

The magazine of Lions Clubs International Multiple District 105 – British Isles

LION

SPRING 2019

MD 105 ENVIRONMENTAL PHOTO COMPETITION

SEE PAGE 11

MULTIPLE
DISTRICT
CONVENTION,
BRANGWYN,
SWANSEA, 3RD-5TH
MAY 2019

SEE PAGE 14



CARING
FOR OUR
ENVIRONMENT

SEE PAGE 46



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FOXTON SCHOOL ASSOCIATION & HARBOROUGH TWENTY-TWO LIONS CLUB PRESENT

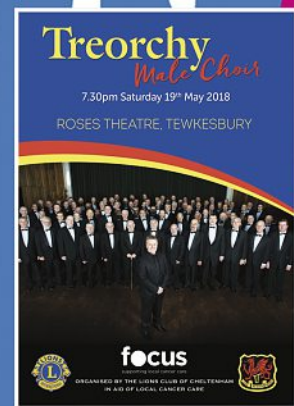
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12pm - 4pm

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(TOWARDS THE REPAIRMENT OF THE SCHOOL HALL)
& HARBOROUGH TWENTY-TWO LIONS CLUB CHARITIES



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ORGANISED BY THE LIONS CLUB OF CHELTENHAM
IN AID OF LOCAL CANCER CARE

*Subject to certain criteria being met



Kindness comes naturally to Lions

Hello, Lions!

It's easy to be discouraged when you read the news today. It seems there is so much wrong with the world, and so many people in need of help. Sometimes our instinct is to turn away.

“Lions know that there is always room for good, and there is no challenge too great for us”

But Lions do the opposite. We face challenges. Lions know that there is always room for good, and there is no challenge too great for us. We realise that small acts of kindness have the power to multiply into enormous waves of hope that buoy the spirits of those in need – and lift our own hearts as well.

I'm incredibly proud of our Kindness Matters global advertising campaign, because I believe it gets to the heart of who Lions are and why we do what we do. We see the individual in need and we act, knowing that making life easier for one person has a ripple effect through communities, nations and the world.

I wish you the very best and I hope you, too, will do something thoughtful for someone in need, so the days will be a little warmer and a little brighter for someone, thanks to your kindness.

Gudrun Yngvadottir
International President, Lions Clubs International



WE SERVE

MISSION STATEMENT OF LIONS CLUBS INTERNATIONAL

“To empower volunteers to Serve their communities, meet humanitarian needs, encourage peace and promote international understanding through Lions Clubs.”



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Her Royal Highness The Countess of Wessex**

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EDITORIAL



HELLO THERE

As it's the first issue of a new year, it's tempting to discuss resolutions through gritted teeth, but a) it's too late now that it's nearly March and b) they never last (in my experience). Perhaps that's just me and I really should try harder, but honestly, unless the resolutions are positive plans to achieve more or do more I can't see the point.

Reading through this issue, the positive mind set of Lions shines through almost every story. One that particularly stood out for me was the story on page 24 from Woking Lions. They prepared and hosted Christmas lunch on Christmas Day itself for local people who would otherwise spend the day alone. They have been doing it for 30 years and I wondered if any other Lions Clubs mastermind their own Christmas Day events? It proves that charity truly begins at home, because not only the Lions working to put on these events give up time at home with their families on this special day, but their families give them up too. Unless, of course, they join in.

There will always be a 'need' somewhere and a Lion's heart will always be with those less fortunate, the Working Lions Christmas Day event is a perfect example.

Elsewhere in this issue, we have a new look 'new members' section that starts on page 6, where we welcome all our newest Lions by name. Each issue, we will profile a new member, this time, it's Louise, from Kidderminster and District Lions Club. She said: "Lions isn't just a cause or a charity to me – it's home." Isn't that a profound way of thinking about Lions?

THE MOST ADVENTUROUS LION OF ALL

Lastly, I want to throw out a challenge to all Clubs. While the Lion magazine committee loves receiving stories of your fundraising, activities and events to publish, we are wondering where the really adventurous Lions are. We know that no Lion could ever be described as a 'shrinking violet' and we are convinced there must be some mountaineers, cave divers, balloonists and cross-channel swimmers amongst our family, so who is the most adventurous Lion in your Club. Email me at nicky@warnersgroup.co.uk and they could appear in our next issue.

Nicky Rogers
Lion editor

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NEW MEMBERS

The Pride of Lions

Lions respond where there is a need and there is power in numbers, so we are delighted to welcome our new members who have joined between October and December 2018.

DISTRICT 105 A

Abingdon

Andrew Donovan and Sarah Donovan

Amersham and Chesham

Tommy Yandell

Fairlop

Oana Simina

Friern Barnet Centennial

Priti Mapara and Raj Mapara

Harrow and Pinner

Hiran Joshi

Hemel Hempstead

Toni McManus

London Westminster

Marie Meunier

Moor Park

Anil Kotecha, Rahul Dixit and Randeep Kohli

Osterley

Surinder Bal

Redbridge Centennial

Beverley Reece

Stanmore

Madhvi Reddy

Sudbury

Bhupendra Pithadia, Jay Patel, Nehal Patel and Pritesh Patel

Wanstead and Woodford

Amarjit Zatat, Gursharan Rajpal and Harjit Harar

Witney

Sally-Ann Hamblin

TOTAL NEW MEMBERS 23

DISTRICT 105 BN

Accrington

Beverley Wood

Chorley

Jacky Scott

Garstang District

Mark Harrison and Steve Martin

Grange-over-Sands

Ian Lancaster

Keswick

Ben Purkiss, Frank Green and Stewart Blayney

Rochdale

Steven Richards

TOTAL NEW MEMBERS 9

DISTRICT 105 BS

Birkenhead

David Taylor and Keith Taylor

Bridgnorth

John White

Congleton

Pamela Lovett

Crewe and Nantwich

Annette Shepherd

Hednesford Centennial

Geoff Sindrey and Robert Pitcher

Stone

Beth Tomasik, Don Mason, Hannah Shingler and Matt Plant

Telford

Pauline Platford

Uttoxeter

Andrew Godfrey

TOTAL NEW MEMBERS 13

DISTRICT 105 C

Beverley Westwood

Mark Dallison

Bradford Central

Mohammad Ramzan

Elmet

Gordon Jack

Garforth and District

Lorraine Darby

Holderness

Stuart Marrett

Hull Kingston

Eileen Rojahn

Maltby Rother Valley

Fiona Grant Turner

Normanton and District

Keith Carbis

Pocklington District

Caroline Hobson and Lesa Newman

Rotherham

Angela Collins and David Collins

TOTAL NEW MEMBERS 13

DISTRICT 105 D

Alton

Clare Collins

Burnham Bucks

Prem Chand

Dorchester and District

Alan Ng

Fleet

Lisa Rust

Hook-Odiham

Alyson Euridge

New Milton

Robert Murrow

Trowbridge

Rosie Jewell

Westbury

Carolyn Goss and Laura Kelly

Wokingham

Andrew Goffin

TOTAL NEW MEMBERS 10

DISTRICT 105 E

Coningsby and Tattershall

Anne Peart, Jo Pexton and Nigel Peart

Edwinstowe and The Dukeries

Robert Crampton and Suzanne Crampton

Grimsby Cleethorpes

Penelope Swain

Humberston North Sea

Linda Bilbe

Melton Mowbray

Mark Frisby

Southwell and District

Bob Callow and Ian Edwards

The Deepings

Gary Wheatstone

Vale of Belvoir

Jessica Thewlis

TOTAL NEW MEMBERS 12



DISTRICT 105 EA

Beccles

David Whitehead and Gill Whitehead

Clacton on Sea

Antony Rowntree and Janice Alpe

East Anglia New Century

Sarah Holey

Great Yarmouth

Alvin Parker and Andrew East

Huntingdon Grafham Water

Henry Wallwork

Kings Lynn

Ken Baxter

Peterborough

Kathy Hughes, Peter Haywood and Susan Roberts

Saffron Walden

David Dixon

Wymondham

Andrew Harrison

TOTAL NEW MEMBERS 14

DISTRICT 105 M

Balsall Common

Henry Holleran and Jeremy Phelps

Birmingham Chinatown

Craig Millard and Yvonne Millard

Castle Bromwich

Carol Herbert

Coventry Leofric

Kerry Davies and Stuart Young

Coventry Mercia

Kartar Sabraiwal, Manjeet Rai, Narinder Sandhu, Perminder Bains, Vijay Khosla

Kenilworth

Andrew Harding

Thurnby

Shital Adatia

Walsall

Carisa Coley

Wellesbourne

Alan Alston

Worcester

Tracey Ward

TOTAL NEW MEMBERS 17

DISTRICT 105 NE

Easingwold District

Gordon Buckley and Heather Anderson

Malton Norton

Stephen Gough

Morpeth

Craig Fraser and Ian Nelson

Ryedale

Andrew Mansfield

Thirsk and Northallerton

Phillip Craig

Tynedale

Jeremy Irving

TOTAL NEW MEMBERS 8

DISTRICT 105 SE

Adur East

John Budden and Mary Budden

Bexhill on sea

Frank Hoy

Bexley Sidcup

Parmjit Chana

Caterham Oxted and Godstone

Penny Jones

Hastings

Maria Sharman

Horley

Penny Dancer and Robert Wicks

Maidstone

Jan Wilkinson

Newhaven Peacehaven and Seaford

Dennis Peckham

Northfleet and Ebbsfleet

Lorna Cross

Paddock Wood and District

James Priestley, Michele Diprose and Wendy Johnson

Selsey and District

Carol Clark and Julie Conebar

Southbourne West Sussex

Gordon Gamble and Pauline Robinson

Surrey Border

Brian Chester

Tonbridge

Nicholas Pearce

Uckfield District

Frances Brett, Michael Brett and Trevor Ham

TOTAL NEW MEMBERS 23

DISTRICT 105 SW

Bodmin

Colin Smith and Daniel Greenaway

Cheddar Vale

Jean Andrew

Crediton and District

Bronwyn Nott and Peter Cripps

Launceston

Pamela Townsend

Newquay

Jay Anson

Penzance

Craig Mccarthy and Jacqueline MCarthy

Saltash

Philip Orchard

Sidmouth

Frederick Giles and Mark Laurenti

St Austell

Gerald Sleeman

Tavistock

Anthony Rose and Ian Wood

TOTAL NEW MEMBERS 15

DISTRICT 105 W

Chipping Sodbury

Emma Doney

Frome

Stephen Cantrell

Lechlade and District

Mark Jeffries

Llantwit Major and Cowbridge

Andy Davie

Melksham

Glynis Gaskell and Phillip Gaskell

Swansea

Margaret Kirkup

TOTAL NEW MEMBERS 7

WHAT ONE OF OUR LIONS SAYS

Louise Draper is a member of Kidderminster and District Lions Club. We asked her why she joined and why she loves being a Lion.

"I was 22 and had never heard of Lions when my dad's scuba club were approached to see whether they wanted to help with the Santa float. For four years I was a Santa helper, raising money for other causes and then in the fifth year, I contacted my local Lions Club to see if I could still help even if I didn't have a specific cause. I became an honorary Lion for the duration of that year's Santa collections. At the presentation evening, it was suggested that perhaps I might like to go along to a meeting and see what else the Club got up to. My family were moving out of the area and I was looking for something to potentially fill that gap so Thursday 20th February 2014 was my first meeting. I was badged up at our 40th anniversary charter on 14th April 2014 and the rest, as they say, is history.

"I love being a Lion! I love being a part of my local community, helping at events, raising awareness, raising funds to help others in need and meeting new people. Lions isn't just a cause or a charity to me – it's home. It's where friends become family. We support each other, we attend events to support other Clubs, we work hard and we play hard.

"I'm 32 now and Lions is a major part of my life. In the five years that I've been a Lion, I've learnt and I've grown and I've met some amazing people that have turned my world around. I wouldn't be without it!"

WHAT'S YOUR LION STORY?

If, like Louise, your life has been enriched by Lionism, let us know and we could publish your story. Email the editor at: nickyr@warnersgroup.co.uk



You CAN bin this 'plastic'!

Did you notice the wrapper that your Spring issue of Lion came in?

With a little thought, we can all help to protect our planet. So mindful of the need for all of us to avoid using plastics where we can, the Lion magazine management committee has acted quickly and sensibly.

So instead of using a plastic wrapper to deliver your magazine in, we now use this 'bioplastic' one, which is made from potato starch. It is 100 percent biodegradable, compostable, recyclable and reusable; and it can be thrown away with your green rubbish.

Bioplastics are manufactured from renewable vegetable resources, and potato starch has several advantages over other vegetables because of its starch yield per acre, its neutral smell and it doesn't need the addition of a plasticizer – a substance (typically a solvent) which has to be added to produce or promote plasticity and flexibility and to reduce brittleness.

So your wrapper started off life as a potato. The potatoes are harvested, washed, grated and refined to produce starch. This starch contains amylose, the basic sugar of the vegetable world, also found in corn, wheat and

rice. It is used in many industries including the food industry (for sugar, cakes, sauces, soups and puddings), in the paper industry (to improve paper and cardboard properties), the pharmaceutical industry (to bind tablet components) and the chemical industry (to replace oil – especially for plastics).

Almost all oil-based products can be made from renewable vegetable resources as they share a common basis: carbon. But vegetables hold a major asset; they are renewable and greenhouse effect neutral.

RECIPE

- Mix starch, sugar and/or copolyester
- Heat to form a homogeneous paste
- Push through an endless screw towards a sieve to produce spaghetti-like threads
- Put threads through a water bath to cool
- Cut the threads into granules!

DISPOSAL

After being used, bioplastics (ie your Lion magazine wrapper) decompose

under the influence of microorganisms in the soil and are naturally eliminated without any human intervention.

Your wrapper should disappear within 180 days, depending on its thickness, it degrades completely into water, carbon gas and biomass (according to International Standard EN 13432).

Your bioplastic wrapper can be thrown away with your green rubbish and can become compost to be used as fertiliser. This compost can be produced in a composting plant – or in your own compost heap.

Let us know what your Club is doing to reduce its plastic use.

Email the editor at:

nickyr@warnersgroup.co.uk





DG Lion Stewart Sherman-Kahn elected as Council Chairman 2019-20

We are delighted to announce that the incoming Council of Governors for 2019-20 have elected DG Lion Stewart Sherman-Kahn from District 105 M to be their Council Chairman.

A member of the 2018-19 Council of Governors, Stewart brings his strong leadership and organisational skills to the role of Council Chairman. Stewart is a member of the Birmingham Chinatown Lions Club, which he joined the Club in October 2012 and has served as both President and Secretary.

During his Lion journey to date, he has served as Zone B Chair in 2015/16, Region 1 Chair 2016-17, 2nd Vice District Governor for part of the Lions Year 2016/17 and 1st Vice District Governor for the Lions Year 2017/18 in District 105 M, and is currently serving as District Governor of District 105 M.

In 2017, Stewart attended an Advanced Lions Leadership Institute (ALLI) in Malaga and the District Governor Training Programme organised by MD 105.

He attended International Convention in Chicago in 2017 and again in Las Vegas in 2018, which, he believes, has given him a true insight into the worldwide nature of Lions Clubs International.

STEWART'S PROFESSIONAL AND PERSONAL BACKGROUND

Stewart is a Chartered Surveyor and was elected as a Member of the Royal Institution of Chartered Surveyors in November 1996. In June 1999, he established Chamberlains Chartered Surveyors dealing in both residential and commercial property matters.

Stewart is the Chair of the Board of Governors at the Calthorpe Academy, in Highgate, Birmingham, a Special Needs School catering for children with severe, profound, complex needs and autism. He also serves as a Board member of Openland, an LGBT property group in the Midlands.

