

Sport Bedford & Bedford Borough Council Sports Development Unit present...

Sports Awards 2017



Programme



Monday 11th December

Sponsored by...



Times & Citizen



GUIDANT GROUP

Bedford Sports Foundation



HERE



FOR BEDFORD

The Harpur Trust has been supporting Bedford Borough for over 450 years through grantmaking, almshouse provision and education. www.harpurtrust.org.uk

Welcome to the Sport Bedford Sports Awards 2017

These awards are presented by the Bedford Borough Council Sports Development Unit on behalf of Sport Bedford and are sponsored by The Harpur Trust together with our many other supporters.

They recognise the numerous and varied achievements of individuals and groups performing in local sports. They are not necessarily awarded for individual prowess, but also aim to reward the loyal, selfless work that enables others to experience enjoyment and fulfilment in sports and physical activity.

With the notable exception of the 'Outstanding Achievers Award' category, the awards are not open to professional or full-time athletes, or to county teams. In recognition of the wide diversity in size, profile and resources available to many clubs, our stated aim is that individual differences shall be taken into account when judging the merit of each case, and that all nominations are afforded an equal chance of winning.

In order to recognise the wide range of talent and dedication to sport that we have here within the Borough, as many nominations as possible were invited from local clubs, schools, county governing bodies and members of the public. The merits of each individual or group application were judged according to the criteria listed under each category heading, and prizes awarded to each category winner.

We sincerely hope that you have a pleasant evening and continue to enjoy your sporting experience within the Borough.

Bedford Borough Council Sports Development Unit

Contents

Sport Bedford	Page 4
Meet the Judges / How the Judging works	Page 5
Award Categories	Page 7
The 2017 Nominee Profiles	Page 8
About Tonight's Special Sporting Guests	Page 28
Programme for the Evening	Back Cover



Sport Bedford

The Bedford Sports Awards have been running now for 22 years. The awards were initiated in 1995 by Fred Wooding, the then president of Sport Bedford, when Fred offered a Silver Cup as a Perpetual Trophy for the awards. The response to the event has again been encouraging and the awards have become an established part of the Borough's sporting calendar.

Sport Bedford is a voluntary organisation, formed in 1986 (as Bedford Local Sports Council). It consists of representatives from a range of local sports clubs/agencies/organisations who meet to advise the Borough Council on local sporting issues.

The group discuss a variety of local sporting issues from facility development to child protection in sport and is very keen to involve a wide range of community groups/representatives in its membership.

If you would like to be kept up to date with all their sports news and included in future consultations you should sign up to the regular Bedford Sport E-bulletin by visiting **www.bedford.gov.uk** and click on the 'Stay Connected' icon at the top of the web page. This gives you all local sports & leisure information in ONE place.

Sport Bedford is supported by the Bedford Borough Council and Sport England. It is able to give grants on their behalf to talented sports people and local coaches. In recent years the group has also been successful in attracting funding that they can award to support disability sport in the Borough. If you would like to apply for funding or know a group of individual that could benefit please contact the Bedford Borough Council Sports Development Unit for more details **01234 718827**.

Current membership of Sport Bedford Executive includes:

Howard Darbon (President)

Bedford & County Athletic Club

Jim Lloyd (Treasurer)

Priory Water Sports

Richard Tapley (Secretary)

Bedford Borough Council Sports Development

Lloyd Conaway

Team BEDS & LUTON

Cllr Sarah-Jayne Holland

Bedford Borough Council

Portfolio Holder for Leisure & Culture

Lyn Parsons

Star Club (Rowing)

Steve Savva

Bedford Borough Council

& Kempston West End Football Club

Kevin Stark

Association of Traditional Shotokan Karate

Lisa Simpson

Fusion Lifestyle

Meet the Judges

The judges are drawn from a range of local and county organisations associated with sport and physical activity together with representatives of our sponsors. Our intention has been to recruit a diverse selection of judges from several different areas of expertise in order to help us ensure that the process remains as representative as possible.

Selena Ayling

Account Director
Guidant Group

Bill Burton

Senior Lecturer
University of Bedfordshire

Steve Bampfield

Co-founder of R&D Coaching

Felicity Candler-O'Donnell

Vice Chair of Sport MK

Howard Darbon

President of Sport Bedford
Bedford & County Athletics Club

Clare Fitzboydon

Relationship Manager
Team Beds and Luton

Tim Hewett

Trustee of the Harpur Trust
Priory Sailing Club

Jim Lloyd

Treasurer of Sport Bedford
Priory Water Sports

Rob Oakley

Past Chairman
Bedford Sports Foundation

Natalie Quince

Account Manager
Guidant Group

Sally Peck

Trustee of the Harpur Trust

Dave Randall

Sport Tutor & Football Academy
Head Coach
Bedford College

Dan Simpson

Co-founder of R&D Coaching

Lisa Simpson

Community Sports Officer
Fusion Lifestyle

Richard Tapley

Manager for Sports Development
and Leisure
Bedford Borough Council

How Does the Judging Work?

The judges are aware that there is a very wide diversity in the size, profile and resources available to many local clubs, individuals and teams. All these differences are taken into account when the judging takes place. Nominations from all local clubs / teams and sports have an equal chance of winning!

It is essential for the credibility of the awards that the judging is as fair, neutral and transparent as possible.

The judges looked at each award category in turn and marked each nominee against the specified criteria for that award. At the end of the marking for each category the total from each judge is added together and the nominee with the highest mark wins.

Judges who are members of, belong to, or have strong associations with any particular club/ individual/school, are not able to vote for them and an average is taken from the remaining judges for their score.

Support for Local Sports Clubs

Local sports clubs and volunteers are vital to the provision of sport in Bedford Borough and we can support you in a number of ways.

Register your local sports clubs on our website

We are receiving an increased number of enquiries about local sport clubs and organisations. There is a comprehensive search facility available via our website which allows visitors to look through a database of local sports clubs and organisations. To make sure your club details are registered on the database, complete a form (available on the site) and register your information. Visit: www.bedford.gov.uk/sport and click on the A-Z list of sports under the 'information' section.

Affiliate your sports club to Sport Bedford

Sport Bedford is a local voluntary organisation that supports and advises on a range of sports related issues. To affiliate your club for FREE visit www.bedford.gov.uk/sports



What's On

at Bedford Corn Exchange



Bedford Pantomime Company presents
Dick Whittington - Pantomime
27th December 2017 to 1st January 2018
- see website for show timings
Tickets: Adult £16.00, Child £11.00, Family £45.00



BCEX presents
**The Roy Orbison Story:
30 Year Special**
Friday 26th January 2018, 7:30pm
Tickets: £21.00



BCEX presents
Islands In The Stream
Saturday 10th February 2018, 7:30pm
Tickets: £22.00



BCEX presents
Ed Byrne
Friday 16th February 2018, 8:00pm
Tickets: £24.00



BCEX presents
Wannabe - The Spice Girls Show
Sunday 25th February 2018, 7:30pm
Tickets: £19.00



BCEX presents
Milton Jones
Thursday 1st March 2018, 8:00pm
Tickets: £26.00

Book online at www.bedfordcornexchange.co.uk or call our box office on **01234 718044**

Award Categories

The judges have received a great amount of detail on each nominee, highlighting their significant efforts and achievements in a wide range of sports. This evening is about recognising these nominees and enabling us all to see the huge commitment, talent and dedication of our local sports people.

