



YOUNG CRICKET STARS WINNING FOR BURNHOPE!

It's been a constant in the village for decades. Now Burnhope Cricket Club is bringing young people into the sport with free coaching and kit.

On the back page, David Selby talks to us about the Club's aim to make cricket affordable for the children of Burnhope.

Our children do not pay subs or pay for the training sessions. The junior section also paid for all of the children's cricket clothing.

Turn to the back page to read more...



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THE CRICKET CLUB'S FAMILY FUN DAY

A Family Fun Day is taking place at Burnhope Cricket Club on Monday 29th August 2022 (Bank Holiday Monday).

There will be stalls, refreshments including an ice cream van and cricket games for the children.

The bar in the clubhouse will also be open.

Go along and support the children.

WHAT DOES OUR FUTURE LOOK LIKE?

The environment, energy and power are at the forefront of our minds right now.

Indeed, they get a mention in articles from some of our contributors in this edition.

It's down to each individual Burnhope Parish resident to look into these and decide for themselves. You'll find information inside.



Children learning at Nature's Edge

BURNHOPE PARISH COUNCIL REPORT

Hello everyone and I hope you are all starting to enjoy life after lockdown.

At our AGM in May I was voted by members of Burnhope Parish Council to once again take up the position as Chair of our Parish Council. I wish to thank members for their continued trust in me as I carry on with moving our Village and Parish forward over these very difficult times.

Another strange year has passed and this Parish Council has attempted to be as active and productive as constraints have allowed. Below are some of our achievements:

- we have installed a Defibrillator (situated at the entrance to the Garage Bar and Grille)
- provided financial support for Burnhope Junior Cricket Team
- supported the Heritage 100 walks, however this has been put on hold due to the proposed Solar Energy Farm that Lightsource BP are proposing to build at the North of our Parish... which would be two and a half times the size of Burnhope!
- facilitated the refurbishment of one of the Coal Tubs (sited next to the Wheel) - which was in a state of disrepair.
- continued with the maintenance / upkeep of our Parish Cemetery

- the "Dangerous Junction" sign has finally been sited near the junction of Edge Lane/ Langley Lane (for info the road safety speed camera will be frequently parked at Fair View and the village entrance near St Johns Church)
- permanently sited the Beacon on the picnic area (in conjunction with Lanchester Parish Council)
- the Queens Platinum Jubilee Celebration (this celebration happened in June and was a very successful event organised in conjunction with Lanchester Parish Council)
- continued to provide our Christmas Tree and lights.

Within our Village and Parish we still see problems with litter please put it in a bin and the same issue with dog waste!

Moving forward, we are planning on installing new play equipment in the play area adjacent to the Cricket field (initial costing for this is between £50,000 to £56,000). This will replace the old equipment, some of which has already been removed due to Safety concerns.

We are still pushing for the promised development of 120 houses on the Greenwood Avenue site. This development would be far more advantageous to our village than a huge Solar Energy Farm.

The proposed Solar Energy Farm Members of Burnhope Parish Council unanimously REJECTED the planning application for this - however, ultimately the outcome will be decided by Durham County Council.

The flower tubs are looking good at the minute and thank you to Alan Gibson and Gordon Smith with their help in achieving this, also a big thank you to the villagers of Holmside for their help and input into making their flower tub constantly look good.

Anti Social behaviour, if anyone is having problems with this issue Please, please report the problem, you should not have to suffer with this and a call to 101 will be logged and action taken, if you feel that the problem is really serious then a 999 call should be made.

I hope everyone has a great summer , thank you for your time reading this elongated report and apologies if I've repeated anything that has been mentioned in the last report (I'm at a funny age you know)

Keep smiling be happy and thank you for your support.

Regards
Derek Coates

Chair of Burnhope Parish Council



Derek Coates

AN UPDATE FROM YOUR PCSO ANDREW TONGE



PCSO Andrew Tonge

Hello, I'm PCSO 8722 Tonge of Consett Neighbourhood Police Team, and I'm pleased to give you an update regarding what has been going on in Burnhope recently.

Officers have been working closely with other agencies, including Durham County Council Neighbourhood Wardens, Durham County Council Anti-Social Behaviour team and Karbon Homes in relation to the anti-social behaviour around the village, particularly around Braeside, Holmlea and the children's park areas.

Several children have been reported to DCC in relation to their behaviour, in addition to officers speaking with parents.

I have also attended Burnhope Primary School on a number of occasions and spoken to children around Anti-Social Behaviour and the effects it has on residents and also the consequences it could have on those committing the Anti-Social Behaviour.

Students interacted with the presentations extremely well and were very well behaved during the talks. They gave some great examples of Anti-Social Behaviour and understood the consequences of it.

Consett Neighbourhood Police Team have been working in partnership with Durham County Council AAP (Derwent Valley Partnerships) after securing an Older Peoples Social Isolation Fund (OPSIF) which particularly aims to encourage/promote social interaction/activities in people over 50 years of age.

The project is called Positive Changes and aims to identify those who are potentially vulnerable living alone where the impact of living alone may have a detrimental effect on their mental health and well-being.

We are looking at putting on an event at Burnhope Community Centre with support from Durham and Darlington Fire Service (providing a talk on fire safety), Karbon Homes, Silver Talk, Sweethart's (Buffet supplier), the Craft Hub, (Arts and Crafts).

Do you know a neighbour, family member or friend over the age of 50 years who may benefit from our next event which will be held between 12.30pm and 2.30pm on Wednesday 21st September (TBC)?

If so, please contact me PCSO 8722 Tonge on andrew.tonge@durham.police.uk

or PCSO 7182 Brown on: julie.brown@durham.police.uk

giving your contact details and full details of the person you have nominated as we have a limited number of places available.



