

Rochford Hundred Rugby Football Club

Handbook 2022/23



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RochfordRugby

Training nights

Senior Men - Tuesdays & Thursdays 7pm

Senior Ladies - Thursdays 7pm

Academy - Tuesdays & Thursdays 7pm

Youth (Boys and Girls) - Wednesdays 7pm

Minis (U6-U12) - Saturdays 9am

Little Rascals (2-6) - Saturdays 9am

Rochford Hundred Rugby Football Club

Welcome to Rochford Hundred Rugby Club

— Our Club History —

Rochford Hundred was the brainchild of John Roden and Ernie Mills and was first discussed in November 1961 when the two met at the White Hart in Hawkwell. John had played at Ilford Wanderers and Ernie was an Old Tottonian, so both were keen to play on their own doorstep. The inaugural meeting was held on the 4th of January 1962 at the Bull Inn, Hawkwell, and was attended by a small group. The club now needed a ground and the assistance of County Councillor, later Alderman, Bill Wright was sought. He was appointed Chairman of the Club and very quickly secured the use of Rocheway School which had been closed due to its proximity to Southend airport.

This of course gave the club changing rooms and rugby pitches immediately. To get players, an advert was placed in the Southend Pictorial and no less than 45 replies were received. Old Westcliffians had seen the advert and invited the new committee to a beer and cheese evening at the Gables. From this Rochford secured a fixture and an introduction to the London fixture Exchange. The first fixture was in fact against Billericay and not Old Westcliffians however. The name of the club had been suggested by John Roden after he saw a poster by Rochford Hundred Licensed Victuallers Association in the White Hart. Rochford Hundred was after all the name of the district.

The club also managed to secure a clubhouse in the car park of the Horse & Groom thanks to Mrs Innell, the licensee, and quickly set to work to make it ready for use for season 1962/63, although it was in use from March 1962.

It is worth noting that the first games were played in March and April 1962 and that Bob Light was captain. Bob was Head of PE at the local comprehensive school and brought along many pupils from the school to play for Rochford.

In Season 1962/63 the club fielded 2 senior teams and a Colts team which is remarkable for a first full season. It is recorded that over 70 fixtures were arranged for this first season. Tony Davies was the 1st XV captain in this season. The Colts team was made up of several players from Rochford Comprehensive School (now King Edmund), Rayleigh Secondary Modern School (now Fitzwimarc) and Sweyne School. Indeed David Allen (founder of DHL and then a 16-year-old) remembers being at one of the formation meetings at the Bull when he was still at school.

The first few years were not particularly successful, but things changed when the likes of Mike Treasure came onto the scene. He was captain in 1965/66 and 1966/67 and was our first full Essex cap. His team went unbeaten for 18 months and were one of the highest scoring teams in the country. He was fortunate in having players of the calibre of Peter Coster, who was a great centre.

With playing success there came a desire to move to our own ground and in 1968 Jim Sowter, who used to write a column in the local press, printed a story that the club wished to purchase a field in the Rochford district big enough for pitches and a clubhouse. He received a letter from the lady secretary of Southend Manor Football club stating that they had an option on 10 acres of land in Magnolia Road. They were unable to raise the money to proceed and suggested that we might like to take over the option. Jim arranged a meeting between her, and Ernie Mills. Ernie liked what he saw and took up the option. The land cost £3,200 and the purchase was completed in March 1969. The Rugby Football Union provided a loan of £2,100 towards the purchase.

Rochford Hundred Rugby Football Club

The lengthy process of obtaining finance, building the clubhouse, and preparing the pitches could now be started. In September 1970 a grant of £5,592 was offered by the Ministry of Housing and Local Government and this was supplemented by grants and loans from the Essex Playing Fields Association and the National Playing Fields Association. In July 1971 the Club gave the go-ahead to Muggleton's to start building based on an estimated cost of £11,320 of which we had raised only £8,000. The clubhouse was officially opened by Dickie Jeeps in April 1974 when the 1st XV played against a strong Eastern Counties XV.

