

# SINS

No. 271

March 2012



**South West Orienteering  
Association Newsletter**

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**DEADLINE FOR SINS 272 IS 1<sup>ST</sup> MAY 2012.**

Cover Photograph.

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## EDITORIAL

What wonderful weather we had for both the Compass Sport Cup event and the British Night Championships. A real bonus to be out in the sunshine and not dodging the rain drops. Well done to the teams of BOK and SARUM who will be going to the CSC final later in the year. Congratulations to all those people who achieved British Championship status at SARUM's night event and a big thank you to the club for producing such an enjoyable Sarum Saunter next day.

I hope that clubs will think seriously about how they can bring orienteering to a wider audience. Several clubs run summer series and it seems a good opportunity to take the sport into public parks and open spaces; with electronic punching, even a small area will allow reasonable courses to be planned, it would perhaps need control sights to be manned to prevent vandalism, but that could be arranged, even by a small club.

I would like to thank all the contributors to this edition of SINS. Please continue to keep the articles coming. It would be good to share experiences of success and failures clubs have had introducing more people to orienteering.

Susan Hateley

## CHAIRMAN'S CHAT

Two issues ago I drew attention to the likelihood of changes to the levy system as a consequence of discussions at last October's conference in Sheffield. As you can now read on British Orienteering's website, their February Board meeting confirmed proposals for major changes to both the membership and levy charging structures.

For membership,

- Local and National membership will be combined into one level, at £5 for seniors and £2 for juniors
- The free first year of British Orienteering membership will cease
- The family membership rate will cease

For levy,

- A flat levy of £1 per senior or 3 juniors, to be applied to all events except the JK and BOCs (more detail, and the Board's reasoning, are given on the website)

These proposals, if carried at the AGM next month, will have a significant effect on club finances, and I recommend that all clubs consider the consequences carefully before setting fee levels for events next year.

I welcome the move towards simplification, which is much needed in our sport. Sometimes we seem to overcomplicate matters to the extent that newcomers find our sport a turn-off.

Talking of newcomers, I was delighted to see about 30 new faces at a recent CATI event near Ottery St Mary, on a day which was ominously wet as we arrived. And the new faces included many families, of which our club is significantly short – I don't think we are the only SWOA club in this situation. This was a welcome result of efforts by a local coach (with help from other local members) to introduce regular training sessions in an area that, on the face of it, would hardly be considered as providing great scope for increasing our membership. Early days yet, but it's good to trumpet the green shoots.

Devon OC were pleased to host the regional round of the CompassSport Cup, and wish Bristol OK every success in the Final. Good luck also to SBOC, who preferred this event rather than a (more competitive?) midland venue, thereby depriving Wimborne.

John Dyson (DEVON)

## **SWOA NEWS**

### **SW SPRINT DISTANCE CHAMPIONSHIPS**

The format for future events was agreed at the SWOA meeting on 28th February. There will be two Sprint distance races – winning time for all age classes 12-15 minutes each. The times from both Prologue and Final will be added to determine the result and this total will be submitted for BOF ranking points. Those who mispunch in or don't finish the Prologue can run in the Final but will be non-competitive in the championship. The starting order in the Final will be slowest in the Prologue first off, fastest last off, at one minute intervals.

### **MORE GRADE C CONTROLLERS NEEDED**

The recent review saw ten decide to retire from controlling, for various reasons. (The current list can be found on the SWOA website in the Officials section.) More are needed, especially in the east and north of the SWOA area. For those wanting to be appointed to Grade C – and so keep up the quality of events and the skill base in their own club – the necessary course will be held, probably next autumn. The other requirements for appointment are:

To have organised an event within the previous 10 years.

To have planned three events, with one at Level C (or higher) and one within the previous five years.

To attend an Event Safety Workshop.

To be approved by SWOA.

The application form can be got from me. You can attend the course before completing all the other requirements.

## EVENT SAFETY WORKSHOP

BOK will be holding an Event Safety workshop on a Monday evening after Easter – the date has yet to be fixed. This will be open to all SWOA members. The contact is Katy Dyer: 0117 968 4173 or family.dyer@blueyonder.co.uk.

## NEXT SWOA MEETING

The next SWOA Committee meeting will be on Tuesday 24th April at Ilchester.  
Arthur Vince, SWOA Secretary

## COLOUR CODED AWARDS

Congratulations to all of the following who have gained their SWOA Colour Award

White:

Ana Uglow	RHOK,	Anja Babic	RHOK
Sylvie Livingstone	RHOK		

Yellow:

Ellie Naraidoo	RHOK
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To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain) and £1 for Juniors (20 & under) or £2 for Seniors (21 & over). These prices are subsidised by S.W.O.A. If applying by post please make cheques payable to S.W.O.A. and enclose a stamped addressed envelope. My address is: 6, York Gardens, Clifton, Bristol BS8 4LL. Sorry no E-mail.

Anne Donnell BOK

## BOF COACHING CONFERENCE 2012,

held on 3rd – 5th February at Lilleshall National Sports Centre

This was attended by over 50 delegates from all over the country. We had a varied programme with something to interest everyone.

Most people arrived on Friday evening in time for dinner and networking in the bar afterwards. On Saturday morning the conference kicked off with Mike Hamilton giving an excellent introduction. He said that BOF knows where they want people to go: but where do the people want to go? Where do the coaches want to go? Where do newcomers want to go (NOT where does the coach want to take them!). Mike talked about participation and said that, nationally, NGBs had had government money but (with a few exceptions) had not

delivered the numbers. Other bodies such as StreetGames were doing very well by comparison, with the result that the government would give the NGBs (National Governing Bodies) another four years' money but they would have to deliver or no more public dosh. Sports are moving towards 'Pay and Play'; people want variety, and to turn up, do their event, then move onto the next activity. Former ideas of settling into one sport and working to improve at this is now much less popular. On the marketing front, orienteering is a 'sport for life' – but that means one thing to a 17-year-old and something quite different to a 60-year-old. A beginner comes to a clubnight and gets really interested, then the coach wants to get them to a standard where they can run at an event. They go – and it's so awful, they never go again. Mike advised us to wait – and not to push so hard. He said that most orienteering clubs are not clubs in a social sense. There is a need for tea-and-biscuits, for a trip down the pub ... a group of people meeting at an activity centre every week is a 'club' – the entity we call a 'club' is actually a county event organiser.

We spent the rest of Saturday morning outside, divided into teams and doing practical exercises. (These can be downloaded from the BOF website on [http://www.britishorienteering.org.uk/page/coach\\_support](http://www.britishorienteering.org.uk/page/coach_support) as can various papers from the conference.) The principle was "Use of a park type area for coaching exercises" and proved very interesting with some good ideas.

After lunch we had a long talk from Steve Sylvester who is a sports psychologist who advises a number of top sportsmen and women. His services are usually called upon when a previously well-performing athlete suddenly fails to deliver the expected results; he has advised Premier Division footballers and World Champion snooker players amongst others. He said that there is great stress produced when you are trying to win an event, which can bring on a sudden collapse in performance. He is a great advocate of enjoying your sport and nurturing your own well-being, and said that winning and enjoying were in conflict with each other, to the detriment of your performance. Well-being and performance should work in tandem, and not be pulling against each other. Matt Crane was quoted on his performance at the JK as saying "I set out to enjoy the orienteering and get it right; the performance would look after itself".

