



### Working with children with Autism

Dear Parents/Guardians,

Metro Judo Club would like to offer your child/children the opportunity to participate in our specially designed classes for children with Autism. Within this letter you will find more information about Metro Judo club, the plan for the sessions and some details should you wish to come along.

#### WHO ARE WE?

- Metro Judo club is one of the top sports clubs in the borough of Royal Greenwich, founded in 1977.
- It is completely ran by volunteers.
- Our dream at the club is to make Judo more accessible to young people with special needs/disabilities.
- On our mainstream training nights, we feel we are not able to accommodate special needs/disabled children as well as we could by holding tailored sessions on the weekends, therefore have set up these sessions.
- The coaching team for these sessions is made up of coaches and volunteers from four Judo Clubs. All have received training and are supported by Access Sport and Greenwich

#### WHEN & WHERE?

These sessions will take place once a month and will always be on a Sunday morning. The next 4 scheduled sessions are on

Sunday, January 15<sup>th</sup>, February 12<sup>th</sup> and March 12<sup>th</sup>, 2023

Thomas Tallis School, Kidbrooke Park Road,  
London, SE3 9PX

9-30 am -10-30 am, children aged 8 to 11 years old (must be primary school age).  
10 45 am – 11-45 , children aged 11 to 16 years old (must be secondary school age).

Please note:

*All children attending the training session must accompanied by a parent /Guardian at all times. We cannot accommodate 'drop and go'.*

#### What to bring?

- All children will need to wear tracksuit bottoms/leggings and a t-shirt.
- Water bottle
- The club will provide a Judo jacket and belt for the day.

#### In addition....

Metro would like to offer all children attending these sessions with some added extras. We understand the tremendous pressure and difficulties some parents with children with special needs/disabilities have, therefore would like to make your life easier and give you...

- Free membership to the Metro judo club
- One free judo kit
- Free Judo Licence, which costs £29 a year
- Free Club t-shirt
- No mat Fess

If you would like to attend please contact me/ask the organisation who provided you with this invite to contact me by either of the below methods. Ensuring you include name of child and which session they will be attending (age group).

Email – [mick1949@btinternet.com](mailto:mick1949@btinternet.com)

Telephone – 07733235404

*As members of the British Judo Association, all children will be covered by our insurance for the first four training session and then we will get them a Judo Licence.*

*All parents/guardians of participating children will need to fill out a data protection form on behalf of their child. This is a requirement of the Greenwich Youth Service.*

We look forward to seeing you on the day!

Yours sincerely,

*Mick Murphy*

(Metro Judo Club, Secretary)