

Sports Organisation Support COVID-19 Fund

# RESTARTING COMMUNITY SPORT

#### **BACKGROUND**

A nationwide lockdown curtailing community sport and restricting the movement of people in a bid to combat the ever-growing spread of COVID-19 was announced on 23 March 2020. No-one could have predicted the difficulty which community sport would face for the following year. Life changed beyond recognition and no single person or organisation was left unaffected.

Sports clubs stepped up for their communities; delivering activity online, organising outdoor challenges and taking a lead role in supporting vulnerable people. As restrictions eased in late 2020, sport and physical activity returned and a path to normality seemed likely.

However, a rise in cases and new variants through the UK led to a second nationwide lockdown on 26 December 2020 which would last until the 'Stay at Home' order ended on 2 April 2021.

Sports Clubs and Organisations have had different journeys, with many similar challenges, through the 375 days between the first lockdown commencing and the second concluding. There were many who managed to restart outdoor activity, some who were stop-start due to changing restrictions and those who had to wait until the second lockdown ended.

Glasgow Sport is delighted our Sports Organisation Support COVID-19 Fund has helped clubs survive an unprecedented year, restart activity as restrictions allow and plan for the future at the centre of their communities. We understand how challenging these times have been for our partners, and we are proud to see, and play a part in, the response from sports clubs in Glasgow.

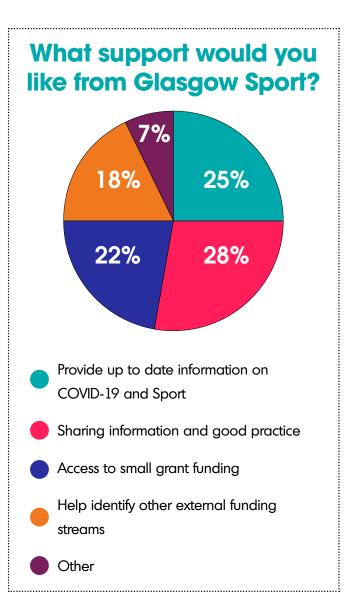
# Sports Organisation COVID-19 Fund - Why did we do it?

**Glasgow Sport** has long established partnerships with third sector and voluntary organisations. We work with our partners to create stronger, sustainable sports clubs which increase the number of Glaswegians being active. Lockdown and the restrictions imposed to stop the spread of COVID-19 led to unprecedented challenges for sport clubs and a change in our support was required.

#### Glasgow Sport COVID-19 Club Survey

The Glasgow Sport COVID-19 Club Survey, launched in June 2020, engaged with sports clubs to understand the support needed to survive COVID-19 and restart community activity safely. The survey received 65 responses from over 40 different sports and activities and directly informed the launch of Glasgow Sport's #readysteadygoagain campaign, which included:

- Sports Organisation Support COVID-19 Fund
- Regular Newsletters to communicate relevant information to all clubs
- COVID-19 Support for Clubs website section
- #readysteadygoagain Health Check for clubs
- Ongoing support from Sports Development Officer



## **Impact Report**

Glasgow's **Sport Organisation Support COVID-19** Fund has provided £70,000 across 67 sports organisations, including 12 Community Sport Hubs. The fund has directly supported the restart of 32 different sports and activities in Glasgow.

#### **Fund Overview**

₹70,000 Awarded to 67 Sports Organisations

32 Sports and Activities supported

12 Community Sports Hubs supported

The aim of the fund is simple; to remove any barriers, whether those be financial or otherwise, which would hinder the restart of delivery from voluntary sports organisations. The reasons were various but quite simply put, the positive impact sport clubs have on Glasgow cannot be underestimated.

COVID-19 Fund Examples	
Lockdown Losses	Restart Costs
Costs of rent or hire during lockdown	Equipment for distancing/sole use
Costs of insurance or utility bills	Sanitiser and cleaning products
Costs of online delivery/activities	Facility hire or solutions
Essential costs specific to a sport or club	Sport and venue specific safety needs

Not only do sport clubs provide opportunities for tens of thousands of Glaswegians to be active each week, they bring people together creating friendships and memories which last a lifetime. In these times, the importance of our clubs has never been greater. Sports Clubs provide a safe, organised environment to have fun and connect with others when social interaction is a risk factor in the spread of COVID-19.