Don McKerrow of SLOW talked about some of the club's activities (read the download). The club had experimented with most of the current types of event, to find the ones that would attract people in their area. The ones that had worked were Park Races and StreetO. These used: evenings after work (people did not have to give up their weekends); known format and variety of locations (same thing to do but in different places); easy to get to (the closer to a Tube station, the more people); competition (people weren't coming to coaching sessions); social, usually in the pub. These events were attracting nearly 100 competitors, about half of whom were not orienteers, and quite a few had joined the club. There was the additional attraction of the London City Race (Saturday 22 September 2012). The club now has a higher-than-average number of M21s.

Ian Embrey and Pat Mee gave an entertaining slide show on the relationship between coaches, coach educators, assessors and independent verifiers (IVs).

Before supper we went out into the snow and had fun with an hour's NightO competition, organised by Nev Myers.

On Sunday morning, Hilary Quick and Ed Nicholas brought us up to date on WOC 2015, which will be in the second week of August. Lots of volunteers will be needed; when WOC last came to Scotland, various clubs and regions took over certain tasks (like the Starts). The various national squads will be coming to Scotland to train over the next year or two; there is an opportunity for the Junior Squads to offer to plan for them, thereby gaining much experience and the chance to see top orienteers in action; Hilary should be contacted for details.

The last session was run by Paul Murgatroyd, who has written a number of articles on physical training for CompassSport magazine. He divided us into teams and gave us some exercises to plan. We then went out into the (still snow-covered) grounds for a warm-up session, followed by practical use of our planned exercise.

The conference was well planned and very interesting. I would recommend that all coaches attend every few years (plus you get CPD points for going).

Christine Vince      KERNO

**BOK LADIES' TRAINING DAY  
SATURDAY 17 FEBRUARY 2012**

I received the invitation to join the training day whilst I was in Australia and in the heat of summer classic orienteering seemed a long way away. We managed a street O in Sydney and were well acquainted with the steep hills around where my niece lives! Naturally I booked myself onto the course, thinking jet lag would be a memory 6 days after arriving home.

On the day, I set off early to avoid traffic hold ups on the M5 and arrived at Tyntesfield at just after 9am. I parked and walked back to where I saw the O direction sign, followed it almost back to the main road, to be rescued by Katy who was putting up the signs. The one I had followed had blown round in the wind and without a map I would never have found the Sawmill site! At least it gave me an opportunity to help Katy by putting out some tape to guide everyone to the correct place.

Our day began with various jobs being taken on, such as registration and tea/coffee making, and settling down in groups of 4 round tables. Fortunately a National Trust Gardening Group were very happy to use the slightly smaller room which had previously been allocated to us.

After introducing herself and her fellow coaches, Bethan Logan, Jim Hayward, and helper, Clare Fletcher, Katy then had us all introduce ourselves and we were a very good mix of beginners, from 1 week of experience to many years. We then settled down to look at pictorial IOF control descriptions and complete an exercise and had a discussion on them. We then went outside to check our pacing. We each had to choose our own pace, walk or run, to go between two markers for 100 metres and count the steps.

For the next outdoor exercise, we were divided into groups behind a Start line. At the whistle blow a runner had to go to a map box, pick up a map and set the compass to show the correct bearing from Start to control 1. We all had different maps so found our directions changing from map to map. (Maps were grouped into North starts and South starts). My first one went due south – how lucky was that? The start whistle blew at 1 minute intervals so it was quite realistic. Then the forecast rain started!

A working lunch in the Sawmill gave us further food for thought with ‘hand-outs’ on various aspects of how to improve our skills, with Concentration being the first, closely followed by Contact and Control. After lunch we went further up hill and split into 2 groups then worked in pairs using attack points to find controls. Our next exercise was to aim off to find controls and some of us even found a possible attack point on the map which did not exist on the ground. We were then sent to collect controls in and return for a welcome cup of tea and final discussion, with a group photograph being taken in a now sunny afternoon.

I thoroughly enjoyed the experience and made use of the attack point exercise on my foray in the Compass Sport Cup competition the next day. I’m sure it helped as for the first time my score was one that counted! Next on my list is to use pacing and aiming off.

Many thanks to Katy and her team for an enjoyable day, not dampened at all by the rain and cold.



Gill James NGOC

## COMPASS SPORT CUP AND TROPHY

### **Weather makes all the difference.**

For those of us who made the journey down to Haytor for the Compass-Sport Cup and Trophy match on Sunday February 19th we couldn't have been luckier with the weather. We had the chance to see Dartmoor at its benevolent best. Bright sunshine with clear blue skies but a rather playful wind.

The "Event Centre" was the function room of the Moorland Hotel and what a blessing it was to be able to keep out of the wind before and after our runs. And the luxury of proper chairs, hot soup and beverages all added to the splendid atmosphere of the event.

But what about the courses? Well I am an M60 and so, rather bizarrely, I have to run Green (even though my recommended colour for normal events is Blue). So imagine my surprise when I picked up my control description sheet in the pre-start area to see that I had only 7 controls instead of my normal 15 plus. I was already aware that the course would be around 4.0 km but I was expecting rather more controls than this.

So setting off uphill into the icy blast of the wind my main problem was trying to fold the map without losing it. A relatively easy leg to control one (a pit alongside the path) then on to a depression near a hut circle where I could see several orienteers milling around. Over the hill to 3 then a turn towards home which put the wind at my back and made running easier.

I reached most of my controls relatively easily apart from my penultimate which was the southern edge of a western knoll. I found the area pretty cleanly then got slightly confused by the earthbanks but luckily spotted the control below me. Then a short delay while I helped a couple of our club's younger members who were tackling the Yellow course followed by a sprint to the finish. My time 30 minutes 40 seconds where I am used to being out for 50 minutes or longer.

On returning to the hotel I heard several people commenting that the courses were on the short side. But then it occurred to me that the weather was to blame. Imagine the same courses on a more typical February day on Dartmoor. Strong wind, horizontal rain and sleet with visibility in the low clouds of perhaps a couple of hundred metres, not the miles and miles that we enjoyed. My best guess is that my course would have taken me at least half as long again on a day like that. I feel sure that the Planner and Controller would have taken this into account when agreeing the courses so I no longer felt cheated.

Better to plan for the worst than hope for the best. Nobody would have wanted orienteers lost over the moors in freezing conditions with people out for hours. So well done Devon for organising such good weather and such an excellent event.

Ian Sayer      Wessex OC.

This was my first visit to Haytor – I don't know why but we have never been there before. Not the fastest of trips down – travelling from Dorset is never fast – but on arrival we were straight into our car park right beside the start. Nearly decided to stay in the car when I got out and felt the wind – we were just thankful it was a nice warm dry day!

Then things got better – a nice warm ballroom – indoor loos (although you would not want to be too big to squeeze into the gents) and drink and food on hand. Not what we are used to



and I actually had to take some clothes off which for me is a miracle. The next problem was that to warm up meant going outside.

The 10 minutes at the start was freezing – it is always difficult for me to keep warm even with two layers on – as I know that once I start running I will be warm – so plenty of jogging around the start area.

