

**BERKSHIRE & SOUTH  
BUCKINGHAMSHIRE ASA**



**ANNUAL REPORT  
2016-17**



## **Berkshire & South Buckinghamshire ASA**

### **Annual Report 2016-2017**

President - Terry Norris

Secretary - Roger Penfold MBE

Disciplines

Diving - Emma West

Performance Swimming - Stuart Fillingham

Disability/Para Swimming - Roger Prior

Masters Swimming - Bob Odell

Synchronised Swimming - Beverley Skelton

Water Polo - Roger Penfold MBE

Public Relations - John Rowley

Treasurer - Jonathan Mills

South East Region - Helen Mack

Appendices

Accounts 2016-2017

Swimming Records Since Last Annual Meeting





## President



Firstly I would like to thank all those who have helped me to make my year as County President such an enjoyable one. There has been much change during the year and I felt the County board and various sub-committees have handled these changes positively.

Before commencing my year as President I endeavoured to visit some of the clubs within County to identify some of the challenges each of them are facing. I continued these discussions with the clubs during my year "in the Chair". There is a wide spread of clubs within our County who each have different requirements, the board has tried to listen to the clubs and assist where possible.

Once again the Swimming Performance Committee has presided over a tremendous year of County Championships. They also stage the County Development Meet, which continues to go from strength to strength each year and provides a fabulous opportunity for the up and coming swimmers to get a little taste of a Championships Day.

The County's main Championships event is now held in January and early February to fit in with the hectic swim schedule and proved to be a huge success. There had to be some changes to the order of events that clearly did not suit everybody. This has been very much a transition year with the County utilising the facility at Wycombe for the first time to stage both Long and Short Course events.

Now that a portion of the Championships has been hosted by Wycombe and proved to be such a success, the Swimming Performance Committee can now make decisions in the best interests of the clubs going forwards into 2018. Many thanks to the Committee for its magnificent work throughout the year.

Early in September 2017 the County Masters Championships was held at the Magnet Centre in Maidenhead and it was a terrific day of swimming. It has been a few years since the

event was last held and Bob O'Dell did a great job pulling the event together; hopefully the event can grow back up to its original size in the next few years and beyond. Many thanks also to Ken and Eileen Adams who regularly support our County Events. We wish Eileen well when she takes up the role of Regional President next year. Indeed this year's President Jane Davies came along to assist me in presenting the prizes to the winners.

I also attended the Regional Masters Championships in Oxford in October which proved to be a well-run event where the County team achieved some tremendous results against the other clubs in the South East Region.

Also in October the Inter-Counties Championships took place in Sheffield. Unfortunately the event was staged over the half term weekend, and our team was slightly weakened due to the fact that half of our County clubs were on Overseas Swim Camp at that time of year. However, it gave a number of other swimmers a super opportunity to compete on the big stage at Ponds Forge and they swam terrifically well. The same team took the swimmers to Sheffield as last year, Head Coach Paul Hurley, Joan Scarrott the Tour Organiser, Qualified Referee and Lead Team Manager and John Rowley the Past-President and Chief Photographer. Many thanks to them for running the trip as well as they have always done.

Whilst we are on the subject of the County Head Coach, Paul Hurley stood down in January to be able to fix some medical issues and be able to come back sometime stronger than ever. I'd like to thank Paul for all of his efforts and wish him well in the future.

In Paul's place the County is pleased to welcome back to the role, Nigel Willis of Bracknell and Wokingham SC, supported ably this time by a Deputy in Josh Atkins from Wycombe. I look forward to seeing them in action with our teams and on the camps in the future.

As well as running the Inter-Counties weekend, Joan Scarrott organised the County Camps again for the developing swimmers at Heathfield in Ascot and for those aspiring to compete in Regionals who experienced a quality 2-day event at the Crystal Palace facility. They were once again meticulously organised and everything went like clockwork for all of the swimmers, coaches and assistants. This doesn't happen by chance, it is down to Joan's attention to detail; many thanks go to Joan for pulling it all together.

One of the highlights of the year was when I was kindly invited by Bev Skelton to watch and present the medals at the Novice Synchronised Swimming event at Reading and then at the Combined County Synchro event with Hampshire ASA held in Aldershot. It was fabulous to watch the swimming and to meet one of our own, Olympian Olivia Federici who was there also to present the prizes to the winners.

During the year I have been appointed Lead Team Manager for Swim England South East and through that opportunity I have seen many of our County swimmers enjoy their experiences on Regional Camps. Most recently the Region held an Open Water Camp and only last week the Region held the first of the 12 year old Development Camps in Cobham.



It is in this area where we have seen the major development in the relationship between Swim England, the South East Region and the County. It was agreed that the Counties should be given the opportunity to run the Development Days for aspiring 11 year olds and that Swim England, through the Region, would deliver the format. Our County already had a structure in place, which included this age group. However we have agreed to adopt the format, all bar one in South East has adopted the Swim England Programme. Again Joan Scarrott has helped to pull together the logistics, this time alongside Liz Rowley who has been appointed Lead Team Manager for the County. In 2017 there is scheduled to be 2 development days with a full programme of 3 events scheduled for the 11 year olds in 2018.

I was asked to accompany the Regional team as Team Manager to an international competition called the FFN Golden Tour in Nice in memory of 2012 London Olympic Champion Camille Muffat. 7 out of the team of 22 were from the County, Millie Routledge of Bracknell, Tom Dean from Maidenhead as well as Millie Sansome, Caitlin Mackay, James Baxter, James Eddy and James McFadzen from Wycombe. The competition was tough but it proved invaluable experience as Millie Sansome, James Eddy and James McFadzen went on to

represent Great Britain in Majorca and Israel, the latter event being the European Junior Championships.

Finally I would like to reiterate my thanks to all who have worked hard on the various committees and on the management board during this past year. As indeed my predecessors have stated it is so easy to take for granted all the work that everyone does.

I have thoroughly enjoyed my year as President. I realise there is currently no Vice President to step into the role and I shall await the decision of the board at the Annual Council Meeting in July to see if I will take a second term of office. If this is the case I shall be pushing very hard to appoint a Vice President for 2017-2018 as it is important that the baton is passed on as it were to individuals with fresh ideas.

***Terry Norris***

***President 2016-17***

# Secretary

May I start my piece by thanking the Public Relations Officer, John Rowley, for once again compiling this excellent Annual Report? It is so much more comprehensive than those I produced in the past, containing much more information about the various disciplines in our sport, as practiced in Berkshire and South Buckinghamshire. Very well done, John.

As you will have seen, all the disciplines are covered in some detail, painting an excellent picture of aquatic sports in the County. My contribution aims to cover the non-discipline specific matters, but I may stray into discipline areas from time to time.

Perhaps the time is ripe to ask the questions “What is the County? What does it do for me?”

Certainly, the Berkshire & South Buckinghamshire Amateur Swimming Association aspires to be a sub-regional organisation, supporting the Region in delivering its strategies, themselves derived from the Amateur Swimming Association (colloquially “the ASA”), the national governing body. (I shall return to theme of the ASA later!). In law, however, the County is an association of clubs from a defined area. So ... it does not have a life detached from the clubs in the area – it is driven, and delivers, by means of the efforts of members of the clubs in the association.

As to what the County does, it provides a level of competition opportunities in speed swimming, a level recognised in the national athlete pathway. This is not replicated in the other disciplines because, quite frankly, the population of competitors is much lower. There are, for instance, only 3 diving clubs and 2 synchro clubs in the County, and one club which offers competitive water polo. There is an inter-county speed swimming competition, so the County supports a team at those events: there are no similar competitions in the other disciplines. It seeks to co-ordinate the training of speed swimming officials: the training of officials in the other disciplines is largely covered by regional or national agencies. The County delivers a strand of the English Programme’s pathway, in respect of training camps for speed swimmers (see later), having previously put in place a range of camps for athlete development.

In addition, the Association supports workforce development in offering bursaries for club members seeking swimming teaching or coaching qualifications. The Region has such a scheme for Swim 21 clubs while the County offers bursaries to any club, after, if they qualify, the club has exhausted its regional allocation. This scheme has really taken off, now, with the budget for the current virtually all spent, 3 months into the year!

Of course, over its 106 years of existence, the Association has had many roles. Its importance as a conduit of information from the governing body to clubs and their members has diminished over recent years, with the growth, for instance, of the internet. Its representational role has also diminished, as more and more groups at regional level and above are organised to obtain the right skills’ sets, rather than have someone from each geographical area.

Which perhaps begs the question as to the relevance of county associations in today’s sport? It could be argued that the networks, fostered by the national governing body, and supported by the Region, could in some ways replace county associations. Although that is not the aim, it could be the eventual outcome. However, this Association is organised to reflect the principles of democracy, and that may not be the case with networks ...

