

COMPOSITE CLUBS 2019/2020
APPROVED UNDER UKA RULE 21 S4 (4)

COMPOSITE NAME - RED FONT USED FOR NEW APPLICATIONS	CLUB	CLUB WITH (CLUBS WITH * HAVE BEEN APPROVED BY UKA WHO HAVE MORE THAN 5 CLUBS FOR GEOGRAPHIC REASONS)	REGION	LEAGUE
Andover & Overton	Andover AC	Overton Harriers	South East	SAL
Ashford & Thanet	Ashford AC	Thanet AC	South	YDL Lower Age Group
Aylesbury & Chiltern AC	Vale of Aylesbury AC	Chiltern Harriers AC	South	SAL
Basildon Beagles	Basildon AC	Newham & Essex Beagles	South	YDL Upper Age Group
Biggleswade Buzzards	Biggleswade AC	Leighton Buzzard	South East	SAL
Blaydon & Elswick	Blaydon Harriers & AC	Elswick Harriers	North	Northern League
Bournemouth AC/ New Forest Juniors/Salisbury	Bournemouth AC	New Forest Juniors / City of Salisbury AC	South	YDL Upper Age Group
Bournemouth AC/New Forest Juniors AC	Bournemouth AC	New Forest Juniors AC	South	YDL Lower Age Group
Bristol & West AC / Mendip	Bristol & West AC	Mendip AC	Midlands	YDL Lower Age Group
Bristol & West with Yate & District	Bristol & West AC	Yate & District AC	South West	Midland Track & Field League
Camberley/Woking	Camberley & District AC	Woking AC	South	YDL Upper Age Group
Clydesdale Harriers/Helensburgh AC	Clydesdale Harriers	Helensburgh AC	Scotland	YDL Lower Age Group

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Coventry Godiva Harriers and Leamington Cycling & AC	Coventry Godiva Harriers	Leamington Cycling and AC	Midlands	YDL upper age group
Diss & District/Woodbridge Wolves	Woodbridge Wolves AC	Diss & District Athletics Club	East	East Anglian League
Durham & Chester-le- Street Composite	Chester-le-Street & District AC	Durham City Harriers AC	North	Northern League
Ealing Southall & Middlesex AC & Ealing Eagles	Ealing, Southall & Middlesex AC	Ealing Eagles	South	SAL
East Notts	Worksop Harriers & AC	Newark AC	Midlands	YDL Upper Age Group
East Wales	Cwmbran Harriers	Blaenau Gwent AC/Brecon AC/Rhymney Valley AC/Newport Harriers	Midlands	YDL Upper Age Group
Harrow & Dacorum	Harrow AC	Dacorum & Tring AC	South	YDL Upper Age Group
Highgate Harriers/Mornington Chasers	Highgate Harriers	Mornington Chasers	South	SAL
Holland Sports & Reigate	Holland Sports AC	Reigate Priory AC	South	YDL Upper Age Group
Holland Sports/Dorking/Reigate	Holland Sports AC	Dorking & Reigate Priory AC/ mole valley	South West	SAL
Houghton Harriers and Jarrow and Hebburn AC	Houghton Harriers and AC	Jarrow and Hebburn AC	North East	Northern League
Ipswich CATS	Ipswich Harriers	Colchester & Tendring AC	South	SAL

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Islands Select	Orkney AC	Shetland Amateur AC, North Uist Amateur AC, South Uist and Eriskay Amateur AC, Stornoway Running and AC,	Scotland	YDL Lower Age Group
Kendal Helm Hill	Kendal A.A.C.	Helm Hill Runners	North West	Mid Lancs Cross Country
Kingdom Athletic	Pitreavie AAC	Fife AC, Dundee Hawkhill Harriers	North	YDL Upper Age Group
Kingston upon Hull AC	Kingston upon Hull AC	Fitmums	North	YDL Lower Age Group
Lewes/Haywards Heath	Lewes AC	Haywards Heath	South	SAL
M60 Nomads	Altrincham & District AC	East Cheshire Harriers & Tameside AC, Oldham & Royton Harriers, Salford Metropolitan AC, Bury AC	North	YDL Upper Age Group
Newton Abbot AC Torbay AC	Newton Abbot AC	Torbay AC	South West	South West League
North Wales	Colwyn Bay AC	Menai Track & Field, Deeside AAC, Wrexham AC	North	YDL Upper Age Group
Notts Lincs Alliance	Grantham AC	Newark AC/ Sleaford AC/ Bourne AC	Midlands	YDL Lower Age Group
Nuneaton & Harborough	Nuneaton Harriers AC	Harborough AC	Midlands	YDL Upper Age Group
Paddock Wood AC & Folkstone RC	Paddock Wood AC	Folkestone RC	South	YDL Lower Age Group & SAL

