



Spring Season 2020-2021

Badminton
Swimming
Girls Soccer
Boys Soccer
Track & Field



BADMINTON

Badminton - 2020-2021

Head Coach: Calvin Kamphuis Asst. Coach: Caleb Hill
Captains: Teresa Yoon, Paul Park, Eric Waligora



SEASON RECAP - MESSAGE FROM COACH KAMPHUIS



It has been another great season with great players. We were so thankful to be able to practice regularly, and without interruption. We were even able to get in a few games, which were enjoyed by all. Overall, we want to thank God for keeping us safe and allowing us to do what we love. We showed that we can persevere, and kept a positive attitude throughout.

2021 Badminton Invitational @ TCIS Results

School	Boys Singles	School	Girls Singles
1st - TCIS #1	Tyler Lau	1st - TCIS #1	Min Kim
2nd - SIS #2	Andrew Choi	2nd - SFS #1	Teresa Yoon
3rd - SFS #1	Paul Park	3rd - CI #1	Alice Seo
4th - TCIS #2	Jeff Chou	4th - GSIS #1	Maria Galkina
5th - GSIS #1	William Kim	5th - GSIS #2	Sally Cho
6th - SIS #1	Steve Yi	6th - SIS #1	Celine Choi
7th - CI #1	Terry Park	T-7th - TCIS #2	Jennifer Lee
T-8th - SFS #2	Ryan Seo	T-7th - SFS #2	Ina Ryang
T-8th - CI #2	Robin Kim	T-9th - CI #2	Julie Lee
T-8th - GSIS #2	Bowen Song	T-9th - SIS #2	Jasmine Jeong

School	Boys Doubles	School	Girls Doubles
1st - TCIS #2	Mark Choi & Jeonghyun Rhee	1st - TCIS #1	Ellen Park & Yana Moon
2nd - SIS #2	Louis Kim & Justin Seo	2nd - SFS #1	Natalie Kim & Irene Cho
3rd - TCIS #1	Kevin Kim & PJ Park	3rd - SIS #1	Elena Kim & Alyssa Lee
4th - GSIS #1	Eddie Lee & John Piao	4th - CI #2	Hanna Yun & Cindy An
5th - SFS #2	Aryaman Mishra & Daniel Yap	5th - GSIS #2	Minjoo Kim & Sue Lee
6th - SIS #1	Hyeonmin Chang & Steven Kim	6th - CI #1	Olivia Seo & Mehak Jhunjunwala
7th - SFS #1	Danny Wang & Eric Waligora	7th - GSIS #1	Nirvika Gupta & Ayushi Gupta
8th - CI #2	Jihwan Yoon & Jinsung Park	8th - SIS #2	Irene Nam & Eunice Yang
T-9th - CI #1	Jimin Park & Raymond Kim	9th - TCIS #2	Youna Noh & Catherine Park
T-9th - GSIS #2	Jaehong Heo & Tobey Kim	10th - SFS #2	Yujin Suh & Sarah Han

School	Mixed Doubles
1st - TCIS #1	Ian Lee & Sieun Park
2nd - SIS #1	Leo Park & Asuka Kurebayashi
3rd - TCIS #2	Jinhyeong Choo & Clara Toh
4th - CI #1	David Park & Sally Choi
5th - GSIS #2	Ethan Baek & Aarushi Agiwal
6th - SFS #1	Jeeoo Choe & Eugene Chon
7th - SIS #2	Daniel Min & Anika Kurebayashi
8th - GSIS #1	Jawon Park & Aoi Tomoeda
T-9th - SFS #2	Philip Kim & Gyeun Choi
T-9th - CI #2	Edward Song & Jinyu Ogura

2021 Badminton Invitational Tournament

Team Results

Champions	Taejon Christian International School (TCIS)	31 Points
Runners-Up	Seoul International School (SIS)	53 Points
3rd Place	Seoul Foreign School (SFS)	59 Points
4th Place	Gyeonggi Suwon International School (GSIS)	60 Points
5th Place	Chadwick International (CI)	67 Points

SFS Badminton Roster 20-21

Player Name	Grade
Aryaman Mishra	9
Johan Grandum	9
Daniel Yap	10
Eugene Park	10
Ryan Seo	10
Jade Kipa	10
Danny Wang	11
Eric Waligora	11
Jungwon Choi	11
Eugene Chon	11
Phillip Kim	11
Paul Park	11
Jina Lee	9
Natalie Kim	9
Yujin Suh	9
Sarah Han	9
Zinnia Kim	9
Julia Cho	9
Ina Ryang	9
Krishna Chhugani	10
Irene Cho	10
Teresa Yoon	11
Jeeoo Choe	11
Gyueun Choi	11
Alexander Derzic (MGR)	9



KAIAC SWIM

KAIAC SWIM - 2020-2021

Head Coach: Sean Cary Asst. Coaches: Kirsten Gray, Stephanie Cary
Captains: Josephine Lee, Dohyun Kim, Darren Kim, Suejeong Paik



SEASON RECAP - MESSAGE FROM COACH CARY



We did it! We completed a full season of competition. There were a lot of ups and downs along the way. Despite the obstacles we held together and experienced a whole new level of success for SFS swimming. We say goodbye to some special seniors who have made a splash on this team. We look forward to next season to our rising seniors and juniors to lead the way.

BOYS SEASON RESULTS		
KAIAC Conference	KAIAC Tournament	Overall Record
1st	1st	1st

GIRLS SEASON RESULTS		
KAIAC Conference	KAIAC Tournament	Overall Record
3rd	3rd	3rd

2021 KAIAC Tournament Standings

Girls Team Scores

1. YISS	645
2. CI	495
3. Seoul Foreign School	411
4. KIS	377
5. SIS	315
6. GSIS	95
7. Dwight	41
8. DCS	9

Boys Team Scores

1. Seoul Foreign School	672
2. YISS	492
3. SIS	408
4. KIS	329
5. DCS	267
6. GSIS	254
7. CI	239
8. Dwight	66

Girls and Boys Combined KAIAC Conference Scores

1. YISS	1137
2. Seoul Foreign School	108
3. CI	734
4. SIS	723
5. KIS	706
6. GSIS	349
7. DCS	276
8. Dwight	66

KAIAC All-Conference and All-Tournament Swimmers - 2021

KAIAC All-Conference Girls	KAIAC All-Conference Boys
1. Emily Park 2. Suejeong Paik	1. Justin Woo 2. Darren Kim 3. Flavio Tokunaga 4. Jonathan Myong 5. Jeffery Chae 6. Dohyun Kim

KAIAC All-Tournament Girls	KAIAC All Tournament Boys
1. Emily Park 2. Josephine Lee	1. Justin Woo 2. Darren Kim 3. Flavio Tokunaga 4. Jeffery Chae 5. Dohyun Kim 6. Matthew Jeong

SFS KAIAC Swim Roster 20-21

Player Name	Grade
Alexander Myong	9
Myung Jae (Matthew) Jeong	9
Hyun Jun (Ben) Choi	9
Daniel Rhee	9
Dylan Oh	9
Jeffery Chae	10
Thomas Lee	10
Gian Jung	10
Dohyun Kim	10
Nahuel Herz	10
David Tung (Mgr)	10
Darren Kim	11
Mathew Park	11
Nolan Oh	11
Jonathan Myong	12
Flavio Tokunaga	12
Arnold Han	12
Justin Woo	12
Dong-Jin (DJ) Lee	12
Dayeon Lee	9
Joanna Seung	10
Sooa Lee	10
Aislyn Hwang	10
Suejeong Paik	11
Josephine Lee	11
Emily Park	12

Swim Records Broken during the 2020-2021 KAIAC Season

Boys KAIAC Records

1.	100 IM	59.26	Justin Woo	4/23/2021
2.	100 Fly	56.91	Jeffery Chae	4/23/2021
3.	200 Medley Relay	1:49.34		4/23/2021
	Jeffery Chae, Darren Kim, Justin Woo, Flavio Tokunaga			
4.	50 Fly	25.65	Jeffery Chae	4/24/2021
5.	100 Breast	1:03.85	Justin Woo	4/24/2021

Boys School Records

1.	400 Free	4:27.46	Justin Woo	3/26/2021
2.	400 Free	4:26.91	Justin Woo	2/27/2019
3.	100 Breast	1:05.38	Justin Woo	3/15/2019
4.	200 Free	1:59.90	Justin Woo	4/23/2021
5.	100 IM	59.26	Justin Woo	4/23/2021
6.	100 Fly	56.91	Jeffery Chae	4/23/2021
7.	200 Medley Relay	1:49.34		
	Jeffery Chae, Darren Kim, Justin Woo, Flavio Tokunaga			
8.	50 Fly	25.65	Jeffery Chae	4/24/2021
9.	400 Free	4:23.47	Darren Kim	4/24/2021
10.	100 Breast	1:03.85	Justin Woo	4/24/2021

30 Second Club

1.	Josephine Lee	(28.27)
2.	Justin Woo	(24.64)
3.	Jonathan Myong	(27.31)
4.	Darren Kim	(26.73)
5.	Emily Park	(27.74)
6.	Gian Jung	(27.88)
7.	Thomas Lee	(28.60)
8.	Dohyun Kim	(27.58)
9.	Jeffery Chae	(24.79)
10.	Flavio Tokunaga	(27.23)
11.	Matthew Jeong	(28.50)
12.	Dylan Oh	(29.72)
13.	Daniel Rhee	(29.18)

