can be.

We hope you enjoy reading about what has happened during the first eight weeks of term and we hope our newsletter encourages more to be involved in sport at John Colet.

**P.E. Department**

## Fantastic Achievement

A special mention needs to go to the following students:

Freya Gornall-Homes has been offered a place with Wasps Netball , Sofia Greco has been offered a place with MK Dons Netball, Charlie Smith has been given a football scholarship with MK Dons and Marlie Gregory has earned her place on the Bucks County Table Tennis Team.

Well done to these students for their exceptional achievements.



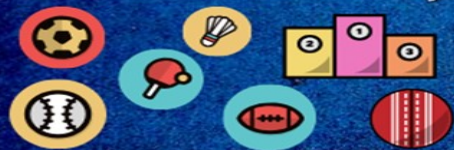
Follow the JCS P.E.  
Department on:-  
[@Johncoletschool\\_PE](https://www.instagram.com/Johncoletschool_PE)



## LUNCHTIME CLUBS IN THE SPORTS HALL

Monday	Badminton
Tuesday	Basketball
Wednesday	Badminton
Thursday	Badminton
Friday	Basketball

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<u>Day</u>	<u>Sport</u>	<u>Year Group/ Gender</u>	<u>Location</u>	<u>More information</u>
Monday 3.00 - 4.15 pm	Rugby	Boys Years 7 and 8	School Field	Must have boots and gum shield
Monday 3.00 - 4.15 pm	Netball	Girls All Years	Muga	If students want to be in the team they must attend training
Monday 3.00 - 4.15 pm	Basketball	Boys All Year Groups	Sports Hall	
Tuesday 2.00 - 3.00 pm	Tennis	Boys and Girls 7,8,9 and 10	Sports Hall	Additional Charge
Wednesday 3.30 - 5.30 pm	Rugby	Year 8 Boys only	Aylesbury Rugby Club School will transport students via school mini bus	<b>Mr Anns will select students.</b> Must bring boots and a gum shield.
Wednesday 3.00 - 4.15 pm	Badminton	Years 9, 10 & 11 only Boys and Girls	Sports Hall	
Thursday 3.00 - 4.00 pm	Cheerleading Squad Training	Years 7, 8, 9 & 10 Boys and Girls	Old Gym	Additional Charge Must see Miss Tallyn
Thursday 3.00 - 4.15 pm	Basketball	Girls All Year Groups	Sports Hall	
Thursday	Trampolineing	Boys and Girls All Years	Sports Hall	RED WEEK ONLY Must speak to Miss Palmer (Deputy head) before attending.
Friday	Badminton	Boys and Girls Years 7 & 8 only	Sports Hall	

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## Success News from the end of Last Term

### Year 10 Boys District Football Winners

Congratulations goes to the Year 10 (U15 boys) football team who have won the U15 Aylesbury & District football league for 2018-19.

It was a very competitive final against Aylesbury Grammar school, with both teams playing some very nice and skilful football. Ben T put John Colet in the lead with a powerful header from a well directed Curtis B corner mid way through the first half. This allowed John Colet to settle and they began to play some lovely passing football but were unable to score a second goal in the first half. Aylesbury Grammar school seized upon this and when awarded a penalty for an infringement in the box, they dutifully took the chance to level 1-1 just before half time.

This was enough to place the sufficient desire in the John Colet players, as they dominated the second half restricting AGS to few chances and creating many opportunities to score themselves. John Colet scored 2 more goals in the second half to come out 3-1 winners and be crowned Aylesbury District U15 Football champions for 2018-19.

Well done boys on this fantastic achievement and good luck in the English schools competition this year.



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## **Great Start for the Year 8 Boys Football Team**

### **Year 8 Boys Football vs Misbourne Performance Report. 12/09/19**

JCS won 5-0 proving an excellent start to the season.

Goal scorers included Charlie Jaggars, Leo Xhakola, Charlie Norton, Dylan Stevens and Ben Playle.

