

Venue: The Triangle Leisure Centre, Triangle Way, Burgess Hill, RH15 8GA. Race Format: S400m/B25km/R5km
*btf: your position against others in the same BTF age category group \& gender

| overall |  | competitor details <br> grp \# name |  | (\#\|n) team | swim oa |  | time | trans1 |  |  | f time | trans2 | run: oa |  | time ${ }^{\text {t }}$ | AvTmOA time $O A$ | \%TmOA /RsltMin | - * BTF OA 1st Remarks St'd / Fin-MaxOA(Tm/Posn)-AvPos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 12 | 1 | mg | 204 Howard Dove | (2/3) Deal Tri | 18 | 3 | 3 00:06:07 | - | 12 |  | 2 00:41:49 | - | 17 | 1 | 00:19:48 | 01:07:44 | 9.46\% | * |
| 13 | 2 | mi | 212 Greg Lewis | (2/11) Crystal Palace Triathletes | 20 | 2 | 2 00:06:11 | - | 19 |  | 2 00:42:47 | - | 15 | 3 | 00:19:32 | 01:08:30 | 10.7\% |  |
| 14 | 2 | mf | 153 Greg Cahill | (214) Team Lifestyle | 53 |  | 9 00:06:50 | - | 15 |  | 2 00:42:26 | - | 33 | 9 | 00:20:29 | 01:09:45 | 12.7\% |  |
| 15 | 3 | me | 104 Gary Laybourne | Unattached | 43 |  | 5 00:06:40 | - | 35 |  | 4 00:44:47 | - | 4 | 2 | $200: 18: 25$ | 01:09:52 | 12.9\% |  |
| 16 | 5 | mh | 269 Nigel Morgan | Unattached | 123 |  | 00:08:20 | - | 11 |  | 5 00:41:08 | - | 31 | 8 | 00:20:25 | 01:09:53 | 12.9\% |  |
| 17 | 3 | mf | 51 Stefan Stone | VO2 Maximum | 31 | 5 | 5 00:06:29 | - | 42 |  | 8 00:45:22 | - | 5 | 1 | 00:18:26 | 01:10:17 | 13.6\% |  |
| 18 | 6 | mh | 139 Paul Cherry | (1/6) 7-Oaks Tri | 71 |  | 00:07:11 | - | 21 |  | 7 00:43:19 | - | 21 | 5 | $500: 19: 57$ | 01:10:27 | 13.8\% |  |
| 19 | 4 | me | 179 lan Jones | (3/11) Crawley Tri Club | 41 | 4 | 4 00:06:39 | - | 18 |  | 3 00:42:43 | - | 46 | 6 | 6 00:21:07 | 01:10:28 | 13.9\% |  |
| 20 | 7 | mh | 155 Michael Ellis | Unattached | 15 |  | 3 00:06:05 | - | 25 |  | 00:43:49 | - | 40 | 9 | 00:20:43 | 01:10:37 | 14.1\% |  |
| 21 | 2 | mg | 166 Stephen Kemsley | trisportnews.com | 44 |  | 5 00:06:41 | - | 16 |  | 3 00:42:26 | - | 62 | 5 | $500: 21: 41$ | 01:10:49 | 14.4\% |  |
| 22 | 1 | mb | 229 Drew Holmes | (4/11) Crawley Tri Club | 4 | 2 | 2 00:05:33 | - | 38 |  | $100: 45: 02$ | - | 26 | 1 | 00:20:16 | 01:10:51 | 14.5\% | * |
| 23 | 8 | mh | 176 Duncan Stephenson | (1/7) East Grinstead Tri Club | 51 |  | 2 00:06:45 | - | 20 |  | 6 00:42:58 | - | 48 | 12 | 00:21:11 | 01:10:54 | 14.6\% |  |
| 24 | 3 | mg | 149 Greig Poulter | Unattached | 46 |  | 6 00:06:42 | - | 28 |  | $700: 43: 58$ | - | 28 | 2 | $200: 20: 19$ | 01:10:59 | 14.7\% |  |
| 25 | 4 | mf | 243 Nick Wood | Wimbledon Windmillers | 140 |  | 0 00:08:36 | - | 26 |  | 3 00:43:54 | - | 7 | 2 | 00:18:29 | 01:10:59 | 14.7\% |  |
| 26 | 5 | mf | 165 Simon Henty | Team Viper | 59 |  | 0 00:06:58 | - | 29 |  | $400: 44: 14$ | - | 32 | 8 | $800: 20: 29$ | 01:11:41 | 15.8\% |  |
| 27 | 4 | mg | 200 Lee Staples | GS Avanti | 10 |  | 1 00:05:57 | - | 9 | 1 | 1 00:41:00 | - | 130 | 18 | 00:24:47 | 01:11:44 | 15.9\% |  |
| 28 | 1 | mj | 239 Lee Holdaway | (3/4) Team Lifestyle | 100 |  | 6 00:07:44 | - | 13 |  | 1 00:42:09 | - | 73 | 5 | $500: 21: 59$ | 01:11:53 | 16.1\% | * |
| 29 | 2 | mj | 183 Adrian Brown | (1/4) Steyning AC | 66 |  | 4 00:07:07 | - | 32 |  | 4 00:44:35 | - | 29 | 1 | 00:20:23 | 01:12:05 | 16.5\% |  |