My run until control 6 was good and then I might as well have stayed in the ballroom in the warmth. There are some days when it is better not to ask what went wrong and this was certainly one of them. I think it is called losing one's brain.

We had nearly forty runners in the event which was a fantastic turnout and all age groups and courses were covered.

Results were coming into the ballroom at regular intervals and it was certainly close for us – the whole morning we seemed to be getting closer and closer to SBOC until eventually we were 20 points behind and then it did not change again – so that was the final result.

The four juniors – Katie Reynolds, Katherine Hodge, Fraser Smith and Rebecca Whittingham – deserve special mention as they all were counters. Also Fraser – along with Kirsty Staunton – scored a perfect 100 points for being 1st. Well done.

I must admit that I am not quite sure whether to be upset that we were beaten or pleased that we will not have to travel so far for the final – rather mixed thoughts there as I am rather competitive.

Thanks must go to Devon for putting on an excellent day and organising everything so well. Also to you all for turning up and running and representing WIM.

Sorry I did not take any photos – I had my camera but it was rather nice and warm inside

Finally I think we will have to put Haytor on our list of places to visit on non orienteering days to look at the area more.

Chris Branford

WIM



Graham Dugdale with Haytor Rocks as background

## **BRITISH NIGHT CHAMPIONSHIPS HAMPTWORTH**

I have a confession to make, I am not keen on night events, so when Sue Hateley asked me to write a report on the British night championships I was not overwhelmed with enthusiasm. I have avoided taking part in the Devon & Cornwall night league for several years, but this year I have tried a few events, and the only one I enjoyed was the event at Mount Edgcumbe, which was planned on the open parkland which at night was fine. I am not keen on forest areas at night where it is very difficult to see beyond the beam from your torch. I have just purchased a very bright headtorch from China (1800 lumens!) so I thought I would try it out at the British Nights. Am I now a night convert? Well not really, as I found even with a bright torch it was very difficult to see features which during the day would be easy to navigate by. I decided to enter the M65 short class at Hamptworth as I wanted to save my energies for the Sarum Saunter on Sunday. My course was only 3.4k so I thought it would not be too tough. There were only three competitors on my course so I was aiming for a top three finish!

At the start I picked up my map and ran down the track and then realised I was not informed where the start kite was located, had I passed it in the dark? I went back to the start to ask where the start kite was located and was told it was 100 metres down the track. My first control was only 100 metres from the start kite, a depression below a steep slope I walked on a bearing and found the control fairly easily. Control 2 was down the slope across open forest but I was not confident in picking up the small gully which would have led me into the control so decided to head for a track to the north and run to a building in an open area which was reasonably close to the control. Went on a bearing and come to a control but not mine. Floundered around for some time and eventually found my control by spotting a cluster of head torches around a feature. Control 3 only 150 metres away so went carefully on a bearing without success. Saw a control on a knoll where I met another competitor. Looking at the map I managed to identify the knoll on the map which was close to my control. Control 4 was 350 metres away, I walked carefully on a bearing and managed to find the small gully just below the control. Just over 4 minutes for this leg. Wow! Dear readers I do want to bore you with further details of my incompetence, which included one 180 degree error, but I eventually reached the finish in 66 minutes. I later discovered I had won the M65 short class, as the other two competitors had either retired or mis-punched. So I was now M65 Short British champion! Never has an award been so richly undeserved.

Thankfully I redeemed myself at The Sarum Saunter, where I managed to run at just under 10 minutes/km compared with nearly 20 minutes/km at night.

Peter Morton KERNO

This year there was a large contingent of competitors from the south west as it was on home territory at Hamptworth, organised excellently by Sarum.

Knowing from past experience on the area it is easy to run off the map at the western edge but we were assured however that there would be tape and lights to stop competitors doing

this. Nevertheless on course 4 a large number of people ran through rhododendrons off the map as the fence that was supposed to be there had a section missing. Michael was one of these but did eventually relocate back on the map and went around this section of green to the east to find his control.

The courses used the tricky slope to good effect and careful navigation was needed. I did however manage to spend 8 minutes on a 150m leg returning to my previous control 3 before eventually finding it.

I thoroughly enjoyed the challenge and it is always good banter in the Hallett van, post night events as Clive does not like them and this was Michael's first but unfortunately, he seemed to take Clive's side.

The south West had many successes: The best of these was Mark Bown of BOK who had an excellent run to win this class and take his first British title.

Jackie Hallett BOK

What a wonderful setting we had for this event, with a beautiful sunset as competitors arrived; after a day of sunshine, the night was clear with a sliver of new moon and planets and stars shining brightly.

It was really good to have access to the technical area at the South end of the map, where only the longer courses usually go. We are very grateful to the Anderson family for allowing us to compete on their estate and for putting in a new gate so that we could use the two flat fields for parking and assembly.

An organiser always has a mass of stuff to sort out behind the scenes. This weekend was no exception for Mary Nixon (BNOC) and Pat Hart (Saunter) but I think probably the worst part for Mary was being given the unenviable task of enforcing a new BOF rule. She had to tell "foreigners" (many of whom have previously run for England!) that they are no longer eligible for winning British Championships; this includes people who have been married to British citizens for many years and who have won in the past and would be serious contenders at this event. (In my opinion BOF should rethink this.)

We are very grateful to Bernie Fowler for organising the marquee and although we did not have a chandelier (like BNOC 2011) the atmosphere in the marquee was warm and friendly. Prizes and medals were presented in a truly heart-warming manner by Guy Anderson. He welcomed everyone and said how mad he thought we all were! It was lovely that one competitor, while on the podium, told Guy, "It's thanks to landowners like you that we are able to enjoy our sport, so thank you."

I overheard lots of positive comments about the map and the courses. Martin Goddard had spent hours of serious work on the map and I thought it was excellent. I really enjoyed my course, planned by Andy Thornton. There was plenty of scope for getting lost but, apart from

overshooting on a couple of legs, I managed to navigate accurately. Since my knee trouble last Easter, I've been unable to do any real training so I was pleased to find I could run quite well and without pain. (I paid for it on Sunday, however, when my legs went to jelly two-thirds of the way round and my brain turned to mush before the penultimate control. Hey-ho!)

Being on the podium, next to Sheila Carey, who is ranked number one W65, was great and I'm very proud of my silver medal.

I have to say Well Done to Sarum for putting on a superb event – and especial thanks to the controller (Mike Forrest), the planner, mapper and organiser.

Charlotte Thornton Sarum

### **SWOA FIXTURES.**

#### **March**

25th KERNO Trelissick Forest League, Trelissick, Truro, SW826392

Entry times: 10.30 - 13.30. No dogs allowed.

Organiser: Hilde Andersen , [hildekatrine\\_andersen@hotmail.com](mailto:hildekatrine_andersen@hotmail.com) , 01872 530775

[www.cornwallorienteering.org.uk/](http://www.cornwallorienteering.org.uk/)

31st NGOC Informal, Symonds Yat, Coleford, SO572128

Entry times: Starts from 12.30 - 14.00. Dogs: Dogs to be kept under control at all times.