In terms of the national picture, you will all know that the ASA has sought to reinvent itself, as Swim England, a “Ronseal” title. In part this was because, outside the sport, the acronym ASA meant, say, the Advertising Standards Agency. The Region has agreed to trade, in future, as Swim England South East, and has a logo which might lead to confusion with a well known energy supply company! All that said, the governing body is still formally known as the Amateur Swimming Association, and we all still compete under its rules etc.

Another change is imminent, in that the ASA intends to seek endorsement from the membership – it is presently a membership body – via the Annual Council in October to become a company. The favoured model is a company with charitable status, although it is not clear whether the Charity Commission will allow that status. This will lead to governance changes, but the impact on rank and file club members will be negligible, I suggest. I think it most likely that some regions will follow the lead on incorporation, as, indeed, a number of clubs have done, to become companies.

At the end of the year under review, the ASA made a whole raft of staff redundant, or redeployed them, when the staffing structure was changed. Old hands will, of course, recognise that ASA staffing alterations are regular events. This time, the divisional arrangements were dispensed with, and for instance, the divisional office manager post was deleted. The Region decided that it needed the resilience offered by the continuation of paid administrative staff, and has appointed Bryony Gibbs as its Regional Office Manager. As far as I know, this change has caused no problems to clubs and their members in this County.

I will repeat again that this County punches well above its weight regionally. Roger Prior is the regionally elected representative on the national Sport Governing Board, as well as serving on the Regional Management Board. Eileen Adams is Vice President of the Region, and will be elected President in September. Gary Shields serves on the Regional Board, and is the Board Member for Finance, while Stuart Fillingham serves on the Finance Sub-Group. Bob Odell serves in the Swim 21 Panel, and on the Masters Group. Di Hughes is the Regional Synchro Manager, and she, Kate Coupar, Bev Skelton and Jane White serve on the Synchro Development Group. Emma West is a leading light on the Diving Group. Kevin Brookes serves on the Regional Coaches’ Panel. Incidentally, the chairman of the Board has, thus far, always come from B&SB, as Roger was the first chairman and I succeeded him.

I mentioned earlier about the athletes’ pathway devised by England Programme. This was one of those instances where a national group decided that they wanted specific action by county associations, to a specific timetable and very detailed criteria. Although we were



not the first to county to acquiesce, we are well on our way to getting the local programme into gear. However, this would not have been possible without the efforts of Joan Scarrott, Liz Rowley, Nigel Willis and Josh Atkins in various roles. No doubt, you will join me in thanking them for making the camps etc associated with the programme possible for our members.

Being the aquatic disciplines, there is one crucial element to our sport – water. Preferably, heated to a reasonable level and secure from the elements, although open water specialists don't care quite so much. By the way, never get embroiled in a discussion about the temperature at which wet suits should be worn in competition – it could take for ages! This year we have seen use of the new long course facility at High Wycombe take off. We have held County competitions there, and so has the Region. It is a fine 21<sup>st</sup> century venue, although the use of 19<sup>th</sup> century strings and pulleys to convey results from deck level to balcony does rather spoil the image!

So ... we have an excellent new competition venue. However, we will lose an older competition facility just before Christmas this year, when Central Pool, Reading will close. When it opened in the mid 1960s, it put the old headquarters of swimming in Reading – the Arthur Hill Memorial Baths (I swam there recreationally as a boy! And it closed late last year, after 105 years sterling service) – into the shade. Central had a significant role in the creation of Albatross DC and Reading Royals SSC. It will be replaced, eventually, but, in the meantime, Albatross, Royals and Reading (in respect of water polo) will have to find other premises in which to

follow their sport. In these times of municipal austerity, the omens are not good.

I should like to conclude with a list of thanks, to

- John Rowley and Terry Norris, the Presidents for the year in question. They have been dedicated and hard working in support of the aquatic disciplines in the County;
- the Hon Treasurer and the members of the Management Board. It was great to have a full complement of Board members following last year's ACM;
- the discipline managers (many of whom are also Board members), the swimming officials' co-ordinator and the public relations' officer. Their support and endeavours are vital to ensure the success of our sports in Berkshire and South Buckinghamshire;
- Helen Mack and Kristie Jarrett, the Regional Club Development Officers, and Rosa Gallop, the ASA's Club Development Officer, all of whom have attended, and reported to, meetings of the Management Board during the past year;
- Rosemary Large, the assistant secretary;
- Sandra, my wife, who puts up with (and I think that is the right verb!) my continued involvement in the wider world of swimming.

**Roger Penfold**

## **Diving**

As you are aware there are two ASA Diving Clubs within the county boundaries:

- Amersham Diving Club who are part of Amersham Swimming Club and are based at GLL operated Chiltern Pools in Amersham
- Albatross Diving Club who train at Reading Central Pool currently operated as part of Reading Borough Council

Both Clubs have the Swim 21 kite mark and have a similar sized membership. Amersham currently operates a primarily skills (novice) level competitive programme whilst Albatross has an Age Group, Elite and Masters programme in addition.

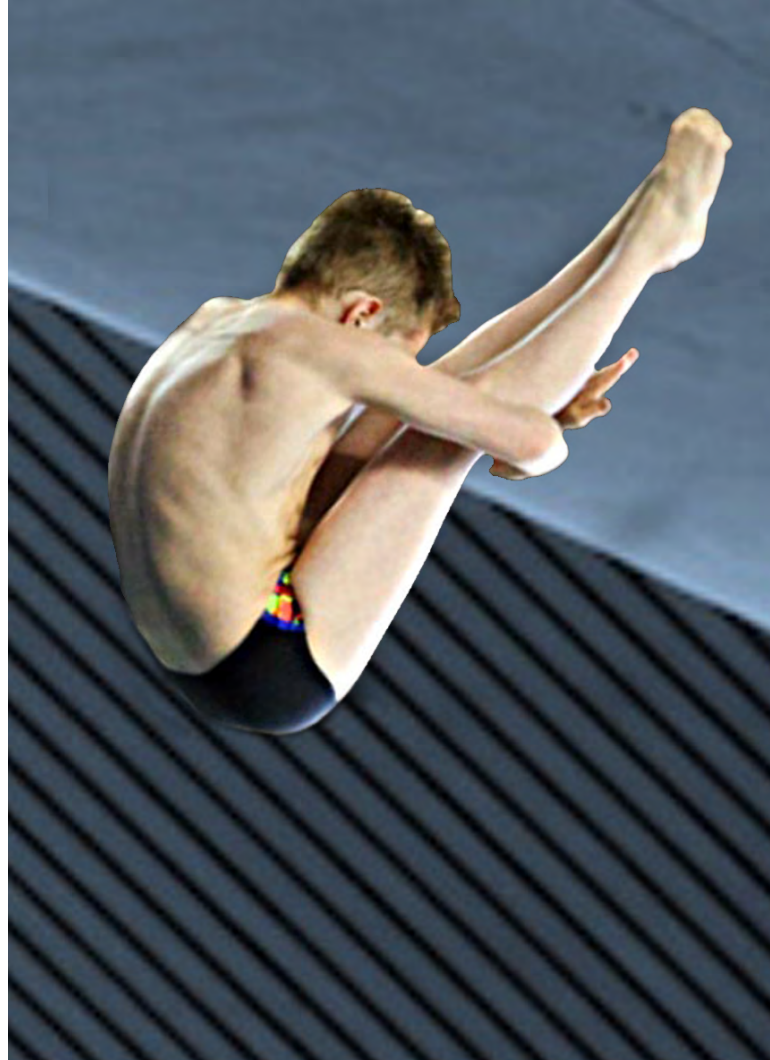
The early part of the diving calendar year is taken up in preparation for the 4 national events; GB Junior Elites (April), GB Championships (June), National Age Groups (July), and National Skills (July) with open competitions supplementing Regional Qualifying Events hosted locally by Southeast Region ASA and London.

The forthcoming National Age Groups to be held in Sheffield will see 10 Albatross divers compete have qualified recently at two qualifying events held in Southampton. Each year the club has grown in strength at this level both in size and depth of skill and experience and this team is no exception. Following the event 5 of the team will be joined by 1 Elite diver and fly to Rome to represent the Club at the 7th Trofeo Niccolo Campo open competition performing a full elite set of dives in the hope of qualifying for next year's GB Junior Elites.

National Skills will, this year, be held at the London Aquatic Centre in Stratford. The qualifying event is this weekend at the K2 in Crawley. Amersham has 11 divers competing and Albatross 15.

The recent GB Championships in Edinburgh saw Albatross diver Seb Masterton return from university in Kentucky, US, to compete in the 3m springboard. Despite an injured wrist he pulled out all the stops to reach the final and take 7th place in a field of European champions and Britain's finest. Albatross has, in the past 3 years, had 3 divers go to America for university on diving Programme scholarship to Kentucky, Princetown and Hazard. This opportunity affords the diver both a chance to carry on in their chosen sport whilst studying and also the gaining of a debt free degree, something the UK cannot yet match.

