

# JUDO

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COLOUR POSTER: WORLD CHAMPION — JANE BRIDGE

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# JUDO

## Editorial

**British Judo Association President, Mr Charles Palmer, OBE, has expressed concern that the skill level in judo may be deteriorating, perhaps due to an over-emphasis on knock-down attacks and a heavy reliance on Newaza. It seems that he thought these faults were particularly evident at the recent Under-18 National Championships; and, as a result he has suggested some rule changes which he would like to see introduced as an experiment in this event next year. The proposed rules are outlined in an article in this issue, but in general they would make it more difficult for a player to move from a knock-down into Newaza.**

Many judo enthusiasts look back on the 'golden days' of Judo when, we are told, every contest was won by an Ippon scored with one outstanding throw or another. Apart from the fact that this may be merely nostalgia, the nature of the sport has evolved since those early days. In fact one of the reasons it has evolved in this way is that it has become increasingly tactical, perhaps as a direct result of the many rules now in existence to cope with every contingency.

Indeed, common sense dictates that the more rules there are, the more likely a player is to break one of them. By this standard the competitors today are nothing less than debauched compared to their counterparts of twenty years ago.

Of course judo today is not the same as it used to be. For one thing the standards of strength and fitness have improved enormously, and with the change in these factors the chances of a contest being won on technique alone are much less. Newaza has always been the poor relation of Tachiwaza—but with some referees allowing only 10 to 15 seconds at a time to make an effective groundwork attack there are real dangers in allowing the rules to become weighted any more heavily in favour of Tachiwaza.

On a lighter note—congratulations to the British Womens Team for the tremendous performance in the First Womens World Championships. With the Team scoring a tally of one Gold, one Silver and three Bronze medals, Jane Bridge adds to her already impressive list of achievements by being Britain's first World Champion.

Peter Campbell...Editor

# JUDO

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\* COVER PICTURE: Avril Malley fights for a hold against Ines Kaspers (Spain) in the World Championships.

# Diary of Events

## NATIONAL AND INTERNATIONAL

**Friday-Saturday, 9th-10th January 1981**

Womens International - Austria

**Saturday-Sunday, 17th-18th January 1981**

Multi-Nations Tournament - Men

**Friday-Sunday, 23rd-25th January 1981**

National Squad Training - Crystal Palace

**Saturday 24th January 1981**

Mens International Tournament - Austria

**Saturday 31st January 1981**

National Young Womens and Senior Womens Trials - C.P.N.S.C.

**Sunday 1st February 1981**

National Young Mens Trials - C.P.N.S.C.

**Saturday-Sunday, 7th-8th February 1981**

Hungary Cup - Men - Pec Hungary

also Scottish Students Championships - Aberdeen

**Saturday-Sunday 14th-15th February 1981**

British Students Championships

Womens National Squad - Crystal Palace

**Saturday 21st February 1981**

German Open Championships - Women

## AREA EVENTS

**Sunday 4th January 1981**

Midland Area Womens Squad - Hardy Spicer

**Sunday 11th January 1981**

North of England Championships

**Saturday 17th January 1981**

Midland Area Jack Law Junior Team Championships -

Haden Hill Leisure Centre - Entry form in December JUDO

**Saturday 24th January 1981**

Meadowbank Junior Championships - Enquiries to Meadowbank SC

**Sunday 25th January 1981**

Dan Grading - Worcester Judo Society, Hillborough Hospital, Worcester  
For 1st Kyu to 2nd Dan inclusive. Men and Women. Commence at 11-00am

NOTE: There was a printer's error in last month's list of the Midland Area Championships Programme. It should read...

**Saturday 19th September 1981**

Midland Area Under-18's Girls Championships - Closed to Area

**Saturday 24th October 1981**

Midland Area Under-18's Boys Championships - Closed to Area

Note also that the Inter-County Championships advertised last month will now be staged as the All Britain Inter-County Championships for Boys and Girls Teams and will be open to all Areas and may have a revised date. Watch for details.

**Saturday 21st February 1981**

Sandwell Junior Knockout - Haden Hill Leisure Centre. Entry details page 31

**Sunday 22nd February 1981**

Conference of Examiners. Midland Area - Derby Judo Club

## PROMOTION EXAMINATIONS

### Northern Home Counties

**Sunday 4th January 1981**

Boys and Girls - Novice to 9th Mon.

Hoddeson Youth Centre 9-00am. Fee £1.00 includes Theory

**Sunday 4th January 1981**

Boys and Girls - 10th to 17th Mon. and over 14 years

Hoddeson Youth Centre 1-00pm

**Sunday 11th January 1981**

Kyu Grades - Hoddeson Youth Centre 11-00am. Fee £1.50

**Sunday 18th January 1981**

1st Kyu to 1st Dan (2nd Dan if enough)

Hoddeson Youth Centre 11-00am. Fee £2.00

## MIDLAND AREA PROMOTIONS EXAMINATIONS

**Sunday 11th January 1981**

Boys all grades - Hardy Spicer Judo Club 10-00am

Girls all grades - Hardy Spicer Judo Club 12 noon

**Sunday 18th January 1981**

Boys all grades - All Hallows Judo Club 10-00am

Girls all grades - All Hallows Judo Club 12 noon

Mens Kyu Grades - Midland Arts Centre 10-00am

Womens Kyu Grades - Midland Arts Centre 12 noon

**Sunday 25th January 1981**

Womens Kyu Grades - Northampton 10-00am

**Thursday 5th February 1981**

Womens Kyu Grades - West Mercia Police TC 6-30pm

**Sunday 8th February 1981**

Boys all Grades - Chapelhouse 10-00am

Girls all Grades - Chapelhouse 1-00pm

Mens Kyu Grades - Ryecroft 2-00pm

**Thursday 12th February 1981**

Mens Kyu Grades - West Mercia Police TC 6-30pm

**Sunday 15th February 1981**

Men Kyu Grades - Worcester J.S. 10-00am

Women Kyu Grades - Worcester J.S. 1-00pm

Boys all Grades - Ivanhoe 10-00am

## MIDLAND AREA PROMOTION VENUES

### Change of Address

Bicton Judo Club, Bicton Social Club, Bicton Village, near Shrewsbury, Shropshire

### Additional Venues

Boston Judo Club, Boston Railway Station, Boston, Lincolnshire

9th Hallow Judo Club, Tenbury Road, Hallow, near Worcester

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# JUNIOR EUROPEAN CHAMPIONSHIPS

This year's Junior Championships were held from 14-16th November in Lisbon, Portugal, and the British team consisted of Gavin Bell, Kerrith Brown, Andrew Morton, Design White, Stuart Williams and Paul Nishis, with Team Manager Dave Starbrook. Lisbon is a fascinating city and the mild weather was a pleasant change from frosty England, but the venue was definitely well below the standard we expect at a major European event. Although the sun was shining outside, the contest-hall (an old church-like building) was constructed to withstand the sweltering heat of the Portuguese summer and with no heating inside, it was perishing. Players warmed up in woollen hats and thick socks; off-duty referees sat in fur-lined coats.

There were no electronic scoreboards. Or rather, electronic scoreboards were produced on the last day, tested for about fifteen minutes before the knockout started and then left unused at the mat-edge. I don't think that this is an acceptable standard for a European event. Records in efficiency and planning have been made and broken every previous year, and I cannot understand why the EJU allowed the event to take place in this venue, where the warm-up area consisted of about ten or fifteen ancient cracked Tatami which would have been unacceptable at most clubs.

One last thing. Sitting and waiting for the event to start I heard a loud bang. Looking up, I was just in time to see a large lightbulb plummet nearly thirty feet to explode in a small group of spectators, among whom several children were playing. I realise that Portugal is not a wealthy country, but surely the EJU must be responsible for basic standards of safety and organisation at its events?