Organiser: John Coleman , [johncoleman611@yahoo.co.uk](mailto:johncoleman611@yahoo.co.uk)

[www.ngoc.org.uk](http://www.ngoc.org.uk)

31st NWO Score , Yellow, Green, TBC, Marlborough

[northwilts.org.uk](http://northwilts.org.uk)

#### **April**

1st QO Forest League 5, Priors Park, Taunton, ST228167

Dogs allowed. Organiser: Mark Maynard

[www.quantockorienteers.co.uk](http://www.quantockorienteers.co.uk)

2nd WIM/WSX Monthly Evening event, Buddens near Wareham, Wareham, Dorset, SY865888

Dogs: None allowed - scout camp site. Organiser: Gavin Clegg , [gavin@dr.com](mailto:gavin@dr.com) , 01202 675480

[www.wimborne-orienteers.org.uk/wim/index.htm](http://www.wimborne-orienteers.org.uk/wim/index.htm)

2nd WIM/WSX Activity Evening, Buddens Farm Scout Centre, Wareham, SY866888

No dogs allowed. Organiser: Eric Whapples

14th NGOC League 7, Sheepscombe, Cheltenham, SO902100

Entry times: Registration 11.30 - 12.30. Starts 12.00 - 13.00. Dogs: Dogs to be kept under control at all times.

Organiser: Alan Starling , [alanandellen@gmail.com](mailto:alanandellen@gmail.com) , 01793 320054

[www.ngoc.org.uk](http://www.ngoc.org.uk)

15th QO Galoppen, Croydon Hill, Minehead, SS971401

Organiser: Rosie Wych

[www.quantockorienteers.co.uk](http://www.quantockorienteers.co.uk)

18th BOK Urban Series 1, UWE + Dower House, Bristol, ST622781

No dogs allowed. Organiser: Adam Potter , 0117 970 2860

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

21st NWO Limited Colour YOGB, TBC, Lambourn

[northwilts.org.uk](http://northwilts.org.uk)

21st KERNO Dunmere Forest League, Dunmere Woods, Bodmin, SX041689

Entry times: 12.00 - 14.30. No dogs allowed.

Organiser: Annabel Pring , [annabel.pring@tesco.net](mailto:annabel.pring@tesco.net) , 01208 873502

[www.cornwallorienteeing.org.uk/](http://www.cornwallorienteeing.org.uk/)

22nd SARUM Galoppen, Grovely East, Salisbury, SU078330

No dogs allowed. Organiser: Ian Peirce , [ian@ipeirce.fsnet.co.uk](mailto:ian@ipeirce.fsnet.co.uk) , 02380 252779

[www.sarumo.org.uk](http://www.sarumo.org.uk)

25th BOK Urban Series 2, University of Bath, Bath, ST781640

No dogs allowed. Organiser: Hanne Kinnunen

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

29th BOK Mike Nelson BOKTrot & ASO Ind Champs, Beechenhurst, Forest of Dean, SO614120

Entry times: 10.30-12.30. Dogs: Dogs on leads at all times.

Organiser: Howard Thomas , 0166 - 651 0155

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

### **May 2012**

2nd BOK Urban Series 3, Wrington, Bristol

No dogs allowed. Organiser: Simon St.Leger-Harris , 01761 463427

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

5th WSX Informal at Buddens , Buddens Farm Scout Centre, Wareham, SY865888

Organiser: Julie Astin

9th BOK Urban Series 4, Bradley Stoke, Bristol, ST625820

No dogs allowed. Organiser: Mike Forrest , 0117 924 7441

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

12th NGOC League 8, Mallards Pike North, Cinderford, SO651126

Entry times: Registration 11.30 - 12.30. Starts 12.00 - 13.00. Dogs: Dogs to be kept under control at all times.

Organiser: Chris James , [chrisjames@dalcross.plus.com](mailto:chrisjames@dalcross.plus.com) , 01989 720122

[www.ngoc.org.uk](http://www.ngoc.org.uk)

13th QO Forest League 6, Staple Hill, Taunton, ST247172

Dogs allowed. Organiser: Ian Husband , [iusband123@btinternet.com](mailto:iusband123@btinternet.com)

[www.quantockorienteers.co.uk](http://www.quantockorienteers.co.uk)

13th KERNO Inny Foot Forest League, Inny Foot, Callington, SX371762

Entry times: 10.30 - 13.30. No dogs allowed.

Organiser: Peter Heywood , [peter@sythehouse.com](mailto:peter@sythehouse.com) , 01503-269-289

[www.cornwallorienteeing.org.uk/](http://www.cornwallorienteeing.org.uk/)

14th WIM/WSX Monthly Evening event, Broadstone Middle School, Poole, SZ012960

Entry times: 6.30pm - 7.00pm. No dogs allowed.

Organiser: Christopher Branford , [chris@branford.eclipse.co.uk](mailto:chris@branford.eclipse.co.uk) , 012584 53716  
[www.wimborne-orienteers.org.uk/wim/index.htm](http://www.wimborne-orienteers.org.uk/wim/index.htm)

16th BOK Urban Series 5, University of Bristol, Bristol

Organiser: Duncan Birtwistle , 01765 677099

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

19th WIM Sprint Event, Kingston Maurward College, Dorchester, SY720910

Entry times: 1.00 - 3.00pm starts - courses close 4.00pm. No dogs allowed.

Organiser: Neal Burton , [neal.burton@kmc.ac.uk](mailto:neal.burton@kmc.ac.uk) , 01305 849173

[www.wimborne-orienteers.org.uk/wim/index.htm](http://www.wimborne-orienteers.org.uk/wim/index.htm)

20th DEVON League 4, Killerton Park, Exeter, SS973001

Entry times: registration 1000 - 1230. Dogs: Dogs on leads.

Organiser: Helen Taylor , 01395 274152

[www.devonorienteering.co.uk](http://www.devonorienteering.co.uk)

20th BOK Level C event (+ASO), Lyncombe, Weston Super Mare, ST433593

Entry times: 10.00 am - 12.00 noon. No dogs allowed.

Organiser: Patricia Walker , 01275 462879

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

23rd BOK Urban Series 6, Troopers' Hill, Bristol

Organiser: Paul Gebbett , 0117 3789639

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

26th WSX Poole Town Race - Urban Orienteering Poole Town Centre "Falkland Square, Poole, SZ013909

Entry times: 14:30 onward. Starts 15:00 to 17:00. Dogs: Normal standards of behavior and control for a busy town centre.. Organiser: Bruno Smith

[www.wessex-oc.org/Poole\\_for.htm](http://www.wessex-oc.org/Poole_for.htm)

27th BOK Urban Series 7Frenchay Village, Bristol, ST634777

Entry times: Registration 9.30-11.30am. Starts 10-12 . No dogs allowed.

