

Tynedale RFC Youth Section
Rugby Plan Season 2022 - 2023



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Player Experiences

- **The Message**

Aims and Vision

Purpose:

Inspire all the players to love the game and stay involved in rugby

for life.

Vision:

1. We are always inclusive and all players get the appropriate challenges
2. Support all players to reach their potential
3. We always promote the RFU core values
4. We ensure that all players are encouraged to play colts/U18's and transition into the senior club
5. We create amazing memories for the coaches, players and parents

Tynedale way

P: Playful - Learn through play

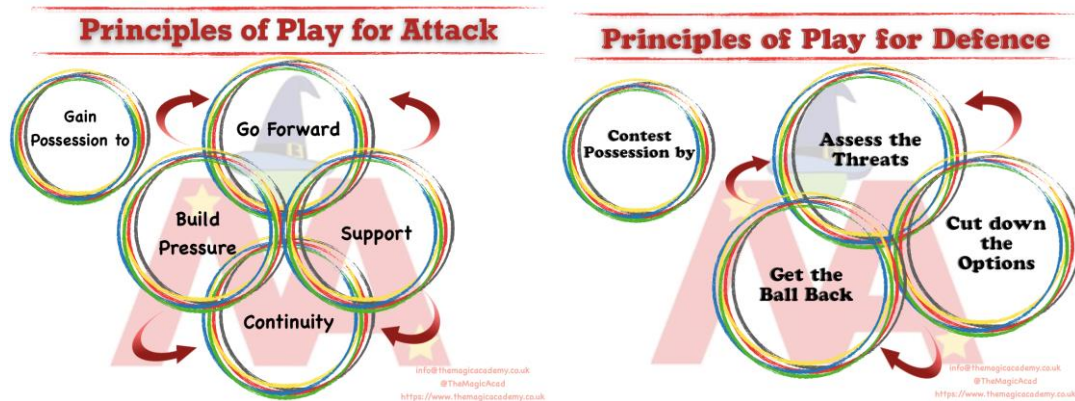
L: Loving - Let them know that they are cared for

A: Accepting - Understand their motivations

C: Curious - Find out about them

E: Empathetic - See the world through their eyes

Coaching:



Creativity, Awareness, Resilience, Decision making and Self Organising.



- **Free Play** (the players agree the game/activity they play)
- Players and parents have an awareness of the **session 'Mission'**
- Start with a **multi directional game** (max 6 aside) and appropriate activation
- Play one of **Tynedale 'skills games'** (max 10 aside) Barbarians - Highlanders - Saracens
- Maximum of 2 **'skill training' breakouts** (individual) - (notice, praise/reward, stretch)
- Every person receives **individual support/challenge**
- Use **constraints, gamification** and **tactical cards** as the main coaching 'method'

- **Free Play** (coaches coaching debrief.

Getting the message out there:

Advertising in clubhouse: Posters, Youth Section Notice board and area.

Outside Clubhouse: Wooden sign at Entrance to playing area or ground, Back of the scoreboard or next to the gatehouse showing what Tynedale are about, what to expect and what is expected of visitors Or printed sign on side of clubhouse.

Whiteboards for each age group, multi purpose, one side coaching tool empty whiteboard, the other pre printed with Key Messages, to be displayed and used at training and messages.

• **Coach Development –**

Fletch, Steve, CRC and Falcons

The **coach development sessions** have been excellent and attendance is improving for each one. Its clear to see the impact of these sessions on a Sunday morning. Moving forward we need to get ALL age groups to attend sessions and look to run more sessions throughout the season.

Steve has challenged coaches throughout the season and feedback has been excellent, in particular helping the middle age groups to transform from tag rugby to Contact Rugby. ALL age groups should be encouraged to engage more with Steve and its important moving forward that we try hard to retain Steve on our coaching team.

For the 2022 – 2023 season it would be good to meet with coaches, Fletch and Steve and agree key areas for the new season for each age group. Steve could hopefully monitor these throughout the season and help address any age groups who are struggling to hit the club aims, vision and targets.

