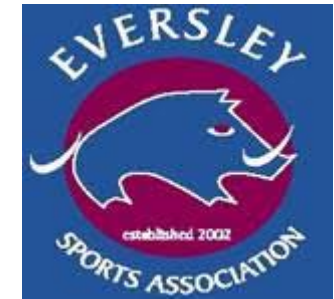


Eversley Sports Association and Yateley Hockey Club

Risk Assessment on Covid 19 for Astroturf and Pitch Bookings

Task/ Activity: Pitch access during and following Covid 19 pandemic. Covid 19 is a new illness that can affect lungs and airways

Who's at risk: Players, Coaches, Parents and Guardians



HAZARDS/ DANGERS	RISK RATING	CONTROL MEASURES	PERSON RESPONSIBLE	REVIEW
Pitch Bookings	Medium	<p>All pitch bookings must be made through the Bookings Manager</p> <p>YHC will make sure that pitch bookings, training and matches comply with the government guidance of social distancing as well as EH Return to Hockey Roadmap (see below)</p> <p>Hockey will only be played on the following terms:</p> <ul style="list-style-type: none"> ● By people who live in the same household (maximum of 6 people of the same household per booking). ● Maximum of 6 people who do not live in the same household - social distancing must be maintained. ● 1:1 coaching where the coach and player are from a different household so long as social distancing is followed. ● Small group coaching is permitted. Maximum of 5 players and 1 coach. Social distancing must be maintained. 	<p>Bookings Manager</p> <p>Bookings Manager</p> <p>Bookings Manager</p>	

		<p>Junior members must be supervised by an adult, only one non-playing adult per household (parent or guardian) can be supervising/spectating at a time and siblings will not be allowed to spectate. Supervising Adults must ensure that Junior members are familiar with and compliant with the rules of use outlined in the risk assessment and guidance. Spectators will not be permitted to enter the pitch.</p> <p>A copy of this RA and EH guidance will be displayed on the pitch noticeboard.</p> <p>If there are concerns regarding not following the guidance, then the a YHC representative can ask players/coaches to leave, and future bookings can be refused.</p> <p>Players and coaches will be asked to leave the pitch 5 minutes before the end of the booked session to allow them to leave the pitch safely and reduce potential bottle necks and congregating.</p>	<p>Parents/ Guardians</p> <p>Executive Committee</p> <p>Executive Committee</p> <p>Players</p>	
First Aid	Medium	<p>During Covid 19, self-treatment is recommended. A first aid kit will be pitch side for club sessions.</p> <p>If necessary, a nominated first aider during club sessions will deal with any first aid incidents as per the guidance from IQL (see below)</p> <p>First aid for external bookings is down to the individual, and no club first aid kit will be available.</p>	<p>Players</p> <p>First Aiders</p> <p>Players</p>	
Insurance	Low	<p>For club sessions, all participants must be covered by suitable insurance. Based on this, only current registered YHC members will be eligible to use the pitch for organised training.</p> <p>Coaches who are not members of YHC who are delivering coaching will need to provide evidence of insurance.</p>	<p>Executive Committee</p> <p>Coach</p>	

		External bookings are played at their own risk.	Players	
Access to Facilities	Low	There will be no access to changing rooms, so players need to come 'pitch ready'	Players	
		The clubhouse will be out of action, so players will also need to provide their own drinking water.	Players	
Travelling to the pitch	Low	Players are reminded to follow government guidelines on lift sharing and public transport when travelling to the pitch.	Players	
Pitch Use	Low	The pitch will be unlocked prior to use, to eliminate the use of gates and padlocks, thus reducing the risk of infection.	Bookings Manager	
		Hand sanitising gel will be available at the entrance to the pitch. YHC will also recommend that people bring their own where possible.	Executive Committee	
		Players, coaches and club committee members will be asked to sanitise their hands before entering the pitch and when leaving the pitch.	Players	
Self Isolating	Low	Players, coaches and club committee members will be reminded to not come to the pitch to play if they, or a member of their household is unwell and displaying signs/symptoms of Covid-19. They will also be reminded of the advice on staying at home and government advice.	Players	
Equipment	Low/ Medium	Players must bring their own equipment. Equipment must not be shared with players from another household. Equipment will not be lent by the club.	Players	
		Players are asked to bring their own balls and ensure that they are marked.	Players	
		Players are asked to wipe down equipment used prior to playing and after playing.	Players	

		<p>If playing with someone outside of their household, players are advised to not touch or pick up the other players equipment. They are advised to only touch hockey balls with their stick.</p> <p>If a ball from another booking enters another pitch space, players are advised to hit the ball back with their stick.</p> <p>Players are asked to ensure that they take all their equipment home and that storage of equipment is not available.</p>	<p>Players</p> <p>Players</p> <p>Players</p>	
Coaching	Low	<p>Coaches who are not members of YHC who are delivering coaching will need to provide evidence of insurance.</p> <p>The coach is responsible for ensuring social distancing guidelines are followed.</p> <p>All junior members must be accompanied by a parent or guardian during coaching sessions. For group coaching sessions one parent/guardian must stay – maximum of one parent/guardian per group and siblings will not be allowed to spectate.</p> <p>Please remember that spectators are not allowed on the pitch and must also comply to social distancing.</p>	<p>Coach</p> <p>Coach</p> <p>Parents/ Guardians</p> <p>Parents/ Guardians</p>	

England Hockey Return to Hockey Roadmap

Training phase

21st May

Step 1: Training

One-to-one / household group

1st June

Step 2: Socially Distanced Training

Small groups but with social distancing in place

Step 3: Small Group Training

Small group training allowed with some closer contact allowed. Allowing for tackling/marketing etc. (some age groups may be allowed to start this stage earlier)

Play phase

Step 4: Local Match Play

Intra club / local matches can happen but restrictions prevent leagues / main competitions resuming (e.g. if travel is still an issue due to car sharing or local lockdowns are in place)

Step 5: Full Competitive Match Play

Full leagues / competitions resume

IQL and HSE Guidance on Administering First Aid

Try to assist at a safe distance from the casualty as much as you can and minimise the time you share a breathing zone.

Self treatment is advised, so if they are capable, tell them to do things for you, but treating the casualty properly should be your first concern. Remember the 3P model – preserve life, prevent worsening, promote recovery.

Preserve life: CPR

- Call 999 immediately – tell the call handler if the patient has any COVID-19 symptoms
- Ask for help. If a portable defibrillator is available, ask for it
- Before starting CPR, to minimise transmission risk, use a cloth or towel to cover the patient's mouth and nose, while still permitting breathing to restart following successful resuscitation
- If available, use:
 - a fluid-repellent surgical mask
 - disposable gloves
 - eye protection
 - apron or other suitable covering
- Only deliver CPR by chest compressions and use a defibrillator (if available) – **don't** do rescue breaths if no pocket mask or face shield is available.

Prevent worsening, promote recovery: all other injuries or illnesses

- If you suspect a serious illness or injury, call 999 immediately – tell the call handler if the patient has any COVID-19 symptoms
- If giving first aid to someone, you should use the recommended equipment listed above if it is available
- You should minimise the time you share a breathing zone with the casualty and direct them to do things for you where possible

After delivering any first aid

- Ensure you safely discard disposable items and clean reusable ones thoroughly
- Wash your hands thoroughly with soap and water or an alcohol-based hand sanitiser as soon as possible