In 1971/72, when Malcolm Fleming was captain, there were two memorable games in the Essex Senior Cup. The first game was against Old Bancroftians when Dickie Kent, who played scrum half for England, and Howard Waller, who was a renowned sevens player for Richmond, were in the Bancroft side. Rochford won 21-6 in a tremendous match and demonstrated that they had joined the top echelons of Essex rugby. The next round was against Barking Park Modern Old Boys at Rocheway, and a pulsating match was finally won by Barking 14-12. To those who were present these were two of the finest matches played by Rochford at that time.

The pitches in those early days at Magnolia Road were frankly dreadful but over the years there has been considerable work done on them and the 1st XV pitch is now one of the best plating surfaces in Essex. In the late 1980's and early 1990's the clubhouse was expanded substantially with new changing rooms a gym and a new clubroom and kitchen. Floodlights were also installed to the top pitch.

Our youth section started in 1991 has gone from strength to strength and provides players for our 1st XV and other club teams. In past seasons our Mens 1st XV has been almost entirely made up of former youth players and we have a strong, growing ladies' team, the Rochford Hundred Vixens together with a girl's section.

The Mens 1st XV played a lot of its rugby from the turn of the century in the London Leagues, dropping up and down from London 1 to London 3. Around this time the Essex Senior Cup was the major trophy to win and up until 1999 Rochford had never won it. In that year we reached the final and played Basildon at Westcliff in front of huge crowd, Rochford were triumphant that day to record their first ever win of the Essex Senior Cup. After that we reached many Essex Senior and Intermediate Cup Finals, winning them a further 6 times, before the Cup lost some of its glamour, and we are now too high in the league structure to be able to compete in the competition.

In 2017 the Mens 1st XV were playing in London 2 North East when we decided to have a concerted push for promotion. The team then went on an incredible journey to take the title by storm without losing a single league game, gaining a bonus point in every one of them, and knocking up 1280 points in the process. Promotion to London 1 North gave us stronger opposition, but we remained unbeaten for the whole season again, repeating gaining a bonus point in every match, and scoring 1480 points. The London Premier League saw us play at the highest level that the club had ever played at before but gave us our 3rd promotion as Champions in consecutive years. Starting our season again unbeaten and with full bonus points, with that run finally came to an end after 54 matches across 3 seasons.

Covid put an early end to this season, and the RFU league algorithm confirmed us as champions, with Guernsey runners up. Our tremendous performance and win away at Guernsey being the pivotal decider in the league placing, and the fact we only lost 2 matches during the whole season too.

We now find ourselves, for the first time in our history, playing National League rugby in National 2 East, somewhere we hope to stay for a long time, being in the top 81 clubs in the country, and we can look back on 60 years of activity with considerable satisfaction

IMPORTANT NOTICE

PLAYER INSURANCE

Players playing for Rochford Hundred Rugby Club are insured under the Rugby Football Union's "Accidental Death and Disability Insurance Scheme". The Scheme covers death and permanent disability "following injury by accidental means" whilst playing or training; it does not cover death by natural causes, temporary disability or loss of earnings.

PLEASE NOTE

**THE CLUB DOES NOT INSURE
ITS MEMBERS AGAINST DEATH
BY NATURAL CAUSES,
TEMPORARY DISABILITY
OR LOSS OF EARNINGS**

ALL MEMBERS ARE STRONGLY ADVISED
to consider taking out their own personal insurance to cover death by natural causes, temporary disability and loss of earnings and to consider whether the benefits for accidental death provided under the RFU Scheme are adequate for their personal circumstances

Rochford Hundred Rugby Football Club

LEAGUE LUNCHES

10th September 2022 v **WESTCLIFF**

24th September 2022 v **WORTHING**

15th October 2022 v **SEVENOAKS**

5th November 2022 v **BURY ST EDMUNDS**

26th November 2022 v **GUERNSEY**

10th December 2022 v **NORTH WALSHAM**

7th January 2023 v **BLACKHEATH**

21st January 2023 v **DORKING**

18th February v **BARNES**

25th February 2023 v **CANTERBURY**

11th March 2023 v **OLD ALBANIAN**

1st April 2023 v **HENLEY**

22nd April 2023 v **TONBRIDGE JUDDIAN**

All members and friends are invited to attend any of the sponsored lunches at a cost of **£25.00** per head.