| 30 | 9 | mh | 191 Andrew Linney | (2/6) 7-Oaks Tri | 60 |  | 6 00:06:59 | - | 40 |  | 12 00:45:18 | - | 22 | 6 | 6 00:19:59 | 01:12:15 | 16.8\% |  |
| 31 | 5 | mg | 109 Stuart White | Brighton Excelsior CC | 99 |  | 5 00:07:43 | - | 17 |  | $400: 42: 38$ | - | 71 | 6 | $600: 21: 57$ | 01:12:19 | 16.9\% |  |
| 32 | 6 | mf | 137 Jonathan Rule | Unattached | 61 |  | 1 00:06:59 | - | 36 |  | 5 00:44:53 | - | 35 | 10 | 00:20:31 | 01:12:23 | 17.0\% |  |
| 33 | 10 | mh | 171 Tim Griffin | Brighton Phoenix Tric Club | 55 |  | 3 00:06:58 | - | 33 |  | 10 00:44:37 | - | 43 | 10 | 00:20:59 | 01:12:33 | 17.2\% |  |
| 34 | 6 | mg | 187 David Burt | (5/11) Crawley Tri Club | 29 |  | 4 00:06:26 | - | 23 |  | 5 00:43:28 | - | 88 | 11 | 00:22:52 | 01:12:47 | 17.6\% |  |
| 35 | 7 | mf | 198 Adam Bradshaw | Tri-Force | 39 | 7 | 7 00:06:37 | - | 37 |  | 6 00:44:55 | - | 53 | 16 | 00:21:21 | 01:12:53 | 17.8\% |  |
| 36 | 11 | mh | 214 Stuart Lotherington | (2/7) East Grinstead Tri Club | 19 |  | 5 00:06:10 | - | 27 |  | $900: 43: 55$ | - | 90 | 24 | 00:22:57 | 01:13:02 | 18.0\% |  |
| 37 | 12 | mh | 202 Anthony Towers | (1/9) Tuff Fitty Tric Club | 17 |  | 4 00:06:05 | - | 49 |  | 14 00:46:11 | - | 45 | 11 | 00:21:05 | 01:13:21 | 18.5\% |  |
| 38 | 8 | mf | 87 Adam Tibbals | Unattached | 95 |  | 6 00:07:41 | - | 46 |  | $900: 45: 48$ | - | 20 | 6 | $600: 19: 57$ | 01:13:26 | 18.7\% |  |
| 39 | 5 | me | 133 Liam Deen | (6/11) Crawley Tri Club | 104 |  | 8 00:07:49 | - | 39 |  | 5 00:45:06 | - | 36 | 4 | 00:20:32 | 01:13:27 | 18.7\% |  |
| 40 | 3 | mi | 190 Simon James | (2/4) Steyning AC | 24 |  | 3 00:06:17 | - | 81 |  | 10 00:48:47 | - | 6 | 1 | 00:18:29 | 01:13:32 | 18.8\% |  |
| 41 | 9 | mf | 180 Paul Delicata | (3/11) Crystal Palace Triathletes | 80 |  | 4 00:07:25 | - | 51 | 10 | 10 00:46:18 | - | 19 | 5 | $500: 19: 54$ | 01:13:37 | 19.0\% |  |
| 42 | 10 | mf | 205 Jamie McKenna | Unattached | 9 |  | 1 00:05:51 | - | 66 |  | 12 00:47:53 | - | 39 | 12 | 00:20:39 | 01:14:23 | 20.2\% |  |
| 43 | 11 | mf | 124 Mark Gower | (7/11) Crawley Tri Club | 89 |  | 5 00:07:36 | - | 41 |  | 7 00:45:22 | - | 55 | 17 | 00:21:28 | 01:14:26 | 20.3\% |  |
| 44 | 4 | mi | 105 David Tibbals | (3/4) Steyning AC | 84 |  | 8 00:07:27 | - | 57 |  | 6 00:47:03 | - | 27 | 4 | $400: 20: 17$ | 01:14:47 | 20.8\% |  |
| 45 | 5 | mi | 136 Michael Hawdon | gearsandtears.com | 64 |  | 6 00:07:05 | - | 52 |  | 5 00:46:30 | - | 50 | 5 | $500: 21: 13$ | 01:14:48 | 20.9\% |  |
| 46 | 1 | $f$ | 59 Trish Stewart | Unattached | 34 |  | 1 00:06:31 | - | 72 |  | 1 00:48:10 | - | 25 | 1 | 00:20:13 | 01:14:54 | 21.0\% | * |
| 47 | 3 | mj | 178 Noel Murphy | (4/11) Crystal Palace Triathletes | 37 |  | 2 00:06:35 | - | 65 |  | 5 00:47:49 | - | 34 | 2 | 00:20:30 | 01:14:54 | 21.0\% |  |
| 48 | 7 | mg | 210 David Bennett | Unattached | 13 |  | 2 00:06:04 | - | 74 | 412 | 12 00:48:28 | - | 37 | 3 | 3 00:20:34 | 01:15:06 | 21.3\% |  |
| 49 | 13 | mh | 127 Mark Tyler | (4/4) Steyning AC | 95 |  | 4 00:07:41 | - | 43 | 13 | 13 00:45:27 | - | 74 | 20 | 00:22:01 | 01:15:09 | 21.4\% |  |