Man of the Match went to Dylan Stevens and Sportsman of the match was awarded to Charlie Ellis.

Post-match the boys analysed their performance and it is great to see the following comments, "lots of team spirit...kept positive...tried our best" and many more. On to the next fixture!

### **Year 8 Boys Football vs Sir Henry Floyd Grammar Performance Report. 19/09/19**

JCS drew 2-2 away from home in some tough playing conditions. After going 2-0 down, JCS fought back well to equalise with a goal from Jacob Philbey and then later on with a long range free kick by Anthony Kabaltshak.

The players had this to say for their performance "we should have won after how well we played"; "never gave up"; "we should be proud."

### **Year 10 Boys Football vs Misbourne Performance report 11/09/19**

JCS lost 3-1 in this friendly match. Despite the score, the boys played very well and certainly created enough chances to have drawn if not won the game. However, on this occasion they were not able to prevent two late goals from being conceded and left the field feeling very dejected. On reflection they were encouraged by the way they played and are looking forward to getting a win in their next match. Louis Bowman scored the only John Colet goal.

### **Year 11 Boys Football vs Misbourne Performance report 9/09/19**

JCS won 4-2 in this friendly game. It was a very good start to the season, as the team responded with a very well controlled and effective attacking performance. Despite striking the woodwork 6 times, the team were able to score four very well worked goals. Elliott Henry started the goals off with a coolly taken finish and then Liam Greville scored two excellent goals, before Jack Ranieri scored the final fourth goal.

The boys were very pleased with how the game finished and were building confidence for the season ahead.

### **Year 7 Boys Football vs Burnham Grammar Performance Report. 23/09/19**

JCS won comfortably 4-2 away from home. Overall excellent performances from all players despite the challenging conditions.

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## **Year 10 Boys Football vs Denbigh Performance report 25/09/19**

JCS won 9-0 at home to Denbigh. A wonderful game of passing football displayed the understanding from a very talented group of players. Using the pitch to their advantage, by moving the ball quickly and utilising the pace out wide from Kyle, Louis and Tyler, as well as the overlapping ability of Aiden and Archie. All players played exceptionally well and enjoyed the winning margin. A good first round county cup win. Well done boys, bring on the second round!

## **Year 11 Boys Football vs Cottesloe Performance report 09/10/19**

JCS lost 3-2 at home to Cottesloe School. In a very entertaining match the woodwork kept the score the wrong way for JCS. Again the year 11 team displayed their ability to play attractive attacking football, with two sweeping moves ending in excellently finished goals. However, despite the best efforts of Will Andrews and his defence to keep Cottesloe out, they were unable to do so and ended up on the wrong side of the result. Not the start to defending their title the team wanted. However, plenty more games to play in order to successfully defend the District League this year.

## **Year 10 Boys Football vs Holmer Green Performance report 14/10/19**

JCS lost 4-1 away to Holmer Green. Despite the apparent gulf in the score, JCS dominated possession and again played some lovely flowing football. A very good move was finished by Kyle Norton to take the game to 1-1 and with wave after wave of JCS pressure the game became very open allowing Holmer Green the opportunity to counter attack and score three quick goals to take the game away in the last 10 minutes of the game. Not the result that JCS deserved but still a fantastic performance.

## **Year 11 Boys Football vs Redbourne Performance report 17/10/19**

JCS lost 4-1 away to Redbourne Upper School in the second round of the National Schools Football Cup. A superb display of attacking possession football from the year 11 boys meant that at half time the score was 1-1 with Ethan Horwood finishing a fluid move from close range to make it level. Despite JCS having most of the ball and pressing hard, chances were very hard to come by and Redbourne benefited from players being in advanced positions to score several quick goals to finish 4-1 at full time. Again a very pleasing display that didn't quite fall JCS's way.