Stewart is married to his husband, Kash Sherman-Kahn. They have no children but have recently adopted a ginger tom cat called Freddie.

Stewart hopes that you will support him and relishes the chance to serve you in this challenging role and assures you all that he is ready for the year ahead.

We wish Stewart an enjoyable and successful year.

Guildford Cathedral honours local Lions Club

To commemorate the golden anniversary of Guildford Lions Club, Guildford Cathedral granted permission for one of the floor stone slabs in the north aisle to be dedicated to Lions. A local stone carver, Simon Keeley, took on the challenging task of carving the words and logo in situ in the travertine marble floor.

The inscription reads, Guildford Lions Club – Serving the community since 1967.

The stone was unveiled at a dedication service in May, and the Lions thank the Blake family whose bequest in memory PDG Bill Blake, himself a dedicated Lion, was used to buy the stone. Thanks also go to Lion Vic Quayle, who worked tirelessly on this project.

Editor's note: This image was wrongly captioned in the last issue so we are happy to put that right here.

PICTURED: Stone carver, Simon Keeley, at the dedicated floor stone



PICTURED: Council Chairman, Lion Stewart Sherman Kahn (second from right) with (L-R) Lion Jon Bjarnie Thorsteinsson, International President, Lion Gudrun Yngvadottir and Kash Sherman-Kahn



Proud and honoured to help

« **PICTURED:** The magnificent Chelsea Pensioners

Mersea Island Lions were proud and honoured to marshal the road for the visit of the Chelsea Pensioners to Mersea Island last July.


The Chelsea Pensioners had been invited to play a celebration game of bowls to mark the 50th birthday of the West Mersea Bowls Club.

Classic cars

The Lakes Charity Classic Vehicle Show, hosted by Windermere and Ambleside Lions Club, proved a fantastic day for the whole family, raising £12,000 for Sandgate Hydrotherapy Pool and MS Society Westmorland Branch.

Visitors enjoyed over 260 immaculate classic vehicles a tombola and a raffle. The Scalextric competition saw families competing to get the fastest speed, while the Pit Stop Challenge saw teams or individuals working to change tyres as fast as possible.



 **PICTURED:** A spectacular view of the Classic Vehicle Show, hosted by Windermere and Ambleside Lions Club

Bears always help

Launceston Lions have presented a sleuth of small bears to the Launceston Police. They are given to small children in distressing circumstances, both as a comfort and distraction therapy.



PICTURED: PCSO Mark Canvin with some Launceston Lions

Lions help with Soho Road Diwali Mela event

Handsworth Lions Club and helpers were at the forefront of humanitarian service on Sunday 21st October 2018 during the annual Handsworth Diwali Mela event. The lights were switched on by the Mayor of the West Midlands Combined Authority, Andy Street, in front of thousands of excited people, to mark the beginning of the Hindu New Year as Soho Road became immersed in a Festival of Lights.

Handsworth Lions were helped by members of Acocks Green Lions Club. Their joint effort helped to raise more than £1,300 for the Lions charity fund, through collections and sales from the busy Lions stand and rattling the tins for collections. They helped to sell raffle tickets on behalf of the Andy Street Charity for the homeless and supported marshalling duties too.



MD 105 environmental photo competition



This glorious bundle of sparrowhawk chicks were caught peeping at a butterfly by Lion Brain Winter from Yeo Valley Lions, District 105 SW.

It is the winning entry of the Lions MD 105 environmental photo competition. A lot of Lions are keen photographers, and the competition attracted many entries. At a recent Council meeting all the District winners were judged and this one was voted as the best.



PICTURED: 'Sparrowhawk chicks with a butterfly neighbour' >>

MD vacancies

The Council of Governors invites applications for the following positions from suitably qualified Lions.

MD Youth Coordinator:

- MD Health Coordinator
- MD Communications Coordinator
- MD Environmental Officer
- MD Health and Safety Officer
- MD Youth Exchange Officer
- MD Deputy Council Secretary / SAA role
- Lion Magazine Committee member
- MD Legal Advisor
- MD CNRO
- MD Leo Officer (Alpha Leos)
- MD Leo Officer (Omega Leos)
- MD Global Membership Team Coordinator

Applications are invited from suitably qualified Lions, but previous applicants should not apply.

Application forms are available from MDHQ, and the closing date for applications to be received at MDHQ is 29th March 2019.

Email: mdhq@lionsclubs.co.uk or phone **0121 441 4544**

Burntwood athletic triumph

After a gruelling 12 month intensive fitness programme, which included daily workouts in the gym followed by long distance runs, the day finally arrived. The date, Sunday 9th September, the time 1.15pm, the place, the smallest park in the UK. After a 30 minute warm-up Lion Dave Marston and President Mike Simms from Burntwood Lions approached the starting line.

After a quick check on wind speed and with tension rising, the claxon sounded. After 12 months of preparation the run was over in 16 seconds, it would have been quicker, but Lion Dave kept stopping to have his photo taken. After the medal presentation and a 30 minute warm-down, it was back into training for next year.



PICTURED: Burntwood Lions athletes at peak fitness



Kenilworth Lions supporting practical help in Syria

Volunteers from the Helping Hands for Syria charity, have been regular visitors to the Lions' Furniture Store in Kenilworth this year to collect donated beds, walking aids and other items to improve the lives of those living in refugee camps in Syria.

The initiative came from a Coventry University Hospital doctor, himself a frequent visitor to the Store, who approached Kenilworth Lions to ask for their support.

The latest consignment of donated goods was distributed in one of the refugee camps in Aleppo recently and the lorry displayed a banner recognising the support from Kenilworth Lions.



PICTURED: From Kenilworth...



**PICTURED: ...to a
refugee camp in Aleppo**

Lions Got Talent variety show

Hednesford Centennial Lions Club is to host a fantastic Lions Got Talent variety night, a fun-filled evening of music, fun and laughter based loosely around the TV show, BGT.

The evening will bring together Lions from all Zones for a show packed full of surprises, guest entertainment, live concert band and a panel of distinguished judges.

Lions Clubs can nominate a fellow Lion with a hidden talent who will represent them in this fabulous night of variety and fun.

So do you have a singer, story-teller, comedian, musician, fire-eater, unicyclist, juggler, dancer, magician in your Club, or a Lion with any other talent that can entertain an audience of Lions?

Clubs can nominate a charity or good cause chosen by their own members that will benefit from prizes during the evening, and there will be special prizes for the charity and winner of the Lions Got Talent show.

Clubs can go to the show and support their Lion by ordering tickets, the more support the better, not only will the entertainment be wonderful but Hednesford Lions hope to have a lively and enthusiastic audience to go with it.

The Lions Got Talent variety evening will be held on Saturday 6th April 2019 at Keys Park, the home of Hednesford Town Football Club.

For more details please contact Shaun Middleton on **07973 408036** or email: **smidd1@yahoo.co.uk**

Welcome!

Ivybridge Lions have completed a successful recruitment drive which resulted four new members joining the Club. They were presented with their badges and new member packs by District Governor, Peter Rowe, at the Club's September meeting.

PICTURED: (L-R) Jeanette Jones, Vicky Foss, Ivybridge Club President John Martin, Nicki Phipps, District Governor Peter Rowe, and Martine Mills >>



Lions Clubs International

MD105 British Isles



Lions Clubs International, 257 Alcester Road South, Kings Heath, Birmingham, B14 6DT

January 2019

Fellow Lions,

Swansea Bay Multiple District Convention 2019

It is my pleasure, on behalf of the Swansea Bay Host Committee, to invite you to the Cosmopolitan City and Bay that is Swansea.

To compliment its wonderful beaches and Marina is the stunning Gower Peninsular, which in 1956 became the United Kingdom's first area to be designated an Area of Outstanding Natural Beauty. At the edge of Gower and Swansea is the jewel in the City's crown, Mumbles, which in March 2018 was announced by the Times as one of the best places to live in the United Kingdom, full of boutique shops, cafés and restaurants.

In Swansea itself, along with the breath taking Brangwyn Hall, which is hosting the Multiple District Convention, there are many places of interest, such as the culture of the Dylan Thomas Centre, and the maritime history of Wales at the Maritime Museum.

Also nearby, set in the neighbouring Carmarthenshire Countryside, is the beautiful National Botanical Gardens of Wales. The Garden shows fascinating blend of the modern and historic, and is one of our choice visits for the partners outing on the Saturday.

Here you'll find an inspiring range of themed gardens, the world's largest single-span glasshouse, the British Bird of Prey Centre, a tropical Butterfly House, play areas and a national nature reserve, all set in a Regency landscape which provides the stage for a packed programme of events and courses throughout the year. If mobility is a problem, then with notification electric transport is available.

You are invited to join us on Host Night to celebrate the history of Lions, as we merge to 8 districts and go forward as stronger teams. We will test your observational and memory skills as you enjoy a hot buffet then entertainment from the youth of Swansea in the form of CATS (Class Act Theatre School) who, if we impress could be the Lions of tomorrow. The evening will then finish with music to dance away the rest of the night whilst meeting friends old and new.

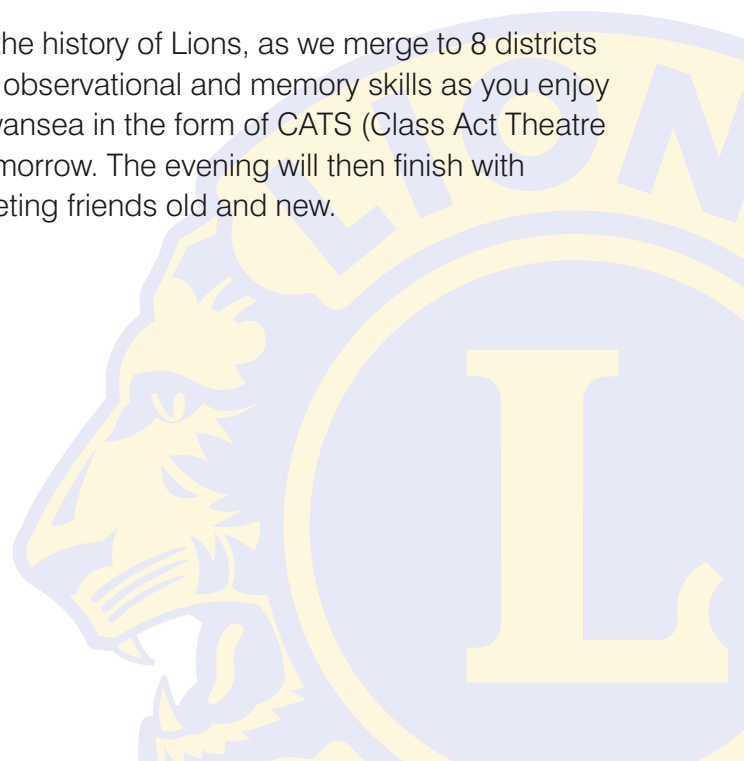
We look forward to seeing you in Swansea.

Yours in Lionism

Laurence Pearce

Laurence Pearce P.D.G

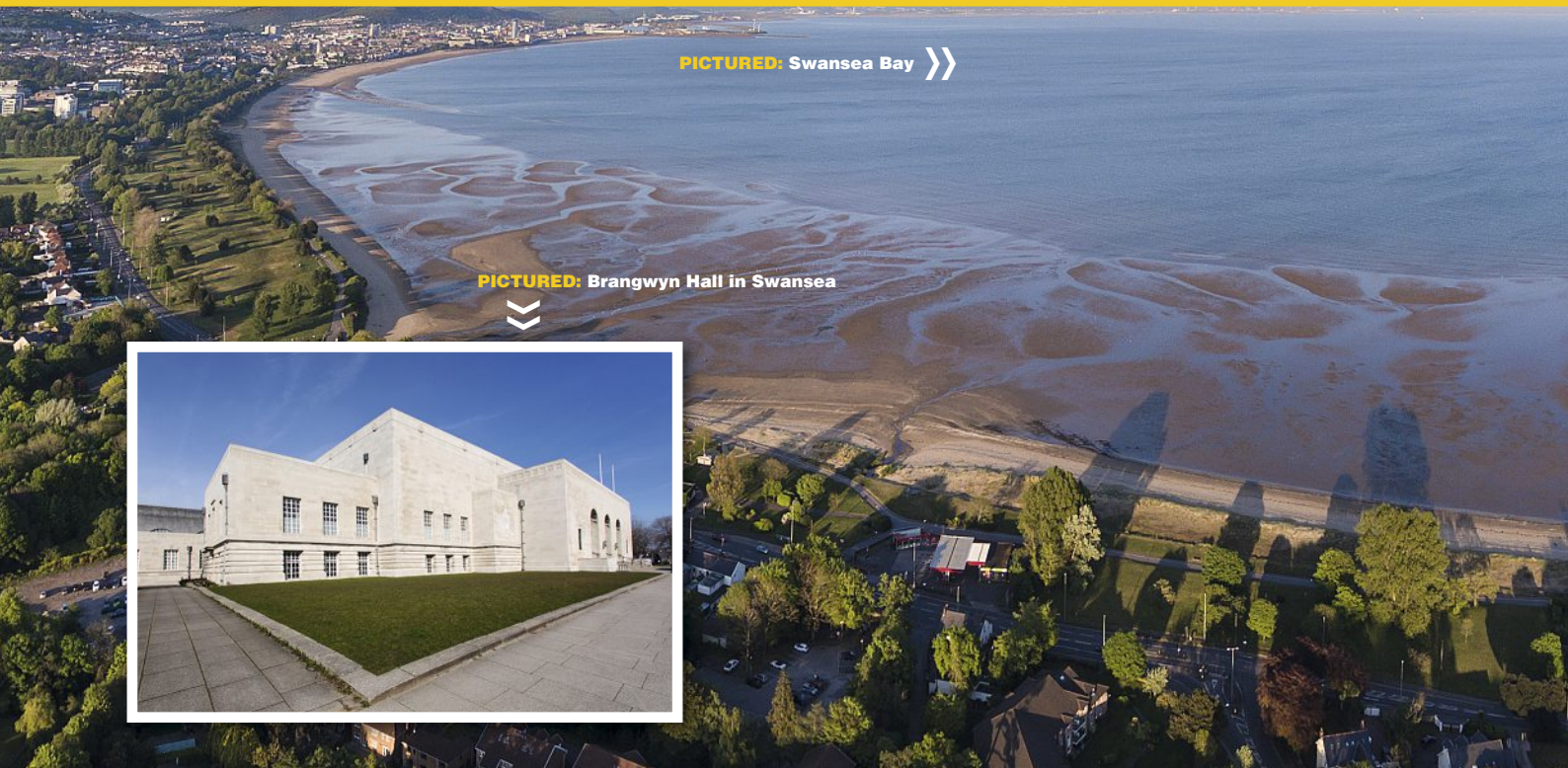
Acting Host Chair,
Swansea Bay Multiple District Convention 2019
Host Committee





MD 105 CONVENTION

SWANSEA, 3RD - 5TH MAY 2019



PICTURED: Swansea Bay >>

PICTURED: Brangwyn Hall in Swansea



'Back to the Future' Multiple District Convention, Brangwyn Hall, Swansea, 3rd-5th May 2019

This will be the last time all our current 12 Districts get together and the first time that our new governance structure gets together to go forwards. MD Convention Officer, Lion Paul Withers, says that: **we want you to be there!**

The Host Committee have decided that the theme for the weekend will be: 'Back to the Future'.

Let us look back with pride at our achievements over the past 100 years across the world, and look forward to further service to all our own communities, not just local, not just our Districts, but wherever there is a need; there will be a Lion.