| 50 | 8 | mg | 58 Steve Rollason | (8/11) Crawley Tri Club | 158 |  | 8 00:09:09 | - | 24 | 46 | 6 00:43:38 | - | 81 | 8 | 8 00:22:29 | 01:15:15 | 21.6\% |  |
| 51 | 14 | mh | 151 Christopher Bracewell | Unattached | 65 |  | 7 00:07:05 | - | 34 | 411 | 11 00:44:39 | - | 110 | 29 | 00:23:35 | 01:15:20 | 21.7\% |  |

Venue: The Triangle Leisure Centre, Triangle Way, Burgess Hill, RH15 8GA. Race Format: S400m/B25km/R5km
*btf: your position against others in the same BTF age category group \& gender

| overa | *btf | competitor details <br> grp \# name |  | (\#\|n) team | swim oa |  | time | trans1 | bike oa | btf time | trans2 | run: oa |  | time | AvTmOA time $O A$ | \%TmOA /RsltMin | - * BTF OA 1st Remarks St'd / Fin-MaxOA(Tm/Posn)-AvPos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 52 | 4 | mj | 60 Mike Hawkins | (1/3) Larkfield AC | 153 | 9 | 9 00:09:06 | - | 30 | 2 00:44:23 | - | 72 | 4 | 00:21:59 | 01:15:28 | 21.9\% |  |
| 53 | 12 | mf | 188 James Podbury | Unattached | 38 |  | 6 00:06:36 | - | 82 | 16 00:48:50 | - | 24 | 7 | 00:20:07 | 01:15:32 | 22.1\% |  |
| 54 | 6 | mi | 115 Steven Ingham | (3/7) East Grinstead Tri Club | 91 |  | 0 00:07:39 | - | 48 | 4 00:46:02 | - | 70 | 9 | 00:21:53 | 01:15:34 | 22.1\% |  |
| 55 | 15 | mh | 173 Colin Chambers | (1/3) Albourne TC | 58 |  | 5 00:06:58 | - | 54 | 16 00:46:53 | - | 66 | 18 | 00:21:47 | 01:15:38 | 22.2\% |  |
| 56 | 13 | mf | 73 Kristopher Fenwick | Unattached | 72 | 12 | 2 00:07:11 | - | 68 | 13 00:48:06 | - | 38 | 11 | 00:20:38 | 01:15:55 | 22.7\% |  |
| 57 | 9 | mg | 101 Andrew Eaglestone | Unattached | 94 |  | 3 00:07:41 | - | 44 | 8 00:45:30 | - | 87 | 10 | 00:22:52 | 01:16:02 | 22.9\% |  |
| 58 | 7 | mi | 197 Ian Glover | (3/6) 7-Oaks Tri | 33 |  | 4 00:06:31 | - | 64 | 8 00:47:49 | - | 65 | 7 | 00:21:45 | 01:16:06 | 23.0\% |  |
| 59 | 16 | mh | 233 Stewart Kay | FVS TRI | 142 |  | 5 00:08:43 | - | 50 | 15 00:46:12 | - | 51 | 13 | 00:21:18 | 01:16:13 | 23.2\% |  |
| 60 | 14 | mf | 228 Shane Bridgman | Unattached | 40 |  | 8 00:06:38 | - | 78 | 15 00:48:32 | - | 44 | 14 | 00:21:04 | 01:16:13 | 23.2\% |  |
| 61 | 2 | mb | 223 Joshua Donaldson | (9/11) Crawley Tri Club | 3 | 1 | 1 00:05:23 | - | 53 | 2 00:46:38 | - | 124 | 2 | 00:24:27 | 01:16:28 | 23.6\% |  |
| 62 | 15 | mf | 175 Martin Sawden | Unattached | 72 |  | 2 00:07:11 | - | 70 | 14 00:48:08 | - | 49 | 15 | 00:21:13 | 01:16:31 | 23.7\% |  |
| 63 | 17 | mh | 160 Phil Linscott | Crowborough Freedom Tri Club | 56 |  | 4 00:06:58 | - | 100 | 26 00:49:46 | - | 18 | 4 | 00:19:54 | 01:16:38 | 23.8\% |  |
| 64 | 16 | mf | 218 Craig Wells | Unattached | 12 |  | 2 00:06:03 | - | 83 | 17 00:48:56 | - | 59 | 19 | 00:21:38 | 01:16:38 | 23.8\% |  |
| 65 | 3 | md | 164 Mark Davies | Unattached | 23 | 3 | 3 00:06:15 | - | 73 | $400: 48: 20$ | - | 77 | 4 | 00:22:11 | 01:16:47 | 24.1\% |  |
| 66 | 6 | me | 242 Stephen Hodges | Unattached | 52 |  | 6 00:06:47 | - | 84 | 6 00:49:07 | - | 41 | 5 | 00:20:55 | 01:16:49 | 24.1\% |  |
| 67 | 18 | mh | 207 Nick Kay | (4/7) East Grinstead Tri Club | 49 |  | 1 00:06:45 | - | 56 | 17 00:46:58 | - | 98 | 26 | 00:23:18 | 01:17:02 | 24.5\% |  |
