

SABINA NETBALL CLUB

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NEWSLETTER



Issue 7

:

June 2012

One does not know where the time has gone, so much has occurred since the last newsletter March 2010 – Sorry no time There have been Winter and Summer Leagues, Sunday League finals, fund raising and the list goes on....

HEADS UP

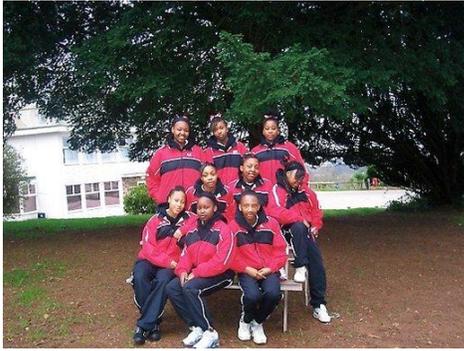
Forthcoming EVENT for 2012

Sabina has come of age and will be 30 on 1ST September so we are taking this opportunity to have a reunion Ball on **13th October** when we will honour our current member's achievements and meet up with passed members who have helped us to get where we are now.

Ideally I would like around 150 people to make this the prestigious event that we all want to enjoy, so please spread the news. It is NOT just for members but friends, family, colleagues and anyone you want to bring to show off how Sabina Netball does it.

It's time for you to show off and look glam in those evening gowns.

Tickets are now on sale for £15.00 and leaflets are available.



SQUADS 2010/11 ACHIEVEMENTS

Senior Performance

The 1st Team was promoted to Division 3 and the 2nd Team went up to Division 8.

The 3rd team was promoted to Division 11 as they finished middle table and there was space available.

At the beginning and end of the 2010/11 season the seniors 1st team won the North West Kent tournament.

Summer League

The Summer League Season in 2011 fielded 2 teams. This involved the opportunity for U16 to play in both 1st and 2nd teams.

Both teams finished second and therefore promoted in the summer for 2012.

Rally

A mix of players also played in Abbey Angel's Rally in 2010 and won best dressed for their display as 118 118.



We entered again in 2011, but we did not win this as nominations were taken from other teams, but we thought we looked great anyway! What do you think of these two?

In August 2011, the seniors 1st were runners up in the Tempest Rally and therefore we were invited to represent South East London in 2012 to play off against other Regional Winners.

We also entered the Kent FastNET Tournament and gained a place in the Gold Section and finished 3rd overall.

Every year we have an Awards event, and 2010 was no exception.

It was a low turnout which was very sad due to the amount of work that goes in to make these evenings successful. It is a reminder that it is not just the recipient's attends but must ensure supporters attend to give credibility to the evening.

The venue was a factor and this will be addressed for 2011 Awards which will be in autumn of 2012.



In November 2011 we held our Awards evening when our members were recognised for their achievement for 2010/11

Juniors Performance

SUNDAY LEAGUE MATCHES

In the winter County League Season of 2010/11 at Rainham, although the under 16's did not win the league; they showed conviction and positive attitude throughout.

It had been a difficult season for them, some matches were played with only five players, but this did not put them off, they stepped up and challenged all that was put in front of them. There had been some outstanding performances throughout the season.

They came out fighting at the end of season tournament and were successful in winning the County U16 plate, well done.

SATURDAY LEAGUE MATCHES

These were played at Coldharbour Sports Centre which provides opportunity for U12, U14 and U16. The U16 was successful in winning their group with the U14 coming a respected second in theirs. These junior teams have been playing with a lot of determination and courage and has developed well to allow individual development and promotion to play in higher age groups throughout the season.

HERTFORDSHIRE JUNIOR TOUR 2010 AND 2011

The event was held at WORMLEY Playing FIELDS, Church Lane, Wormley, Broxburne, Herts EN10 6LB



What a day, the 'sun shine' girls went out there and showed everyone what they were made off. In the crowd you could hear people asking the question, 'who are these girls, Sabina, we have never heard of them before? But they are good!' The girls were runners up on the day, their performance was outstanding, and they only lost one match.