Come to the prestigious Brangwyn Hall in Swansea, visit: <https://www.swansea.gov.uk/brangwynhall> and see the history and glamour of this fine

old building. Well, it is not that old, but it is at least 10 years older than me. However, perhaps unlike me, it has been modernised inside but still preserves the splendour and grandiose nature of its position in society. This will hold the Convention business sessions, the agora displays and the MDHQ shop during the day on Saturday and on Sunday morning, as well as the banquet and ball on Saturday evening.

The Brangwyn is located just minutes away from the beautiful sweep of Swansea Bay. Just a short distance away along the bay is the convention hotel,

the Marriott, where the host night will be held.

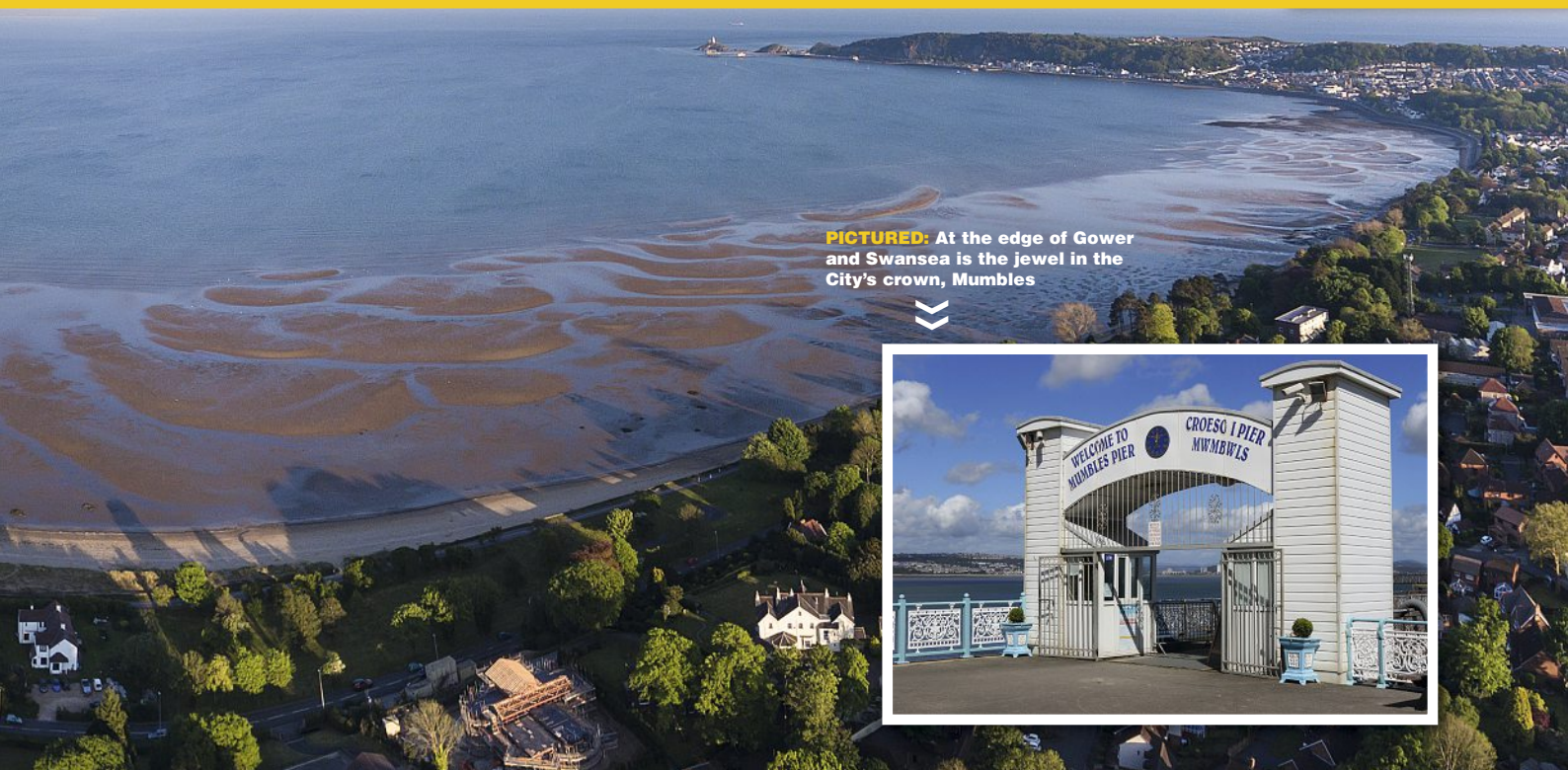
All the details of the weekend are available on our website scroll down to the members' area and click on 'Convention'.

There are many other hotels and guest houses within easy walking or driving distance of the host night hotel, the Conference Centre and venue for the banquet and ball.

I know that many Districts like to choose their own hotels and even travel

MD 105 CONVENTION

SWANSEA, 3RD - 5TH MAY 2019



PICTURED: At the edge of Gower and Swansea is the jewel in the City's crown, Mumbles



together by coach. For the Friday host night, the Marriott has a large car park that is free for residents and event participants to use.

There are several car parks near to Brangwyn Hall which are pay and display. There is a car park at Brangwyn Hall which will be free to use only on Saturday and Sunday of Convention and you must display your Lion Member car sticker. Details of the social event meals are on the booking forms and remember to say if you have any special dietary requirements.

I hope to see you there.

**MD Convention Officer,
PDG Lion Paul Withers**

A MESSAGE FROM CHAIRMAN OF COUNCIL 2018/19, PETER BURNETT

Well after all the talking, discussions and arguments etc, we are finally on the brink of re-districting. At the beginning of July in Milan, when the new District Governors are inaugurated, 12 will become eight.

To celebrate the end of an era we need a party! Please come along and support

your Council at our major event of the year, our MD Convention. What better time for a party. My intention is to keep the business side to a minimum and try to have a celebration of what we do well.

Convention is our AGM so there will be some business to do but I have asked the principal officers to keep their updates on reports to a minimum so that we have more time to hear from speakers.

Convention is a great time to renew friendships and, of course, to make new friends. It is a time when we share experiences, share best practice and acquire new ideas which we can take back to our Clubs.

When I addressed Convention in Basingstoke, I emphasised that being a Lion is our hobby, and that we are supposed to enjoy our hobbies. I really want the Swansea Convention to be fun and we certainly intend the social events to be just that.

I am really grateful to the organising committee for all their hard work in putting together the whole event. I look forward to meeting as many of you as

possible be it at the business sessions, the Host Night or the Banquet and Ball.

We are very lucky to be joined by our International President, Lion Gudrun Yngvadottir, and her husband, Lion Jon Bjarnie Thorsteinnsson, for the Convention. President Gudrun is the first lady elected to the office of International President and I am sure that her address to Convention will be extremely inspirational.

So come along and renew friendships, make new friends, enjoy the fellowship, support your present and future District Governors, but most importantly, let's HAVE FUN together.

**Council Chairman,
Lion Peter Burnett**

**TO BOOK YOUR
PLACES AT
CONVENTION**

Visit: <https://www.md105convention.uk/index.html>



The 102nd annual Lions Clubs International will be in Milan, Italy, 04 July – 09 July 2019

from £659.00 per person

EXCLUSIVE TO JTA

The official MD105 LCI appointed hotel is the 4* Andreola Central Hotel Milan, which is Exclusive to JTA Travel and will be the home of MD105 for convention and a daily information desk will be present with Lions Travel Club and MD105 Committee Staff for any assistance you may require during your stay.

ALTERNATIVE HOTELS ARE AVAILABLE VIA THE JTA RESERVATIONS TEAM UPON REQUEST.

Looking for something different? JTA Travel Group has access to a wide range of hotels in Milan and all over Italy, as well as cruises, Amtrak, car hire, excursions and private transfers. Our dedicated reservations team will be delighted to make recommendations and tailor-make your 102nd LCICon experience.



OFFICIAL CONVENTION PACKAGE WITH FLEXIBILITY:

The JTA team have put together a programme to maximise your convention experience incorporating additional JTA /MD 105 exclusive events and benefits. This suggested package is "totally flexible" allowing you to travel on any date, from various local airports and even extend or reduce your stay in Milan or amend your accommodation.

Includes:

- Flexible daily departures (Price is based on recommended date of 04 July, 2019).
- Return flights ex London including airport taxes (Other airports available on request),
- 5 nights stay based on 2 sharing at the official hotel, the Andreola Central Hotel,
- includes breakfast (Extra nights/reduced nights available upon request). City tax - €4.00, per room per night. Payable locally.
- Services of JTA Representatives /Information desk in resort,
- Exclusive JTA Welcome Party.
- All hotel payments/currency exchange rates managed via JTA in advance.

Optional Extras available on request :

- Upgrade to Business Class.
- Extra nights/reduced nights are also available from £110 per person per night.
- Travelling alone? Single room supplement available from £110 per night.
- LCI Registration by JTA from £119 - (As per LCI a minimum registration of at least 1 person per room. Please advise our team at time of booking).
- Interested in transfers? Private transfers are available from £135 return per car.
- Or we can offer rail from Malpensa airport to Milan Central for £40 per person return (just a 10 minute walk to the hotel).

Terms and conditions apply. These offers are subject to availability and changes without notice. Offers are correct at the time of publication. Contact Lions Travel Club for more information.

LIONS TRAVEL CLUB (part of the JTA Travel Group)

CALL OUR DEDICATED TEAM ON **0121 508 5539**



PRE & POST CONVENTION ADD ONS

Being part of the JTA Travel Group, a leading travel provider in the UK, Lions Travel Club can tailor-make 102nd LCIcon packages by offering you unbelievable prices to any worldwide destination. Take advantage of our pre and post convention add ons below. Alternatively, let us tailor make any itinerary you require in addition to these. Price is based on two sharing.



VENICE

The 4-star hotel overlooks the Orseolo Basin, one of the most famous places of the old town center.

3 nights, 4* Hotel Cavalletto e Doge Orseolo

from **£299.00pp**

Incl. rail from Milan Central to Venice



ROME

The Royal Palace Hotel is located in the centre of Rome less than 150 metres of the Spanish Steps, the metro, Via del Corso and the shopping area of Via dei Condotti.

3 nights, 4* Royal Palace

from **£329.00pp**

Incl. breakfast & rail from Milan Central to Rome Termini



LAKE GARDA

Situated in Sirmione, this hotel is steps away from Church of Santa Maria della Neve and Scaliger Castle. Grotto of Catullus is 0.6 mi (0.9 km) away.

3 nights, 4* Hotel Flaminia

from **£309.00pp**

Incl. breakfast & return rail from Milan to Sirmione



MEDITERRANEAN CRUISE

Ports: Civitavecchia(Rome)-Livorno(Florence/Pisa)-Cannes(France)-Palma Majorca(Spain)- Barcelona(Spain)-Naples/Pomeii(Italy)

Inside Stateroom

Balcony Stateroom

from **£1,349.00pp**

from **1,620.00pp**

Travel: 09th July 2017

Rail from Milan Central to Rome Termini

1 night pre cruise at the 4* Relais Santa Maria Maggiore Hotel B/B.

Transfers from Hotel to Port to Airport

Set Sail with Norwegian Cruise Line on the Norwegian Epic.

Upgrade to All Inclusive

from **£275.00pp**



EXECUTIVE SUMMARY

INTERNATIONAL BOARD OF DIRECTORS MEETING

Ojai, California, USA, October 14-17, 2018

AUDIT COMMITTEE

1. The committee will continue to monitor and follow up on action plans.

CONSTITUTION AND BY-LAWS COMMITTEE

1. Reviewed a constitutional complaint filed by the Multiple District E (Venezuela) Council of Governors, challenging a decision of the International Board of Directors when it transferred four clubs from Aruba, Bonaire and Curacao from District E1 (Venezuela), Constitutional Area III to District 35N (Florida, USA), Constitutional Area I, and found good cause to expedite review of the complaint to Complaint Step Four of the Constitutional Complaints Procedure, affirmed the decision of the International Board of Directors in June 2018, transferring the four clubs from Aruba, Bonaire and Curacao from District E1 (Venezuela) to District 35N (Florida, USA).
2. Appointed International Director Dr. Datuk Naga to serve as the Coordinating Lion for the former District 301-A1 (Philippines) for the remainder of fiscal year 2018-2019 and provided a roadmap to the former district to follow to restore their district status.
3. Revised Chapter XV of the Board Policy Manual to update the fiscal agents in India and Japan and to move the fiscal agent policy from Chapter XV, Legal, to Chapter XI, Finance, as this policy is managed by the Finance Division and is better aligned with the duties and responsibilities of the Finance Committee.
4. Revised Chapter XV of the Board Policy Manual to move the Conflict of Interest Policy from Chapter XV, Legal, to Chapter XI, Finance, as this policy is managed by the Finance Division and is better aligned with the duties and responsibilities of the Finance Committee.
5. Revised the Trademark Policies in Chapter XV of the Board Policy Manual to add a requirement that foundations at the national (country) level must be reviewed and approved by the International Board of Directors.
6. Revised Chapter XV, Paragraph A.1.b. of the Board Policy Manual to clarify that the emblem of the association is that of each chartered club and district.
7. Revised the Standard Form District By-Laws in Chapter VII of the Board Policy Manual related to who can call a special club meeting in the event the president fails to do so.
8. Revised Chapter XV, Paragraph C. of the Board Policy Manual to provide for a constitutional interpretation that by virtue of membership in an individual Lions Club, an individual Lion is considered a member of our international association.

CONVENTION COMMITTEE

1. Established per diem allowances for appointed Credentials Committee members serving without other reimbursement, and headquarters staff attending the 2019 Milan International Convention.
2. Revised the 2019 Milan International Convention schedule.

3. Amended Chapter VIII of the Board Policy Manual with housekeeping changes.
4. Amended Chapter VIII, Paragraph E, Election Procedures.

DISTRICT AND CLUB SERVICE COMMITTEE

1. Granted protective status to the Kozhencherry Lions Club of District 318-B (India) and the Palu Maleo Lions Club of District 307-B2 (Indonesia) through April 7, 2019.
2. Approved the redistricting proposals submitted by Multiple District 101 (Sweden) and 104 (Norway) to take place at the adjournment of the 2019 International Convention and Multiple District 21 (Arizona) to take place at the adjournment of the 2020 International Convention.
3. Appointed Past International Director Elisabeth Haderer to serve as Coordinating Lion for the Republic of Albania, Republic of Kosovo and the undistricted areas of the Republic of Bulgaria and Past District Governor Daniel Zyambo to serve as Coordinating Lion for Provisional District 412-B (Republic of Malawi and Republic of Mozambique) for the remaining months of this fiscal year.
4. Extended the District Restructure and Redevelopment Grant to include redistricting proposals that are approved on or before November 30, 2021.
5. Corrected a reference in the Board Policy Manual to the DGE Seminar so it uses the correct title of First Vice District Governor/District Governor Elect Seminar.
6. Removed the requirement that a Lion must have served as a club president prior to serving as a Guiding Lion.
7. Revised the Redistricting Policy so that redistricting proposals that are approved during the October or November board meeting that are scheduled to take place at the close of the International Convention of the same fiscal year must hold elections before January 1, to enable the district governor elect to attend the First Vice District Governor/District Governor Elect Seminar held in February.
8. Revised the District Governor Reimbursement Policy so that the District and Club Administration Division was included in the process for approving increases in district governor budgets.

FINANCE AND HEADQUARTERS OPERATION COMMITTEE

1. Approved the FY 2018-2019 1st Quarter Forecast, reflecting a deficit.
2. Amended Chapter XXI related to Past International President mileage budget for authorized meetings, timing of submitting speaker request forms to the Travel Department, and agreed to review the current format of the visitation form for all official speakers for whom Lions Clubs International provides reimbursement of travel expenses.