Organiser: Chris Johnson , 0117 970 1561

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

30th BOK Urban Series 8 Harbourside, Bristol

No dogs allowed. Organiser: David Hunt , 0117 925 1891

[www.bristolorienteing.org.uk](http://www.bristolorienteing.org.uk)

## **June 2012**

2nd DEVON Tamar Triple Day 1 and South West Sprint Championships Exeter University, Exeter, SX917942

Organiser: Andrew Reynolds

[www.tamartriple.org.uk](http://www.tamartriple.org.uk)

3rd DEVON Tamar Triple Day 2 Smallhanger Waste, Plympton, SX563593

Dogs: dogs on lead. Organiser: Nicholas Maxwell

[www.tamartriple.org.uk](http://www.tamartriple.org.uk)

4th DEVON Tamar Triple Day 3Cooksworthy Forest, Holsworthy, SS413013

Dogs allowed. Organiser: Roger Hargreaves

[www.tamartriple.org.uk](http://www.tamartriple.org.uk)

6th BOK Summer Evening Warmley Forest Park, Bristol, ST672735

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

9th NGOC End of Season Minchinhampton Common, Stroud, SO858013

Entry times: Mass Start 14.00. Dogs: Dogs to be kept under control at all times.

Organiser: Neil Cameron , [nmcameron@tesco.net](mailto:nmcameron@tesco.net) , 01684 294791

[www.ngoc.org.uk](http://www.ngoc.org.uk)

10th SARUM Moonraker Relay

TBD, TBD

Organiser: Liz Yeadon , [liz.turbin@tiscali.co.uk](mailto:liz.turbin@tiscali.co.uk) , 07990734576

11th WIM/WSX Activity Evening Bournemouth University, Talbot Campus, Bournemouth, SZ075936

No dogs allowed. Organiser: Ian Sayer

13th BOK Summer Evening Dyrham Park, Bath

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

16th WSX Hardy Relays

Broadstone Recreation Ground, Poole Dogs: Normal rules for a public park. Dogs not allowed on pitches..

17th DEVON League 5 Haldon Forest, Exeter, SX884847

Entry times: Registration 1000 - 1200. Dogs: Well behaved dogs allowed..

Organiser: Carol Pearce , 01395 443813

[www.devonorienteeing.co.uk](http://www.devonorienteeing.co.uk)

20th BOK Summer Evening, Ashton Court, Bristol, ST556712

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

24th NWO Relay, TBC, Pewsey, Wiltshire

[northwilts.org.uk](http://northwilts.org.uk)

27th BOK Summer Evening, Purdown, Bristol, ST611764

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

30th WIM Southern UrbanLeague Event, Shaftesbury Upper School, Shaftesbury, ST869225

Entry times: 1.00 - 3.00pm starts - courses close 4.00pm. Dogs: No dogs - assembly in school grounds.

Organiser: Christopher Branford , [chris@branford.eclipse.co.uk](mailto:chris@branford.eclipse.co.uk) , 012584 53716

[www.wimborne-orienteeers.org.uk/wim/index.htm](http://www.wimborne-orienteeers.org.uk/wim/index.htm)

30th QO Club Championships, Ham Hill, Yeovil, ST478169

Organiser: Robert Green

## **July 2012**

1st BOK Adams Avery Relays, Stock Hill, Wells, ST545523

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

2nd WIM/WSX Monthly Evening event, Breamore School and area (TBC), Ringwood

Entry times: 6.30pm - 7.00pm. No dogs allowed.

Organiser: John Warren , [johnandbarbarawarren@yahoo.co.uk](mailto:johnandbarbarawarren@yahoo.co.uk) , 0142 54 74861

[www.wimborne-orienteeers.org.uk/wim/index.htm](http://www.wimborne-orienteeers.org.uk/wim/index.htm)

4th BOK Summer Evening, Leigh Woods, Bristol, ST559733

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

8th DEVON Relays, Bicton College, Exmouth, SY077860

Organiser: John Dyson

[www.devonorienteering.co.uk](http://www.devonorienteering.co.uk)

11th BOK Summer Evening, Oldbury Court, Bristol, ST634766

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

15th WIM Furrow Hoppers Relay, Moreton Forest, Dorchester, SY801892

No dogs allowed.

Organiser: Christopher Branford , [chris@branford.eclipse.co.uk](mailto:chris@branford.eclipse.co.uk) , 012584 53716

[www.wimborne-orienteeers.org.uk/wim/index.htm](http://www.wimborne-orienteeers.org.uk/wim/index.htm)

18th BOK Summer Evening, The Downs, Bristol, BS8

[www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk)

### **THE CHAIRMAN'S CHALLENGE - SWOA SUMMER RELAY SERIES**

This series has been running for some years with varying degrees of support. Please canvas your club captains and members to make it a success this year

The series will comprise the following events.

Club 2012 season

SARUM Moonraker Sun 10 June Hamptworth (to be confirmed)

WESSEX Hardy Sat 16 June Broadstone, Poole

NWO Sun 24 June Pewsey

BOK Adams Avery Sun 1 July Stock Hill, Mendips

DEVON Sun 8 July Bicton College, Exmouth

WIM Furrow Hoppers Sun 15 July Moreton Forest, Dorchester

Clubs may enter as many teams as they like, with the points achieved by the leading team of each club scoring.

To be competitive in the league team members must be members of the same club.

To aid the scorer Team names should include the name or initials of the club in some form.

Four events to count towards the magnificent trophy which at present is held by Wessex.

More details and regarding the rules can be found on the SW Orienteering Association website.

Mike Crockett - Scorer

### **A NICE RUN IN THE FOREST**

There's nothing you like better than a good forest run ... forget about this ParkO and StreetO stuff. OK, the London City Race seems popular; last year the club actually postponed its Galoppen for a week so that the organising team could compete. But as for clubnights and CommunityO – good grief! Let the committee worry about participation figures and all that stuff ... reports that BOF could lose its government funding in a few years' time if the participation figures don't improve – well, that won't affect you and, anyway, what did BOF



ever do for you? The club will keep going, and when your grandchildren come to stay, you can enjoy taking them round the White and Yellow courses, just as you had fun with them doing string courses. It's a pity they live up north now, but there are some good clubs up there and a very good Junior Squad for them to join when they get older.

Fast forward a few years. Orienteering's got rather dear these days. The Forestry Commission charges a fortune for access – when they allow it – and half your favourite forest got cut down a couple of years ago. (Unfortunately, when BOF lost its government funding, most of the staff had to go. Without someone experienced like Mike Hamilton to negotiate a national agreement, the FC largely ignored the new volunteer Chief Executive. And of course when the new government decided to let the FC chop down whatever they wanted to ...)

The grandchildren still come to stay but they don't orienteer any more. Once all the money for the Talent Pathway scheme in England disappeared and other funds were tight, the Junior Squads largely folded. With no summer camps to go to, and no Elite Squad to aim for, youngsters wanted to do other sports. Britain has not won any medals at WOC for years. Even the JK and BOC are not what they were, and you haven't been for some time.

There are fewer and fewer events now. Your friends who used to do stuff like mapping, planning, controlling and coaching and enjoyed that – well, they've stopped now. There's no point really – no-one worries too much about national standards; the challenge is not there anymore; and of course the national conferences and meetings where you could pick up all the new stuff and have a good chinwag (Coaching Conference, Major Event Conference, all those BOF committees and groups ...) went out the window years ago after BOF lost its government funding. No-one's bothered to organise a JK or BOC this year; they couldn't find anyone who wanted to do it.

