

# ASA East Midland Region

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Annual Report & Accounts April 2017 - March 2018



Swim England  
East Midlands

# President of ASA East Midland Region

## **It has been an honour to be Swim England East Midland President for the last 12 months.**

I have to say I have really enjoyed the experience and have met a lot of other Regional Presidents including Swim England President Richard Whitehouse.

I have thoroughly enjoyed the visits to all the county galas and the Regional Championships at Age Group, Youths and Masters level.

I have also attended Synchronised Swimming events at National, Age Group and Masters level - the standard of the older age groups was amazing and it was also good to see men participate in the sport.

The Presidency has allowed me to attend diving events, disability galas, water polo and open water events which I would not have otherwise had the opportunity to attend.

It has been a very busy year as I have still tried to fit in officiating at club, county and national level as well as fitting in my swimming training for club competitions and an open water 4K event.

Congratulations to Ron Brewin on being elected the Swim England East Midland President for 2018/19 and wish him all the best for his year in the role.

I would like to say a huge thank you to all the people who continue to help at events, without whom it would not be possible for these events to continue.



**Joanne Highfield**  
**Retiring President ASA East Midland Region**

# Message from the Chair

Together with this report you will have received a document entitled 'Developing Aquatics for the Future' – please take the time to read it. This is our Regional Strategy for 2018 to 2022 and is the result of a great deal of work carried out by both our professional staff and our volunteers. It is the prelude to even more work! Built on the same six pillars as the Swim England National Strategy, it sets out what we see as our priorities for the next five years to support you, our members.

The Region, as well as our clubs and counties, cannot exist without its volunteers and I would like to thank, yet again, the Regional Board for all their efforts. I would encourage everyone to look at offering some of their time and skills to supporting our sport.

I would also encourage everyone to become a member of Swim England in order to have their protection and to ensure a say in the way the sport is run.

Swim England is a membership based organisation and long may it remain so.



Below are some highlights of the key achievements of our region:

- The region remains in a strong financial position with clear budgets and forecasts in place.
- Following the success of the Midland Water Polo Group, Synchro are now working with the West Midlands to progress the sport in both regions.
- Club Development Officers continue to support clubs with SwimMark and through the club networks.
- 'Club offer' coaching and discipline courses are organised throughout the year based on continuing demand.
- Team Manager, Safeguarding and Protecting Children and Time to Listen workshops continue to be run across the region.
- Successful Overseas Meet, Regional Development Days and Masters Development Day.
- Congratulations to those who received awards for their contribution to swimming over the course of the year.

**John Hidle**  
Chair - ASA East Midland Region



# Swimming

## World Class Performance Programme 2018

### Podium Programme

Jack Burnell – NC Loughborough  
Adam Peaty – NC Loughborough  
Molly Renshaw – NC Loughborough  
Sarah Vasey – NC Loughborough

### Podium Potential Programme

Charlotte Atkinson – Loughborough Uni  
Imogen Clark – NC Loughborough  
Elliott Clogg – NC Loughborough  
Luke Greenbank – NC Loughborough  
Toby Robinson – NC Loughborough  
Tim Shuttleworth – NC Loughborough  
Jocelyn Ulyett – Loughborough Uni  
James Wilby – NC Loughborough  
Abbie Wood – NC Loughborough

## Regional records

There were significantly fewer records broken in this period with Sophie Yendell being the only female swimmer to claim a record. William Bell has broken a number of records, particularly in the 1500m Freestyle event long course breaking the record 3 times. Only one record from the old Midland District has been broken this year which was William Bell for 200m Freestyle SC.

William Bell – City of Leicester  
Junior 1500m Freestyle LC x 3  
Junior 200m Freestyle SC  
Junior 200m IM SC  
Junior 400m IM SC

Daniel Savage (Northampton)  
Senior 50m Butterfly LC  
Senior 100m Butterfly LC  
Senior 50m Butterfly SC  
Senior 100m Butterfly SC

Edward Mildred – Northampton  
Junior 200m Butterfly LC  
Junior 200m Butterfly SC

Sophie Yendell – City of Derby  
Junior 50m Butterfly LC x 2

**Sue Wainscot**  
Records Officer

## Roll of honour

### European Junior Championships Netanya June/July 2017

Isabel Spinley – Deepings  
Mason Wilby – Loughborough Uni

### European Youth Olympic Festival Gyor July 2017

Mia Slevin – City of Derby  
Michaela Glenister – City of Leicester  
William Bell – City of Leicester

### Commonwealth Youth Games Bahamas July 2017

Mason Wilby – Loughborough Uni

### World Championships Budapest July 2017

Abbie Wood – NC Loughborough  
Adam Peaty – NC Loughborough  
Charlotte Atkinson – Loughborough Uni  
Georgia Davies – Loughborough Uni  
James Wilby – NC Loughborough  
Jocelyn Ulyett – Loughborough Uni  
Luke Greenbank – NC Loughborough  
Molly Renshaw – NC Loughborough  
Sarah Vasey – NC Loughborough