| 68 | 5 | mj | 241 Rupert Bole | Unattached | 132 |  | 8 00:08:32 | - | 31 | 3 00:44:29 | - | 118 | 7 | 00:24:13 | 01:17:14 | 24.8\% |  |
| 69 | 10 | mg | 62 Daryl Gowlett | Unattached | 86 |  | 2 00:07:31 | - | 55 | 9 00:46:53 | - | 94 | 12 | 00:23:08 | 01:17:33 | 25.3\% |  |
| 70 | 17 | mf | 99 Scott Wise | (5/11) Crystal Palace Triathletes | 109 |  | 7 00:07:53 | - | 60 | 11 00:47:32 | - | 78 | 20 | 00:22:12 | 01:17:37 | 25.4\% |  |
| 71 | 19 | mh | 230 Andy Peel | (5/7) East Grinstead Tri Club | 87 |  | 2 00:07:35 | - | 71 | 20 00:48:09 | - | 76 | 22 | 00:22:05 | 01:17:48 | 25.7\% |  |
| 72 | 1 | fa | 216 Emily McLoughlin | (10/11) Crawley Tri Club | 8 |  | 1 00:05:48 | - | 96 | 1 00:49:33 | - | 85 | 1 | 00:22:38 | 01:17:59 | 26.0\% | * |
| 73 | 4 | md | 185 Ryan Flinn | Unattached | 63 |  | 5 00:07:05 | - | 63 | 3 00:47:45 | - | 96 | 5 | 00:23:17 | 01:18:06 | 26.2\% |  |
| 74 | 8 | mi | 66 Nigel Parker | Basingstoke Tri Squad | 149 |  | 00:08:57 | - | 45 | 3 00:45:44 | - | 102 | 13 | 00:23:28 | 01:18:09 | 26.3\% |  |
| 75 | 20 | mh | 83 Paul Holland | Unattached | 117 |  | 7 00:08:08 | - | 76 | 21 00:48:29 | - | 58 | 16 | 00:21:38 | 01:18:15 | 26.4\% |  |
| 76 | 21 | mh | 70 Chris Hall | Unattached | 68 |  | 8 00:07:09 | - | 98 | 25 00:49:42 | - | 54 | 14 | 00:21:25 | 01:18:15 | 26.5\% |  |
| 77 | 22 | mh | 97 Chris Jones | Unattached | 150 |  | 8 00:09:00 | - | 59 | 18 00:47:27 | - | 68 | 19 | 00:21:48 | 01:18:16 | 26.5\% |  |
| 78 | 11 | mg | 135 Alistair Baldwin | Unattached | 78 |  | 0 00:07:19 | - | 61 | 10 00:47:35 | - | 104 | 13 | 00:23:29 | 01:18:22 | 26.6\% |  |
| 79 | 6 | mj | 192 Simon Gould | Unattached | 26 |  | 1 00:06:22 | - | 77 | 6 00:48:29 | - | 115 | 6 | 00:23:59 | 01:18:51 | 27.4\% |  |
| 80 | 9 | mi | 145 Stuart Brown | Unattached | 75 | 7 | 7 00:07:15 | - | 79 | 9 00:48:35 | - | 100 | 12 | 00:23:20 | 01:19:10 | 27.9\% |  |
| 81 | 1 | mm | 194 Tom Hills | Tom Hills Experience | 76 |  | 1 00:07:17 | - | 47 | 1 00:46:00 | - | 149 |  | 00:26:01 | 01:19:18 | 28.2\% | * |
| 82 | 7 | me | 238 Benjamin Payne | Ichiban Tri Team | 121 |  | 9 00:08:17 | - | 89 | 8 00:49:22 | - | 60 |  | 00:21:40 | 01:19:19 | 28.2\% |  |
| 83 | 18 | mf | 18 Andrew Saunders | Unattached | 147 |  | 2 00:08:52 | - | 113 | $2100: 51: 07$ | - | 12 | 4 | 00:19:28 | 01:19:26 | 28.4\% |  |
| 84 | 19 | mf | 17 Jonathan Salisbury | Unattached | 156 |  | 4 00:09:07 | - | 93 | 18 00:49:27 | - | 42 | 13 | 00:20:58 | 01:19:33 | 28.5\% |  |
| 85 | 8 | me | 234 Cameron Maynard | Unattached | 163 |  | 0 00:09:18 | - | 85 | 7 00:49:10 | - | 47 | 7 | 00:21:10 | 01:19:37 | 28.7\% |  |
| 86 | 1 | mk | 112 Will Flewett | Unattached | 81 |  | 1 00:07:25 | - | 88 | $200: 49: 18$ | - | 93 | 1 | 00:23:06 | 01:19:49 | 29.0\% | * |
| 87 | 12 | mg | 92 Spencer Lee | (2/3) Larkfield AC | 129 |  | 6 00:08:25 | - | 62 | 11 00:47:37 | - | 113 | 15 | 00:23:49 | 01:19:51 | 29.0\% |  |
| 88 | 5 | md | 114 Andy Strong | (2/9) Tuff Fitty Tri Club | 77 |  | 6 00:07:19 | - | 108 | 5 00:50:47 | - | 69 | 3 | 00:21:50 | 01:19:56 | 29.2\% |  |
| 89 | 23 | mh | 168 Stuart Bunt | Unattached | 127 |  | 1 00:08:24 | - | 69 | 19 00:48:06 | - | 103 | 27 | 00:23:28 | 01:19:58 | 29.2\% |  |
