

NEWTON ABBOT SWIMMING CLUB

Affiliated to Swim England SW Region & Devon County A.S.A

President: Adrian Brown

NASC Annual Invitation Ribbon Gala

Saturday 14th September 2019

Newton Abbot Leisure Centre

Warm up 12.30pm

This inter club ribbon gala is a fun, friendly, competitive event to enable young swimmers to gain experience in competitive swimming.

All strokes 25m and 50m and 100m individual medley.

Age groups will be 8yrs, 9yrs, 10yrs and 11yrs

- Any swimmers who qualified for the Devon County Championships 2019 are not allowed to enter this event.
- Ages on the day – Saturday 14th September 2019
- All swimmers must be able to swim at least one length using one stroke.
- ASA laws and regulations will apply at the officials' discretion for younger swimmers.
- Awards will be given to the top three in each age group per event. A participation certificate will also be awarded to everyone who swims. These are to be collected on the day of the competition.
- **Entries to be submitted to Newton Abbot Swimming Club by midnight on Sunday 1st September 2019.**

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Entry Form – Please note:

- **Any swimmer** who qualified for the 2019 Devon County Championships are not allowed to enter this event.
- Where boxes are greyed out, swimmers in these age groups are not permitted to swim in this event. Eight year olds are not permitted to enter the 50m events or the 100m individual medley. Eleven year olds are not permitted to enter the 25m events.
- Swimmers in the 9 year old and 10 year old age groups can choose a mixture of distances but cannot do two distances of the same stroke. For example they are allowed to do 25m Backstroke and 50m Breaststroke but not allowed to do 25m Backstroke and 50m Backstroke.

Please complete in BLOCK CAPITALS:

Name:			
Gender:		D.O.B:	
ASA Registration Number:		Contact Number:	

EVENT	AGE GROUP			
	8	9	10	11
25m Backstroke				
50m Backstroke				
25m Breaststroke				
50m Breaststroke				
25m Butterfly				
50m Butterfly				
25m Freestyle				
50m Freestyle				
100m Individual Medley				
Competent diver? (Ask teacher for advice)			YES/NO	

Entry fees are £2.50 per event. A payment of £10 will allow the swimmer to enter as many events as they would like as long as the above rules are followed. Payments to be made to the club treasurer.

Total number of entries	
Total to pay	

Closing date Sunday 1st September 2019



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Programme of Events

Event Number	Gender and Age	Stroke
1	Female 8 – 10	25m Butterfly
2	Male 8 – 10	25m Butterfly
3	Female 9 – 11	50m Butterfly
4	Male 9 – 11	50m Butterfly
5	Female 8 – 10	25m Backstroke
6	Male 8 – 10	25m Backstroke
7	Female 9 – 11	50m Backstroke
8	Male 9 – 11	50m Backstroke
9	Female 9 – 11	100m Individual Medley
10	Male 9 – 11	100m Individual Medley
11	Female 8 – 10	25m Breaststroke
12	Male 8 – 10	25m Breaststroke
13	Female 9 – 11	50m Breaststroke
14	Male 9 – 11	50m Breaststroke
15	Female 8 – 10	25m Freestyle
16	Male 8 – 10	25m Freestyle
17	Female 9 – 11	50m Freestyle
18	Male 9 – 11	50m Freestyle

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Terms and Conditions

1. The event will take place at Newton Abbot Leisure Centre, Highweek Road, Newton Abbot, TQ12 2SH on the 14th September 2019. It will be run in accordance with ASA laws and regulations and ASA technical rules of racing under the referee's discretion.
2. The event will be swum in 6 lanes in a 25m pool using manual timing. Anti-turbulence ropes and diving blocks will be used. Diving blocks are only to be used by those who are competent at diving. Ask for teachers' advice.
3. All ages are age on day as at 14th September 2019.
4. Awards
 - Medals will be given to first place positions. Ribbons will be given to the 2nd and 3rd place in each age group. A participation certificate will also be awarded to everyone who swims. These are to be collected on the day of the competition.
 - Age groups are male and female 8yrs, 9yrs, 10yrs & 11yrs.
5. Events

Distance	Stroke	Age Group
25m	All strokes	8, 9 and 10
50m	All strokes	9, 10 and 11
100m	Individual Medley	9, 10 and 11

Please note that 9 and 10 year olds are allowed to enter a mix of distances but cannot swim two distances of the same stroke. E.g. they are allowed to do 25m Backstroke and 50m Breaststroke but are not allowed to do 25m Backstroke and 50m Backstroke.

6. Entry Conditions

- Swimmers are not permitted to enter two different distances for the same stroke.

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- 8 year olds are not permitted to enter 50m events and 11 year olds are not permitted to enter 25m events.
 - Entry times must be submitted as short course times. Estimated times are permitted.
 - Swimmers who qualified for the Devon County Championships 2019 are not allowed to enter this event
 - Entries are being restricted by number of participants. Entries will be taken on a first come first serve basis.
 - Please ensure contact details are completed on the form.
 - Entry fees are £2.50 per event with a maximum fee of £10.
 - All events can be entered when the maximum fee is paid but the above rules must still be followed.
 - No refunds will be made for withdrawals.
 - Electronic Entry: all entries must be submitted through your Swimming Club using the given Hy-tek file. Electronic entries must be accompanied with an entry report. Payment by BACS.
 - Closing date: **Midnight 1st September** 2019. (No late entries will be accepted.)
7. All events will be spearheaded and heats swum slow to fast, based on entry times.
8. The warm-up time for the event is 12.30pm on Saturday 14th September 2019.
9. It is the swimmers` responsibility to present themselves, ready to swim, to the marshalling area in the sports hall prior to the start of their event. Swimmers must remain in the hall between races so the process can work.
10. Neither Newton Abbot Swimming Club nor Newton Abbot Leisure Centre accept any liability for any loss or damage to personal belongings.

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11. Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998 submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.

12. As there is no longer a requirement for photographic devices to be registered before a swimming gala, Newton Abbot Swimming Club will adhere to the ASA guidelines as set out in **Wavepower 2016-19: The ASA Child Safeguarding Policies and Procedures**. <http://www.swimming.org/asa/clubs-and-members/safeguarding-children/>. In particular, Section 2 of this document provides guidance on the use of social networking sites (Pages 72 – 75) and guidance on photography (Pages 76 – 77). A parent or guardian has the right to refuse to allow their child to be photographed if under 18 years of age