Book your seats through **Alan Gander**
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Rochford Hundred Rugby Football Club

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P. Bramhall H. Chipper D. Day A. Gander R. Stephenson P. Wright
J. Drinkwater P. Jay

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T. Ashton D. Coombes P. Jay D. Prosser P. Van Den Broeck
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R. Bassett P. Daly J. Johnston W. Seaby F. Webb
J. Bevan J. Davies D. Jones D. Shead I. White
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G. Brown D. Dickson M. Leadbetter M. Spencer C. Wiseman
I. Brown C. Dismore A. Lipscombe R. Stephenson P. Wright
A. Gander C. McAlpine

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A. Booker N. Chipper A. Ewers S. Hurst P. Reed N. Vaughn
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Tel: 01702 203045

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Ray Stephenson
Mob: 07939 238828

Vice-Chairman

Vince Brown
Mob: 07563 728067

Y & M Chairman

Stewart Aungier
Mob: 07533 253089

Y & M Vice Chairman

Paul Cullis
Mob: 07545 865584

Commercial Manager

Adam Faherty
Mob: 07981 965669

Treasurer

Simon Hargreaves
Mob: 07564 374921

Assistant Treasurer

Caroline Hargreaves
Mob: 07596 637256

Y & M Treasurer

Kat Dowler
Mob: 07720 846640

Secretary

Alan Gander
Mob: 07768 441613

Assistant Secretary

Kat Dowler
Mob: 07720 846640

Membership Secretary

Kevin Anderson
Mob: 07900 675366

Bar Chairman

Adrian Betchley
Mob: 07545 145485

Safeguarding Officer

Jayn V Waard-Warner
Mob: 07903 024714

Y & M Safeguarding

Kat Dowler
Mob: 07720 846640

Mental Health Lead

Nick Yelland
Mob: 07376 386369

Coaching Coordinator

Alan Harvey
Mob: 07557 806435

Volunteer Coordinator

Andrea Church
Mob: 07821 985547

Health & Safety Officer

Vacant
TBC

Senior Match Secretary

Martin Renshaw
Mob: 07484 680270

Youth Match Secretary

Jason Paul
Mob: 07733 401427

Minis Match Secretary

Jason Cox
Mob: 07712587441

1st XV Manager

Adam Faherty
Mob: 07981 965669

1st XV Head Coach

Danny Cleare
Mob: 07904 438446

1st XV Co Captain

Sonny Gay
Mob: 07983 270371

1st XV Co Captain

Aston Bevans-Royston
Mob: 07947 168906

Vixens XV Manager

Krissie Thomson
Mob: 07870 624636

Vixens XV Head Coach

Stewart Aungier
Mob: 07533 253089

Vixens XV Captain

Kimberley Lay
Mob: 07425 881831

Intl Ticket Coordinator

Matt Meadows
Mob: 07803 713669

Head of Medical

Laura Bailey
Mob: 07557 047828

Club Shop Manager

Jude Beehag-Fisher
Mob: 07958 602471

Discipline Chairman

Alan Gander
Mob: 07768 441613

Officers for the Season 2022/2023

Harts XV Head Coach

Josh Phelps-Knights
Mob: 07854 015636

Harts XV Captain

Callum Brackett
Mob: 07979 505902

Stags XV Head Coach

Matt Whiffin
Mob: 07497 360179

Stags XV Captain

Martin Renshaw
Mob: 07484 680270

Rams XV Captain

Mike O'Connor
Mob: 07505 775444

Academy Manager

Helen Hoar
Mob: 07710 537605

Academy Head Coach

Gavin Taylor
Mob: 07974 692841