1:00 Minute Club

1.	Jeffery Chae	(53.36)
2.	Flavio Tokunaga	(57.56)
3.	Dohyun Kim	(57.92)
4.	Justin Woo	(54.87)

2:00 Minute Club

1.	Justin Woo (1:59.90)
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VARSITY GIRLS SOCCER

VARSDITY Girls Soccer - 2020-2021

Head Coach: Nico Visahan Asst. Coaches: Kristen Creech / Haydn Kneeshaw
 Captains: Annette Hong, Christine Yun



VARSDITY GIRLS SOCCER SEASON RESULTS Overall Record 5-1

Friendlies	Korea Cup Invitational @ YISS
4-0	1-1 2nd Place

SFS AWARD SELECTIONS - Korea Cup Invitational

Annette Hong
 Alaina Smith
 Skylar Won

SFS Girls Soccer Roster 20-21

Player Name	Grade
Irene Shin	9
Min Wang	9
Grace An	10
Anthea Bernabé Witoelar	10
Mary Kim	10
Saeha Kim	10
Skylar Won	10
Jihoo Yang	10
Katie Yoo	10
Charlotte Clisson	11
Aiko Hatakoshi	11
Claire Koscina	11
Edyn Mayo	11
Stella Nass	11
Alaina Smith	11
Sophia Sohn	11
Lola Verhaert	11
Samantha Abraham	12
Annette Hong	12
Rachel Kahng	12
Mya Rolinson	12
Christine Yun	12
Iris Shin	Manager

SEASON RECAP - MESSAGE FROM COACH VISAHAN



To have a season like the one we have just had, when the prospect of having any games at all seemed like wishful thinking, is nothing short of a miracle. The whole team developed and progressed despite all of the challenges and obstacles we have had to face.

With our time together as a whole team limited, the other coaches and I had to create innovative training schedules in order to be ready for our first game against TCIS. Despite a 4-1 victory, there was a general belief that we had underperformed and the style of play that had become synonymous with our team was missing.

However this belief was short-lived and through hard work and dedication, the team was able to showcase their true identity in the victories against YISS and Chadwick. We carried this momentum through to the semi-finals of the Korea Cup Invitational with a dominant 7-0 victory against SIS.

The final of the tournament did not start well for us and we quickly found ourselves losing 3-0 to YISS. At this stage the team could have given up and succumbed to the aggressive style of play that they were facing. They did not! Instead we showed true grit and determination and created constant pressure and a multitude of chances.

Despite the final score being a 3-1 victory for YISS, the learning experiences and camaraderie created in that game will serve this team well for many years to come. The passion and intestinal fortitude demonstrated by us will live long in the memories of everyone involved in that game. It was a fitting end to an unusual season.



VARSITY BOYS SOCCER

VARSITY Boys Soccer - 2020-2021

Head Coach: Pablo Oyola Asst. Coach: Kley Feitosa

Captains: Luke Kim, Ryan Kim



VARSITY BOYS SOCCER SEASON RESULTS Overall Record 2-3

Friendlies	Korea Cup Invitational @ CI
1-2	1-1
	6th Place

SFS AWARD SELECTIONS - Korea Cup Invitational

Ryan Kim

SFS Boys Soccer Roster 20-21

Player Name	Grade
Kim, Christian	9
Koscina, Tanis	9
Sohn, Inwoo	9
Brumsickle, Keahi	10
Dekker, Arthur	10
Jones, Lance	10
Kim Minjoon	10
Kim, Alex	10
Lee, Jay	10
Prest, Elliot	10
Seewald, Leonardo	10
Jeong, Wesley	11
Kim, Andy	11
Suh, Aiden	11
Sung, Jonathan	11
Won, Justin	11
Yi, Byungkyu (Kai)	11
Yoon, Justin (JD)	11
Barton, Ian	12
Jang, Caden	12
Kim, Luke	12
Kim, Ryan	12
McLaughlin, Scott	12
Moon, Andrew	12
Winkler, Magdalena	MGR

SEASON RECAP - MESSAGE FROM COACH PABLO



Following the abrupt ending of last season entering this season with a high spirit was not an easy thing. Even so the commitment of the SFS soccer program among our students was inspiring. Though the expectations of having a full season were low we still worked hard to implement a new playing style. This was difficult because the evaluation that the games give you is an indicator of what you are doing and based on this the idea of what we need to work on becomes more clear. In the end we were lucky to be able to have some kind of a season and compete against other schools which made everyone happy because games are what soccer is about.

Our first game was against a well prepared YISS and although we dominated most of the game a couple of counterattacks put us down on the score sheet, we showed some real character and came back to a level score when they made us pay again with some quick strikes that we were not able to come back from. But as a first game it gave us a good indicator of where we stood.

Next game was against GSIS and it was clear that the team wanted to make a better showing and a clear victory showed us that we were making progress.

Then followed a very close game at CHADWICK that could have gone either way even though we lost with one goal the saddest thing was a serious injury to one of our players, and this was a much bigger loss for us than the score.

After that we had the opportunity to participate in the Korea Cup Invitational which was a good chance to compete in a strange season.

The first game vs TCIS might have been the best game of our season but even though we showed a good level of soccer and a truly constructive way of playing, we weren't able to put the game away on the scorecard. A couple of unlucky goals for us but lucky for them made us draw after fulltime and then again after aggregated time. Which led to a penalty shootout where we drew the short straw and lost on penalties. This meant that we went to Chadwick playing for placement in the cup, in the first game against KKFS we produced a stable performance and a victory. In the final game of the season we were up against SIS, again we had a dominating performance but could not walk away with a favorable result.

Even though we would have wished for more our team always behaved in a manner that brings pride to the character that we stand for at SFS. Analysing the results and performances we can clearly see that we showed moments of excellence but not the results we would have wanted. Not being able to send the seniors off on a better note was somewhat disappointing, but as one of them said if you don't take practice seriously this will show in the performance. Hopefully next season will be an improvement in surrounding conditions which will give us a possibility to excel in our performance.



TRACK & FIELD

Track & Field - 2020-2021

Head Coach: Cailen McNair Asst. Coach: Rebecca Emrich
 Captains: Kenzo Nakamura, Lynn Lee, Leon Lee, Margueritte Besse



SFS Record Breakers 20-21

60 Meter Dash (new event)	Lucie Mathieu	8.63 Seconds
60 Meter Hurdles (new event)	Lucie Mathieu	11.66 Seconds
3000 Meter Run	Alma Lilljequist	12:24.84 Seconds
Javelin	Grace Foster	18.72 Meters

SFS Record Breakers 20-21

60 Meter Dash (new event)	Timothee Englebert	7.92 Seconds
60 Meter Hurdles (new event)	Jun Kwon	10.85 Seconds
3000 Meter Run	Holger Molin	10:33.06 Seconds
Shot Put	Timothee Englebert	12.29 Meters
Javelin	Timothee Englebert	35.22 Meters
Long Jump	Timothee Englebert	5.99 Meters

SFS Track & Field Roser 20-21

Player Name	Grade
Ana Hernandez	9
Gustav Winterling	9
Matthew Kang	9
Holger Molin	9
Leonardo Rondinelli	9
Mariana Delalibera de Toledo	9
Kenneth Lee	9
Heather Kwon	9
Minjoon Kim	9
Zac Han	10
Gabriel Surette	10
Megan Lozneau	10
Daniel Park	10
Matthew Lee	10
Stephanie Kim	10
Sam Sung	10
Subin Jang	10
Violet Patten	11
Bryan Kwon	11
Justin Kim	11
Chelsea Kang	11
Kenzo Kakamura	12
Lynn Lee	12
Isabel Patten	12
Leon Lee	12
George Ionescu	12
Jun Kwon	12
Marguerite Besse	12
Dana Huang	12
Grace Foster	12
Lucie Mathieu	12
Danny Wang	12
Riley Kwak	12
Seawon Park	12
Jeremiah Shim	12
Alex Gardner	12
Kyle Sohn	12
Jaymar Lanoza	12

SEASON RECAP - MESSAGE FROM COACH McNAIR



It was very encouraging to see such a positive demeanor and willingness to persevere through any adversity from day 1 considering how last season ended. The majority of the athletes who had come out last year had returned with the desire to finish what had been started, and they pushed themselves to new levels for what would be the final high school sports season for so many. Accompanied by a slew of underclassmen wanting to test their skills and physical capacities this season did not disappoint, and it was an exciting test of work ethic and commitment with many finding and pushing through pre-imposed barriers each week.

I informed the athletes my one and only goal from day 1 was to complete the entire season, and that competition would be a bonus as to not set any false hopes. Thankfully we were blessed with the opportunity to compete in two virtual competitions allowing the track and field athletes to earn marks for which to set goals, and where they would have the chance to test themselves against others in KAIAC, APAC, IASAS, and around Asia. Our first competition, the Taipei American School Track and Field Exchange allowed those who competed to see just how high the bar is set within our respective conferences. This event fueled those involved to work harder and inspired the rest of the team to compete in our next event. The second competition within KAIAC showed our athletes match up well and both the girls and boys teams had multiple event winners.