## Under 60 kilo category

This was the largest category of the day, with 17 entrants but no obvious favourite. The players from France, USSR and the German Democratic Republic would clearly be worth watching, but as it turned out Angerer (Austria) and Chanson (Switzerland) were also extremely good. Britain's entry in this category was Gavin Bell, recently returned with a Bronze medal from the American Open where he defeated Haraguchi, Bronze medallist in last year's Kano Cup. In this event Gavin could not seem to find the opening for his particularly stylish judo. He attacked well against the very tall Soviet player, Miakonki, and was clearly ahead when he was caught by a totally unexpected Uchimata for Ippon while defending against a hip attack at the edge of the mat. He defeated Laats (Belgium) but then lost by Koka to Chanson (Switzerland) and was unable to continue.

Throughout the day, Miakonki (USSR) and Paluschek (DDR) both looked as if they were heading for the final. The German defeated both Chanson (Switzerland) and a very good Austrian player, Angerer, who fought determinedly despite considerable pain from a badly infected torn-off thumbnail. In the other Pool however, the Russian's progress was suddenly stopped by the Frenchman, Bregeon. Bregeon was small and very strong, but not particularly skilful, relying on left Sode-tsurikomi-goshi, his only throw. He was defeated in the preliminary Pool by Angerer, and only narrowly defeated Kralik of Czechoslovakia. In this contest the Soviet player produced a tremendous Nidan kosotagari, twisting right under his opponent, arching back and lifting his leg into the air. He was unlucky to score only by Koka with his first attack, and the second one was clearly a Yuko. Undeterred however by the boos of the crowd, the referee awarded the Yuko to Bregeon. As if in an attempt to make up for his mistake, the referee then gave Miakonki a Koka for a

scoreless knock-down, but at time, the Frenchman was the winner.

## REPECHAGE

Miakonki easily won the Bronze medal against Kralik (Czechoslovakia) throwing him twice for Yuko and Koka with his Nidan kosotagari, which he had obviously been saving for the final rounds. The other Bronze medal was won by Chanson (Switzerland) who, after escaping from an early hold-down by Angerer, went on to throw him for Koka with Ouchigari and Yuko with a very fast Seoinage.

FINAL: Bregeon (France) v Paluschek (DDR) Paluschek scored first, a Koka with Taiotoshi, followed quickly by another from Kouchigari. Bregeon behaved extremely badly during this final, losing his temper and blatantly faking injury in order to get a rest. However his Newaza is very strong and he managed to pin the German for several seconds in Sankakugatame. No Osaekomi was given though and Paluschek quickly escaped and pursued Bregeon into Yokoshiho gatame for Ippon. To me the Frenchman should never have reached the final at all (a contest between Paluschek and Miakonki might well have ended differently) and his behaviour was terrible, kneeling down and beating the mat with his fists when the Ippon was given.

## Under 65 kilo category

The Eastern bloc continued to dominate in this category, with both Maraev (USSR) and Darr (DDR) looking strong and each winning his preliminary Pool. Kerrith Brown (GB) also performed well in the early rounds, throwing Bujko (Hungary) for Ippon with Uchimata; however he was eliminated on a Hantei decision in the knockout Pool. Darr (DDR) defeated Macsimovic (Yugoslavia) and Caldarelli (Italy) to reach the final.

## REPECHAGE

Paolini (Belgium) met Hangartner (Switzerland) and defeated him convincingly in an exciting match scoring Kokas from Seoinage and Taiotoshi before pulling off a very fast kneeling Seoinage for Waza-ari at the edge of the mat. In the other repechage contest Caldarelli (Italy) defeated Macsimovic (Yugoslavia). He scored Yuko from Uchimata, the Waza-ari from a low, left-handed Ippon Seoinage; however the Yugoslav continued to attack hard throughout the match, scoring two Kokas. Calderelli was put under considerable pressure from these attacks, and only just succeeded in retaining his lead, being penalised Shido and then Chui for passivity.

FINAL: Darr (DDR) v Maraev (USSR)

This was a very decisive and exciting final. Maraev opened up quickly, attacking with a dynamic Uchimata, which the East German sidestepped, causing Maraev to land on his



Rodriguez (Spain) defeats Haasman (Austria) Under 78 kilos.

head. This was not entirely the Russian's fault, although I thought that the nature of the attack was such that he would have gone over on his head even if the attack had been successful. In watching Maraev during the day I had seen him make this kind of attack twice before and in his earlier contest against Paolini (Belgium) he had breached this rule particularly obviously; however it takes considerable courage to disqualify the best player in the category.

Almost immediately afterwards he took Darr down into Newaza using Morote-gari, following straight into Kamishihogatame for Ippon. A very clear win for the Russian, and all over in under a minute.

## Under 71 kilo category

This category was dominated by Houget (France) and Karasev (USSR) with Odonez (Spain) also emerging as a surprisingly strong contender. Britain's entry was Andrew Morton, who put up a tremendous fight in his first international match, defeating Batista (Portugal) and Lukic (Yugoslavia) to come second in his Pool to Odonez. Astonishingly, Karasev (USSR), Houget (France) and Obshermitzki (DDR) were all drawn in the same Pool, and it was Houget and Karasev who went on to the knockout.

In his next contest Morton defeated Nasti (Italy) by scoring Ippon from a tremendous Uchimata. Against Karasev in the next round he fought very hard and did well to concede only a Yuko against his much stronger opponent. Houget easily won the other Pool, defeating Odonez and Kramberg (Poland).

## REPECHAGE

Kramberg (Poland) met Odonez (Spain) in the contest for one Bronze medal. There was little in it, and a Koka to Odonez from Kouchigari was the only score. In the other repechage contest Morton (GB) met Wieneke (BRD). The contest was close for two minutes with Morton ahead on some good Uchimata attacks, but the West German came back with a Koka from Kosotogari following into Newaza and scoring Ippon with Yokoshihogatame.

## FINAL:

This was a very tactical final; both players are extremely strong, and make use of variations of Kataguruma a lot, so they both spent some time weighing each other up. The line between passivity and tactical judo is always very difficult to draw, and I think congratulations must go to the referees of this difficult match, who judged it perfectly. The Soviet player took a grip with both hands high and close together on the lapels and attacked first by twisting underneath in an attempt to pull Houget down into a strangle. This move had obviously been worked out in an effort to deal with Houget's unorthodox and very powerful style, but it was unsuccessful. The second and third attempts came close, however by the sixth attempt it was beginning to look very negative and the referee gave him Chui. Both players attempted kneeling Seoinage attacks, but at time, there was no score and Houget was European Champion.

## Under 78 kilo category

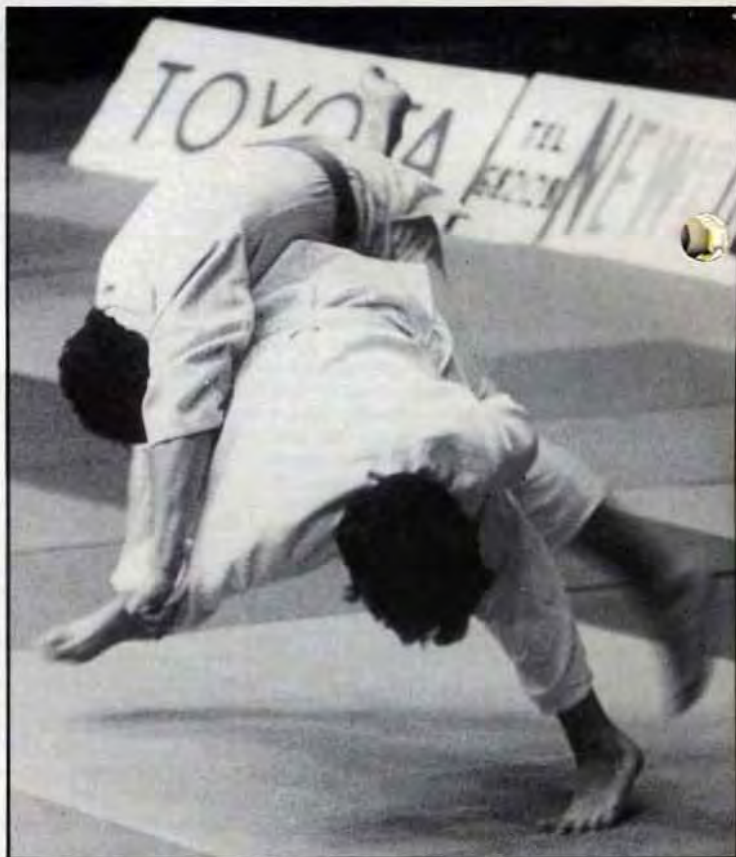
This was an extremely hard category, with several players capable of reaching the final. The favourites were Nowak (France), White (GB) and Sivtzev (USSR).