Girls Manager

Andrea Church
Mob: 07821 985547

Under 16's Manager

Kate Aungier
Mob: 07533 797004

Under 16's Coach

Stuart Aungier
Mob: 07533 253089

Under 15's Manager

Steve Joslin
Mob: 07742 043740

Under 15's Coach

Pat Walsh
Mob: 07875 070420

Under 14's Manager

Jade Patching
Mob: 07572 659850

Under 14's Coach

Mike Barnes
Mob: 07500 220993

Under 13's Manager

Lorraine Yelland
Mob: 07932 634945

Under 13's Coach

Nick Yelland
Mob: 07376 386369

Under 12's Manager

Sue Hancock
Mob: 07704 097909

Under 12's Coach

Lee Vincent
Mob: 07557 384005

Under 11's Manager

Melanie Cook
Mob: 07811 360930

Under 11's Coach

Nick Cook
Mob: 07968 794296

Under 10's Manager

Vikki Overend
Mob: 07788 595855

Under 10's Coach

Rob Overend
Mob: 07801 393896

Under 9's Manager

Lisa Clark
Mob: 07970 757287

Under 9's Coach

Michael Clark
Mob: 07970 757287

Under 8's Manager

Alison Oxley
Mob: 07946 482413

Under 8's Coach

Tigan Renshaw
Mob: 07483 221297

Under 7's Manager

Megan Cooper
Mob: 07712 665860

Under 7's Coach

Matt Valentine
Mob: 07463 716326

Under 6's Manager

Megan Cooper
Mob: 07712 665860

Under 6's Coach

Matt Valentine
Mob: 07463 716326

Little Rascals Coach

Stevie Reid
Mob: 07962 203131

Roosters Coach

Alan Harvey
Mob: 07557 806435

School Liaison Officer

Steve Reid
Mob: 07962 203131

1st XV Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
03-Sep-22	Tonbridge Juddian	A			
10-Sep-22	Westcliff	H			
17-Sep-22	Blackheath	A			
24-Sep-22	Worthing	H			
01-Oct-22	Dorking	A			
08-Oct-22					
15-Oct-22	Sevenoaks	H			
22-Oct-22	Barnes	A			
29-Oct-22	Canterbury	A			
05-Nov-22	Bury St Edmunds	H			
12-Nov-22	O Albanian	A			
19-Nov-22					
26-Nov-22	Guernsey	H			
03-Dec-22	Henley	A			
10-Dec-22	North Walsham	H			
17-Dec-22	Westcliff	A			
24-Dec-22	Christmas Break				
31-Dec-22	Christmas Break				
07-Jan-23	Blackheath	H			
14-Jan-23	Worthing	A			
21-Jan-23	Dorking	H			
28-Jan-23	Sevenoaks	A			
04-Feb-23					
11-Feb-23					
18-Feb-23	Barnes	H			
25-Feb-23	Canterbury	H			
04-Mar-23	Bury St Edmunds	A			
11-Mar-23	O Albanian	H			
18-Mar-23					
25-Mar-23	Guernsey	A			
01-Apr-23	Henley	H			
08-Apr-23					
15-Apr-23	North Walsham	A			
22-Apr-23	Tonbridge Juddian	H			
29-Apr-23					



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Vixens XV Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22					
18-Sep-22					
25-Sep-22	Dartfordians	H			
02-Oct-22	Rest				
09-Oct-22					
16-Oct-22	Swanley	A			
22-Oct-22	Witham	H			
30-Oct-22					
06-Nov-22					
13-Nov-22	Stanford Le Hope	A			
20-Nov-22	Cheshunt	H			
27-Nov-22					
04-Dec-22	Hackney II	A			
11-Dec-22					
18-Dec-22	Rest				
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23					
15-Jan-23	Swanley	H			
22-Jan-23	Witham	A			
29-Jan-23					
05-Feb-23					
12-Feb-23	Stanford Le Hope	H			
19-Feb-23					
26-Feb-23	Cheshunt	A			
05-Mar-23					
12-Mar-23	Hackney II	H			
19-Mar-23					
26-Mar-23					
02-Apr-23	Dartfordians	A			
09-Apr-23					
16-Apr-23					
23-Apr-23					
30-Apr-23					