### European Junior Open Water Championships Marseille August 2017

Rose Foden - Northampton

### World Junior Championships Indianapolis August 2017

Nathan Hughes – NC Loughborough  
**European SC Championships Copenhagen December 2017**

Adam Peaty – NC Loughborough  
Charlotte Atkinson – Loughborough Uni  
Jocelyn Ulyett – Loughborough Uni

### Commonwealth Games Gold Coast March 2018

Abbie Wood – NC Loughborough  
Adam Peaty – NC Loughborough  
Elliott Clogg – Loughborough Uni  
James Wilby – NC Loughborough  
Jarvis Parkinson – NC Loughborough  
Jocelyn Ulyett – Loughborough Uni  
Luke Greenbank – NC Loughborough  
Molly Renshaw – NC Loughborough  
Sarah Vasey – NC Loughborough



*“I’m so happy to have been selected for the EYOF. It was a huge shock when I found out and I’m so happy that I’ve put in all this effort and it’s been worth it. I’ve been away with teams before but never in a multi-sport team at such a big event so I’m really looking forward to the whole experience.”*

**Michaela Glenister**

# Overseas Meet

A team of 30 swimmers headed to Amiens, France for the 9th Trophée National Des Hortillons from 18th – 22nd January 2018. All swimmers had an outstanding weekend, considering, for some swimmers it was their first time swimming at an international meet. There were many great swims from the team.

## Medal winners were:

### Gold

Daisy Platts 200m Backstroke  
 Greg Butler 100m Breaststroke  
 Greg Butler 200m Breaststroke  
 Maisie Elliott 100m Butterfly  
 Maisie Elliott 200m Butterfly  
 Michaela Glenister 200m IM  
 Michaela Glenister 400m IM  
 Michaela Glenister 400m Freestyle  
 Michaela Glenister 800m Freestyle  
 Sophie Yendell 50m Butterfly  
 William Bell 400m IM  
 William Bell 1500m Freestyle

### Silver

Chloe Stennett 800m Freestyle  
 Daisy Platts 200m IM  
 Freya Colbert 400m IM  
 Greg Butler 50m Breaststroke  
 Jack Buswell 1500m Freestyle  
 Joseph Kingsland 1500m Freestyle  
 Mia Slevin 100m Backstroke  
 Mia Slevin 200m Backstroke  
 Mia Slevin 100m Freestyle  
 Mia Slevin 200m Freestyle

### Bronze

Ailsa McDonald 400m IM  
 Ailsa McDonald 200m IM  
 Betsy Wizard 200m Freestyle  
 Charlotte Hall 400m Freestyle  
 Daisy Platts 50m Backstroke  
 Summer Kennedy 100m Freestyle

*“Thank you on behalf of our daughter for the Amiens meet. She has really enjoyed the whole experience of swimming abroad and meeting new people and making new swimming friends from across the East Midlands. Big thanks also to all the coaches and team managers. They were really well looked after with plenty of food drinks and snacks.*

*On the whole it was a fantastic well organised meet on behalf of Swim England East Midlands.”*



## Regional Pathway Programme 2017

32 swimmers all aged 12 from across the region were selected to attend three one day camps under the guidance of England Programmes, with 2 pool sessions per day focussing on skills, land work to complement the pool sessions, and workshops on nutrition, starts and turns and goal setting.

Swimmers impressed the coaches with their commitment to all aspects of the day, especially on the final session which fell in late December so had a festive twist!

### The selected swimmers were:

Amber Downham, Jake Hotham (Chesterfield), Libby Evans (Corby), Isaac Caddy, Leah Burgin-Rawson, Lewis Brown, Liam Dawson, Ziyenne Shanker (Derwentio Excel), Sam Foster (Glossop), Billy Reed, Jemma Housego (Grantham), Chloe Baxter, Hayley Cliffe, Jessica Owen, Sean McCann (City of Leicester), Jamie Green (City of Lincoln Pentaqua), Laura Dickinson (Lincoln Vulcans), Max Shaw, Poppy Hogg, Samuel Smith (Northampton), Jessica Li (Nottingham Leander), Becky Whittaker, Connor Byron, Elliot Sibley, Finley Bunhejee, Heidi Marriott, James Danson, Kate Morris, Lewis Meade, Livia Kingsland, Michael Senior (Nova Centurion), Isabella Hobson-Corbett (Retford)

### The camp staff were:

Head Coach – Pauline Gourley (Nova Centurion) Skills Coaches – Jack Chambers (Derwentio Excel), Mitch Haines (Northampton), Kyle Hudson (Ilkeston/Derwentio Excel) and Rob Hudson (Ilkeston/Derwentio Excel) with Paul Hopkinson (Derwentio Excel) and members of the East Midlands team as Team Managers.