In his first contest, White defeated Bav (DDR) by throwing him for Ippon in less than a minute with a tremendous Taiotoshi. However things did not go so well in his next bout against Spijkers (Holland). This was a very close contest, with the Dutchman spending rather a lot of time receiving treatment of some sort from the team doctor. Then one of the

**JUNIOR EUROPEAN  
CHAMPIONSHIPS**



**Nowak (France) scores Ippon on Mankowski (Poland)  
Under 78 kilos**



**Favrod (Switzerland) against Vallot (Belgium) Under 78 kilos**



**White (GB) throws Bav (DDR) for Ippon Under 78 kilos**



**Densign White (GB) attempts to counter Sebald (West Germany)  
Under 78 kilos**



**Maraev (USSR) scores in Under 65 kilo category**

judges signalled that a passivity warning should be given and the referee, who apparently had given the matter much thought, immediately applied it to White. White is an extremely hard-working competitor and this warning seemed totally unjustified, however it was enough to lose him the contest. Having defeated Sebald (BRD) with comparative ease, he emerged from his Pool as number two, with Spijkers the winner. In the knockout White threw Favrod (Switzerland) for Waza-ari, then went on to meet Sivtzev (USSR) for a place in the final. He scored Koka from Ouchigari and was defending well against the Russian's Seoinage attacks, until a slight slip up let one of them through and lost him a Yuko. White continued to attack hard and Sivtzev was given Shido for passivity, but it was not enough to prevent him from going through to the final. In the other Pool, Nowak of France powered his way past Rodriguez (Spain) and Spijkers (Holland) to reach the final.

#### REPECHAGE

Rodriguez (Spain) easily defeated Spijkers (Holland) throwing him twice for Waza-ari with Uchimata. In his fight for the Bronze, White encountered little serious opposition from Mankowski (Poland) who, although a strong player, never really looked as if he would score. White won the contest by Koka from Ouchigari and Yuko from a strong left-handed Uchimata, with the Pole being warned for passivity. For most of the spectators White was the best player in the category, and he deserves congratulations for this, his second Junior European medal.

#### FINAL: Nowak (France) v Sivtzev (USSR)

Nowak's judo seems to be entirely built around his devastating Osotogari, and his considerable strength allows him to stand in some very dangerous positions with little risk. He grips very deep and continually looks for an opportunity to hook his leg in. Once he gets the position he wants, he usually scores.

In this final he was physically far superior in fitness and strength to Sivtzev, however the Russian pulled off some very skilful moves, scoring Yuko from Ouchigari and Koka from an unexpected Yokoguruma. At the beginning of the contest Sivtzev was very passive, accumulating a Chui as a result. Nowak managed to score Yuko from Osotogari and another from the Ouchigari he uses to back this up, but he was generally less skilful, and it was really his physical condition which gave him the victory.

#### Under 86 kilo category

The standard in this category was certainly not as high as last year, with the two best competitors being Preschel (DDR) and Pesniak (USSR). The British entry was Stewart Williams, who was unable to reach the knockout, being well underweight and seemingly drawn in the Pool with all the tallest opponents. In the knockout Pesniak (USSR) easily defeated Lieb (Austria) and Marquez, a rather disappointing French player, to reach the final. Similarly Preschel (DDR) eliminated Krall (Czechoslovakia) and Kurczynna (Poland) with little difficulty.

#### REPECHAGE

Both of the Bronze medal contests were dull, since clearly none of the other competitors could even approach the standard of the Russian or East German. Kurczynna (Poland) defeated Krall (Czechoslovakia) by scoring Yuko and pursuing the advantage into Newaza to score Ippon from Osaekomi. Lieb (Austria) won the other Bronze medal by throwing Marquez (France) for Waza-ari with Uchimata early in the match. In the following seven minutes of extremely messy judo the Frenchman managed to score Yuko but was unable to regain the advantage, and at time, the decision went to Lieb.

#### FINAL: Pesniak (USSR) v Preschel (DDR)

Both contestants had originally been drawn together in the elimination Pool, when Pesniak had won by Yuko and there seemed little doubt

that this result would be repeated in the final. Pesniak was rather small compared to the other players in this category, but he is very powerful and is an extremely alert, workmanlike player. He is very tactically aware and made sensible use of the edge-rules. He opened the contest hard, putting in several strong attacks which forced the East German to retreat immediately to the edge and, in an attempt to save the situation, put in a kneeling Seoinage in which his knees were clearly out of the area.

So with only 10 seconds of the final gone, Preschel was penalised Keikoku. About two minutes later Pesniak opened the scoring with a good Kouchigari for Koka but the real excitement came a minute later when he whipped the German over for Waza-ari with a fast, powerful Tomoenage to the side. This gave him the victory and a very well deserved Gold medal.

#### Under 95 kilo category

The obvious favourites in this category were Divishenko (USSR) and Brandt (DDR). Fazi (Italy) also looked good in the early rounds and his contest with Divishenko was, for me, the only good match in the category. Fazi has good technique, as he was to demonstrate later in the day, but he seems extremely hesitant about using it, and the final score (a Yuko win to Divishenko) does not really reflect how close a contest this actually was. The British entry in this category was Paul Neathis who fought well in the early rounds defeating Pirola (Switzerland) but was eliminated after losing to Ruiken (BDR) and Caudet (Spain). Brandt and Divishenko emerged as the winners of their Pools, defeating Ruiken and Caudet respectively, each by 10 points.

#### REPECHAGE

Gautherot (France) defeated Caudet for one Bronze medal. The other repechage contest, between Fazi and Ruiken was rather more interesting. Throughout the day referees had been hesitant about applying the ruling on head-dives. This rule clearly states that if a

player dives onto his head or the back of his neck in an attempt to throw (especially with Uchimata) the penalty is Hansoku-make. Several notable examples of this during the day had drawn what could be described as an audible cringe from spectators, only to be rather furtively ignored by the referee. Early in the contest, Ruiken dangerously infringed this rule and the referee immediately applied, not Hansoku-make, but Keikoku. Ahead now, Fazi finally found his confidence and put in an extremely powerful left Taiotoshi attack, easily scoring Ippon in perfect style.

FINAL: Divishenko (USSR) v Brandt (DDR)

Divishenko is a large powerful player, with a look of boyish bemusement continually on his face. This look did not change as he 'fell' out of the mat area in the way that many players think exempts them from Keikoku. This is not the case, and so with less than a minute of the contest gone, Divishenko found himself losing

badly. He raised his work rate, putting in several good attacks, then suddenly launched himself into a mid-air spin into Juji-gatame, a technique seldom seen among heavyweights. Although this was not successful, things seemed to be too hot for Brandt who thought it safer to fake injury. The pretence was so slight as to be completely transparent. A few moments later however Divishenko scored Waza-ari with a good Kosotogari, and at time the referee, after dithering for nearly 5 seconds, gave the decision to the Russian.

#### Over 95 kilo category

Both the heavyweights and the light-heavyweights were, to put it bluntly, a bore. If you enjoy watching plump adolescents pushing each other about, you would have just loved this. There were so few contestants in this category that one of the Bronze medals went to Salonen of Finland, who won exactly one contest (in his preliminary Pool, by Hantei). The other was

won by Oudshoorn (Holland) who succeeded in allowing a fat and amateurish Yugoslav to bounce himself onto his back for a Koka, then a Yuko.