Over the course of the evening the sponsors of each category will read out a list of all the nominees before announcing the winners. A brief outline of just some of the key facts relating to all of our nominees is presented on the following pages in the category order that the awards will be announced this evening:

- **Sports Club of the Year**
Sponsored by R&D Coaching



- **Community Sports Award**
Sponsored by Bedford Sports Foundation



- **Sporting School of the Year**
Sponsored by The Harpur Trust



- **Sports Personality of the Year (17 or under)**
Sponsored by The Rotary Club of Bedford Park



- **Sports Team of the Year**
Sponsored by University of Bedfordshire



- **Sports Administrator/Club Person of the Year**
Supported by Fusion Lifestyle



- **Sports Coach of the Year**
Sponsored by Bedford College



- **Disability Sports Award**
Sponsored by Guidant Group



- **Sports Personality of the Year (Adult)**
Sponsored by Sport Bedford



- **Outstanding Achiever Award**
Sponsored by Bedford Borough Council Sports Development Unit





Nominations for Sports Club of the Year

Bedfordshire Roller Derby

Based and training at the Pilgrim Centre, Bedfordshire Roller Derby is an all-inclusive club with a role for everyone regardless of ability. The club currently have a team member who is playing at international level with Team West Indies who is hoping to be selected for the World Cup in 2018. Next year Bedfordshire Roller Derby are looking to develop a junior team.

Dancevybz – Street Dance

Dancevybz have reached the European and World championship competitions for the last few years with the youngest dancer being only 6 years old. Placing 1st, 3rd, 8th and 9th with their teams at the Worlds in August, they also compete regionally and nationally throughout the year taking home many trophies in solos, pairs and team categories. For the 2018 season Dancevybz now have 9 teams in preparation for competitions.

Eagle Bowman of Bedford – Archery

The Eagle Bowman of Bedford members have entered Local, Regional and National competitions with a number of them becoming medallists, including 4 National Clout medallists and 4 National Target medallists. They have 10 county team members, a number of National record holders plus they have competed in the 2nd round OnTarget Archery GB Team Nationals. They have also achieved the Archery GB OnTarget Community Club Award.

Kempston Park Indoor Bowls Club

The club does not just serve bowlers. Kempston Park's improved facilities enable them to promote social entertainment for members and guests, such as club nights, quizzes, bingo, race nights and concerts. They also work with a number of different organisations, coaching for wheelchair bowlers in the 'Wheelstars' section, providing bowling and social lunches for the 'Tibbs Dementia' and the 'Headway' groups and hosting a weekly Craft Group and a monthly Vintage Tea Group.

Rebellion Roller Derby

In 2017 Rebellion Roller Derby were the British Championships Tier 3 East Winners and National Tier 3 Winners, they have come from 25th in European rankings at the start of 2016 to now holding the 33rd position (October 2017). Following this they have now been promoted to Tier 2 for 2018. The Rebellion Roller Derby also have a member of their team who have been selected for Team Wales for World Cup 2018 and 3 other members are on the training squad for Team West Indies awaiting World Cup roster selection.

Riverside Tennis Club

The club are County Champions for Men's, Ladies and Mixed teams. Their junior teams won County AEGON Team Tennis in the Mini Red, Mini Orange and Mini Green categories. Francis Caldwell and Dave Rawlinson qualified through to the National Premier League events representing GB Vets. Philip Fielding and Gary Cox are part of the GB Development wheelchair squad and Megan Brook won the Road to Wimbledon Beds and played at Wimbledon in the National Finals.

Star Club – Rowing

Star Club have over 250 members ranging from 14 to 80+ years. This year the squad has achieved: National Masters champions in mixed quads, 2 Gold medallists at the World Rowing Masters Regatta and 2nd places in Club Pairs for their Senior Men and Senior Woman at the National Pairs Head Race. The Junior Squad comprises over 50 athletes from state schools. Star Club commit to giving the opportunity to row and develop their skills through the funding of a full time coach.

Nominations for Community Sports Award

Bedford Thunder Basketball Club – Wheelchair Basketball

Bedford Thunder Basketball Team have set up a new wheelchair basketball community club which launched in October this year. The club is open to anyone 18 years plus regardless of experience, ability and gender. There is a collective aspiration to provide an opportunity for wheelchair users to be active as well as raise awareness of disability sports. The genuine enthusiasm for providing wheelchair basketball has made it the partnership work between the University of Bedfordshire and No Limits stronger than ever.

Big Local Partnership Group

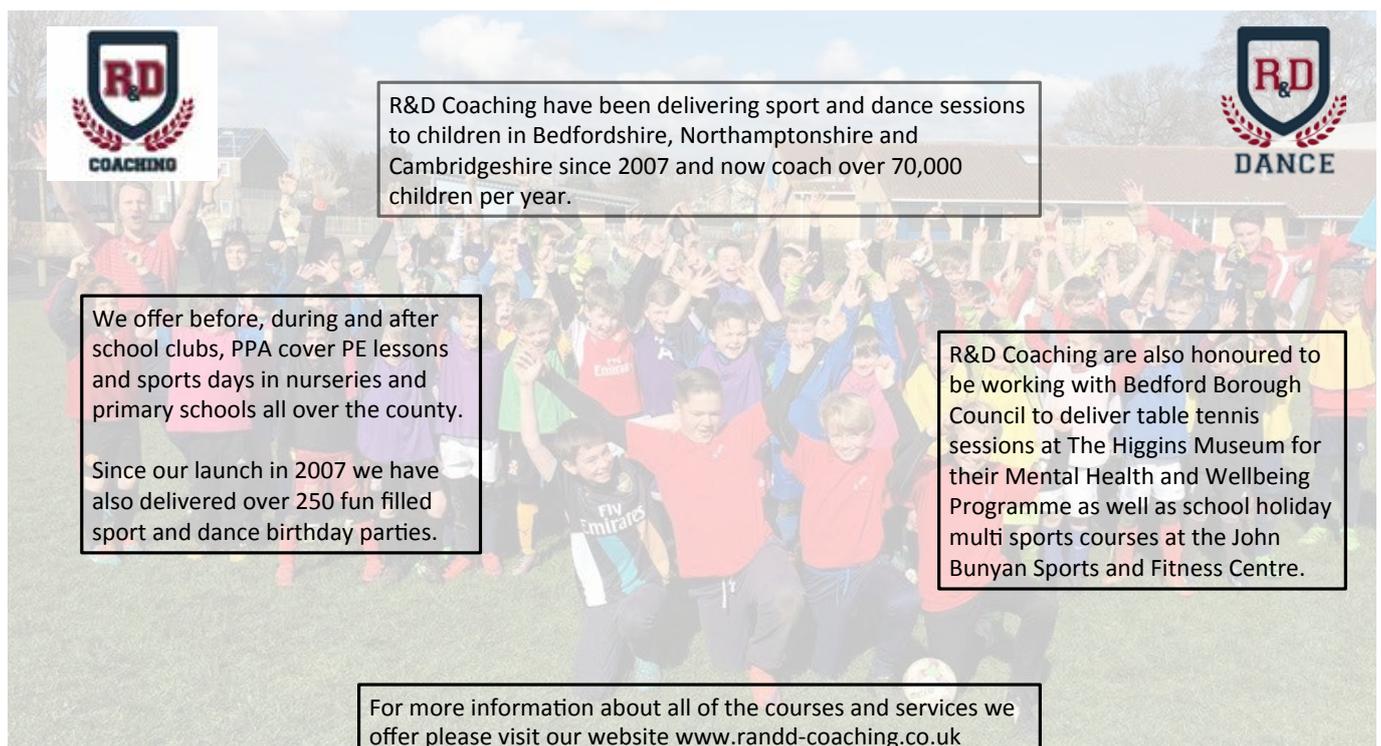
Big Local is funded by the Big Lottery Fund and managed by Local Trust, in Bedford they work in the Cauldwell and Kingsbrook Wards, and have formed a partnership group who work together to make their area a better place to live. The local community are consulted through various communications regarding what they think needs improving in their area and through this medium it became apparent there was a need for a skate park in Moor Lane to be updated to meet the needs of local teenagers – The new skate park was officially opened in April 2017!