As this season was the rebirth of track and field at SFS performance marks and records were initially unknown. Now with a season under their belts and records discovered, our returning athletes have a foundation from which to launch their training from and personal goals for which they can measure growth.

Seoul Foreign School Track and Field 2021 Season's Performance List

(updated on 04-08-21)

Event:	Athlete:	Time / Distance:	Date
60m (Boys)	Timothee Englebert	7.92	03/24/21
	Jeremiah Shim	8.24	03/24/21
	Riley Kwak	8.30	03/24/21
	Jun Kwon	8.34	03/24/21
	Jaymar Lanoza	8.34	03/24/21
	Bryan Kwon	8.38	03/24/21
	Alex Gardner	8.49	03/24/21
	Gabe Surette	8.58	03/24/21
	Gustav Winterling	8.80	03/24/21
	Matthew Kang	8.80	03/24/21
	Leonardo Rondinelli	9.29	03/24/21

*with .24 conversion

(Girls)

Lucie Mathieu	8.63	03/24/21
Marguerite Besse	8.93	03/24/21
Ana Hernandez	9.02	03/24/21
Isabel Patten	9.33	03/24/21
Violet Patten	9.55	03/24/21
Chelsea Kang	10.39	03/24/21

*with .24 conversion

60m Hurdles (Boys) 39"

Jun Kwon	10.85	04/15/21
Jeremiah Shim	11.51	04/15/21
Matthew Kang	11.67	04/15/21
Bryan Kwon	12.05	04/15/21
Gustav Winterling	12.59	04/15/21
Justin Kim	13.37	04/15/21

*with .24 conversion

(Girls) 33"

Lucie Mathieu	11.66	04/15/21
Ana Hernandez	12.23	04/15/21
Violet Patten	12.46	04/15/21
Marguerite Besse	12.75	04/15/21
Grace Foster	12.92	04/15/21
Chelsea Kang	13.58	04/15/21

*with .24 conversion

**100M
(Boys)**

Timothee Englebert	12.57	04/14/21
Matthew Kang	12.93	04/16/21
Jaymar Lanoza	13.18	04/14/21
Bryan Kwon	13.18	04/14/21
Riley Kwak	13.36	04/14/21
Jeremiah Shim	13.36	04/14/21
Gustav Winterling	13.61	04/16/21
Justin Kim	14.11	04/14/21

*with .24 conversion

(Girls)

Marguerite Besse	14.58	04/14/21
Lucie Mathieu	14.80	04/14/21
Ana Hernandez	15.62	04/16/21

*with .24 conversion

400m

(Boys)

Timothee Englebert	57.05	04/14/21
Kenzo Nakamura	58.05	04/14/21
Gustav Winterling	59.31	04/16/21
Hsiangyun Wang	1:02.09	03/19/21
Riley Kwak	1:04.16	04/14/21

*with .14 conversion

(Girls)

Ana Hernandez	1:08.45	04/16/21
Marguerite Besse	1:11.73	03/19/21
Lucie Mathieu	1:12.63	03/19/21
Grace Foster	1:16.02	03/19/21

*with .14 conversion

800m

(Boys)

Seawon Park	2:15.13	04/16/21
Leon Lee	2:26.66	04/14/21
Daniel Park	2:28.13	04/16/21
Gabriel Surrette	2:31.20	04/16/21
Minjoon Kim	2:40.16	04/16/21
George Ionescu	2:55.72	04/14/21

(Girls)

Violet Patten	2:53.09	04/14/21
Alma Lilljequest	2:54.75	03/19/21
Grace Foster	2:57.53	04/14/21
Dana Huang	3:01.84	04/14/21

1500m			
(Boys)	Kenzo Nakamura	4:51.27	03/19/21
	Holger Molin	4:52.63	03/19/21
	Seawon Park	4:56.17	03/19/21
	Leon Lee	5:03.81	03/19/21
(Girls)			
1600m			
(Boys)	Kenzo Nakamura	5:15.07	04/14/21
	Holger Molin	5:20.53	04/16/21
	Leon Lee	5:21.53	04/14/21
	Zac Han	5:52.46	04/16/21
	Matt Lee	6:25.61	04/16/21
	Sam Sung	6:37.00	04/16/21
(Girls)			
	Alma Lilljequest	6:07.14	04/14/21
	Lynn Lee	6:22.57	04/14/21
3000m			
(Boys)	Holger Molin	10:33.06	03/18/21
	Kenzo Nakamura	10:52.77	03/18/21
	Leon Lee	11:21.25	03/18/21
(Girls)			
	Alma Lilljequest	12:24.84	03/18/21
	Lynn Lee	13:17.67	03/18/21
3200m			
(Boys)	Holger Molin	11:17.59	04/15/21
	Kenzo Nakamura	11:26.59	04/15/21
	Leon Lee	11:44.87	04/15/21
	Seawon Park	11:54.87	04/15/21
	Zac Han	13:17.66	04/15/21
(Girls)			
	Alma Lilljequest	13:11.19	04/15/21
	Lynn Lee	13:47.09	04/15/21
	Megan Lozneau	14:48.37	04/15/21

FIELD EVENTS:

Event:	Athlete:	Time / Distance:	Date	
Shot Put (Boys) (5kg/12lbs)	Timothee Englebert	12.29m	03/18/21	
	Jeremiah Shim	8.83m	04/15/21	
	George Ionescu	7.00m	04/15/21	
	Leonardo Rondinelli	6.70m	03/18/21	
	Alex Gardner	6.50m	04/15/21	
(Girls) (4kg)	Grace Foster	6.60m	04/15/21	
	Dana Huang	5.06m	04/15/21	
	Isabel Patten	4.43m	04/15/21	
Javelin (Boys) (700g)	Timothee Englebert	35.33m	03/18/21	
	Jeremiah Shim	34.25m	03/18/21	
	Leonardo Rondinelli	23.33m	04/15/21	
	George Ionescu	22.07m	03/18/21	
	Alex Gardner	19.27m	04/15/21	
(Girls) (600g)	Grace Foster	18.72m	03/18/21	
	Mariana Delalibera de Toledo	11.00m	04/15/21	
	Isabel Patten	9.50m	04/15/21	
Long Jump (Boys)	Timothee Englebert	5.99m	03/18/21	
	Jun Kwon	5.25m	04/15/21	
	Matthew Kang	5.23m	04/15/21	
	Bryan Kwon	4.86m	04/15/21	
	Riley Kwak	4.85m	04/15/21	
	Jeremiah Shim	4.65m	03/18/21	
	Jaymar Lanoza	4.61m	04/15/21	
	Justin Kim	4.06m	04/15/21	
	(Girls)	Marguerite Besse	4.09m	04/15/21
		Lucie Mathieu	4.01m	04/15/21
	Violet Patten	3.95m	04/15/21	
	Ana Hernandez	3.80m	03/18/21	
	Dana Huang	3.64m	03/18/21	
	Chelsea Kang	3.03m	04/15/21	



SFS Athletic Awards History

SFS SPORTS MAJOR AWARDS

	Athlete of the Year	Unsung Hero & Heroine	SFS Scholar Athlete	Manager of the Year	Hedgpath Award
2019-2020	Justin Chung Angelica Slater	Kenzo Nakamura Thea Clare	Josiah Calhoun	Ella Teather	Angelica Slater
2018-2019	Joonhee Lee Angelica Slater	Joseph Kang Ana Kim	Olivia Kim	Helen Kwon Ella Teather	Olivia Kim
2017-2018	Brandon Sohn Annabelle Davy	Joonhee Lee Tara Kim	Brandon Sohn	Lauren Yu	
2016-2017	Daniel Bang Mischa Kim	Eugene Kim Erica Kim	Mischa Kim		
2015-2016	Jonathan Han Sarah Ha	Paul Yoon Erin Hwang	Nicole Hong		
2014-2015	James Hahn Sarah Ha	Andrew Ha JiWon Shin	Su Jean Park		
2013-2014	Eugene Bang Jeffrey Kim Michelle Richardson	Michael Jung Michal Milliken	Jae Hyun Kim		
2012-2013	Henry Valentine-Ramsden Kristine Park Morgan Yi	David Gong Lily Ha	Harrison Suh		
2011-2012	Max Sothmann Claire Park	Owen Underwood Rebecca Luke	Eddie Borroughs		
2010-2011	Derek Champlin Katherine Lee	Kelvin Bengier Margaret Mellon	Kelvin Bengier		
2009-2010	Clayton Baker Yiota Kastritis	Ryan Suh TK Kastritis Rachel Wolochatiuk	Toma Kobayashi		
2008-2009	Aaron Kearney Brittney Rader	Chris Oak Iana Petrova	Ariel Rhoda		
2007-2008	Ricardo Homan Remco Rademaker Brittney Rader	Aaron Kearney Natalie Stallings	Chan Park		
2006-2007	Matt Kearney Kathleen Barennes	Paula Dencher Steven Small	George Rudolph		