GB Junior Elites held in Plymouth also saw Albatross on the podium with James West winning the championship title on the 1m springboard, a first for the club. He accompanied his gold medal with a 4m placing on 3m and 11th on platform. It is hoped that the autumn will see him invited by British Diving to trial for the England Talent Programme, an annual programme supporting the nation's young talent.



Swim 21 (or SwimMark as it will shortly be known) support both county clubs in their operation. Both are facing challenges with uncertainty on future facilities. Albatross has assurance from Reading Borough Council that diving is included in future provision, but Central Pool will close in December this year. The club is currently negotiating pool time in a local school and dry training in a local leisure centre whilst fundraising for two pieces of equipment to support the programme going forward; a posable 1m platform and an inflatable air track. Any funding suggestions from the group would be most welcome.

Whilst pool development in Amersham is going through consultation, they are faced with coaching challenges and wish to encourage further coach qualification in the club but are finding it difficult to source local courses.

Whilst enquiries are regular these can only be supported with sufficient pool time and coaching resources; a challenge for both clubs.

## **Emma West**

*Diving Manager May 2017*



| Programme                               | Amersham                  | Albatross |
|---|---------------------------|-----------|
| Learn to Dive - non competitive members | 34                        | 32        |
| Skills/Novice Divers                    | 20 (10 Competition ready) | 20        |
| Age Group Divers                        | 0                         | 10        |
| Elite Divers                            | 0                         | 2         |
| Masters/Adult Diving                    | ?                         | 6         |
| Level 2 Coaches                         | 3                         | 6         |
| Level 1 Coaches                         | 1                         | 5         |
| Young Leaders                           | 0                         | 2         |



## Performance Swimming

For the 2016/7 swimming season, the Committee has constituted the following members: Stuart Fillingham, Rob Moore; Gary Shields; Sue Green; Jonathan Mills and Sharon Longhurst. Some of the Committee Meetings have also been attended by Terry Norris in an ex-officio capacity. All members and attendees have made an active and important contribution to the smooth running of the Committee and the events that have been organised. As Performance Swimming Events Manager, I would like to take this opportunity to thank the members of the Committee for their ongoing support and dedication.

The following four sections of this report respectively cover the key areas of responsibility of the Committee:

### Development Meet:

The Committee organised and ran the fifth County Development Meet on the 9th October 2016. This was again perceived to be a successful competition, aimed at and provided for those swimmers who did not have on entry a County Championships qualification time, in the strokes in which they were to compete. The Committee re-emphasise that this meet is not a feeder meet for the County Championships and is aimed at those swimmers that do not regularly achieve County Championship consideration times.

A total of 1,426 swims were entered into the competition, an increase on the 1,180 entered in 2015. Of the County's performance swimming clubs only Slough & Eton Dolphins SC did not enter. In a change to prior years, the meet was extended to three sessions to allow for the participation of more clubs and swimmers; particularly those from Amersham

SC and Wycombe & District SC who previously had not entered this meet. This change proved to be successful.

The meet ran well on the day and was near to capacity with respect to entries. The sessions ran close to time and the meet finished just ahead of the scheduled time. The Committee received no complaints in connection with this meet and only one matter was raised before the day, being the age old question of swimmers who change age groups between the Development Meet and the County Championships. This query has been raised a number of times and on each occasion a standard response has been provided explaining that this is a condition of the meet. The situation will continue to be reviewed ahead of the 2017 Meet and in the context of the introduction of the ASA Competition Pathway.

From a financial perspective, the meet total income of £9,357 showed an increase over the previous year (2015: £7,178; 2014: £7,423; 2013: £7,248) as a consequence of a greater number of entrants and a significant increase in programme sales. Expenditure increased to £3,716 (£3,071 in 2015; £1,817 in 2014; and, £1,785 in 2013, the latter two years excluding the cost of medals); the principal increases coming from longer pool hire and the need for double break catering rather than single break in the prior years. Consequently, although it is never the intention for this meet to be profitable, a surplus of £5,641 was earned (2015: £4,107; 2014: £5,606; 2013: £5,463 the latter two years again excluding medal costs). This surplus has been remitted back to the County for investment as the Management Board consider appropriate.

The Committee agreed that since the meet was well supported, was not massively oversubscribed and continues to appear to fulfil a need within the County it should continue in its new form of a three session competition. The meet also



remains consistent with the aims of the ASA in their recently introduced new competitive pathway.

Accordingly, the meet will run in 2017 (and has been scheduled for 15th October 2017 at the Bracknell Leisure Centre).

### **County Championships:**

The Committee again organised and ran the annual Performance Swimming County and Age Group Championships; for the second year to the new timetable prescribed in the ASA competition Pathway. The Championships took place on the weekends of 14/15 and 28/29 January 2017.

The new ASA Competition Pathway enforced a number of changes to the 2016 championships; but had little impact on the current year. However the Committee took the opportunity to further refine the Championship conditions and made a few other changes to the current year; mostly reflecting feedback that had been received. The most significant of these changes was to refine the age group structure in line with the competition pathway.

However, the most significant change related to the partial change of venue. Weekend one of the Championships was held at the new Wycombe Leisure Centre; whilst the second weekend remained at the Magnet Leisure Centre in Maidenhead. The partial move was on a trial basis, given: the committee had not previously organised a competition at this pool before; the additional work required to prepare for the move; and, the need for a greater number of volunteers at this pool to deliver the event. Four reconnaissance trips and meetings with both pool staff and members of Wycombe District SC enabled us to prepare for the event.

A programme was developed based on a long-course format for the Wycombe based weekend. However, based on feedback received from the Head Coaches of clubs in the County, it was agreed that the Championships would be run short-course at the Wycombe sessions to ensure consistency with the second weekend of the Championships at Maidenhead. As a consequence, we ran the first session in a long-course configuration and the remainder of day one in a short-course configuration. This was not the initial intention of the County's Performance Swimming Events Committee; but reflects pragmatism and largely explains the programme of events, which evolved over time and consequently may not have been ideal. The programme will be revisited for the 2018 Championships.

The trial move to Wycombe also allowed the competition to move from its traditional three and one half days to a new four day competition. This allowed for the introduction of some finals sessions and facilitated some relaxation of entry times on the first day (only) to allow more swimmers to enter.

Aside from day one, and ahead of the Championships, a review of the entry times was completed with the aim of reducing the number of swimmers eligible to compete. Whilst this did not result in a significant reset of consideration times, a number of events outside of day one were tightened with the aim, at the request of the County Coaches, to reduce the volume of entries (having failed to achieve this in the prior year despite the tightening of times). Accordingly, in 2017 on

the whole it again became more difficult to achieve a county consideration time. It is also worthy of note that in some instances, the County Championship consideration entry time is now faster than the entry time for the equivalent event at the ASA South East Summer Regional Championships.

For the 2016 Championships, 3,509 swims were entered into the Championships, compared to 2,856 swims in 2016 and 2,987 swims in 2015, thereby reversing the trend of a reduction in entrants that the County has been looking for. Of the current year swims, 351 were team entries, compared to 293 in 2016. Though clearly part of the increase being attributable to the move from three and one half days to a four day competition.

Accordingly, this made the Championships slightly less manageable in terms of swimmers and available water time in some of the sessions. Particularly day three when seven hours and twenty-five minutes were delivered in two sessions (including the license mandated breaks).

All of the County's performance swimming clubs were represented, other than Slough & Eton Dolphins SC who unfortunately did not enter.

The Coaches in the County, reporting at the annual feedback meeting subsequent to the Championships, expressed their gratitude to the Committee and declared that it had again been a successful and well run Championship. Whilst there were some inevitable problems in running a championship of this size, it did in general run very smoothly across the four days of competition. Particular thanks in this respect should go to Wycombe District SC who helped us ensure that our first visit to Wycombe Leisure Centre passed without a significant incident.

The Performance Swimming Events Committee would also like to extend a formal thanks to all of the volunteers and officials who gave up their time to make this (and the Development Meet) possible. Worthy of particular mention are:

- Herman Bleekendaal, who admirably supports the committee in his position as Trophy officer;
- John Rowley, in his role as county PR Officer; and,
- Helen Whittle who travelled to provide additional manpower in the area of meet management at Wycombe Leisure Centre.

Some of the matters covered in the post Championships review meeting were areas such as:

- SF introductory comments on thanks, missing or late volunteers, day 3 program, a tired Magnet pool
- Increasing appetite to be at Wycombe
- Late junior finals
- Presentations and finals to an empty gallery
- Numbers of relay teams per club
- Format
- Distance events on different days
- Mixed relays, do we need them
- Coaches breaks
- LC preference but mixed views
- Relay events Relay session

To date, the Committee has received no formal complaints in connection with Championships. Only one minor issue has arisen since the completion of the 2017 Championships relating to a dual-registered swimmer from Tilehurst SC who appears to have also represented an Oxford SC relay team at



the Oxford and North Buckinghamshire ASA County Championships. The time for the relay team at the latter championships has since been scratched and the subsequent entries of the dual registered swimmer into those Championships were also cancelled.