## County pathway camps 2017

3 counties in the region ran the England Programmes county pathway camps in 2017.

Derbyshire – 36 swimmers 11 years 3 camps 2nd April at Etwall LC, 11th June at Sharley Park and 19th November at Queens Leisure Centre.

Northamptonshire – 24 swimmers 11 years 23rd and 27th October at Northampton High School.

Nottinghamshire - 41 swimmers 11 years on 19th March, 9th April and 11th June at Nottingham University Pool.

**Fiona Conway**

**Club Development Officer - Talent**

## Licensed meets

A total of 80 Open Meets were licensed during the year - Level One 6, Level Two 2, Level Three 72.

In addition seven clubs Licensed their Club Championships or Time Trials at Level Three, and 48 clubs at Level 4. £22,576 has been raised through the levy to support ongoing regional development in the sport.

**John Hidle**

**Licensing Officer**



# Masters

## Key achievements:

- East Midlands Challenge Gala hosted by Derbyshire in July 2017 – 1st Nottinghamshire, 2nd Derbyshire, 3rd Lincolnshire and 4th Northamptonshire
  - National inter-county event in November 2017 – 8th Nottinghamshire, 20th Leicestershire, 23rd Northamptonshire
  - Successful Masters Development Day at University of Nottingham in March 2018 with 47 delegates. Lead Coach Andi Manley covered dry land training and race pacing. Karen Howells delivered a talk on the Psychology of Swimming
- The afternoon pool session focussed on all stroke technique, starts and turns under direction of Andi Manley and assistant coaches Justine Drury, Pete Manley and Liam Noonan.

## British records

**Barry O'Brien (Nene Valley)** Men's 60-64yrs  
SC 100m and 200m Breaststroke

**Helen Gorman (Long Eaton)** Ladies 45-49yrs  
SC 200m IM and 200m Freestyle  
LC 200m Breaststroke and 200m IM.

**Kath Tunnicliffe (Etwall Eagles)** Ladies 65-69yrs  
SC 200m Backstroke and 200m IM  
LC 50m, 100m and 200m Backstroke

**Lindsay Gowland (Etwall Eagles)** Ladies 60-64yrs  
SC 200m Freestyle

**Sue Arrowsmith**  
Masters secretary

## Regional records

### Short Course

Individuals Male 34 Female 41 of which 35 were broken at Nationals in Sheffield

Relays Male 3 Female 1 Mixed 5 which 4 were broken at Nationals in Sheffield

### Long Course

Individuals Male 11 Female 23 which 19 records at Nationals in Aberdeen 11 at Worlds in Budapest

Relays

4 male only with 1 broken at Nationals in Aberdeen

**Clive Smith**  
Masters records officer

*"Really good day. Socially, it was great to meet fellow swimmers, and the sessions were brilliant. So much to take away and work on. Will definitely be coming back for more!"*

*"Possibly the best £15 I have ever spent!"*

Masters camp attendees



Helen Gorman – Long Eaton SC

# Water Polo

## Key achievements:

- Due to success of Midland Water Polo teams the East Midlands and West Midlands have disbanded and each region will now organise their own regional training programme
- Working group of club representatives to deliver the regional water polo plans and to recommend a new water polo structure to ensure the effective development of water polo in the region
- Nova Centurion SC set up a new water polo section to enable talented players from different regional clubs the opportunity to train and compete together as a team at higher level competition

## Junior Water Polo Club Tournaments 2017-18

Since 2002 a series of junior water polo tournaments has been run each year in the East Midlands for juniors (15 & under) and, more recently, for 13 & unders as well. The events are held at weekends in all-deep pools around the region.

In the last 2 years seven clubs have been involved in the tournaments, though over the years another seven have joined in at some stage. Two clubs (Grantham and Northampton) have fielded more than one team in each age group.

Though we have a league table after each event, results are not combined (i.e. to give an overall champion), though the two largest clubs (as above) have tended to dominate for the last few years. A total of 171 players were involved in at least one event in 2017 - 91 at 15 & under and 80 at 13 & under. The 13 & under events, with reduced size pitches and goals, seem to have been particularly successful in introducing youngsters to (and keeping their interest in) competitive polo.

**Tony Taylor**

## Roll of honour:

George Reader South Derbyshire WPC – British U17 team for European Junior Championships Qualifiers

Amelia Peters Hucknall WPC – England U21 EU Nations team.

