

Many young people who take part in the Specsavers Surrey Youth Games carry on with their activity long after the Games have finished (including future Olympic gold medallists!).

To help your child, local borough and district councils have submitted details of clubs in and near to their area who can offer routes to keep on having fun and building those early skills.

# Basketball



#### Elmbridge

# Cobras Basketball Club at Walton Excel

Saturday with coaches Lewis and RonnieU10's 9-10amU12's 10-11amTuesday U12's 6-7pm with Coach AndrewThursday U10's 5-6pmU12's 6-7pmAt ClevesTuesday U12's 6:15-7:15pm with Coach Lewis

U14's 11-12am

For further info, please contact: <u>Contact@cobhamcobras.co.uk</u>





## Epsom and Ewell

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

#### Guildford

For info on the Youth Games coaches please contact <u>Coaching - Surrey Scorchers</u> There's also <u>Surrey Rams Basketball Club</u>

## Mole Valley

The Surrey Youth Games basketball sessions were run by Eduardo Aguilar, who plays and coaches at Horsham Hawks Basketball Club.

For further info, please contact: <u>horshamhawksbasketball@gmail.com</u>.

You may also wish to check out <u>Sutton Storm Basketball Club</u> – a non-profit community basketball club for under 18's, based in Sutton.

Surrey Rams Basketball Club – Basketball club based in Guildford.

<u>Cheam Chargers</u> – Basketball club based in Cheam with U10 and U12 teams.

There are several free outdoor basketball courts across the district, including:

- Mere Bank Recreation Ground in Beare Green
- Lower Road Recreation Ground in Bookham
- Meadowbank Recreation Ground in Dorking (small multi use games area)
- Cock Lane Recreation Ground in Fetcham.

For more info visit Recreation and Play Facilities | Mole Valley District Council

#### **Reigate and Banstead**

Please check out <u>Sussex Storm</u> who cover an extensive range of ages in Crawley, East Grinstead, Haywards Heath & Horsham.

https://stormbasketballclub.com/training-times/





#### Donyngs Junior Basketball Club:

4-5pm Wednesdays and 3-4pm Sundays 11–15-year-olds

£5 bookable at desk on arrival or through the Better App.

#### Basketball Wednesdays @ Hawthorns School

For primary school age 5-6pm and lower secondary ages 6-7pm during term time. Register interest at reception or contact Coach Anthony on 07904973684

#### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>

#### Spelthorne

For further info, please contact: <a href="mailto:leisure@spelthorne.gov.uk">leisure@spelthorne.gov.uk</a>

#### **Surrey Heath**

Please <u>contact Lekan at Surrey Rams</u> and he will be happy to provide details of Surrey Rams basketball sessions for all age groups.

#### Waverley

For further info, please contact: <a href="mailto:leisure@waverley.gov.uk">leisure@waverley.gov.uk</a>

#### Woking





# Boccia



### **Epsom and Ewell**

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

### Guildford

For further info, please contact: <u>a.sheppard@surrey.ac.uk</u>

### **Mole Valley**

For further info, please contact: <a href="mailto:sports.dev@molevalley.gov.uk">sports.dev@molevalley.gov.uk</a>

### **Reigate and Banstead**

For further info, please contact: <a href="mailto:leisure.services@reigate-banstead.gov.uk">leisure.services@reigate-banstead.gov.uk</a>

### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>





## Spelthorne

For further info, please contact: <a href="mailto:leisure@spelthorne.gov.uk">leisure@spelthorne.gov.uk</a>

# **Surrey Heath**

If interested in continuing Boccia please contact <a href="mailto:lsaac.knox@surreyheath.gov.uk">lsaac.knox@surreyheath.gov.uk</a>

#### Waverley

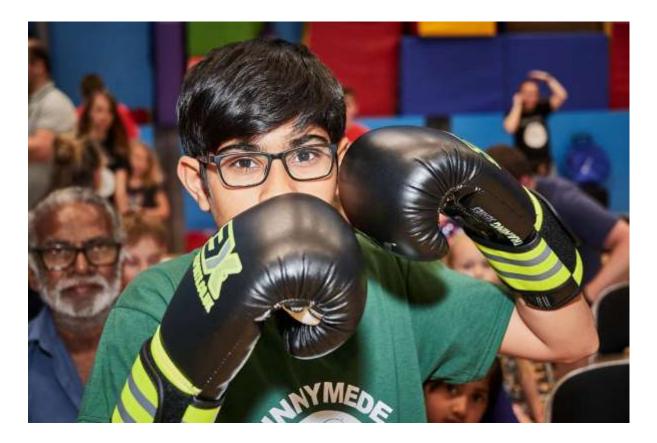
For further info, please contact: <a href="mailto:leisure@waverley.gov.uk">leisure@waverley.gov.uk</a>

