

Amy's Olympic Dream

Hello, my name is Amy Howarth, I am aged 14 and in Year 10 at Skipton Academy. I paddle Canoe Slalom for Bradford and Bingley Canoe Club. I also like to play football for Skipton Town Juniors.

My dream is to compete in Canoe Slalom in the 2020 Olympic Games in Tokyo. To help me to achieve this dream I am looking for sponsorship/financial aid to help replace/upgrade my current boats, equipment and to help cover associated costs including an overseas training camp during the summer.

My Situation

I come from a single parent family on low income. My Mum supports me with a lot of my land based training. My Mum and Uncle help me by timing me when I do sprint training on the canal. Nana, who is also on a low income, drives me to all events and with the help of Mum pays for petrol, competition fees and any overnight accommodation that we need. We do this the cheapest way possible. This is normally camping but sometimes we have to use a Travelodge or bunkhouse especially during the winter.



Pinkston Fun Race

Mum and Nana are worried that they will not be able to afford the costs associated with the necessary increased level of competition, training and travel.



Lee Valley October Training

Progress so Far

In 2014 I ended the year in the top 10 in Division 1-K1 (single seat kayak). My next aim is to get into the Premier-K1 division by the middle of 2015. I am committed to this and I currently train twice a week with my club's elite juniors and go to the Tees Barrage canoe slalom course near Middlesbrough on Wednesday evenings. As part of the North of England's Super Regional Squad I train alternate weekends and sometimes every weekend. I am also training one weekend a month over the winter with the Scottish squad at the Olympic course at Lee Valley near London.

Any help you feel you could give will be gratefully received. I am aware that the current financial climate makes it difficult for companies to help aspiring athletes but if you or your staff would like to make a small donation to help me achieve my dream I will be very grateful.

Yours sincerely,



Amy Howarth, 10 Canal Street, Skipton, North Yorkshire, BD23 1LB, email - alchowarth@talktalk.net
Anne Howarth, 30 Gladstone Street, Skipton, North Yorkshire, BD23 1PT, email - howglad@btopenworld.com
Bradford and Bingley Canoe Club, Wagon Lane, Bingley, BD16 1LT. www.bradbingcc.co.uk