



Compton Archery – December 2019 Newsletter

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Welcome to the December Newsletter!



Festive Greetings from all at Compton archery!

We are planning our Christmas Special for **Saturday 14th December**, so please put that in your calendars. We'll have all the usual archery games to play! (plus mine pies and mulled wine with a bit of luck!).

If you want any help with buying archery kit for Christmas, then please ask! We'd much rather you ask then have to tell you later that something isn't suitable. We genuinely like answering archery questions so it's no trouble!

There will be no archery on Saturday 28th December due to the festive period.

Don't forget that we now have a website at <https://comptonarchery.wordpress.com/> where you can find all sorts of information like warm up techniques, bow tuning guides, scoresheet

downloads and all the previous newsletters! Go take a look.



British Archery Postal League 2019

For the first time we have entered teams in the British Archery postal league. Two Senior teams and a Junior team in the Portsmouth leagues and one mixed team in the Frostbite leagues for 2019/20 which started in November. The Divisions and Teams for November are shown below. Remember that the teams can change each month so make sure you come along to the first Friday evening of the month and take part! (This month it will be 6th December).

Below are the Divisions and teams from November.

Division 16 - Portsmouth 1 Compton Archery A 2 Hinxworth Archery Club 3 Laleham Archery Club 4 Wallingford Castle Archers B 5 Burton Bridge Archers B 6 Hampstead Bowmen B	Division 38 – Portsmouth 1 Dearne Valley A.C. B 2 Bowmen of Chestereld A 3 Caron Archery Club A 4 Blundellsands Archers A 5 Compton Archery B 6 Falkirk C of A B	Junior Division 6 - Portsmouth 1 Gravesend Jnr 2 Bridlington Bay Archers Jnr 3 Compton Archery Jnr 4 Peacock Archers Jnr C 5 Waterside Archers Jnr 6 Bye C	Division 9 - Frostbite 1 Bowmen of Wadebridge A 2 Wolverhampton C of A. 3 Hinxworth Archery Club 4 Ditchling A.C. A 5 Compton Archery A 6 Greasley Castle Archers
November Team 1. Leon Smith – 550 2. Stuart Walker – 548 3. Rick Stephens - 548	November Team 1. Andy Edwards – 509 2. Jim Radley – 481 3. Natalie Allen – 433	November Team 1. Owen – 467 2. Ellie – 309 3. George – 154	November Team 1. Rick Stephens – 293 2. Leon Smith – 282 3. Andy Edwards - 275

Well done to all those that made the teams in November and remember that THIS FRIDAY 6th December is the postal league entry night for December, so please record and hand in your scores!

We don't quite have all the scores for the league from November yet, but we'll share them as soon as we do.



Oxfordshire County Indoor Championships 2019 @ Wallingford on November 24th



Leon, Stuart and Andy took part in the Oxfordshire Indoor Champs this year, and managed to win 3rd place for Compton in the team results, just taking it from Oxford Uni, behind Oxford Archers and Wallingford, who hosted the comp.

They were shooting a WA18 round (40cm face at 18m) in the Freestyle category along with around 30 archers. (around 60 archers in total attended the event).

Andy shot a PB, Leon shot 1 point off a PB and Stu managed to nose into the head to heads, to be taken out by the 1st seed. Very well done to all of them and here's hoping that Compton can send many more archers to this event in 2020.



Scouts District Archery Tournament – 16th November.



On Saturday 16th November we hosted the Beavers, Cubs, Scouts and Explorers District Archery tournament with over 200 archers taking part.

Groups come from all over the district to take part in this event. Each age group was split into 8 smaller target groups, each with its own instructor, 6 of which were Compton Archery senior archers; Rick, Jim, Leon, Natalie, Katrina, Jon.




Each archer shot 3 practice arrows followed by 3 ends of 3 arrows. Final scores were added up and shields awarded for the winners of each age group plus an overall winner of the day (which was a Scout this year).