# Woking





# Boxing



#### **Epsom and Ewell**

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

#### **Reigate and Banstead**

Coaches for the Youth Games: Redhill Amateur Boxing Club

Days/Times: Mondays, 5pm – 6pm, Wednesdays, 5pm – 6pm

Redhill Amateur Boxing Club, 1st Floor Warwick Quadrant, 7 Station Rd, Redhill, Surrey, RH1 1NT (located above the McDonalds, accessed next to Cubitt and West Estate Agents)

Costs: First session is free as a taster

£20 joining fee

£5 per session thereafter





#### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>

#### Spelthorne

<u>Knowle Green Boxing Club</u> are giving SYG participants another **6 free sessions**. These will take place during a Junior Boxing session on Mondays at 5.30pm. The

#### Waverley

For further info, please contact: <a href="mailto:leisure@waverley.gov.uk">leisure@waverley.gov.uk</a>





# Dance



### Elmbridge

#### **Resolution Dance Company**

Classes for ages 5 and up in Feltham, Walton-on-Thames and Wraysbury

Visit Resolutiondance.com or contact info@resolutiondance.com

#### Guildford

For further info, please contact: <u>a.sheppard@surrey.ac.uk</u>

#### **Mole Valley**

This year's dance sessions at Surrey Youth Games were hosted by the incredible Sam, a member of **Synergy Dances'** talented team. To join Synergy Dance for some fun-themed dance workshops, or classes they'd love to see you again.

You can also check out their summer holiday workshops. They have inclusive sessions for both mainstream and SEND children. Including Disney Frozen, Superheroes and Princesses, Pirates and Fairies, Ninja Turtles Mutant Mayhem, full-day activity camps and more. Find more details or book a place

Beyond half-term they run term-time dance sessions:



- For SEND children they have junior and teen Dance & Movement classes at Woking Leisure Centre and subsidised funded sessions at Guildford Spectrum.
- For mainstream, check out their Saturday classes; Breakdance and Street and Street Dance with Acrobatics.

Everyone is welcome – whether you're new to dance or have tried it before. Find out more about our term-time classes at <u>https://synergydance.simplybook.it/v2/#book</u>

For general enquiries or questions please get in touch <a href="mailto:admin@synergydance.co.uk">admin@synergydance.co.uk</a>

### **Reigate and Banstead**

For further info, please contact: leisure.services@reigate-banstead.gov.uk

#### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>

#### Spelthorne

**Free sessions will continue** to run until 4 July at Stanwell Youth Centre, 5.00-6.00pm. The sessions will then break for the summer and recommence in September.

### **Surrey Heath**

**Helen-Louise Lampard** from Surrey Choices was the coach for Surrey Heath and oversaw the whole dance event at the Youth Games. She will help you with details of local dance sessions and groups in and around the borough. <u>Contact Helen</u>

#### Waverley

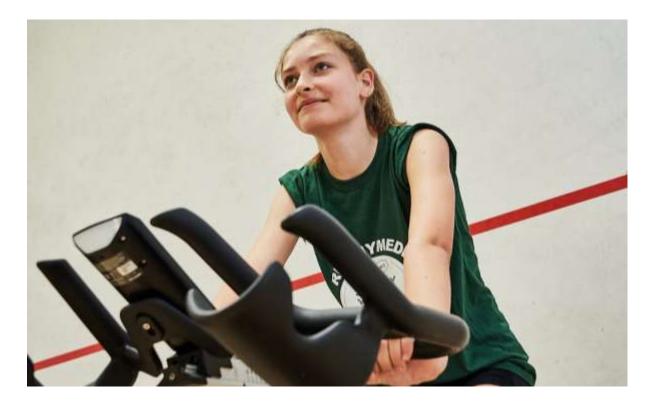
For further info, please contact: leisure@waverley.gov.uk

### Woking





# Go Tri



# **Epsom and Ewell**

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

### Guildford

For further info, please contact: <u>a.sheppard@surrey.ac.uk</u>

#### **Mole Valley**

For further info, please contact: <a href="mailto:sports.dev@molevalley.gov.uk">sports.dev@molevalley.gov.uk</a>