LEADERSHIP DEVELOPMENT COMMITTEE

1. Revised the Board Policy Manual related to the Regional Lions Leadership Institute (RLLI) to prepare for future modifications to the Regional Lions Leadership Institute program.



EXECUTIVE SUMMARY

INTERNATIONAL BOARD OF DIRECTORS MEETING



2. Revised the Board Policy Manual related to the change in the number of instructional days for the Faculty Development Institute program from “four” to “three”.
3. Revised the Board Policy Manual to reference programs as Leadership Development and not just Leadership, including the word “development” where needed.

LONG RANGE PLANNING COMMITTEE

1. Conducted in-depth status overview of LCI’s strategic plan: LCI Forward.
2. Reviewed the committee’s charter to identify policies that should be updated and revised for action at the next meeting.
3. Reviewed and discussed the status of the ‘Africa Challenge,’ which was a resolution initially passed in April 2010 that stipulates when the continent reaches and maintains 30,000+ members, the Long Range Planning Committee in office at the time, would request the Constitution and By-Laws Committee to draft language for a constitutional amendment for Africa to be its own constitutional area at the following international convention. The challenge threshold of 30,000 was exceeded at the end of July 2018 and the area as of the September 2018 cumulative report is at 30,706 members and is continuing the momentum. Congratulations to the Lions in Africa for reaching this historical milestone.

The committee will review the progress of the continent’s membership growth at its next meeting and make a final recommendation to the board.

MEMBERSHIP DEVELOPMENT COMMITTEE

1. Extended the pilot program “Welcome Home” until March 30, 2020.
2. Revised the Global Action Team structure to include additional districts in Africa.
3. Approved another Leo of the Year for 2017-2018.
4. Allowed former Lionesses to count their Lioness years of service toward Life Membership.
5. Amended policy to move governance for the Young Lion and Leo Department to the Membership Development Committee from the Service Activities Committee.
6. Extended the sunset policy for Azerbaijan until June 30, 2019.
7. Amended board policy to allow additional funds for pilot programs with Board of Directors’ approval.
8. Approved a pilot program to reverse membership trends in CA I and CA II.

MARKETING COMMUNICATIONS COMMITTEE

1. Revised Chapter XIX, Official Protocol of the Board Policy Manual to reflect a modification to add Leo-Lion Board Liaison.

SERVICE ACTIVITIES COMMITTEE

1. Approved that the following Lions be awarded the Top Ten Youth Camp and Exchange Program Chairperson Award for their service in the 2017-2018 Lions year.

Name	Constitutional Area	Country
Nazan Albayrak	IV	Turkey
Angela Day	II	Canada
Eileen Delaney	I	USA
Ari Lindell	IV	Finland
Gabriela Lutter	IV	Germany
Karl-Heinrich Mohr	IV	Germany
Diane Quinlan	I	USA
Birgit Rastetter	IV	Italy
Pravin Sarnaik	VI	India
Yoshikazu Yano	V	Japan

(Resolution 1.)

2. Approved the International Diabetes Federation and LCI joint work plan.
3. Approved the 2019 Service Activities marketing plan strategic direction.
4. Received an update on the Diabetes Mini Grant program, including the clubs who will be invited to participate.

TECHNOLOGY COMMITTEE

1. Received an update on GDPR and reviewed the set of data elements that are needed by LCI in order to manage its business.
2. The committee collaborated with the Constitution and By-laws Committee, resulting in a modification of the board policy about the interpretation of being a member of LCI.
3. The committee discussed and approved process improvements suggested as these improvements will help the association in the longer term as priorities become clear and resources are used in a prudent and cost effective manner.
4. The committee presented the infrastructure and product roadmap and provided the rationale for additional budget. Based on the approval, the IT forecast will be modified to reflect the additional budget amount.

For more information on any of the above resolutions, please refer to the LCI Web site at www.lionsclubs.org or contact the International Office at 630-571-5466.



CONVENTION AND HOTEL RESERVATION FORM
LIONS CLUBS 102ND INTERNATIONAL CONVENTION
 Milan, Italy • Friday, July 5 – Tuesday July 9, 2019



DEADLINES MAY 1, 2019: Deadline for advance registration and hotel reservation. Deadline to submit a refund request for registration, housing and/or ticketed event cancellation.

REGISTRANT INFORMATION: Please type or print name as it appears on passport/photo ID.

First Name/ Family (Last) Name _____ Badge/Call Name _____

Address _____

City _____ State _____ Postal Code _____ Country _____

Daytime Phone _____ E-mail _____

Lion Lioness Alpha Leo Omega Leo Adult Guest Club No. _____ Membership No. _____ District _____ Title _____

COMPANION: First Name/ Family (Last) Name _____ Badge/Call Name _____

Lion Lioness Alpha Leo Omega Leo Adult Guest Club No. _____ Membership No. _____ District _____ Title _____

CHILD: First Name/ Family (Last) Name _____ Age _____ Alpha Leo

PACKAGE A:

Includes convention registration for each registrant listed above plus one (1) hotel room serviced by shuttle buses during convention.

Before January 11, 2019 Reservation in delegation hotel
 After January 11, 2019 I prefer my delegation hotel Prefer another hotel

Hotel Name _____

Arrival Day/Date _____ Departure Day/Date _____
 No. of Guests in Room _____ No. of Beds Needed 1 2
 Special Requirements: Wheelchair Accessible Other

- **US\$200 Hotel Deposit** is per room and credited to your hotel bill at check out.
- Hotel rooms are equipped to accommodate a total of two (2) guests per room.
- Hotel Deposits paid by credit card will be charged an additional 8%.
- The Hotel Deposit will be sent to the hotel in Euros at the prevailing exchange rate.

PACKAGE B:

NO ROOM REQUIRED (Registration only for each person listed above.)

OPTIONAL TICKETED EVENTS

I/we plan to attend the following event(s): (Must be registered to attend)

EVENT: MELVIN JONES FELLOW LUNCHEON

DATE/TIME	FEE	QUANTITY	AMOUNT DUE
July 8/ 12:00-14:00	US \$75	_____	\$ _____

EVENT: DISTRICT GOVERNOR/PAST DISTRICT GOVERNOR BANQUET

DATE/TIME	FEE	QUANTITY	AMOUNT DUE
July 8/ 20:00-22:00	US \$135	_____	\$ _____

EMERGENCY CONTACT INFORMATION:

Emergency Contact Name _____ Emergency Contact Phone Number _____

SERVICE PROJECTS IN MILAN

I am interested in participating in a hands-on community service project during the Milan International Convention. Further details on registering for service projects will be sent to you in the coming months.

PAYMENT: Full payment is required with this form. US currency only. Checks and money orders must be drawn on US banks. Visa, MasterCard & Discover cards accepted.

REGISTRATION FEES:	Adult	Child (17 and under)/Alpha Leo	Omega Leo	PACKAGE A:	PACKAGE B:
EARLY (Before January 11, 2019)	US\$150	US\$20	US\$100	Registrations: US\$ _____	Registrations: US\$ _____
REGULAR (January 12 through March 31, 2019)	US\$200	US\$20	US\$100	Ticketed Events: US\$ _____	Ticketed Events: US\$ _____
LATE (April 1, 2019 – onsite)	US\$225	US\$20	US\$100	Hotel Deposit: US\$ 200.00	Total Due: US\$ _____
				Total Due: US\$ _____	

Check # _____ Wire transfer (payment slip must be attached to this form) Visa MasterCard Discover

Name as it appears on card _____ Credit card must be in the name of the registrant. _____

Card Number _____ Expires Month/Year _____ Security code (3 digits) _____

X _____
 Cardholder Signature

Mail form and payment to: Lions Clubs International Attn: Convention Division • 300 West 22nd Street Oak Brook, IL 60523-8842 USA • Allow 4 weeks for processing.

- Credit Card and Wire Transfer Payments can be faxed to: (630) 571-1689
- LCI will email your Official Registration Confirmation. **Please print and bring with you to Milan, Italy.**
- All registrants will pick up their name badge onsite in Milan. Please bring your LCI Official Registration Confirmation with you to scan and print your name badge. A photo-ID is also required. **LCI will not mail badges in advance.**
- Information provided on this document shall be used in accordance with the privacy policies and procedures of Lions Clubs International.
- Questions? Email us: registration@lionsclubs.org.

Please note: Lions Clubs International will be documenting the international convention for promotional purposes. Your participation may be filmed or photographed at this event. Your registration is your consent for use of these images by Lions Clubs International.



The Budleigh Salterton Christmas tree

Budleigh Salterton Lion, Kim Holmes, was helping at a jumble sale last Easter and as she was sorting out all the Christmas items that had been donated, she spoke to the President of the Chamber of Commerce and town councillor, Michael Hilliar, about who decorates the town Christmas trees each year.

Luckily, the Christmas trees are Michael's responsibility and he was very happy for Kim and the Lions to help to decorate them. Kim invited the local school, toddler group, church youth club, Beavers, Brownies and Cubs to make decorations from air dry clay and paint them.

They decorated the trees at Mackerel Square, Budleigh Salterton, on a cold November day and Michael Hillier said: "I am here looking at [the tree] and I am so impressed, and proud."

PICTURED: Sisters, Evie and Isla decorating Budleigh Salterton's Christmas tree



PICTURED: Helping out where Evie and Isla can't reach



Wetherby's annual Dickensian market

Wetherby's annual Dickensian Christmas Market and Craft Fayre, organised by Wetherby District Lions Club was as popular as ever.

The market square was packed with local food and drink traders, and they all reported very brisk trade. The event was opened by ITV Calendar presenter, Duncan Wood, and Santa arrived to the delight of the long queues of families who had formed outside his grotto.

Throughout the day festive music was provided by Wetherby Silver Band, Collingham Wind Band, Wetherby Musical Theatre Group Choir and Deighton Gates School Choir. A dance routine was performed by Stagecoach.

Wetherby Lions presented their annual Wetherby Townsperson of the Year Award at the market. This year's recipient, voted for by Wetherby residents for his contribution to the community, was Alan Drinkhall MBE.

Wetherby Lions President, John Boulton, said: "To see such record numbers proves what a great community we have, and how well they support local causes."

All aboard the Santa Special!

Burntwood Lions held their annual craft fair in November, to raise funds for the Santa Special which took place the following Saturday. This is an event that they have run for 18 years when they take disabled and disadvantaged children, their siblings and parents/carers on the local steam railway. Every child meets Santa and receives a present and goody bag, while Lions and friends walk through the carriages singing Christmas songs.

PICTURED: The Burntwood Santa Special





Cheque and 'love boxes' presented to Barsham Church

For over 10 years the members of Barsham Church have been collecting shoe boxes and filling them with Christmas gifts for children in orphanages in Moldova.

They are known as 'Love Boxes', each one is wrapped with Christmas paper and filled with suitable presents, each box is labelled for the age group and whether it's for a boy or a girl.

The operation is organised by the Mustard Seed Relief Mission and every year they will arrange for over 30,000 Love Boxes to be sent to children's orphanages all over Europe. Beccles and District Lions Club donated £200 to cover the cost of transporting the Love Boxes to Moldova.



PICTURED: At the Love Boxes dedication service at Barsham Church



PICTURED: (L-R) Lions Garry Bishop, David Fitzpatrick and David Colston, Suzanne Thorne of St. Barnabas Children's Centre, Lion Stephen Taylor and Nick Ward of the Salvation Army

Portishead Lions help support families at Christmas

Seventy Christmas hampers were delivered to local families to help make their Christmas brighter. St. Barnabas Children's Centre identified the families who would benefit and they were put together by the Salvation Army.

Portishead Lions provided the transport, making this a great example of different local organisations working together to help people at Christmas.

Tring Lions at Christmas

In the weeks leading up to Christmas, Tring Lions raised nearly £3,000 to support the local community. That figure includes the proceeds from the Christmas carols event where around 900 people turned out. The event has been a Tring tradition for many years, it was taken on by Tring Lions in 2012 and it continues to grow.



PICTURED: Tring Lions Christmas carols >>



50 YEARS OF LOCAL SUPPORT

Every day, around 50 people in the UK are told they have Parkinson's

Raise vital funds in our 50th anniversary year and help make a difference.
Call today for your pack :

Fundraising@parkinsons.org.uk
020 7963 3912



PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.



Wokingham Lions festive dash



PICTURED: Darren Prevett (left), owner of Anytime Fitness in Wokingham, presents certificates to the winners of the costume competition, Kirsty Mulhall and Sharon Mulhall

Dashing around Wokingham was fun for those who dressed in something festive for the 1.5km run. Organised by Wokingham Lions as a new fundraising event, the Festive Dash in November added merriment to the annual Winter Carnival. All proceeds will be donated to Macmillan Cancer Support.

Sharon Mulhall and Kirsty Mulhall each won a three-month membership to Anytime Fitness Wokingham, as prizes for the best adult costumes.

RAFFLE WINNER PICKS UP £129 OF GROCERIES IN THREE MINUTES!

Wokingham Lions Club organised Christmas trolley dash at the

Sainsbury's Winnersh store, which raised £818 for worthy causes.

For the price of a £2 per ticket, customers had a chance to win their entire 'big Christmas shop.' The lucky winner of the raffle had three minutes to dash through the aisles, stocking up on as many Christmas goodies as possible.

Organiser, Lion Patrick Allen, thanked the public for buying raffle tickets, as well as Barry Relf, the assistant store manager, and Kim Broadhurst, Sainsbury's Public Relations Liaison officer, for their cooperation.

"It was fun watching the winner literally throwing goods into the trolley. It was a good thing that he didn't choose any eggs! The total value of his items was £128.79."



PICTURED: Christmas groceries sorted!

A very happy Christmas with Woking Lions

On the afternoon of Christmas Eve a band of enthusiastic helpers laid tables and prepared for the Woking Lions annual lunch at Moorcroft Centre, for those who would have otherwise been on their own on Christmas Day.

More volunteers picked up guests on Christmas morning to ferry them to Moorcroft as well as Bustler driver, Richard Shaw, who did two runs to collect those with mobility problems.

An excellent lunch of turkey and the trimmings was cooked by chef, Michelle Kerlake, assisted by Ashley Stockwell, and a generous number of helpers served the meal with Christmas pudding or fresh fruit to follow.

Woking Lions would like to thank all those who gave during their collections at local stores prior to the festive season. President, Bob Hills, said: "This is one of the best Christmas lunches we have held. Everything went like clockwork and it was evident that guests thoroughly enjoyed themselves."



Is Woking the only Club to put on an event on Christmas Day? Let the editor know at: nickyr@warnersgroup.co.uk



Santa's little helpers



For children especially, Christmas is an exciting time full of expectation of getting a present but sadly, some parents can't afford to make this happen.

So Zone E Lions (District 105 A) decided to make Christmas memorable for some disadvantaged children. Money donated by six clubs meant that 26 children were given a present on Christmas Day. Lions Rita and Sanjay delivered the presents to the Mother's Group at Acton Homeless on 19th December. Both of them were taken aback by the response of the mothers, who had big smiles on their faces as their children would get a well-deserved treat.

« **PICTURED:** (L-R) Ian Breen, Centre Manager and his volunteers with Lions Rita and Sanjay with the boxful of presents

Weymouth's Christmas Day harbour swim

Weymouth Lions have run their annual Christmas Day harbour swim since the mid-70s, it has grown immensely since then and 330 brave souls took the plunge last Christmas, raising thousands of pounds for charity.

The weather was kind and there was a fantastic atmosphere. Some 4-5,000 people watched and many of the swimmers were in fancy dress. Each swim was limited to 50 for safety reasons and there were canoe lifeguards on hand to help if needed.



PICTURED: Working up an appetite for the turkey! »



PICTURED: (L-R) Jenny Fyfe, President of Oadby & Wigston Lions Club and Olivia Truman, Slimming World consultant

Mountains of food

Members of the Oadby & Wigston Lions Club got a great surprise when they were invited to 'Slimming World' Wigston.