From a swimming perspective, the Championships delivered five new County Records and given the change to the entry ages in 2016 a significant number of Meet Best times.

The Committee also continued to make use of the separate web site launched in 2016 which is separate to that of the County's main site and which includes results and pictures from the Championships. This is available at the following web address: [www.bsbasaswimming.com](http://www.bsbasaswimming.com)

From a financial perspective, the meet accounts have yet to be finalised, the meet only concluding relatively recently. However, draft accounts indicate that total income of £33,312 showed an improvement compared to the previous year (2016: £23,476; 2015: £21,252; 2014: £24,436) mainly as a consequence of better entry fees (the individual swim fee was increased year on year to accommodate use of the more expensive pool at Wycombe Leisure Centre and for a longer period) and door monies rising in line with the increased number of swimmers.

Expenditure is currently estimated higher than the prior year at £15,106 (2016: £13,628; 2015: £9,490; 2014 £7,316, the latter two years excluding the cost of medals); mainly as a consequence of more expensive pool hire costs at Wycombe Leisure Centre (and for the longer period), additional catering

costs for the longer meet and different venues and the fact that the 2016 Championships benefitted from a refund from the Magnet Leisure Centre as a consequence of faulty equipment.

Consequently, a draft surplus of £18,205 is estimated (2016:£13,628; 2015: £12,060; 2014: £16,871, the latter two years excluding the cost of medals) though this is obviously subject to change. It should though be noted that this level of surplus was not anticipated. The number of swims were greater than foreseen and pool hire costs came in lower than budgeted. Accordingly, the County Association should anticipate a lower return in 2018.

However, unlike the Development Meet, this meet is designed to be profitable, as it represents virtually the only source of income to the County for the funding of its wider activities. Accordingly, the surplus has also been remitted back to the County for investment as the Management Board consider appropriate.

The Committee has made no applications for capital expenditure in the current season. It is however envisaged that applications will be submitted in the coming period for a refresh of related IT equipment.

The Committee has agreed that since the meet was well supported and continues to fulfil a need within the County that it should continue and accordingly, the meet will run in 2018. Discussions are currently underway with pool operators to secure a venue; though the Committee hope to transfer the whole competition to the Wycombe Leisure Centre in 2018.

Further information on dates will be published once pool bookings have been secured.

Other envisaged changes will include:

- Relays – Given this was the area of greatest feedback from the coaches, changes will be made to improve this area.
- Separate finals sessions
- Entry times and the volume of swimmers.

#### **Performance Swimming Records:**

The Performance Swimming Events Committee continues to take responsibility for the administration of Performance Swimming County Records. The Committee also retained responsibility for administering County Championship Meet Best Times.

The administration system written a few years ago along with a database and reporting mechanism has been maintained throughout the year. This aligns the meet best times and the records into a single database. The system continues to generate a certificate of achievement for records that is presented to the new record holder. The up-to-date records list is now also re-published on the website each time after a new record has been set.

An appendix to this paper sets out all of the new County records ratified since the last annual report of the Performance Swimming Events Committee. A listing of new County Championship meet best times is also available on request.

#### **Performance swimming facilities within the County:**

The Performance Swimming Events Committee also takes a keen interest in the facilities available in the county which are suitable for the organisation of galas and competitions. To this end, the Committee notes that development of a new pool is now planned to replace the Magnet Leisure Centre in Maidenhead. Building work on the new ten lane short-course pool is estimated to be completed in January 2019.

The Committee will note progress with interest to ensure relationships with the operator are maintained and will consider use of the pool for future county competitions in due course.

## ***Stuart Fillingham***

***BSB ASA Performance Swimming Events Manager  
12 March 2017***

## ***Disability/Para Swimming 2017***

There has been no specific County activity in Disability/Para Swimming during the year. However, many of our mainstream clubs have disabled swimmers training with them. Whilst Electric Eels of Windsor, Reading Cygnets SC and Starfish SC continue to cater specifically for Disability/Para athletes; Electric Eels of Windsor is unique in providing Synchronised Swimming.

I met during the year with Dave White, our Para-Swimming Pathway Officer to discuss the Regional Para-Swimming programme. During this meeting I asked if there was anything he felt the County should be doing to support Para-Swimming, but he thought there was not.

A small number of our swimmers enter MC events in County and Regional competitions. Tyler Ioannou of Tilehurst SC, Max Tulloch of Chalfont Otters SC and Katie Crowhurst of Wycombe District SC all competed at both levels

Swim England South East is in the process of compiling a list of Regional Para-Swimming records, and a claims form for such records will appear shortly on the Regional website.

## ***Roger Prior***

***Interim Disability/Para Swimming Manager  
April 2017***

## **Masters Swimming**

There were 20 swimmers from BSB at the British Masters and Senior Age Group Championships (LC) in Sheffield in early April. This is not a particularly large number and obviously they were saving themselves for the European Masters at LAC in May, where 50 local swimmers took some part. Notable successes were recorded by Kirsty Johnson with 2 Silvers, Richard Stannard and Dave Milburn with 1 Silver each and Peter Meme with 1 Bronze. The stand-out performance was almost certainly the 400 Freestyle by Richard Stannard (which I witnessed as a technical official) where he was beaten by only an Italian who came within 0.31sec of a European record. Amanda Heath, again swimming under the Spencer banner, achieved 2 individual Bronze and 1 team Gold medal (medley relay). Although swimmers told me that competing in the Olympic Pool was a truly awesome experience the event as a whole was dogged by problems. This started from the fact that it was heavily oversubscribed due to the poor management of LEN culminating in 25-26000 swims rather than the planned 14000. The challenges that this raised were considerable and included having to compete in the training pool, no warm-ups, no swim downs, queues for hours and people missing events. Our own Roger Penfold wearing his SER Chairman's hat was non of many who wrote official letters of complaint, which has resulted in a belated general apology from British Swimming.

There were a number of Open Water events in September - notably the Dart 10K and various Channel swims.

October 2016 was a busy month which started with the SER (SC) MASTERS at Guildford when 21 swimmers competed (13 came from Bracknell). Becky O'Brien (27) starred with 4 Golds as did Nigel Salisbury (76) whilst Amanda Heath managed 3. Later in the month 40 swimmers competed in National MASTERS (SC) at Sheffield amassing 36 medals which included Golds for Becky O'Brien, Bridget Bewick (57) and Dave Milburn (54), 2 Golds for Kirsty Johnson (35) and 3 for Nigel Salisbury (76).

After a gap of 5 years we resurrected the BSB County Open MASTERS held at Maidenhead. In effect it was like starting

from scratch so it was pleasing that nearly 150 swimmers (including 60 local BSB) took part. 41 clubs were represented and there were nearly 550 swims. This was not really enough for an 8-lane pool with AOE, so we adopted a 6-lane format and ran at a leisurely pace in order to spread out the individual events. Fittingly the top points scorer at the meet was Dave Milburn of Newbury. Feedback was generally positive and the Maidenhead pool has been booked for Sunday 10th September 2017 with the same format of events, but hopefully operating all 8 lanes.

In November the Inter-County event was hosted by Oxford & North Bucks at the new Leys Pool. This was a strong gala and, with a good overall performance across the 68 events, we again came third which translated to ninth overall in the national standings (of 29 districts). Our area winners were Hampshire who came first nationally, and second-placed Middlesex came fourth nationally. Anne Cork on 50 Backstroke was our sole national event winner in her age group.

35 swimmers - almost half from Bracknell - took part in the SER MASTERS (LC) at Crawley in January. The stars were Philippa Collin (55) with 6 Golds and Dave Milburn (55) with 5 Golds. Collin and Milburn were again dominant at the Bracknell MASTERS in March, each coming away with 6 Golds. More than 50 clubs had entered this popular event and whilst Bracknell themselves had a large team (28), the biggest contingent had come from Teddington (42). There must have been something special in the water as 3 new British records were posted in separate 200 Breaststroke events by Amanda Heath, Gina Heyn and Dave Milburn respectively. On the same day a group of 7 local swimmers had chosen to compete instead at Swim Wales (Swansea) and bagged 13 Golds between them.

## **Bob Odell**

**Master Secretary March 2017**





## ***Synchronised Swimming***

Both Reading Royals and Bracknell Synchronised swimming clubs continue to flourish with Reading proving itself as one of the top clubs in the Country winning numerous medals throughout the year and providing swimmers for all the National squads.

Reading Royals have competed in numerous National competitions throughout the year with medals collected at all levels from novice through to senior swimmers. As always the competition season runs roughly from September to March. Selected swimmers then go onto the International competitions as this season runs into the summer.