If you have any queries or questions, please feel free to get in touch via email andrew.tonge@durham.police.uk. This is for general use incidents should be reported via 101 (or the online report form) or 999 in an emergency.

NEWS FROM YOUR COUNTY COUNCILLORS & MP

As local County Councillors, we have continued to be busy and have had a varied time representing people in Burnhope at County Hall – and this has included working with our local Member of Parliament, Richard Holden, who represents all of North West Durham in Westminster.

We get contacted about a wide range of matters and when we last wrote in the Burnhope Wheel we talked about our efforts to address concerns about road safety and to protect bus services in the village, Holmside and the area around. This work has continued in the last few months with visits to County Hall and also Go North East's depot on Hownsgill in Consett.

The biggest issue that has arisen recently is the proposed Solar Array north of the village. Whilst we both support Solar power and the Government's Green Agenda in principle - given the threat of global warming and the need to import fossil fuels from abroad – we have been contacted by a range of residents who are concerned about the scale of this specific application.

At the end of June, we both met a large group of residents in a house on Edwards Walk in the village and we promised to do everything we can to ensure the planning process is as transparent as possible and so planning officers and the County's strategic committee understand local concerns.

Meanwhile, Richard recently conducted a survey on the proposals. Whilst as an MP he has no role in the planning process, he will also be passing on feedback to the applicant and the County Council. Things remain at an early stage on this, and we will provide updates as this develops, but if residents have questions, we do encourage people to contact us by email.

A big topic we and Richard are contacted about is housing in the village. Overall, at the last count in May, 165 properties in the village are managed by Karbon Homes. We have a positive relationship with them. However, we have passed on feedback to Karbon from various residents in Burnhope about concerns about housing repairs and ensuring residents get the service they rightly demand. If residents do have concerns, we do encourage people to get in touch about this as well.

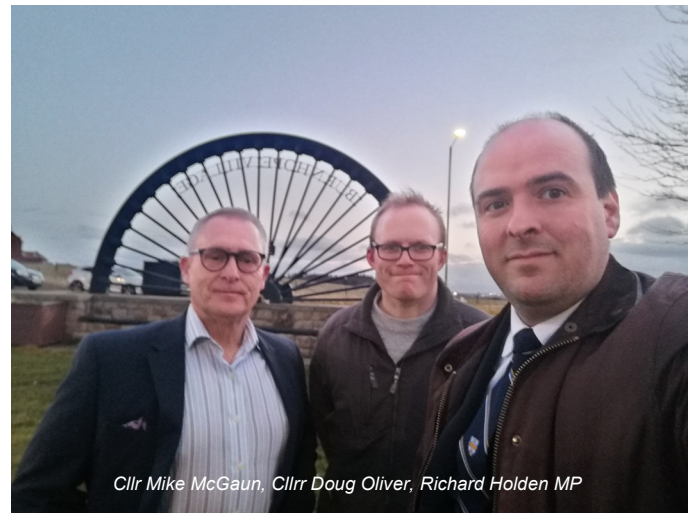
The impact of Storm Arwen has been huge on the area around the village in the last few months and we met some residents in the early part of the year about obstruction to footpaths caused by tree damage in the woods north of the village. We were glad to be able to get DCC officers to help sort this. Some people still have questions about compensation for power outages and we and Richard are also representing residents about this.

Finally, it was great to be able to get out with people from Burnhope Community Centre litter picking and it was great to have so many volunteers involved in helping recently. Burnhope is a great village, but we do all need to work together to keep it so. If there is anything we can do to assist, please get in touch on :

Michael.McGaun@durham.gov.uk

Douglas.Oliver@Durham.gov.uk

Richard.Holden.mp@Parliament.uk



Cllr Mike McGaun, Cllr Doug Oliver, Richard Holden MP

THE QUEEN'S PLATINUM JUBILEE BEACON EVENT

Burnhope and Lanchester Parish Councils worked in partnership to light a beacon as part of the Queen's Platinum Jubilee Celebrations on 2nd June. More than 1500 beacons were lit throughout the UK,

Channel Islands, Isle of Man and UK Overseas Territories. The event was well attended by villagers from both Burnhope and Lanchester .



THE HEART OF BURNHOPE

£3,550 RAISED IN CAROLE'S NAME

When Burnhope resident Paul Nicholson wanted to hold a fundraising event in memory of his beloved wife Carole Nicholson (left), he sought help from his neighbour Karen Reynoldson.



Karen began organising and, with help from Katie Nicholson (Carole and Paul's daughter), their good friend Broghan Cowell and Paul himself, the date was set for Saturday 28th May.

Karen registered the event with the British Heart Foundation who sent a pack of fundraising merchandise and Burnhope Fundraising Team started gathering raffle prizes and auction items from generous companies and locals.

The night included stand up bingo the raffle and an auction and was a great success making a total of £3,550.00.

TAKE PART IN RENNY'S RAMBLE

In September 2019, Karen Reynoldson asked family and friends to help organise a sponsored walk to raise money for MacMillan in memory of her Dad, Kevin Reynoldson. A staggering **£10,650** was raised. Now they're doing it all again.

On **Saturday 10th September** ramblers will take the route from Knitsley to Langley Park (approx 6.5 miles, or finish sooner at Lanchester). This will be followed by further fundraising at Burnhope Cricket Club. If you would like to take part, please register your interest with Karen Reynoldson (call 07736 049183 or via Facebook) and she will get a sponsor form to you.