| 90 | 20 | mf | 169 Richard Payne | Unattached | 111 |  | 8 00:07:54 | - | 95 | 19 00:49:32 | - | 86 | 21 | 00:22:51 | 01:20:17 | 29.7\% |  |
| 91 | 13 | mg | 126 John Fuller | Unattached | 97 |  | 4 00:07:42 |  | 103 | 15 00:50:09 | - | 82 |  | 00:22:29 | 01:20:20 | 29.8\% |  |

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*btf: your position against others in the same BTF age category group \& gender

| overall |  | competitor details <br> grp \# name |  | (\#/n) team | swim: |  | f time | trans1 | bike: |  | trans2 | run: |  |  | AvTmOA timeOA | \%TmOA /RsItMin | $-*$ BTF OA 1st Remarks St'd / Fin-MaxOA(Tm/Posn)-AvPos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 132 | 1 | fh | 117 Lucie Graham | Unattached | 92 |  | 1 00:07:39 | - | 136 | 1 00:53:44 | - | 158 | 2 | 2 00:26:34 | 01:27:57 | 42.1\% | * |
| 133 | 23 | mf | 80 Mathew Wynn | Unattached | 128 | 19 | 9 00:08:25 | - | 150 | 24 00:56:05 | - | 112 | 23 | 00:23:46 | 01:28:16 | 42.6\% |  |
| 134 | 11 | me | 232 Gareth Huyton | (3/3) Deal Tri | 178 |  | 1 00:10:00 | - | 120 | 10 00:52:01 | - | 155 | 11 | 00:26:23 | 01:28:23 | 42.8\% |  |
| 135 | 1 | fj | 53 Glenda Goscomb | (4/6) 7-Oaks Tri | 179 |  | 2 00:10:04 | - | 139 | 2 00:54:28 | - | 114 | 2 | 00:23:52 | 01:28:24 | 42.8\% | * |
| 136 | 24 | mf | 49 Adam Broadway | Unattached | 184 |  | 6 00:10:14 | - | 122 | 22 00:52:06 | - | 151 | 25 | 00:26:10 | 01:28:30 | 43.0\% |  |
| 137 | 3 | , | 79 Donna Shepherd | (5/6) 7-Oaks Tri | 136 |  | 6 00:08:34 | - | 137 | 3 00:53:53 | - | 154 | 5 | 5 00:26:19 | 01:28:46 | 43.4\% |  |
| 138 | 3 | $f$ | 78 Danielle Rogers | Phoenix Tri Club | 134 |  | 5 00:08:34 | - | 144 | 4 00:55:11 | - | 137 | 2 | 00:25:04 | 01:28:49 | 43.5\% |  |
| 139 | 3 | fe | 195 Leanne Levitt | (7/9) Tuff Fitty Tri Club | 22 |  | 2 00:06:12 | - | 128 | 2 00:53:20 | - | 185 | 3 | 3 00:29:23 | 01:28:55 | 43.7\% |  |
| 140 | 4 | fi | 95 Sarah Chambers | (2/3) Albourne TC | 118 |  | 3 00:08:11 | - | 146 | 4 00:55:20 | - | 144 | 4 | 4 00:25:35 | 01:29:06 | 44.0\% |  |
| 141 | 2 | mm | 39 Les Humphrey | Bromley Veterans AC | 169 |  | 3 00:09:36 | - | 118 | 2 00:51:47 | - | 178 | 2 | 00:28:22 | 01:29:45 | 45.0\% |  |
| 142 | 19 | mi | 33 Richard Wiles | Unattached | 190 |  | 5 00:10:55 | - | 124 | 16 00:52:14 | - | 159 | 22 | 00:26:39 | 01:29:49 | 45.1\% |  |
| 143 | 5 | fi | 77 Clare Wyngard | Unattached | 168 |  | 9 00:09:34 | - | 160 | 5 00:57:59 | - | 80 | 1 | 00:22:24 | 01:29:58 | 45.4\% |  |
| 144 | 35 | mh | 56 Guy Nicholls | Unattached | 143 |  | 6 00:08:46 | - | 149 | 36 00:55:54 | - | 142 | 36 | 00:25:32 | 01:30:12 | 45.8\% |  |
| 145 | 36 | mh | 270 Alan Dillaway | (3/3) Albourne TC | 119 |  | 8 00:08:11 | - | 151 | 37 00:56:09 | - | 147 | 39 | 00:25:56 | 01:30:15 | 45.8\% |  |
| 146 | 2 | fj | 227 Judith Hillier | (2/2) Gravesend Road Runners | 67 |  | 1 00:07:07 | - | 135 | 1 00:53:44 | - | 187 | 3 | 3 00:29:40 | 01:30:30 | 46.2\% |  |
| 147 | 9 | mj | 63 Andy Szkopiak | Unattached | 155 |  | 0 00:09:07 | - | 145 | 10 00:55:15 | - | 152 | 10 | 00:26:11 | 01:30:33 | 46.3\% |  |