2005-2006	Kazuki Guzman Kristen Barennes	Michelle Cho David Black	Liz Kirby		
2004-2005	Andrew Jasper Leanne Kim	Liz Kirby John Oh	Leanne Kim		
2003-2004	Paul Rader Alanna Bennett	Henrique de Geus Irene Byun	J.J Ailor		
2002-2003	Paul Rader Meghan Barennes Sharon Garwood	Ted Kim Lynn Chung	Andy Oh		
2001-2002	Sanghoon Lee Kristina Rader	Ben Taenzler Christine Chung Camilla Snuggerud	Christine Chung		
2000-2001	Alex Kim Greer Smith	Mike Yang JiYoung Kim	JiYoung Kim		
1999-2000	Sungjoon Cho Greer Smith	Mike Moon Nicky Clark	Bo Kim		
1998-1999	Peter Kim Jane Lee	Bo Kim Alex Kim	Claire deBraekeleer		
1997-1998	Phil Cho Julie Yoo	Sungjoon Cho Michelle Brant	Julie Yoo		
1996-1997	Billy Lan Kate Fennessy	Stanley Byun Camilla Crawford	Kate Fennessy		
1995-1996	Shane Hahm Jin Joo	Luis May Jennifer Koo	Shane Hahm		
1994-1995	Shane Hahm Gry Tigerstedt	Bo Moon Jin Joo	Willy Lan		
1993-1994	Gareth Parker Gry Tigerstedt	Tyron Kim Jenny Cooper	Tina Kim		
1992-1993	Curtis Downs Momoko Ogawa	Stephen Sunquist SuYoung Min	SuYoung Min		
1991-1992	Greg Park Michele Cooper	Henry Shinn Key Young O'Neill SuYoung Min	Christine Ko		
1990-1991	Greg Park Kasumi Iida	James Lee Theresa Lyso	Theresa Lyso		



SFS Historical Team Records (Since 1989)

GIRLS' SOCCER

2020-2021 Friendlies 3-0

2020-2021 Korea Cup Invitational 1-1 Runners Up

2019-2020 No Season - COVID 19

2018-2019 KAIAC Record 11-0-1 Champions

2018-2019 KAIAC CUP Tournament 2-1 3rd Place

2018-2019 APAC Tourn 2-4 5th Place

Coaches: Nico Visahan, Haydn Kneeshaw, Stephanie Black

2017-2018 KAIAC Record: 11-1-0 Champions

2017-2018 KAIAC Tournament 2-0 Champions

2017-2018 APAC Tourn. 3-2-1 3rd Place

Coaches: Nico Visahan, Haydn Kneeshaw

2016-2017 KAIAC Record: 8-0-4 Runners Up

2016-2017 KAIAC Tournament: 2-1 Runners Up

2016-2017 APAC Tournament: 2-3-1 11th Place

Coaches: Randi Burns, Haydn Kneeshaw

2015-2016 KAIAC Record: 9-1-2 Champions

2015-2016 KAIAC Tournament: 1-1 3rd Place

2015-2016 APAC Tournament: 3-2-1 Runners Up

Coaches: Randi Burns, Michelle Froese

2014-15 KAIAC Record: 8-2-2 Runners Up

2014-15 KAIAC Tournament: 2-0 Champions

2014-15 APAC Tournament: 3-2-1 3rd Place

Coach: Joon Myong, Stephanie Black, Michelle Froese, Randi Thibeault

2013-14 KAIAC Record: 10-1-1 Champions

2013-14 KAIAC Tournament: 2-0 Champions

2013-14 ALL APAC Tournament: 4-1-1 5th Place

Coach: Joon Myong, Stephanie Black, Michelle Froese

2012-13 KAIAC Record: 10-1-1 Champions

2012-13 KAIAC Tournament: 2-0 Champions

2012-13 APAC Tournament: 5-1 2nd Place

Coach: Joon Myong, Stephanie Black, Michelle Froese

2011-12 KAIAC Record: 12-1-1 Champions

2011-12 KAIAC Tournament: 3-0 Champions

2011-12 APAC Tournament: 4-1-1 Champions

Coach: Joon Myong, Stephanie Black

2010-11 KAIAC Record: 12-1-1 KAIAC Champs

2010-11 KAIAC Tournament: 2-1 2nd Place

2010-11 All-APAC Tournament: 6-0 Champs

Coach: Joon Myong, Rosalee VanStaalduinen

2009-10 KAIAC Record: 12-1-1 KAIAC Champs

2009-10 KAIAC Tournament: 2nd Place

2009-10 APAC Tournament: 6-0 Champs

Coach: Joon Myong, Rosalee VanStaalduinen

2008-09 KAIAC Record: 13-0-1 KAIAC Champs

2008-09 KAIAC Tournament: 3-0 Champions

2008-09 APAC Tournament: 3-2-1 3rd Place

BOYS' SOCCER

2020-2021 Friendlies 1-2

2020-2021 Korea Cup Invitational 1-2 6th Place

2019-2020 No Season - COVID 19

2018-2019 KAIAC Record: 10-1-1 2nd Place

2018-2019 KAIAC CUP Tournament 2-1 3rd Place

2018-2019 APAC Tourn 1-2-3 5th Place

Coaches: Kley Feitosa, Paul Rader

2017-2018 KAIAC Record: 9-1-2 Champions

2017-2018 KAIAC Tournament 1-1 Runners Up

2017-2018 APAC Tourn. 3-3 Runners Up

Coaches: Harrison Creech, Benjamin Erny

2016-2017 KAIAC Record: 12-0 Champions

2016-2017 KAIAC Tournament 2-0 Champions

2016-2017 SUPER APAC Tourn. 5-1 Runners Up

Coaches: Joon Myong, Ben Erny, Paul Rader, Jamin Bookhamer

2015-2016 KAIAC Record: 11-1 Champions

2015-2016 KAIAC Tournament 1-1 Runners Up

2015-2016 APAC Tournament 5-1 Champions

Coaches: Joon Myong, Paul Rader, Haydn Kneeshaw, Jamin Bookhamer

2014-15 KAIAC Record: 10-2 Champions

2014-15 KAIAC Tournament: 1-1 Runners Up

2014-15 APAC Tournament: 3-3 4th Place

Coach: Paul Rader, Adam Teather, Jamin Bookhamer

2013-14 KAIAC Record: 11-1 Champions

2013-14 KAIAC Tournament: 2-0 Champions

2013-14 ALL APAC Tournament: 4-1-1 3rd Place

Coach: Brian Hamm, Adam Teather, Jacob Lunden-Weldon

2012-13 KAIAC Record: 5-4-3 4th Place

2012-13 KAIAC Tournament: 1-2 4th Place

2012-13 APAC Tournament: 4-2 3rd Place

Coach: Brian Hamm, Jeff Marquis

2011-12 KAIAC Record: 11-2-1 Runners up

2011-12 KAIAC Tournament: 1-2 4th Place

2011-12 APAC Tournament: 3-2-1 Runners up

Coach: Brian Hamm, Jeff Marquis

2010-11 KAIAC Record: 14-0 Champs

2010-11 KAIAC Tournament: 3-0 Champs

2010-11 All-APAC Tournament: 4-1-1 3rd Place

Coach: Brian Hamm

2009-10 KAIAC Record: 14-0 KAIAC Champs

2009-10 KAIAC Tournament: 2-1 3rd Place

2009-10 APAC Tournament: 4-0-1 Champions

Coach: Doug Farley

2008-09 KAIAC Record: 12-0-2 Champs

2008-09 KAIAC Tournament: 3-0 Champions

2008-09 APAC Tournament: 4-1-1 3rd Place

Coach: Joon Myong

2007-08 KAIAC Record: 8-2-4 2nd Place
2007-08 KAIAC Tournament: 2-1 2nd Place
2007-08 APAC Tournament: 4-2 APAC Champions
Coach: Joon Myong

2006-07 KAIAC Record: 12-0-0 Champions
2006-07 KAIAC Tournament: 2-0 Champions
2006-07 APAC Tournament: 4-2 2nd Place
Coach: Joon Myong

2005-06 KAIAC Record: 10-0-0 Champions
2005-06 KAIAC Tournament: 2-0 Champions
2005-06 APAC Tournament: 6-0 APAC Champions
Coach: Joon Myong

2004-05 KAIAC Record: 9-0-1 Champions
2004-05 KAIAC Tournament: 1-1 2nd Place
2004-05 APAC Tournament: 4-2 3rd Place
Coach: Phil Knobel

2003-04 KAIAC Record: 6-3-1 3rd Place
2003-04 KAIAC Tournament: 3-0 Champions
2003-04 APAC Tournament: 3rd Place
Coach: Phil Knobel

2002-03 KAIAC Record: 9-0-1 Champions
2002-03 KAIAC Tournament: 2-0 Champions
2002-03 APAC Tournament: No Tournament
Coach: Phil Knobel

2001-02 KAIAC Record: 10-1-1 2nd Place
2001-02 KAIAC Tournament: 1-0-2 3rd Place
2001-02 APAC Tournament: 3-2-1 2nd Place
Coach: Phil Knobel

Coach: Doug Farley

2007-08 KAIAC Record: 14-0-0 Champions
2007-08 KAIAC Tournament: 3-0 Champions
2007-08 APAC Tournament: 6-0 Champions
Coach: Doug Farley