Glasgow Sport is proud to have played our part to restart community sport and have been delighted to see the fantastic work of sports clubs across the city.



The funding allowed us to provide each team with the personal protective equipment necessary to restart formal training. To be able to provide this facility safely for all these kids whether they are members of our club or not is both humbling and exhilarating. Kids have gone without so much this year and we cannot ignore the effect this also has on families and parents knowing there is somewhere that their kids can go, exercise and safely enjoy themselves in these very strange times.

**Hillwood Boys Club** 



We have had impact on the health and wellbeing of our community, in particular with our younger members the excitement and enthusiasm of being able to come to training is noticeable, just to be able to do something as close to normal as we can! Every week we are getting new members coming to the club.

Without the funding we may not have been able to restart sessions until further down the line or start club work in our community by delivering sessions to local schools.

**Shettleston Harriers** 





Without exception, everyone looks forward to our sessions and they are the highlight of our week. Several members are single and so this social interaction cannot be underestimated or downplayed.

**Scotstoun Pickleball Club** 



"Practically the funding and support has helped us survive and re-open. If we don't have premises then we can't deliver activities, so it is crucial we keep our doors open ... rent is an issue, one of the most important things is being able to welcome other clubs and organisations into our space ... it has been a massive contribution to keeping us open ... we would not have known where to start, it's been great to welcome other clubs and children's activities."

# Oana Stan, National Instructor Wing Tsjun Scotland.

I feel happy when am at the club  $\dots$  I have fun and make friends  $\dots$  it makes me feel really good  $\dots$  I have so much fun – I like when we play tag  $\dots$  happy – I like the kicks."

**Wing Tsjun Junior Members** 

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For myself personally, I was shielding and being locked in the house had got to breaking point for my mental health and more than anything having the club open and the members in was amazing. The instant we were back my spirits lifted and motivation was back at 100%. Without the funding from Glasgow Sport our club could have been in financial difficulties as well as not being able to provide the PPE to allow our members to train safely and that is my number one priority the safety of my students.

Kensaki laido-Do

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The funding has allowed us to run Ultimate training sessions again in a safe environment thanks to the use of private grounds rather than using a public park. This means we can control distancing and other regulations which are crucial to us being able to train as a group. **COVID-19 funding has allowed us to resume some level of club activity following lockdown.** Our junior and adult sections are now active again and for many of our members, this is their main source of exercise and social interaction.

**Glasgow Ultimate** 

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The funding from Glasgow Sport has been pivotal in ensuring we could reopen and deliver vital health and fitness services to our community. The funding helped us to deliver classes in our bespoke outdoor gym in full compliance with government restrictions that have impacted other gyms. It is impossible to state how grateful we are for this grant which facilitated our reopening and enabled us to

provide vital services to the local community.

The Edge Gym (Boxing)





Since receiving the funding and due to the hard work laid down by our team over the summer we were able to start back fully operational on 31 August and were able to invite new members on 14 September to join. We have been able to bring our gymnasts back to full training using the new safety matting and our eight week return to training plan. Huge thank you to Glasgow Sport for the grant - it has made our return to sessions more secure and allowed our gymnasts to return to training in a high risk sport safely.

**Sparta Trampoline Club** 







'This funding had a massive impact on our club, enabling us to help kids to get back to some kind of exercise, whilst looking after their welfare, safety, impacting on their mental health and even freeing parents up for an hour!'

Victoria Park Football







Without the funding and guidance from Glasgow Sport, our club would not have been able to reopen, jeopardising the future of Kugatsu Karate-Do completely.

The support allowed us to provide a safe environment for our members as we continue to rebuild following the lockdown period. It will take a few weeks for everyone to become familiar with the new operating procedures and restrictions brought in ensure the safest possible re-opening of our club for indoor classes.