The Slimming World members had donated a mountain of food for the South Wigston Foodbank. It took two car loads to take it to the Lions store. A great thank you for a generous donation.



Unforgettable Christmas in Dartford

Throughout December, Dartford Lions Club joined with Dartford Borough Council (DBC) and Dartford Living to bring the festive spirit to the community, in the shape of Santa himself and his vintage fire engine. Children from all over Dartford were able to meet Santa and take photos, as well as get a free gift from DBC.

Dartford Lions provided their own custom van with music and a light-up sleigh on top. Council Leader, Jeremy Kite, said: "The Lions told us about their plans for Christmas which dovetailed perfectly with the Council's own ideas so we invited them to join us and together we created an unforgettable Christmas experience for hundreds of families.



PICTURED: Dartford Santa's transport



PICTURED: Dartford's magnificent vintage fire engine



PICTURED: This Fairlop Christmas party was attended by the Mayor of Redbridge her consort, the District Governor, Doreen Allen, and Lion Andrew Allen (Father Christmas)

Fairlop Lions host Christmas event

On Saturday 9th December, Fairlop Lions hosted Christmas event at Little Heath School. This is a well-established and successful special needs school for pupils aged 11 – 19 years. On the day, Fairlop Lions provided entertainment, DJ, games such as pass the parcel, Christmas gifts to each child, food and their very own Santa!

Happy Christmas from Hayle

Father Christmas collected his new sleigh from Hayle and District Lions at the quayside Christmas Market in Hayle. Lion Terry Watson designed and built it and several local companies supported the Lions with donations. Special thanks, however, go to Lion Jen Broadbridge who gave most generously in memory of her husband, John.



PICTURED: (L-R) Lions Terry Watson, President Tony Jose and David Girling



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Santas running for Kidneys for Life

Romiley and Marple Lions had a hectic but very satisfying Christmas season.

232 people took part in the Marple Santa Dash (the most they have ever had), enabling the Club to pay £2,320 into the Lions Club Charity Account. £2,000 was raised in the Dragon Miniature Railway's Father Christmas Grotto and a further £840 hosting breakfast and teatime sessions with Father Christmas in the Marple Garden Centre (Wyevale) Restaurant.

The Club acknowledges the wonderful support that they receive every year and they work extremely hard to let people know what they do with the hard earned money that they so kindly donate.

PICTURED: Santas of all ages at the Marple Santa Dash in aid of Kidneys for Life >>



Southam and District Lions' Christmas tour



PICTURED: The Southam and District Lion's sleigh

Because Southam and some of the surrounding villages have had a large increase in housing, Father Christmas could not visit all of the locations covered in previous years. Instead he stopped at four or five designated places each evening. The local residents were advised where these would be and what time Santa would arrive there and this worked very well. At each stop there was a long queue of parents with their children, eager to see Santa. They each received individual attention and a packet of chocolate drops. Santa sat proudly in his newly refurbished sleigh with a magnificent show of glittering lights and the sound of Christmas songs.

The Lions Club are grateful for the work of Jaguar-Land Rover in renovating the sleigh, also for the loan of a Discovery to tow the sleigh and transport the 'elves' (Lion Club members and other volunteers) between locations.

£3,831.19 was collected for the Lily Mae Foundation, a Leamington-based charity, which supports parents and families who have suffered the loss of a baby.



Father Christmas collects a new Lion

Bodmin Lions' Father Christmas sleigh managed to collect not only a very useful £5,906 in December but also a brand new recruit!

<< **PICTURED:** Bodmin Lions' impressive sleigh



Torpoint and Rame Peninsula Lions New Year dip

The Torpoint and Rame Peninsula Lions New Years' day dip in Cawsand bay was very well attended last year. More than over 150 people took part all in fancy dress, and an estimated 1,000 people crowded the beach and the streets to support those taking part.

In recent years, the event has been blighted by atrocious weather which has deterred some dippers but last year the weather was exceptionally beautiful and drew people out to witness a brilliant spectacle.



PICTURED: Brave New Years' day dippers

No time to get dressed!

Denby Dale District Lions retired their old Santa's sleigh when it finally gave up the ghost after 20 years of loyal service.

Vice President Lion Andrew Marwood, an engineer, built the new one last March, and what a sleigh it is! With a sound system, multi-colour LED lights and a snow machine, it was an instant success with children and parents alike. It even has a panic button!

The reindeer is called Philip, in fond memory of Lion Philip Robinson who built and maintained the previous sleigh and who passed away last February.

Santa's sleigh is one of the Club's biggest earners so the investment in terms of time and money was well worth the return. We spend every weeknight in December touring the streets of the local villages with Santa's elves knocking on doors collecting donations. Parents can bring their little ones out to meet Santa and tell him what they would like for Christmas. Each child gets a special 'Santa lolly'. They've even had children that have been unceremoniously plucked from the bath, wrapped in a towel and presented to Santa still steaming.



PICTURED: Denby Dale's magnificent sleigh



Young Leaders in Service

As part of the Young Leaders in Service Scheme, Warwick Lions have mentored four young women over the past three years as they have been carrying out their community service, by helping to run the St. Mark's Leamington Spa Rainbow Guides Company.

At the end of 12 months, Warwick Lions attend a meeting of the Rainbows to make a formal presentation of the Young Leaders in Service award to the helper in question. On the last three occasions, local baker, David Brown has added to the sense of occasion by producing a celebration Lion cake.

Dave made the cake pictured for the Gold Medal presentation that Warwick Lions made to 17 year-old Grace of Leamington Spa.

PICTURED: Dave's delicious Lion cake >>



PICTURED: (L-R) William, Rick Talbot, President of Gnosall & Newport Lions Club, art teacher, Amanda Corbishley, and Isobel

Burton Borough pupil wins a peace award

Representing the Gnosall & Newport Lions Club, pupils at Borough School in Newport entered the Lions Club Peace Poster competition this year for the first time.

The pupils had to design a poster based around the theme of 'kindness matters' and include an original quote on peace. Their art teacher, Amanda Corbishley, said that the competition had generated much enthusiasm resulting in a large number of entrants. The overall winner at the school round was Isobel Pessoa and the runner up was William Arnold.

Along with about 400 other posters, Isobel's was judged at the district competition held recently in Chester and she was placed in the runner up position.

Young members join dynamic Dartford Lions

At the January business meeting of Dartford Lions, two new members were welcomed to the Club. 16 year old Manraj Sandhu and 21-year-old William Malingan were both sponsored by Lion Avtar Sandhu MBE.

Dartford Lions Club President, Graham Illsley, said: "It is wonderful to induct two young and enthusiastic members, they are our future and have quickly settled into the Club. We are looking forward to seeing them develop further in Lionism."



PICTURED: Lions William and Manraj at the Dartford Lions 50th Charter celebrations



District 105 A Mad Hatter style celebrations

The 11th District Youth Celebration party was held in November at Allum Hall, Elstree. More than 500 people attended and everyone had a great time.

Leos, Lions and family members arrived early in the morning to set up the Mad Hatter's tea party theme ready to welcome guests.

District 105 A thanks the following Clubs for their support: Ampthill District, Aylesbury, Biggleswade Sandy, Bletchley Milton Keynes, Chipping Barnet, Ealing, Edgware, Enfield, Fairlop, Feltham and Whitton, Harrow and Pinner, Hatch End Centennial, Hayes and Harlington, Hemel Hempstead, Kenton, Letchworth & Baldock, London Acton, London Belmont, London Covent Garden, London Golders Green, London Hendon, London Kingsbury, London Mill Hill, London Seven Kings, Luton, MK Stony Stratford, Northwood, Redbridge Centennial, Royston, Ruislip, St Albans, Stanmore, Stevenage Corey's Mill, Sudbury, Thame, Tring, Wanstead and Woodford, Watford and Wembley.



PICTURED: A room full of happy faces

Lions youth award



PICTURED: Lion President, Viv Broadhurst, Matthew Daddow, Lion Youth Officer, Peter Cale and Holly Campbell

Holly and Matthew are the head girl and head boy of Pool Academy. Camborne Redruth and District Lions Youth Officer, Peter Cale, said that the work that they are both doing with a project looking at loneliness in the community, make them ideal candidates for the Lions Youth Achievement award.

Initially, this project headed by Holly and Matthew, targeted elderly people, but has now expanded to cover loneliness amongst younger people too. They enlisted the help of their peers and younger students in the hope that the Academy will be able to continue the project when they leave school at the end of the academic year.

Holly and Matthew were each presented with a Lions' Certificate and a £50 Amazon voucher

Young Harrogate artist

Harrogate High School pupil, Sophie Hardaker, winner of the District 105 C Peace Poster competition was presented with a certificate and a trophy by District Governor, Clive Barwell. (See Sophie's picture on page 51).



PICTURED: Sophie receives her trophy for her beautiful poster



A World in need, a foundation of support



On her 16th birthday, Brooklyn Driver earned her driver's license. In her teens, she also captained her tennis team, backpacked through Europe and became a skilled trap shooter. Not easy for the American teen from Lafayette, Tennessee, who at 18 months old, was diagnosed with numerous eye complications and was told she'd never drive a car, play sports, or function normally because of them.

Thanks to Lions, Brooklyn overcame her obstacles. For 10 years, she received care at the Tennessee Lions Eye Center at Vanderbilt Children's Hospital in Nashville. "Without Lions, I'd never have accomplished so much and seen the world," says Brooklyn. "Lions Clubs International Foundation [LCIF] changed my life, making the seemingly impossible a reality."

GLOBAL FOUNDATION LOCAL IMPACT

In many communities, Lions are best known for serving individuals with visual impairment. But Lions' work expands far beyond the realm of vision. In fact, Lions provide comfort and care across eight critical areas, and LCIF's *Campaign 100: LCIF Empowering Service* will ensure Lions have funding to serve well into the future.

INCREASE SERVICE IMPACT

Vision: Through Campaign 100, LCIF will help eradicate infectious blindness, reduce avoidable blindness and visual impairment and improve quality of life for people with blindness or visual impairment.



Youth: Our Lions Quest programme has already served more than 16 million youth. Through Campaign 100, LCIF will improve access to quality education, health services, social and recreational opportunities and positive development programmes. Discover more at: www.lions-quest.org



Disaster relief: Through Campaign 100, LCIF will prepare for, and respond to, natural disasters to provide short-term relief and long-term recovery of communities worldwide.



Humanitarian causes: Through Campaign 100, LCIF will sponsor and deliver programmes addressing the distinct needs of at-risk and vulnerable populations disproportionately impacted by social and economic factors.



FIGHT DIABETES

Diabetes: Diabetes is a leading cause of death worldwide and of blindness and visual impairment. It's also the sixth leading cause of women's death. Through Campaign 100, LCIF will respond to this epidemic, helping prevent the devastating disease through comprehensive health initiatives.



EXPAND OUR GLOBAL CAUSES

Childhood cancer: Every two minutes, a child is diagnosed with cancer, with survival rates of children in low-income countries as low as 10 percent. Through Campaign 100, LCIF will strengthen medical and social services, increasing global life expectancy of children with cancer and enhancing their quality of life.



Hunger: LCIF will work towards a world in which no one goes hungry. Campaign 100 will enable us to improve food access by investing in infrastructure and improved transportation systems that increase capacity of food banks, feeding centres and distribution facilities.



Environment: Worldwide, some 1.8 billion people use a drinking water source contaminated by faecal matter, and 40 percent are affected by water scarcity. Through Campaign 100, we'll protect environmental health, generating long-term, positive ecological impact.



CALL FOR SUPPORT

There's a world in need. Fortunately, Lions are here to serve through life-changing initiatives funded by our Foundation. Please participate in Campaign 100 and #BE100. Donate now at: lcif.org/donate

Lions Quest teaches social emotional learning to children in Slovakia

By Jamie Konigsfeld

Lions Quest has made its way to students in Slovakia for the very first time, and now has its first Lions Quest-trained dog.

Lions in Slovakia received a US\$10,000 grant from Lions Clubs International Foundation (LCIF) in order to create the pilot programme for Lions Quest in their country. The grant helped translate Grade 7 *Skills for Adolescence* into Slovakian and helped host workshops to train 40 teachers in southern Slovakia.

Both of the workshops were successfully completed by the end of June 2018. In addition, the first-ever Lions Quest-trained dog has completed the workshop! Endy is a guide dog for the Slovakian translator who worked the workshops. In southern Slovakia, Hungarian is a commonly spoken language and this Lions Quest training session was presented in Hungarian. With both Hungarian-speaking and Slovakian-speaking attendees, a translator was present to ensure everyone could understand the programme. Senior trainer, Gabor Papp, said: "She [Noemi, the translator] was a great interpreter. Actually, Endy the dog was to Noemi in

terms of sight as Noemi was to me in terms of hearing and understanding."

The workshops were a success, so our Foundation has awarded a second grant for US\$15,000 to continue the implementation of Lions Quest. Lions will be able to host three more workshops, finish Slovakian translation of the materials, and begin to train local Lions Quest trainers.

After the programme is fully implemented, Lions are hoping it can be accredited and added to the national registry of acceptable programmes. This will open doors to schools around the country and hopefully raise more Lion awareness, involvement and financial contributions for potential programme expansions.

The seventh grade students who are benefitting from Lions Quest will gain the skills needed to build healthy, productive lives. Lions Quest builds character by teaching kids about positive behavior, anti-bullying, drug

and alcohol awareness and service learning. They also create a positive connection to school, promoting a safe and healthy environment to continue their education.

The students of Slovakia have a bright future ahead of them. To help expand Lions Quest or establish it in new areas, consider making a donation to Lions Clubs International Foundation's Empowering Service fund.

Visit: [LCIF.org/BE100](https://www.lcif.org/BE100) to learn how Campaign 100 will serve youth through improved access to quality education, vital health services, inclusive social and recreational opportunities and positive development programmes.

For all enquiries on the Lions Quest and Lions Lifeskills, please contact Lion Mandy Broadbent on **01204 435340**, or visit www.lionslifefskills.co.uk





Take part in the Tonbridge Triathlon 2019 and help beat blood cancer



Tonbridge Triathlon has provided The Lions International Blood Research Appeal (LIBRA) with five places for its annual triathlon on Bank Holiday Monday, 6th May 2019.

LIBRA supporters can enter the event for FREE and help raise vital funds to tackle blood cancers including leukaemia, lymphoma and myeloma. This popular, annual event takes place at Tonbridge School Sports Centre, London Road, Tonbridge.

The sports facilities are fantastic and were used by the Australian Olympic team in preparation for the London 2012 Games. The Triathlon includes a 400m swim in a pool, 25km cycle ride, plus a 5km run. Participants can opt to do all three elements as an individual or pull together with a team mate and only take part in their chosen discipline.

LIBRA trustee and Tonbridge Lion, Michael Adams, said: "Thanks to the generosity of Tonbridge Lions Club, who are the triathlon organisers, we can provide five lucky entrants with their places free of charge. Why not register as an individual or as a group? Entry normally costs £40 per person so if you enter a team of five this saves £200. All we ask is that you raise a minimum of £200 per person.

"All funds raised for LIBRA will go to the haematology department at King's College Hospital in London. Funds will enable world-class professors and their teams to create new life-saving treatments for blood cancer patients in the UK and overseas. Enter this exciting event and help us to save more lives."

CHANCE TO RAISE MONEY

The event makes a splash with the pool swim starting at 8.30am, followed by an on-road cycle which will take entrants along a scenic route around Tonbridge. Finally, participants will take part in the run which is along a flat route and takes in the pretty school grounds. Winners receive a special finishing medal and certificate of appreciation from LIBRA.