#### **Reigate and Banstead**

For further info, please contact: <a href="mailto:leisure.services@reigate-banstead.gov.uk">leisure.services@reigate-banstead.gov.uk</a>

# Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>

## Spelthorne

For further info, please contact: <a href="mailto:leisure@spelthorne.gov.uk">leisure@spelthorne.gov.uk</a>



# Judo



### Elmbridge

Elmbridge Judo Club with Craig. All sessions are free till the end of the summer term – for more info contact diane.capon@sky.com Monday Long Ditton Village Hall: 5.30-6.30 – all ages Tuesday Burview Hall: 5-6pm - girls only class, all ages Tuesday Burview Hall: 6.15-7.15pm - senior class age 11+ Wednesday Cardinal Newman School Hersham - school yr 3 to yr 8 4.30-5.20pm Thursday Burview Hall: 5.30-6.30pm - up to 12 yrs old Friday Burview Hall: 5.15-6.15pm - age 4 to 12 yrs Friday Burview Hall: 6.20-7.20pm – age 8+

**Ippon Judo** with Charlotte & Seb - contact <u>info@ipponjudolondon.com</u> Sessions at Long Ditton Village Hall Monday (ages 10 -16) - 18:45 - 19:45 - downstairs hall - Sebastian Friday (ages 6 -12) - 18:10-19:00 - upstairs hall - Charlotte





#### Epsom and Ewell

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

#### Guidford

For further info, please contact: https://fightingfitnessjudo.com/

#### **Mole Valley**

The Surrey Youth Games judo sessions were run by Peter Gould from **Proud Tiger Judo Club**. If you're interested in continuing with judo please contact him on 07846151564 or <u>email Peter</u>

There are two classes at Dorking Sports Centre on Saturday afternoons, 3-3.45pm (novice to intermediate) and 3.45-4.30pm (intermediate to advanced).

### **Reigate and Banstead**

Westcroft Judo Club run judo classes in Nork and also at the Rainbow Centre.

Any club-level activity is offered across both branches. No classes during holidays.

Classes in **Nork** are once a week for 5+ and twice a week from age 8. Twice a week helps develop skills quickly and allows faster grade progression (once in yellow belt and above) and more competition access.

Sign-up can be made via <u>email</u> or face-to-face. Nork classes are £6.50 per session invoiced per term in advance. Nork would normally have 2 qualified coaches in a class, plus assistants.

Sat 9-10 am is Reception year (min age 5) and year 1.

Sat 10- 11 am in year 2 and some year 3.

Mondays and Thursdays 5.45 -6.45pm Year 3(min age 8) to year 6,

Mondays and Thursdays 6.45 - 7.45 pm Year 7 (min age 11) to year 10 (year 10 novices) Mondays and Thursdays 7.45 -915pm Year 11 to adult.

Classes at the **Rainbow Centre** are once a week.

Rainbow classes are booked direct with the Rainbow Centre. Led normally by one coach with assistants.

Westcroft Judo are always happy to talk through options for your child.

#### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>





## Spelthorne

<u>Core Judo</u>, who managed the judo event at the Youth Games are offering a **30% discount** when signing up after the summer holidays for those who were part of the Surrey Youth Games sessions.

The timings of sessions are:

Saturdays 9.00am-9.50am - ages 8-9

Saturdays 2.15pm-3.15pm - ages 10-12

# **Surrey Heath**

Please see <u>Camberley Judo's website</u> for more information on judo sessions for all ages from this long established club.

# Woking





# Rugby



### **Epsom and Ewell**

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

### Guildford

For further info, please contact: <a href="mailto:a.sheppard@surrey.ac.uk">a.sheppard@surrey.ac.uk</a>

#### **Mole Valley**

For further info, please contact: <a href="mailto:sports.dev@molevalley.gov.uk">sports.dev@molevalley.gov.uk</a>

# **Reigate and Banstead**

For further info, please contact: <a href="mailto:leisure.services@reigate-banstead.gov.uk">leisure.services@reigate-banstead.gov.uk</a>





### Runnymede

Year group	Address	Provider	Day/time	Training dates
				23 & 30 June 2023
School	Fowlers Wells, Windsor Rd, Chobham, GU23 8LD	Chobham Rugby Club	6:30pm-	7, 14, 21 & 28 July 2023 4, 11, 18 & 25 August 2023
				1 September 2023

## Spelthorne

For further info, please contact: <a href="mailto:leisure@spelthorne.gov.uk">leisure@spelthorne.gov.uk</a>

# **Surrey Heath**

Camberley Rugby Club, <u>girlsrugby@camberleyrugbyclub.co.uk</u>. They have various age group teams and training day/time varies between age group.