Chris Cottam – Athletics

For many years Chris and his wife Jude have encouraged people of all ages to run, with the final aim being to run the London Marathon to raise money for Bedford Hospital. Chris has been a member of Bedford Harriers and has helped organise club events like the Oakley 20 and the Bedford Half-Marathon for over 25 years. Chris hosts runs from his house on most mornings for friends and anyone who wants to turn up, he even provides tea, coffee and cake at the end!

Bruno Dos Santos and Matt Brinsden – Football

Bruno and Matt have run the 'Just Turn Up' project on the Salvation Army Woolpack Multi Use Games Area for a couple of years. The project aims to give young people and adults the opportunity to get involved in football, make friends and socialise. The project attracts about 15-20 young people each week to the young people's session and up to 40 each week in the adults. Bruno and Matt have built the project off the back of great relationships with those attending and their families and there has been a positive difference in the attitude of those attendees.







R&D Coaching have been delivering sport and dance sessions to children in Bedfordshire, Northamptonshire and Cambridgeshire since 2007 and now coach over 70,000 children per year.

We offer before, during and after school clubs, PPA cover PE lessons and sports days in nurseries and primary schools all over the county.

Since our launch in 2007 we have also delivered over 250 fun filled sport and dance birthday parties.

R&D Coaching are also honoured to be working with Bedford Borough Council to deliver table tennis sessions at The Higgins Museum for their Mental Health and Wellbeing Programme as well as school holiday multi sports courses at the John Bunyan Sports and Fitness Centre.

For more information about all of the courses and services we offer please visit our website www.randd-coaching.co.uk

Nominations for Community Sports Award

Mark Draper – Running

In January 2017 Bedford Run Club was established on a very wet and cold evening. The aim was to bring people together for a social run. The group caters for all abilities ensuring inclusivity and the ethos that no one gets left behind. The Bedford Run Club makes everyone feel welcome and is run totally by volunteers. The Club has grown from approximately 30 people to nearly 1000 followers on Facebook with over 90 people turning up to run every Tuesday evening.

Simon Frear – Multi Sports

Simon was conducting his masters degree research this time last year but he also gave up his time outside his research project due to a passion for helping people. Simon volunteered over 80 hours of his time to support the Mindful Sport programme. Due to his involvement the project has progressed and developed. Simon's research also provided great insight into the needs of the participants and the best approaches to support their mental health needs.

Shaun Geary – Football

Shaun has been volunteering at the 'No Limits' Football sessions for over a year now. He has used this as part of his own healing process to enable him to re-engage with people. His role is an assistant to the lead coach and is a valuable asset to the group as a whole. This connection has definitely made a difference to Shaun's attitude and belief. He recently completed the first part of his level 1 football coaching award.

Ben Gulliver – Rugby

Ben, from Bedford Blues, has organised a 'Read to Rugby' programme enjoyed by children in St James' Primary School. This entails players spending one afternoon a week supporting vulnerable readers, and then leading rugby training sessions with the children, thus providing a direct link between sport and reading for all pupils, especially reluctant readers. It is wonderful for the children to work so closely with professional sportsmen, and the values of sport which are shared are tremendous.



Nominations for Community Sports Award

Gaye Hill – Netball

Gaye passed away in October 2017 after a short illness. Gaye started working as a Netball Coach in approximately 2003, it was decided that a Netball Club was needed to cater for young girls who currently play netball at school but had no Community Club to attend. Gaye visited Bedford Schools and gradually engaged with and encouraged young girls to come to the new club. Over the last few years the club has flourished and because of Gaye's passion and dedication is successful and self-sufficient.

Nasima Khatun – Multi Sports

The 'REACH into Bedford' project is aimed at delivering physical activity to predominantly Black Asian and Minority Ethnic women living in Bedford. The community has gained a lot from the motivation and encouragement from Nasima such as improved confidence, wellbeing (mental and physical), happiness, improved fitness and as sense of belonging and community feel. Nasima has put in so much time and effort to make sure the ladies turn up for the courses and activity sessions being offered. On average there are 30 different women regularly attending

Riverfield Football Club U10

Riverfield Football Club offers football training and matches in the Luton and Bedford leagues for boys under 10s. The club have 12 boys registered to the league and they live in and around the Bedford Area and are fully supported by their parents and relatives each week at training and matches. The boys are coached by two a volunteers who are fully dedicated and committed to the club. The team is like a large family not only playing high level football but socialising as families across Bedford, encouraging good discipline in and out of school.

Matthew Saunders – Fitness

'Hear me out' is a group of young deaf and hard of hearing people which has only been running for 6 months. Matthew has given the young people the confidence they need to grow and develop. Based at 'The Gym' on London Road Matthew plans activities to suit each individuals need and then work with each member of the group. Matthew has inspired the young people and no communication is a barrier to him.

Sports Traider

Sports Traider are committed to giving young people an opportunity to participate in sport, no matter what their background or ability. In 2017 Sports Traider have been busy, working with the Northern EvoStick Football League and assisting and providing funds for talented youngsters who without their help may have given up. They also started work with Bedfordshire University and provided them and local clubs with Sports Wheelchairs related to a scheme called 'Push4it'.



Nominations for Community Sports Award

Fran Wade, Cathie Carter & Julie Wilkinson – Netball

These 3 ladies have supported numerous netball activities that have been run in the community; they helped to get Walking Netball off the ground by umpiring free of charge each week and also helping with the coaching sessions. They also umpire right through the summer at 'Just Turn Up' and play Netball sessions. On top of this Fran is also a Umpire Mentor and brings some beginners along to the sessions to give them more practice.

Walking Football Leagues Bedford

Specifically designed for over 50 year olds the walking football sessions also accommodate player's sons and grandsons. Aimed at getting people back into playing soccer to improve health and fitness, they also take referrals from the health service. The group started 5 years ago with 10 players at the first session. There are now 4 weekly sessions with attendance now reaching over 120. The two founders have now been joined by 5 others to organise, run sessions, promote competition and referee games.

Jane Warner – Chair based Exercise for Parkinson's

Jane has energy levels more common to someone half her age! She has used this enthusiasm to motivate people with Parkinson's and groups of over 70's to keep them moving and keep mobile as long as possible. She does an excellent job of giving the participants hope and a feeling of community when they get together to exercise. Jane has travelled all over the country getting ideas from other instructors who lead classes for Parkinson's clients. She has a very strong work ethic and it shows in the number of repeat attendees.

Alison Wright – Multi Sports

Alison is the Sports Project Manager for 'No Limits'. She helps give disabled people across Bedfordshire as many high-quality opportunities as possible to participate in sport. She has made a huge difference to many people's lives who never would have had these experiences if it wasn't for her drive and passion. This year Alison has worked very hard to get the new Wheelchair Basketball Community established.



Nominations for Sporting School of the Year

Castle Newnham School

Castle Newnham School are dedicated to providing opportunities for pupils from Nursery to Year 11, including those with additional needs, to participate in sporting competitions internally and against other schools with a high level of achievement at all levels. As well as having achieved the Gold School Games mark for the 4th year running the school has extensive opportunities for children to participate in new sports and now have most of their School years at 100% attendance

Goldington Academy

The Academy were District winners in Football for Boys and Girls, Dodgeball, Sportshall Athletics, Athletics, Rounders, Tennis and Cricket for Boys and Girls. District runners up in Badminton, Football, Netball, Sportshall Athletics, Athletics, Cricket and Rounders. County winners in Rugby, Hockey, Rounders and Girls Cricket and County runners up in Football Boys and Girls, Rugby, Dodgeball, Netball, Sportshall Athletics, Athletics and Cricket.