FINAL: Berovachvilli (USSR) v Olhorn (DDR)

The only two judo players in the category met in the final. This was a very tactical contest, with Berovachvilli scoring first a Koka with Uranage. The contestants were evenly matched, and took such extreme tight handed grips that they were standing almost side by side, both looking for Osotogari. After warnings for passivity, the Russian managed at last to get what he wanted, and put Olhorn down on his shoulder for no score. Then, with less than a minute to go, Berovachvilli was given Keikoku for defending against an Uchimata attack by sweeping away his opponent's supporting leg, with the result that Olhorn took the decision.



◀ Angerer (Austria) attacks Miakonki (USSR) Under 60 kilo. USSR wins.

## Junior European's

comment by  
Geraldine Kerr

The Junior European Championships were held in a museum-like building, which was originally designed and built for a special exhibition in Brazil. Afterwards it was dismantled and brought in sections back to Portugal by sea, and reassembled in Lisbon, where it has since been used for various sporting activities. The building's design enabled it to remain cool and airy in the high summer temperatures. Unfortunately as the Championships were held in Portugal's winter, it meant the hall was not only cool during the day, but it became progressively colder as the evening wore on.

After the first day the competitors and referees were compelled to wear sweaters and overcoats over track suits and blazers when not taking part, although the temperature outside was 70°. As a spectator I think it was the coldest venue I have ever been in; however the warmth and friendliness of the obliging Portugese officials more than compensated; and also for me, the sweaters the Israelis so kindly lent me!

The layout of the two mat areas and the close proximity of the spectators created a good atmosphere, although it was the first time I had seen all the competitors warming up on the official contest area before the event started. There was no visual timing equipment, and an Osaekomi was notified, by writing the numbers on a sheet of paper and holding it up for the referee to squint at.

However, the participation of the team coach, notably the USSR, in aiding the referee's decision (or indecision as it sometimes was) helped to make his competitor more aware of time and score, and to override the voice of the opponent's coach, which in the case of Austria, was impossible! The USSR certainly deserved their seven medals, and I think their coach played a large part in their success.

The British team fought well but seemed to lack finishing power; when it came to fighting for a Bronze they seemed to lose their concentration

and lack confidence, as if the pressure of fighting for a medal was a new experience and one they appeared unable to cope with. Densign White did well to win a Bronze and was one of the sharpest Judo players of the day. Far be it from me to question the expertise and teaching skills of Team Managers and Coaches, but as a layman I feel that perhaps the 'finishing factor' could be examined, because the British player is often 'so near' but remains 'so far.'

The Austrians showed great improvement and could maybe have won two medals, were it not for the sore thumb of one of their best players. The Spaniards have increased their skill level and are no longer an 'easy' contest. The French team as always, seem to have depth and their young men are very mature, the influence of Namura shines through in their technique, and the French system certainly seems to bring results when they need it. For me the German Democratic Republic was not its usual impressive self, and Holland and West Germany have faded away. The Judo on the first two days was the most interesting, except for a few contests on the third.

Having been to the Europeans for the last fifteen years I notice a considerable change in the referees. During this Championship, with a few exceptions, much of the refereeing appeared to be inexperienced, tentative and inconsistent with penalties. Only a few of the referees appeared to have any feeling for the fighter, which made me think that most of them had no contest experience. This was particularly noticeable when it came to Newaza. Only an ex-fighter can really appreciate the intricacies of Newaza and the skill that is required to evade an attack on the ground. I am not saying a contest player makes a good referee, but I do believe a good referee needs to have had contest experience.

I went to try to take some photographs, and was afforded every facility by the Portugese Federation; and Mr Kobayshi was kindness itself, for which I sincerely thank them.



# TECHNIQUES FOR THE COMPETITOR

# INTRODUCTION...

In 'Techniques for the Competitor' we have two notable contributors in Tony Macconnell the British Olympic Team Manager and Maurice Allan, a former British International in both Judo and Wrestling and a well known expert in Newaza. Maurice was World Sambo Wrestling Champion in 1976 and over the next few months he will be contributing by showing some of his best techniques developed as a result of his wide experience in combat sports.

MAURICE ALLAN, MBE—5th DAN

## 'TAKEDOWN MOVES'

In this issue we begin a new series of Newaza techniques by Maurice Allan, MBE. Maurice, a former British International in both Judo and Wrestling is well known for his exceptional ability

on the mat' and was World Sambo Wrestling Champion in 1976. Over the next months he will be showing some of his best techniques which have developed as a result of his wide experience in combat sports.

In Judo, when you have a reputation for being good in Newaza, it is very often difficult to get your

opponents down onto the mat or into a position where you can apply your techniques. In this first issue I would like to show you two of the moves I like to use. Remember that these 'takedown moves' have to be executed with considerable speed and skill.

### ● TECHNIQUE 1

In this technique you have to throw yourself from the position illustrated in photo 1 to the one illustrated in photo 6. You have to commit yourself fully to the move without any hesitation. Keep a tight grip on your opponent's belt throughout.



### ● TECHNIQUE 2

As with technique 1 the aim is the same. You must fully commit yourself to the complete move. From the starting position right through to the final hold must be one continuous action. Speed, and of course surprise, is of the utmost importance. The right hand grip once attained must be retained throughout the attack.

Remember to practice these techniques to both the left and the right sides.



# TECHNIQUES FOR THE COMPETITOR

## TURNOVER INTO YOKO-SHIHO-GATAME

*Tony Macconnell—6th Dan*  
BRITISH OLYMPIC TEAM MANAGER

In competition these days players are generally allowed very little time to apply techniques in Newaza. Many players are very skilful on the mat but cannot apply their techniques quickly enough. During the National Squad Sessions we have kept the Newaza practice bouts much shorter (approximately 30 seconds) than in the past with the emphasis being on scoring quickly. We have also worked a great deal on the 'set situations' which often occur in the Judo contest. The following move is one which works well when your opponent takes up the defensive position illustrated in photo 1.

- 1—Grip your opponent's belt with both hands (thumbs inside).
- 2—Step to other side of your opponent with your right leg.
- 3—Place your leg across the back of your opponent's neck to act as a block.
- 4—Pulling sharply on your opponent's belt, drop your own body to the mat.
- 5—Pull your opponent over your left leg using your right leg to assist your arms.
- 6—Keep your right leg close to your opponent's chest.
- 7—While retaining your hold on the belt with your right hand bring your right leg back to trap your opponent's left arm.
- 8—Your right hand now grasps your opponent's collar behind his head and you prepare to 'sit through' into Yoko-shiho-gatame.
- 9—Grip your opponent's trousers on jacket with your left hand.
- 10—The hold is completed by bringing your left leg through.

It is important that the complete move is done quickly in one continuous movement—remember to practice it to both sides right and left.



# THE FIRST WORLD CHAMPIONSHIPS FOR WOMEN

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**New York! New York! . . . So the popular American anthem goes . . . 'So good, they named it twice . . .', and that is wistful thinking more than local pride. Admittedly it's different!**

It's a city of contrasts which range from majestic to insignificant, rich to deprived, friendly to rude and from opulence to filth.

It is a city overtaken by social violence where security, both personal and material, is a constant worry yet it remains a cosmopolitan mixture of enormous fascination and the last true bastion of free enterprise.

It is the only city in the world with streets paved with chewing gum and roads surfaced with refuse yet the housekeeping of its shops, stores and buildings is immaculate.

It is a city of entrepreneurial activity and seemingly total disorganisation yet strangely a mixture of socialist bureaucracy in the labour intensity of its commercial activities contrasting strongly with the apparent absence of any State labour force such as street cleaners, refuse collectors, works department employees or such like. Finally it is also the place which spawned the long awaited First World Judo Championships for Women, held in the Felt Forum of the impressive Madison Square Gardens whilst the current Star had a couple of nights off.