Triathlon organiser, Bob Bartlett, said: "This is a great opportunity for LIBRA supporters to raise a significant sum of money. Individual charities have raised over £5,000 in the past through team entries of five people. We usually

have around 500 entrants and there is a wonderful atmosphere on the day. Entries are already 30 percent higher for the 2019 event!

"People with a range of abilities take part, from charity participants through to top class triathletes. This event really is suitable for anyone who wants to get active in the name of a very worthy cause. Register with LIBRA as soon as you can to avoid disappointment."

REGISTER NOW!

Please contact Claire Allaker to register your interest in taking part for LIBRA today by calling:

01428 656283 or email: info@libralionscharity.org

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Raising up new voices

The New Voices initiative celebrates women's contributions to Lions Clubs International. It focuses on increasing the number of women in Lions Clubs and closing the gap between men and women in leadership positions.

"New Voices means new ideas," says IP, Gudrun Yngvadottir.

Speaking to more than 1,000 delegates gathered at the 2018 International Convention in Las Vegas, Gudrun said it wasn't originally on her agenda to start a women's initiative.

"In fact," she said, "when I made my first official visits, I was careful not to touch on women's membership or leadership. But, to my surprise, wherever I went, I was asked what my strategy would be to promote women in Lions Clubs International. The women would come up to me and say how they were waiting to see what I would do. I thought to myself, 'If not me, who?' I felt this is what Lions want. So here we are!"

WHY IT IS CALLED 'NEW VOICES'

"As I travelled around the world, I saw a lot of diversity in membership and leadership between men and women. Even in many places where women were not members or leaders, they were playing an important role behind the scenes – organising meetings, running projects and managing activities. They were silently working, but did not have a voice.

"We don't have to look for women – they are there – all that we need to do is bring their ideas, their talent, their commitment to the table. They needed a new voice. And I thought this would be the right time to give them a platform so that together we can take this organisation forward."

By working with the Global Action Team, District Governors, and Council Chairs to create awareness, New Voices will identify Lions who have made a difference but whose voices have not been heard.

NEW VOICES

- Celebrates women's contributions to Lions
- Promotes gender parity by focusing on the increasing number of women in Lions Clubs
- Works to close the gap between men and women in leadership positions

GET INVOLVED!

Visit the website: To learn more about the programme visit:

<https://weserve.org/newvoices>

Read the profiles: Gain inspiration and enjoy the stories told by New Voices team leaders from all constitutional areas as they share their thoughts and experiences as a Lion.

Share your own experience: Post your story on social media about how your work as a Lion has supported women in membership, leadership, service, and marketing, and you may be invited to an exclusive seminar with IP Gudrun in Milan. <https://www.facebook.com/groups/lionsnewvoices/>

Email us: Reach out to us at:

newvoices@lionsclubs.org and tell us how you've joined the move to unleash the potential of women in our clubs.

BE YOURSELF

Meet New Voice Global Chairperson, Sangeeta Jatia.



When Past International Director, Sangeeta Jatia, first took on a Lions leadership position in 2004, she thought she had to mimic the male leaders around her – talk like them and dress like them.

A Calcutta Midtown Lion since 1988, she was preparing for her role as district governor in 322 B1, and she



thought she should wear a suit jacket like the male leaders she knew in India where the climate is not conducive to jackets, and women traditionally wear sarees.

She ordered some jackets. She began to throw her voice at meetings, to be more aggressive, adopting the back-slapping camaraderie of the men, she writes in her New Voices online biography. She thought it would send the message to others that she was truly a leader to be listened to.

But she soon learned that the Lions were not impressed with mimicry. They appreciated her for her different ideas that she expressed in her quieter, feminine voice. She realised the voice she really needed to listen to was her own.

She stopped trying to fit in.

“Being authentic was liberating,” she says.

Now, as the Global Chairperson for New Voices, Jatia encourages women to not be like her, but to be themselves.

She also erroneously believed the divide in how men and woman behave as Lions was only present in small, conservative towns, she says. “But to my surprise it is in every culture, in every place. Many women did not know they could be Lions. They came to projects, worked at meetings, but did not have a say in club affairs. Even now, you have to tell them ‘you can lead.’”

“They need mentoring. They need a nudge. And once they get involved, there is no looking back.”

Jatia suggests Lions work to make clubs and districts women-friendly, with late evening meetings and Sunday meetings that include family. Lions need to be the ones to educate society that Lions are indeed both men and women. And while these Lions – men and women – work daily to meet the needs of all those they serve, she says, “We need to understand the needs of each other.”



Lions Clubs International
FOUNDATION



World Sight Day

To acknowledge World Sight Day in October, Petersfield Lions Club held an event along Petersfield High Street to raise awareness of the problems that visually impaired and blind people encounter while walking around town, and to highlight the Lions' spectacle collection and recycling programme.

Petersfield Lions President, Sandra Manktelow, presented 10 collapsible white canes to the Open-Sight charity.



PICTURED: The Petersfield Lions World Sight Day event

Clean water programme

A 'Reading in Schools' project started in 2010 in a village in Northern Philippines quickly extended to 22 villages. However, it became apparent that many of the children in the project had difficulty reading because of serious eye infections. So with around 4,000 children likely to be similarly infected by drinking water contaminated with bacteria, the Laoac United Lions Club of the Northern Philippines initiated a pump wells programme.

A pump well installed in one of the schools not only provided clean water but also enabled the children to grow vegetables and the Laoac Club provided 12 varieties of vegetables to each of the villages to encourage the community to help themselves.

Second Vice District Governor 105 W, Ben Manluctao, has close ties with the Laoac Club, which enabled Tetbury Lions to donate £2,000 to the project. This will fund at least two pump wells, depending on how deep they have to be drilled. Each pump well requires little or no maintenance and should last up to 30 years.

PICTURED: Drilling one of the pump wells



PSA testing day

Ryde Lions hosted a PSA testing day recently, when more than 200 men were given a simple blood test, to determine whether they were at risk of developing prostate cancer.

Jointly organised by the Isle of Wight Prostate Cancer Support Group and PCaSO, a cancer support organisation for Dorset, Hampshire, Sussex and surrounding areas, the day was deemed a great success.

Lottery grant secures Ironbridge Lions event

Thanks to all the lottery players and 'Awards for All', Ironbridge Lions and Ironbridge Rotary are now financially secure for their third successive PSA screening event.

Their previous two events saw 1,200 men screened FREE for this disease. At these events, 132 men were advised to seek further medical advice. The retired consultant who advises the event organisers, estimates that between 50 and 60 men have had their lives saved by diagnosing prostate cancer early.

The next event will be held at the Abraham Darby Academy, Madeley on 23rd March 2019.



PICTURED: (L-R) Ian Warburton, President of Ironbridge Rotary, Ironbridge Lions Mascot (John Marsh) and Jim Philbin, Ironbridge Lions President



Portishead Lions promote diabetes awareness

To mark World Diabetes Day last November, Portishead Lions handed out leaflets to promote diabetes awareness at the Portishead Medical Centre.

According to Diabetes UK, almost 3.7 million people in the UK have been diagnosed with the disease and 12.3 million people are at risk of developing Type 2 diabetes. This occurs when insulin is produced but not properly absorbed by the body but there are different ways of treating it. Some people can manage by healthier eating, being more active and losing weight and others will require medication to bring their blood glucose down to a safe level.

Lions Clubs are committed to getting across the message that diabetes is one of the top 10 causes of disability. Diabetes awareness is one of the organisations key projects.

PICTURED: Lions Liz Fitzpatrick and Roy Shaw at Portishead Medical Centre promoting diabetes awareness



Nailsea Lions thank Bristol Heart Institute

As a way of thanking the Bristol Heart Institute for the excellent treatment received by one of their members, Nailsea Lions donated £280 to help fund a new echocardiograph facility.

Lion Peter Etheridge was treated at the Institute some years ago, so during the summer, he and his wife, Vivien, opened their garden for the Lions' annual cream-tea afternoon and asked for the money raised to be donated to the Institute.

The new echocardiograph facility will provide all the necessary services, using state-of-the-art equipment right where it is needed.



Camborne Redruth free raffle at Morrison's

Members of the Camborne Redruth Lions Club raised £600 over three days at Morrison's, Pool, for the Children's Hospice South West 'Little Harbour' Appeal.

PICTURED: Kelsey knows every little helps

Cheers!

Following their successful gin tasting night, Spalding Lions presented £1,000 to representatives of Macmillan, to help them continue their good work in the local community.



PICTURED: Spalding Lions support Macmillan





Men's Shed Group at Marie Curie Hospice, West Midlands



Care and support through terminal illness

WHAT IS A MEN'S SHED?

Men's Sheds (or Sheds) are similar to garden sheds – offering a place to pursue practical interests at leisure, to practice skills and enjoy making and mending. The difference is that garden sheds and their activities are often solitary in nature while Men's Sheds are the opposite. They're about social connections and friendship building, sharing skills and knowledge, and of course a lot of laughter.

Although labelled sheds, they often aren't sheds at all. They can be empty offices, Portakabins, warehouses, garages, and in at least one case, a disused mortuary. Some Sheds are purpose built workshops, but they rarely start out that way. Many don't have premises at all in the beginning and instead form a group that meets regularly for the social connection, company and camaraderie until they can find somewhere to kit out with tools.

Many Men's Sheds get involved in community projects, for example; restoring village features, helping to maintain parks and green spaces, and building items for schools, libraries and individuals in need.

Research has shown the negative impact of loneliness and isolation on a person's health and wellbeing. Recently, more evidence has come to light that shows loneliness and isolation can be as hazardous to health as obesity and excessive smoking. Surveys from mental health charities are finding that millions of people report feeling lonely on a daily basis.

Men, typically, find it more difficult to build social connections than women, and unlike women of a similar age, fewer older men have networks of friends and rarely share personal concerns about their health and personal worries. It is not the case for all men, but for some, when retirement comes, it can feel as if personal identity and purpose is lost. Men's Sheds can change all of that.

THE MEN'S SHED GROUP AT MARIE CURIE HOSPICE, WEST MIDLANDS

The Men's Shed project is being supported by seven of the Lions Clubs in the Solihull area, who have raised money towards the £10,000 needed to build and kit out the shed at the Marie Curie Hospice, West Midlands.

- Balsall Common,
- Birmingham Exhibition,
- Castle Bromwich & District,
- Knowle & Dorridge,
- Marston Green,
- Shirley, and
- Solihull.

The Men's Shed will be used by local bereaved men. There are 15 men currently meeting at the hospice who are being supported by two volunteers. In essence, it is a meeting point for men who have lost their partner and who want male company.

One of the two shed units being acquired will be used as a meeting place when, over a cup of tea the men can just talk to someone else about whatever they like, be it football, the weather or the burning issue of the day.



PICTURED: Representatives of the seven Clubs (Balsall Common, Birmingham Exhibition, Castle Bromwich, Knowle & Dorridge, Marston Green, Shirley and Solihull)

The second shed will become a carpentry workshop where, under the supervision of one of the volunteers who used to be a woodwork teacher, they can make or mend.

The sheds can be and do, whatever the men want them to. The aim is to help the men to develop relationships with others in a way that is natural for them and this can have huge health benefits, reduce the risk of social isolation and loneliness and meet the unanswered needs which bereavement brings.

While the project at the Marie Curie Hospice, West Midlands, is being driven by bereaved men, for bereaved men, it can also be a perfect refuge for a male patient who just wants some male company away from the main hospice, even if it's only for an hour or two.

LION BRIAN HORNSBY

The idea for the shed came from Lion Brian Hornsby, who was a member of Balsall Common Lions club for over 40 years and died in October 2018. He fought bravely for 10 years against prostate cancer and its side effects. Lions Doug Cross (Solihull Lions Club) and Bob Thurtle (Knowle & Dorridge Lions Club) have worked hard to help the hospice bring the project to fruition.

- Six Clubs have donated £4,250,
- Balsall Common Lions have have donated £2,400 (to date),
- Friends of Lion Brian Hornsby have donated £1,100,
- Probus, Funeral Directors have sent £624 to the Marie Curie Hospice, and
- Balsall Common Lions have pledged an additional £1,626 when required in building phase bringing the total to £10,000, as shown on the cheque in the picture.



PICTURED: Brian's widow Christine, Lion Doug Cross and Suzanne McArthur of Marie Curie Hospice



PICTURED: At the moment, group meetings have to be held in the area where patients and their families sit. The Sheds will be perfect for these meetings and manual activities





Award for Burntwood Lions

Last September, Burntwood Lions Club held a fundraising night to support the Cannock and Burntwood First Responders Team, and raised £1,000 to help their appeal for a new vehicle. In November, the First Responders were presented with The Queens Award for Voluntary Services their work

within the community and they invited Lion Yvonne Simms and President Mike Simms to the event where they received an award from the Lord Lieutenant of Staffordshire, Ian Dudson, in recognition for their support to the First Responders.

Congratulations from Cleethorpes

As part of our centenary celebrations, all Lions Clubs were encouraged to search out unsung heroes in their local community. The Grimsby Cleethorpes Lions Club

searched the north east Lincolnshire area, and had great pleasure in recommending four local members of the community who were presented with their awards by Lion President, Mike Ramsden.

Jenny Follan who works at Tesco Cleethorpes as their Community Services Champion.

Julie Lewis, a collaborative assistant at the Hope Falls and Respiratory Clinic at the Val Waterhouse Centre in Grimsby.

Peter McRoberts, a volunteer who has worked tirelessly over the past 15 years for St. Andrews Hospice, Grimsby.

Rev. John Ellis, project manager for the Shalom Project, been heavily involved with the community of St John, St Stephen and Shalom Youth Project for over 40 years.



PICTURED: Lion President, Mike Ramsden, with the award winners

Recognising outstanding contributions to the community

Llandudno Lions Club presented special awards to five members of their local community in November and managed to keep the secret under wraps until the event, so the recipients had no idea that they were receiving an award.

First Vice District Governor, Lion John Chambers, MC for the event said: "These awards are to recognise those people who are not Lions, but give of their time unselfishly to help other in our community."

The Mayor of Llandudno, Cllr David Hawkins and Lion President Graham Shimmin, presented the Centennial Certificates for Outstanding Contribution to the Community to:

Mrs Teresa Evans, who has set up support groups in the town and supports our forces in many ways.

Miss Clare Forrester, who volunteers for nearly every event that Llandudno Lions hold and for her work with St Johns Ambulance.

Miss Diane Salisbury MJF, a familiar face in the community who volunteers at many events.

Mr Les Smith MJF, who has spent many years helping others at all sorts of events in the town.

A special cut glass award presented to **Mr Billy Baxter MJF**, a gentleman who is an absolute inspiration to us all and who has overcome his disability to inspire others in many ways.



PICTURED: Llandudno Lions Club award recipients



Worshipful Company of Tylers and Bricklayers installs first Lady Master

With a recorded history dating back over 600 years the Worshipful Company of Tylers and Bricklayers has installed its first Lady Master, Lesley Day.

Caterham Oxted and Godstone Lions Club member, Lesley, spent over 26 years in the world of trade associations involving wall and floor tiles eventually becoming the Executive Officer of The Tile Association, the trade association representing the wall and floor tile industry in the UK.

In 2006, she was installed as a Liveryman of the Worshipful Company of Tylers and Bricklayers. In the Livery she has served as Chairman of the Website Committee; Honorary Secretary and Treasurer of the Company's Charitable Trusts, a Court Assistant and was the first lady Warden.



PICTURED: Lesley Day, Master of the Worshipful Company of Tylers and Bricklayers

Plymouth Lions Outstanding Achievement awards

Plymouth Lion President, Graham Hyde, presented an Outstanding Achievement award to Hilary Knight for her unwavering help at the Shekinah Mission, feeding and attending to the needs of the homeless of Plymouth.



