



Many Congratulations to....



All the Award Winners nominated to receive North of England Awards. The presentations took place following the Awards Dinner at the Hardwick Hall Hotel on Friday, March 22nd. The awards were presented in front of 185 guests by the President of British

Gymnastics, Mr Brian Everett MBE, the President of the North of England Mr. Peter Crawford and the NEGA Chair Mr. Dave Portas.

The Awards Evening is an opportunity to recognise the enormous contribution that volunteers of all ages make to our clubs – not just as coaches, but often in ‘behind the scenes roles’ where they work hard to make sure our clubs can function. Sixteen young people received Junior Service to Gymnastics awards along with fifteen adult volunteers presented with Service to Sport awards. Outstanding Service (20 years) awards went to Margaret Freeman, Glenn Armstrong, Angela Robinson, Lyndsay Madden, Daphne Ridley and Arthur Smith. Denise Hill was made an Honorary Life Member of the Association.



Outstanding Junior Gymnast Awards were presented to Mia Scott, Leah Greenland, Jake Wahab and Abbie Bolam. Lana Chilton received the Master Gymnast award and Karen Chapman and Adam Rear picked up Master Judge.

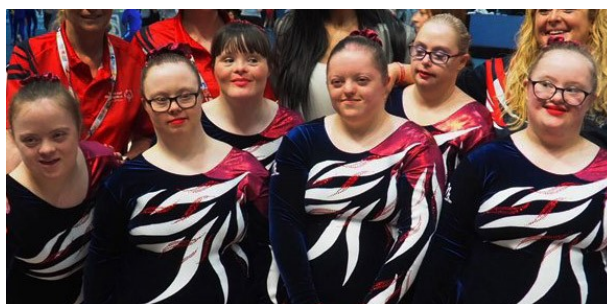
The President’s Award for life time service in the sport and the support to the Association is awarded each year

by the NEGA President. This year Peter Crawford presented the award to Marion Gates, Denis Robinson and Glen Wharton. Many congratulations to them and to everyone who received an award.

Clubs were also recognised through the Technical Committee Awards; Acrobatics was awarded to Northern Hope; General Gym. to The Parks, Men’s won by City of Newcastle, who also picked up the TeamGym TC Award. The Tumbling nomination went to Durham City, Trampoline to Velocity and the Women’s Artistic Award was won by North Lakes. This year the Club of the Year Award went to Durham City for their outstanding results in Tumbling at regional, national and international level.

Special Olympics World Games

A team of 18 gymnasts, who have been competing for Great Britain at the Special Olympics World Summer Games in the United Arab Emirates, have returned home with medals and ribbons after spending a week competing in Abu Dhabi. This year’s event featured seven days of competition in 24 sports with over 7,500 athletes from 170 countries taking part.



And three of them were from the North Region!
Sean Jewitt, with 2 Silver and 5 Bronze medals competed in Men’s Artistic. **Mica Hoare** with 1 silver, 1 Bronze and 4 Ribbons and **Caroline Jennison** with 1 Gold, 1 Silver, 1 Bronze and 3 Ribbons competed in Rhythmic Gymnastics. Proud Mum and Coach to the trio at GymWorld, Sandra Jennison says it was very hard, with over 80 gymnasts taking part in some of the sections at what is now a major world event. *Congratulations to them all from everyone in the North region.*



Club News

Teesside Academy of Gymnastics have only been open 2 months but have had great success at the North of England Tumbling NDP Regional Championships at Durham City Gymnastics Club on 10th March. We had 12 gymnasts entered and they performed amazingly well, congratulations everyone.



Results included Silver medals for William Firman, Charlie Jones, Jake Hartley, Kai Tipling and Henry Chapman. Ruby Furnell came 4th and they will all proceed to the British Semi-finals and English Championships. A very close 5th and 6th place for Dionne Warwick and Charlotte James in very tough sections, well done girls.

Teesside Academy would like to thank our amazing coaching team; Robert, Oliver, Christopher, Ben, Ashley, Nickie, Emma, Charlotte, Alfie and Jeanette for all your hard work over the last few months. We are very proud of our amazing team!