Harts XV Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
03-Sep-22					
10-Sep-22					
17-Sep-22	Harlow II	H			
24-Sep-22	Hertford II	A			
31/09/2022	Southend II	H			
08-Oct-22					
15-Oct-22	Woodford II	H			
22-Oct-22	Harlow II	A			
28-Oct-22	Westcliff II	A			
05-Nov-22	Brentwood II	A			
12-Nov-22	Old Albanians II	A			
19-Nov-22					
26-Nov-22	Eton Manor II	A			
03-Dec-22	Hertford II	H			
10-Dec-22	Chelmsford II	H			
17-Dec-22					
24-Dec-22	Christmas Break				
31-Dec-22	Christmas Break				
07-Jan-23					
14-Jan-23	Woodford II	A			
20-Jan-23	Southend II	A			
27-Jan-23	Westcliff II	H			
04-Feb-23					
11-Feb-23	Brentwood II	H			
18-Feb-23	Chelmsford II	A			
25-Feb-23					
04-Mar-23	Eton Manor II	H			
11-Mar-23	Old Albanians II	H			
18-Mar-23					
25-Mar-23	League Cup Semi Final				
01-Apr-23	League Cup Final				
08-Apr-23					
15-Apr-23					
22-Apr-23					
29-Apr-23					

Stags XV Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
03-Sep-22					
10-Sep-22					
17-Sep-22	South Woodham II	H			
24-Sep-22	Runwell Wyverns	H			
01-Oct-22					
08-Oct-22					
15-Oct-22	Witham	A			
22-Oct-22	Southend III	H			
29-Oct-22					
05-Nov-22	Kelvedon & Feering	A			
12-Nov-22	Maldon II	H			
19-Nov-22					
26-Nov-22	Canvey Island II	A			
03-Dec-22	Runwell Wyverns	A			
10-Dec-22					
17-Dec-22					
24-Dec-22	Christmas Break				
31-Dec-22	Christmas Break				
07-Jan-23					
14-Jan-23	Witham	H			
21-Jan-23	Southend III	A			
28-Jan-23					
04-Feb-23					
11-Feb-23	Kelvedon & Feering	H			
18-Feb-23	Maldon II	A			
25-Feb-23					
04-Mar-23	Canvey Island II	H			
11-Mar-23	South Woodham II	A			
18-Mar-23					
25-Mar-23	League Cup Semi Final				
01-Apr-23	League Cup Final				
08-Apr-23					
15-Apr-23					
22-Apr-23					
29-Apr-23					



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Youth Coaches Code of Behaviour

DO *Treat everyone with respect.*

DO *Provide an example you wish others to follow.*

DO *Plan activities which involve more than one person being present, or at least which are within sight or hearing of others.*

DO *Respect a young person's right to personal privacy.*

DO *Provide access for young people to talk to others about concerns they may have.*

DO *Encourage young people and adults to feel comfortable and caring enough to point out attitudes or behaviour they do not like.*

DO *Remember that someone else might misinterpret YOUR actions, no matter how well intended.*

DO *Recognise that caution is required even in sensitive moments of counselling, such as dealing with bullying etc...*

DO NOT *Permit abusive, youth peer activities (e.g. Initiation ceremonies, ridiculing or bullying).*

DO NOT *Physically join in any games.*

DO NOT *Have any inappropriate physical or verbal contact with others.*

DO NOT *Jump to conclusions about others without checking the facts.*

DO NOT *Allow yourself to be drawn into inappropriate attention seeking behavior such as tantrums or crushes.*

DO NOT *Exaggerate or trivialise child abuse issues.*

DO NOT *Show favouritism to any individual.*


DO NOT *Make suggestive remarks or gestures.*


DO NOT *Rely on just your good name to protect you.*


DO NOT *Believe 'it could never happen to me'.*

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Academy Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22					
18-Sep-22	Chelmsford	A			
25-Sep-22					
02-Oct-22	Maldon	H			
09-Oct-22					
16-Oct-22	Westcliff	A			
23-Oct-22					
30-Oct-22	Thurrock	A			
06-Nov-22					
13-Nov-22	Essex Cup				
20-Nov-22	Braintree	H			
27-Nov-22	Old Brentwoods	A			
04-Dec-22					
11-Dec-22	Essex Cup				
18-Dec-22	Thurrock	H			
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Braintree	A			
15-Jan-23					
22-Jan-23	Westcliff	A			
29-Jan-23	Essex Cup				
05-Feb-23					
12-Feb-23					
19-Feb-23	South Woodham	H			
26-Feb-23					
05-Mar-23					
12-Mar-23	Billericay	A			
19-Mar-23					
26-Mar-23	Brentwood	H			
02-Apr-23					
09-Apr-23					
16-Apr-23					
23-Apr-23	Essex Cup				
30-Apr-23					