Kugatsu Karate-Do

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This funding has helped to save our club, it helped to pay our rent when no one was paying memberships fees. We also used the funding to put in place different health and safety measures... on arrival our members have their temperature checked and they need to clean their hands using the hand sanitiser, Glasgow Sport funding helped pay for this.

The funding has helped us to help lots of children and young people during the COVID pandemic.

#### **Southside Boxing Academy**

My mum works for the NHS, she goes to old folks homes to help them. I didn't want her to go out to work, it was scary, boxing was my focus ... it took my mind off it ... I spent time trying do the boxing challenges, I was able to do the ladder challenge – it felt good when I did it!

After the training the club did the 'place to talk'. I really enjoyed this bit as I got to chat with my friends ... It was good to just talk to each other – we could talk about anything... my mum also took part is some of the boxing sessions and she helped me with a couple of the patterns and skills.

Finn McHenry, 10 years old, Southside Boxing Academy







The funding helped our club massively when we returned from lockdown. We didn't have any of the PPE equipment, only basic cleaning items. With the club being forced to close for 6 months due to the Pandemic we had no ability to generate income through loss of membership fees and therefore the grant helped us to re-open safely without the financial pressure of trying to source funds to purchase these essential items.

#### **Sapphire Gymnastics Club**











Without the support of funding our community group of 23 years would have not survived this pandemic. We are a charity and based in a deprived area for us to continue our service we require the support of funding organisations especially at this most difficult time. Losing Park Villa would have lasting devastating impact on our children and families now and in the future. Many funding programmes closed and many more people were applying for funding. Park Villa would like to personally thank Glasgow Sport for their support at this time and helping us financially return to normal for our children and families.

**Park Villa FDG** 





## **Sports Organisation Support COVID-19 Fund**

The **Sports Organisation Support COVID-19 Fund** provided 67 sport organisations, including 12 Community Sport Hubs, with the required funding to restart sport in communities across Glasgow. This support directly benefited 32 sports and activities.

The feedback from sports clubs has been very positive, and we thank them for the impact of their delivery on community sport in Glasgow.

Glasgow Athletic Football Club Finnart Football Academy

Belvidere Bowling Club

Easterhouse Football Academy

Kensaki laido Dojo Easthall Star FC

Hillwood Football Club

Easterhouse Phoenix Boxing Club

Shettleston Harriers

Nitshill and Hurlet Bowling Club Scotstounhill Bowling Club Ashfield Football Club Southside Boxing Academy

Cartha Queen's Park RFC

Wing Tsjun Scotland

Park Villa Football Development Easterhouse Phoenix Development

Kelvin ABC

Yoker Bowling Club Senjokai Karate Academy Glasgow Rowing Club Southside Stars FC Pollok Utd SCIO

Victoria Park Football Club

Kugatsu Karate-Do Whitecraigs AFC

Sapphire Gymnastics Club Glasgow City Boxing Club Langside Sports Club

Govan Community Boxing Club

Hampden Football Club

**Futsal First** 

Glasgow Ultimate

Glasgow Flames Netball Club

Glasgow Afghan United

Cranhill Utd

Glasgow West Pickleball Club

Summerston YFC

Trust Rugby International

GSB Judo

Clyde FC Community Foundation Glasgow East Junior Rugby Club

The Edge Gym

Sparta Trampoline Club SCIO

Hillhead Jordanhill RFC
Hillhead Cricket Club
Hillhead Tennis Club
Ronin Karate Club

Glasgow Tigers Academy

Shettleston Junior Kids Academy

Southside Archery Club Scotstoun Pickleball Club

Westercommon Star Football Club McLaughlin School of Irish Dance Glasgow Saltires Netball Club Glasgow Mets Volleyball Club Whitacres Community Sports Hub SAPC Community Sports Hub

Shettleston Judo Club Glasgow Kayak Club

Glasgow Phoenix Boxing Club

Bluevale Boxing Club

Special Olympics Scotland West Cycling

Glasgow City Basketball Club

Ceann Creige Hurling and Camogie Club

Bike For Good

Glasgow Fury Netball Club