A CHANGING LANDSCAPE FOR BURNHOPE

In April 2022 some residents received notification of a proposed solar farm at Edge Lane and beyond with current farming land being identified as the proposed site. A consultation meeting was held on 27th April attended by approximately 40 of the residents who had received the information pack. The company, Lightsource bp, has subsequently submitted their plans for a solar farm for approval to County Durham Strategic Planning Committee.

The proposed solar farm will cover 91.7 hectares of what is currently farmland. 15 agricultural fields will be home to the solar panels which are set in the ground and arranged in rows of steel and glass. The panels will be enclosed within 2 metre high fences. Burnhope village occupies 39 hectares. So our village footprint could fit at least twice onto the space this farm proposes to occupy.

If successful, this development will be the second largest solar farm in the UK.

The area that has been identified for this development is one of outstanding natural beauty. This land provides scenic countryside walks, accessible to families with young children, the elderly, and those with mobility issues. These pathways are used extensively by residents and people from surrounding villages and contribute significantly to the physical and mental well-being of walkers, cyclists and equestrians.

A significant concern is the impact this development will have on wildlife and nature. It is a joyous experience seeing wild deer when out walking. The losses of uninterrupted inter-connected habitats are likely to cause significant issues for our wildlife with them potentially being forced out of their natural habitat. The same applies to ground nesting birds and other wildlife.

Four of the fields are on Edge Lane, where the battery block will be sited, and traverse the land up to and next to The Pond then onward toward Green Lane with two more fields running in the direction of Quaking Houses. 3 large fields will run parallel and be visible to the Burnhope village behind The Garage Bar and Grille and up to and including Edwards Walk.

During construction the main access to work vehicles will be from Edge Lane.

Unfortunately there will be no reduction in our energy bills.*

A decision will be made by Durham Strategic Planning group, which is expected to take place this Autumn. Prior to this time there is an opportunity to send comments either supporting or objecting to this proposal. We all have a voice and if sufficient people use it we can influence decisions made at a strategic level within County Hall.

To view the plans submitted by Lightsourcebp and to register your comment on this planning application go to <https://publicaccess.durham.gov.uk/online-applications/> and search ref DM/22/01769/FPA or type Edge Lane.

I have endeavoured to be honest, and to lack bias, which is difficult for me as I love what our village has and would like it to remain. I acknowledge the need for renewable energy but feel there needs to be a correct match between meeting this need and selecting a site where this could sit more cohesively. I do not believe our village is the correct location for it but respect that others may have a different opinion.

Janet Baldacchino
Burnhope Resident

***Editor's Note:** Although there will be no reduction in local residents' energy bills, this development fits into the Government's British Energy Security Strategy which sets out how Great Britain will accelerate the deployment of wind, new nuclear, solar and hydrogen, whilst supporting the production of domestic oil and gas in the nearer term – which could see 95% of electricity by 2030 being low carbon. [Source gov.uk]

We encourage you to explore this issue for yourself at <https://publicaccess.durham.gov.uk/online-applications/> and www.lightsourcebp.com/uk/projects/burnhope/

The Burnhope Wheel is produced by the Burnhope Partnership. We understand that people have differing opinions and, in the interest of fairness, we welcome articles of all opinions. Our aim is to remain impartial. All submissions are subject to review by the editorial team.

BURNHOPE INDOOR CARPET BOWLS CLUB

Meets at Burnhope Community Centre
each Friday 1:30 to 3:30pm
£2 including tea / coffee

Contact David Brockington on 01207 775069

The club has a regular attendance, and we have now received a grant to purchase two new bowling mats, which doubles our playing time.

New members are welcome, no previous experience needed, no skill expected, just good fun and plenty of chat. Come along!

Interest has also been expressed in playing on a Tuesday or Wednesday evening.

INTERESTED?

Please let David know if you are interested in playing in the evenings. If there is sufficient interest. we would also like to extend the offer to an evening session from 6pm to 8pm.



HUGE THANKS TO BURNHOPE PARTNERSHIP'S RETIRING COMMITTEE MEMBERS

CAROL BARRON has been a driving force behind Partnership events, raffles and fundraisers over the years. We owe her a huge debt of gratitude! Carol continues her voluntary work at the Community Centre.

PAUL BROOKS has supported events with a smile, and helped his kids who set up the former Youth Partnership when they were young.

STEVE COVERLY is always a welcoming host at our events in the Cricket Club.

And finally a very special THANK YOU to all the young people who worked so hard to set up and run the Burnhope Youth Partnership for many years. All fine young adults now, we're really proud of them all.

Their legacy continues as the Burnhope Partnership Committee voted to transfer their remaining funds to the fundraising efforts of the growing Youth Cricket Team.

NATURE'S EDGE—CONNECTING PEOPLE WITH THE NATURAL WORLD

Nature's Edge
Rewilding & Wellbeing

Have you ever driven along Edge Lane towards Maiden Law and wondered why there is a Minion by a gateway?

Well, that marks the entrance to Nature's Edge.

Nature's Edge Community Interest Company loves being able to connect people with the natural world.

The project allows people to get up close with various aspects of nature, from domestic animals to equines, ruminants to wildlife.

People are able to obtain a greater understanding about biodiversity and how and what we need to survive on our planet.

Our project offers people peace and tranquillity in a fast-moving lifestyle, by way of



interaction with our animals and the open, outdoor space we have here.

We also offer self-exploration, investigation into the natural world that will inspire your imagination, and much more, all within a secure environment.

We also offer people the chance to get involved or to take the lead in projects such as gardening, birdhouse building, wildlife

habitats and animal management, to name a few.

Being a Community Interest Company (non-profit) we rely on community support and involvement, as well as looking at sponsors.