For British and European judo it was an enormous success and affirmation that their methods are superior. For the feared and self-confident Americans it was a disaster the proportions of which were immediately recognised by one American Official who said: "It's a bit of an embarrassment that you should hold your European Championships here in New York."

Into this hot-bed came the British Team of Roy Inman, Marion Woodard, Winn Bolton and fighters, Heather Ford, Avril Malley, Dawn Netherwood, Ann Hughes, Loretta Doyle, Bridget McCarthy and Jane Bridge on Tuesday 25th November in the early evening (US time) after travelling for over 12 hours having met at Heathrow at 9am (GMT). The Team Hotel was the New York Statler which must be the most inhospitable 'five star' accommodation I have ever stayed in. Rooms had to be paid for in advance and matters were not helped any when it was discovered that the Bank draft from the BJA had not arrived. The Statler were beyond reason and could only suggest eviction as an alternative to immediate payment and until enough cash was raised for the first two nights this was a definite possibility. They also required another 35 dollars for moving bags! Needless to say they didn't get it.

Training sessions had been arranged by our American hosts for about an hour a day on Wednesday, Thursday and Friday at various venues around Manhattan and though described as light training by Roy Inman were really quite vigorous and demonstrated just how well prepared the Team were. The strange effects of 'jet-lag' took their toll in the first session and one or two players seemed quite exhausted but by Thursday all this was past and everyone looked extremely fit and there were no serious weight problems.

At this stage, I thought Dawn Netherwood looked sharper and better prepared than I have ever seen her and was my favourite bet for a medal though everyone looked to have 'peaked' at just the right time.

Bridget and Loretta work well together and both trained hard and looked good as did Ann and Jane despite the temporary paralysis of some facial nerves from which Jane was recovering.

The heavyweights, Heather and Avril, though obviously not as fleet of foot as the others still looked better than I have previously seen them and both are a delight to have on any Squad and play a large part in establishing the enjoyable friendly attitude of the whole group. All credit is due to Roy Inman for his preparation of the squad and to his helpers



Dawn Netherwood—Silver  
Edith Simon (Austria)—Gold

Winn and Marion and, for those Coaches who have no time for Women's judo, I suggest they go along to the next National Squad session after the Trials and see for themselves what can be achieved.

By Friday, the sightseeing was done and everyone was getting slightly bored and anxious for the contest to start though the weigh-in and draw livened the day up somewhat. Numbers were sewn on jackets, photographs were taken and passes prepared all amid the seeming total chaos of the IJF office where everyone appeared to be constantly shouting at each other, which I now understand is normal behaviour.

The American Officials were really quite obliging and anxious to please with the single exception of the inappropriately named 'Public Relations Officer' who seemed intent on upsetting the total press and foreign TV contingents in order to meet the ever-increasing demands of CBS television. Rusty Kanokogi who had toiled for months to get the Event off the ground worked ceaselessly as did Jim Hutchinson, the Press Secretary, but I must confess that at times I thought they had lost the battle.

However at 3pm on Saturday, it all started, with the draw being not too favourable for the British girls who were to fight on the first day. This featured the Over 72 kilo, Under 72 kilo, Under 66 kilo and Under 61 kilo categories which produced two terrible draws for Heather Ford and Ann Hughes whilst Dawn and Avril seemed quite content. Heather unfortunately drew Margaret Castro the Amazonian American who is well over six feet tall and weighs around 90 kilo and was one of the favourites for the title, especially amongst the American contingent. Ann had Maria Rivera of Puerto Rico for her first fight to be followed by European Champion Inga Berg (West Germany) who was the only girl to beat Ann in the British Open.



Dawn Netherwood warms up before the Championships



The British team pose for press photographers



## PRE-CHAMPIONSHIPS

Above: Avril Malley and Heather Ford instructing the *Daily Mail* on how to get a good picture.  
 Right: Mr Matsumae President of the IJF gave his opening address in Japanese.  
 Below: Training interruption by IJF delegation inspecting facilities.

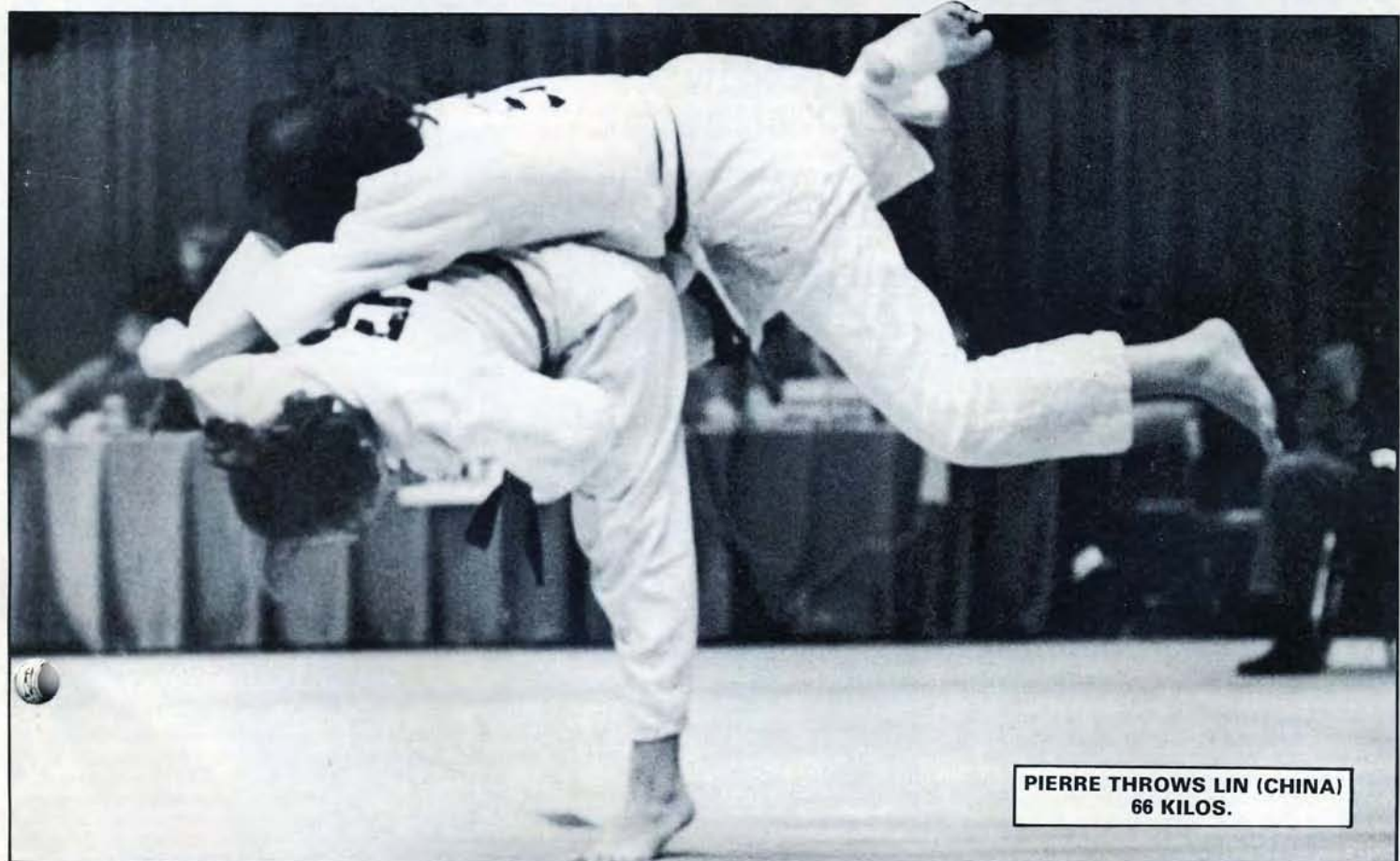


Above: Loretta Doyle using the tending pillar to good effect.  
 Left: Rusty Kanokogi—Competition controller and organizer of the First World Championships.