At the multi-regional competition in October the 12U and 13/14 squad claimed multiple medals with Eleanor Blinkhorn claiming the maximum 4 gold medals in the 12U age group and Mimi Gray continuing her champions reign with another 4 gold medals in the 13/15 age group. Isabel Blinkhorn and Abi Taylor consistently won silver and bronze ensuring the Reading won all the available medals in the 13/15 age group. This feat also continued through the National Age group competition. The 12U Team also triumphed in all competitions with the 13/15 team claiming Silver. The 15/18 team is a smaller group with many working towards exams. Despite this they claimed the Bronze medals.

Anna Welland and Isabel Blinkhorn also travelled to the Scottish National Competition where they collected a Gold medal for their duet.

During the summer 2016 Mimi Gray was selected to train with the GB Junior duet and went to the Comen Cup competition where she competed in the figure competition pacing 96th

overall but 4th in her age group. Hannah Mulshaw and Emma Critchly also competed as part of the British Junior Team at the European Junior Competition in Croatia.

Mimi was then joined by her duet partner Alyssa Bassinger to compete under the England Age Group Squad banner at the Hungarian Open Competition along with duet partners Harriet Smith and Abigail Taylor. They then also competed in the team competition.

We continue to have 1 swimmer in the England Development Squad and 5 swimmers in the England Age Group Team with Mimi Gray and Isobel Blinkhorn selected to swim their solos and duet, Mimi Grey and Alyssa Bassinger selected to swim at this week's Primorje Cup in Croatia.

Harriette Smith has also been selected to compete in the Junior GB team next week in Serbia at the European Junior Championships.

Jenny Bates, a Reading Royals senior swimmer, coached a duet during the year from the Electric Eels Downs Syndrome club who represented Great Britain at the first International Downs Syndrome Competition in Italy. They were rewarded with a Silver Medal.

Reading Royals hosted their annual Novice Competition in May. Again a very popular competition with swimmers from all over the country. Reading picked up 10 medals over different categories and Bracknell collected 4 medals including the 13-19 team gold.

A huge amount of work from Reading Royals' Katie Clark saw her qualify with her duet partner Olivia Federici for the Rio Olympics. Her dedication to the sport meant that they consistently swam to a high level throughout the year

culminating with great swims at the Olympics. Katie is now passing her knowledge on working part time within Reading Royals. Their other Olympian Katie Skelton is also coaching younger swimmers passing on valuable experience.

Many swimmers and coaches were recognised at the Reading Sports Award Evening in January 2017 with Eleanor Blinkhorn collecting the Female achiever of the Year award for a fantastic Year. Alan Porton was awarded a Lifetime Achievement of the year award. Alan has been a massive supporter of Reading Royals over the years.

Jenny Gray, a lifelong member of Reading Royals was awarded an MBE in the Queen's Birthday Honours list. A fantastic recognition of someone who has spent a lifetime dedicated to the sport leading to huge improvements over the years.

Reading's coaches continue to work hard with several becoming coaches, judges, assessors, lifesavers, scorers and helpers throughout the club.

Bracknell Synchronised Swimming Club continues as a recreational synchro club. Its numbers have risen slightly from last year. They have limited pool time which is challenging as there is a wide skill level. They have limited coach availability also with 1 full time coach and 2 part time. They entered the recent Reading Novice Competition claiming several individual medals and a Team gold. A great achievement for a small club!

There has a shift in the grading system this year with a three strand award system for athletes working on Figure grades, Routine Grades and Land grades. The figure grades are all divided into 6 grades each with a bronze, silver and gold level. There are also 5 routine grades. The 5 land grades will be introduced in January 2018. It is hoped that these will all complement each other and allow the swimmers to develop an all-round ability to compete at the highest level. All clubs are now working on these new grades that will be used to qualify for the various competitions. New FINA figures are expected to be released in August for the swimmers to learn from January 2018.

Synchronised swimming is thriving within Berks and South Bucks and credit needs to go to Kelly-Anne Russell (Reading Head Coach) and Pauline Emery (Bracknell Head Coach) along with their coaches and many volunteers who allow the swimmers to achieve all their goals.

## ***Beverley Skelton***

*Synchronised Swimming Manager*

### ***B&SB Medal Winners 2016-2017***

**Junior GB Team**, Harriet Smith, Terry Faye Coupar

**England Development Squad**, Beatrice Crass

**England Age Group Squad**, Mimi Gray, Alyssa Bassinger, Isobel Blinkhorn, Cerys Larsen, Eleanor Blinkhorn,

### **Multi Regional Age Group Competition 8" October 2016**

(all swimmers from Reading Royals)

Figures 12U 1. Eleanor Blinkhorn

|          |  |   |
|----------|--|---|
| 13/15    |  | 2. Beatrice Crass                       |
|          |  | 1. Mimi Gray                            |
|          |  | 2. Abigail Taylor                       |
|          |  | 3. Isobel Blinkhorn                     |
| Solo 12U |  | 1. Eleanor Blinkhorn                    |
| 13/15    |  | 1. Mimi Gray                            |
|          |  | 2. Abigail Taylor                       |
|          |  | 3. Isobel Blinkhorn                     |
| Duet 12U |  | 1. Eleanor Blinkhorn/<br>Beatrice Crass |
| 13/15    |  | 1. Mimi Gray/ Alyssa Bassinger          |
|          |  | 2. Abigail Taylor/Isobel Turrel         |
|          |  | 3. Anna Welland/ Isobel Blinkhorn       |
| Team 12U |  | Gold                                    |
| 13/15    |  | Gold                                    |
| 15/18    |  | Bronze                                  |

### **National Age Groups 3/4" December 2016**

|                               |              |   |
|-------------------------------|--------------|---|
| Figures 12U                   |              | 1. Eleanor Blinkhorn                      |
|                               |              | 4. Beatrice Crass                         |
| 13/15                         | 1. Mimi Gray |   |
|                               |              | 4. Isobel Blinkhorn                       |
|                               |              | 4. Anna Welland                           |
|                               |              | 5. Abigail Taylor                         |
| Solo 12U                      |              | 1. Eleanor Blinkhorn                      |
| 13/15                         |              | 1. Mimi Gray                              |
|                               |              | 2. Isobel Blinkhorn                       |
|                               |              | 4. Anna Welland                           |
|                               |              | 5. Abigail Taylor                         |
| Duet 12U                      |              | 1. Eleanor Blinkhorn/<br>Beatrice Crass   |
|                               |              | 5. Rebecca Saunders/<br>Madeleine Staples |
| 13/15                         |              | 1. Mimi Gray                              |
|                               |              | 2. Anna Welland/ Isobel Blinkhorn         |
|                               |              | 3. Abigail Taylor/ Isobel Turrell         |
| Team 12U                      |              | Gold                                      |
| 13/15                         |              | Gold                                      |
| 15/18                         |              | Bronze                                    |
| Recreational Combination Team |              |   |
| 12U                           |              | Gold                                      |
| 13/14                         |              | 4th place                                 |

### **Berks and Bucks Novice Competition 20" May 2017**

|           |  |                              |
|-----------|--|------------------------------|
| Figures   |  |                              |
| A 13/19   |  | 1. Tazmin Foster (BR)        |
| B 9-12    |  | 1. Florence Blinkhorn (RR)   |
|           |  | 2. Louisa Horlock (RR)       |
|           |  | 3. Alice Bloomfield (RR)     |
| 13-19     |  | 1. Ameila Evans-Grubiak (RR) |
|           |  | 2. Millie Coleman (RR)       |
|           |  | 3. Amelia Clarkson (BR)      |
| C 9-12    |  | 1. Natalie Sciarra (RR)      |
|           |  | 2. Francesca Pringle (RR)    |
|           |  | 3. Sofija Dakovic (RR)       |
| 13-19     |  | 1. Catherine Gowing (RR)     |
|           |  | 2. Megan Woods (BR)          |
|           |  | 3. Katie Hall (BR)           |
| Team 9-12 |  | 1. Reading Royals            |
| 13-19     |  | 1. Team                      |



## **Water Polo**

There is one club in the County which offers competitive water polo – Reading SC. That said, Wycombe District SC started weekly water polo sessions in the Autumn of 2016. There were 10 regular attendees then, and the session was led by GB polo coaches, from Ealing. This started as a stand alone lesson to learn, play and experience the sport: However, as interest grows, the Club might want to develop it into something more.

To return to Reading SC, the polo section comprises 16 [adult] players. Although the total number seems to remain fairly static, the Club notes that its polo membership is transient, in that players move in and out of the area in connection with their work.

Although the Club played in the National League towards the end of the twentieth century, they presently field teams in the London League. The Club was promoted to Division 1 of that League in 2016, but found that very tough going. This is in the summer. There is also a winter league, in which the Club competes.

2 members have obtained the level 1 water polo coaching qualification and one of them has ambitions to obtain a level 2 qualification this year, subject to the availability of courses and finance and his personal workload.