Stainsby Gymnastic Club are really pleased and proud of their gymnasts who competed really well in recent Tumbling and Acrobatics Competitions. Congratulations to the NDP **Tumbling** gymnasts who will all represent the North in the semi-finals:

Gold medals to level 2 Ruby Robertson, Bubba Confinas, Neve Walters, Level 4 Lois Walters, Level 5 Beth Ayre

Silver medals to Level 3 Nieve McManus, Alesha Reed & Level 4 Kaitlin Major

And the **Stainsby NDP Acro** gymnasts: Gold medals winners Aryana Clay & Eleanor Lowe in Level 1 Disability section, Eva Lowe & Rebecca Lowe in the Youth Women's Pair Both proceed to National Finals to represent North of England

And Gold for Jasmine Thompson & Freya Beck Out of Age Level 2 Regional Champions

Silver medals winners Abi Slater, Amber Hughes & Libby McBride Level 3 Groups, Jessica McCallay, Hannah Beck & Lois Walters IDP Groups

Bronze medals winners Aryana Clay, Ruby Greenaway & Teigan Jones Level 2 Groups and Grace Hall & Amber Wilson Level 3 Women's Pairs

The club are very proud of them all and pleased at the progress they have all made in the last year.

Barnard Castle Gymnastic Club are looking for a coach to deliver to children that take part in recreational & competitive gymnasts. For further information contact Victoria.lee@durham.gov.uk or 07584141202.

Wansbeck Gymnastic Club has had a really busy time over the last few months. Starting with a trip to Zonal Schools **Trampolining** Finals in Northern Ireland in January. Some fantastic experience for all those involved!



Ashington Academy Girls, Alex Willcox, Amber Davison, Beth Candlish and Emily Berkerley cleaned up in the Intermediate 10-14 category claiming not only qualification as a team with Gold but 1,2,3 too (Beth 1, Amber 2, Emily 3)! The team went through to Finals in



Cannock where they claimed the National Title. Beth and Amber competed in the Individual Finals and Beth won Gold, with Amber in an admirable 6th place in the country! Tom Smiles qualified through to Nationals with a 2nd place in Northern Ireland in the intermediate boys Year 1-6, but sadly it wasn't his day at the Finals but achieving two national finals in two categories in two years makes us all very proud.



After a fantastic day at National Schools Trampoline, we headed up the M6 to Penrith, where on the Sunday we competed in the NDP Regional Team Qualifier. A fantastic day and medals and trophies galore. Well done to all and by the end of the day we had 7 qualifiers for the regional team who not only secured 1st or 2nd place but achieved the qualifying score and passed range and conditioning! The following 7 will go on to represent the North at the Barclaycard Arena in Birmingham in June: Chayne Barnes, Beth Candlish, Amber Davison, Ruth Hunter Barnes, Chloe Brown, Samson Scott, Cerys Dewison.

Wansbeck Artistic Gymnasts have been just as busy!

In February our new intermediate squad made their competition debut alongside the main squad at the Pink events competition in South Durham. Lots of medals and ribbons and fun had along the way.



Among the medals were Amy Mowbray, Gracey Donnison, Tom Smiles, Willow, Taylor King, Jessica Delf (Overall Champion), Sian Richardson and Holly Townsend (Overall Champion).

Then in March we had more success for our gymnasts in the North Grades with fantastic passes all around



and the following placings:

Grade 6 – Abigail Cottam 5th. In Grade 5 – Savannah White 5th, Lucy Monkman 3rd Grade 4 – Chloe Brown 3rd Grade 2 – Team Gold Emily Berkerley (and 3rd place), Beth Candlish, Devon Blaney. We couldn't be prouder of them all!



Redcar Gymnastic Club

Wow 2019 has got off to a fabulous start for the Redcar Gymnastics club **Tumbling Squad**. The squad continues to grow; we now have 30 members competing at NDP & Club levels, and a small development group of young tumbling gymnasts.

In March the NDP level gymnasts compete at the Regional Qualifiers at Durham City Gymnastic Club; 15 gymnasts were entered across 7 different age groups and levels. Congratulations to all who competed, new skills performed and everyone made the club proud of you. A huge congratulations to Abigail Ayre, Jack Hopper & Harvey Unthank who qualified to compete at the English Tumbling Championships at Telford in May 2019.

Jake Kelly, Jacob Parkes & Sam King all qualified to represent the North of England in the British Tumbling Teams Championships at Birmingham in June 2019 - amazing tumbling and well done to you all.

In April we will see the Club level tumblers at their first competition of the year at Hartlepool. We have 23 gymnasts entered for this competition. Let's hope we see more medals & ribbons.

As well as the gymnasts, the coaching team has been successful and busy. One of the coaches, Chris Gatenby, qualified as a Club Level tumbling judge – the first tumbling judge for the club! Lead Tumbling coach Michelle Boldison successfully complete her 3.2 tumble coaching module. Well done! RGC team tumble rocks!

Redcar **Women's Artistic** squads have also enjoyed had great success. We are very pleased to share the news



that Sydney Goldsbrough & Brooklym Shepherd have been selected as members of the North Regional Women's Artistic Squad. We also have Lana Malan and Lucy Macdonald in reserve places.