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Perth Strathtay/Montrose	Perth Strathway Harriers	Montrose AC	Scotland	YDL Lower Age Group
Plymouth / Erme Valley / Tavistock	Erme Valley Harriers	City of Plymouth, Tavistock AC	South West	SAL & YDL
Portsmouth & Winchester	City of Portsmouth AC	Winchester & District AC	South	YDL Upper Age Group
South Wales	Bridgend AC	Barry & Vale, Rhondda AC, Aberdare Valley AC, Pont- y-Clun	Midlands	YDL Upper Age Group & Lower Age Group
Team ATIP	Ashford AC	Thanet AC, Invicta East Kent AC & Paddock Wood AC	South	YDL Upper Age Group
Team Avon	Bristol & West AC	Mendip AC/Team Bath AC/ Yate & District AC	Midlands	YDL Upper Age Group
Team Bedfordshire	Bedford and County	Luton AC/Leighton Buzzard AC/Biggleswade AC	South	YDL Lower Age Group
Team DG	Annan & District AC	Nithsdale AC, Stewartry AC	Scotland	YDL Lower Age Group
Team Dorset	Dorchester AC	Poole AC / Wimbourne AC	South	YDL Lower Age Group
Team Dorset	Dorchester AC	Poole AC / Wimbourne AC / Poole Runners	South	SAL, YDL Upper Age Group
Team Forth Valley	Central AC	Falkirk Victoria Harriers, Livingston AC, Team East Lothian, Lothian Running Club	North	YDL Upper Age Group
Team Isle of Man Youth	Manx Harriers	Northern Athletic Club (Isle of Man), Western Athletic Club (Isle of Man)	North	YDL Lower Age Group
Team North	Elgin AAC	Moray Road Runners, Nairn AAC, Ross County, East Sutherland AC	Scotland	YDL Lower Age Group
Team North Cumbria	Carlisle Aspatria	Seaton AC, Copeland AC, Eden Runners	North	YDL Lower Age Group & Upper Age Group

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Team North Lanarkshire	Cumbernauld Amateur Athletics Club	Airdrie Harriers/Motherwell AC	Scotland	YDL Lower Age Group
Team South Bucks	Chiltern Harriers	Wycombe Phoenix Harriers	South	YDL Upper Age Group
Team South Lanarkshire	East Kilbride AC	Hamilton & District Athletics Club, Larkhall YMCA Harriers, Law & District Amateur Athletics Club, Whitemoss Athletics Club	Scotland	YDL Lower Age Group
Team Sussex	Lewes AC	Eastbourne Heath Rovers AC, East Grinstead AC.	South	YDL Upper Age Group
Team West London	Ealing Southall Middlesex AC	Thames Valley Harriers	South	YDL Upper Age Group
Team West Norfolk	West Norfolk AC	Dereham Runners & AC	East	East Anglian League
Victoria Tower Highgate	Victoria Park Harriers & Tower Hamlets AC	Highgate Harriers	South East	YDL Upper Age Group
Wallsend/Blyth	Blyth Running Club	Wallsend Harriers & AC	North	Northern League
West Notts	Mansfield AC	Sutton in Ashfield Harriers & AC	Midlands	YDL Upper Age Group
West Suffolk AC/Saint Edmund Pacers	West Suffolk AC	St Edmund Pacers	South	SAL
West Wales	Carmarthen Harriers	Llanelli AC/ Neath Harriers/ Pembrokeshire Harriers/Sarn Helen	Midlands	YDL Upper Age Group