A massive thanks to all of our archers who helped setup the night before, do the coaching on the day and stayed at the end to help tidy up. The scouts tournament organiser sent us a really nice email of thanks for such a well done event and really appreciated all the help.



Well done to archers achieving awards and badges this month.

(Sorry if we've missed anyone below! Let us know!)

	Well done to Andy, Richard and Jim on breaking through the 500 Portsmouth barrier. That's averaging over 8 points per arrow and is a great achievement and milestone to pass.
	Well done to Stuart Walker for taking another indoor record by breaking the WA18 record of 503 with a stunning 524. Commiserations to Leon who broke the record on the same night with 504 only to be trounced by Stuart 😊
	Well done to Natalie and Owen who both made it into the Southern Counties (SCAS) Portsmouth postal league Oxfordshire team for November.

Equipment changes

We have now got our space back in the outside container so we've moved ALL the kit back into that for the winter months. If we do shoot outside (e.g. for Frostbite rounds) we'll have to temporarily roll targets over to the field and then put them back afterwards. We are arranging mats for the hall entrances as we are aware that they get wet and slippery when it's raining outside. As always, please take care when moving any of the equipment and always ask if you're new to it.

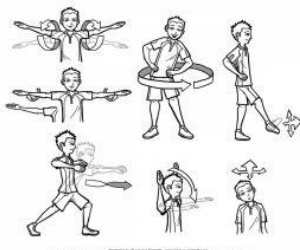
Classifieds Classifieds

A number of archers have spare kit for sale as a result of upgrades etc. Before you buy something new it's always worth having a word with Rick or Leon about potential 2nd hand kit available. Also, if you're starting out looking at your own kit also let us know so that we can help you with that and keep a look out for good deals.

Warming up

Warm ups are always important but especially important when its cold outside. Remember that warming up is NOT just shooting a few extra ends at the beginning!

Like any sport, warming up your muscles beforehand is absolutely key to your performance and prevention of injury. Here are a few good warm ups to do before you start shooting.



Club Kit

We are in the process of changing the supplier for our club kit. In the meantime, if you are interested please contact Rick for more details.



Important Dates

**** Archery dates can always be found on the right hand side of the website pages ****

Upcoming Friday shooting dates are: Friday 6th December, Friday 20th December.

Upcoming Saturday shooting dates are: Frostbite special on Saturday 7th December, then Saturday 14th December (Xmas Special).

Archery GB Members Section



Indoor Tournaments are now starting to release dates:

- Guildford Open WA25 Tournament on 19th January. (lots of interest from Compton already).
- Harlequin Bowmen Friendly Indoors on 15th and 16th February. Great introduction competition!

And don't forget that we will be continuing to run the BA Postal league on the 1st Friday of each month and the BA Frostbite Postal League on the 1st Saturday of each month.

Additionally, all AGB members are entitled to enter the Southern Counties Archery Society (SCAS) postal league which is for Portsmouth scores. There is no fee for this, just send us your score sheets each month!

The End.

That's it for this month's Newsletter! We hope you've found it useful and informative.

If you'd like us to include or cover anything specific next month please let us know at Compton.archery@gmail.com.

As ever, please email Compton.archery@gmail.com with any questions comments or questions you have and keep sending in those score sheets for 252, National and Portsmouth rounds etc.

We look forward to seeing you on the shooting line.

Rick and the Compton Archery team.