We hope that you can help us to keep up the work we love doing!

Email us: ukiyo.edge@gmail.com

Visit us: Edge Lane, Maiden Law, Durham, DH7 0RY



THE HAVEN SURGERY | PRACTICE NEWS



Life After Covid

The COVID-19 pandemic changed many aspects of our daily lives. The abrupt lockdowns of early 2020 not only altered our day to day living, but they also spurred significant changes in our lives. Whilst things are slowly getting back to normal, COVID is still very much around.

Mask wearing is still recommended and the practice would like for our patients to continue to wear a mask when they attend the surgery. The practice has vulnerable at risk patients attending the surgery who can be protected from infections by wearing a mask.

Repeat Prescription Orders

As from the 1st July 2022 the practice does not accept repeat prescription requests over the telephone. To easily and conveniently order your repeat prescription online you will need to first contact the practice to request your username and password and then log on through the Haven Surgery website:

www.thehavensurgery.co.uk

alternatively use the NHS app which is easy to navigate and also allow you access to your Covid Pass NHS app. We also have a box located at the entrance of the practice to drop off your repeat slip. Please don't hesitate to contact the surgery for further advice regarding repeat prescription orders.

E-consult

If you require medical assistance which isn't urgent then you can access advice via the e-consult. A GP or Administrative staff will get back to you within 48 working hours. You can also request fit notes and letters via e-consult.

First Contact Physio

First Contact Physiotherapists (FCPs) are physiotherapists based in GP surgeries with an expertise in the assessment and management of musculoskeletal conditions. You can book an appointment directly with a physiotherapist via the receptionist, which means you won't need to wait for a referral from a doctor.

You may be eligible for an appointment with a physiotherapist for the following problems:

- All soft tissue injuries, sprains, strains or sports injuries
- Arthritis – any joint
- Possible problems with muscles, ligaments, tendons or bone, eg tennis elbow, carpal tunnel syndrome, ankle sprains
- Spinal pain including lower back pain, mid-back pain and neck pain
- Spinal-related pain in arms or legs, including nerve symptoms, eg pins and needles or numbness
- Changes to walking
- Post-orthopaedic surgery

Self-Care/Over The Counter Items

What is self care?

Self-care is about keeping fit and healthy, understanding when you can look after yourself, when a pharmacist can help, and when to get advice from your GP or another health professional. Self-care can be applied to self limiting conditions and minor illnesses. GP practices are not the first point of contact for minor health conditions:

- A self-limiting condition does not require any medical advice or treatment as it will clear up on its own, such as sore throats, coughs, colds and viruses

- A minor illness that is suitable for self-care can be treated with items that can be purchased over the counter from a community pharmacy or obtained via the pharmacist.

People have a key role in protecting their own health, choosing appropriate treatments and managing long-term conditions. Self-management is a term used to include all the actions taken by people to recognise, treat and manage their own health.

Allergy Medication

Unfortunately, we are no longer able to prescribe over the counter medication such as Cetirizine. The NHS has to make difficult choices about what it spends taxpayer money on and medicines to treat these conditions are available to buy over the counter. In the last 12 months these items costed the NHS around £446,442 in Durham alone. By reducing the amount that the NHS spends on treating these minor health conditions, the NHS can give priority to treatments for patients with more serious conditions.

Flu Protection for Children and Adults

Our seasonal Flu campaign will shortly be underway. Vaccinations are due to arrive at the practice around the end of September. The practice will be in contact with patients once clinic dates have been agreed. If you think you fit the criteria to receive a free flu vaccination please contact the practice for further information.

Durham County Carers

They offer one to one advice and support to unpaid carers in County Durham.

They can be contacted on 0300 005 1213 or email admin@dccarers.org

Healthier and Wealthier Service

Healthier and Wealthier Service is available for help and advice around debt, employment and much more.

Please contact them on 0300 3231001.



The Haven Surgery are very proud to be taking part in an initiative called Green Impact for Health. This is a national initiative set up by NUS and RCGP to improve sustainability and social responsibility within primary care.

It aims to look at almost every aspect of primary care ranging from office waste to better medicines management. The aim is to improve how time and resources are used resulting in improved patient care and experience along with a reduction in CO2 used, therefore having a positive impact on climate change.

Take a look at www.greenerpractice.co.uk to learn more about this.

GP Surgeries Rated In County Durham

Each year, the NHS asks patients for their views of their registered practices and publishes the results. It includes a range of criteria including ease of making an appointment, their practice's website, the helpfulness of receptionists and whether needs were met.

The results are part of the GP Patient Survey, an independent survey run by Ipsos MORI on behalf of NHS England. The Haven Surgery scored 95%.

For full results of practices across County Durham please follow the link.

<https://www.thenorthernecho.co.uk/news/18579081.best-worst-gp-surgeries-county-durham---rated-patients/>



EVERYONE WELCOME!

Since May 2021 when we opened properly after Lockdown there have been record numbers of people using the Community Centre:

- 160 adults have been welcomed for the first time, either on a one-off basis or regularly for a group or the gym
- 50 long-standing members continue to attend activities and groups
- 80 babies and toddlers and 48 parents/carers join us for **Burnhope Bairns** and **Friday Bairns** (above left)
- 50 children and young people enjoy **Kids Klub** and **Youth Drop In**
- At the Kids Halloween Party 130 children, young people and their families attended
- The Jubilee Picnic was enjoyed by Carpet Bowls Club member Adam Prow Pictured with Sarah Grey, Centre Coordinator (above centre).
- 32 new volunteers share roles such as Trustees, reception cover, helping run groups and organising events.
- Nine lunch clubs (above right) have been held with around 40 people of all ages attending each one. The Garage Bar and Grille provide delicious catering.