Chobham Rugby Club, Free girls Tag rugby sessions Fridays 18:30pm – 20:30pm. <u>girlsrugby@chobham-rugby.co.uk</u>

## Waverley

For further info, please contact: <a href="mailto:leisure@waverley.gov.uk">leisure@waverley.gov.uk</a>

# Woking





# Swimming



# Elmbridge

For further info, please contact: sport@elmbridge.gov.uk.

### Guildford

For further info on lessons at Surrey Sports Park, please contact: <u>Swim Academy -</u> <u>Swimming Lessons - Surrey Sports Park</u>

# **Mole Valley**

For further info, please contact: <a href="mailto:sports.dev@molevalley.gov.uk">sports.dev@molevalley.gov.uk</a>

### **Reigate and Banstead**

For further info, please contact: <u>https://www.better.org.uk/what-we-offer/lessons-and-</u> courses/swimming

# Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>





#### Spelthorne

For further info, please contact: <a href="mailto:leisure@spelthorne.gov.uk">leisure@spelthorne.gov.uk</a>

### **Surrey Heath**

Swimming lessons take place at Places Leisure in Camberley. <u>https://www.placesleisure.org/centres/places-leisure-camberley/centre-activities/swimming-lessons/</u> Please see the website for more information.

<u>office@finsswimmingclub.org</u> Farnborough Fins swimming club offer a wide range of lessons as well as sessions for more advanced swimmers.

#### Waverley

For further info, please contact: leisure@waverley.gov.uk

#### Woking





# Tennis



# Elmbridge

For further info, please contact: <a href="https://clubspark.lta.org.uk/TennisInElmbridge/Coaching">https://clubspark.lta.org.uk/TennisInElmbridge/Coaching</a>

### **Epsom and Ewell**

For further info, please contact: <a href="mailto:cdevelopment@epsom-ewell.gov.uk">cdevelopment@epsom-ewell.gov.uk</a>

# Guildford

For further info, please contact: <u>Junior Tennis - Tennis Courses - Surrey Sports Park</u>

# **Mole Valley**

#### Leatherhead

The Leatherhead Surrey Youth Games tennis sessions were run by Di and Joe from **Christchurch Lawn Tennis Club**. To join, please email <u>christchurchltc@yahoo.com</u>

They charge £20 per year for their junior membership (U18). Sessions are currently run on request rather than at set times, which can be discussed with the club. Sessions take place at Leatherhead Leisure Centre. Currently, the majority of children signed up to CCLTC tend to play with their parents, friends or siblings.





There are also several tennis courts that can be used (some free of charge, some at a cost) around the district, including: Pippbrook Tennis Courts (Dorking) which are managed by Dorking Sports Centre, Cock Lane Recreation Ground (Fetcham), Ashtead Recreation Ground (belong to Ashtead Tennis Players Club).

#### Dorking

The Dorking Surrey Youth Games sessions were run by Bert from <u>Dorking Lawn</u> <u>Tennis & Squash Club</u>

If you're interested in joining, email enquiries@dltsc.co.uk or call 01306 889009

There are also several tennis courts that can be used around the district (some free of charge, some at a cost) including:

- Pippbrook Tennis Courts (Dorking) managed by Dorking Sports Centre
- Cock Lane Recreation Ground (Fetcham)
- Ashtead Recreation Ground (belong to Ashtead Tennis Players Club)

#### **Reigate and Banstead**

For further info, please contact: https://boomtennis.co.uk/

### Runneymede

For further info, please contact: <a href="mailto:sports@runnymede.gov.uk">sports@runnymede.gov.uk</a>

# Spelthorne

**Tennis Spelthorne** are giving SYG participants a **further free session**. For more information and for times, please visit their website.

Please also be aware that some of the tennis courts in the Borough are **free to use**. These can be found on the <u>Spelthorne council website</u>

# **Surrey Heath**

See Camberley Tennis Club for details of sessions and membership

There are also <u>tennis courts in Surrey Heath parks</u> in four locations three of which have recently been renovated. An annual membership costs £39 for up to 5 people or £5.45 for pay and play. Coaching sessions for all age groups will available soon!

#### Waverley

For further info, please contact: leisure@waverley.gov.uk

# Woking