Naya Patel Hucknall WPC – England U21 EU Nations team

Sarah Dunsbee and Cara Saunders (Hucknall WPC) – Coaches England U17s girls team

Rachel Boneham (Hucknall WPC) – Team Manager

Tim Dunsbee (Hucknall WPC) – Senior Men's Coach



# Synchro

## Key achievements

- Three development days were held during the year, attended by swimmers and coaches from the four clubs in the Region. The days were made up of land work, flexibility, stamina and choreography. The pool work included stamina, skills, figures and routine work.
- Green Arrows held their Robin Hood competition in April well attended by swimmers from five clubs.
- Two of the clubs in the Region took part in the Combo Cup held in September.

- In October the Midland Age Groups and Championships were held at the Gala Baths Walsall with an increase in the number of competitors.
- Swimmers also took part in the National Age Groups held in Gloucester in December.

**Carole Henson**

**Synchronised Swimming secretary**



**Bramcote Aquastars**



# Para-Swimming

Podium Programme	Development Programme
Oliver Hynd – Nova Centurion	Hayley Milne - Grantham
Lewis White – City of Derby	
Eleanor Robinson - Northampton	
Podium Potential Programme	Junior Development Programme
Kahora Harazawa - Loughborough	Sophie Ward - Kimberley
James Hollis - Loughborough	Scarlett Humphreys - Northampton
Maisie Summers-Newton - Northampton	Eliza Humphreys - Northampton
	Isabel Dean - Hinckley
Academy Programme	Foundation Programme
Megan Neave – City of Derby	Harvey Phillips - Louth
	Ellie Spokes – Leicester Sharks
	Bruce Dee - Northampton

## Roll of honour

### World Para Swimming Championships Mexico September 2017 (postponed to due earthquake)

Oliver Hynd - Nova Centurion  
Eleanor Robinson - Northampton  
Maisie Summers-Newton – Northampton  
Lewis White – City of Derby

### Commonwealth Games Gold Coast March 2018

Oliver Hynd - Nova Centurion  
Eleanor Robinson - Northampton  
Maisie Summers-Newton – Northampton  
Lewis White – City of Derby

### World Para-Swimming Series Copenhagen March 2018

Oliver Hynd - Nova Centurion  
Eleanor Robinson - Northampton  
Maisie Summers-Newton – Northampton  
Lewis White – City of Derby

## Development

- Talent ID events in Nottingham, Derby and Northampton
- Training for teachers and coaches as part of a 'Taster' session for Bingham Penguins
- Coach from City of Derby invited to an England Talent Camp as a Skills Coach

## Regional Training

- Training session delivered in October 2017 at Harvey Hadden, Nottingham including land training and long course pool session

## Competition

- Midland Autumn Championships in October – classification for 7 swimmers
- Midland Spring Championships in March cancelled due to extreme weather
- Regional swimmers competed at the National Para-Swimming Championships in Manchester, International Meet in Sheffield and British Swimming / Swim England Summer Championships

## British Records

Name	Club	Short-Course	Long-Course
Maisie Summers-Newton	Northampton	200m Freestyle 200m IM 50m Breaststroke	100m Breaststroke 50m Breaststroke
Eleanor Robinson	Northampton	50m Freestyle 100m Freestyle 100m Butterfly 50m Butterfly	
Sophie Woodward	Kimberley	50m Butterfly	
Lewis White	City of Derby	50m Freestyle 100m Freestyle 200m Freestyle 400m Freestyle	100m Freestyle 200m Freestyle
Oliver Hynd			800m Freestyle
Karl Harazawa		100m Butterfly 200m IM	200m IM