SPECIAL EVENTS!

60s & 70s Night

Saturday 17 September, 7 -11pm
£4 | Disco | Quiz | Nibbles | BYOB

Mini Market

Sunday 30 October, 2-4pm

Jubilee Ceilidh

Friday 11 November, 7 – 11pm £6

Preloved Sale for babies and children's clothes, toys and other Essentials

Sunday 20 November, 1-3pm
£5 per table and £1 entry

Christmas Fair

Sunday 27 November 2-4pm

Please check out our website which is regularly updated

www.burnhopecommunitycentre.co.uk

Email: sarahgrey@burnhopecommunitycentre.co.uk

Call us on 01207 780382

Burnhope Community Centre's activities

Day	Time	Group	More information
Monday	1 – 3pm	Monday Club	Get out of the house and meet new people. Activities include: bingo, quiz, raffle and a cuppa. Costs £1 plus extra for bingo card.
Tuesday	9:15 – 11:15	Burnhope Bairns	Toddler group. £2
Tuesday	10am	Walking Group	Meet outside the Community Centre at 10am. Refreshments after at the centre.
Tuesday	12 – 2pm	Games Café	Come along and play games and have a chat. Free.
Tuesday	6:30 – 7:30	Pilates	Pilates for all levels. £4
Wednesday	11 – 12pm	Keep Moving exercise class	Enjoyable exercise for everyone aims to get people to start exercising and improve their quality of life. All welcome. £3.50
Wednesday	3:30 – 4:30	Kids Klub	Club for primary school children. Fun activities plus a tuck shop. £1
Thursday	10 – 12pm	Coffee Morning	£1.50 gets you a mug of tea or coffee and some homemade cake.
Thursday	1 – 1:45pm	Seated Chair Exercises	£3.50
Thursday	2 – 3:30	Crafting Companions	All levels. Come and try new crafts and have a natter. £1.50
Friday	9:15 – 11:15am	Friday Bairns	Bairns toddler group on a Friday. £2
Friday	1:30 – 3:30	Carpet Bowls	All ability levels. £2
Friday	5:30 – 7:30pm	Youth Drop-in	Youth Drop In for young people in years 11 and above. Free.
Saturday	7 – 9pm	Bingo	Saturday Night Bingo.

Other activities at the centre

Sundays - various	2 – 4pm	Flower Club	Flower Club. 4 September, 2 October, 6 November, 4 December. Previous sessions include; Christmas and Easter wreaths, basket floral arrangements. £15 per person.
1 st Wednesday of each month	12 – 2pm	Lunch Club	All welcome. £3 gets you a two course hot meal.
2 nd Tuesday every month	6pm	Café Church	Cafe church - starts again on Tuesday 13 September 2022.
2 nd Saturday of each month	11 – 1pm	Little Treasures	Little Treasures sensory play sessions for children with autism and their families. £5 per family.
1 st and 3 rd Thursday of each month	6:30 – 7:30	TakeTime Together	Meditation group. All welcome. £1.

WORLD SUICIDE PREVENTION DAY - 10TH SEPTEMBER



Devastating figures from 2021 show that 231 people have died by suicide in County Durham and Darlington, most of those lives lost were men, however for every one death by suicide, there are 20 attempts, most of which are women.

The suicide rates in our local area are sadly higher than the national average with the North East and especially County Durham having the highest suicide rates in the England.

Every life lost to suicide is a tragedy and has a ripple effect that impacts over 100 people directly and indirectly, devastating parents, children, families, friends and communities.

Every September the 10th is World Suicide Prevention Day where communities and organisations around the globe collaborate to raise awareness of how we can create a suicide safer world where fewer people die by suicide.

We know that suicide is preventable when we take action to create a suicide safer community so, this year Burnhope Community Centre has appointed a new trustee, to help us in our mission to improve the mental health and wellbeing of our residents and create a suicide safer community.

Emily Francis, has worked in the health and social care sector for over 20 years and is the Founder and Managing Director of Our Mind's Work, a workplace mental health training and consultancy business (www.ourmindswork.com).

Emily said, "During the pandemic we saw a decrease in suicide rates, probably from the phenomena of 'pulling together' in difficult times, which has been evidenced in many crisis situations. It really made me think about the power our

communities can have in supporting each other and ultimately improving mental health and wellbeing together. This is the main reason I became interested in how I can help the community I live in.

Fostering a suicide safer community means we aim to reduce the stigma attached to mental illness and suicide and get people talking about it in an open and non-judgemental way. We need to increase understanding of how to recognise invitations that alert us to someone at risk of suicide and increase confidence in how to practically support someone to help keep them safe while raising awareness for people who are having thoughts of suicide that there is support and hope for recovery for them."

Burnhope Community Centre provides activities that aim to improve your mental health and wellbeing and increase social support. Following their Facebook page will keep you updated on activities you can get involved in.

Going on a walk with friends or family can be a great way to help boost our overall mood and wellbeing and where better to do that in our beautiful countryside!

Volunteering can help to increase your sense of wellbeing. The social aspect of helping others can have a profound impact on your mood. Why not contact the centre to see what volunteering opportunities are available.

If you are having thoughts of suicide remember the Samaritans are there 24/7, 365 days a year to listen and provide emotional support.

If you feel that you are unable to keep yourself safe, this is an emergency and you won't be wasting anyone's time if you call NHS 111, 999 or go to A&E

If you have been impacted by anything in this article you can access further support:

Shout Confidential 24/7 text service offering support if you are in crisis and need immediate help.

