

## COMPETITION INFORMATION

### VENUE & DATES

VENUE: Amber Valley Gymnastics Academy, Unit 3 Asher Lane  
Hammersmith, Ripley, Derbyshire DE5 3SW

COMPETITION DATES: 6-8<sup>TH</sup> March 2020

ENTRY CLOSING DATE: 9<sup>th</sup> February 2020

ORGANISER: Jenny Clay

[Jennyclay.av@outlook.com](mailto:Jennyclay.av@outlook.com)

### COMPETITION SECTIONS

The **AV Ninja Cup** is a warm up, friendly competition for children competing in Club Grades 6-1, National Grades 5-1 and Compulsory Grades 5-1.

**Pre Grades Section** is for children age 7 in the year 2020.

**FIG section available.**

### COMPETITION CRITERIA:

- Club Grades 6-1, National Grades 4-1, Compulsory Grades 4-1 will follow British Gymnastics pathway rules.
- Compulsory 5 and National 5 will follow East Midlands rules.
- Pre Club and Pre Compulsory rules attached.

### ORDER OF ROTATION

#### Provisional

Friday -FIG and Compulsory

Saturday - National Grades

Sunday - Club Grades

Please note this is provisional and subject to change.

Where possible gymnasts from the same club will be grouped together. The timings cannot be confirmed until the deadline has passed and numbers confirmed.

## **JUDGE PROVISION**

Clubs must supply a minimum of one judge per 10 gymnasts entered, qualified to an appropriate level (club or above). Failure to supply a judge will incur a £80 charge. (under 10 gymnasts the club must still provide a judge)

All judges will be provided with food and refreshments for the day.

## **COMPETITION ENTRY**

- ENTRY FEE: £25 Per Gymnast
- Gymnasts are to create their own numbers and bring on the day - The theme is Ninjas
- Gymnasts and coaches must be current members of British Gymnastics

## **SPECTATOR TICKETS**

ADULT: £5

CHILDREN (under 16) & CONCESSION (65+): £3

FAMILY TICKET (2 ADULTS & 2 CHILDREN): £15

## **HOW ENTER & PAY**

Please fill in all fields on the attached entry form and return to AVG before the deadline:

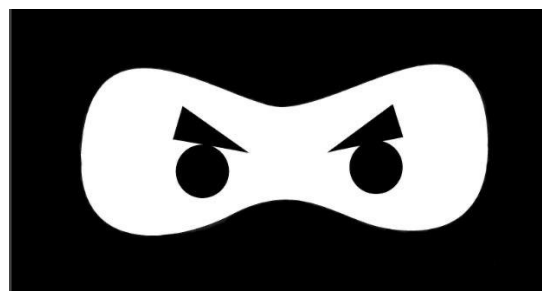
[Jennyclay.av@outlook.com](mailto:Jennyclay.av@outlook.com)

Or post to:

Unit 3 Asher Lane,  
Hammersmith  
Ripley  
Derbyshire  
DE5 3SW

Cheques made payable to:  
Amber Valley Gymnastics Club

BACS Payment:  
Bank: HSBC  
Sort Code: 40-38-22  
Account Number: 21155512  
Reference: Club Name & 'AV Open'



**NINJA CUP 2020**