Three Sabina teams played in the return tournament in the summer of 2011, against some of the best club teams from the South and North of the country. All the teams played well with the U14's (which consisted of a number of U12 players) doing extremely well.

The U16's put out a very strong side and ended up joint winners of the competition losing only on goal difference to the first place team even though they had beaten them in the head to head!

A RESPECTFUL second place.

SQUADS 2011/12 ACHIEVEMENTS

SENIORS' PERFORMANCE

The seniors 1st won the end of season versatility rally again and retained their title.



All three teams played very well, with some mixed results on some return games.

Some individual development was evidenced which looks positive for the coming season.

First team missed out by a couple of points to gain promotion to 2nd division, however an achievement having just gained promotion from 4 into 3. Some factors was that a shortage of players to play up so some games were played with injured players as the luxury of playing from a squad was not available. The second won their division and will be promoted to division 7
The third finished respectful 4th in their division and may go up if there is space.

Summer League

3 teams have been entered into the summer league 2012 – 2 seniors and 1 junior

The First Team is in Division 1 playing all first teams, Seconds in Division 5 and the thirds are a mixture of U16 and U14 to gain match maturity, playing in Division 7.

Team	Played	Won	Drawn	Lost	Points	Goal Avg
Sabina 1	4	4	0	0	20	1.113
Telstars 1	4	3	1	0	19	1.561
Raiders 1	4	1	1	2	14	1.049
KCNC 1	4	2	0	2	13	0.781
Electra 1	4	1	0	3	12	0.889
Istead 1	4	0	0	4	8	0.787

Team	Played	Won	Drawn	Lost	Points	Goal Avg
Chislehurst 2	4	3	0	1	17	1.267
Electra 2	4	2	1	1	16	1.28
Bromley Ladies 1	4	2	0	2	14	0.952
OBA 2	4	2	0	2	14	0.836
Sabina 2	4	1	1	2	13	1.037
Trinity 1	4	1	0	3	9	0.735

Team	Played	Won	Drawn	Lost	Points	Goal Avg
Aqua 2	4	1	1	0	19	1.419
Sabina 3	4	2	1	1	14	1.267
Blackheath Wanderers 2	4	2	0	1	12	3.206
Lee NT 3	4	2	0	2	11	1.177
White Lotus	4	0	0	3	0	0.105

Incorrect table – Sabina 3 has not loss a game - league need to correct this

JUNIORS' PERFORMANCE

In the 2011/12 winter season at Rainham, this resulted in a transition of the teams with the under 14's, U16's and U19's forming new squads. There was a mixture of fortunes for the Teams with highs and lows however the U14's and U16's showed a lot of spirit and potential for future success and had some outstanding performances.

The under 19's fielded an exceptionally talented squad of county and regional players and started the first quarter of the season beating all the top teams in the county including Kent Club and Telstars, but unfortunately owing to a very late withdrawal by Telstars from the league the competition and season was brought to a disappointing and sudden end due to the lack of remaining oppositions and fixtures.

Team Name	Played	Won	Drawn	Loss	Goals Scored	Goals Against	Goals Avg	Goals +/-	Points
Telstars	18	18	0	0	1062	300	3.54	762	90
CFX	18	16	0	2	981	464	2.11	517	82
Kent Club	18	14	0	4	689	461	1.49	228	71
Hornets	18	9	1	8	421	538	0.78	-117	55
Sabina	18	6	0	12	509	684	0.74	-175	39
Wealden***	18	9	0	9	618	530	1.17	88	34
Breakaways	18	5	0	13	368	709	0.52	-341	32
Pilgrims	18	3	0	15	342	817	0.42	-475	20
Comets***	18	4	0	14	285	553	0.52	-268	7
Raiders***	18	5	1	12	280	499	0.56	-219	-17

League Points Table

Vanessa Stewart was won the most nominations for U16 and has been awarded a medal by the County

Due to not having sufficient SABINA U14 players we joined forces with Hornets so that U14 who wanted to play could get the exposure.