85258 (text SHOUT) www.giveusashout.org

Stay Alive App with help and resources for people who feel suicidal or are supporting someone else.

www.prevent-suicide.org.uk

BURNHOPE FLOWER CLUB



Burnhope Community Centre hosts a flower club on a Sunday afternoon, once a month, from 2pm until 4pm. It is a chance to be creative in relaxed, fun and friendly company.

The session begins with a demonstration from Clair and Carol, of Gray Family Flowers, Consett. Following lots of encouragement, banter and laughter, each person creates their own unique, individual masterpiece. All materials are provided and included in the price of £15. Tea, coffee and home made cakes, for a nominal charge of £1.50, round off the satisfying afternoon.

This is NOT serious floristry! Don't be afraid to try it!

Over the last 6 months we have created Christmas and Easter wreaths, flower arrangements in baskets and oasis, and planted hanging baskets.

There is no membership or joining fee, is an informal, fun gathering, open to ladies and gents, all ages welcome. However, booking in advance is essential.



Dates for your diary:-

Sunday 4 September - an arrangement of flowers in a vase

Sunday 2 October - Autumn flowers in a pumpkin

Sunday 6 November - an artificial Christmas table decoration with candle

Sunday 4 December - Christmas wreath workshop

To book for the next session contact Cindy on 077497 56364 or respond to Burnhope Village News Facebook posts.

THE GARAGE BAR & GRILLE IN THE COMMUNITY



Tiger from Northumbria Blood Bikes dropped in to explain why the blood bikers love the Garage Bar & Grille.

The Garage Bar & Grille has been an incredible support to our fundraising efforts for Northumbria Blood Bikes.

We are a local charity that moves urgent blood and other items, free of charge to the NHS. We don't have a base, or any property, so we are always reliant on the generosity of hospitality venues to host us.

Louise, Terry and the team at the Garage Bar & Grille have always graciously welcomed us inviting us to use the venue free of charge.

We hold coffee mornings there so we can meet with our volunteers, for drop ins while on duty for a stand down rest break, and they most

recently hosted our '360' motorbike challenge, which raised thousands of pounds. It would not have been possible if not for the support and hospitality of The Garage.

In turn, The Garage has become somewhat of a Mecca for the bike community in the North East.

By hosting the weekly bike night, people who otherwise wouldn't have known of Burnhope, now use The Garage as a meeting point for rides.

They know they'll enjoy friendly company from the residents of Burnhope, and fantastic service from The Garage team.

I can't express enough how much of an essential asset The Garage is to the success of our charity, and to the wider bike community, and personally believe it to be an essential premises for the residents of Burnhope.

THANK YOU!

Tiger

RESPONSE FROM THE GARAGE

Louise and Terry Clarke own the Garage Bar & Grille in Burnhope. Here Louise shares her thoughts on the bar's role in the village where she grew up.

"When I heard what Northumbria Blood Bikes said about the Garage, it really brought it

home to me how much I love being part of the this community.

One thing I'm over the moon about was being asked to prepare and serve The Garage's special take on local ingredients at the Community Centre's Lunch Club.

We volunteer our time to cook everything from fresh and then spend lunchtime serving and looking after the Lunch Club members at the Community Centre. (Speak to Sarah Grey at the Centre if you're interested - everyone is welcome to book. It costs just £3 each as the Centre subsidises the costs). It's always great to welcome the Lunch Club people to The Garage on other days as well.

While costs are going up for all of us, the Lunch Club is a real point of positivity in the village.

The cost of many of our ingredients has increased substantially, many at double the rate. And with a 350% increase on electric and 600% on gas, we're doing our best to keep prices down and pass on value.

We're saving in other ways by closing Monday, Tuesday and Wednesday (although you can book for private functions of minimum 20 people on those days). So from Thursday to Sunday you can enjoy the whole menu, adding in weekend breakfasts and not forgetting our giant Yorkies on the Sunday dinners!"

Over £150,000 of local funding available to deliver community based projects in our AAP area **APPLY NOW**

Mid Durham Area Action Partnership (AAP) has funding available for prospective applicants from the voluntary and community sector and other charitable/not for profit organisations to help aid 'Community Recovery'. Applicants are encouraged to contact the AAP if they feel they are able to deliver Community Recovery projects within our AAP area under the themes of Economic Wellbeing, Health and Wellbeing, Climate Change and

Environment, Community Safety, Children and Young people, Inequality, Community Activity and Support, Transport and Connectivity

You can simply email the AAP at mdaap@durham.gov.uk and let them know what it is you are hoping to do OR give them a ring on 03000 266146 to talk to one of the team about any planned proposals. You will need to do this in order to gain access to the application form. Criteria applies There is no formal deadline but the AAP encourages early contact. No projects should be planned to start before October 2022 .

MID DURHAM AREA ACTION PARTNERSHIP (AAP)

Hello residents of Burnhope

As with my last article, I write this having just visited the village with my son playing at your cricket ground for under 13's now (was under 11's last time!).

Once again it is a great asset you have there, and we were well looked after as the visiting team. You have some very brave youngsters playing with that cricket ball, as am sure some of the players are not quite 10 yet and facing much bigger and older opposition. They all did very well.

Just turning to assets you have in your community, as an AAP we are involved in helping to improve the play facilities in the village that we know are in need of improvement. We have had a site meeting there with local representatives and our play facilities team to see what can be done.

As an AAP we have funding from what we call our 'Town and Village Improvement funds' which may well help with this as well as some support from local County Councillors. Its early days but you may see some changes there in the near future.

As I write this it is very warm and sunny and the AAP has funded a summer programme for children in the village to attend multi-sports sessions and outdoor education/play sessions each week on

the field at the school/community centre.