Goldington Green Academy

Goldington Green Academy have taken part in 11 Schools Sports Partnership competitions and events in the School year of 2016/17. In School year 2017/18 they have already participated in 15 School Sports Partnership competitions and event so far. They have achieved Gold Kitemark Award had success in Saturday morning football fixtures.

St Thomas More Catholic School

The school were County U16 winners and District U14 winners in Football, Netball U16 and U14 District League winners and U15 runners up, Rounders U14 District league winners and U15 runners up and in Basketball U16 district winners and U18 County runners up. St Thomas More had 8 pupils in the District Team for the County Championships in Athletics receiving 2 Gold medals and 3 Silvers. Plus the Junior Girls came 5th in the All England Champinoships High Jump and swimming .

Westfield School

Westfield School are District champions in Dodgeball, Cricket, Hockey and Football across various age ranges and have secured medals in all competitions at County finals. They made it to the Table Tennis County finals with year 6 girls for the first time as a result of improving girl's participation levels. Westfield School have three county cricketers and one athlete representing Bedfordshire in county fixtures. They also won the EFL Cup in Year 7 and 8 Girls football.

Wootton Upper School

The school were U14 County Cup Rugby winners, U15 County Cup Rugby winners, U14 Netball League winners, U15 Netball league runners up, U14 Bronze County Tournament winners, U15 Girls Futsal County Winners, U15 qualifiers for the quarter final of the National NatWest Bowl and U19 runners up in the Football District Cup. They also hosted the Lower school Sports Partnership Primary Sports events with Wootton Upper School students as sports leaders.

Nominations for Sports Personality of the Year (17 or under)

Naomi Bedeau – Football

Naomi has been on the referee scholarship programme for two years and recently won ‘Beds Referee of the Year’, she was then chosen to go to St Georges Park to attend the Grassroots National Women’s Referee Development day. Naomi is also the Project Manager for Beds FA Youth Council and was also nominated to represent Bedfordshire at the National Leadership Academy which was also held at St Georges Park. Naomi is now playing for the FA U21 Women’s Regional Academy.

Elizabeth Bown – BMX Racing

To give Elizabeth a little more competition she ‘rides up’ again the boys in certain competitions – this year she won the East Regional BMX Championships 9-10 Boys competition. She came 5th in the British BMX Championships (9-10 Girls), 6th place in the National BMX 2017 Series 9-10 Girls and represented Team GB in July at the World BMX Championships in USA, finishing 17th overall. She has also been awarded Female Rider of the Year by the Royston Rockets BMX Club.

Izzy Goode – Cable Wakeboarding

Izzy has had an excellent season – 1st in the British National Championships Junior Ladies, 1st in the Welsh Championships Open Ladies, 1st in the Bomber Eyewear UK finals, 2nd in the Tattershall Lakes Open Ladies and selected for Team GB for European and African Championships in Egypt in the Junior Ladies and Open Ladies competition in December 2017. On top of all this Izzy is doing her A Levels and aiming to get into University!

Ruth Isserlis – Canoe Polo and Slalom

In 2017 Ruby has been promoted from division 3 to division 2 in Kayak 1 Slalom. In Shepperton she came 1st place and 2nd place in the Kayak Slalom competitions and 2nd, 4th, 7th and 10th in Cardington. Ruth also participates a number of teams in Canoe polo and has competed for the Viking Kayak Club Women’s Canoe Polo Team, VKC Z canoe polo, University of Warwick canoe polo. Ruth also attended the International Canoe Polo Tournament in Hull and an Invitation match at an International Tournament in Belgium.

Frankie Johnson – Athletics

Ranked 1st in UK U17 Pole Vault, unbeaten in his Age Group for the past three years and improved personal best 4.08m to 4.92m (pole vault). Frankie came 1st in the England Outdoor Championships, 1st in the England Indoor Championships, 1st in the Schools internationals, 1st in the UK School Games and 1st English Schools and Championship Record holder. Frankie also captained the England School Team and won the Bedford & County Best Performance by U17 Athlete and Most Consistent Performance by U17 Male Athlete.

Molly Johnson – Rowing

It’s been a busy and successful year for Molly - winning at the British Rowing Sculling Festival in the Junior, Under 23’s and Senior competitions. She represented England at the Home Internationals regatta taking Gold in WJ18 2x. Molly also won a Gold medal in the British Rowing Junior Championships in WJ18 2x and a Gold Medal at the Metropolitan Regatta in WJ18 4x and WT2 4x. Molly was also a finalist taking second place at Henley Royal Regatta and Henly Women’s Regatta in WJ 4x plus silver medals at the Junior Sculling Regatta.

Bartek Krzyzanski – Touch Rugby

Bartek was chosen to represent England Boys U18 at the European Championships in Dublin and helped them claim a Bronze medal. He also played for a Midland U18 Team at the Nationals and was a key player in Wixams squad for the Summer League where they claimed a creditable 5th place. Bartek is part of an elite squad and hopes to represent England next year up in Scotland.



Nominations for Sports Personality of the Year (17 or under)

Hayden Ledwick – Archery

Hayden has competed at National Level at both indoor and outdoor target and clout events. He recently achieved the Best Clout Award at the Archery GB Nationals (across the entire entrance list – juniors and seniors) taking an overall silver medal. He has achieved a National record at clout for his age group, being one of the youngest archers in this category and a Gold tassel. Hayden competes for both club and county, medalling at all of his competitions.

Lewis Lodge – Football

Following on from captaining Crystal Palace Under 16s in The Hyde League, Lewis has become the Under 18s County Captain. In 2017 he reached the final 24 in selection of the Nationals to represent England Under 18 Schoolboys. Lewis also played against the Arsenal charity team with ex-players and was voted best player on the pitch. His commitment is second to none with training and regular 100 mile plus round trips in order to represent his team.

Jack Thomas Manley – Golf

Jack has had a truly exceptional year as a young golfer. Playing off a golf handicap of 4 at the age of 15, he is the Bedfordshire County Champion at both 16 and 18 winning both age groups. He also went on to win the Bedfordshire Schools Under 18 Scratch Championship. Jack was part of the successful Bedford and County team which won the Bedfordshire Junior Team Club Championship and then went on to represent Bedfordshire at the English National Championships.

Rohan Mehmi – Cricket, Rugby and Dodgeball

Rohan received U13 Player of the Year Award 2017 by Bedford Cricket Club and Most Valuable Player of the U13 Team Award 2017 by Bedfordshire County Cricket. In year 8 he won a rugby improvement award and Boys junior Dodgeball Excellence award 2016 by Mark Rutherford School. Rohan won sports scholarship in Year 9 for Bedford School. Rohan is top scorer, wicket taker and fielder not only in his age group but also from all age groups at Bedford Cricket Club in 2017.

Rohit Mehmi – Cricket, Hockey Dodgeball and Football

Rohit has achieved so much during this past year; he has been part of a variety of teams including dodgeball, football, hockey, cricket and athletics. He played a crucial role in supporting Putnoe through to the Dodgeball County finals. Rohit has been a valued member of the schools new hockey team and has captained the team to many victories, he now represents Bedford in Hockey training and competitions. Rohit has been nominated Player of the Year for his cricket club.

Ellie Rattu – Netball

Following her selection into the U17 National Academy for the 2016-17 season Ellie was chosen to play at the Netball European competitions in Belfast in March, where they won all their games and were crowned European Champions. A week later, the progress began again and she was selected for the U19 National Academy, who played against Trinidad and Tobago U21s. Alongside this, Ellie was selected for the U19 Mavericks NPL team as a vice-captain, and then into the MavericksU21 team, where she was voted 'Fans Player of the Season'.