2006-07 KAIAC Record: 12-0-0 Champions
2006-07 KAIAC Tournament: 2-0 Champions
2006-07 APAC Tournament: 5-1 Champions
Coach: Doug Farley

2005-06 KAIAC Record: 9-0-1 Champions
2005-06 KAIAC Tournament: 2-0 Champions
2005-06 APAC Tournament: 3-2-1 3rd Place
Coach: Doug Farley

2004-05 KAIAC Record: 10-0-0 Champions
2004-05 KAIAC Tournament: 2-0 Champions
2004-05 APAC Tournament: 5-1 Champions
Coach: Doug Farley

2003-04 KAIAC Record: 9-0-1 Champions
2003-04 KAIAC Tournament: 3-0 Champions
2003-04 APAC Tournament: 4-1-1 2nd Place
Coach: Doug Farley

2002-03 KAIAC Record: 10-1-1 Champions
2002-03 KAIAC Tournament: 2-0 Champions
2002-03 APAC Tournament: No Tournament
Coach: Joon Myong

2001-02 KAIAC Record: 8-2-2 2nd Place
2001-02 KAIAC Tournament: 3-1 Champions
2001-02 APAC Tournament: 2-4 5th Place
Coach: Joon Myong

GIRLS SWIMMING

2020-21 KAIAC 3rd Place 3-2 Season Record 307 307 pts
2020-21 KAIAC Tournament 3rd Place 411pts
2020-21 APAC -cancelled due to Covid-19 pandemic

Combined KAIAC Season Season 875pts 2nd Place
Combined KAIAC Tournament 1083pts 2nd Place
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2019-20 KAIAC
2019-20 KAIAC Tournament
2019-20 APAC

Combined KAIAC
Combined KAIAC Tournament
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary
***Season cancelled due to Covid-19 pandemic**

2018-19 KAIAC 676 pts Champions
2018-19 KAIAC Tournament 631pts Champions
2018-19 APAC 201 pts 3rd Place

Combined KAIAC Season 1336 pts Champions
Combined KAIAC Tournament 1233 pts Champions
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2017-18 KAIAC 622 pts Champions
2017-18 KAIAC Tournament 546.5 pts 2nd Place
2017-18 APAC 356 pts 3rd Place

2017-18 561.5 pts 2nd Place
2017-18 599.5 pts 2nd Place
2017-18 APAC 280 pts 5th Place
Combined KAIAC Season 1,183.5 pts Champions
Combined KAIAC Tournament 1,146 pts Champions
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2016-17 KAIAC 652 pts Champions
2016-17 KAIAC Tournament 655pts Champions
2016-17 APAC: 267 pts 2nd Place

2016-17 KAIAC 580 pts 2nd Place
2016-17 KAIAC Tournament 560 pts 2nd Place
2016-17 APAC: 261 pts 4th Place
Combined KAIAC Season 1,232 pts Champions
Combined KAIAC Tournament 1,215 pts Champions
Coaches: Mark Worden, Laura Worden, Sean Cary, Kirsten Gray

2015-16 KAIAC 744 pts Champions
2015-16 KAIAC Tournament 619 pts Champions
2015-16 APAC: 156 pts 5th Place

2015-16 KAIAC 772 pts 2nd Place
2015-16 KAIAC Tournament 607 pts 2nd Place
2015-16 APAC: 157 pts 5th Place
Combined KAIAC Season 1,516 pts: Champions
Combined KAIAC Tournament 1,226 pts: Champions
Coaches: Mark Worden, Sean Cary, Laura Worden

2014-15 KAIAC 824.5 pts Champions
2014-15 KAIAC Tournament 619 pts Champions
2014-15 APAC: 79 pts 5th Place

2014-15 KAIAC 801.5 pts Champions
2014-15 KAIAC Tournament 607 pts Champs
2014-15 APAC: 187 pts 4th Place
Combined KAIAC Season:1,626 pts CHAMPIONS
KAIAC Tournament: 1,226 pts CHAMPIONS
Coaches: Mark Worden, Sean Cary

2013-14 KAIAC 735 pts Champions
2013-14 KAIAC Tournament: 580.5 pts Champions
2013-14 APAC: 79 pts 5th Place

2013-14 KAIAC 801.5 pts Champions
2013-14 KAIAC : 623 pts Champions
2013-14 APAC: 187 pts 4th Place
Combined KAIAC Season: 1537.5 pts CHAMPIONS
KAIAC Tournament: 1203 pts CHAMPIONS
Coaches: Patsy Smith , Sean Cary

BOYS SWIMMING

2020-21 KAIAC Champions 6-1 Season Record 568 pts
2020-21 KAIAC Tournament Champions 672 pts
2020-21 APAC -cancelled due to Covid-19 pandemic

Combined KAIAC Season Season 875pts 2nd Place
Combined KAIAC Tournament 1083pts 2nd Place
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2019-20 KAIAC
2019-20 KAIAC Tournament
2019-20 APAC

Combined KAIAC
Combined KAIAC Tournament
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary
***Season cancelled due to Covid-19 pandemic**

2018-19 KAIAC 660 pts Champions
2018-19 KAIAC Tournament 602 pts Champions
2018-19 APAC 152 pts 4th Place

Combined KAIAC Season 1336 pts Champions
Combined KAIAC Tournament 1233 pts Champions
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2017-18 561.5 pts 2nd Place
2017-18 599.5 pts 2nd Place
2017-18 APAC 280 pts 5th Place

Combined KAIAC Season 1,183.5 pts Champions
Combined KAIAC Tournament 1,146 pts Champions
Coaches: Sean Cary, Kirsten Gray, Stephanie Cary

2016-17 KAIAC 580 pts 2nd Place
2016-17 KAIAC Tournament 560 pts 2nd Place
2016-17 APAC: 261 pts 4th Place

Combined KAIAC Season 1,232 pts Champions
Combined KAIAC Tournament 1,215 pts Champions
Coaches: Mark Worden, Laura Worden, Sean Cary, Kirsten Gray

2015-16 KAIAC 772 pts 2nd Place
2015-16 KAIAC Tournament 607 pts 2nd Place
2015-16 APAC: 157 pts 5th Place

Combined KAIAC Season 1,516 pts: Champions
Combined KAIAC Tournament 1,226 pts: Champions
Coaches: Mark Worden, Sean Cary, Laura Worden

2014-15 KAIAC 801.5 pts Champions
2014-15 KAIAC Tournament 607 pts Champs
2014-15 APAC: 187 pts 4th Place

Combined KAIAC Season:1,626 pts CHAMPIONS
KAIAC Tournament: 1,226 pts CHAMPIONS
Coaches: Mark Worden, Sean Cary

2013-14 KAIAC 801.5 pts Champions
2013-14 KAIAC : 623 pts Champions
2013-14 APAC: 187 pts 4th Place

Combined KAIAC Season: 1537.5 pts CHAMPIONS
KAIAC Tournament: 1203 pts CHAMPIONS
Coaches: Patsy Smith , Sean Cary

GIRLS APAC BADMINTON

2020-2021 No KAIAC Season - COVID 19

TCIS Invitational:

Girl's Singles 1: Silver 2: 7th
Girl's Doubles 1: Bronze 2: 10th
Mixed Doubles 1: 6th 2: 9th
Boys & Girls Overall: 3rd Place

Coaches: Caleb Hill, Calvin Kamphuis

2019-2020 No Season - COVID 19

Coaches: Heather Adkins, Calvin Kamphuis

2018- 2019 KAIAC: 5-0 KAIAC League

All Conference Team Winners

Girls Single 1: 29
Girls Singles 2: 20
Girls Doubles 1: 26
Girls Doubles 2: 17
Mixed Doubles 1: 30
Mixed Doubles 2: 30

KAIAC Final Tournament Rankings

Singles: 1: Gold 2: Silver
Doubles: 1: 5th 2: Bronze
Mixed: 1: Silver 2: Gold

2019 APAC: 99.5 pts 9th Place

Dalton 4s: 3rd, 4th, 9th

Coaches: Heather Adkins, Calvin Kamphuis

2017-18 KAIAC: 3-0 Friendlies

2017-18APAC: 3rd Place, mixed gold, doubles

Coaches: Heather Adkins, Calvin Kamphuis

2016-217 APAC 4th

Coach: Calvin Kamphuis, Aifeng Kao

2015-16 KAIAC: 2-0 Friendlies

2016 APAC: 102.5 pts 8th Place

Coach: Calvin Kamphuis, Aifeng Kao

2014-15 KAIAC: 2-0 Friendlies

2015 APAC: 25.5 pts 6th Place

Coach: Hope Myers

2013-14 APAC: 76.5 pts 7th Place

Coaches: Vincent Olivier, Ai Feng Kao, Ken Lee

2012-13 APAC: 76.5 pts 7th Place

Coaches: Vincent Olivier, Ken Lee

2011-12 APAC: 86 pts 7th Place

Coach: Buffie Race, Vincent Olivier

2010-11 APAC: 33 pts 7th Place

Coach: Buffie Race, Vincent Olivier

BOYS APAC BADMINTON

2020-2021 No KAIAC Season - COVID 19

TCIS Invitational:

Boy's Singles 1: Bronze 2: 8th
Boy's Doubles 1: 7th 2: 5th
Mixed Doubles 1: 6th 2: 9th
Boys & Girls Overall: 3rd Place

Coaches: Caleb Hill, Calvin Kamphuis

2019-2020 No Season - COVID 19

Coaches: Heather Adkins, Calvin Kamphuis

2018- 2019 KAIAC: 5-0 KAIAC League

All Conference Team Winners

Boys Single 1: 29
Boys Singles 2: 20
Boys Doubles 1: 26
Boys Doubles 2: 17
Mixed Doubles 1: 30
Mixed Doubles 2: 30

KAIAC Final Tournament Rankings

Singles: 1: Gold 2: Silver
Doubles: 1: 5th 2: Bronze
Mixed: 1: Silver 2: Gold

2019 APAC: 99.5 pts 9th Place

Dalton 4s: 3rd, 4th, 9th

Coaches: Heather Adkins, Calvin Kamphuis

2017-18 KAIAC: 3-0 Friendlies

2017-18 APAC: 4th Place, doubles bronze, mixed gold

Coaches: Heather Adkins, Calvin Kamphuis

2016-17 APAC 5th

Coach: Calvin Kamphuis, Aifeng Kao

2015-16 KAIAC: 2-0 Friendlies

2016 APAC: 49.5 pts 10th Place

Coach: Calvin Kamphuis, Aifeng Kao

2014-15 KAIAC: 2-0 Friendlies

2015 APAC: 11.5 pts 6th Place

Coach: Hope Myers

2013-14 APAC: 76.5 pts 7th Place

Coaches: Vincent Olivier, Ai Feng Kao, Ken Lee

2012-13 APAC: 40.5 pts 10th Place

Coaches: Vincent Olivier, Ken Lee

2011-12 APAC: 41 pts 10th Place

Coaches: Vincent Olivier, Buffie Race

2010-11 APAC: 22 pts 9th Place

Coach: Buffie Race, Vincent Olivier



SFS Individual Statistical Records

Seoul Foreign School

Girls All Time Swimming Records (25 M)

Updated to February 26, 2020

Listed below are the official Seoul Foreign School Records.

Girls (SCM)

Event	Record	Athlete	Place & Date
50 Freestyle	27.23	Chloe Wang	04/27/2019 KAIAC Champs @ SFS
100 Freestyle	59.48	Chloe Wang	03/15/2019 KAIAC Conference @ YISS
200 Freestyle	2:05.90	Chloe Wang	04/26/2019 KAIAC Champs @ SFS
400 Freestyle	4:28.72	Chloe Wang	02/02/2018 APAC Championships @ SASPd
800 Freestyle	9:44.34	Chloe Wang	04/17/2019 KAIAC Distance @ SFS
50 Backstroke	29.58	Chloe Wang	04/27/2019 KAIAC Champs @ SFS
100 Backstroke	1:03.99	Chloe Wang	03/15/2019 KAIAC Conference @ YISS
200 Backstroke	2:18.44	Emily Park	2020 Swim for Dongdaewon
50 Breaststroke	32.30	Joyce Wang	02/01/2018 @ APAC Championships @ SASPd
100 Breaststroke	1:10.56	Joyce Wang	02/02/2018 APAC Championships @ SASPd
200 Breaststroke	2:46.27	Emily Park	2019 Swim for Dongdaewon
50 Butterfly	28.11	Chloe Wang	04/27/2019 KAIAC Champs @ SFS
100 Butterfly	1:01.66	Chloe Wang	04/26/2019 KAIAC Champs @ SFS
200 Butterfly	2:19.99	Chloe Wang	04/17/2019 Distance Meet @ SFS
100 I.M.	1:05.54	Joyce Wang	02/02/2018 APAC Championships @ SASPd

200 I.M.	2:21.65	Emily Park	01/26/2019 APAC @ ISB
400 I.M.	5:02.29	Emily Park	04/17/2019 KAIAC Distance @ SFS
Relay Records			
4x50 Medley Relay	2:01.27	Lydia Choi, Joyce Wang, Chloe Wang, Angelica Slater	01/23/2017 APAC @ SFS
4x50 Freestyle Relay	1:51.52	Angelica Slater, Lydia Choi, Chloe Wang, Joyce Wang	01/25/2017 APAC @ SFS
4x100 Freestyle Relay	4:02.99	Angelica Slater, Josephine Lee, Emily Park, Chloe Wang	01/24/2019 APAC @ ISB

Seoul Foreign School

Boys All Time Swimming Records (25 M)

Updated to April 28, 2021

Listed below are the official Seoul Foreign School Records.

Boys (SCM)

Event	Record	Athlete	Place & Date
50 Freestyle	23.87	Zepher Begnell	01/31/13 – 02/03/13 APAC ISB
100 Freestyle	53.15	Zepher Begnell	01/31/13 – 02/03/13 APAC ISB
200 Freestyle	1:59.90	Justin Woo	04/23/2021 Virtual KAIAC Champs @ SFS
400 Freestyle	4:23.47	Darren Kim	04/23/2021 Virtual KAIAC Champs @ SFS
800 Freestyle	10:19.95	Flavio Tokunaga	Songdo Spring Swim 2019
50 Backstroke	27.56	Jeffery Chae	02/5/2020 Mini APAC @ SFS
100 Backstroke	1:00.99	Andrew S. Park	04/23/2010 KAIAC Tournament @SFS
200 Backstroke	2:27.32	William Park	4/1/2015 CI Distance Meet
50 Breaststroke	29.39	Justin Woo	04/16/2021 SFS vs KIS vs DDS virtual
100 Breaststroke	1:03.85	Justin Woo	04/23/2021 Virtual KAIAC Champs @ SFS
200 Breaststroke	2:23.81	Darren Kim	2020 Swim for Dongdaewon
50 Butterfly	25.65	Jeffery Chae	04/23/2021 Virtual KAIAC Champs @ SFS
100 Butterfly	56.91	Jeffery Chae	04/23/2021 Virtual KAIAC Champs @ SFS
200 Butterfly	2:24.81	Darren Kim	2019 Swim for Dongdaewon
100 I.M.	59.26	Justin Woo	04/23/2021 Virtual KAIAC Champs @ SFS
200 I.M.	2:13.52	Justin Woo	SFS vs CI vs DCS 2021

400 I.M.	5:03.80	Darren Kim	Songdo Spring Swim 2019
Relay Records			
4x50 Medley Relay	1:49.34	Jeffery Chae, Darren Kim, Justin Woo, Flavio Tokunaga	04/23/2021 Virtual KAIAC Champs @ SFS
4x50 Freestyle Relay	1:38.80	Erich Kim, Benedict Printz, Alex Min, Zepher Begnell,	01/31/13 – 02/03/13 APAC ISB
4x100 Freestyle Relay	3:46.62	Benedict Printz, Erich Kim, Zepher Begnell, Eric Joo	04/11/2012 SFS HS Relay Meet

Girls All Time Track & Field Records

Updated to April 16, 2021

Listed below are the official Seoul Foreign School Records. (hand times have been converted)

Girls			
Event	Record	Athlete	Place & Date
60 Meter Dash	8.63	Lucie Mathieu	03/23/21 Time Trials @ SFS
100 Meter Dash	13.89	Graca Kiboi	04/22/2017 SAHS Invitational
200 Meter Dash	29.73	Annabelle Davy	04/16/2015 APAC Champs @ SAS PD
400 Meter Dash	1:08.22	Annabelle Davy	04/16/2015 APAC Champs @ SAS PD
60 Meter Hurdles (33")	11.66	Lucie Mathieu	04/15/2021 KAIAC Meet @ SFS
100 Meter Hurdles (33")	20.97	Lili Percheron	04/23/2016 Humphreys Invitational
300 Meter Hurdles (30")	58.64	Kinga Gross	03/14/2015 Daegu Invitational
400 Meter Hurdles (30")	1:21.47	Kinga Gross	04/16/2015 APAC Champs @ SAS PD
800 Meter Run	2:35.96	Jane Anderson	04/15/2017 DHS Invitational
1500 Meter Run	5:26.14	Grace Charnesky	04/12/2014 APAC Champs @ ISB
1600 Meter Run	5:40.59	Jane Anderson	04/23/2016 Humphreys Invitational
3000 Meter Run	12:24.84	Alma Lilljequest	03/18/2021 TAS Exchange @ SFS
3200 Meter Run	12:39.9h	Grace Charnesky	03/19/2016 Humphreys Invitational
Discus (1kg)	25.90m	Charlotte Nouwen	03/18/2017 HHS Invitational
Shot Put (4kg)	8.16m	Charlotte Nouwen	04/22/2017 SAHS Invitational
Javelin (600g)	18.72m	Grace Foster	03/18/2021 TAS Exchange @ SFS