A leaflet will have been delivered to the school for each child to take home. It's all 'FREE' and there is a small snack for the children. The same thing happens down the road at Lanchester which you can also take advantage of if you wish.



Natures Edge, which you may know on your way to the top of Maiden Law Bank, have a summer programme operating this year with some exciting outdoor activities linked to nature, animals and the environment. They are also using the food grown on the land to help the children make and eat healthy food, again all 'free', check it out locally.

Part of the AAPs role is to work with county councillors as they have some funding to utilise on local projects and Cllrs McGaun and Oliver have been supporting Burnhope on a number of projects.



Helping with a new heritage banner for the school and assisting the local Heritage Project to develop a series of descriptive panels plotting the village's history. These will be placed in the community centre.

There was some funding via councillors for the Jubilee events in the village and, again linked to the school, some picnic benches so the children can eat and rest outside.

Funding support for the older people's lunch club was also given.

So all in all quite a bit of focus this last year or so in supporting the village with funding for projects. We recognise people are very keen after the pandemic, to get on with doing things again, particularly for the children we know who have all been affected in different ways. I know we have some new challenges ahead!

Have a lovely summer everyone.

Regards

Derek Snaith

Mid Durham Area Action Partnership Coordinator

BURNHOPE PRIMARY SCHOOL

LEARNING TO PLAY, DISCOVER AND ACHIEVE TOGETHER

It has been a busy term here at Burnhope Primary. We started off the term by officially joining SLP. We are very proud to join the trust and to have the opportunity to work closely with the other schools in the trust.

At Burnhope Primary School we are passionate about learning and believe our pupils receive an excellent well-rounded education in a happy and caring school.

This term we were able to get out and about much more and have enjoyed several trips!

Class 4 (Year 5 and 6) enjoyed several trips out including to Harehope Quarry, Hamsterley Forest, Blanchland and Derwent Reservoir.

This was part of a funded project led by North Pennines AONB Partnership, to support the wellbeing of young people through outdoor learning and experiences.

On the 23rd of May, the whole school travelled to Beamish to kick start our 'Burnhope Heritage Week'. Each class participated in a workshop led by Beamish and then had some free time to explore.

Early Years loved playing with the toys and Year 3 and 4 travelled down the mine! A great day was had by all and we will definitely be back next summer.

During our 'Heritage Week' each class also took a walk around the village to spot what Burnhope was like in the past. On the final day we celebrated with a whole school Fayre. Parents and family enjoyed some old-fashioned games, a raffle and ice cream!

Most recently, Year 6 travelled to London for a 2-night residential. During the stay we rode on the London Eye; travelled on the train and tube; visited the Museum of Natural History and the National Gallery; went on a cruise and



saw a musical, Matilda. The Year 2 children have already asked Mrs Bryson if they can see Matilda when they go to London.

As Burnhope wind down for the summer holidays, we'd like to wish all of the school leavers much success in their next step in education and to wish all a safe and enjoyable break!

Please remember that children can start Nursery at the beginning of the term after their 3rd birthday, and we still have available both 15-hour and 30-hour places. Our next intake of pupils into Nursery will be in September.



Funded 15 hrs 2 yr play and learn sessions

All snacks, meals and trips out are all included in the price



Daycare and holiday care available

I am a highly qualified childminder offering high quality childcare from my friendly home environment



Breakfast and Afterschool Club available

Funded 3 and 4 year old places available

Please contact me on TEL : 07896091685 EMAIL : helenslittletreasures@gmail.com



HERITAGE PROJECT

WHERE IS THE EVIDENCE?

In 2019 AgeUK commissioned a project, to involve residents and school children, to research the history of the village. Funding was provided by Durham County Council AAP and the Heritage Lottery Fund.

Before and after covid lockdowns a small team of people have uncovered details of village life from the 1840's until the 1970's.

Burnhope village only began to develop in the early 1850's with the opening of the first mine. This is a village steeped in history, of lives built on coal. However, walking around the village today there is very little evidence to tell us about this once busy, bustling, mining community.

Senior citizens, who have lived here all, or most of their lives, have so much to tell from their own memories or from stories passed down to them.

Did you know, or even can you tell, that over the years there have been 5 pubs or clubs, more than 25 shops and a large range of leisure facilities?

Several seniors agreed to take part in professionally recorded conversations, to capture their knowledge and memories, in order to preserve the living history of Burnhope.

Once edited, their stories will be available to the public to listen to.

Many, many people have been very generous with their time, sharing their stories, photographs, books and printed articles, and for this we are very grateful. However we need more in order to build up a public archive, make visual displays and to provide our school with learning resources for their local history projects.

Further funding has been provided by the Durham County Councillors, which will be used to create permanent information displays and a mural in the main hall of the Community Centre. Along with the newly hung Miners Banner, this will create lasting evidence of Burnhope's remarkable past.