U16 Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22	Romford	A			
18-Sep-22	Basildon B	H			
25-Sep-22					
02-Oct-22	Southend	A			
09-Oct-22	Dagenham	A			
16-Oct-22	Thurrock	A			
23-Oct-22					
30-Oct-22	Wanstead	A			
06-Nov-22					
13-Nov-22	Essex Cup				
20-Nov-22	Billericay	A			
27-Nov-22	Braintree	H			
04-Dec-22	Harlow	H			
11-Dec-22					
18-Dec-22					
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Campion	A			
15-Jan-23	Essex Cup				
22-Jan-23					
29-Jan-23	Southend	H			
05-Feb-23	Braintree	A			
12-Feb-23					
19-Feb-23					
26-Feb-23	Essex Cup				
05-Mar-23					
12-Mar-23	Westcliff	A			
19-Mar-23	Eton Manor	H			
26-Mar-23	Essex Cup				
02-Apr-23	Upminster	A			
09-Apr-23					
16-Apr-23					
23-Apr-23					
30-Apr-23					

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U15 Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22	Bancroft	A			
18-Sep-22	Upminster	H			
25-Sep-22	Maldon	H			
02-Oct-22					
09-Oct-22	Maldon	H			
16-Oct-22	Braintree	H			
23-Oct-22					
30-Oct-22	Upminster	H			
06-Nov-22	Bancroft	H			
13-Nov-22	Essex Cup				
20-Nov-22	Westcliff	A			
27-Nov-22					
04-Dec-22	Romford	H			
11-Dec-22	Braintree	A			
18-Dec-22					
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Banner Barbarians	A			
15-Jan-23	Essex Cup				
22-Jan-23	Thurrock	A			
29-Jan-23	Upminster	A			
05-Feb-23	Chelmsford	A			
12-Feb-23					
19-Feb-23					
26-Feb-23	Essex Cup				
05-Mar-23	Epping	H			
12-Mar-23					
19-Mar-23	Thurrock	H			
26-Mar-23	Essex Cup				
02-Apr-23	Tonbridge	H			
09-Apr-23					
16-Apr-23					
23-Apr-23					
30-Apr-23					

U15 B Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22					
18-Sep-22	Old Brentwoods	H			
25-Sep-22	Woodford	H			
02-Oct-22					
09-Oct-22	Epping	A			
16-Oct-22					
23-Oct-22					
30-Oct-22					
06-Nov-22					
13-Nov-22					
20-Nov-22	Woodburn	A			
27-Nov-22					
04-Dec-22	Campion	A			
11-Dec-22					
18-Dec-22					
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Chingford	H			
15-Jan-23					
22-Jan-23					
29-Jan-23					
05-Feb-23	Old Brentwoods	A			
12-Feb-23					
19-Feb-23					
26-Feb-23					
05-Mar-23	Woodford	A			
12-Mar-23	Woodburn	H			
19-Mar-23	Campion	H			
26-Mar-23					
02-Apr-23					
09-Apr-23					
16-Apr-23					
23-Apr-23	Chingford	A			
30-Apr-23					



