

HAXBY AND WIGGINTON

u3a

The **u3a** is a friendly organisation run by volunteers.
We offer retired and semi-retired people a wide range of
leisure, recreational and educational activities.



January 2023

Learn Laugh Live

Haxby and Wigginton u3a

What is the u3a?

Today it is a national movement for retired or semi-retired people who want to be active, share interests, continue with education, or explore new interests. These interests may be languages, hobbies, sports, science, books, cinema, nature or just making friends and visiting interesting places.

The u3a is not a university. There are no entry qualifications, and it does not provide qualifications. The idea is to enjoy an active life after your working life finishes. You may learn from others or share your knowledge or speciality with others. Most of all, have fun. Our motto, “learn, laugh, live,” says it all.



All the members are volunteers, so running costs are low.

The UK u3a organisation was formed in 1982. The first u3a was in Cambridge, followed by u3as in Huddersfield and Stevenage. Today there are over 1000 u3as around the United Kingdom with a total of over 450,000 members.

Each u3a follows the same vision and the same principles. Most are registered charities. All u3as are affiliated to the Third Age Trust who advise on, support, and coordinate our activities. The Third Age Trust is a registered charity.

The national u3a movement is organised in regions.

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Haxby and Wigginton u3a is a registered charity and belongs to the Yorkshire and Humber Region. This region at present has 47 u3as and from time to time we meet to exchange ideas and solve any mutual problems.

Haxby and Wigginton u3a started in 2006 with about 60 members. Today we have over 500. We have 45 interest groups and new ones are starting all the time. Our current interest groups are listed at the end of this booklet but up to date information can be found on our website www.hawu3a.org. Our website also gives details of events and activities, and membership information.



The interest groups usually have between 5 and 25 members and cover many subjects. Members are encouraged to start new groups.



Interest group meetings are held in a variety of local venues ranging from members houses to village halls, clubs or outdoors, depending on numbers and facilities required.

Apart from interest groups we hold monthly meetings with a guest speaker. Numbers attending depend on the venue but are currently kept to a maximum of 120.



Afterwards members can meet friends and chat over tea or coffee.

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Our regional organisation arranges summer schools and other events. The summer schools may be residential or non-residential and cover a variety of subjects.

As you can see... there is a lot going on.

How is our **u3a** organised?

The organisation is simply “by the members for the members.”

Every year we hold a General Meeting at which a committee is elected, usually twelve people, which takes on the various tasks for the smooth running of the **u3a**.

We have a Social Team who find and organise visits, short holidays, summer teas and Christmas parties.



Most importantly, we have the Group Leaders, who organise and arrange activities for the interest groups. We must emphasise that we do not teach but share our various levels of expertise and interests with other members.

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Who can join?

Adults who are retired or semi-retired. There is no other requirement. There is no minimum age.

Adults interested in being creative, developing new skills, learning new things, improving leisure time, socialising, and making new friends.

Come along and try us. If you are not sure, you can join a group or attend a monthly meeting for two visits, before joining.

New members are always welcome.

What is expected of Members?

- To have fun and make new friends
- To join in and contribute to interest groups
- To help the organisation to continue to develop



What does it cost?

Because all our members are volunteers, we can keep costs to a minimum. We work collectively for the benefit of our members and not for profit.

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The annual membership subscription for **Haxby and Wigginton u3a** is just £10, January to December and is due on the 1st January each year.

Included in the subscription is a magazine called Third Age Matters (TAM) which is produced by the Third Age Trust five times a year. TAM is posted to members and brings news from the Trust and **u3as** around the country, plus it has many interesting articles for third agers.

Our monthly Friday meetings cost £2 for members and £3 for visitors but may change depending on Speaker costs, room hire charges, and facilities.

Interest groups may make a small charge to cover room hire and material costs or refreshment costs.

The costs above are correct for January 2023.



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Haxby and Wigginton u3a - Interest Groups

Art for All	Geography	Singing for Fun
Ballroom Dancing	History	Smartphone Photo/Art
Birding - Tuesday	Historical Walking Tours of York	Social Events
Birding – Thursday	Keep Fit	Stitchcraft
Bridge	Line Dancing	Sunday Lunch Club
Camera Club	Mah-jong	Table Tennis 1
Canasta/Rummikub 1	MOTO (Members on Their Own)	Table Tennis 2
Computer Support	Poetry Reading	Table Tennis 3
Craft	Pub Quiz	Ten Pin Bowling
Creative Writing	Racquetball 1	Ukulele
Croquet	Racquetball 2	Walking 1
Current Affairs	Rummikub 2	Walking 2
Family History	Science and Engineering for All	Walking 3
French Conversation	Scrabble Club	Whist
Gardening	Scrabble Social	Yoga and Pilates

Interest groups change all the time. Please check our website, www.hawu3a.org (Groups Timetable), for up-to-date information.

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Haxby and Wigginton u3a - Contact

**For more information go to our
website:**

www.hawu3a.org

or contact our Secretary at:-

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Registered Charity 1118861

January 2023

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