

Castle Hills Taekwondo America

New Student Information



Welcome to Castle Hills Taekwondo America

We are so glad to have you training at our school. We know that starting something new can be intimidating so we've put together some guidelines to get you started on your journey. Also, feel free to ask any questions if you are not sure. Thanks and welcome to the CHTA FAMILY!

School Rules and Guidelines

- EMAIL COMMUNICATION - At Castle Hills Taekwondo America (CHTA) we believe communication is the key to every students success in the martial arts. We also know that communicating with parents is vital in this process. CHTA will send out emails with important school events and information. We ask that you PLEASE READ the emails so you know what's going on in the school. We generally send out our updates weekly on Mondays.
- DRESS CODE - Wear your uniform every time you attend class. This includes TKD Pants, TKD T-shirt or TKD Jacket, and TKD Belt.
- SHOE POLICY - Shoes are not worn on the workout floor
- CHECK IN - Check in every time you attend class. This allows us to verify you're training consistently and make sure you are getting the most from your program. If you are not attending class regularly or forgetting to check in you might get a call from our friendly office staff wondering where you are!
- DROP OFF - Students should not be dropped off more than 10 minutes before the start of their



Late Policy

No students will be admitted 10 minutes after the start of class.



Dress Code

Wear your uniform every time you come to class. You can also wear a TKD t-shirt



Handicap Parking

Spots in front of the school are Handicap off only. Please do not park there.



class. Please be courteous of the Handicap Parking spaces in front of the school. Feel free to drop in there for a minute, but if it will be more than that, please find a different parking spot. DO NOT park in those spots, as we have many people that come to us and the other shops that need them.

- LATE POLICY - The expectation is you will be ready at the start of class. If you are 10 minutes or more late for class you will not be allowed to attend class. Being on time for class is important to make sure students are focused and ready to

go. It also is difficult to integrate students into class once drills have begun. Lastly, being on time reinforces the discipline that we are trying to instill in all our students.

- PARENT OBSERVATION POLICY - Parents are not only welcome, they are encouraged to watch class. Remember that talking or communicating with your child during class is distracting. Please allow them the best Martial Arts experience possible by allowing them to focus on their class. Thank you! If you have a little one with you who gets fussy, just take them outside for a few moments to give them a chance to calm down.

Other Fun Events and Getting Involved

- Parents Night Out
- Summer and Holiday Day Camps
- Birthday Parties
- PTA Fundraiser
- Women's Self Defense
- Annual Awards Banquet and Holiday Party
- Boy Scout/Girl Scout Troops
- Group Outings - Movies, Waterpark, Baseball Games, Ice Skating
- Personal Challenges
- Halloween Party
- Buddy Days
- Class in the Grass
- Demo Teams
- Summer Overnight Camps
- Tournaments
- Kick-a-Thon
- A*Team - Junior Leadership
- Sponsor many local organizations

What to Expect



Belt Testing

Every two months. \$60



TA Sparring Gear

Taekwondo America Sparring Gear - Required at Orange Belt. \$180 w/ Early Order Discount

TESTING - HOW DO I GET MY NEXT BELT?

This is the question most asked by new students. Earning a belt is achievable as long as you come to class on a regular basis. Students earn stripes on their belt for learning certain skills in class. (Kicks, Strikes, Blocks, Self-Defense)

Once students earn a RED testing stripe they are eligible for testing.

Testing is a Regional evaluation of the students knowledge from their training over the testing cycle. Testings are held 6 times a year and we will send you all information about how to register for testing via email.



Progress Check Appointment (During class) Date: _____ Time: _____