| 148 | 3 | fj | 48 Chris Naylor | Unattached | 200 |  | 4 00:12:17 | - | 166 | 3 00:58:43 | - | 23 | 1 | 00:20:05 | 01:31:05 | 47.2\% |  |
| 149 | 4 | $f$ | 123 Dawn Haines | (8/11) Crystal Palace Triathletes | 106 |  | 4 00:07:52 | - | 142 | 3 00:54:43 | - | 179 | 5 | 00:28:33 | 01:31:08 | 47.3\% |  |
| 150 | 3 | mk | 11 David Phillips | (2/5) Dorking \& Mole Valley AC | 201 |  | 3 00:12:25 | - | 141 | 3 00:54:40 | - | 117 | 2 | $200: 24: 12$ | 01:31:17 | 47.5\% |  |
| 151 | 2 | ml | 46 David Pooley | Unattached | 194 |  | 2 00:11:14 | - | 129 | 2 00:53:22 | - | 163 | 2 | 2 00:27:00 | 01:31:36 | 48.0\% |  |
| 152 | 37 | mh | 68 Hamish Young | (2/9) Birchwood Grove PTA | 148 |  | 7 00:08:53 | - | 143 | 35 00:54:56 | - | 173 | 42 | 00:28:04 | 01:31:54 | 48.5\% |  |
| 153 | 10 | mj | 10 Tony Plowright | Unattached | 202 |  | 2 00:14:05 | - | 130 | 8 00:53:25 | - | 127 | 9 | 00:24:35 | 01:32:05 | 48.8\% |  |
| 154 | 25 | mf | 268 Stephen Rogers | Unattached | 154 |  | 3 00:09:06 | - | 184 | 26 01:01:22 | - | 57 | 18 | 00:21:38 | 01:32:06 | 48.8\% |  |
| 155 | 38 | mh | 221 Simon Perry | (3/9) Birchwood Grove PTA | 164 |  | 0 00:09:23 | - | 155 | 38 00:57:17 | - | 144 | 38 | 00:25:35 | 01:32:15 | 49.1\% |  |
| 156 | 6 | fi | 100 Claire Trevelyan | (4/9) Birchwood Grove PTA | 130 |  | 5 00:08:30 | - | 169 | 7 00:58:59 | - | 136 | 3 | 3 00:25:01 | 01:32:31 | 49.5\% |  |
| 157 | 20 | mi | 138 Graham Liddell | (8/9) Tuff Fitty Tri Club | 113 |  | 5 00:07:55 | - | 179 | 23 01:00:32 | - | 120 | 16 | 00:24:18 | 01:32:45 | 49.9\% |  |
| 158 | 39 | mh | 84 Peter Gooding | Unattached | 162 |  | 9 00:09:15 | - | 163 | 40 00:58:18 | - | 139 | 34 | 00:25:16 | 01:32:49 | 50.0\% |  |
| 159 | 2 | fg | 54 Dawn Wood | (3/5) Dorking \& Mole Valley AC | 161 |  | 3 00:09:15 | - | 147 | 1 00:55:21 | - | 176 | 6 | 00:28:15 | 01:32:50 | 50.0\% |  |
| 160 | 2 | fh | 45 Maria Lees | Unattached | 165 |  | 5 00:09:24 | - | 177 | 4 01:00:21 | - | 106 | 1 | 00:23:31 | 01:33:16 | 50.7\% |  |
| 161 | 40 | mh | 14 Dave Haigh | Unattached | 174 |  | 3 00:09:50 | - | 174 | 43 00:59:57 | - | 108 | 28 | 00:23:34 | 01:33:20 | 50.8\% |  |
| 162 | 3 | fg | 52 Katie Lawson | Unattached | 166 |  | 4 00:09:28 | - | 181 | 5 01:01:00 | - | 89 | 1 | 00:22:53 | 01:33:21 | 50.8\% |  |
| 163 | 4 | fg | 44 Joanne Turner | Unattached | 176 |  | 6 00:09:55 | - | 175 | 4 01:00:10 | - | 107 | 2 | $200: 23: 31$ | 01:33:36 | 51.3\% |  |
| 164 | 5 | fg | 113 Julie Traupe | (9/11) Crystal Palace Triathletes | 107 |  | 2 00:07:52 | - | 165 | 3 00:58:42 | - | 164 | 5 | 5 00:27:07 | 01:33:41 | 51.4\% |  |
| 165 | 19 | mg | 38 Richard Loveridge | (5/9) Birchwood Grove PTA | 185 |  | 2 00:10:16 | - | 152 | 19 00:56:33 | - | 162 | 21 | 00:26:55 | 01:33:44 | 51.5\% |  |
| 166 | 21 | mi | 57 Bruce Ayers | (10/11) Crystal Palace Triathlete | 145 |  | 9 00:08:50 | - | 173 | 22 00:59:53 | - | 138 | 19 | 00:25:12 | 01:33:55 | 51.8\% |  |
| 167 | 3 | mb | 128 Tim Salisbury | Unattached | 151 |  | 3 00:09:01 | - | 156 | 3 00:57:20 | - | 172 | 3 | 3 00:27:56 | 01:34:17 | 52.4\% |  |