However, your grandsons work in London now. They are both running in the London City Race next month and want you to come and cheer them on – one of them's doing very well in the M21 Elite. The Mayor of London has been very supportive of the Race; it brings people in from abroad to spectate (who spend lots of money) and it has featured live on primetime satellite TV for the last few years. There will be lots to see and do – you've told all your friends to watch it on telly – and you're really looking forward to this. (Some of the folk at the 2012 Coaching Conference had been paying attention to what Mike Hamilton and Don McKerrow had to say \*\*. They'd realised that getting CommunityO past the club stick-in-the-muds was not worth the effort, and foreseen the demise of BOF as an effective organisation. They did a deal with SLOW and licensed the City Race format. It has now really taken off, with most of the British cities coming on board and satellite TV interested in filming the top races in the National Urban League.)

There's a meeting of the NGB for urban racing. The CEO (who was UK National Champion for several years running) is concerned that the sport is losing its older members. There are reports that they don't like running on hard surfaces once they've knocked on a bit, and some of them have been organising monthly events in the local woods (softer going underfoot). The government has also been getting concerned about urban racing, because of the traffic hazards (it costs a lot to shut down the City of London for the day) and because of urban pollution (there is still some). There might be some funding available to get people out into the countryside, particularly since a lot of public money was pumped into the transport

system and the trains and buses now run on Sundays. The CEO remembers that, as a very small boy, on Boxing Day his grandparents used to take him out to the forest where there were loads of people running round courses and having a really good time – all ages, families, newcomers. You could get someone to organise food ... this could turn out to be a very good idea!

At the 2012 Coaching Conference, Mike talked about the results of government money being put into the NGBs and into other bodies such as StreetGames, in order to increase sports participation. StreetGames was doing very well, but the NGBs – with only a few exceptions – had failed; the government would give another four years' money but, after that, unless the NGBs were successful it was pulling the plug on the NGBs.

Don McKerrow spoke about the range of events that SLOW had been putting on to increase participation. Of the various formats that it had tried, ParkO and StreetO were by far the most popular – 90+ people coming to events, and then going to the pub afterwards. And then there was the London City Race ... ]

Christine Vince      KERNO

### **EVENT SAFETY WORKSHOP**

The next British Orienteering Event Safety and Welfare Workshop will be held in April at the University of the West of England. This 3 hour workshop will be delivered by a BOK tutor who has already attended a Workshop and has been approved as a tutor by BOF. Event Safety and Welfare training is now required for all organisers of Level C events and above, over the next 3 years. It is also required for new controllers. I believe it is a welcome and sensible opportunity to examine all aspects of safety and welfare on and off the course, for both competitors and volunteers. It includes discussion on search and rescue planning and Risk Assessments.

All organisers of all BOK events (including ASO and informal events – Level D) are invited and encouraged to attend. Planners and controllers will also be most welcome, as Safety and Welfare requires cooperation between all event officials.

Date: either Monday 16, 23 or 30 April 2012 (depending on room availability)

Time: 7.0pm to 10.0pm

Confirmation of the date will be posted on the BOK website. Please contact Katy Dyer [family.dyer@blueyonder.co.uk](mailto:family.dyer@blueyonder.co.uk) for an application form.

Katy Dyer      BOK

## RESULTS

### COMPASS SPORT CUP AND TROPHY EVENTS

19th February 2012

#### DEVON EVENT – Haytor

Cup.

1st	BOK	2442
2nd	DEVON	2347

Trophy

1st	SBOC	1260
2nd	WIM	1240
3rd	KERNO	1218
4th	WSX	1217
5th	SWOC	666

#### TVOC EVENT – Bradenham

Trophy

1st	SARUM	1271
2nd	SMOC	1258
3rd	NWO	1225

#### WALTON CHASERS EVENT – Brenton Spurs

Cup

8th	NGOC	1333
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### BRITISH NIGHT CHAMPIONS

#### Champions

M18	Adam Potter	BOK	M21L	Mark Brown	BOK
M50L	Mark Saunders	BOK	M55L	Gavin Clegg	WSX
W50L	Alice Bedwell	BOK	W55L	Jackie Hallett	BOK
W70L	Vikki Crawford	WIM			

#### Winners

M55S	Barry Olds	KERNO	M65S	Peter Morton	KERNO
W55S	Annabel Pring	KERNO	W70S	Freda Peirce	SARUM

#### 2nd Place

M18	Jack Benham	SARUM	W65L	Charlotte Thornton	SARUM
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#### 3rd Place

M40L	Ifor Powell	BOK	M45L	Clive Hallett	BOK
M65L	Ian Peirce	SARUM	M70L	Arthur Boyt	KERNO

W40L Melanie Rayner WIM W55L Kirsty Staunton WIM  
W60L Christine King BOK

### GALOPPEN SCORES

These galoppen tables include the results for the BOK,, KERNO and NWO events.

#### BROWN

1	Jon Brooke	WSX	M45	800	0	866	4395	5
2	Phil Newall	KERNO	M45	776	713	0	3033	4
3	Clive Hallett	BOK	M45	1000	0	1000	2968	3
4	John Whittingham	WIM	M40	0	0	748	2826	4
5	Christopher Rhodes	NWO	M21	885	0	969	2776	3
6	David Mullins	SARUM	M60	526	516	0	2733	5
7	Colin Welch	BOK	M50	483	539	559	2695	6
8	Andrew McNally	WIM	M35	0	0	857	2496	3
9	Christopher Kelsey	BOK	M50	783	0	732	2285	3
10	Hanne Kinnunen	BOK	W21	0	736	761	2173	3
11	Timothy Longley	BOK	M21	739	0	0	2051	3
12	Chris Turner	WIM	M45	692	0	0	1969	3
13	Mark Bown	BOK	M21	0	1000	0	1943	2
14	Adam Potter	BOK	M16	0	0	914	1914	2
15	James Buck	SARUM	M40	0	0	576	1798	3
16	Steven Horsler	WIM	M45	0	0	0	1670	2
17	Rob Parkinson	DEVON	M55	0	0	0	1658	2
18	Stephen Mallison	WIM	M21	0	0	0	1530	2
19	Jeremy Tonge	BOK	M40	0	0	749	1515	2
20	Will Hancoc	KERNO	M21	0	754	0	1487	2
21	Richard Cottle	BOK	M45	751	0	0	1478	2
22	Peter Stagg	BOK	M40	736	0	741	1477	2
23	John Cook	WSX	M50	0	0	0	1462	2
24	Graham Whiffen	WSX	M40	0	0	0	1432	2
25	Andy Rimes	QO	M45	707	0	0	1352	2
26	Ivor Marshall	KERNO	M40	0	692	0	1339	2
27	Michelle Spillar	WIM	W21	669	0	0	1336	2
28	Matthew Atkins	DEVON	M40	0	0	0	1274	2
29	Stephen Eastley	KERNO	M55	0	650	0	1182	2
30	Alan Knight	DEVON	M50	626	0	0	1050	2