Our new gym at Redcar as also hosted Pink Set

Works competition, the Regional WA Development Day and he North Grades. This really is a dream come true for the club after being in WA for over 50 years to host such events is an honour.



Redcar will host their own **Gymnastics Competition** this summer. The dates are July 13th for the Floor and Vault event for Boys and Girls with the Women's Artistic competition on July 14th. Clubs are welcome to Email for information. redcargymclub@gmail.com. This is a fun event and was a huge success last year.

Carlisle Trampoline Club are very pleased to have 9 Trampoline members and 9 DMT members secure places on the North of England squad and will be competing at the Team finals in Birmingham.



The club are very proud of each and every one of them.

Regional News

Grants for Clubs - AAA Sports were just one of the Clubs benefiting from a grant towards new equipment. They chose to buy some hand apparatus to support their recreation groups and pre-school classes.



If your Club was one of the lucky ten to be awarded a grant, please forward your Invoice promptly.

Welcome to..... The following clubs who have all joined the region recently :
Hetton Gymnastics Club, East Durham Gymnastics Club, Blakey Gymnastics Club and Teesside Academy of Gymnastics

English Gymnastics:

Acrobatics Championships – Newton Aycliffe Leisure Centre; May 4th – 5th 2019

TeamGym Championships - Walker Activity Dome, Newcastle on Tyne; July 7th



Safeguarding Courses

The next S&PC courses are planned as follows

- Acklam Gymnastics Club, Middlesbrough on April 16th. Apply by March 26th. 5.30pm
- Deerness Gymnastics Club, August 5th, 1.00pm

The next TTL courses (apply via BG website) are

- Deerness Gymnastics Club, April 10th at 6.00pm and August 5th at 9.30am

General Gymnastics News

Thanks to everyone from Richmondshire Gymnastics Club who hosted the Sport for All Competition at Catterick Leisure Centre recently. The event attracted a good entry with 108 gymnasts from 9 clubs. All clubs took home medals and ribbons. The Shield for the best turned out team went to Athena.

The next competitions are the Floor and Vault events. The Gateshead competition for Recreation level gymnasts has an entry of 245 gymnasts from 15 clubs while the Club and Competition event at Hartlepool also has over 200 competitors.

The Apparatus Competitions will be held at Hartlepool GC as follows:

June 2nd Recreation Level; June 9th Club and Competition level. **The closing date for both is May 2nd.**

The Partner and Group Challenge Competition is earlier this year – September 8th at Hartlepool again. **Closing date August 8th**

BG News:

As you may have seen the new Preschool Continuing Professional Development (CPD) course, have been officially launched.

There are several courses across the country now available open to Level 1 coaches and above. The new course offers coaches the ability to qualify and deliver preschool activity much quicker than before and replaces the previous Level 1 and 2 Preschool courses.

The length has been reduced to a two-day practical course and includes on-course assessment. If the criteria for this assessment is met, Level 1 coaches can assist in preschool classes immediately and Level 2 coaches will be able to deliver independently immediately.



NORTH DATES 2019

Date	Discipline	Organiser	Event	Venue	Entry By
March 30-31 st	Women's A	Region	Regional Grades	City of New	Feb 17th
April 7 th	General	Region	Floor and Vault Recreation	Gateshead	March 7th
April 14 th	General	Region	Floor and Vault Club and Competition	Hartlepool	March 14th
April 21 st	Women's A	Region	Compulsory/National Grades	South Durham	March 21 st
May 4-5 th	Acrobatics	National	English Championships	Newton Aycliffe	
June 2 nd	General	Region	Apparatus Recreation level	Hartlepool	May 2 nd
June 9 th	General	Region	Apparatus Club and Competition	Hartlepool	May 2 nd
July 7 th	Team Gym	National	English Championship	Newcastle	May 26 th
July 25-26 th	TeamGym	National	British Championships	Liverpool	
September 8 th	General	Region	Partner and Group Challenge	Hartlepool	August 8 th
September 29 th	Tumbling	Region	Tumbling Team Competition	Hartlepool	
September 29 th	Women's A	Region	Elite Voluntary Levels; Challenge Cup	South Durham	August 29 th
October 20 th	BG	National	Gymfusion	Gateshead	
November 2/3 rd	Women's A	Region	North Voluntary Levels	City of New	Sept 20 th
November 17 th	Women's A	Region	North Teams	South Durham	Sept 20 th
December 1 st	Acrobatics	Region	Pre-Grades	Newton Aycliffe	
December 15 th	Tumbling	Region	Christmas Competition	Durham	

Thank you to everyone who has contributed to this News.

The next issue is due in June!