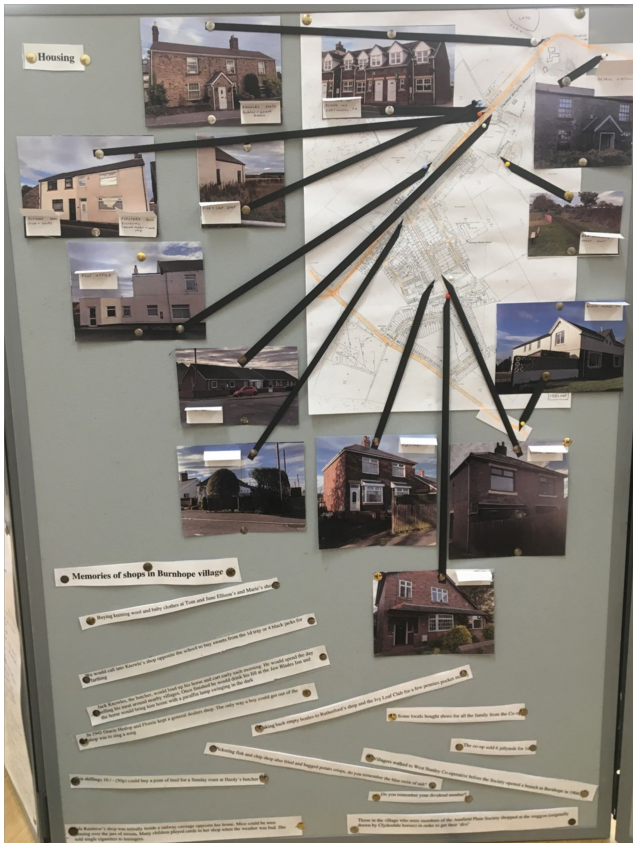
There has been enormous interest in this project, so here's our appeal to you:

Consider donating the following to the project:

- ⇒ old photos
- ⇒ newspaper cuttings
- ⇒ relevant items from past decades

We are especially interested in information about housing, shops, leisure, mining, churches and schools.

We can photocopy your



TREES TO BE PLANTED TO MARK HM QUEEN ELIZABETH II'S PLATINUM JUBILEE



The small piece of land beside the War Memorial, currently covered in black plastic, has been made available to the village.

Planting of 4 trees, to bear blossom and fruit, will brighten up the area.

It already has 4 corner beds marked out and has previously been a garden.

Once the weeds have died back and can be raked up it will need a good dose of manure and digging over.

The garden could be further developed with enthusiasm from volunteers.

Funding will be needed to buy trees and other materials.

If you are interested in joining this small project please contact David on 07453 876768

treasures and return them to you with pleasure.

Please contact David on 01207 775069 or visit Thursday Coffee Mornings, in the Community Centre, if you have heritage information to share.

RECYCLING REVOLUTION Do you know that your Community Centre is a RECYCLING HUB?



There are bins just inside the Community Centre doors for you to deposit the following:

- Green** Tablet blister packs
- Red** Crisp packets
- Blue** Toothpaste tubes and tooth brushes, pens and make up containers
- Black** Non-working small electrical items and used batteries.

None of these items will decompose in landfill sites but can all be used to make something else.



BURNHOPE JUNIORS CRICKET CLUB NEWS



As you are reading this Burnhope Cricket Club will be coming to the business end of the season. We are over the moon with how the junior section is expanding, with over 20 children attending training weekly.

We are currently running junior teams at Under 9, Under 11 and Under 13 levels.

The Under 9s play in a tournament on a Tuesday, which involves them playing in a number of games. The Under 13s play on a Wednesday, and the Under 11s on a Sunday morning.

Training takes place at the Cricket Club on a Saturday at 10.30 in the morning. Prior to that, we have an All Stars session from 9.30 which involves children from 5 to 8 years of age and introduces the youngsters to the wonderful game of cricket. We currently have eleven children attending the All Stars sessions.

One of our key aims is to make cricket affordable for the children of Burnhope. Our children do not pay subs or pay for the training sessions. The junior section also paid for all of the children's cricket clothing.

No other cricket club in the area provides these free of charge – subs for the children can range from £35 annual

payment plus £2.50 per training session up to £250 annual payment plus £5 per training session.

Through various functions, sponsored events, donations, grants, ball sponsors and profits from the sale of refreshments the junior section have raised in excess of £6,500 to make sure children in Burnhope get their cricket free of charge.



The parents of the children have been very generous. They currently pay £2 a week each to stock our tuck shop – all profits going to the junior section.

We are currently in the process of organising fund raising to install a defibrillator at the cricket club. Not only will this be available for all that use the cricket club; it will also be there for the whole village as it will be placed on the outside wall of the cricket club.

The Under 9s have won five of their eleven games so far this season. The Under 11s have played twelve games, won five, drawn one and lost six. Our Under 13s have been playing against teams with older children who have been playing the game for a few years. They have found it challenging but over the next couple of seasons should come on leaps and bounds as their experience grows at that level.

We have had fabulous feedback from the parents of our children – praising the teamwork displayed by the children and the improvement in their skills. The parents can see the children going from strength to strength and forming great friendships. Parents can also see the improvement in the confidence of the children. The parents are also full of praise for the coach, David, and all he has done for the children.

BANK HOLIDAY FAMILY FUN DAY

We are holding a Family Fun Day at Burnhope Cricket Club on Monday 29th August 2022 (Bank Holiday Monday).

There will be stalls, refreshments including an ice cream van and cricket games for the children.

The bar in the clubhouse will also be open.

Please come along and support the children.

If you know of any children who would like the opportunity to play cricket from the age of six and upwards please contact our Junior Co-ordinator David Selby on 07903 681189.

THE BURNHOPE WHEEL

Designed & edited by volunteers for Burnhope Partnership

Submit articles & advert requests to burnhopewheel@gmail.com

Burnhope Partnership is a membership organisation for the residents of Burnhope Parish. It has a committee of representatives from local groups such as Burnhope

Primary School, Community Centre, sports clubs and teams, pubs, shops, businesses, doctors surgery and most importantly the residents.

When you join the Burnhope Partnership you'll:

- be kept up to date with what's happening in all areas of the village and its surroundings
- be able to have your say at regular meetings
- be able to get involved (as much or as little as you like!)



For more information contact us at burnhopewheel@gmail.com