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U14 Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22					
18-Sep-22	Romford	H			
25-Sep-22	Basildon	A			
02-Oct-22	Bancroft	A			
09-Oct-22	Basildon	A			
16-Oct-22					
23-Oct-22					
30-Oct-22	Braintree	H			
06-Nov-22	Romford	H			
13-Nov-22	Essex Cup				
20-Nov-22					
27-Nov-22	Chelmsford B	A			
04-Dec-22	Southend	H			
11-Dec-22	Billericay	H			
18-Dec-22					
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Billericay	A			
15-Jan-23	Essex Cup				
22-Jan-23					
29-Jan-23	Thurrock	H			
05-Feb-23					
12-Feb-23					
19-Feb-23	Romford	A			
26-Feb-23	Essex Cup				
05-Mar-23					
12-Mar-23	Harlow	H			
19-Mar-23					
26-Mar-23	Essex Cup				
02-Apr-23					
09-Apr-23					
16-Apr-23					
23-Apr-23	Epping	A			
30-Apr-23					

U13 Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22	Thurrock	H			
11-Sep-22					
17-Sep-22	Sweyne Park	H			
25-Sep-22	Bancroft	A			
02-Oct-22	Upminster	H			
09-Oct-22	Campion	H			
16-Oct-22	Billericay	H			
23-Oct-22	Bancroft	H			
30-Oct-22					
06-Nov-22	Upminster	A			
13-Nov-22	Essex Cup				
20-Nov-22	Southend	H			
27-Nov-22	Woodford	H			
04-Dec-22	Romford	A			
11-Dec-22					
18-Dec-22	Upminster	A			
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Basildon	A			
15-Jan-23	Essex Cup				
22-Jan-23					
29-Jan-23	Braintree	H			
05-Feb-23					
12-Feb-23					
19-Feb-23	Romford	H			
26-Feb-23	Essex Cup				
05-Mar-23	Southend	A			
12-Mar-23	Harlow	H			
19-Mar-23					
26-Mar-23	Essex Cup				
02-Apr-23	Bancroft	A			
09-Apr-23					
16-Apr-23	Thurrock	A			
23-Apr-23	Billericay	H			
30-Apr-23					

Minis Fixtures 2022/2023

Date	Opponents	H/A	W/L	F	A
04-Sep-22					
11-Sep-22					
18-Sep-22					
25-Sep-22					
02-Oct-22	Billericay	A			
09-Oct-22					
16-Oct-22	Southend	A			
23-Oct-22	Bancroft	A			
30-Oct-22	Thurrock	A			
06-Nov-22	Southend	F			
13-Nov-22					
20-Nov-22	Brentwood	A			
27-Nov-22					
04-Dec-22	Canvey Island	H			
11-Dec-22					
18-Dec-22	Westcliff	A			
25-Dec-22	Christmas Break				
01-Jan-23	Christmas Break				
08-Jan-23	Southend / Braintree	H			
15-Jan-23					
22-Jan-23	Maldon	A			
29-Jan-23	Canvey Island	A			
05-Feb-23	Thurrock / Brentwood	H			
12-Feb-23					
19-Feb-23					
26-Feb-23	South Woodham Ferrers	A			
05-Mar-23	Essex Fest / Tour				
12-Mar-23	Essex Fest / Tour				
19-Mar-23	Essex Fest / Tour				
26-Mar-23	Essex Fest / Tour				
02-Apr-23	Bancroft	H			
09-Apr-23					
16-Apr-23					
23-Apr-23					
30-Apr-23	Thurrock	F			



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Rochford Hundred Rugby Football Club

'Code of Conduct' – 'The Spirit of the Game'

Players:

1. Play for the fun of competing - not just to win.
2. A good player is a self-disciplined person - stay in control of yourself always.
3. Never be guilty of cheating, like taking unfair advantage of other players.
4. Never argue with the Referee or any others. They're there to help you.

Mums and Dads:

1. Behave! Any unseemly language, harassment of anyone or childish behaviour is not a good example from those who should know better.
2. Applaud all good play - not just from your son/daughter or team.
3. Seriously condemn any form of violence.
4. Respect the Referees decision - he usually knows better than you do - he is doing his best and we cannot play without him.

YOUNG PEOPLE FIRST

It is the policy of Rochford Hundred Rugby Football Club to safeguard the welfare of all members by protecting them from physical, sexual and emotional harm.

