



HASLEMERE COMMUNITY RUGBY

Player & Coaches Development Pathway

September 2020



Haslemere Community Rugby Club mission, vision and objectives

Mission

To provide an enjoyable, supportive and safe environment for all members whilst encouraging a 'One Club' philosophy and a sporting and social ethos within Rugby Union.

Vision

Haslemere Community Rugby to be recognised as the club of choice for all rugby players, coaches, volunteers and benefactors in the local community, Surrey and neighbouring counties.

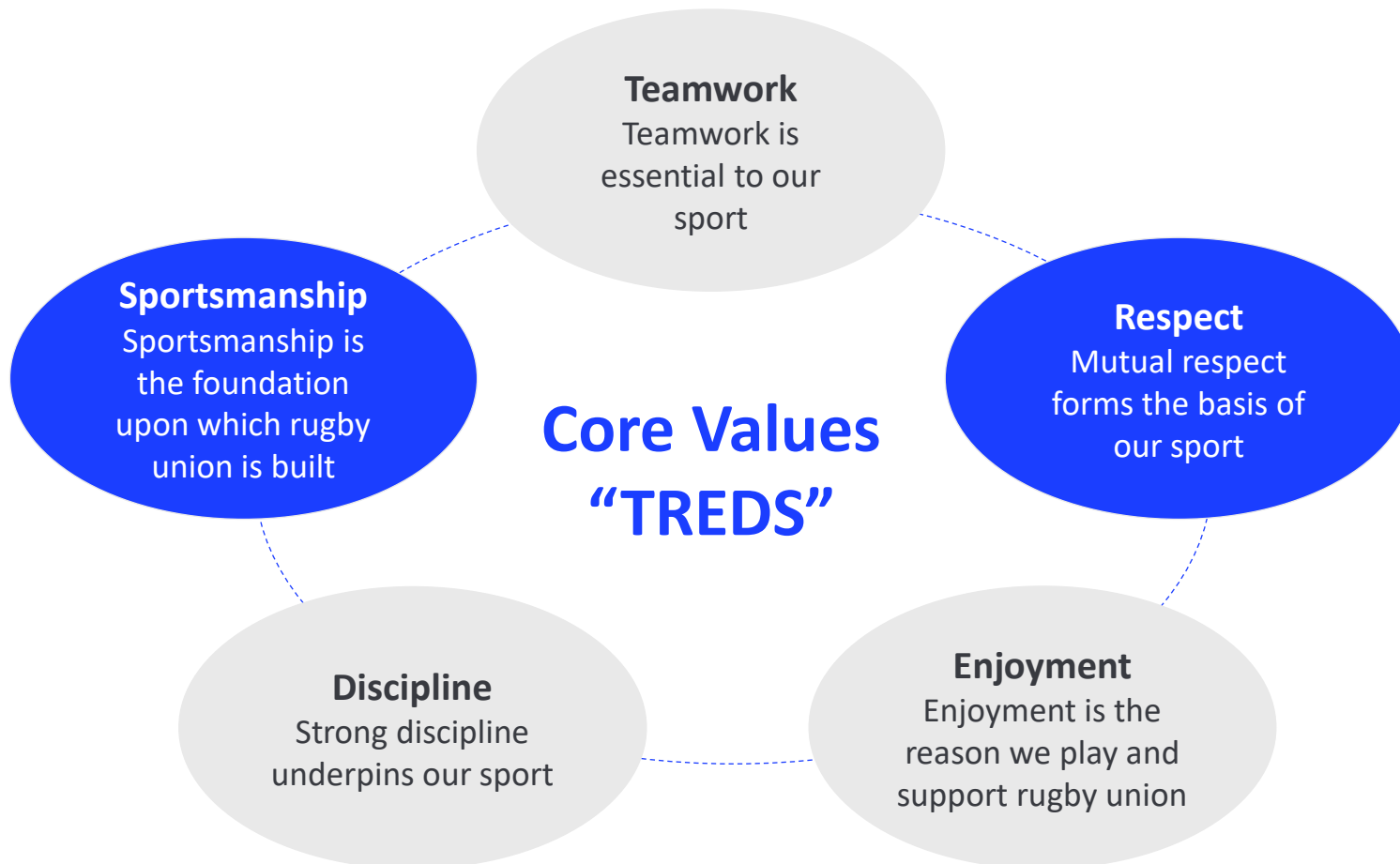
Objectives

- **'One Club' philosophy** - establish a consistent player-pathway and coaching development framework with the aim for every player to achieve a level of performance matched to their abilities, ambition and stage of development whether it's Club, County, Regional or National;
- **Playing standards and standards** - attract, develop and retain players across all age groups covering Micros, Mini's, Juniors, Colts, Seniors and Girls/Ladies. Attain and sustain appropriate competitive levels across all age groups including participation in festivals, cup competitions and leagues;
- **Coaching development and standards** - attract, develop and retain qualified coaches across all age groups covering Micros, Mini's, Juniors, Colts, Seniors and Girls/Ladies and gain appropriate accreditations as a Club;
- **Community interaction and participation** - forge and establish ongoing relationship with local community including schools, businesses and initiatives to encourage participation in rugby and community sport;
- **Environment and facilities** - provide high quality and safe playing, coaching, training and social facilities;
- **Financially sustainable and compliant Club** - maintain effective Club governance and a healthy financial position in accordance with regulatory and constituent bodies (e.g. RFU, Surrey Rugby).

Rugby playing philosophy or the 'Haslemere Way'