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## Year 8 Boys Football vs. Denbigh School. 21/10/19

Congratulations to the Year 8 boys who beat Denbigh.

The boys played very well in the second round of the county cup, beating Denbigh 3-1 at home. Goal scorers were Josh (1) and Leonardo (2).



## Year 7 Boys Football vs. Amersham 22/10/19

At half time, the boys were 3-1 up with a comfortable lead. The second half was a roller-coaster of goals from 3-2, 4-2, 5-2, 5-3, 6-3, 6-4, and a late goal to opposition in the game to make it 6-5. Both sides had many chances with a very intense final five minutes. The boys showed great resilience and positivity throughout the game to come away with the win!

Well done to Adam, Callum, Alfie,

Fraser, Teddy, Rhys, Aras, Ben, James, Brandon and Billy.



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## Fantastic Start for the U13 Girls Football Team

On Thursday 19th September JCS hosted Sir Henry Floyd Grammar School for their first football match. The girls got off to a nervous start but soon settled down and started to pass the ball around.

Possession seemed to be pretty equal but then JCS scored their first goal to take the lead. JCS made some great saves up the other end before the half time whistle came.

The second half proved to be very exciting with the JCS team really starting to take control and look more confident. JCS soon scored their second to go 2 - 0 up!

The score stayed at 2 - 0 when the final whistle went - well done girls for a fantastic first match.

The team was as follows:- Charlie (C), Courtney, Mia, Abbey, Josie, Josie, Lucy, Rosalina, Livy, Maddie, Lola and Amie.

Our Scorers were Courtney and Amie

Special mention should go to our Player of the Match, Charlie.

## U13 Girls vs. Chesham 3/10/19

On Thursday 3rd October the U13 Girls team visited Chesham School for their second match.

The opposition were tough and the game proved to be very challenging, however, the girls put in a great team effort in the first half. At half time they were 1 - 0 down.

Following a positive "team Tallyn" talk at half time, the girls went back out in high spirits with their heads held high. Chesham attacked throughout and our girls kept going despite the constant pressure. The game finished 4 - 0 to Chesham but the JCS team should be proud of their efforts.

Player of the match went to Josie (Yr 7)

Charlie (Yr 8) - well done girls.



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## U13 Girls – keep on scoring!

On Thursday 10<sup>th</sup> October the U13 team went to Misbourne School and what a fantastic match it proved to be. Early on in the first half a penalty was awarded to JCS which Charley took and put in the back of the net. The girls settled into their positions and started to control and pass the ball really well. Some fantastic passing followed with 3 more goals before the half time whistle.

The second half proved to be very exciting with JCS taking control of the game. There was some great link up play down the wing. The girls' confidence soared and they scored 6 more goals before the final whistle!

Goal scorers were as follows:- Charlie x 1, Livi x 2, Maisie x 5, Lola x 2.

Players of the match: Year 7 – Abbey, Year 8 – Maisie.



## U13 Girls: Thursday 17th October

On Thursday 17th October JCS hosted The Grange, it proved to be a tough match but think it is fair to say that JCS girls had most of the possession in the first 20 minutes. Our girls tried to link up and pass but the Grange kept intercepting our passes, they took their chances and scored. The game finished 2 - 0 to the Grange but JCS kept their heads up throughout and put on a fantastic team effort.

Players of the match: Year 7 - Josie, Year 8 - Maisie.



## Year 7 Girls Football 22<sup>nd</sup> October 2019

Well done to the Year 7 girls that took place in their first 7 aside football tournament. They played 4 matches, drawing 2 and losing 2 but only by small margins. Two great goals were scored by Hope and Mia during the tournament with another near miss from Mia hitting the cross bar.

Some of the girls had not played together before and they put in a great team effort which they should be proud of.