Jayne Salfarlie – Boxing

15 year old Jayme Salfarlie, who boxes for Eagles Boxing Club in Bedford, will jet off in November to the Thai capital for a two week long tournament, which will be the first international fight in her career. As an amateur boxer she has held the Union Boxing Federation (UBF) Female Junior Lightweight title since March 2017. Her coach is confident in her technical ability but they don't know the experience of others, however they are going to go out to competitions with every intention of winning.

Nominations for Sports Personality of the Year (17 or under)

Jack Sangster – Swimming

Jack is the Bedfordshire County Champion 200 metre backstroke. He also received a Bronze medal for 400 metre Individual Medley at the East Region Summer Championship. He qualified to compete at the British and English National Championships and has received numerous Gold, Silver and Bronze medals at swimming galas throughout the year. On top of this Jack is currently working towards swim and coaching awards and has received a special sports recognition award from Mark Rutherford School.

Roisin Scanlon – Golf

Roisin is only 9, however, this year she was U9 UK Kids golf 2017 Champion, U14 Bedfordshire Junior Stroke Championships Champion and Intern Schools McPartlin Trophy winner. She also finished 2nd in the Junior Past Captains Salver U18 County Junior competition, U9 US Kids European Championships she finished 8th, U18 Bedfordshire Handicap Schools Championships finished 3rd, U18 Bedfordshire Junior Stroke Championships finished 3rd, U9 US Kids British Championships finished 2nd.

Stephen Simmons – Multi Sports

Stephen came 2nd England Indoor U15 Championships 60m Hurdles, 2nd England Outdoor U15 Championships 80m Hurdles, 5th English Schools U15 Championships Pentathlon. He holds 2nd in the UK Rankings U15 60m Hurdles, 2nd UK Rankings U15 80m Hurdles, 5th UK Rankings U15 Long Jump and 6th UK Rankings U15 Pentathlon. Stephen is a member Bedford & County Athletics Club; Northampton Elite Player Development Squad; a member of All Conquering Ampthill Rugby u14's Team; and a member of School Rowing Eight.

David Townson – Hockey

The progress David has made over the last 12 months has been incredible, each time he progressed to a higher team David has stepped up to the challenge and grown with each game. The fact that his team mates and opposition can't believe he is only 15 speaks volumes. David is the youngest ever player to play for the Bedford Hockey Club's 1st XI team, he also competed in U15 National Competition HiPAC and U16 & U18 England Performance Centre.

Kai Williams – Golf

Kai's dedication has seen achievements in competitions and personally. In the Shires Junior Golf tour, this year he moved from copper division to Bronze (18) where ended the season 3rd in the order of merit and 2nd overall. He reached the Grand Final of the American Golf Championships seeing off competition from all over England and Ireland, and was covered by Sky Sports. He won the American Golf Longest Putt competition and came 2nd place representing his school in the Bedford County School Competition.



Nominations for Sports Team of the Year

Bedford & County Golf Club Junior Team

George Garnham, Jack Manley and Finlay Cummings had a truly exceptional year with both personal and team achievements. Jointly they won the Bedfordshire Junior Club Championship and played in the England Golf Champion of Champions National event where they finished 9th on 137 points, just behind the winners who obtained 148 points. Members of the trio have gone on to record personal successes gaining both County and National recognitions.

Bedford Cricket Club, Under 13's A Team

This season the Bedford Cricket Club Under 13's A Team smashed all previous records for the club at County, Regional and National level by coming 4th out of 1700 teams in the ECB U13 National Club Championships. Bedfordshire is the 3rd smallest county in cricket and for a team from this county to reach this level is a fantastic achievement.

Bedfordshire Under 17 Boys Hockey Team

The boys under 17 Team were crowned regional champions when they won every match in the Junior Academy Centre Cup held in April 2017. This was the first time they had won the competition but are hoping it won't be the last. Each boy has shown exceptional levels of dedication and motivation, pulling together as a team when it really mattered.

Nick Serrecchia & Mark Lewin – Golf

At Bedfordshire Golf Club 2 members went above and beyond their duties by winning the National Seniors Pairs Championship. It is attended by 98 pairs representing 62 clubs. Many congratulations to the team of Nick and Mark for winning the final, played at Staverton Golf, beating their opponents from Naunton Downs Golf Club, by an amazing score of 7 and 6. The Bedfordshire Golf Club are proud to have the National Seniors Pairs Champions within the Senior Section of the Club.

Star Club Elderly Gentleman's Squad – Rowing

The squad comprises of several individuals ranging in age from 70 – 80+. The squad train every Wednesday morning and some have been in a boat for well over 50 years. They compete in local competitions – on top of this two of the squad battle with dementia. In the autumn of this year, they completed a rowing half marathon and raised £1400 for the Tibbs Dementia Trust. Their courage and determination to continue in their sport has been recognised by British Rowing.



Nominations for Sports Administrator/Club Person of the Year



Rob Ashton – Rugby League

Rob is the organiser for the Bedford Tigers, Chairman of the Luton Vipers and administrator of the Eastern Rugby League region. Rob has been the driving force in Rugby League in the whole Eastern Region for 10 years and he has single handedly kept the leagues running. This year Rob won a prestigious recognition from the Rugby Football League with a ‘Service to Rugby League’ award at the 2017 community awards.

Chloe Baxter – Multi Sports

Chloe is the Get Active Officer at the University of Bedfordshire, running the recreational programme for students and staff. This includes co-ordinating weekly sessions as well as one-off taster sessions across both Bedford and Luton campuses. The programme is new and as a result, Chloe and her team spent many months planning and branding, timetables, budget and more. Chloe has built up a great rapport with her Sports Leaders and Coaches.

Pamella Bushell – Dressage (Equestrian)

Pamella goes above and beyond her voluntary roles within British Dressage. She is a Great Britain Pony Selector, supporting and selecting talented U16 riders to represent GB internationally to team and individual medal positions. Pamella is also a Judges Delegate, supporting and organising Eastern Region training for judges for dressage and helping new judges step on the ladder as qualified judges by organising training and mock exams. Pamella is also a List 2A British Dressage Judge.

Simon Feaver – Tennis

Simon is a massive asset to the coaching team at Riverside Tennis Club. Whilst running his own successful business, he has been able to regularly commit significant hours a week to the coaching programme; largely working with Mini Red, Mini Orange, Davies Cup Legacy, Cardio Tennis, Disability sessions and Adult Coaching programme. Simon has inspired a raft of new players to take up the game through his enthusiasm and excellent coaching.

Toby Horton – Basketball

Toby is the Bedford Thunder and Bedfordshire Basketball Association Secretary – both jobs he does as a volunteer. The Bedford Thunder job consists of organising referees, confirming teams and competitors, responding to emails and social medial, day to day enquiries and dealing with the league. The Bedfordshire Basketball Association job consists of the same but on a regional level.



Nominations for Sports Coach of the Year

Enrique Alonso – Basketball

Enrique is the youth programme lead for Bedford Thunder Basketball Club in the local league, and is currently Chair of the Bedfordshire Basketball Association, where he also coaches county teams. In total he is actively involved in coaching 10 teams at various levels ranging from local to regional leagues. This is in addition to the sessions he runs for Bedford Thunder all day every Sunday for 50 weeks of the year. He is totally committed to Continual Professional Development and is planning to undertake his Level 3 coaching award.

Keely Blair – Netball

Keely Blair is the epitome of the voluntary sports coach, generously giving of her time several nights a week and weekends to Wilstead Netball club and in particular the Junior and Youth sections, where currently 4 out of the 9 girls in the squad have been selected for the County Squad. The club has an excellent reputation and players travel from all over the county to join the club. Keely is currently a Level 2 Coach and qualified umpire

Jackie Cheshire – Athletics

Jackie is an extremely dedicated Coach, devoting a significant number of hours each week to coaching 7 to 11 yr olds members of the Beagles. Her enthusiasm is immense and she has gone out of her way to recruit students from the local university to come and assist in delivering sessions that have led to a significant increase in numbers of children attending the club. Jackie delivers fun sessions from which the children develop not only their athletic ability but also team work, confidence and social skills.