We very much welcome and encourage the input of **Fletch** and hope that he will continue with coach development despite his new role. Any help is very welcome.

Senior Player Coach – Ross Cooke started and did one session with the U11s which got great feedback. We have some potential options for next season. 4 age groups have now asked about this and having a coach who can step in and do full sessions with different age groups or step in when coaches are away will definitely compliment what Steve and Fletch are doing.

Falcons – Schools The Falcons in Schools role has definitely worked, we have picked up at least 10 players from this programme through the season, also in the year 8 kids the differential between private school players and public school players does not seem very big, as the Falcons have targeted this year group this can only be a sign of success.

If possible we would like to increase this coverage next season and also increase our involvement in schools perhaps using our own CRC as well.

- **Matchday –**

- **The Matchday Experience**

This season Fletch and Steve have pushed to introduce the improved matchday experience, all age groups should definitely do this going forward and all visiting teams should be told in advance that we wish to do things at home our way. Details are in the coach development document shared in 2021



- **Physios**

In 22/23 as far as possible we would like to continue with the increased hours on a Sunday and holding clinics on a Sunday for youth player. This should help to ease congestion on a Tuesday and Thursday.

We would like if possible to have a physio for most if not all Sundays which doesn't happen currently.

- **First Aiders**

Every age group from season 22/23 to have 2 1st aiders qualified by the RFU. At least one should be a non-coaching person.

Touring



- **New Tour Pack?**

The new tour pack has been agreed, this will develop more over season 22/23. It will be circulated to age groups before the season begins.

All age groups to be encouraged to tour.

Club contribution to be increased to £750 for age groups using a tour operator.

Training

- **Midweek –**

Benefits and Pitfalls

It was agreed that age groups should only look to midweek training with a specific plan to avoid over training the kids which could effect retention and enjoyment.

Training sessions in midweek should be creative and fun sessions and target areas that are not covered on a Sunday. Use of all the coaching tools discussed should be a definite.

Available spaces

The club is very limited to floodlit spaces, any teams wishing to train midweek must have their session agreed by the club before starting midweek training.



- **Friday –**

Social

The youth section will try to get fun mixed age group sessions going on a Friday night towards the end of the season, close season season after FN Cricket ends.

The bar should be open for these and we should aim for these to be a social event as well as a coaching event. Pre season BBQ and other events were discussed.

Teams training together

There is a definite benefit of age groups having joint training sessions. Wherever possible if an age group requests to train with the age above or below this should be encouraged.

Environment

Clubhouse – Families and players have stopped using the clubhouse, the clubhouse is an important part of the social and mental development of players and TRFC Youth Section recognise that Rugby has to be about more than just what happens on the pitch, getting players, parents and coaches to come together and use the clubhouse to socialise is vital to player retention and enjoyment.

Games

For season 2022/23 we aim to invest in some activities and games for the clubhouse.

Discussed were pool table, table tennis table, dart board, Fussball Table.

It was also agreed that use of the TV to show videos of previous age group training and / or matches should happen.

Food

It was agreed that Hotdogs has improved the situation and reduced the cost significantly of catering however the standard is poor for the cost.

The older age groups are definitely not happy with the situation and the alternatives offered to be more nutritional are too expensive and not of a high enough standard for post match meals.

The cost of the private catering teas and coffees is significantly overpriced for the standard. We feel that there has to be an improvement in the standards all round and this is a huge contributory factor to the clubhouse being underused.

Youth Section Boards and areas.

The youth section would like within the clubhouse areas for a picture board of age groups, Fixtures, notice board for advertising.

Outdoor Seating –

Need for more

Another major issue has been the lack of outdoor covered seating in particular where parents and coaches can relax while players have room and space for free play outside the clubhouse.

Alnwick was mentioned as a great example of what can be achieved, this is a very popular area and clubhouse and the numbers of players and adults remaining is far higher than at Tynedale. Other good examples were also discussed.