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## Year 7 Rugby vs PRS 25-25 Draw

The Year 7 rugby team got off to a strong start in their first rugby game drawing against Princes Risborough School 5 tries to 5. Led fantastically by Billy Stenson, the boys showed great effort in their tackling and their rucking. Considering there were only two players in the team that play outside of school it was excellent to see how quickly they understood the game. A special mention needs to go to Ben Cliffe as the stand out performer, scoring four tries and making some brilliant tackles.



## Year 8 Rugby vs PRS 70-10 Win

The Year 8 rugby team had a fantastic start to the season with a huge win against Princes Risborough School. The boys played some excellent rugby, in attack they got the ball into space early and supported each other, which meant the ball carrier always had an option to pass to. Lewis Barnes scored a fantastic try, following a great run by Charlie Jagers, Lewis supported him and collected Charlie's offload pass to score in the corner. Charlie Jagers and Drew Delaney both had stand out games, scoring some great solo tries but also making strong tackles and winning the ball back for the team in the rucks.

## Year 10 Rugby vs Cedars School 32-10 Loss

The Year 10 boys rugby team entered into the National Vase Competition for the first time. This is a very prestigious competition which includes some of the best rugby schools in the Country. Unfortunately, the boys did not come away with a win but produced a performance that they can be proud of. In a very physical game, despite the wet and cold conditions and a clear size disadvantage against the Cedars School, the boys tackled fantastically. The scoreline not quite reflecting how evenly matched the majority of the game was. Josh Caudren was the man of the match with a try, conversion and penalty. His kicking game adding a new dynamic to the school side. This result means we will now be entered into the National Bowl Competition, the first round of that taking place on the 24th October. The team should feel confident going into this game on the back of that performance.

## Year 9 Rugby vs Hazeley Academy

The Year 9 Rugby team followed up their 29-0 win over Aylesbury Grammar School's B team with a huge win against The Hazeley Academy.

The team played some fantastic rugby throughout, both in defence with some great tackles and in attack where they moved the ball out wide where Kai and Josh used their pace to great effect. With each game the team keeps getting better and better and it was great to see new players getting involved in the team this year making some excellent contributions. Keep up the good work!

## John Colet School 57 - 12 Hazeley Academy



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## Promising Start for the Girls Netball Team

On Wednesday 18th September the U13 netball team visited AHS for a start of season netball tournament. They faced their hardest opposition in the first match, managing to hold AHS off to 0-0 for the first 5 minutes of the game, eventually conceding. Two close games followed, leaving the John Colet team in 3rd position. They had 4 games left and needed to win each one to end in a medal position. The team worked superbly together, listening to each other, the advice they were given, and acting on it. They soon settled into their stride and pulled off a convincing 11-0 win in their final game of the tournament! They were now on equal points with another school fighting for second place, and on countback - due to the number of goals they had scored vs conceded they came out in second position! A fantastic achievement for a new team at the start of what is looking like a promising season.



## Year 10 Netball

Due to their successful 2018-19 season the U15 Netball team have been promoted from the 'B' league to the 'A' league, this means they are facing more challenging competition, playing against the top teams in the district. They have stepped up to the occasion, listening and responding to feedback and improving their game week on week. Their commitment to Monday afternoon training has been outstanding, and I am blown away each week by the number of students attending! So far the team has faced three oppositions, coming out with a win against The Grange and a loss against AHS and SHFGS. Players of the matches so far have been Emily, Niamh and Katie. I look forward to what the rest of the season has in store, well done on a fantastic start girls!



## U16 Netball - 23/10/19

The U16's team had a really close game with a 12-12 draw against Waddesdon.

It proved to be a real nail biter!

Players: Jenny, Macey, Ella-May, Freya, Ella, Emma and Libby.

Player of the Match: Macey

Keep up the hard work girls!