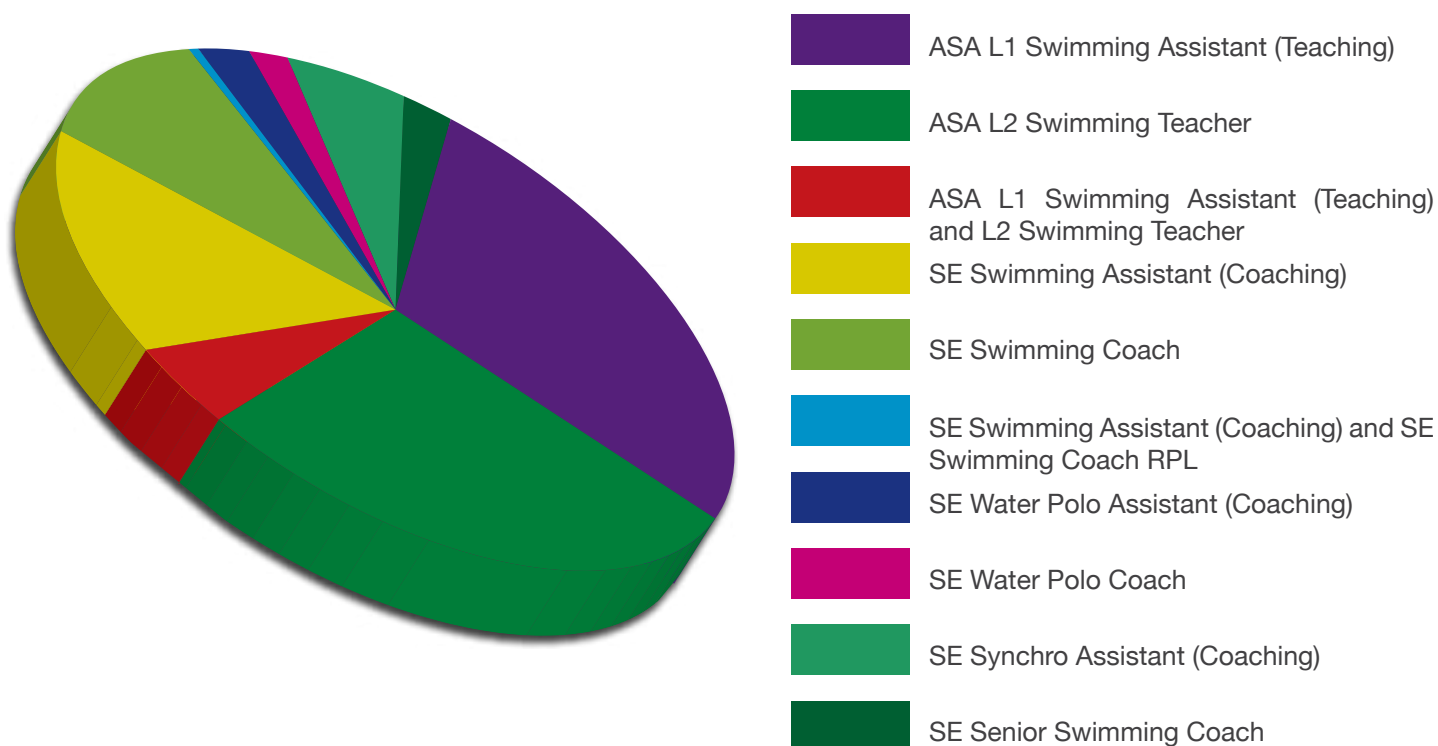
Harvey Phillips  
- Louth SC

# Workforce

	ASA L1 Swimming Assistant (Teaching)	ASA L2 Swimming Teacher	SE Swimming Assistant (Coaching)	SE Swimming Coach	SE Water Polo Assistant (Coaching)	SE Water Polo Coach	SE Synchro Assistant (Coaching)	SE Open Water Coach	Fundamentals & Aquatic Skills of School Swimming	ASA Level 2 Teaching Pre-School Swimming	Young Aquatic Helper workshop	CPD*
Number of courses	29	19	6	4	2	1	1	2	17	2	5	18
Number of learners	385	217	76	38	18	12	16	25	157	21	71	327

\*Continuous Professional Development

Regional grant aid of £38,935.00 awarded to 53 SwimMark accredited clubs



## Conferences and Volunteer courses

A joint East Midlands and West Midlands Regional Coaching seminar took place in June 2017 at SportPark, Loughborough attended by 14 East Midland coaches. The workshops included 'Knowing me; Knowing you', 'What is Talent', 'Coaching Effective Starts' and 'Coaching Effective Turns'.



The East Midlands County Coach Conference took place in March 2018 at SportPark, Loughborough attended by 21 coaches.

The workshops included 'Managing Difficult Conversations', 'Growth and Development of Age Group Swimmers' and 'Construction of Sessions for Age Group Swimmers'.

The Region has also run various courses for club volunteers:

- 13 Safeguarding courses – 181 attendees
- 13 Team Manager courses – 124 Module 1 and 60 Module 2 attendees
- 3 Time to Listen courses – 22 attendees
- 4 SwimMark guidance sessions

## Young Volunteers

Between September 2017 and March 2018 11 workshops, a combination of Young Aquatic Helper and Timekeeper workshops, were held for young volunteers with over 100 attendees.

91 young people from 27 clubs attended the Aquatic Helper workshop

22 young people from 6 clubs attended the Timekeeper course.