Above: The team training—Roy Inman supervises the shuttle runs  
 Below: 'fast feet' Ouchi-komi training





**PIERRE THROWS LIN (CHINA)  
66 KILOS.**

Dawn Netherwood got into action first meeting Sue McDonald of Australia who was not really in the same class as Dawn and was disposed of efficiently in 1 minute 58 seconds with Muni-gatame for Ippon for a nice nerve-calming win. Next came the rated Marie-France Mil of Belgium who was much more useful than McDonald and could have caused Dawn a bit of trouble had she been given the chance. Fortunately, she wasn't, being thrown for a Yoko from Tai-toshi straight into Kesa-gatame from which Dawn allowed her to escape in order to secure her expert Juji-gatame for Ippon in just 29 seconds.

Simon (Austria) and Pierre (France) were polishing off the opposition in the other half of the table with only Hiromi Fukuda of Japan breaking the European domination amongst the last four. Paula Ooms-Mallen (Holland) took the other place.

Edith Simon is not the greatest standing player around and consequently won all her contests on the ground except her fight against the Japanese girl which she won with a Koka. British support for Fukuda was very vocal and as her name does not lend itself to our pronunciation, it caused a great deal of amusement, but she really did not have the experience to beat Simon which in retrospect is a great pity.

Dawn meanwhile was to meet Christine Penick (USA) in the fight for the final which produced a quite extraordinary contest which Dawn deservedly won on Hantei. In the process however, she suffered two flying Waki-gatames and a wrist lock to which the referee and judges were quite oblivious. Having since watched the three attacks again on video, there is no doubt at all in my mind that each was a Hansoku-make offence, the more so in that it left Dawn going into the final with badly strained ligaments.



I have watched Christine Penick several times and consider her the best prepared, fittest and most technically able of the American Squad yet in my opinion she is a dangerous player who frequently causes injury to her opponents. This is written after considerable thought and study of past contests and in five of them she caused injury including the famous biting offence against Susanne Litscher in the 1979 Open for which she was disqualified. Even in the repechage in her fight against Mil she showed unnecessary violence in her play which considerably detracted from her ability though in this case it earned her a Bronze medal from a particularly nasty Te-guruma.

Pierre pinched the other Bronze from Fukuda on Hantei after each had scored a Koka from Deashi-harai and Edith Simon once again met Dawn in the final. Regrettably, Dawn could only hold with one hand but even then caused the British contingent to leap to their feet when she all but threw Simon with a well-timed, one handed Deashi-harai. Eventually Dawn gave up the unequal struggle when she was caught in Newaza and had to succumb to the inevitable Kesagatame for Ippon to Simon and the first World title to Austria.

For Britain a Silver medal to our first Competitor and tears all round!

On Mat 1, Ann Hughes took Rivera apart in just 41 seconds with a Wazari—from Seoi-toshi straight into Kuzure-kami-shiho-gatame for Ippon. A magnificent start which put her against Inga Berg who had scraped the decision against Billy of Sweden with the judges having differing opinions and the referee giving it to the German girl. Berg is a very difficult player to score against with an evasive and defensive style which means that she spends a great deal of time on her knees and all her 'attacks' which fail finish that way though I was convinced that Ann had scored a Koka from Seoi halfway through the fight. It was not awarded and Inga got another split decision on



Avril Malley shares Bronze medals with Jolanda Van Meggelen (Holland)

Hantei to give her a fight against Anita Stapps of Holland for the final place. It is probably no consolation at all to Ann when watching the film of the fight to see that she did in fact score from her attack especially as Berg lost to Stapps and so gave Ann the chance to get into the repechage. Di-Toma of Italy (whom Ann had beaten in the British Open) was the other finalist with Stapps becoming World Champion with a Koka in three minutes. Martine Rottier and Berg shared the Bronze medals to make seven out of the eight medals awarded so far going to Europeans.

The pattern continued in the Under 72 kilo category where Jocelyne Triadou of France took the title on yet another split decision from joint favourite Barbara Classen of West Germany. Jolanda Van Meggelen of Holland and Britain's Avril Malley shared the Bronze medals with the American hope, Amy Kublin out to Triadou in her first fight. Avril started well with an Ippon from Kesagatame on Barrette of Canada to then lose to Triadou on a Yoko. This gave her two fights in the repechage, first Kublin, whom she beat on Hantei and then Ines Kaspers of Spain whom she threw in the first 20 seconds for a Koka and hung on to it with determination for the Bronze and Britain's second success.

At Over 72 kilos, Heather Ford now produced the best performance I have ever seen from her against Castro whom she handled brilliantly and all but won. Heather's tactics were just right



Loretta Doyle, next to World Champion Gelda Winklbauer (Germany)

and she was well aware of Inman's shouted advice to try for a waist-grip on the enormous American despite the clamour from Castro's home support. Margaret scored a Koka on Heather from Osoto-gake from which the British girl got a hand down and I don't think that for a while the score was noticed and consequently perhaps Heather believed she would get the decision. Unfortunately, the Koka won it with Castro lumbering on to a win against Gutierrez of Spain with a hold and so to a fight with Paulette Foulliet of France for final place.

In this fight Foulliet showed how good she is and hammered Castro with two Kokas from Uchimata and Tomoenage to be followed by a further Uchimata for Yuko into Ashi-gatame for Ippon in one minute twenty seconds to silence the American support and show how limited Miss Castro is in technical ability.

For such a statuesque fighter not to be able to throw her much lighter opponents is an indictment of the USA Coaching system and the preparation of their players leaves much to do. It's not as if she is an expert in Newaza as her entries into holds were more strength than skill. What a waste!

Foulliet on the other hand is brilliant, even if morose, and well deserved to become World Champion but first she had to beat the enormous Margarita De Cal of Italy. De Cal weighted in at 119.2 kilos which is just about 61 lb less than Sumio Endo weighed in winning the Open title in the World Championships for Men!

Unfortunately, as reported in the British Open, her skill level in no way matches her size and she just stood her ground as Paulette attacked until the opportunity came for the collapsed defence technique on to Foulliet's back and so crush her to the mat. Osaekomi was inevitable and the title went to De Cal with the best player in the category losing. Christine Kieburg (Germany) and Ingrid Berghmans (Belgium) shared the Bronze with Castro's loss giving Heather no chance to get into the repechage. So . . . yet another four medals shared between the European favourites only Christine Penick cracking their domination of the first day.

There were some disorganised and unfortunate scenes on the first day of the Championships between the CBS television crews and the rest of the International press and media representatives with CBS almost running the Championships to their convenience and these were to overflow into the second day when all the press photographers found themselves banished from the mat edge and having to shoot through Mat 2 to get pictures from Mat 1. Even Ashai TV of Japan who had paid to film their own players found themselves locked out by the 'Public Relations Officer.'

It is a shame when TV exercises such control of events that even the medal presentations have to be delayed and even restaged so that they can do their interviews and get it right. At one stage we even had one cameraman squatting in the middle of the safety area between the two mats and the technician with the parabolic microphone continually crouched in the safety area obscuring the fighting completely for everyone else. Fortunately, on the second day I remembered a tip from an internationally known staff photographer on the *Daily Express* who curses obscenely as loud as possible whenever TV microphones spoil his pictures and so causes them to be quickly moved. At least they will have a great deal of sound editing to do.

Ashai TV on the other hand, were expert, efficient, polite and unobtrusive and still managed to get their film. Perhaps CBS should send their technicians to them for training. Whilst TV is important to any sport, it just will not do any good whatsoever to 'sell out' judo to them. I got the feeling that the director of CBS Sport considered that he was also supposed to direct the World Championships and the organisers completely lost sight of the fact that all this was for a 10 minute spot not to be shown until May 1981 whilst the response from

# 6 gold medal winners in Sport-Rhode judo suits at the 1980 European Championships in Vienna



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▲ Above: Dawn Netherwood, Silver medal winner at under 66 kilos.  
▲ Left: Avril Malley, Bronze medal winner at under 72 kilos.  
▼ Below: Bridget McCarthy throws Linda Lewis (United States) with O-guruma for the Bronze medal at under 52 kilos.