It was a slow start as Sabina tended to have the defence and Hornets the Shooters and some games it was disappointed as we did not have full quota of players and this weakened the squad.

League Points Table

Team Name	Played	Won	Drawn	Loss	Goals Scored	Goals Against	Goals Avg	Goals +/-	Points
Wealden***	16	14	0	2	501	191	2.62	310	69
Telstars	16	13	0	3	528	184	2.87	344	68
Beacons***	16	15	0	1	491	185	2.65	306	68
Kent Club	16	10	0	6	369	294	1.26	75	53
CFX	16	6	1	9	292	400	0.73	-108	36
Comets***	16	6	0	10	212	375	0.57	-163	28
Sabina	16	2	1	13	158	471	0.34	-313	16
Breakaways	16	1	1	14	135	371	0.36	-236	14
Pilgrims***	16	3	1	12	159	374	0.43	-215	13

SATURDAY LEAGUE MATCHES

These matches were played at Coldharbour Sports Centre in Mottingham and provided good opportunity for players to participate in competitive club netball.

The U12 played their heart out this year and finished a great second place.

The U16 came second having had to forfeited a few games during the season.

The U14 improved on their performance for the return games and finished a respected 5th

UNDER 16

TEAM	PLAYED	WON	DRAW	LOST	GOALS FOR	GOALS AGAINST	POINTS
WEALDEN 1	6	6	0	0	163	98	30
SABINA WHITE	6	3	0	3	105	83	18
TELSTARS 1	6	1	0	5	171	148	17
KENT CLUB 1	6	1	0	5	121	231	11

UNDER 14

TEAM	PLAYED	WON	DRAW	LOST	GOALS FOR	GOALS AGAINST	POINTS
WEALDEN 2	13	10	0	3	360	211	61
BEACON 1	13	10	0	3	345	167	53
HORNETS BLACK	13	8	0	5	202	201	45
RAIDERS GREY	13	6	0	7	247	238	44
SABINA RED	13	7	0	6	212	197	43
KCNC 2	13	3	0	10	141	238	28
HORNETS PURPLE	13	4	0	9	182	259	26
TELSTARS 2	13	3	0	10	154	269	24

This year we also played U12, (U 14's) and Youth (U 16's) team who play fortnightly.

The U12 and U16 had very few games and the U16 were invited to play in some of the seniors 3rd games to give them both more match play but also develop them as some of these will be playing seniors in 2012/13 season.

UNDER 12

TEAM	PLAYED	WON	DRAW	LOST	GOALS FOR	GOALS AGAINST	POINTS
BEACON 2	9	9	0	0	392	89	40
SABINA BLACK	9	6	0	3	181	144	34
WEALDEN 3	9	6	0	3	196	154	32
RAIDERS WHITE	9	4	1	4	128	125	28
TELSTARS 3	9	1	1	7	65	296	9
HORNETS PINK	9	0	0	9	31	189	2

The club hopes that many of these players will continue to progress and become talented competitors in the next season and follow in the tradition of previous Sabina Juniors and teams.

We have a very promising future and would encourage everyone to support this young generation of players as much as possible!

The Youth Team are a product of the Junior Development /Programme and have been a dominant force in all areas of club netball competition both at Regional and National levels. They continue to display their now finely tuned skills matched by their great mental strength and resilience and are well prepared to take on all challenges placed before them.

SOCIAL

After enjoying a successful year playing netball, Mia, Frances, Joanna, Asha, Isobel, Sharifah, Vanessa and Kenya had an enjoyable day out at Thorpe Park in Summer of 2011. Sabina is not only about playing netball the girls also get on very well and socialise together.

It is hoped that other fun events will be organised including family picnics and bowling.

Sabina is an inclusive club with all members from juniors to seniors and their families encouraged to participate and enjoy both the social and competitive aspects of the club. New members are always welcome!



Christmas saw the seniors and U16 attending a Chinese Karaoke evening in December – all thorough enjoyed it and it was a good bonding evening for all.