*"I wanted to learn how to be as useful as possible to the club. I like feeling that I am helping other swimmers to get better and enjoy swimming like I do"*

**Young Volunteer**

County	Timekeeper	Judge level 1 (*)	Judge level 2	Judge level 2S	Referee	Totals
Derbyshire	23	15	5	7	1	<b>51</b>
Leicestershire	38	21	9	3	0	<b>71</b>
Lincolnshire	12	15	8	3	0	<b>38</b>
Northamptonshire	29	23	9	3	1	<b>65</b>
Nottinghamshire	37	28	5	1	0	<b>78</b>
<b>Totals</b>	<b>139</b>	<b>102</b>	<b>36</b>	<b>17</b>	<b>2</b>	<b>296</b>



# Awards

## Regional Aquatics Awards 2017

Paige Swannick (City of Derby SC) – Young Volunteer of the Year

Josh Welford (Loughborough Town SC) – Young Volunteer of the Year

Nicola Hitchcock (Grantham SC) – Volunteer of the Year

Nigel Swannick (City of Derby SC) – Volunteer of the Year

Carole Lister (City of Leicester SC) – Services to Aquatics

Ron Brewin (Leicester Penguins SC) - Services to Aquatics



*“Josh has shown outstanding dedication in wanting to give back to the sport he loves.”*

*“Nigel has shown such dedication to the club and is well respected by swimmers, coaching staff and other members of the committee.”*

*“Paige is enthusiastic, well organised and reliable and offers encouragement to the younger swimmers.”*

*“Nicola is thorough and pro-active in her approach and extremely well-organised.”*

*“Every club could do with a Ron then there would be a lot of well trained and happy officials!”*

*“Carole is dedicated, supportive, focussed, energetic, forceful, annoying (sometimes) but especially always respected.”*

# Awards

## Swim England National Awards 2017

Carole Lister was presented with the Services to Aquatics award for her tireless dedication to swimming. She has worked with Market Harborough Swimming Club, City of Leicester Swimming Club and for Leicestershire and Rutland ASA for nearly 40 years.

Carole said: *"I'm completely overwhelmed by the award, I never thought I'd win. I've always enjoyed swimming so much. It's been such a pleasure to watch swimmers progress and go on to nationals and even higher."*



Andy Aitken from Rushden was awarded with the County Certificate of Recognition Award at the Northants ASA County Short Course Sprints Championships held at Rugby's Queen's Diamond Jubilee Centre in September, by the Northants ASA President Stephen Ward



## Cherriman Award

This year the HCMSMG received some great nominations for the Cherriman Award which is presented to the person or organisation who, or which has done the most to promote and foster the cause of Masters swimming in Great Britain. This year the award went to the joint nomination of Clive Smith and Jim Peto.

Jim has been the chair of the Regional Masters committee for many years and is now the Northamptonshire Masters representative. Alongside this, he is an enthusiastic coach at Wellingborough SC and also regularly volunteers for other jobs such as marshalling at the nationals.



Clive Smith has been the Derbyshire county representative for eight years, and in this capacity has personally organised and team-managed the county team for both inter-county galas in a very efficient manner, getting a large number of swimmers to participate. He has also made an exceptional contribution by meticulously keeping the East Midlands records for many years.



## Lincolnshire Sports Awards

Nicola Hitchcock (Grantham Swimming Club)  
Volunteer of the Year



Harvey Phillips (Louth Swimming Club)  
Disabled Sports Person of the Year



## County achievements

### Derbyshire



- The South Derbyshire network continue to meet regularly and gained SwimMark Network accreditation in December 2017
- The North East Derbyshire and Chesterfield network also continue to meet regularly and re-accredited for SwimMark Network status in September 2017
- 17 clubs in Derbyshire accredited or re-accredited for SwimMark Essential
- A team of 24 Derbyshire swimmers competed at Ponds Forge in Division 2 of the Inter County Competition
- Derbyshire's only synchronised swimming club, Rykneld Swimming Club competed in the Midlands synchronised swimming championships in October and their under 15's girls team came away with a gold medal

### Lincolnshire



- Maintenance of 75% clubs with SwimMark Essential accreditation
- Maintenance of three SwimMark accredited club networks, regularly attended by 13 clubs
- Delivery of two bespoke 'Starts and Turns' CPD's for club teachers and coaches on 15th October and 5th November 2017
- New Swim England Club Awards piloted by Skegness ASC
- New Club Links programme commenced at Yarbrough LC in February 2018
- Commencement of new synchronised swimming programme in Lincoln

### Leicestershire



- 12 clubs in Leicestershire accredited or re-accredited for SwimMark Essential this year
- Leicestershire Masters successfully held their first open meet in September 2017
- At the ASA Inter-County Championships the Leicestershire team had their best ever placing (7th place in Division 1)
- The Water Polo section of Hinckley Swimming Club have had some excellent performances over the past year with a number of players progressing to regional and national level

### Northamptonshire



- 6 clubs in Northamptonshire have accredited or re-accredited for SwimMark Essential
- Corby Steel Diving club are showing good progress in their work towards SwimMark accreditation
- Northamptonshire performed very well in the inter-county championships placing second in Division 2 and were very pleased to be promoted to Division 1 for the 2018 season