# JUDO

POSTER

**JANE BRIDGE**

European and World Champion—1980  
Under 48 kilo

Photograph: FRANK SMITH

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**52 kilo Bronze Medallist  
Bridget McCarthy waves to 'Mum'**  
***Inset: Oguruma on Lewis (USA)***  
Photograph: Frank Smith



Judo press was immediate and world-wide.

Day Two had the Open Category, in which Roy Inman had elected to enter Avril Malley and the three lightweight events at 48, 52 and 56 kilos with Loretta Doyle on first in the 56 kilo category. Loretta had been subject to a slight chest infection and had lost her voice earlier and was suffering from some breathing difficulties but with physiotherapist Sheila Cozens helping out she was fit enough to fight and was soon in action against Yadhong Lamai of Thailand whom she quickly threw for Wazari with Harai-goshi. In the ensuing groundwork Loretta surprisingly found her voice and let out a loud yelp and claimed that Lamai had bitten her.

After inspecting Loretta's leg, the referee agreed and gave Lamai a Keikoku. This penalty gave Loretta a compound win whilst Lamai denied she had bitten her and said she had made the marks with her hand. Roy Inman conceded that this could have been possible in a fine example of statesmanship but then added that the marks showed a definite cavity that needed immediate attention!

Loretta then beat Fontana of Italy for a fight against three times British Open Champion Gelda Winklbauer (Austria) who had strangled her way through three fights but could only beat the British girl by a one point Yuse-gachi. Winklbauer then met French newcomer Marie-Paule Panza who had beaten Czerwinski (Germany) and Meulemanns (Belgium) in getting to the final but she too succumbed to the expert Hada-ka-jime of Winklbauer who won the World title on three strangles and a decision.

Loretta then fought the able Liesbeth Beeks, (Holland) in the repechage and earned a unanimous decision for the Bronze which caused Beeks to collapse backwards in disappointment. Another British success amongst the European supremacy and tears from all the girls with Heather, Ann and Loretta all holding on to each other and crying their eyes out.



While all this was happening Bridget McCarthy was making spectacular progress throwing Panthip of Thailand for two Kokas and a Wazari before holding her to finish it off and then scoring a couple of Wazari's from Oguruma and Harai on Moyano of Spain to meet Edith Hrovat of Germany who had beaten her in the British Open in October, in rapid fashion.

This time Bridget gave her a much harder fight with Edith winning on a Koka scored from Kesagatame, quickly broken by Bridget but sufficient to put Edith through to the final against the best Japanese player in the tournament Kaori Yamaguchi.

Kaori had beaten Millar of Canada and Doger of France with several scores from neat Ashi-wazas to both sides and one nice left Tai-toshi and a one point decision over Williams of Australia but she just could not cope with Hrovat who overwhelmed her. Within 59 seconds Edith had taken her to the ground, turned her over into Osaekomi and switched to Juji-gatame for Ippon and the title.

Bridget in the meantime had met American hope Linda Lewis who had thrown Rooks of Venezuela for Ippon in the first repechage fight and had looked generally very busy though suspect in Newaza where she didn't seem to have much idea what to do.

As it was, there was no need for Newaza as within 14 seconds Bridget secured her favourite grip, spun Lewis round to her right and turned her over with a beautiful O-guruma for Ippon to her immense delight which was echoed by her Mum in the audience and the whole British contingent. The throw was so quick that most photographers missed it and as I was moving my camera to follow the travel of Bridget I wasn't sure if I had got a good shot, so I shouted to Colin McIver, "Did you get it, I was panning?"

"I think so . . ." was his reply, "I was panicking!"

By now, our tearful girls behind the scenes had dried their eyes only to start all over again when Bridget ran out and said, "Where's my Mum."

So to Jane Bridge, European Champion and odds on favourite at 48 kilos and how well she deserved her rating. Her first fight against Hernandez of Venezuela lasted 2 minutes 10 seconds with Jane scoring two Yukos and then an Ippon for Juji-gatame to meet Colignon (France) who she threw for Wazari with Seotoshi in just 55 seconds. This meant that she had one fight for a final place and this was against Tina Takahashi of Canada who had beaten her namesake, Takahashi of Japan, Lejic of Yugoslavia and Inglesias of Spain with a variety of techniques and looked quite useful. Tina was no match for Jane however and was thrown for several scores before being caught with a nice right-handed Seoi-toshi off a left-handed grip for Ippon in just two minutes 55 seconds. Anna de Novellis (Italy) had scored some good wins against Mendez (Panama), Casco (Argentina) and Lewis (USA) though she didn't look capable of troubling Jane too much.

This proved to be the case and as Inman later said, "Jane almost performed the Nage-na-kate in the final scoring Kokas, Yukos and Wazari from different throws to finish it off with another Wazari from Yoko-shiho-gatame to become Britain's first World Champion." Mary Lewis (USA) and Moerie-France Colignon (France) shared the Bronze medals after beating Casco and Takahashi in the repechage fights.

What a moment! All the girls were crying again; Inman was delirious and John Beard was crying on the video camera whilst I was arguing with the CBS security man who was trying to stop me taking pictures of Jane being interviewed. To top even that moment, the trophy presented by the Japanese Embassy for the 'Technically Best' player in the Tournament also went to Jane and this was a beautiful silver apple, (from Tiffany's no less), to go with the gold and diamond necklace from Sasson Jeans.

In the 'Open' Category, Paulette Foulliet made her second final of the day to meet Ingrid Berghmans (Belgium) complete with 'punk' style blonde hair-cut who astonished everyone by hurling Foulliet for Ippon with a tremendous Harai-make-komi in just over one minute. This was after struggling through her previous fights with one point decisions and was quite unexpected, especially by Foulliet. Barbara Classen earned her second medal of the Championships and Barbara Fest (USA) added some respectability to the American's tally by sharing the Bronze place. Paulette Foulliet then earned some consolation for her defeat by being presented with an enormous trophy for 'The Most Valuable Player' and Monica Emmerson won a Sports Scholarship as the most promising young American player from the Tournament Sponsors and Rusty Kanokogi received a special award in recognition of her efforts in getting the First World Championships to the mat.



Avril Malley had a fight against Lorraine of Canada in the Open Event, which had just sixteen entries but was held for Ippon and then Fest beat Lorraine to end Avril's participation which did nothing to stop the flood of tears from the British Squad.

So, all but four medals went to the strong European Squads with Austria taking home three World Champions and every one of the competitors from France winning a medal. Great Britain, Holland, France, Italy and Belgium all have a World title with the British girls winning another Silver and three Bronze medals. I have tried very hard in this article not to be too gushing about the British performances and have in some cases passed over their fights quite quickly in order to appear totally objective but I must say in conclusion that this is the only British Squad I have seen, either men or women, which was capable of taking a medal in every category and only cruel draws robbed Ann Hughes and Heather Ford of their chance. Dawn Netherwood without doubt would have beaten Simon but for her injury and everyone gave 100%. Their behaviour and infectious cheerful attitude was a delight and their dress was a credit to the Association for which the efforts of Winn Bolton in chasing sponsors should be mentioned. Judo Ltd/Sport Rhode, provided Judogi and kit-bags, Bean Bag provided the attractive track-suits, FJR Publishing the anoraks and Proctor and Waters the girl's shoulder bags. Team uniforms were bought by the girls themselves with the exception of Jane's socks which were by 'Baby-grow.'

Of the other Nations, Japan did as well as most people predicted showing great technical expertise but a lack of strength and experience, especially in Newaza and the Chinese were quite out of their depth. Canada and Australia have useful squads but seemed poorly trained and the South American countries have some leeway to make up and would do well to enter the European contest circuit for a year or two. Venezuela's tally of medals in the USA Open now acquires perspective after seeing how their opponents were and there is little doubt that for the USA Coaches the Event was a disaster.