Alex Gristock – Multi Sports

Alex started at St John Rigby School as a volunteer whilst in his final year at the University. Coaching football, the year 6 boys won through the heats of the MK Dons Regional 6 a side competition, and just missed out qualifying for the Regional finals He also coached the Year 6 girls through the local, district, county and regional competitions. In addition he runs a range of extra-curricular activities for all age groups within the school. He has now secured the role of Lead PE teacher at the school.

Steve Janes – Athletics

Yet again Steve has led the boys team to another successful; season in the Eastern Young Athletes and YDL leagues, which Bedford and County won again. Come rain or shine Steve can be found giving generously of his time and experience at the track coaching and supporting the boys at training during the week and track or cross country meetings at weekends, always with a smile on his face.

Dominic La Mura – Basketball and Wheelchair Basketball

As a result of obtaining his Grade 1 and Grade 2 Wheelchair Basketball qualifications, Dom has given generously of his time to launch the new wheelchair basketball community sessions held at the University and in addition taken on the voluntary role of the university's Basketball Ambassador. His commitment and contribution to basketball at the university and within the community was recently recognised at the Student's Unions Sports awards.

Hayley Mackellar – Netball

Hayley recently retired from international netball due to injury where she played for Scotland and now concentrates on coaching Netball as head coach of the Bedfordshire Netball Academies and Team Beds in Division One of the Eastern Regional League. She also contributes to the county Performance group and supports young talent into Netballs Super League Hubs based at Bedford Modern and Bedford Girls Schools.

Nominations for Sports Coach of the Year

Sarah Massey – Street Dance

Sarah is totally committed to and passionate about Street Dance where she teaches several ‘crews’ and supports them enter local, area and national competitions. Sarah teaches every night of the week in addition to working full time and often puts on additional sessions prior to competitions for the young people. Sarah offers street dance classes for all abilities and trains other dancers to become teachers.

Philip Odell – Athletics

Phillip has been an active member of Bedford and County Athletics Club for many years, where he specialises in coaching large groups of middle/long distance runners locally in Bedford and Cambridge, together with many others based further afield in London. He was recently awarded Coach of the Year by the British Milers Club of which he is a leading member and National Race Organiser. Phillip regularly supports less experienced coaches and lectures at Coaching Conferences and Seminars.

Ian Roberts – Track and Field Athletics

Ian is one of the most highly qualified long jump coaches in the UK and is an honorary member of the International Athletics Federation Academy. In addition to his local, regional and national coaching duties, Ian has also undertaken many England and GB Team Management roles both home and abroad. He is one of 13 ‘Excellence in Coaching’ Mentors for UK Athletics and a member of the ‘World Class Coaches Club’. Most recently he has contributed to the ‘England Strategy for Athletics in Schools’.

Martin Scott – Basketball

Martin is an enthusiastic and committed coach with Bedford Thunder Basketball Team based at the University of Bedfordshire. As a result of the skills and experience of the coaching team, the students have improved dramatically enabling them to win the majority of their games this season. Martin attends all training sessions and matches twice a week, when not with the team he spends his time analysing match videos and developing coaching strategies and drills to improve technique

Steve Vinnicombe – Golf

Steve is PGA Head Professional at Bedford & County Golf Club and an England Academy Coach for East Anglia and lead County Coach for the Bedfordshire Elite Squad and under 12’s, 16’s and U18’s. Steve’s enormous enthusiasm and passion for golf has supported over 100 new players over the last year and promoted the game to countless young people by offering free coaching sessions in 7 schools across the borough.



Nominations for Disability Sport Award

Bedford Griffins – Football

The Griffins are made up of three teams competing in the Ability Counts League (Beds FA) and training at Bedford's International Athletics Stadium. All three teams have had a remarkably successful year; the 'A' team winning the Ability Counts 2017 Championship with the 'B' team as runners-up; the 'C' team were runners-up in the Ability Counts 2017 Super League. The Griffins were also National Finalists in the FA People's Cup 2017 – a tremendous achievement! The challenge now is to stay on top and go one better in the 2018 People's FA Cup!

Gary Cox – Tennis

Gary first picked up a tennis racket two years ago but is already placed in the Tennis Foundation GB development squad, showing much promise and continuing to strive for his best. He is currently ranked 94 worldwide in the Quad Division (for players with impairment to both upper and lower limbs). Gary trains at least five times a week at the Riverside Tennis Club, Bedford, where he is often seen lending a helping hand to others new to wheelchair tennis, as well as playing in competitions in the ITF 1 and 2 series, with close matches against much higher-ranked players.

Ricky Devereux – Football

Ricky plays for the Bedford Griffins and was part of the team that reached the National Finals of the FA People's Cup. He was awarded the Ability Counts Championship Player of the Year 2017 by the Bedfordshire FA after contributing the most points for his team during the season (he has played on an impressive 27 league dates in 2017). His brilliant attitude has been matched by his talent, and Ricky has developed into a role model for fellow players in the league, as well as with his own team.

Marcio Fernandes – Athletics

Marcio is a respected member of Bedford and County AC's Senior Team and has previously represented the Cape Verde Islands at the Para World Championships (4th F44 Javelin), and the 2016 Paralympics, where he came 9th in the F44 Javelin competition. He has latterly held the African record for Javelin (56.24 metres) and was both IPC and All Africa Games Javelin Champion in 2015. Although he is now retiring from elite level competition he will continue to compete for B&CAC in the British Athletics League, as well as coaching younger athletes, and being an inspirational role model for the club.

Philip Fielding – Tennis

Having played tennis before his injury in 2016, Phil has picked up wheelchair tennis quickly and has already been noticed by the Tennis Foundation. He has been placed in the GB development squad and recently trained with some of the best in the country, including US Open winners Alfie Hewett and Gordon Reid. He is a fierce competitor, recently winning his first round in an ITF 1 series. Phil's attitude and determination is one of a true competitor and athlete. A role model for junior wheelchair players, Phil has recently become an Ambassador at the Riverside Tennis Club, promoting the sport to others.

Ciaran McCarthy – Tennis

A member of Riverside LTC and a Level 2 tennis coach, Ciaran competes in both regional and national deaf tournaments. He also plays in mainstream tennis competitions where his LTA rating stands at 9.1. Showing much promise, and always looking for ways to improve and progress, Ciaran aims to represent his country and is already a great ambassador for hearing-impaired people; he recently appeared on the tv quiz show 'Impossible' – another way in which he is knocking down barriers.

No Barriers – Tennis

The No Barriers project is run in association with the Riverside LTC enabling people of all ages with disability to get involved in tennis. Over 74 players with impairments ranging from physical to visual to mental currently take part showing the community that tennis and sport is 'for all' and not just the 'able'. The project team also work with 3 SEN schools, with plans to expand further in partnership with more organisations, and with permanent indoor facilities being made available in the near future. Players are increasingly integrating into 'mainstream' programmes.

Nominations for Sports Personality of the Year (Adult)

Natalie Banks – Dressage (Equestrian)

Natalie is a UKCC Qualified Coach and has also competed with a number of horses at both National and International level. She was placed 4th at the Iberian European championships and won team silver representing GB. She was Champion at the Hickstead Young Dressage Horse Championships in 2017, and placed 7th at the National Championships in the 6yr old horse class. Natalie has the potential to go on to compete at the top level in Grand Prix's for senior teams.