### Nottinghamshire



- 88% clubs with SwimMark Essential accreditation
- Maintenance of two SwimMark accredited networks
- Re-established the Bassetlaw Swimming Action Group
- Delivery of a bespoke disability and para swimming CPD
- New Swim England Club Awards piloted by Arnold SC and Bircotes SC
- Improved links with Nottinghamshire County Council School Swimming Team and schools
- swimming galas supported by clubs in February 2018 to improve swimmer pathways from school swimming into clubs
- New novice fun gala organised jointly between Nottingham City Council and 6 Nottingham clubs to improve swimmer pathways from learn to swim into clubs

**Sue Paget and Helen Bickerstaff**  
Club Development Officers



# SwimMark

**The Region finished the year with 70 clubs having been SwimMark accredited which was an increase of 2 from the previous year. We continue to have 7 SwimMark accredited Networks across the Region. In January 2018 we commenced the health checks for all SwimMark Clubs which means that we only review certain elements throughout the year and then return to full checks in 2019.**

The Region finished the year with 70 clubs having been SwimMark accredited which was an increase of 2 from the previous year. We continue to have 7 SwimMark accredited Networks across the Region. In January 2018 we commenced the health checks for all SwimMark clubs which means that we only review certain elements throughout the year and then return to full checks in 2019.

SwimMark is, we feel, being well supported by clubs and continues to be a must for all clubs as it encompasses all that is required to enable you to run your clubs efficiently and within the health and safety guidelines required by Swim England.

During the year the Club Development Officers have started to concentrate on those clubs that have yet to be SwimMark accredited. We would like to see all relevant clubs accredited.

I would again emphasise that SwimMark creates the best possible swimming experience for all, raising the quality of all aquatic provision and most importantly, it gives National Sport England Clubmark recognition for great quality clubs.

Gaining accreditation is available to all clubs, across sports – including Masters. It can be gained regardless of your club's size and the activities.

As always all members of the Regional SwimMark panel must be thanked for their time and support throughout the year, and, of course, the Club Development Officers who have continued to support the clubs and the panel, and finally those volunteers within the clubs who ensure that the work involved in maintaining SwimMark accreditation is completed.

**Ursula Beck**  
**Chair SwimMark panel**

## INDEPENDENT EXAMINERS' REPORT TO THE MANAGEMENT BOARD OF SWIM ENGLAND EAST MIDLANDS

I report to the Management Board on my examination of the accounts of Swim England East Midlands ('the Region') for the year ended 31 March 2018.

### RESPONSIBILITIES AND BASIS OF THE REPORT

**As the Management Board of Swim England East Midlands, you are responsible for the preparation of the accounts. You consider that no audit requirement applies to the Region and have requested that I carry out an Independent Examination of the accounts of the Region in accordance with the Directions given by the Charity Commission for the examination of the accounts of charities.**

**I report in respect of my examination of the Region's accounts and confirm that in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.**

### BASIS OF INDEPENDENT EXAMINER'S REPORT

#### INDEPENDENT EXAMINER'S STATEMENT

I have completed my examination. I confirm that no material matters have come to my attention in connection with my examination, giving me cause to believe that in any material respect:

1. accounting records were not kept as required by the Region's Constitution; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**D J Clark**  
**FCA, DChA**  
**Chartered Accountant**  
**1st Floor, Church House**  
**61 College Road**  
**Bromley**  
**Kent**  
**BR1 3QG**

## SWIM ENGLAND EAST MIDLANDS – FINANCE REPORT

*Year ended 31 March 2018*

There was an overall deficit for the year of £48,448 compared to a budgeted deficit of £102,185 and £10,248 for 2017.

The fund balance at the end of the year stands at £274,422 (£322,870 - 2017).

Affiliation fees have increased by 10.0% on last year reporting income of £94,245 (2017 £85,751 and 2016 £74,567).

The bank balance remains healthy at £273,646, a decrease to that at 31 March 2017 of £44,390. The decrease is again, as last year, due to the increased expenditure in the operational plan. £160,923 is in a higher interest deposit account with the remainder in the instant access saver and current accounts.

The accounts show a reduction in fund balances in the year of £48,448 and as with the bank balance movement is because of the increased operational plan expenditure. This increased expenditure is mainly in connection with workforce development.

The accounts are still in a healthy position and reflect the region's intentions to invest in the development of the sport. This is in line with last year and will continue in the coming years, and with careful monitoring the region's income will be sufficient to meet the investment.

Budgets have been set for the coming year and results will be monitored to evaluate the performance of the region on a monthly basis as previously.