As will be evident from the reports on diving and synchro, there is a black cloud hanging over polo in Reading presently. Of the premises used by Reading SC, only one – Central Pool, Reading, is suitable and equipped for water polo. Hence, Reading play all their matches there. Central is due to close at Christmas 2017, and the temporary replacement facility will be no use for polo (or synchro and diving). In the longer term, the “permanent” replacement pool is expected to be suitable for polo, but there is no confidence that that facility will be up and running in this decade.

Therefore, Reading SC are desperately seeking alternative facilities for polo. They are hoping to hire time at Bradfield Collage pool. The College has a polo section (and, therefore, goals!) and there is the prospect of an arrangement which would be beneficial to both the Club and the College. Fingers are crossed!

Nationally, a new performance pathway was unveiled towards the end of 2016. There are plans to develop regional academies for water polo, and for each region to maintain 6 squads – at under 14, under 16 and under 18 levels, for both genders. As things stand presently, it is unlikely that any of the initial squad members will come from Berks & South Bucks clubs. The plan is also to create posts at regional level for head coaches, squad coaches and academy administrators. These are all seen as volunteer roles, and inevitably depend on growth in the qualified workforce, which in turn depends on there being suitable training courses ...

## **Roger Penfold**

**Interim Water Polo Manager**



## **Public Relations**

Once again a busy year. The use of video and photographs to celebrate and publicise the work of the County continued. The busiest period is always the County Swimming Championships but through my involvement in the County swim camps and the National County Team Competition we have built a large archive of materials from which to draw for publicity purposes.

### **Club Visits**

During the year the President, Terry Norris, and I met with the committees of over half of the clubs in Berkshire and South Buckinghamshire. The purpose was to introduce the incoming President, publicise the County development initiatives and to get feedback from the Clubs on the issues they are facing. It was a very rewarding process. The initiative was also prompted by the unfilled vacancies on the management committee last year. A by-product of the visits has been more club interest in having representatives at County level.

### **Website**

The County's official website was given a makeover during the year thanks to the work of Webmaster Jonathan Mills. The home page has been given a cleaner look and the menu bar clearly signposts the areas that users need most.

The alternative site that hosted photographs and video from the County Championships was used again for the 2017 Championships. The site was updated with all the resources from the 2017 Swimming Championships during and just after the completion of the Competition. The bulk of the traffic on the site happens immediately after the championships and interest lasts for 4 or 5 weeks.

In the Annual Report last year the aspiration was signalled to integrate the approach of the alternative website within the main County website. This was however not achieved because of the limits on the size of the files that can be uploaded to the County website. Video files are extremely large which coupled with the large archive of available still images poses insurmountable hosting problems.

Currently the easiest and cheapest way to disseminate video files has been through the use of You Tube. There are alternatives but all come with a prohibitive price tag. The search goes on for a cost effective method of distributing the wealth of media resources we have.

With the traffic on the alternative website drying up it has now been withdrawn. The existence of a separate site created confusion amongst users, and the additional hosting costs incurred plus the cost of a separate domain name meant the project was not considered value for money. The key issue for the future is how to add the visual impact of the **bsbasaswimming.com** site to the official **bsbasa.org** site.

### **Video**

Once again the videos shot during the 2017 County Championships that were posted received multiple hits, some events being significantly more popular than others. 30 separate clips from the Championship were posted and these received 2422 'hits' when last tallied. The videos that received the most 'hits' were the finals of the Boys 100 Backstroke and 100 Freestyle - both received 165 viewings. The most watched Girls' final with 160 viewings was the 100 Backstroke.

### **Photography**

The policy of sharing images with participating clubs of Medal and trophy presentations together with the best action shots was continued. This was achieved by burning the best images to disk and distributing CDs and DVDs during the championships via the red trays used to communicate with Coaches and Team Managers. It would be fair to say that most clubs are now keeping their own visual record and we will probably need to offer this service less in the future.

From the perspective of the County the visual record of the podium presentations provide the trophy secretary with an invaluable resource when tracking the holders of the various County cups and shields. This archive has also been the first point of call for clubs when posting press releases about swimmers' successes. Some clubs have made significant and imaginative use of the resources provided by the County on their own websites. Some have even used the images to create their own club videos.

### **Other Events**

A visual record of the County Team's experience in Sheffield for the National County Team Championships was kept. This meant swimmers were able to have a record of the weekend plus footage of their own contribution to the team's performance. The county's final position should not obscure the fact that our swimmers swum really well, many achieving PBs, largely due to a fantastic team ethos created by County Coach Paul Hurley and County Team Manager Joan Scarrott. This was very apparent in all the videos and photographs taken.

### **Sharing**

During the season Videos were also made of the County's 2-day Regional camp held at Crystal Palace in September. The latter was filmed and edited by a friend of Double Olympian Katy Avramova who gave an inspiring talk to the County swimmers involved over the weekend.

### **Archive**

The photographic archive provides a great starting place when producing designs for the County Championship programmes. This year's Championships featured four images taken from the 2016 Championships. From the numerous action images from 2017, the 2018 programmes will be designed. **Swim England South East** Region commissioned designs for their Regional programmes for their competitions, and images of our county's swimmers have been used regularly.

### **Conclusion**

Overall this has been a year when we have continued to develop the way we record and share resources. The use of the alternative website has allowed an additional method for clubs and individuals to access County materials and has sped the process of dissemination.

Raising the profile of the County and particularly of our talented swimmers is a key objective. The process of recording the successes and sharing the resources has built a positive ethos, celebrating what the County has achieved during a busy year.

**John Rowley**

## Treasurer

June 2017

### Accounts

The accounts for 2016-2017 have been examined by an independent examiner, and we thank Barbara Garden from Bracknell & Wokingham SC for her time and experience on this. A Special thank you to her for refusing to accept remuneration for this task.

The accounts (circulated this meeting) are available for the ACM.

As is normal, the County year starts quietly - there is preparation behind the scenes for the County's programme of meets and training camps.

One item that may be worth mentioning - and is elsewhere on the agenda - we have allocated some £2,000 in the budget for bursary contribution towards the training of aquatics teachers and coaches in the County, once the ASASER allocation has been exhausted. In previous years this quota has not been exhausted by the end of the financial year.

This year however we have already allocated/been requested for some £2,100, with all but £100 being entailed on behalf of Chalfont Otters. The Management Boards thoughts on what should be done once the set budgeted amount is reached would be welcomed.

### Website

The website remains stable, as there has been relatively little news to be published. An overhaul to the documents in the Bursary section is in progress, following the change in name of the ASA to Swim England.

The website does now run with secure encrypted communications as standard now, and a friendlier ("responsive") layout to phones and tablets than originally.

Traffic peaked at about 4.3 Gbyte back in January - not unsurprisingly with the Championships being held that month. There are about 300 "Hits" to the home page a month, normally running at just over 1 Gbyte of traffic. Some of this includes search engine bots indexing the pages.

There is a start to the preparation of the meet pages for the County Masters in September, and the Development Meet in October.

Club representatives are refined that to have your meet or course included in the site, just takes an e-mail - the link is on the site.

**Jonathan Mills**

## Swim England South East

April 2016 – March 2017

### SwimMark (previously Swim 21)

Currently Berkshire & South Bucks has 14 SwimMark club Essential accredited clubs. Tilehurst SC achieved accreditation for the first time in September 2015.

### Regional Talent Camps

In 2016, Berks and South Bucks had 15 young swimmers selected for the SER Regional Talent Camps, one 11-year-old girl, four 11-year-old boys, five 12-year-old girls and five 12-year-old boys.

The following BSB coaches supported the Regional Talent Camps:

Boys head coach – **Jason Keeler**, Amersham

Group coaches – **Agnes George** (Chalfont), **Giuseppe Caporaso** (Windsor), **Liam Jones** (Wycombe), **David Gee** (Wycombe).

Strength and Conditioning Coach - **Cameron Roberts** (Wycombe)

Team Manager - **Terry Norris** (Chalfont)

2016 / 2017 has seen a change in the Regional Talent Camps with the Counties delivering 11-year-old camps and the Region focussing on 12 year olds.

The following swimmers have been selected for the 2016/2017 programme;

Boys **Solomon Williams**, Wycombe

**William Dean**, Maidenhead

Girls **Merissa Booth**, Wycombe

**Terry Norris**, **Liz Rowley** and **Heather Reid** (Wycombe) are all working as Team Managers on the camps.

**Cameron Roberts** is delivering the strength and conditioning sessions.

### Beacon Programmes

Between April 2016 – March 2017, two BSB athletes were selected to attend the Portsmouth Beacon Swimming Programme. Six divers were selected to attend the Southampton Diving Beacon and 5 synchronised swimmers selected to attend the Reading Royals Beacon Programme

### Bursaries

Between April 2016 – March 2017, the South East Region awarded 17 level 1 and level 2 teaching and coaching bursaries across 3 disciplines totalling £4336.50 to clubs within Berks and South Bucks. In addition one level 3 bursary was awarded to a BSB club totalling £1350.