#### BLUE

1	Chris Moncaster	KERNO	M55	780	949	862	4698	6
2	Gavin Clegg	WSX	M55	932	1000	825	3678	4

3	Tony Hext	QO	M60	703	646	0	3470	5	
4	Michael Hallett	BOK	M14	745	0	755	3464	4	
5	Adam Bettiss	SARUM	M21	693	769	0	3218	4	
6	John Simmons	BOK	M60	849	0	662	3197	4	
7	Barry Olds	KERNO	M55	777	820	0	3136	4	
8	Rob Hick	WSX	M50	783	0	660	3122	4	
9	Richard Cronin	BOK	M21	747	0	711	3118	4	
10	Nick Nourse	NWO	M45	695	0	645	2985	4	
11	Jackie Hallett	BOK	W50	685	0	583	2917	4	
12	Adele Newall	KERNO	W50	745	692	0	2837	4	
13	John Chesters	DEVON	M60	687	641	0	2820	4	
14	Jason Falconer	WSX	M40	785	0	0	2719	3	
15	Brian Pearson	QO	M50	851	0	766	2615	3	
16	Roger Hargreaves	KERNO	M60	639	666	0	2609	4	
17	Melanie Rayner	WIM	W40	0	0	760	2575	3	
18	Matthew Knipe	QO	M45	429	530	454	2488	6	
19	Alison Simmons	BOK	W55	780	0	0	2430	3	
20	Peter Morton	KERNO	M65	762	722	0	2267	3	
21	Philip Warry	BOK	M55	555	0	565	2254	4	
22	Bryan Smith	DEVON	M55	672	708	0	2219	3	
23	Nick Dennis	BOK	M50	597	0	634	2135	3	
24	David Palmer	BOK	M65	724	0	605	2132	3	
25	David Battison	SARUM	M65	0	0	573	2112	3	
26	Alan Simpson	DEVON	M65	0	0	0	2110	3	
27	Tessa Stone	DEVON	W45	688	0	0	2095	3	
28	Andrew French	WIM	M45	0	0	628	2089	3	
29	Ben Maliphant	BOK	M18	1000	0	1000	2000	2	
30	Christopher Virgo	DEVON	M60	544	683	0	1980	3	

#### GREEN

1	Tony Milroy	QO	M60	767	904	689	3850	6	
2	Christopher Branford	WIM	M65	965	0	875	3740	4	
3	John Trayler	QO	M65	714	914	706	3668	5	
4	Arthur Vince	KERNO	M70	664	719	669	3429	6	
5	Sue Hands	WIM	W60	0	1000	733	3340	4	
6	Caroline Potter	BOK	W45	628	741	571	3296	5	
7	Robin Walker	BOK	M70	624	735	593	3250	6	
8	Nicola Brooke	WSX	W45	740	0	585	3235	5	
9	Mike Kite	WIM	M60	612	0	603	3097	5	
10	Bill Vigar	QO	M75	745	823	0	2952	4	
11	Dudley Budden	BOK	M65	984	0	924	2908	3	
12	Ruth Chesters	DEVON	W60	666	569	0	2890	5	
13	Christine King	BOK	W60	587	0	676	2708	4	

14	Roger Hateley	DEVON	M65	570	715	0	2502	4
15	Christine Vince	KERNO	W55	0	498	450	2304	5
16	Martin Cross	WIM	M65	0	0	720	2277	3
17	Tony Lloyd	BOK	M55	827	0	722	2202	3
18	Tamsin Horsler	WIM	W40	0	0	753	2193	3
19	Rachel Dennis	BOK	W40	748	0	718	2169	3
20	Kelvin Dean	SARUM	M55	0	0	618	2167	3
21	Bill Brown	WSX	M70	0	842	685	2118	3
22	Tamsin Dinnage	NWO	W21	608	0	694	1977	3
23	Laura Wilcox	WSX	W45	741	0	0	1925	3
24	Tim Haysom	BOK	M40	1000	0	841	1841	2
25	Denise Mullins	SARUM	W60	615	635	0	1801	3
26	Richard Raynsford	BOK	M60	0	0	495	1793	3
27	Martin Goddard	SARUM	M50	0	0	0	1784	2
28	Frances Alexander	NGOC	W65	485	0	388	1773	4
29	David Potter	BOK	M45	0	0	822	1730	2
30	John Dyson	DEVON	M70	545	0	0	1679	3

#### SHORT GREEN

1	Richard Thornton	SARUM	M65	762	778	755	4024	6
2	Charlotte Thornton	SARUM	W65	578	818	652	3630	6
3	Norman Harvey	QO	M65	590	704	661	3557	5
4	Vikki Crawford	WIM	W70	772	0	851	3344	4
5	Elsie Hargreaves	KERNO	W65	689	1000	0	3329	4
6	John Higgins	BOK	M75	677	0	0	3121	4
7	Jill Green	DEVON	W65	965	997	0	2889	3
8	Patricia Walker	BOK	W65	496	450	580	2835	6
9	Susan Hateley	DEVON	W65	699	725	0	2739	4
10	Stephen Williams	QO	M55	672	0	0	2283	3
11	Lynn Branford	WIM	W60	633	0	819	2222	3
12	Joan Hambleton	SARUM	W65	687	0	0	2181	3
13	John Coleman	NGOC	M75	0	0	649	2040	3
14	Gillian Cross	WIM	W65	0	0	697	2039	3
15	Elizabeth Reynolds	WIM	W20	0	0	0	1660	2
16	Helen Bolton	WIM	W45	0	0	0	1653	2
17	Richard Keighley	WIM	M65	0	0	527	1581	3
18	Valerie Livsey	DEVON	W70	649	843	0	1492	2
19	Roger Green	DEVON	M65	0	731	0	1460	2
20	Tim Spenlove-Brown	QO	M65	0	0	773	1459	2
21	Vivienne Maxwell	DEVON	W60	0	665	0	1452	2
22	Tracy Crickmore	WSX	W45	637	0	0	1434	2
23	Anne Donnell	BOK	W80	666	0	671	1337	2
24	Chris Brown	WSX	W70	0	443	412	1268	3

25	Keith Mitchell	WIM	M65	0	0	0	1177	2
26	Pat Grenfell	BOK	W80	532	0	616	1148	2
27	Barbara Warren	WIM	W75	0	0	547	1097	2
28	Malou George	KERNO	W55	0	496	0	1088	2

#### LIGHT GREEN

1	Zac Hudd	BOK	M12	1000	0	847	4626	5
2	Chloe Potter	BOK	W14	980	0	1000	2978	3
3	Rebecca Whittingham	WIM	W14	603	0	507	2872	5
4	Adrian Dawson	SARUM	M50	610	0	413	2042	4
5	Alexander Buck	SARUM	M12	0	0	719	1538	2
6	Kathryn Robinson	BOK	W45	688	0	605	1293	2
7	Deborah Mays	WIM	W50	0	0	0	1114	2
8	Helen Taylor	DEVON	W50	0	828	0	1095	2
9	Anne Palmer	BOK	W60	0	0	521	1002	2

#### ORANGE

1	Lucy Tonge	BOK	W12	1000	0	643	2290	3
2	Emily Keenan	DEVON	W14	594	864	0	1929	3
3	Georgia Puckett	WIM	W14	0	0	0	1902	2
4	Holly Puckett	WIM	W14	0	0	0	1849	2
5	Lorrain Puckett	WIM	W40	0	0	0	1755	2
6	Christopher Green	QO		860	0	803	1663	2
7	James Green	QO		779	0	476	1255	2
8	David Brown	WSX	M21	0	0	0	1233	2
9	Laura Statham	BOK		644	0	494	1138	2
10	Millie Stagg	BOK	W12	552	0	515	1067	2
11	Liz Yeadon	SARUM	W65	0	0	397	1019	2

#### YELLOW

1	Joseph Hudd	BOK	M10	992	0	971	4823	5
2	Rachel Potter	BOK	W10	888	0	777	2503	3
3	Oliver Tonge	BOK	M10	1000	0	886	2363	3
4	Harry Stagg	BOK	M10	933	0	1000	1933	2
5	Sarah Horsler	WIM	W10	0	0	567	1848	3
6	Wilf Thompson	BOK	M10	0	0	802	1277	2
7	Pippa Savage	BOK	W12	649	0	610	1259	

By the time you read this, there will be just two more galoppens left this season QO and SARUM. The NGOC galoppen having been held on the 18th March.