Options

It may be possible to increase the seating in front of the Clubhouse by adding covered benches this could also be an option along the entrance road next to the gatehut.



A better and preferred option would be to create a large covered space on the old clubhouse entrance with a door and steps down from the foyer. Or The part of this closest to the car park could be adapted to have a serving bar, space for BBQs, space for mobile lager dispensers and real ale taps which could in the future be used for 1st team fixtures as a revenue stream.



Long term the grassed area next to this could be developed with small fitness trail equipment, outdoor gym equipment or other game activities like outdoor chess.

The original area should be a similar structure to the alnwick one with benches with a plan to increase the offering each year.

Events

Dinner –

Format

The issue has been raised about who organises the Dinner it may be better to look at appointing a specific committee rather than relying on an age group who only have 1 year remaining in the club to organise. For season 22/23 we will attempt to put a committee together.

As the club is now one club, it would make sense for the senior club, ladies section and Girls section to get involved and we can also look to make this a bigger event with the whole club attending.

Concern was also raised that the funds coming in from the Youth Section big bash may be diverted away from Youth development, it is important that the club show that money raised from Youth events is pumped back into youth projects and development.

Festival –

The festival looks like being the biggest ever, the organisers this year struggled from a lack of handover from previous years, The dinner organisers likewise. Moving forward a club handbook with help should be added in.

This will also be kept with the U10s rather than the U9s as in previous seasons. Funds raised again should be shown to be re-invested in youth development.

Christmas Party –

This will continue with the U8s and is still popular with the minis.

Other Events–

Friday night socials discussed

Youth section meetings at 1st team match lunches

Structure

Committee –

The general feeling is this is not a one person job.

We are still looking for another Management committee member either a vice or co chair.

This role must be filled for 2022/23.

Social

The aim next season will be to have a youth section social committee who will help with and oversee all the events and also organise the dinner or pull a separate committee together.

Other Roles

The role of equipment officer would be a massive help and we will look to find someone to do this in 22/23. This will include, age group equipment audit, balls and equipment ordering and distribution

A membership secretary would also help.

How to get Volunteers

It was raised that a number of parents felt they have never been asked to help and would be willing. Any requests for help given to an age group must be sent to all parents not just coaches.

Communication

Each age group to provide an admin who is responsible for circulating messages.

All players to be affiliated to allow emails through GMS to all members.

Facebook and whatsapp groups working but more coaches and admins from each group need to join and responses must improve from all age groups.

Budget –

The youth section is committed to one club, the transfer of money from the Youth section bank account has been minuted and it has been made clear that the management committee will invest in all areas of youth player development for the long term good of the club.

There are concerns that fundraising and membership fees from the youth section will be diverted to prop up other areas of the club to the detriment of the youth section, again

moving forward the commitment from the management committee to invest in youth development in all areas would be very useful.

A draft budget will be submitted and fully costed to include all the proposals in the plan paid for in full from youth contributions.

Meetings –

A return to a youth section committee that meets more regularly and includes all age groups is preferred, this is fully dependant on filling committee roles, for 22/23 season we will try to fill committee roles.

Membership –

The Club is looking at moving to a single membership scheme for all areas of the club. This will give options and benefit families across the whole club and will look very similar to the family membership brought in last year by the youth section.

Online

Online membership has been a massive improvement on the previous system, however there are big problems.

To rectify we hope to use the club website, old website and videos to make the system easier for everyone.

Kit Bundles / Vouchers

Kit bundles has not been successful this season, its hoped that vouchers and the new online clubshop will massively improve this issue going forward.

Handbook –

A youth section Handbook would be a big help especially to the younger age groups. It Should contain information around how to organise events, What each age group should expect, Coaching information especially to help the younger age groups, Key information and links and probably the Tour pack.

Website –

The club website needs to be developed to help the youth section with more information, the handbook, links etc. Wallace is onboard and happy to help.

New Online Clubshop

<https://rugbygear.co.uk/collections/tynedale-rfc>