The U14 and U12 attended Nandos, but would preferred to go somewhere else next year - perhaps a bowling trip would be good for this age group

- Always open to new ideas and volunteers to help organise and help out on the evening.
- Hope to host quiz- evening

Please step forward if you are able to help with these.

Junior Fund-raising

BAG PACKING

We continue to do our bag packing as part of the fund raising for the club, the amount raised was not as much as previous years, but hey, there is an economic down turn.

We were fortunate to the have the amount raised matched by Marlene’s employers. So a big thank you to all those who participated and donated to the fund, even if they were not able to attend, donation helps.

The bag packing is ongoing and we plan to do at least two per annual as it is merely giving 3 to 4 hours of your time to help keep cost down – it is NOT just for the juniors but also for the seniors as well, as they benefit too.



Clothing collection

This is a new event for the club, everyone was asked to have a clear out of unwanted clothes and shoes, they were bagged and collected by a company from the club, and we raised £100.00. Hopefully we will do this again and you can all dig deep and see if we can at least double the amount previously collected. Date to be identified.

CLUB PROFILE

The website is now up and running, still need help to maintain it, any ideas, or want to help Let Marlene know.

www.sabinanetball.clubbuzz.co.uk

Marlene also worked tirelessly to try and find other ways of getting funds into the club and this year was able to get £500 from the CO-OP by agreeing to have our photos and club displayed in their magazine as helping the community.

Some of the photos taken for this are below. **ENJOY!**



Juniors playing up in seniors first year



Some seniors and junior members 2011/12



Our U16 squad 2011/12



Our U14 and U12 players 2011



Other Netball News

Last year, we had the Kent Academy Trials where Vanessa, Asha and Jessie were successful as well as Rashidah who has been a senior member of the academy.

In addition, both Joanna and Isobel were also scouted and short listed for the County Academy.

We also have Regional Academy representation with Alima and Sharifah in their second year and Asha now joining them this year. These are great achievements for a club of its size and demonstrate the immense talent within the club!

Alima, who played County League and Summer League for the club has had additional success this season, in getting into Surrey Storm and the icing on the cake of being selected for the under 19 England Squad. The weekend of the 10th March, she played with England in Scotland and they won the tournament. Big congratulations to her.

Since September 2011 Joanna, Isobel and Vanessa were also seconded to another club and played Regional this season with Hornets. It was an experience they all valued and they were able to showcase their skills and proved to be an asset to the team.

Other Events and Success in 2011

Sabina were runners up in the Club of the Year for Lewisham, the competition was very strong, and so the results were brilliant!

Marlene won 'Make the Difference Award for Sport and Culture' in the Lewisham, she went one stage further and was nominated and short listed for Greater London Award by the Region as a volunteer for continuous hard work in sport over the years.

One of the big successes for the club in 2011 was the accreditation of the Silver Club Mark, now we just need to work hard to achieve the Gold.



Jack Petchey Award

This is an award given to individuals, and the nominations come from their peers.
In previous years the winners have been:

**Sharifah Burford
Asha Williams
Vanessa Stewart
Kenya Barnett
Isobel West
Joanne Hall**

January to March 2011 winner Vanessa Stewart who went with Marlene to the award ceremony at Greenwich

March to June 2011 winner Frances Miele

Nominations are still needed for September 2011 to June 2012

Officers Professional Sporting Achievements

All have attended First Aid and Safeguarding Courses as well as gaining Umpiring and Coaching awards

Danni Gray passed her Umpiring C Award. Well done.

Sabina now has 5 players with the C Award and 2 players with the B Award with Deanne passing in March 2012.

They are as follows:

Sharon C
Danni C
Candice C
Andrea C
Shirley C
Deanne and Marlene with the B award

Level 1 coaching passes to Danni and Candice. Well done ladies.

Therefore in Sabina there are 3 Level 1 Coaches, 1 bridging and 2 Level 2

Danni Level 1

Candice Level 1

Andrea Bridging Level 2

Sharon PE Teaching Coaching Award

Deanne Level 2

Marlene Level 2 and working towards Level 3.