On the Brown course Jon Brown of WSX has a commanding lead over Phil Newall (KERNO). Adam Potter (BOK) is doing well as an M16.

The Blue course has Chris Moncaster (KERNO) in the lead with 6 events under his belt, but Gavin Clegg (WSX) is close on his heels with only four events. At M14 Michael Hallett (BOK) is doing well in fourth place.

Tony Milroy (QO) is at the top of the green course having been to all six events, but Christopher Branford (WIM) is just 110 points behind after only 4 events. Sue Hands leads the ladies.

Richard and Charlotte Thornton (SARUM) appear to have the short green course well sewn up, both of them have a full house so far..

The runaway leader on the light Green course is Zac Hudd M12 from BOK. On the yellow course Lucy Tonge W12 from BOK has a lead of 161 points over Emily Keenan of DEVON. Both have competed in three events..

On the yellow course Joseph Hudd (BOK) has a commanding lead over everyone else. It is good to see this year that there have been youngsters going to a good number of galoppens.

Jan and David Holmes            QO

**BOF BOARD OF DIRECTORS:** Neil Cameron, Mike Forrest

Scott Collier

**SWOA REPRESENTATIVES ON BOF COMMITTEES:**

COACHING:            Christine Vince                            TRAIL O                            Dick Keighley

DEVELOPMENT:                            Scott Collier                            MAJOR EVENTS            Mike Forrest

FIXTURES:            Richard Sansbury                            MAP GROUP Bill Brown

INTERNATIONAL: Jeff Butt

**CLUB SECRETARIES:**

BOK                            [www.bristolorienteeing.org.uk](http://www.bristolorienteeing.org.uk).

David Palmer: 58 Wolfridge Ride, Alveston, Bristol, BS35 3PR

[david.palmer.151691@bristolorienteeing.org.uk](mailto:david.palmer.151691@bristolorienteeing.org.uk)                            01454 413846

DEVON:                            [www.devonorienteering.co.uk](http://www.devonorienteering.co.uk)

Nick Hockey :4 Pynes Close, Cheriton Fitzpaine, Crediton, EX17 4HT



hockey.house@btinternet.com 01363 866588  
 KERNO: www.cornwallorienteing.org.uk  
 Roger Hargreaves: 7, Coldrose Court, Truro, TR1 2LE  
 rogerh9999@hotmail.co.uk 01872 277320  
 NGOC: http://www.ngoc.org.uk.  
 Caroline Craig. 7 Aysgarth Avenue, Up Hatherley, Cheltenham, Glos. GL51 3RE  
 .andyandcaroline.craig@gmail.com 01242 528326  
 NWO: www.northwilts.org.uk  
 Richard Jackson: 20 Istone Road, Ashbury, Wiltshire, SN6 8LP  
 secretary@northwilts.org.uk 01793 710868/07824 622977  
 QO: www.quantockorienteers.co.uk  
 Jeff Pakes 25 Lyngford Road Taunton Somerset. TA2 7EE  
 enquiries@quantockorienteers.co.uk 01823 321900  
 SARUM: www.sarumo.org.uk  
 Charlotte Thornton: 53, Ashley Rd., Salisbury, Wilts. SP2 7DD  
 thorntoncev@gmail.com 01722 320872  
 WSX: www.wessex-oc.org  
 Sian Rixon: 20, Birch Road Hedge End, Southampton SO30 4FZ  
 sianrixon@live.co.uk 07876 796094  
 WIM: www.wimborne-orienteers.org.uk  
 John Warren: 26, Post Office Lane, St. Ives, Ringwood, Hants. BH24 2PG  
 johnandbarbarawarren@yahoo.co.uk 01425 474861  
 UBOC: www.uboc.co.uk  
 Chris Beasant : University of Bristol Orienteering Club University of Bristol Students Union,  
 Queens Rd. Clifton, Bristol BS8 1LN cb8866@bristol.ac.uk  
 SCHOOLS ASSOCIATIONS  
 ASO  
 Jo Foster secretary@avonschoolsorienteers.org.uk  
 0117 9421572

### **SWOA OFFICIALS**

#### **CHAIRMAN**

John Dyson (DEVON) john@dysonz.com  
 Green Bank, Manor Road, Sidmouth, Devon, EX10 8RR. 01395 512416

#### **SECRETARY**

Arthur Vince (KERNO) arthur.vince@btinternet.com  
 3, Back Lane, East Coker, Yeovil, Somerset, BA22 9JN 01935-863429

#### **TREASURER AND MEMBERSHIP SECRETARY.**

Trevor Bridle. (WIM) trevorbridle@btinternet.com 01258 454811  
 4, Davis Gardens, Salisbury Rd. Blandford Forum, Dorset. DT11 7UX

#### FIXTURES SECRETARY

Richard Sansbury (QO) fixtures@sworienteingassociation.co.uk  
Rose Cottage, Netherclay, Bishops Hull, Taunton, Somerset, TA1 5ED 01823 288405

#### COMMITTEE.

Peter Brett (DEVON), Jeff Butt (SARUM), Katy Dyer (BOK)  
Erik Peckett (DEVON), Christine Vince (KERNO),

#### COLOUR-CODED BADGE SCHEME

Anne Donnell (BOK) 0117 973 7951  
6, York Gardens, Clifton, Bristol BS8 4LL

#### COACHING

Christine Vince (KERNO) christine.vince2@btinternet.com  
3, Back Lane, East Coker, Yeovil, Somerset, BA22 9JN 01935-863429

#### S.W. JUNIOR SQUAD

Jeff Butt (SARUM) jnbutt@aol.com  
Broadacres, The Ridge, Woodfalls, Salisbury, SP5 2LQ. 01725 510546

#### GALOPPEN

Jan and Dave Holmes (QO) drholmes@btinternet.com  
Grindelwald, Nailsbourne, Taunton. TA2 8AG 01823 451343

#### RECORDER OF CONTROLLERS

Arthur Vince As SWOA Secretary

#### SINS

Susan Hateley (DEVON) susan@susanhateley.wanadoo.co.uk  
35, Daneshay, Northam, Bideford, Devon EX39 1DG 01237 475146

#### SWOA WEBSITE www.sworienteingassociation.co.uk.

Editor Arthur Vince see SWOA secretary  
Technical Manager Nathan Fernandes nath\_@veudesign.co.uk

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