PICTURED: Hilary Knight and Plymouth Lion President, Graham Hyde

A Centennial Certificate of Appreciation was presented to Alan and Maureen Stockdale for their unstinting efforts in managing and supporting the Plymouth Special Olympics Team. The Special Olympics Plymouth Club provides opportunities for all people with learning disabilities so that they can develop skills and confidence.



PICTURED: Alan and Maureen Stockdale with Graham Hyde

A Centennial Certificate of Appreciation was also presented to Irene Wills for her services to the Pisces Swimming Club and to the community in Plymouth, Devon. Irene is a leader at Pisces Disabled Swimming Club, which provides private swimming sessions for people of all ages with any disability.

Lion Philip Barnicoat presented a Centennial Certificate of Appreciation to Mark Vidler for his efforts and community spirit at Devonport Park and surrounding community.



PICTURED: (L-R) Lion Philip Barnicoat presents a Centennial Certificate of Appreciation to Mark Vidler



PICTURED: Irene Wills receiving her Outstanding Achievement award

A big Centennial thank you!

Oadby and Wigston Lions Club presented a Centennial Certificate of Appreciation award to Robert and David Calow. Robert is the manager and David is the conductor of the Bardi Wind Orchestra.

The orchestra and the Lions have staged a charity concert at the De Montfort Hall, Leicester every year for the past nine years. Each year the concert has helped a different charity and has raised thousands of pounds, the next charity concert will be on 16th June in aid of the Derbyshire, Leicestershire and Rutland Air Ambulance.



« PICTURED: Beach motocross at Weymouth

Another record event for Weymouth Lions

Some 20,000 motocross fans descended on Weymouth to watch the annual Beach Motocross, staged by the Lions and Purbeck Motocross Club.

360 riders took part including four times world champion and World Enduro Champion, Steve Holcombe, former European

and British Enduro Champion, Daryl Bolter, the three times winner of the Beach Race, local lad, Jake Shipton, and no less than eight British champions, including the women's champion, Catherine King. This thrilling event raised around £4,000 for the Club's charity fund.

Lions Crystal Golf Competition raises more than £7,000

The 28th Lions Crystal Golf Competition took place in September at Truro Golf Club. 52 teams entered and enjoyed a wonderful day of golf, raising more than £7,700.

At the evening function, Lion President, Lesley Clarke, presented a cheque to Charity Cornwall Hospice Care for £1,000. Other organisations who will benefit from the money raised are Cornwall Blood Bikes, Cornwall Air Ambulance and Huntington's Disease Association.



PICTURED: Lion President, Lesley Clarke, presenting a cheque for £1,000 to Cornwall Hospice Care »



Worthing Lions host the Visually Impaired Bowls National Triples

Worthing Lions Club, led by Lion Peter Rixon, hosted the Visually Impaired Bowls England (VIBE) National Triples at Beach House Park, Worthing, in the summer.

Peter plays an integral part in supporting the bowlers with the help of members of Worthing Lions Club, who served teas, coffee and lunch and helped bowlers on and around the greens.

In recognition of Peter's work, Clive Robinson of Cheddar Vale Lions Club and President of Visually Impaired Bowls England, presented him with the VIBE President's cup.



PICTURED: Clive Robinson of Cheddar Vale Lions Club and President of Visually Impaired Bowls England with Peter Rixon of Worthing Lions Club and recipient of the President's cup

Visually Impaired Bowling Championships



PICTURED: The bowling in full swing

Lions from Coventry Leofric, Kidderminster, Knowle, Rugby Rokeby, Sandwell, Shirley and Warwick all responded to PDG Neil Chisholm's call to become 'Knights of the Blind' at the beginning of July, by turning out to help bowlers competing in the annual National Visually Impaired Bowling Championships, held at Leamington Spa's Victoria Park bowling greens.

Neil said: "Helping these remarkably talented bowlers is a rewarding experience and District 105M have once again stepped up to meet Helen Keller's challenge to Lions to serve in the crusade against darkness."

SPECIAL WHEELCHAIR DONATED TO BOWLING CLUB

At the last tournament though, one visually impaired competitor who also uses a wheelchair, was unable to

participate because it was felt that the wheels of his chair would damage the greens.

So Warwick Lions have donated a specially designed wheelchair to the club which meets Bowls England's legal requirements. A spokesman for the bowling club said: "We are most grateful to Warwick Lions for this donation, which will allow wheelchair users to make full use of the Club facilities."

PICTURED: Lion President, John Tunney, with Bowling Club Chairman, David Wigman, Warwick District Council Chairman, Stephen Cross, and some Warwick Lions





Keeping Cannock clean

In April, 10 Cannock Lions volunteered to litter pick at Milking Brook valley, Heath Hayes. It was a sunny day and the pathway leading to the pool, as well as its entire circumference, were litter picked. While the pathway was relatively free from litter compared to the pool area it still yielded some interesting items including a base shower unit base, a rusty bicycle, a car wheel and hundreds of cans and glass bottles.



PICTURED: Cannock Lions litter pickers

Legacy tree planting

As the geobiologist, Hope Jahren, said: "People don't know how to make a leaf, but they know how to destroy one" and last December, Lions from Zone E planted 100 trees at Silver Jubilee Park. They planted English Oak, Silver Birch, Beech, Hornbeam and Alder – planting trees is one of the most important things we can do to contribute to the health of our planet and these trees will be members' legacy to future generations.



PICTURED: Zone E Lions and helpers with some of the little trees



Beach cleaning project

Once a month, members of Fleetwood and Cleveleys Lions Club spend a couple of hours cleaning an area of Fleetwood beach. Members of the public say what an excellent job the Lions are doing.

PICTURED: Lion President, Margaret Purcell clearing rubbish from the boating lake



Keswick's £1 million!

Keswick Lions are celebrating their 30th year and commissioned a willow lion and flower bed in the town's Hope Park, along with a slate plaque commemorating that they have raised more £1 million!



Southwell and District Lions preloved house party #2

Southwell Lions' charity 'dressing up party' in 2017, where guests were encouraged to trawl the local charity shops to find an outfit to wear, was such a great success that (in their words) "we were daft enough to do it again" in 2018.

The party atmosphere started as the Lions performed the Nottinghamshire HAKA. (Have a look at <https://www.southwell-lions.org/>)

A Mrs Doubtfire look-alike showed up as well as an Eddie Izzard. Lion members put on a show, which included miming to Tears of a Clown, Money, Money, Money, and Merry Christmas Everybody. The event raised about £1,500.



PICTURED: Mrs Doubtfire aka Lion Martin Smith

Beccles says "thank you"



Members of Beccles and District Lions Club visited the East Anglian Air Ambulance Service (EAAA) base at Norwich Airport recently to present a thank you cheque for £1,500 from the people of Beccles. The money came from generous donations received at the bucket collections earlier in the year at Morrisons supermarket and in the town centre.

Soon to be on call 24 hours a day, seven days a week, this life-saving service has quickly become a vital part of the local emergency services – especially impressive in that the service is entirely supported by voluntary donations.

Woking Lions distribute £5,500 with the help of their local MP

At a presentation evening last September, Woking Lions distributed some cheques, being proceeds from their charity run earlier in the year. Local MP, Jonathan Lord, handed them out to the main beneficiaries: Transform Housing and Support and Woking and Sam Beare Hospices for their new building fund, the York Road Project for the homeless, the Bustler organisation, who provide transport for Woking Lions Christmas Day lunch, and Woking Scouts and Guides.





Kindness matters

The most recent essay competition was created to offer an opportunity for visually impaired young people to express their feelings on the subject of 'kindness matters – bringing peace to the world, through one child at a time'.

The winning essay was sponsored by Liverpool Lions Club 105 BN and the winner has been invited (along with their family) to the Houses of Parliament in March for the Lions UN Day when they will be presented with their prize.

The winning essay, by Joseph, is reproduced here:

KINDNESS MATTERS

Kindness is something that you show. It is an emotion and a feeling. A lot of people have struggles in life, but even just a little kindness is enough to help someone. If someone is feeling down, and somebody gives support, they can carry on with life not being as sad.

Support can give people hope and they may pursue things that they might not think that they could have pursued. This is how friends can help. Friends are one of the most important things and their care and support can really help.

Every person on the planet has feelings. Some people's feelings can get hurt easily, which means you should always

try not to say anything bad. Words can affect people. Bad words can make people feel sad or unmotivated, but kind words make people feel happy and motivated to carry on. Even if a person may seem really happy, and you think that words wouldn't hurt them – they can, so everyone should always remember that if their words are not necessary, then do not say them. Even if you think a comment is funny, some people may not. Instead, if somebody is feeling down, you can always give them a compliment and they may feel a lot better.

In a community, you can find a lot of nice people, but you also get people who are not so nice. If a nasty person says unkind things, then nice people might not have a good day. However, if nice people say kind things or do kind things for the nasty people, then unkind people may feel happier and then might want to be nice too.

There are a lot of poor countries running out of food and clothing supplies, and

there is a lot of crime, fighting over the food and clothing supplies. There are a lot of charities trying to help people in the developing countries survive. We can do things for these poor and developing countries, such as raising money for charity, by doing cake sales and small parties and a lot more. If more people do things like this, people in poor and developing countries can get food and clothing to survive. This would be an act of kindness.

Sharing, in many people's eyes, is an act of kindness. Some people may want to do something in their life that they may not think will ever happen, but sharing is something that can give people opportunities in their life. For example, if you have a guitar, and you let somebody play it, they may want to learn how to play the guitar. So, if people treated each other better – with kindness – their hopes will shine and dreams will be fulfilled. This is why kindness matters.



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Petersfield Lions sponsor winning peace poster

The peace poster competition strives to encourage young people between the ages of 11 and 13 to express their own personal vision of peace.

Since the competition began, more than four million young people from 100 countries worldwide have participated.

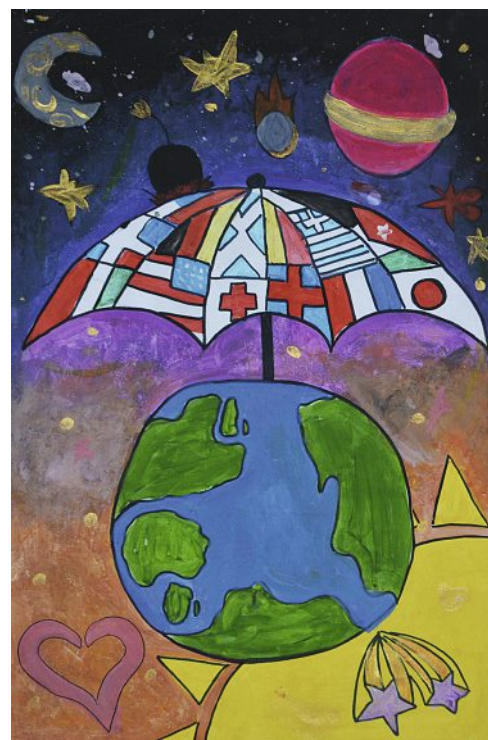
The young artists are free to use a variety of mediums and often, the finished work portrays the young artists' life-experiences and culture.

Again this year, we are delighted to report that every single District has taken part in the competition and because of the sheer volume of excellent posters, judging the winning District poster was very tough.

The winner of this year's competition, who was sponsored by Petersfield Lions Club 105 D, has been invited (along with their family) to the Houses of Parliament in March for the Lions UN Day when they will be presented with their prize.

Posters go through several judging levels; local, district, multiple district and international. At the international level, judges from the art, peace, youth, education and media communities select one grand prize winner and 23 merit award winners.

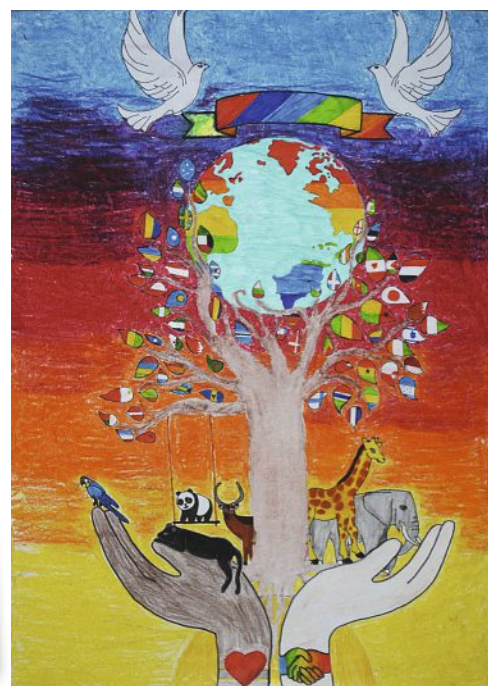
All the district winners were judged at Lions HQ in Birmingham in November, where an overall UK winner was selected and sent off to Lions International HQ for the International judging.



PICTURED: Peace poster entry from District NE



PICTURED: The winning peace poster, created by Jemma, sponsored by Petersfield Lions Club



PICTURED: Peace poster entry from District SW



PICTURED: Peace poster entry from District A



PICTURED: Peace poster entry from District E



PICTURED: Peace poster entry from District BN



PICTURED: Peace poster entry from District EA



PICTURED: Peace poster entry from District C



PICTURED: Peace poster entry from District M



PICTURED: Peace poster entry from District W



PICTURED: Peace poster entry from District SE



Blaby Lions quiz night raises £550



PICTURED: Blaby quizzers

Blaby and District Lions Club hold a quiz night twice a year at the Blaby social centre. The most recent one raised £550 and included a break for a fish and chip supper, the raffle itself raised more than £150 for local charities.

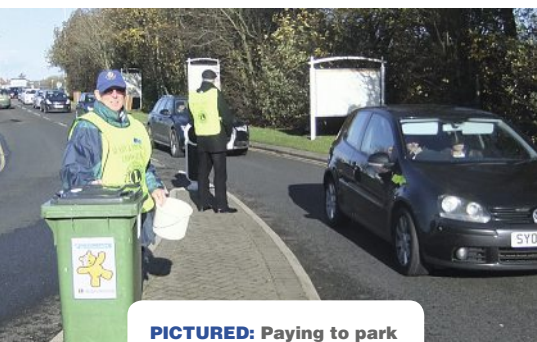
£1,000 RAISED FOR PROSTAID

Around 1,500 people went to Blaby Lions Beer Festival. More than 60 volunteers put in over 500 hours during the weekend to serve 70 casks and eight kegs of beer, lots of wine, prosecco and cider.

There was non-stop entertainment on the hour every hour throughout the entire event and the event now probably ranks as south Leicester's largest beer festival!

CHILDREN IN NEED

Blaby & District Lions did their bit to collect money for BBC Children in Need. In an unusual twist on collection tins, volunteers stood with wheelie bins at



PICTURED: Paying to park

Fosse Park, urging drivers to offer a parking donation by throwing in their loose change as they drove by.

Amongst the legal tender which was given they also received:

- A Great Yarmouth Pleasure Beach token;
- An Asda charity token;
- A shopping trolley token;
- 10 US cents;
- 50 Euro cents;
- 50 Bahraini fils;
- Two George V halfpennies;
- One new halfpenny;
- Two Icelandic Krona;
- One flattened Center Parcs penny; and
- A 10mm washer!

Over the past 20 years the Club has raised nearly £180,000. Children in Need co-ordinator, Lion Richard Fox, said: "Blaby & District Lions are very grateful to the management of Fosse Park, Sainsbury's, Asda, for allowing us to opportunity to support this very worthwhile cause.

"Such a busy day puts a huge pressure on our small membership of 12 and we are very grateful for the additional support from friends and other members of the public."

Bletchely Lions marathon effort

Members of the Lions Club of Bletchley and neighbouring Clubs manned one of the hydration stations for the Milton Keynes half marathon on behalf of the MK Hospital charity.