*A code of good practice for Adults Coaching in Rugby
What Happens if... ?*

You suspect a child is being abused:

1. Immediately tell the Club Safeguarding Officer.
2. Record the facts as you know them and give a copy to the Club Safeguarding Officer.
3. Ensure that the child has access to an independent adult.
4. Ensure that no rugby situation arises which could cause any further concern.

A child discloses to abuse by someone else:

1. Allow the child to speak without interruption, accepting what is said.
2. Alleviate feelings of guilt and isolation, while passing no judgement.
3. Advise that you will try to offer support, but that you must pass the information on.
4. Same steps as 1-4 as in suspecting a child is being abused.

You receive an allegation about an adult or about yourself:

1. Immediately tell the Club Safeguarding Officer.
2. Record the facts as you know them and give a copy to the Club Safeguarding Officer.
3. Try to ensure no-one is placed in a position which could cause further compromise.

YOU MUST REFER - YOU MUST NOT INVESTIGATE



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Disciplinary Committee

The Club is required by the IRB, the RFU and Essex County RFU to manage disciplinary matters according to the laws of the game.

The Club has adopted the following disciplinary policy:

1. The Disciplinary Committee will comprise Alan Gander as Chairman, and Vince Brown, Andrea Church and Jayn V Waard-Warner as Panel Members.
2. The Disciplinary Committee will have power to suspend or otherwise deal with any person, being a player or spectator, for improper conduct, foul play or abuse of Referees, or any other breach of the laws of the RFU, whether committed on the field of play or otherwise.
3. Any player sent off, or any other person alleged to be in breach of the laws of the RFU, will be required to attend an internal disciplinary hearing which will be convened as soon as possible preferably upon receipt of the referee's report if appropriate.
4. The Disciplinary Committee will report its findings to the Executive Committee for approval and to the Essex County RFU Disciplinary Committee.
5. If a player who is sent off is required to attend a hearing of the Essex County RFU Disciplinary Committee he/she will pay the management fee and any referee's expenses.

Membership Fees

SENIOR PLAYING MEMBERSHIP

£318 or **£26.50 p/m**

(includes partner & up to 2 children)
and

£402 or **£33.50 p/m**

(includes partner & 3 or more children)

Benefits of Membership

- FREE entry to 1st XV home matches
(via your membership card)
- Ability to play Senior rugby for the club
 - No match fees
 - RFU insurance to play included
 - FREE hire of the clubhouse
 - FREE after match meal
- Club membership card for you and your partner
 - All kids play FREE
- Discount at the bar (via your membership cards)
- Ability to apply for International Tickets
- Ability to vote at the Club AGMs

FULL MEMBERSHIP

£258 or **£21.50 p/m**

(2 Adults & up to 2 children)
and

£342 or **£28.50 p/m**

(2 Adults & 3 or more children)

Benefits of Membership

- FREE entry to 1st XV home matches
(via your membership card)
- FREE hire of the clubhouse
- Club membership card for you and your partner
 - All kids play FREE
- Discount at the bar (via your membership card)
- Ability to apply for International Tickets
- Ability to vote at the Club AGMs

LIFE MEMBERSHIP

£2000 or **4 x £500 instalments**

(includes partner & up to 2 children)

Benefits of Membership

- FREE entry to 1st XV home matches
(via your membership card)
- Ability to play Senior rugby for the club
 - No match fees
 - RFU insurance to play included
 - FREE hire of the clubhouse
 - FREE after match meal
- Club membership card for you and your partner
 - All kids play FREE
- Discount at the bar (via your membership cards)
- Ability to apply for International Tickets
- Ability to vote at the Club AGMs

ASSOCIATE MEMBERSHIP

£78 or **£6.50 p/m**

Benefits of Membership

- FREE entry to 1st XV home matches
(via your membership card)
- £150 fee to hire the clubhouse
- Club membership card for one person
- Discount at the bar (via your membership card)

CLUB HOUSE - HIRE CHARGES

£100 holding deposit on all bookings

Senior Playing Membership - **FREE***

Full Membership - **FREE***

Life Membership - **FREE***

Associate Membership - **£150**

Non Members - **£250**

(includes Associate Membership)

***£900** minimum spend otherwise **£100**



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