| 168 | 3 | mm | 64 John Barron | (4/5) Dorking \& Mole Valley AC | 159 |  | 2 00:09:10 | - | 153 | 3 00:56:47 | - | 180 | 3 | $300: 28: 51$ | 01:34:48 | 53.2\% |  |
| 169 | 7 | fi | 1 Meg Cooney | Unattached | 126 |  | 4 00:08:23 | - | 164 | 6 00:58:25 | - | 182 | 10 | 00:28:59 | 01:35:47 | 54.8\% |  |
| 170 | 3 | fh | 35 Julie Virgin | Unattached | 138 |  | 4 00:08:35 | - | 178 | 5 01:00:27 | - | 160 |  | 00:26:48 | 01:35:50 | 54.9\% |  |
| 171 | 41 | mh | 209 Chris Roskilly | Unattached | 32 | 7 | 7 00:06:29 | - | 185 | 44 01:01:35 | - | 170 | 41 | 00:27:49 | 01:35:54 | 55.0\% |  |

Venue: The Triangle Leisure Centre, Triangle Way, Burgess Hill, RH15 8GA. Race Format: S400m/B25km/R5km
*btf: your position against others in the same BTF age category group \& gender

| overall |  | competitor details <br> grp \# name |  | (\#/n) team | swim: oa btf |  | time | trans1 | bike: |  | trans2 | run: |  | time | AvTmOA timeOA | \%TmOA /RsltMin$\qquad$ | - * BTF OA 1st Remarks St'd / Fin-MaxOA(Tm/Posn)-AvPos |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| posn | *btf |  |  |  |  |  | bff time |  |  |  |  |  |  |  |  |
| 172 | 20 | mg | 34 David Virgin |  | Unattached | 181 |  | 21 | 00:10:05 | - | 170 | 20 00:59:11 | - | 161 | 20 | 00:26:50 | 01:36:06 | 55.3\% |  |
| 173 | 4 | fh | 61 Jacqui Cooper | (5/5) Dorking \& Mole Valley AC | 177 |  | 00:09:58 |  | 162 | 2 00:58:08 | - | 174 | 5 | 00:28:07 | 01:36:13 | 55.5\% |  |
| 174 | 22 | mi | 172 William Court | (11/11) Crawley Tri Club | 35 |  | 00:06:34 | - | 168 | $2100: 58: 51$ | - | 191 | 26 | 00:31:05 | 01:36:30 | 55.9\% |  |
| 175 | 21 | mg | 50 Mark Kenward | Unattached | 160 | 19 | 00:09:14 | - | 188 | 21 01:03:52 | - | 111 | 14 | 00:23:42 | 01:36:48 | 56.4\% |  |
| 176 | 26 | mf | 24 Craig Boddington | Unattached | 182 |  | 00:10:07 | - | 157 | 25 00:57:32 | - | 184 | 27 | 00:29:12 | 01:36:51 | 56.5\% |  |
| 177 | 8 | fi | 108 Joanna Moyse | Unattached | 139 |  | 7 00:08:36 | - | 176 | 8 01:00:19 | - | 181 | 9 | 00:28:56 | 01:37:51 | 58.1\% |  |
| 178 | 42 | mh | 90 Kevin Davidson | Unattached | 85 |  | 00:07:29 | - | 167 | $4100: 58: 48$ | - | 192 | 44 | 00:31:46 | 01:38:03 | 58.5\% |  |
| 179 | 4 | fe | 74 Nikki Earthrowl | Unattached | 135 |  | 00:08:34 |  | 154 | 3 00:57:10 | - | 193 | 4 | 00:32:22 | 01:38:06 | 58.5\% |  |
| 180 | 23 | mi | 121 Trevor Neal | Fittleworth Flyers | 193 | 27 | 00:11:11 | - | 159 | 20 00:57:56 | - | 183 | 24 | 00:29:00 | 01:38:07 | 58.6\% |  |
| 181 | 24 | mi | 26 Dean Allen | Unattached | 183 | 23 | 00:10:10 | - | 180 | 24 01:00:38 | - | 171 | 23 | 00:27:55 | 01:38:44 | 59.5\% |  |
| 182 | 43 | mh | 19 Richard Swann | Unattached | 188 | 44 | 00:10:33 | - | 171 | 42 00:59:21 | - | 188 | 43 | 00:29:47 | 01:39:42 | 61.1\% |  |
| 183 | 44 | mh | 42 Simon Stacey | (2/2) Bodyworks XTC | 133 | 33 | 00:08:33 | - | 161 | $3900: 58: 03$ | - | 197 | 45 | 00:33:30 | 01:40:06 | 61.8\% |  |
| 184 | 25 | mi | 140 Tim Monson | Unattached | 112 | 14 | 00:07:54 | - | 194 | 26 01:07:39 | - | 131 | 17 | 00:24:48 | 01:40:21 | 62.2\% |  |
| 185 | 26 | mi | 103 Neil Evans | Unattached | 171 | 21 | 00:09:38 | - | 183 | 25 01:01:08 | - | 190 | 25 | 00:30:16 | 01:41:02 | 63.3\% |  |