Long Jump	4.61m	Graca Kiboi	03/18/2017 HHS Invitational
Triple Jump	8.08m	Izzy Kim	04/16/2015 APAC Champs @ SAS PD
High Jump	1.38m	Pia Jensen	04/02/2015 Humphreys Invitational
Relay Records			
4x100m Relay	59.48	Graca Kiboi, Annelore Nouwen, Charlotte Nouwen, Anna Pi	04/23/2016 Humphreys Invitational
4x400m Relay	4:51.05	Erica Kim, Kate Grandy, Kinga Gross, Annabelle Davy	04/16/2015 APAC Champs @ SAS PD
Sprint Medley Relay (100, 100, 200, 400)	2:13.97	Annabelle Davy, Karla Grandy, Jiwan Lee, Anna Pi	04/16/2015 APAC Champs @ SAS PD
Distance Medley (1200, 400, 800, 1600)	15:35.69	Annika Sun, Kate Grandy, Erica Kim, Kinga Gross	04/16/2015 APAC Champs @ SAS PD

Boys All Time Track & Field Records			
Updated to April 16, 2021			
Listed below are the official Seoul Foreign School Records. (hand times have been converted)			
Boys			
Event	Record	Athlete	Place & Date
60 Meter Dash	7.92	Timothee Englebert	03/23/21 Time Trials @ SFS
100 Meter Dash	11.80	Johnny Sheldrick	04/16/2015 APAC Champs @ SAS PD
200 Meter Dash	24.75	Johnny Sheldrick	04/16/2015 APAC Champs @SAS PD
400 Meter Dash	55.28	Chris Luke	04/12/2015 APAC Champs @ ISB
60 Meter Hurdles	10.85	Jun Kwon	04/15/2021 KAIAC Meet @ SFS
100 Meter Hurdles (39")	20.93	Jacob Namovich	04/19/2014 GMM Invitational
300 Meter Hurdles (36")	48.60	Jacob Namovich	04/19/2014 GMM Invitational
400 Meter Hurdles (33")		No record	
800 Meter Run	2:09.09	Ty Hacking	04/29/2017 Humphrey's Invitational

1500 Meter Run	4:44.62	Robert Chance	04/12/2014 APAC Champs @ ISB
1600 Meter Run	4:49.35	Ty Hacking	04/29/2017 Humphreys Invitational
3000 Meter Run	10:33.06	Holger Molin	03/18/2021 TAS Exchange @ SFS
3200 Meter Run	11:04.3h	Ty Hacking	03/19/2016 Humphrey Invitational
Discus (1.6kg)	24.29m	Yunus Wardak	03/18/2017 HHS Invitational
Shot Put (5kg)	12.29m	Timothee Englebert	03/18/2021 TAS Exchange @ SFS
Javelin (700g)	35.33m	Timothee Englebert	03/18/2021 TAS Exchange @ SFS
Javelin (800g)	36.99m	Alex Yoon	04/12/2014 APAC Champs @ ISB
Long Jump	5.99m	Timothee Englebert	03/18/2021 TAS Exchange @ SFS
Triple Jump	10.95m	Daniel Kwon	04/12/2014 APAC Champs @ ISB
High Jump	1.70m	Borna Golley	04/16/2015 APAC Champs @ SAS PD
Relay Records			
4x100m Relay	48.67	Eugene Kim, Edward Drumond, George Dornbach, Chris Luke	04/12/2014 APAC Champs @ ISB
4x400m Relay	3:55.53	Robert Chance, Sunwoo Hong, Eugene Kim, Chris Luke	04/12/2014 APAC Champs @ ISB
Sprint Medley Relay (100, 100, 200, 400)	1:47.62	Daniel Kwon, Alex Yoon, Joseph Choi, Chris Luke	04/12/2014 APAC Champs @ ISB
Distance Medley (1200, 400, 800, 1600)	13:47.55	Sean Franiak, Eugene Kim, Adam Kennedy, Daniel Hahm	04/16/2015 APAC Champs @ SAS PD

SFS GIRLS' SOCCER RECORDS

CAREER GOALS

	Minimum 10	
79	Michelle Richardson	'11 – '14
76	Kathy Lee	09 – '12
64	Megan Kim	'05 – '07
62	Greer Smith	'98 – '01
60	Jane Lee	'96 – '99
59	Stephanie Lim	'04 – '07
58	Callie Chang	'12, '15-16
54	Karen Lee	'06 – '09
52	Yiota Kastritis	'07, '10
50	Sharon Garwood	'00 – '03
48	Julienne Laufer	'05 – '07
43	Claire de Braekeleer	'96 – '99
41	Kathleen Barennes	'04 – '07
40	Meghan Barennes	'01 – '03
37	Kristen Barennes	'03 – '06
36	Brittney Rader	'07 – '09
34	Nina Bernhardt	'14 – '15
29	Ilinca Clisson	'16 - '19
28	Jisaan Chai	'15 - 18
23	Sarah Stegner	'10 – '12
21	Leah Chung	'07 – '10
21	Maria De Carvalho	'16 - '18
18	Ji Won Shin	'13 – '15
18	Emma Smith	'98 – '00
16	Joanna Kim	'12 – '15
15	Katie Baur	'10
15	Michelle Yun	'16 - '18
15	Mia Laursen	'18 - '19
14	Skye Chung	'12 – '15
13	Julie Yoo	'96 – '99
12	Sasi Banyatpiyaphod	'12 – '15

12	Kristen Lee	'08 – '11
12	Sandra Lee	'06 – '09
11	Claire Bartels	'10 – '11
11	Ariel Rhoda	'06 - '09
11	Rachel Kahng	'18 - '21
11	Edyn Mayo	'19 - '21
10	Su Jean Park	'12 – '15
10	Ashley Seong	'00 – '03
8	Mya Rolinson	19-'21

SFS GIRLS' SOCCER RECORDS
SINGLE SEASON GOALS SCORED

	Minimum 5	
37	Yiota Kastritis	'10
34	Greer Smith	'00
31	Michelle Richardson	'14
31	Stephanie Lim	'07
30	Karen Lee	09
29	Jane Lee	'99
27	Kathy Lee	'12
26	Megan Kim	'07
25	Megan Kim	'05
24	Callie Chang	'15
23	Kathy Lee	'10
22	Brittney Rader	09
21	Callie Chang	'16
21	Kathy Lee	'11
21	Stephanie Lim	'06
20	Julienne Laufer	'07
19	Nina Bernhardt	'15
18	Michelle Richardson	'13
18	Claire de Braekeleer	'99
18	Meghan Barennes	'02
17	Michelle Richardson	'11

17	Karen Lee	'08
17	Julienne Laufer	'06
15	Nina Bernhardt	'14
15	Katie Baur	'10
15	Yiota Kastritis	'07
15	Emma Smith	'00
14	Kathleen Barennes	'07
14	Sharon Garwood	'00
13	Sarah Stegner	'12
13	Michelle Richardson	'12
13	Callie Chang	'12
13	Brittney Rader	'08
13	Kristen Barennes	'06
11	Kathleen Barennes	'05
10	Gloria Yu	'98
9	Edyn Mayo	'19
9	Mia Laursen	'18
9	Ariel Rhoda	'08
9	Leah Chung	'10
8	Ilinca Clisson	'19
8	Jisaan Chai	'16
8	Su Jean Park	'15
8	Ji Won Shin	'14
8	Ashley Seong	'02
8	Mya Rolinson	'21

SFS GIRLS' SOCCER RECORDS

CAREER TOTAL ASSISTS

	Minimum 5	
40	Leah Chung	'07 – '10
40	Sharon Garwood	'00 – '03
37	Kathleen Barennes	'04 – '07
33	Greer Smith	'99 – '01
32	Sarah Stegner	'10 – '12
32	Megan Kim	'05 – '07

30	Stephanie Lim	'04 – '07
29	Julienne Laufer	'05 – '07
29	Claire de Braekeleer	'96 – '99
27	Joanna Kim	12 - '15
25	Brittney Rader	'07 – '09
23	Callie Chang	12, '15-'16
23	Jane Lee	'96 – '99
22	Nina Bernhardt	14 - '15
21	Meghan Barennes	'01 – '03
21	Kathy Lee	'09 – '12
19	Jisaan Chai	15 - 18
19	Maria De Carvalho	'16 - '18
18	Katie Baur	'10
16	Yiota Kastritis	'07, '10
16	Kristen Barennes	'03 – '06
16	Kristie Kim	'99 – '02
15	Emma Smith	'98 – '00
15	Michelle Yun	15 - 18
14	Sasi Banyatpiyaphod	12 - '15
14	Kristen Lee	'08 – '11
13	Lena Hahm	'97 – '99
13	Ilinca Clisson	'16 - '19
11	Su Jean Park	12 - '15
11	Michelle Richardson	'11 – '14
11	Jaimie Kim	'09 – '12
11	Karen Lee	'06 – '09
10	Megan Yu	'13 – '16
10	Ji Won Shin	'13 – '15
10	Claire Bartels	'10 – '11
9	Theodora Clare	'18 - '19
9	Paula Dencher	'05 – '06
9	Skye Chung	'12 – '15
9	Naoko Ogi	'00 – '02
8	Kristine Park	'10 – '13
8	Megan Smith	'12
8	Sandra Lee	'06 – '09
8	Rachel Kahang	'18 - '19

8	Edyn Mayo	'19 - '21
7	Seinna Kang	'14 - '16
7	Claire Park	'09 - '12
7	Ariel Rhoda	'06 - '09
7	Julie Yoo	'96 - '98
7	Linda Park	'96
7	Youn Chung	'97 - '98
7	Stephanie Small	'02 - '05
6	Bo Kim	'99 - '00
6	Boraam Han	'99 - '02
6	Nathalie Versavel	'06 - '08
6	Ebba Tagesson	'19
6	Mia Laursen	'18 - '19
6	Alaina Smith	19 - '21