Andrew Bennett – Kayak Slalom

Andrew has only taken up the sport recently but has made steady progress up the national rankings, with promotion to National Division 2 in July. When not competing he coaches at the Viking Kayak Club and is a brilliant role model to club slalom paddlers especially slalom beginners. He has also facilitated One, Two and Three Star Kayak and Canoe Qualifications, organised numerous expeditions and peer paddle trips. Andrew is looking to train as a specialised kayak slalom coach, and his enthusiasm, dedication and friendly advice are seen as major motivators to club paddlers.

Benjamin Davies – Athletics

Bedford & County AC member Ben has been successful in a number of running disciplines, including the England Indoor Athletics Championships where he came first in the U20 1500m. Despite taking A levels this year and embarking upon a degree course, he finds time to train 6 days a week often running 50 miles, and travels to various competitions around the country. He also attended the Advanced Apprenticeship for sporting Excellence run by UK Athletics and has represented GB in the World Cross Country U20 Championships. He continues to improve at 800m, 1500m and Cross Country.

Darnell Hornsby – Boxing

Following an eye injury last year that nearly stopped him from boxing, and with help from trainer Sid Thompson, previously unbeaten Darnell 'The Hornet' Hornsby went on to gain the London Area Middleweight Champion title. When not boxing, Darnell helps to raise funds for Ultra White Collar Boxing who raise money at boxing events in aid of Cancer Research UK - £10M has been raised so far with Darnell giving up his time helping with pad work and corner support for the fighters taking part.

Matt Leach – Athletics

Dedicated athlete Matt is a member of Bedford and County AC, also running at European and International level representing GB. He is currently ranked 7th in UK at 10,000m and has improved the B&C club record by 30 seconds! He has improved his PBs at all distances from 1500m to half marathon during 2017 and is winner of the Club Best Performance Award. He is also highly regarded by athletes at Cambridge University where he has been giving advice. His selection to represent GB at the European Cup 10,000m Championships indicates future potential.





Nominations for Sports Personality of the Year (Adult)

Faisal Malik – Wrestling

Faisal has adopted a gruelling 7 day-a-week training schedule encompassing Wrestling, Boxing and Ju-jitsu. His dedication and diligence has been worthwhile as he recently brought the Bantamweight ‘Battlearena’ Mixed Martial Arts (MMA) World Title home to Bedford Wrestling Club. Faisal has trouble finding opponents – the skills he has learned at BWC have made him unbeaten at amateur level – and he is considering competing at national level in Freestyle Wrestling. He has also started coaching others, spreading his skills and good reputation as a modest and humble young man despite his success.

Rebecca Murray – Athletics

Specialising in Cross Country and long distance running, and committing to training 12/13 times a week running 75-85 miles, Rebecca’s ability has been recognised by British Athletics calling her up for international duty, and an invitation to altitude training in Kenya. She also competes at club, county, university and national levels, and was winner of B&C AC’s Best Senior Cross Country Performance award. Other successes include 1st place at British Universities X Country and 3000m events, and 3rd place in the UK Cross Country trials.

Abbie Turner – Water Polo

Bedford Modern School ‘Water Polo Clubman of the year’, Abbie also plays for the Coventry Ladies Water Polo team and has been invited to attend the England U19 Water Polo Trials. She won the Gold medal in the u19 NAGS Plate Final as well as a gold medal with the Coventry Ladies at Tridag in Sweden, where she was awarded Player of the Game, scoring 6 goals over the 2 days. Training 12 hours a week, she has also found time to be a swim coach at BMS.





**We are Committed
to Improving Lives in Bedfordshire by
Growing and developing
Physical Activity**

-  Funding support for local sports clubs
-  Supporting local businesses to have a healthier workforce
-  Developing inspiring physical activity initiatives
-  Setting up satellite clubs in local schools & colleges

**Whatever your sporting need,
please get in touch with us**



/teamBeds&Luton



@teambedsandluton



@teambeds



www.teambedsandluton.co.uk

Nominations for Outstanding Achiever Award

Ellery Balcombe – Football

Ellery started playing football aged 6 at Castle Lower School pupil, and then became a Bedford Panthers and Stevenage FC player. He now goal-keeps at Brentford FC and has been awarded 5 England Caps for the U18 squad including playing against Saudi Arabia and Japan. Now aged 18, a further 2 caps for the U19s England squad in the Euro Qualifiers have followed recently. Ellery also undertakes hospital visits with Brentford team members and meets fans at the Club Shop, where he talks enthusiastically to young hopefuls about his journey so far, giving advice and inspiration, and how hard work and dedication to the sport brings rewards.

Samantha Brightman – Netball

Sam is currently Head of Netball at Bedford Modern having moved from England Netball at Loughborough University. She coaches for the Mavericks Futures Academy, and, as a volunteer, coaches the Swiss National Squad in Geneva once a month. She has had much coaching success – her Loughborough 1st Squad won the BUCS league and cup, and two of her players were subsequently selected for England Academy squads. Sam also guest-coaches at local clubs, mentored level 2 coaches, acted as a selector at Bedford Academy, and finds time to play in the Bedford League and at regional level.

Norman Cooley – Football & Cricket

Following a long career in both football (playing for Bedford Town FC in their heyday) and cricket (Bedford CC), Norman went on to become groundsman at Bedford Rugby Club, Head Groundsman at Bedford School and more recently working part-time at his old football club. Norman was diagnosed with dementia in 2015 but has carried on with help from his sons Alan and Peter. He was awarded a Highly Commended at the FA's 'Groundsman of the Year' 2017 Southern League awards. Norman has been described as Bedford's very own 'Dennis Compton' and has looked after many of the Town's pitches including the cricket square at Bedford CC over the years. He now has a trophy named in his honour.



Nominations for Outstanding Achiever Award

Robbie Dolan – Running

Ultra Marathon athlete, former Rugby League player and charity fundraising runner Robbie recently undertook “The Longest Try” challenge by running the 1800km between Melbourne’s AAMI Park and Brisbane’s Suncorp Stadium, in 42 days, 50km per day, carrying a rugby ball! The challenge raises money for children’s charities in the UK and Australia. Beginning Sunday 22nd October and ending on 3rd December, Robbie carried the ball into the packed Brisbane stadium as part of the Rugby League World Cup Final to score his ‘longest try’.

Josie Huckle – Netball

Josie is Player/Coach/Teacher at Bedford Girls School, where she has had much success with teams winning district and county tournaments, and reaching later stages of the East Regional Cup. She herself has recently achieved a personal ambition of playing Netball for England. Josie has been playing netball since age 9 and later captained the team at Bedford University. She also plays in the Wasps Super league netball team, and the England Netball Clubs Premier league. She promotes netball among young people, mentors coaches working toward Level 2, as well as coaching a prestigious WASPs Netball Hub at BGS.

Luke Joines – Basketball & Wheelchair Basketball

Luke has been a fantastic driving force behind the new community wheelchair basketball sessions at Bedfordshire University. He recently achieved his L2 basketball and wheelchair basketball coaching qualifications, and is working toward higher levels. He also coaches recreational and competitive able-bodied basketball and is very passionate about promoting the new sessions to the community – both at events and via Social Media. He has received a sports scholarship from the University in recognition of his achievements so far and to support him in future developments.

Paul Mihalache – Football

PE teacher Paul is also a published author, a referee with Bedfordshire FA, and an enthusiastic promoter of healthy ways of living through diet and exercise, especially among young people. He has written many books relating to physical education.