"Playing and coaching together for the enjoyment of the game with an emphasis playing open, high-tempo rugby and being resilient in defence"

The 'Haslemere Way' is underpinned by England Rugby's core values of Teamwork, Respect, Enjoyment, Discipline and Sportsmanship ("TREDS")



Player development pathway and framework

“Playing and coaching together for the enjoyment of the game with an emphasis playing open, high-tempo rugby and being resilient in defence”

Player Development & Community Rugby

- Senior teams including 1st XV, 2nd XV and Vets at 15, 10 & 7 a-side
- Tactically ready to win through competitive league games or friendlies
- Emphasis on player development through friendlies, festivals and Waterfall cup games
- Preparation for Senior rugby
- Emphasis on player development through friendlies, festivals and Waterfall Cup (U12+) games
- Kids First principles to ensure participation & enjoyment through fun friendlies & festivals

Talent Development & Representative

- England U18-20, Saxons, Elite Club Rugby (Harlequins), English or Irish Academies, County Player (Seniors)
- RFU Centre of Excellence, Irish, Welsh or Scottish Exiles, County Player (Colts)
- RFU Centre of Excellence, County Player (U16+), Developing Player Programme (DPP)

Senior
(18+)

Colts
(Boys U17-18)

Age Grade
(Boys U14-16 & Girls U15)

Kids First Principles
(Boys & Girls U6-13)

Core skills focus and development areas for players

*Purposeful game centred practice that challenges the team and player to develop core skills and game understanding in a fun and enjoyable learning environment.
Enjoyable to coach and fun to play*

Pass & Catch

- Staying Square
- Extended arms, wrists, fingers
- Depth, space, timings.

Tackle

- Staying Square / Chest & Hips
- Get close / Shoulder / On toes
- Tackle effect / Impact

Ball Carry

- Footwork / 'Change up'
- Ball Transfer / Protection
- Presentation / Retention / Fight