SFS GIRLS' SOCCER RECORDS

SINGLE SEASON ASSISTS

	Minimum 5	
19	Greer Smith	'00
18	Katie Baur	'10
18	Claire de Braekeleer	'99
18	Sharon Garwood	'00
17	Nina Bernhardt	'14
16	Kathleen Barennes	'07
16	Megan Kim	'07
15	Julienne Laufer	'07
14	Maria De Carvalho	18
14	Sarah Stegner	'12
14	Leah Chung	'10
13	Meghan Barennes	'02
12	Leah Chung	09
12	Stephanie Lim	'05
11	Joanna Kim	'14
11	Kathy Lee	'10
11	Sarah Stegner	'11

11	Brittney Rader	09
11	Leah Chung	'08
11	Emma Smith	'00
11	Megan Kim	'05
10	Callie Chang	'12
10	Brittney Rader	'08
10	Lena Hahm	'99
10	Kathleen Barennes	'05
10	Kristen Barennes	'06
9	Joanna Kim	'13
9	Yiota Kastritis	'07
9	Julienne Laufer	'06
8	Megan Smith	'12
8	Jane Lee	'99
7	Theodora Clare	'19
7	Edyn Mayo	'19
7	Joanna Kim	'15
7	Callie Chang	'15
7	Yiota Kastritis	'10
7	Kristen Lee	'10
7	Sarah Stegner	'10
7	Claire Bartels	'11
7	Karen Lee	09
7	Linda Park	'96
7	Youn Chung	'98
7	Kristie Kim	'02
6	Ilinca Clisson	'19
6	Rachel Kahng	'19
6	Ebba Tagesson	'19
6	Callie Chang	'16
6	Su Jean Park	'15
6	Jisaan Chai	'15
6	Sasi Banyatpiyaphod	'14
6	Sandra Lee	09
6	Nathalie Versavel	'08
6	Stephanie Lim	'07
6	Paula Dencher	'06

SFS BOYS' SOCCER RECORDS

CAREER GOALS

(1975 - Present)		
	Current players in BOLD	
	<i>Minimum of 15 Goals</i>	
<u>Goals</u>	<u>Name</u>	<u>Year</u>
184	Remco Rademaker	05 - 09
90	J.P. Rader	75 - 79
61	Francesco Luraschi	14 -16
61	Sungjoon Cho	98 - 00
57	Chris Bowcutt	91- 94
41	Fredrik Nilsson	94 - 96
40	Kai Summers	12 - 15
40	Andrew Park	07 - 10
39	Huwon Wang	90 - 93
38	Sanghoon Lee	98 - 02
37	Wagner Lee	95 - 97
37	Colin Kim	15 - 18
36	Paul Rader	00 - 04
34	Ricardo Homan	06 - 08
31	Jacob Lunden-Welden	09-10,12
30	Caleb Jang	15 - 17
30	Huchan Lee	13 - 15
30	Ben Neumann	08 - 11
29	Yuuki Guzman	02 - 05
28	Dominic Bowcutt	92 - 94
27	Paul Cobbe	85 - 87
25	Daniel Chung	15 - 17
25	Harry Creech	02 - 05
25	Austin Koo	98 - 99
25	Trevor Smith	10 - 11
25	Olivier Bronkhorst	95 - 97
24	Eugene Bang	11 - 14
24	Hayes Creech	04 - 08

24	Julian Hahm	00 - 04
24	Amit Mamtani	07 - 10
23	Andrew Ha	13 - 16
21	Gareth Parker	91 - 94
20	Scott McLaughlin	18-21
20	Gabriel Myong	17
20	Tomas Haran	96 - 98
19	Raoul Classen	87 - 88
18	Ryan Kim	18-21

SFS BOYS' SOCCER RECORDS

GOALS – SINGLE SEASON

	(1975 - Present)	
	Current players in BOLD	
	<i>Minimum of 10 Goals</i>	
<u>Goals</u>	<u>Name</u>	<u>Year</u>
60	Remco Rademaker	09
55	Remco Rademaker	08
40	Remco Rademaker	07
38	Chris Bowcutt	94
36	Sungjoon Cho	00
36	J.P. Rader	77
32	Francesco Luraschi	16
31	Wagner Lee	97
29	Remco Rademaker	06
25	Austin Koo	99
24	J.P. Rader	76
24	Fredrik Nilsson	95
23	Andrew Park	10
22	J.P. Rader	79
22	Sanghoon Lee	02
21	Colin Kim	18
21	Dominic Bowcutt	94
20	Gabriel Myong	17

20	Ricardo Homan	08
19	Raoul Classen	88
18	Daniel Chung	17
18	Yuuki Guzman	05
17	Francesco Luraschi	15
17	Fredrik Nilsson	96
17	Jacob Lunden-Welden	12
16	Kai Summers	15
16	Kai Summers	14
16	Huchan Lee	15
16	Huwon Wang	93
16	Tomas Haran	98
16	Trevor Smith	11
15	Ben Neumann	11
15	Paul Rader	02
15	Huwon Wang	92
15	Olivier Bronkhorst	96
14	Armaan Javaheri	14
14	Ricardo Homan	07
14	Paul Rader	04
14	Paul Cobbe	86
14	Sungjoon Cho	99
14	Jacob Lunden-Welden	11
13	Caleb Jang	16
13	Hans Lee	14
13	Andrew Park	08
13	Charlie Park	02
13	Bastian Bierbrauer	98
13	Andreas Michels	97
13	Gareth Parker	94
12	Ryan Kim	19

SFS BOYS' SOCCER RECORDS

ASSISTS – CAREER

(2002 - Present)

Current players in **BOLD**

<i>Minimum 10 Assists</i>		
Assists	<u>Name</u>	Year
65	Remco Rademaker	05 - 08
60	Andrew Park	07 - 10
45	Kai Summers	12 - 15
30	Hayes Creech	05 - 08
29	Daniel Chung	15 - 17
27	Yuuki Guzman	03 - 05
26	Ben Neumann	08 - 11
23	Ricardo Homan	07 - 08
22	Hans Lee	11 - 14
21	Fred Baertels	11 - 13
21	Paul Rader	02 - 04
21	Moises Park	03 - 06
20	Jacob Lunden-Welden	09 - 10
19	Francesco Luraschi	14 - 16
18	Julian Hahm	03 - 04
17	Trevor Smith	10 - 11
16	Mark Ku	15 - 18
16	Ed Burroughs	10 - 11
16	Shohei Yamagata	03 - 05
15	Bryan Kim	02 - 04
15	John Choi	08 - 10
14	Gabriel Myong	17
14	Amit Mamtani	07 - 10
13	Caleb Jang	15 - 17
13	Tawan Banyatpiyaphod	15 - 17
12	Scott McLaughlin	18-21
12	Ryan Kim	18-21

SFS BOYS' SOCCER RECORDS

ASSISTS – SINGLE SEASON

Current players in BOLD

<i>Minimum 5 Assists</i>		
Assists	<u>Name</u>	Year
23	Remco Rademaker	08
22	Kai Summers	15
22	Andrew Park	08
18	Kai Summers	14
17	Yuuki Guzman	05
16	Andrew Park	10
16	Ricardo Homan	08
15	Remco Rademaker	06
14	Gabriel Myong	17
14	Remco Rademaker	05
13	Daniel Chung	17
13	Hans Lee	14
13	Julian Hahm	04
13	Remco Rademaker	07
13	Hayes Creech	07
12	Fred Baertels	13
12	Andrew Park	09
12	Nicolai Nielsen	02
11	Hayes Creech	08
10	Ben Neumann	10
10	Jacob Lunden-Welden	10
10	Jacob Lunden-Welden	10
10	Paul Rader	04
10	Bryan Kim	04
10	Shohei Yamagata	04
10	Steven Small	07
10	Andrew Park	07
9	Ed Burroughs	11
9	Moises Park	06
8	Tawan Banyatpiyaphod	17
8	Francesco Luraschi	16

8	Daniel Chung	16
8	Leonardo Migliardi	15
8	Daniel Chung	15
8	Amit Mamtani	08
8	John Choi	09
8	Charlie Park	02
8	Harry Creech	05
8	Marian Knorr	07
7	Francesco Luraschi	15
7	Fred Baertels	12
7	Trevor Smith	11
7	Ed Burroughs	10
7	Ben Neumann	09
7	Pontus Darsbo	08
7	Andy Oh	02
7	Paul Rader	02
7	Sanghoon	02
7	Ricardo Haman	07
6	Brandon Sohn	17
6	Colin Kim	17
6	Eugene Bang	14
6	Ben Neumann	11
6	Huchan Lee	15
6	Caleb Jang	16
6	Ashley Dunki-Jacobs	16
5	Scott McLaughlin	21
5	Andrew Moon	21
5	Scott McLaughlin	19

Congrats Crusaders!

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The KAIAC ADs

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Sports Council Leadership

Harrison Creech, Kyle Sohn, Kenzo Nakamura, Elleen Kim

Sports Council Committees and Execs

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