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## **John Colet School Selected as part of Youth Sport Trust- Girls Active Filming**

We are very pleased that due to the success of our program, the John Colet School was selected amongst only a few schools to be a part of The Youth Sport Trust's filming to nationally advertise the girls' active program. The filming took place last summer at one of our very fun and exciting activities, Boogie Bounce. Our students were fantastic, very professional and enthusiastic about the experience and a credit to the school. The film crew arrived and spent some time filming the students during their Boogie Bounce class. Following on from this, a few students were selected to be interviewed and share their opinions and experiences of the girls' active program.

Below are the links to some of the videos in which our students are a part of.

<https://www.youtube.com/watch?v=98-j0MiqhKc&list=PLnwoPgo24bhIHLiMVOPOltnriDW-55qzR&index=3>

<https://www.youtube.com/watch?v=-FyMWaFTXrY&list=PLnwoPgo24bhIHLiMVOPOltnriDW-55qzR&index=2>

## **Eve Andrews Shortlisted for Girls Active Influencer Award**

Eve was shortlisted for the Girls Active Influencer Award at the Girls Active Awards.

Eve was nominated down to her commitment to the program, not missing a single session, and working hard to influence other students in her school. Every morning Eve would promote our girls active program to every form group explaining the array of exciting activities we had on offer, encouraging them to attend. Her commitment to the program has been outstanding with both her efforts in promoting and encouraging students to attend and the fact that she didn't miss a single week of the program.

Having only joined the school at the start of this school year, the program has not only grown Eve's confidence but helped her to settle into life at a new school, finding friends throughout the school years. Eve has encouraged some of the most disengaged year 10 students and some students with special needs to attend the program on a weekly basis.

We are very proud of the work that Eve has done and she has made an outstanding contribution to our schools' Girls Active program. She has encouraged over 100 students to take part in physical activity. Her enthusiasm and commitment towards physical activity has played a vital role in making our program so successful.

Eve told us; "I am so pleased to have been shortlisted for a girls' active award. Becoming a GLAM has developed my understanding of leadership and marketing and it has developed my confidence in a number of ways. It has made me feel that I have a very important role in developing people's views on physical education."

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## Lead the Way- Stoke Mandeville Stadium

On Friday 18th October, 8 of our students were selected due to their outstanding contribution to the schools leadership program last academic year to attend 'Lead the Way' sports leadership workshop at Stoke Mandeville Stadium. This opportunity was hosted by the partnership of Leap and the MK School Sports Partnership.

The students will be attending a total of 3 sessions which will consist of a series of opportunities for students to develop their leadership skills and provide them with opportunities to not only gain further coaching and leadership qualifications, but provide them with exit routes to use these skills within the local community.

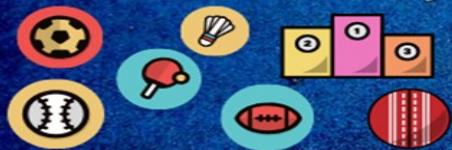
During the day the students took part in 4 different team building activities to develop their team work, communication and confidence.

During the next 'Lead the Way' session students will be given the opportunity to complete activator awards in a variety of different sports.

Following on from the course we hope the students will use the skills they have learnt to support the delivery of our PE extra-curricular program at John Colet School.



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## After School Clubs

### Netball

Clubs have got off to a flying start this term with a great turnout. For example, netball training on a Monday has seen more than 70 girls take part at training over all year groups. Netball Club is available for all to train even if they do not wish to be part of the team – everyone is welcome.



### Badminton

Badminton Club on a Friday has also proved very popular with a good turnout again of all year groups.



### Rugby and Football

Again training for both has proved popular. Please encourage your son to sign up for rugby training after half term if they would like to be picked for the team.



THE LIONEL ABEL-SMITH TRUST

SUPPORTING THE PEOPLE AND ORGANISATIONS OF  
THE PARISH OF WENDOVER AND MOOR PARK

## *Special Mention to The Lionel Abel-Smith Trust*

We would like to thank The Lionel Abel-Smith Trust for our fantastic new Long Jump Pit, we are very much looking forward to making use of it during the Athletics Season!