Tackle Contest

- Support Play
- Ruck contest / Decision Making
- Maul contest / Decision Making

Kicking

- Conversions
- Tactical match play
- Kicking techniques

Game Transition & Behaviours

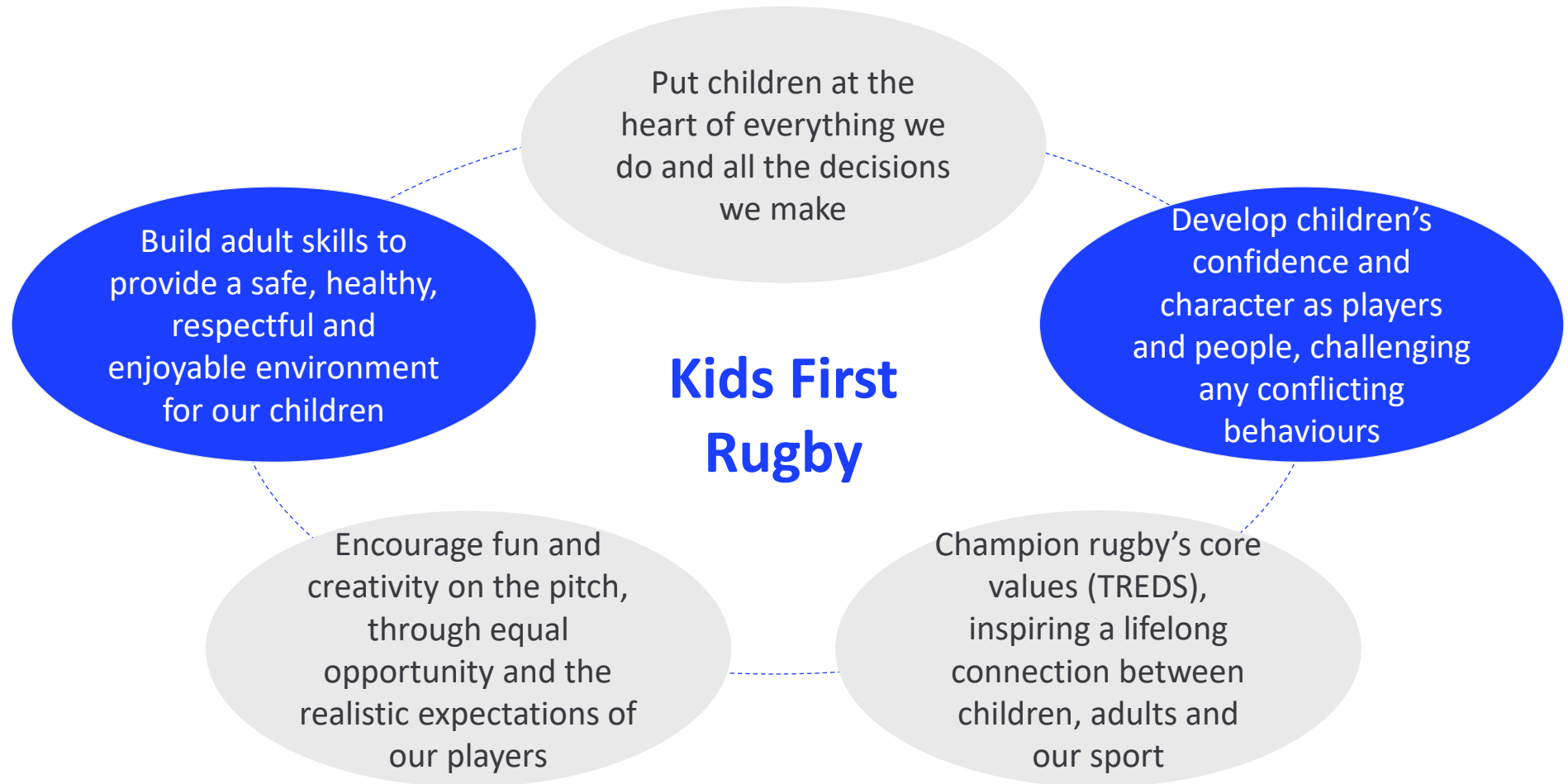
- Stages of the game
- Playing zones
- 'In-play' changes of possession

Learning Environment

Learning Environment

Younger player development and 'Kids First' principles

Kids First puts children first. Aimed at U7-U13 boys and girls, it up-skills coaches and creates a great rugby environment, so that everyone stays in the game for longer.



Coaching development pathway and framework

Coaching development is essential for both personal and player development, and overall Club success. There are many coaching options and paths to different roles at every level and Haslemere Rugby will support and cover the cost of most coaching courses.

Qualification	Playing	Haslemere Community Rugby	Representative Rugby
Level 3 & DOR	Senior & Representative	<ul style="list-style-type: none"> • Director of Rugby • Head / Lead Coach • Backs / Forwards Coach 	<ul style="list-style-type: none"> • Regional, County Coach • Lead Irish / Welsh Exiles Coach • Academy Coach
Coaching Award & CPDs	Senior, Colts & Age Grade (U14+)	<ul style="list-style-type: none"> • Head / Lead Coach • Backs / Forwards Coach • Experienced 'Age Grade' Coach 	<ul style="list-style-type: none"> • Regional, Full County Coach • County Development Coach • Irish / Welsh Exiles Coach
Age Group Kids First CPDs & Scrummaging	Age Group Kids First (U10-13)	<ul style="list-style-type: none"> • Lead Coach • Experienced 'Kids First' Coach • New to coaching 	<ul style="list-style-type: none"> • N/a
Age Group Kids First CPDs	Age Group Kids First (U6-9)	<ul style="list-style-type: none"> • Lead Coach • Developing 'Kids First' Coach • New to coaching 	<ul style="list-style-type: none"> • N/a

Additionally, there are opportunities to be a Referee, acquire First Aid skills and also, manage a team or age group as a volunteer supported by Haslemere Rugby