Furthermore, 17 Continual Professional Development (CPD) bursaries for safeguarding courses were awarded totally £248.00

### Networks

The following BSB clubs are actively involved with networks:

**Four Counties Network** – Bracknell & Wokingham SC

**Southampton Diving (ACE) Network** – Albatross Diving Club and Amersham SC

**Oxon & Berkshire Synchro Network** – Electric Eels of Windsor SC, Henley Synchro SC and Reading Royals Synchro SC

**Thames Valley Network** – Reading SC, Maidenhead SC, Slough & Eton Dolphin SC, Tilehurst SC, Windsor SC

**Chiltern Network** – Amersham SC, Chalfont Otters SC and Chesham SC.

All the above networks are SwimMark accredited networks.

### Coach Education

The region has delivered a variety of coach education opportunities from April 2016 – March 2017. During this period, 21 BSB coaches have attended workshops and conferences. Two BSB Team Managers attended the County Conference in March 2017.

### Time to Listen

One TTL course was delivered in Berkshire & South Bucks in September 2016. The SER commits to delivering one course per County ASA every twelve months. Five welfare officers in BSB have been trained within the last 12 months.

### Team Manager Training

4 Team Manager Courses were delivered in BSB between April 2016 – March 2017, 2 Team Manager module one courses and 2 Team Manager module 2 courses, training 64 team managers.

### Regional Off-shore Camp

7 swimmers from BSB clubs (Wycombe, Maidenhead and Bracknell & Wokingham) were selected to represent the region at the FFN Golden Tour in Nice, 2 – 6<sup>th</sup> February 2017. The swimmers were supported by **Kevin Brookes** (Head Coach) and **Terry Norris** (Team Manager).

### Young Volunteer Programme

The aim of the SER Young Volunteer Programme is to increase the number of trained young people and to improve the accessibility to formal and informal training opportunities. Young people participating in the programme were expected to attend two Development Days, one between September – December 2016 and the second in February / March



*Young volunteers in BSB completing the SER Young Volunteer Programme*

2017. In addition to attendance at the development days, the young people were expected to undertake ten hours volunteering within their home clubs, volunteer at an aquatic event (club, county or regional) and complete an online training course.

Training provided during the programme included;

- ASA Young Aquatic Helper Certificate
- ASA Timekeepers Course
- St. Johns Emergency First Aid
- Sports Coach UK – Safeguarding for Young Volunteers (13+)
- ASA Team Manager Training (Module 1) is offered to the young people on the programme who are 16 years or over.

9 young volunteers from BSB completed the 2016/2017 programme, with a further 3 young volunteers attending their first day in March.

## ***Helen Mack***



*Photograph during the First Aid session*

**Berks & South Bucks County ASA  
Accounts at 31 March 2017**

|                                       | Year ended<br>31 March 2017 | Year ended<br>31 March 2016 | Year ended<br>31 March 2015 |
|---------------------------------------|-----------------------------|-----------------------------|-----------------------------|
| <b>Income and Expenditure Account</b> |                             |                             |                             |
| <b>Income</b>                         |                             |                             |                             |
| 2017 County Championship receipts     | 33,312                      | 23,477                      | 21,550                      |
| 2016 Development Meet                 | 9,357                       | 6,912                       | 6,423                       |
| 2016 Count Masters                    | 2,812                       | -                           | -                           |
| Synchro Receipts                      |                             | 200                         | 240                         |
| Inter County Gala rebate              | 1,000                       | 1,000                       | 1,000                       |
| T shirts sold                         | 157                         | 111                         | 132                         |
| Interest received                     | 38                          | 51                          | 42                          |
|                                       | <u>46,676</u>               | <u>31,751</u>               | <u>29,387</u>               |
| <b>Expenditure</b>                    |                             |                             |                             |
| 2017 County Championship expenditure  | 15,106                      | 13,629                      | 9,490                       |
| 2016 Development meet                 | 3,716                       | 2,805                       | 1,817                       |
| 2016 County Masters                   | 3,390                       | -                           | -                           |
| English Programmes                    | 226                         |                             |                             |
| Bursaries                             | 896                         | 1,251                       | 804                         |
| Synchro Expenses                      | -                           | 660                         | 234                         |
| Masters expenditure                   | -                           | 441                         | 525                         |
| 2016 Development camp                 | 1,014                       | 1,232                       | 1,062                       |
| 2016 Regional camp                    | 4,332                       | 3,346                       |                             |
| Inter county Gala expenditure         | 2,876                       | 3,486                       | 2,840                       |
| County polo shirts/Promotion          |                             | -                           | 172                         |
| Trophies etc                          | 1,097                       | -                           | 4,106                       |
| President & Hon. Secretary's expenses | 173                         | 129                         | 476                         |
| Room hire (meetings etc)              | 50                          | 363                         | 297                         |
| Accountancy                           | 200                         | 480                         | 480                         |
| Depreciation                          | -                           | 1,378                       | 1,377                       |
| Officials                             | 54                          | 91                          |                             |
| Website                               | 91                          | 59                          |                             |
| Miscellaneous expenditure             | 166                         | 604                         | 198                         |
|                                       | <u>33,387</u>               | <u>29,954</u>               | <u>23,878</u>               |
| <b>Income over expenditure</b>        | <u><b>13,290</b></u>        | <u><b>1,797</b></u>         | <u><b>5,509</b></u>         |

**NOTES**

Trophies are the cups etc; ribbon/medals now allocated against the gala  
For comparison all Medals and trophy repairs were 6082

AOE now fully depreciated

Accruals  
- unbilled pool hire

Website was included in MISC last year

Miscellaneous is presidents' pins

Officials is Officials' expenses and training, T-shirts (to stock)

**Balance sheet**

**Assets**

|                          |                       |
|--------------------------|-----------------------|
| Bank accounts            | 125,559               |
| Debtor                   | -                     |
| Fixed Assets(AOE Backup) | -                     |
| Stock                    | 1,278                 |
|                          | <u><b>126,837</b></u> |

**Liabilities**

|                         |                       |
|-------------------------|-----------------------|
| Accruals                | 1,440                 |
| Funds 01 April 2016     | 112,107               |
| Income over expenditure | 13,290                |
|                         | <u><b>126,837</b></u> |