Current Club Records



Compton Archery Club Records



Round Type	In/Outdoor	Met/Imp	Age Group	Sex	Bow Type	Date	Score	Max	Archer	Home/Away	Location	Notes
Frostbite	Outdoor	Metric	Adult	Male	Freestyle	29th Dec 2018	300	360	Leon Smith	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Female	Barebow	29th Dec 2018	189	360	Natalie Allen	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Female	Freestyle	29th Dec 2018	224	360	Alice Banham	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Frostbite	Outdoor	Metric	Adult	Male	Barebow	29th Dec 2018	148	360	Ian Allen	Home	Compton Archery	3d @ 30m in 80cm face (winter outside!)
Junior National	Outdoor	Imperial	Adult	Male	Freestyle	14th July 2018	518	648	Jason Allum	Home	Compton Archery	4d @ 40y, 2d @ 30y in 122cm face
Long National	Outdoor	Imperial	Adult	Male	Freestyle	2nd Sept 2018	484	648	Rick Stephens	Home	Compton Archery	4d @ 80y, 2d @ 60y in 122cm face
National	Outdoor	Imperial	Adult	Female	Barebow	13th July 2019	318	648	Natalie Allen	Home	Compton Archery	4d @ 60y, 2d @ 50y in 122cm face
National	Outdoor	Imperial	Adult	Male	Freestyle	13th July 2019	552	648	Stuart Walker	Home	Compton Archery	4d @ 60y, 2d @ 50y in 122cm face
Portsmouth	Indoor	Metric	Adult	Male	Freestyle	11th Oct 2019	563	600	Stuart Walker	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Female	Freestyle	26th Jan 2018	519	600	Alice Banham	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Female	Barebow	5th Mar 2019	496	600	Natalie Allen	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Adult	Male	Barebow	27th Sep 2019	504	600	Stuart Walker	Home	Compton Archery	5d @ 18m in 60cm face
Portsmouth	Indoor	Metric	Under 14	n/a	Freestyle	25th Oct 2019	473	600	Owen Smith	Home	Compton Archery	5d @ 18m in 60cm face
Short Junior National	Outdoor	Imperial	Adult	Female	Barebow	14th July 2018	452	648	Jenny Chapman	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Under 14	n/a	Barebow	14th July 2018	476	648	William Croanne	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Under 14	n/a	Freestyle	13th July 2019	523	648	Owen Smith	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Adult	Male	Barebow	13th July 2019	522	648	Ian Allen	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior National	Outdoor	Imperial	Adult	Male	Freestyle	3rd August 2018	535	648	Uwe Anton	Home	Compton Archery	4d @ 30y, 2d @ 20y in 122cm face
Short Junior Windsor	Outdoor	Imperial	Under 14	n/a	Freestyle	21st May 2019	867	972	Owen Smith	Home	Compton Archery	3d @ 30y, 3d @ 20y, 3d @ 10y, in 122cm face
Short National	Outdoor	Imperial	Adult	Female	Freestyle	14th July 2018	484	648	Alice Banham	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Short National	Outdoor	Imperial	Adult	Female	Barebow	14th July 2018	339	648	Natalie Allen	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Short National	Outdoor	Imperial	Adult	Male	Freestyle	11th Aug 2018	532	648	John Salway	Home	Compton Archery	4d @ 50y, 2d @ 40y in 122cm face
Albion	Outdoor	Imperial	Adult	Male	Freestyle	14th May 2019	762	972	Leon Smith	Home	Compton Archery	3d @ 80y, 3d @ 60y, 3d @ 50y in 122cm face
Albion	Outdoor	Imperial	Adult	Female	Barebow	21st May 2019	365	972	Natalie Allen	Home	Compton Archery	3d @ 80y, 3d @ 60y, 3d @ 50y in 122cm face
WA18	Indoor	Metric	Adult	Male	Freestyle	22nd November 21	524	600	Stuart Walker	Home	Compton Archery	5d @ 18m in 40cm face
WA18 3-Spot	Indoor	Metric	Adult	Male	Freestyle	15th Feb 2019	493	600	Leon Smith	Home	Compton Archery	5d @ 18m in 40cm tri-spot face
WA70	Outdoor	Metric	Adult	Male	Freestyle	31st July 2018	418	720	Leon Smith	Home	Compton Archery	6d @ 70m in 122cm face

Indoor Rounds – Here are the most common Indoor rounds that we'll be doing at Compton...

- Portsmouth – 5 dozen arrows at 20 yards into an 60cm face
- WA18 – 5 dozen arrows at 18m into a 40cm face
- WA18 3-spot – 5 dozen arrows at 18m into a 40cm 3-spot face
- 252 @ 20 yards – 3 dozen arrows at 20 yards into a 122cm face