Paul Mounsey – BMX Racing

At 71 Paul is probably the oldest British competitor in BMX, competing at regional, national and even international level. He has only taken up BMX in the past 5 years but reached the BC Finals at regional level in the 45 class, and has competed in the USA this year, with a further invitation to compete with the BMX ICE Team in France later this year. In his spare time he looks after the track at Chicksands, keeping it safe all year round. A member of the Milton Keynes BMX Club Paul acts as a role model, promoting his sport with younger cyclists.

Do you need help with design? Want to get something printed?

Use Bedford Borough Council’s ICT Design & Repro Team



- Posters and Flyers
- Business Cards
- Leaflets
- Letterheads/ Compliment Slips
- Brochures
- Duplicate/Triplicate Carbonless Pads
- Envelopes
- Vinyl banners
- Large Posters (up to A0 size)
- Promotional Items
- Pop Up Display Stands

and much more!
...literally anything
you want printing,
we can do it!



01234 228154



design@bedford.gov.uk





BEDFORD COLLEGE
IS PROUD TO SUPPORT

BEDFORD SPORT AWARDS

2017



About Tonight's Special Sporting Guests



Gary Burgess – Netball World Cup Final Umpire

Gary started his umpiring career in Bedfordshire and District Netball League; he attended the University of Bedford and was a teacher in Bedford. Gary spent 14 years in education, working as a PE teacher and more recently as assistant vice-principal.

His officiating career has highlights which include umpiring at two Netball World Cup finals and two Commonwealth Games finals and he was inducted into England Netball Hall Of Fame at the 2016 Golden Globe Awards.

In 2015 he collected the accolade of Performance Official of the Year at the Sports Official UK Awards. He has also received the prestigious England Netball Umpire of the Year Award on 8 occasions

A hugely respected figure in officiating around the world, Gary's passion and knowledge of the sport has provided invaluable assistance to England Netball as the Head of officiating since September 2016 where he is responsible for overseeing the education and training of every official in England! He is a regular presenter on BBC and Sky Sports.



Craig Winspear – Captain British Wheelchair Basketball Team (Invictus Games)

Craig Winspear is a double leg amputee and captained the UK Wheelchair Basketball Team at the 2017 Invictus Games, gaining a bronze medal in the process to add to his silver won in America at the previous Games. He lives in Houghton Conquest.

The 35 year old Former Lance Corporal lost both his legs and sustained multiple other injuries after a bomb exploded beneath him during his role as an “advanced searcher” in Afghanistan.

He had never played basketball prior to his injury and he made the reserve team for the Invictus Games in 2014. Craig says the atmosphere and the determination of the competitors really pushed him forward to join a local wheelchair team.

“I am striving to be part of a team, representing my country again. It's given me back the feeling of being proud when I am in my basketball chair, wearing the Invictus Games kit. I don't let my disability deter me from being active and playing sports.”

He refuses to be termed a ‘hero’ and when we ask him why that is, he replies, *“[The] Heroic are those that got me out, the MERT, the nurses and surgeons at Role 2 Hospital in Afghan, Birmingham Queen Elizabeth Hospital, right through to all of the staff at Headley and my family, too. Without all of these people, I wouldn't be here or the person I am today. I also think Prince Harry has done an amazing job. I don't think even he actually realises the impact he has had on people involved in the Invictus Games; it's brought people out of the darkest places and given them meaning again.”*

Keeping Bedford active throughout the year!



BEDFORD BOROUGH COUNCIL
SPORTS DEVELOPMENT UNIT
Keeping Bedford Active



www.bedford.gov.uk/sport
[www.facebook.com/
bedfordsportsdevelopment](https://www.facebook.com/bedfordsportsdevelopment)

The Bedford Borough Council Sports Development Unit

It's been a busy year with new programmes starting across the Borough...

The team have been running a wide range of initiatives to encourage more people from across the Borough to take part in sport and physical activity. As well as these programmes the team are working closely with adult services and schools to help support and deliver the many community benefits associated with sport and physical activity.

These include:

- **Active Adults - Sports Courses for grown-ups!**
- **GP Exercise Referral - Structured and supervised exercise programmes for patients.**
- **Just Turn Up - For 14-30 year olds**
- **Mindful Sport - Weekly programmes to support mental health and well being**
- **Over 70s - Gentle exercise classes for over 70s**
- **No Limits - Weekly sports and physical activity sessions for adults with learning and physical difficulties**
- **Sports Zone - A multi sports / skills club for 6-25 year olds with learning and physical disabilities.**
- **Summer Sports Course - for 6-15 year olds**

For more information:

 www.bedford.gov.uk/sport  01234 718827  sport@bedford.gov.uk
 Twitter: [@boroughsports](https://twitter.com/boroughsports)  Facebook: [bedfordsportsdevelopment](https://www.facebook.com/bedfordsportsdevelopment)



Mindful Sport : Evening Relaxation Swimming



£3
per person
for Adults
18+

Every Wednesday, 8pm to 9pm
Robinson Pools & Fitness, MK40 2JZ

Please check with the Sports Development team for the dates over the Christmas period.

Had a stressful day? Take some time to clear your mind & swim at your own pace. One hour of gentle swimming with relaxing music in a calm quiet environment. Find information & signposting to wellbeing services from EFLT & Mind BLMK in the café area

Book at Robinson Pool or #JustTurnUp & pay on the day

These weekly sessions aim to improve mental health through physical activity & social engagement. Sessions are designed to support people who experience generalised anxiety, stress, PTSD & other conditions.

For more information, please contact Robert Lindsay:

 robert.lindsay@bedford.gov.uk  01234 718829  www.bedford.gov.uk/sport

Let's Be Open About Mental Health To
Break The Stigma

ONEYOU

5 Ways to Wellbeing

fusion

Just Turn Up!



The 'Just Turn Up' programme run by the Bedford Borough Council is a Sport England funded project to deliver affordable community based activities in and around the most deprived wards in the Borough of Bedford.

The programme has offered a range of activities such as roller-skating, boxing, scootering, tough girl, cross fit and cage football. It has reached out to a staggering 3000 different participants with an age range of 14 – 30 both male and female, and has connected with approximately 15 different nationalities, which is testament to the diverse culture that we live in today.

The team is working closely with a range of partners (Salvation Army, Fusion Lifestyle and BIG Local) to create new and sustainable community activities.



If you are interested in knowing more about the programme please contact Steve Savva, Project Manager: steve.savva@bedford.gov.uk or 01234 718836.



Sport Bedford

Sports Awards 2017

Organised by Bedford Borough Council Sports Development Unit

6.30pm	Doors Open	<i>Music provided by local string quartet</i>
7.10pm	Take your seats please!	
	Introduction	Richard Tapley, Bedford Borough Council Manager, Leisure & Sports Development
	Welcome	Dave Hodgson, Mayor of Bedford Borough
	Harpur Trust DVD Presentation	
	Mental Health DVD Presentation	
7.25pm	How the awards will run 2017 DVD Presentation	<i>Special thanks to all those involved with our Mindful Sport programmes</i>
7.30pm	Award Presentations	<i>Presentations will be made by Sponsors & Special Guests</i>
		CLUB, COMMUNITY, SCHOOL & JUNIOR
7.50pm	INTERVAL	Number 13 will be open during the break for refreshments
8.10pm	Local Heroes	
	Gary Burgess and Craig Winspear	<i>Interviewed by Howard Darbon (President of Sport Bedford)</i>
8.30pm	Award Presentations	<i>Presentations will be made by Sponsors & Special Guests</i>
		TEAM, ADMIN, COACH, DISABILITY, SENIOR & OUTSTANDING ACHIEVER
8.50pm	Closing Message	Dave Hodgson, Mayor of Bedford Borough

IMPORTANT INFORMATION

Please could all nominees stand up when their name is called out by the category announcer. Could all award winners assemble next to the stage straight after the Mayor's closing message for the official photographs.



BEDFORD
BOROUGH COUNCIL