**Deborah Dean**  
**Finance Manager**

**SWIM ENGLAND EAST MIDLANDS : INCOME AND EXPENDITURE ACCOUNT YEAR ENDED 31 MARCH 2018**

		2018 £	2018 £	2017 £	2017 £
<b>Income</b>	<b>Note</b>				
Affiliation fees			94,245		85,751
Licensing of Open Meets			22,576		20,450
Midland Championships			(1,000)		2,000
Other income			325		292
Regional Club Officer funding			6,600		6,600
Regional Office funding			6,000		-
Operational Plan	2		47,842		44,323
Funding projects			625		4,787
East Midland Championships			49,625		47,889
<b>Total Income</b>			<u>226,838</u>		<u>212,092</u>
Bank interest received (gross)			867		2,510
<b>Expenditure</b>					
Regional Club Officer expenditure		65,009		60,279	
Regional Office costs		23,000		-	
Travel		5,308		4,148	
Administrative costs		7,180		5,222	
Professional fees		11,850		11,700	
Operational Plan	3	115,354		90,664	
Funding projects		4,659		13,176	
East Midland Championships		43,211		39,159	
<b>Total Expenditure</b>			<u>275,989</u>		<u>224,348</u>
<b>Deficit for the year</b>			<u>(48,284)</u>		<u>(9,746)</u>
Taxation			(164)		(502)
Deficit for the year after taxation			<u>(48,448)</u>		<u>(10,248)</u>
Fund balances at 31 March 2017			<u>322,870</u>		<u>333,118</u>
Fund balances at 31 March 2018			<u>274,422</u>		<u>322,870</u>

**SWIM ENGLAND EAST MIDLANDS: BALANCE SHEET AS AT 31 MARCH 2018**

		2018 £	2017 £	2017 £
<b>Debtors – due after more than one year</b>	<b>Note</b>			
Loan to joint Championships	4		2,000	4,000
<b>Current assets</b>				
Loan to joint championships	4	-		1,000
Trade debtors		1,611		3,674
Bank/building society balances		273,646		318,036
Other current assets and prepayments		23,013		9,760
		<u>298,270</u>		<u>332,470</u>
<b>Current liabilities</b>				
Trade creditors		9,830		2,652
Other liabilities and accruals		16,018		10,948
		<u>25,848</u>		<u>13,600</u>
<b>Net current assets</b>			272,422	318,870
<b>Net assets</b>			<u>274,422</u>	<u>322,870</u>
<b>Reserves</b>			<u>274,422</u>	<u>322,870</u>



## SWIM ENGLAND EAST MIDLANDS: NOTES TO THE ACCOUNTS YEAR ENDED 31 MARCH 2018

### 1. Accounting basis

The accounts have been compiled on a basis that enables profits to be calculated in accordance with the UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.

### 2. Income

#### Operational Plan

	2018 £
Workforce Development	32,001
Disability	13
Synchronised Swimming	195
Water Polo	4,620
Swimming	10,308
Masters	705
	<u>47,842</u>

### 3. Expenditure

#### Other business income

	2018 £	2017 £
Interest receivable	867	2,510

#### Regional Club Officer expenditure

Wages, salaries and administration	<u>65,009</u>	<u>60,279</u>
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#### Regional Officer costs

Salaries	17,664	-
Rent and administration	5,336	-
	<u>23,000</u>	<u>-</u>

#### Travel

Travel	5,308	4,148
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#### Administrative costs

Printing, stationery, telephone and postage	3,627	1,858
Accommodation	163	131
Bank charges	467	444
President's expenses	1,099	1,165
Miscellaneous	1,717	677
Regional ACM	655	706
ASA ACM	102	133
ASA membership	100	97
	<u>7,930</u>	<u>5,222</u>

#### Professional fees

Accountants fees	10,320	10,320
Independent examination fee	1,530	1,380
	<u>11,850</u>	<u>11,700</u>

#### Operational Plan

Grant aid	41,820	32,545
Education, IoS & CPD	30,924	21,102
Volunteering	1,413	389
Swimming	22,902	26,671
Water Polo	11,317	5,604
Masters	1,896	545
Synchronised Swimming	3,259	1,405
Disability	1,491	2,403
	<u>115,022</u>	<u>90,664</u>

#### Funding Projects

Funding Projects	<u>4,659</u>	<u>13,176</u>
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#### East Midland Championships

East Midland Championships	<u>43,211</u>	<u>39,159</u>
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## SWIM ENGLAND EAST MIDLANDS: NOTES TO THE ACCOUNTS YEAR ENDED 31 MARCH 2018

4. Debtors – due after more than one year	2018 £	2017 £
Loan – to Joint Championships	2,000	5,000

During 2018, £2,000 of the loan was repaid which was treated as income. This has been rectified in this year's accounts. Income from Midland Championships is accrued at £1,000 for the year less £2,000 previously treated as income. The net effect is negative income of £1,000 as shown in the Income and Expenditure account.

### 5. Operational Plan

During the year £93,235 was allocated to the operational plan of which £67,180 was spent and shown in the income and expenditure account.

6. Ring Fenced Funds – Funding Projects	2018 £	2017 £
Ring fenced funds included in fund balance at 31 March	20,128	24,892

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Swim England

East Midlands