They handed out about two tons of water in 330 ml bottles to 3,000 runners for more than two hours. Afterwards, they cleaned up the water stop and the surrounding area, to leave the area at Walton Lake as nice as they found it.



PICTURED: Thirsty work

End of an era for tea dance

Gnosall and Newport Lions' monthly afternoon tea dances have come to an end because of dwindling numbers. To the Club this was devastating news as it had become part of their monthly programme and they all enjoyed putting it on for the village.

However, the Club is heavily involved in other projects, such as its Youth Programme, tin-rattling at the local Waitrose, working with Eccleshall Mercia Rotarians taking Santa around Gnosall to collect children's letters for him, and hosting a senior citizens party in Newport.

They have also made donations of £250 to GLEAN for the new library, £500 to Newport Scouts for refurbishment of their Scout hut, and £500 to Walton Hall School towards a new sensory unit.



Classic cars and bikes

Clevedon Lions' third annual Classic car and bike event, held to support the work of the Children's Hospice SW raised £7,500 for the Hospice and Lions Club charities, almost twice as much as in previous years.

The numbers of entrants, who have to own vehicles over 25 years old, have risen each year and over 180 cars and bikes booked in last year – a record number. After a country drive from Wyevale Garden Centre, Congresbury which took the drivers to Burrington Combe and then Cheddar, the afternoon was spent at the Salthouse Fields, Clevedon, which drew a huge crowd to see the magnificently restored and maintained vehicles.

Watch the event at: lionsbrimar.org.uk



PICTURED: Clevedon's classic cars

Buzzing Honey Fair for Callington Lions

Henry III granted Callington a charter for a honey market-day over 750 years ago and since then, the first Wednesday in October has been known as 'Honey Fair'.

After falling into decline, it was re-introduced in the 1960s and is now Callington and District Lions' major event.

President, Andrew Searle, said: "It takes all of our resources, with major road closures, more than 100 stalls, a fun fair, live local music and Cornish cream teas.

"Added to that is, of course, a display of honey and live bees by local bee keepers."

This sun shone for this year's event and there was a record family turnout going on into the evening, but Andrew said: "We could not do it without the considerable help of all the other Lions' Clubs in the area."



PICTURED: Cornwall Bee keepers with their produce and live bees at Callington's Honey Fair



Win a car!

Lions Club of Bletchley and MK Community Foundation are working with Volkswagen Group (UK) Ltd. The Lions sell car raffle tickets through October to January to raise funds for their community projects and retain 50 percent of the money raised, the rest goes to the MK Community Foundation and the draw takes place in February.

PICTURED: (L-R) Bletchley Lions, Reg and Fred, selling the car raffle tickets



Ivybridge Lions donation towards chair lifts

Ivybridge Lions Club have donated to a ground-breaking new project to provide chair lift equipment for NHS South Western Ambulance Service Foundation Trust (SWASFT) voluntary Community First Responders (CFRs).

A team of specialists looked to provide additional care for their patients in the lower priority Category Four, using the support of existing CFRs who are trained, governed and dispatched by the Ambulance Service following a 999 call.

Category Four calls have a response time target within 180 minutes, and typically involve patients who have fallen, but are not considered not to be in a life-threatening situation.

This project has enabled SWASFT CFRs to undertake specialist training and provided them with the lifting equipment to help patients much quicker. Hundreds of patients have been helped, meaning they are not left on the floor unnecessarily. It also frees up the emergency ambulances to remain available for the life-threatening calls.



PICTURED: Chair lift in the up position



Tonbridge Lions charity and community group walk

Under threatening skies (but with the promise of better weather to come) about 135 walkers took part on either a five or 10-mile walk, starting and ending at Shipbourne Village Hall, raising funds for more than 20 charity or community groups.

Tonbridge Lions Club planned and marshalled the event and supporters of other groups gathered the sponsorship and did the walking. Estimates indicate that more than £5,000 was raised.



Never too young!

At this year's Oadby and Wigston Lions sponsored swim the youngest participant was three year-old Evelyn, who was helping to raise funds for Kilby School.

PICTURED: Evelyn with her mum and Jenny Fyfe, Club President

Derwent Lions win for the homeless

Derwent Lions Club operated a water station for the Yorkshire Marathon, organised by Jane Tomlinson's Run For All – a not for profit organisation. This time, it benefitted the homeless!

Despite the miserable weather, Lions members and volunteers alike enthusiastically cheered on the runners, who responded with smiles and warm "thanks marshals" in appreciation of the support they received.

As the last runners made their way round the course, the Lions had much more to do. They had arranged to collect surplus water to give to the voluntary group 'Kitchen for Everyone', who provide York's homeless with much needed hot meals.

When asked how this came about Lion President Ken Sutcliffe said "After the York 10K, two of our volunteers (Karla Beltran and Michelle Sutcliffe) alerted me to an opportunity to make better use of surplus water from the water stations that we operate.

"I had read in the press how homeless people were often dehydrated so I contacted Jane Tomlinson's Run For All to see if I could collect surplus water and donate it to a York homeless charity. They were very supportive and I was delighted to find that Kitchen for Everyone (KEY) was ideally placed to distribute the water to those most in need."

On receiving the much-needed water KEY's manager Helen Rawling was over the moon. After their Tuesday kitchen she enthusiastically thanked Derwent Lions adding "Lots of water has already been taken but we still have plenty left to be handed out at our future sessions (Tuesdays, Saturdays and Sundays)."

Lion Ken concluded "I was delighted that our plan came together for the benefit of those less fortunate. I am grateful to Run for All for their contribution and I am hopeful that we can expand this venture going forward. It is a win-win for all."



PICTURED: Derwent Lions at the water station



Queues for new Lions shop

Tawd Vale Lions Club has opened its new Lions Den charity shop.

Club President, Lion Thelma Jones, worked in the shop on the day it opened with Club members, volunteers from the 55th Ormskirk Scouts and West Lancashire Police Cadets. She said: "The number of customers on our first day of opening took us by surprise. The opening hours will be from 10.00am until 2.00pm every Saturday, with extra hours planned for Fridays.

"All the money raised will be used to give support to local people in need, local charities and LCI charity projects chosen by our Club."



PICTURED: Lions Club members and their helpers



PICTURED: Mersea Island Lions' Summer Family Show

Sunny summer show

Mersea Island Lions held their Summer Family Show in bright sunshine at Waldegraves Holiday Park in August, raising funds for charities, clubs and people that we can help.



PICTURED: Along with Audrey Tidd and current Lion President, Sandra Manktelow (seated), are some of the Petersfield Lions Club members

Take a seat in Petersfield

Petersfield Lions Club refurbished a bench dedicated to a former Lion and the Centennial.

Audrey Tidd unveiled the bench outside Winton House Centre in memory of her late husband, Terry Tidd, just before Christmas.

Terry was a founding member of the Petersfield Lions Club, back in 1972, and President three times. He was a very enthusiastic and dedicated Club member.

Lions 30th anniversary lunch

Leicester Charnwood Lions Club have just celebrated the 30th anniversary of their Diwali lunch held at Belgrave Neighbourhood Centre.

The lunch was the brainchild of Lion Gulab Mistry, when he was President of the Club 30 years ago and he has run the event with help from other Club members ever since. Last year, the lunch was attended by about 120 elderly people from the East-West Lunch Club and the Belgrave Neighbourhood Lunch Club. Charnwood Lions funded the event, and many members served the lunch, which was prepared in-house.

Keith Vaz MP attended to thank the Club for the work done, and congratulate them on the 30 years of service.

Lion Gulab said: "I am delighted that we have been able to serve so many people over the years, and that the event is still running. Last year we had a cake specially decorated to commemorate the 30th anniversary, and it was served as a pudding."

Last year, Charnwood Lions gave £2,000 to buy fridges to help Fareshare East Midlands supply over 24,000 sandwiches to school children over the school summer holidays.



PICTURED: Charnwood Lions ready to serve lunch >>

PICTURED: Lion Gulab cutting the cake



PICTURED: The plaques on the Launceston Lions' bench in Coronation Park

Take a seat

The Lions Club of Launceston have bought a seat, which has been placed by the tennis courts in Coronation Park.

This is part of the legacy programme to commemorate 100 years of LCI, and the twinning of the Launceston Lions Club with the Lions Club of Gibraltar and the Lions Club of Windmill Hill, Launceston, Tasmania.



One of Wokingham Lions' best ever year for donations!

Members of the Wokingham Lions Club collected, sorted and packed Christmas food parcels for the elderly and local families in need. "We have had one of our best years ever for donations," said Lion John Cleary, who organises the annual Christmas 'Can Can' collection.

"Approximately 3,470 items of food were donated over two weekends in December. We thank Wokingham residents for their amazing generosity, as well as our members, who donated their time to this annual project," he added.

Among the items donated were canned soups/vegetables, canned fish/meat, biscuits, non-perishable food, mini Christmas pudding and treats. Lions assembled these into 290 individual mixed food parcels (10 items per parcel). Added to these were 100 items that were too big for the bags – Christmas puddings and large boxes of biscuits. These were then collected and distributed to individuals and families on tight budgets.



PICTURED: Boot packed with bags of donations

A minibus for Mencap

When Warrington Lions Club learned that their local Mencap organisation needed a minibus to take adults with learning difficulties on various outings, including work experience and holidays, they enlisted the generous help of Richard Cooke of Warrington Vehicle Centre Ltd, and were able to buy a vehicle very quickly.

The bus was delivered to Warrington Mencap representative, Dorothy Pritchard MBE, by the Worshipful Mayor of Warrington, Councillor Karen Mundry, Lion President, Christine McDermott and members of Warrington Lions.



PICTURED: All aboard!

Helping Vicki remain independent

When Birchwood Lions heard that one of their local firefighters had been involved in an accident and had lost the use of her legs, they responded by donating £1,000 towards the cost of an adapted cycle so that she could maintain her independence. The Fire Service had to take Vicki off operational duties but she now works in the control room.

PICTURED: Vicki Griffiths on her new cycle, with Lion President, Jean Whibley, Station Commander, Mark Pollard and Lion Erica Collins





LETTERS TO THE EDITOR

THANK YOU

Black Mountains Lions part funded fund Penry Herdman's voluntary work with the Jubilee Sailing Trust last summer.

Penry helped a crew of disabled veterans to sail around the North Island of New Zealand aboard Tenacious, (a tall ship adapted for people with all types of disability). Penry was supporting Adam, who sustained injuries in combat while serving in the British Army.

After the trip, Penry wrote a thank you letter to Black Mountains Lions, saying:

I am eternally grateful for the opportunity provided by the Jubilee Sailing Trust, as well as the £500 funding and support from the Black Mountains Lions.

This experience is one I will always treasure and I am extremely thankful to those service men and women who made extreme sacrifices in order to keep us safe.



 **PICTURED:** Looking out from Oneroa beach at Tenacious



 **PICTURED:** Aboard Tenacious



 **PICTURED:** A head for heights!



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THOUGHTS AS PRESIDENT GEORGE BUSH SENIOR PASSED TO HIGHER SERVICE

My wife, Jackie, and I attended the Lions International Convention in Birmingham when ex-President, George Bush senior, was the speaker. He was the most wonderful and charismatic speaker we had ever heard. Jackie wrote down a few of his memorable quotes, and we wanted to share them with you as they are as relevant now as they were then:

“There can be no definition to success in life unless it includes helping others.”

“Volunteers who take the next step are the pulse and heartbeat of the Lions.”

“One person who cares can save the world.”

A great gentleman, widely respected throughout the world who had a great affinity with our organisation.

Lion Chris Kindon
Douglas Valley Lions Club



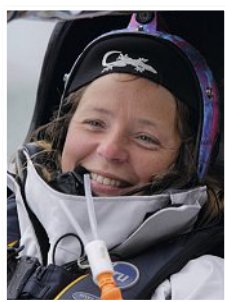
HILARY LISTER

Following the article about Hilary that we published in the Winter 2018/2019 issue of Lion, we received this letter from the trustees of Hilary's Dream Trust:

On behalf of the trustees of Hilary's Dream Trust I would like to thank you for the tribute to Hilary in Lion Magazine.

Hilary was an inspiration to all, including those close to her and her passing was a great loss to us.

Hilary's charity: www.hilarysdreamtrust.org recently organised a successful taster day event at Bewl Water and have made a donation towards the cost of a hoist in order that people with disabilities can access sailing at Bewl. We will continue to raise funds to enable disabled or disadvantaged adults to access sailing.



INSPIRED BY HILARY

On a personal note I would like to say that it was the Round Britain Dream that inspired me to join Lions. As manager of Hilary's shore support team I saw first-hand the amazing work that Lions do around the country and promised Hilary that I would join my then local club Deal and Walmer when we returned home.

Several years on and I am still proud to be a Lion and currently President of Alton Lions.

I am aware that there will be many Lions around the coast of Great Britain and Ireland who have memories to share of Hilary. Hilary's family have set up a page in tribute to Hilary and they would welcome any memories that people have. To contribute please visit <https://hilary-lister.muchloved.com>

Regards

Paul Taroni
President Alton Lions Trustee Hilary's Dream Trust



RE-DISTRICTING

In the Winter 2018 issue of the LION there was an article on page 20 about redistricting. The first two paragraphs of this article have caused concern to some readers. They were meant to be 'tongue in cheek' and not meant to be taken seriously or to disrespect those Lions who were against the redistricting.

Out of the whole readership we have, at this time, received two letters which expressed dismay and concern, which we have taken seriously and we are sorry that what was meant to be light-hearted has caused distress to some Lions.

The article goes on to say that the decision on redistricting has been taken and we should now make every effort to move forward and make it work. The changes which will ensue will have very little impact on individual members and Clubs who will continue to serve their own communities as they did before, which is why we all joined Lions. With any major change in whatever walk of life, it is inevitable that there will be some who are not happy with the outcome.

John Hall,
Chairman, LION magazine management committee



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IN MEMORIAM

These Lions from MD105 British Isles have recently left us. We honour their memory and the contribution they made in their Lionistic service for the good of others.



**BOBIN: Lion Bobby
Launceston Lions Club**

**BONNY: Lion John
Leatherhead and District
Lions Club**

**BOYCE: Lion Norman
Furness Lions Club**

**COOK: Lion Peter
Trowbridge Lions Club**

**ELLIOTT: Lion Jeffrey
Yeo Valley Lions Club**

**GILHAM: Lion Ken
Dursley Lions Club**

**GREENAWAY: Lion John
Trowbridge Lions Club**

**HALLAM: Lion Len
Wirral Lions Club**

**HEARN: Lion Brian
Chippenham Lions Club**

**HOLT: Lion Tony
Harborough 2012 Lions Club**

**HORTON: Lion Charles
Bodmin Lions Club**

**MOXEY: Lion Sid
Exeter West Lions Club**

**MUNDY: Lion Sue
Winterton (North Lincolnshire)
Lions Club**

**REID: Lion Peter
Caterham Oxted and Godstone
Lions Club**

**SMITH: Lion Colin
Northfleet and Ebbsfleet
Lions Club**

**SODEN: Lion Ian
Lions Club of Farnham**

**TAYLOR: Lion Bob
Weymouth and Portland Lions
Club**

**TREVETT: Lion Bill
Minehead and District Lions Club**

**WALKER: Lion Alan
Paignton Lions Club**

**WILLIAMS: Lion Mel
Henley-on-Thames Lions Club**

**WORLOCK: Lion Brian
Keynsham and District
Lions Club**



To read full, unedited obituaries of all those Lions listed on this page who have passed to Higher Service, go to:
www.lionsclubs.co/Obituaries/Index.html

Almoners: please email obituaries to the Lion editor at:
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There is no upper word limit and you are very welcome to include photographs.

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