Still not sure how Marlene manages to work full time, run Sabina and achieve so much, but these are some of her personal achievements and roles she is continue to manage

England Netball Rose Award Winner

Kent Netball Chairman

Regional Board Member

Regional Technical Coaching member

County Umpire Tester and Assessors

County Umpire Mentor

Head coach for London County Satellite and Kent selector and Scout.

Lewisham Back to Netball Coach

Lewisham Netball Council Chairman
London Youth Game Squad Coach

(She also as a side line, secretary and fixtures organiser for the cricket club)

Candice and Andrea are working towards gaining their Talent Selection Assessment for Kent and have been working with County Academies over the last few years.

In February 2012

In the Lewisham Sports and Culture event Marlene was a runner up in the category of Coach of the Year and in the young volunteer of the year went to Candice.

Marlene continues to encourage other members to develop and both Asha and Andrea have been working with Lewisham Netball Back to Netball Group with Sharifah coming on board for the summer programme.

Asha has also attended C Award umpire course and would have been umpiring the thirds if the league had allowed it as part of her development.

There have been a number of successes for Sabina, the Club is growing and members have shown commitment and support for each other.

Remember new players are always welcome and ideas you may have to improve the Club further.

TOUR 2012

In June there is a Weekend tour to Butlin's

The club will be taking 4 teams, 2 seniors and 2 juniors (total 32 players, with supporters up to 44 people)

We will be leaving in the evening of the 22nd June at 6.00 from Catford to Somerset, spending the weekend on a self-catering basis.

Lots of activities over the weekend, but more important a chance for some of the new and younger players to bond.

Marlene will be issuing full details of pick up times and itinerary for the weekend shortly.



TOUR 2013

The club had a vision of going to Barbados in 2013 for a netball tour; unfortunately this is now not happening, as there had not been much of an uptake.

It is appreciated that there were a number of people who were interested, but again we had to recognise that there is the issue of finance for everyone.

A new proposal for Malta has been put on the table.

- Application Forms are now available and deposit of **£150** is to be paid by **30th September**.
- The trip will take place over the weekend from 27th June to 7th July
- 4 nights bed and breakfast in 4* hotel.
- The total cost is **£490** which must be paid in full by the 1st April.

Can people let Marlene know if they would be interested and return form and deposit as soon as possible?

Important Dates

6 to 28 June	U14 Training – St Dunstan’s 6.00-8.00
22 June	Tour depart to Somerset
30 June	London Youth Games at Crystal Palace. Come and support your team colleagues.
11 July	AGM at meeting room in Jubilee Ground (formerly Power League) Entrance Canadian Avenue, Catford – 7.00 – 9.00
11 July	Club Registration deposit (or full payment for 2012/13 season) to be paid
14 July	Sabina Play Day – The Bridge, Langley Bridge Road, Lower Sydenham 10.30-3.00
27 July	Rescheduled Summer League Fixture at Coldharbour Sports Centre.
1 st August	Last date for Registration Deposit to affiliate to England and Leagues
8 st August	Seniors and U16 Training 7.30-9.30 for 4 weeks at St Dunstons
11 th August	Netball Promotion and Club Recruitment Day in conjunction with Lewisham 1.00 -4.00 at Greenwich Park with LIVE Olympic screen – need volunteers.
5 th September	Full Club Training commence at Prendergast (u14, 6.00pm-8.00 and seniors and U16, 8.00pm)
13 th October	Sabina 30 TH Anniversary Ball – 6.00pm

We need to organise

- **Fund-raising and BAG Packing early December.**
- **Start thinking of events such as Quiz Evening**
- **Early plans for Christmas.**
- **Volunteers, prizes, donations and sponsors are require to help with the running of the club and also the anniversary evening**

GET IN TOUCH WITH MARLENE

There is so much more that can go in the newsletter, but this is only a snippet until the next edition, but we will not leave it for so long next time!

Please help by submitting any contents you wish to share to Marlene