Debtor: -

Accruals: 2015 Counties pool hire 1,240  
accountancy 200  
**1,440**

Appendix – **New County records since the last annual report**

| <u>Sex</u> | <u>SC</u><br><u>LC</u> | <u>Distance</u> | <u>Stroke</u> | <u>Age</u>           | <u>Swimmer</u> | <u>Club</u>      | <u>Meet</u>                        | <u>Venue</u>                  | <u>Date</u> | <u>T1</u> |
|------------|------------------------|-----------------|---------------|----------------------|----------------|------------------|------------------------------------|-------------------------------|-------------|-----------|
| Boys       | LC                     | 50              | Back          | County Junior Record | James Eddy     | Wycombe District | ASA British Summer Championships   | Sheffield                     | 26.07.16    | 00:26.53  |
| Mens       | LC                     | 50              | Back          | County Record        | James Eddy     | Wycombe District | ASA British Summer Championships   | Sheffield                     | 26.07.16    | 00:26.53  |
| Boys       | LC                     | 50              | Free          | County Junior Record | James Eddy     | Wycombe District | ASA British Summer Championships   | Sheffield                     | 30.07.16    | 00:23.86  |
| Boys       | LC                     | 100             | Free          | County Junior Record | James Eddy     | Wycombe District | ASA British Summer Championships   | Sheffield                     | 28.07.16    | 00:51.98  |
| Mens       | LC                     | 100             | Back          | County Record        | James McFadzen | Wycombe District | ASA British Summer Championships   | Sheffield                     | 27.07.16    | 00:56.92  |
| Mens       | LC                     | 200             | IM            | County Record        | James McFadzen | Wycombe District | ASA British Summer Championships   | Sheffield                     | 30.07.16    | 02:03.84  |
| Mens       | LC                     | 50              | Fly           | County Record        | James McFadzen | Wycombe District | ASA British Summer Championships   | Sheffield                     | 31.07.16    | 00:25.17  |
| Girls      | LC                     | 50              | Back          | County Junior Record | Emilia Sansome | Wycombe District | ASA British Summer Championships   | Sheffield                     | 30.07.16    | 00:29.97  |
| Girls      | LC                     | 200             | Free          | County Junior Record | Emilia Sansome | Wycombe District | ASA English National Championships | Sheffield                     | 01.08.16    | 02:04.42  |
| Boys       | LC                     | 4x100           | Free          | County Junior Record |                | Wycombe District | ASA British Summer Championships   | Sheffield                     | 30.07.16    | 03:38.51  |
| Boys       | LC                     | 4x100           | Medley        | County Junior Record |                | Wycombe District | ASA British Summer Championships   | Sheffield                     | 31.07.16    | 04:02.37  |
| Mens       | LC                     | 4x100           | Medley        | County Record        |                | Wycombe District | ASA British Summer Championships   | Sheffield                     | 31.07.16    | 03:49.76  |
| Womens     | LC                     | 200             | Free          | County Record        | Emilia Sansome | Wycombe District | ASA English National Championships | Sheffield                     | 01.08.16    | 02:04.42  |
| Girls      | LC                     | 100             | Free          | County Junior Record | Emilia Sansome | Wycombe District | ASA English National Championships | Sheffield                     | 04.08.16    | 00:58.20  |
| Womens     | LC                     | 100             | Free          | County Record        | Emilia Sansome | Wycombe District | ASA English National Championships | Sheffield                     | 04.08.16    | 00:58.20  |
| Girls      | SC                     | 800             | Free          | County Junior Record | Caitlin Mackay | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 08:44.84  |
| Mens       | SC                     | 200             | Back          | County Record        | James McFadzen | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 01:59.78  |
| Mens       | SC                     | 100             | IM            | County Record        | James McFadzen | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 00:56.18  |
| Mens       | SC                     | 50              | Fly           | County Record        | James McFadzen | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 00:25.24  |
| Womens     | SC                     | 50              | Back          | County Record        | Emilia Sansome | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 00:29.14  |
| Girls      | SC                     | 50              | Back          | County Junior Record | Emilia Sansome | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 05.11.16    | 00:29.14  |
| Girls      | SC                     | 100             | Back          | County Junior Record | Emilia Sansome | Wycombe District | ASA SER Winter Championships       | Portsmouth Mountbatten Centre | 06.11.16    | 01:02.10  |
| Womens     | SC                     | 50              | Fly           | County Record        | Elizabeth Gray | Tilehurst        | BUCS 2016 Short Course meet        | Sheffield                     | 20.11.16    | 00:27.91  |
| Womens     | SC                     | 100             | Fly           | County Record        | Elizabeth Gray | Tilehurst        | BUCS 2016 Short Course meet        | Sheffield                     | 20.11.16    | 01:01.66  |
| Girls      | SC                     | 200             | IM            | County Junior Record | Caitlin Mackay | Wycombe District | National Swimming League           | Wycombe Leisure Centre        | 10.12.16    | 02:17.94  |
| Girls      | SC                     | 100             | Breast        | County Junior Record | Eleanor Cowan  | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 01:12.51  |
| Girls      | SC                     | 50              | Back          | County Junior Record | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 00:29.08  |
| Womens     | SC                     | 50              | Back          | County Record        | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 00:29.08  |
| Girls      | SC                     | 100             | Back          | County Junior Record | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 01:00.65  |
| Womens     | SC                     | 100             | Back          | County Record        | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 01:00.65  |
| Girls      | SC                     | 100             | IM            | County Junior Record | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 01:03.47  |
| Womens     | SC                     | 100             | IM            | County Record        | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 01:03.47  |
| Girls      | SC                     | 200             | IM            | County Junior Record | Emilia Sansome | Wycombe District | ASA Winter Meet                    | Sheffield                     | 17.12.16    | 02:17.56  |

|        |    |       |        |                      |                   |                  |                              |                               |          |          |
|--------|----|-------|--------|----------------------|-------------------|------------------|------------------------------|-------------------------------|----------|----------|
| Girls  | SC | 200   | Free   | County Junior Record | Emilia Sansome    | Wycombe District | ASA Winter Meet              | Sheffield                     | 17.12.16 | 01:59.91 |
| Womens | SC | 200   | Free   | County Record        | Emilia Sansome    | Wycombe District | ASA Winter Meet              | Sheffield                     | 17.12.16 | 01:59.91 |
| Mens   | SC | 200   | Back   | County Record        | James McFadzen    | Wycombe District | ASA Winter Meet              | Sheffield                     | 17.12.16 | 01:58.26 |
| Mens   | SC | 200   | IM     | County Record        | James McFadzen    | Wycombe District | ASA Winter Meet              | Sheffield                     | 17.12.16 | 02:00.62 |
| Girls  | SC | 50    | Breast | County Junior Record | Eleanor Cowan     | Wycombe District | ASA SER Winter Championships | Portsmouth Mountbatten Centre | 06.11.16 | 00:33.68 |
| Girls  | SC | 200   | Breast | County Junior Record | Daria Poma Kostik | Maidenhead       | ASA Winter Meet              | Sheffield                     | 16.12.16 | 02:29.31 |
| Womens | SC | 200   | Breast | County Record        | Daria Poma Kostik | Maidenhead       | ASA Winter Meet              | Sheffield                     | 16.12.16 | 02:29.31 |
| Mens   | LC | 4x50  | Free   | County Record        |                   | Wycombe District | County Championships 2016    | Aldershot                     | 30.01.16 | 01:38.8  |
| Womens | LC | 4x50  | Medley | County Record        |                   | Wycombe District | County Championships 2016    | Aldershot                     | 30.01.16 | 02:02.3  |
| Mixed  | LC | 4x50  | Free   | County Record        |                   | Wycombe District | County Championships 2016    | Aldershot                     | 30.01.16 | 01:44.3  |
| Mixed  | LC | 4x50  | Medley | County Record        |                   | Wycombe District | County Championships 2016    | Aldershot                     | 30.01.16 | 01:55.0  |
| Boys   | SC | 4x100 | Free   | County Junior Record |                   | Wycombe District | County Championships 2016    | Maidenhead                    | 06.02.16 | 03:43.8  |
| Boys   | SC | 4x100 | Medley | County Junior Record |                   | Wycombe District | County Championships 2016    | Maidenhead                    | 06.02.16 | 04:10.5  |
| Girls  | SC | 4x100 | Free   | County Junior Record |                   | Wycombe District | County Championships 2016    | Maidenhead                    | 06.02.16 | 04:00.8  |
| Girls  | SC | 4x100 | Medley | County Junior Record |                   | Wycombe District | County Championships 2016    | Maidenhead                    | 06.02.16 | 04:30.3  |
| Boys   | SC | 4x100 | Free   | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 15.01.17 | 03:40.80 |
| Boys   | SC | 4x100 | Medley | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 14.01.17 | 04:06.36 |
| Boys   | SC | 4x50  | Free   | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:43.73 |
| Girls  | SC | 4x100 | Free   | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 15.01.17 | 03:58.04 |
| Girls  | SC | 4x100 | Medley | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 15.01.17 | 04:26.07 |
| Girls  | SC | 4x50  | Free   | County Junior Record |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:53.51 |
| Girls  | SC | 4x50  | Medley | County Junior Record |                   | Windsor          | County Championships 2017    | Maidenhead                    | 29.01.17 | 02:07.23 |
| Mixed  | SC | 4x50  | Free   | County Junior Record |                   | Bracknell        | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:47.93 |
| Mixed  | SC | 4x50  | Medley | County Junior Record |                   | Reading          | County Championships 2017    | Maidenhead                    | 29.01.17 | 02:00.49 |
| Mens   | SC | 4x100 | Free   | County Record        |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 14.01.17 | 03:27.24 |
| Mens   | SC | 4x100 | Medley | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 14.01.17 | 03:52.11 |
| Mens   | SC | 4x50  | Free   | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:38.24 |
| Mens   | SC | 4x50  | Medley | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:47.02 |
| Womens | SC | 4x100 | Free   | County Record        |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 14.01.17 | 03:52.84 |
| Womens | SC | 4x100 | Medley | County Record        |                   | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 14.01.17 | 04:18.73 |
| Womens | SC | 4x50  | Free   | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:49.27 |
| Womens | SC | 4x50  | Medley | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 02:01.21 |
| Mixed  | SC | 4x50  | Free   | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:42.34 |
| Mixed  | SC | 4x50  | Medley | County Record        |                   | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 29.01.17 | 01:53.08 |
| Girls  | SC | 100   | Breast | County Junior Record | Ellie Cowan       | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 14.01.17 | 01:11.20 |
| Girls  | SC | 400   | Free   | County Junior Record | Millie Sansome    | Wycombe Dist     | County Championships 2017    | Wycombe Leisure Centre        | 15.01.17 | 04:13.82 |
| Mens   | SC | 100   | Back   | County Record        | James McFadzen    | Wycombe Dist     | County Championships 2017    | Maidenhead                    | 14.01.17 | 00:54.69 |
| Mens   | SC | 400   | Free   | County Record        | George Taplin     | Maidenhead       | County Championships 2017    | Wycombe Leisure Centre        | 15.01.17 | 03:56.97 |
| Mens   | SC | 400   | IM     | County Record        | Tom Dean          | Maidenhead       | County Championships 2017    | Wycombe Leisure Centre        | 14.01.17 | 04:17.54 |