| 186 | 9 | fi | 29 Pippa Moss | Unattached | 152 |  | $800: 09: 04$ | - | 189 | 9 01:03:56 | - | 175 | 8 | $800: 28: 11$ | 01:41:11 | 63.5\% |  |
| 187 | 6 | fg | 27 Catherine Sharpe | Unattached | 167 |  | 00:09:30 | - | 193 | 6 01:07:26 | - | 121 | 3 | 00:24:22 | 01:41:19 | 63.7\% |  |
| 188 | 1 | fm | 37 Janice Bailey | (6/6) 7-Oaks Tri | 172 |  | 00:09:42 | - | 182 | 1 01:01:03 | - | 194 | 1 | 00:32:32 | 01:43:17 | 66.9\% | * |
| 189 | 5 | fh | 67 Kathryn Hazzard | Unattached | 137 | 3 | 00:08:35 | - | 172 | 3 00:59:28 | - | 202 | 7 | 00:35:20 | 01:43:23 | 67.1\% |  |
| 190 | 5 | $f$ | 91 Emma Davidson | Unattached | 57 | 3 | 00:06:58 | - | 200 | 5 01:10:45 | - | 153 | 3 | 00:26:18 | 01:44:01 | 68.1\% |  |
| 191 | 11 | mj | 8 Chris Evans | (9/9) Tuff Fitty Tri Club | 93 |  | 00:07:40 | - | 186 | 11 01:02:34 | - | 200 | 12 | 00:34:54 | 01:45:09 | 69.9\% |  |
| 192 | 12 | mj | 86 Steve Boyne | (7/7) East Grinstead Tri Club | 108 |  | 00:07:52 | - | 187 | 12 01:03:40 | - | 199 | 11 | 00:34:00 | 01:45:32 | 70.5\% |  |
| 193 | 6 | fh | 81 Audrey Livingston | (11/11) Crystal Palace Triathlete | 120 |  | 00:08:17 | - | 198 | 7 01:10:00 | - | 166 | 4 | 00:27:16 | 01:45:34 | 70.6\% |  |
| 194 | 10 | fi | 5 Alison O'Sullivan | Unattached | 195 |  | 00:11:18 | - | 190 | 10 01:07:07 | - | 169 | 7 | 00:27:38 | 01:46:03 | 71.4\% |  |
| 195 | 22 | mg | 110 Carlo Chacon | Unattached | 62 |  | 00:07:00 | - | 191 | 22 01:07:19 | - | 198 | 22 | 00:33:54 | 01:48:13 | 74.9\% |  |
| 196 | 45 | mh | 31 Chris Jellett | (6/9) Birchwood Grove PTA | 191 | 45 | 00:10:56 | - | 199 | 45 01:10:37 | - | 165 | 40 | 00:27:11 | 01:48:44 | 75.7\% |  |
| 197 | 7 | fg | 9 Clare Shenton | Unattached | 198 |  | 00:11:52 | - | 195 | 7 01:08:42 | - | 189 | 7 | 00:30:03 | 01:50:36 | 78.7\% |  |
| 198 | 7 | fh | 3 Julie Essex | (7/9) Birchwood Grove PTA | 199 |  | 00:12:02 | - | 192 | 6 01:07:23 | - | 195 | 6 | $600: 32: 41$ | 01:52:06 | 81.2\% |  |
| 199 | 4 | fj | 2 Lesley Shipway | (8/9) Birchwood Grove PTA | 187 |  | 3 00:10:26 | - | 196 | 4 01:09:12 | - | 196 | 4 | 00:32:42 | 01:52:21 | 81.5\% |  |
| 200 | 12 | me | 231 Andrew Coupar | (2/2) The Olympic Club - Athens | 203 |  | 00:18:05 | - | 197 | 12 01:09:39 | - | 186 | 12 | 00:29:25 | 01:57:09 | 89.3\% |  |
| 201 | 27 | mf | 43 Pete Krykant | Unattached | 197 |  | 00:11:32 | - | 202 | 27 01:18:39 | - | 177 | 26 | 00:28:16 | 01:58:26 | 91.4\% |  |
| 202 | 8 | fg | 12 Sally Hickman | (9/9) Birchwood Grove PTA | 186 |  | 00:10:18 | - | 201 | 8 01:12:16 | - | 203 | 8 | 8 00:36:28 | 01:59:01 | 92.3\% |  |
| 203 | 27 | mi | 15 Henry Needler | Unattached | 189 | 24 | 00:10:52 | - | 203 | 27 01:18:58 | - | 201 | 27 | 00:34:58 | 02:04:47 | 102\% |  |
|  |  |  | 147 Elaine Scott | Steyning AC |  |  | 00:07:34 | - |  | 00:51:06 | - |  |  | - | - | - | Run-ProvDNF |
|  |  | me | 189 Matt Lawrence | Crystal Palace Triathletes |  |  | 00:05:54 | - |  | - | - |  |  | - | - | - | Bike-DNF_Bike |

[^0]*btf: your position against others in the same BTF age category group \& gender


[^0]:    Venue: The Triangle Leisure Centre, Triangle Way, Burgess Hill, RH15 8GA. Race Format: S400m/B25km/R5km