Basically they haven't improved in technical ability for two or three years whereas the European Women have made enormous progress and on the whole they can't throw or show any awareness in Newaza. It is astonishing that girls the size of Fest and Castro, and even Kublin have difficulty scoring from Tachiwaza and only Penick exhibits any degree of technical ability and her temperament is suspect. Sweden did well with some unlucky draws and have players capable of winning medals as have Spain and even Switzerland, but most of the other Nations have a lot of work to do.

Some trends in Women's Judo have become obvious in the last year or so with Juji-gatame being the top Newaza technique though quite a few will be copying Winklbauer's Hadaka-jime I should think. Te-guruma is probably getting into the top ten throws and there were a refreshing number of Uchimatas and Harai-goshis and almost a complete absence of 'drop knee' Seoi-nage attempts.

O-uchi-Ko-uchi combinations seem favourite along with Seoi-nage-Seoi-toshi and Osoto-gake seems the norm in preference to Osoto-gari...and then, there's Bridget's O-guruma.

Only the French and the British girls seemed to know WHEN to attack and consequently attacked their opponents when they were moving and scored more off throws than any other Nation though most of the Europeans appear to have been working at it whilst some didn't have a clue. No doubt every country will be having inquests and studying films of the successful players and seeking to improve during the next two years, so although there is no time for complacency there is definitely room for a few pats on the back.

# WORLD CHAMPIONSHIPS



Loretta Doyle v Beeks (Holland) in the fight for the Bronze medal



Heather Ford— dwarfed by Margaret Castro



Ann Hughes attacks Inga Berg



Avril Malley holds Barbette (Canada)



Bridget McCarthy attacking



Avril Malley makes a strong attack against Methot (Canada) in the open category



The two photos above show Ann Hughes dumping Rivera and holding for Ippon



Avril Malley v Methot (Canada)



Loretta Doyle with O-uchi-gari attack against Fontana (Italy)



Castro v Ford



Bridget McCarthy— with Edith Hrovat (Germany) on her left



Fukuda makes a determined attack against Mata (Venezuela)



Under 48 kilo medallist Jane Bridge— World Champion



Pierre in defensive stance against Fukuda (Japan)



Winklbauer (Germany) v Panza (France) final 56 kilo

# RESULTS..

## UP TO 48 KILOS

Gold .....	JANE BRIDGE, Great Britain (107)
Silver .....	ANNA DE NOVELUS, Italy (110)
Bronze .....	MOERIE COLIGNON, France (108) MARY LEWIS, United States (113)

## UP TO 52 KILOS

Gold .....	EDITH HROVAT, Austria (202)
Silver .....	KAORI YAMAGUCHI, Japan (211)
Bronze .....	BRIDGET McCARTHY, Great Britain (207) PASCALE DOGER, France (208)

## UP TO 56 KILOS

Gold .....	GERDA WINKLEBAUER, Austria (302)
Silver .....	MARIE-PAULE PANZA, France (308)
Bronze .....	LORETTA DOYLE, Great Britain (307) JEANINE MEULEMANS, Belgium (304)

## OPEN CATEGORY

Gold .....	INGRID BERGHMANS, Belgium (704)
Silver .....	PAULETTE FOUILLET, France (708)
Bronze .....	BARBARA CLASSEN, West Germany (615) BARBARA FEST, United States (801)

## UP TO 61 KILOS

Gold .....	ANITA STAPS, Netherlands (409)
Silver .....	LAURA DI TOMA, Italy (410)
Bronze .....	MARTINE ROTTIER, France (408) INGE BERG, West Germany (415)

## UP TO 66 KILOS

Gold .....	EDITH SIMON, Austria (502)
Silver .....	DAWN NETHERWOOD, Great Britain (507)
Bronze .....	CHRISTINE PENICK, United States (513) CATHERINE PIERRE, France (508)

## UP TO 72 KILOS

Gold .....	JOCELYNE TRIADOU, France (608)
Silver .....	BARBARA CLASSEN, West Germany (615)
Bronze .....	AVRIL MALLEY, Great Britain (607) JOLANDA VAN MEGGELEN, Netherlands (609)

## OVER 72 KILOS

Gold .....	MARGHERITTA DE CAL, Italy (710)
Silver .....	PAULETTE FOUILLET, France (408)
Bronze .....	CHRISTINE KIEBURG, West Germany (715) INGRID BERGHMANS, Belgium (704)



# Frankly

OBSERVATIONS, NEWS AND VIEWS... by FRANK SMITH

Due to the time spent in New York preparing the World Championships report I have not had time to look at what has been happening at home in enough detail to write this month's column, though no doubt we will be back to normal for February.

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Talking of New York, one of the first absurdities about the place is the eccentricity of many of its inhabitants. For instance, 'Richard' of the USA Judo Association and the British Team's link man greeted us by roller-skating across the car lobby of the *Statler Hotel* with his Judogi hung around his neck. 'Pedestrian' they can be called such, roller skate to work and we even saw a chap on skates in Greenwich Village being towed along by his bounding Labrador. Beware, Midland Area contest officials! John Beard thinks it's a great idea for referees.

\*\*\*

Talking of John Beard—Midland Area Chairman, camera-man and TV technician, being in New York reminds me that he managed to film on video most of the Event which will in due course be made available to Areas and Coaches as required. Some copies are being made of an edited version which should run for about 1½ hours and contains all of the British fights. If you are interested, drop him a line at Lusk Limited, 4 Lisle Avenue, Foley Park, Kidderminster.

\*\*\*

Jane Bridge, our new World Champion, has accepted a booking to take a coaching session with the Midland Area Under-18 Girls Squad on 25th January, at Hardy Spicer JC, Erdington, Birmingham, at 11-00am. Film of the World Championships will be shown after the session and Jane will comment on her own performances and answer questions and sign photographs.

Places are limited and preference will be given to Midland Area Squad members but any other girls interested in attending should telephone Barbara Lee on WEM 33387. There will be a nominal charge for the session.

\*\*\*

On 7th and 8th February the Midland Area are to hold an Appreciation Weekend for Club Instructors, whether qualified Coaches or otherwise. It will be held at the *Europa Lodge Hotel*, West Bromwich and Hardy Spicer JC, Erdington, and will be a mixed session of discussion, question and answer, appreciation of visual methods, other coaching methods, the syllabus, video films and their use and practical sessions.

It is hoped to be a Coaching Course with a difference primarily designed to stimulate the Club Instructor to new levels of interest and activity and Roy Inman, National Team manager and Colin McIver, Scottish National Coach have agreed to help. Mac Abbots of Wolverhampton JC will guest in the discussion sessions and meals and refreshments will be provided. Places are restricted and priority will be given to Midland Area Members but anyone interested should write to me at the following address: 6 Wood Green Road, Wednesbury, West Midlands. Enclose a stamped addressed envelope for agenda and details. Accommodation at the *Europa Lodge* is available at discount rates and the Midland Area will subsidise the cost of the course, though there may be a nominal charge for meals.

\*\*\*

Due to an advanced case of 'inability to do four jobs at once' I have given up the Managements of MAM Co, the Commercial Division of the Midland Area. The manager is Peter Golledge and his address is: 16 Whitewood Way, Whittington, Worcester—telephone 0905 356914. I am sure that he will pursue the task much more efficiently than I could do.

Any queries about sales or competitions should now be addressed to Peter.

# ROUND & ABOUT

Competition reports, News, views and opinions

## NORTHERN HOME COUNTIES

Report from Maureen Sutton

Recently an International Team Event was held between Pinewood Judo Club, Belgium, The Army, London and the Northern Home Counties Area at Arborfield Garrison near Reading. Originally there should also have been a Dutch team competing but due to last minute problems they failed to arrive.

Two pools were used as the elimination format with the NHC against Belgium and The Army against Pinewood being the resultant semi-finals. In the first match, the NHC dominated the Belgium team and took a final place whilst the other match proved very exciting with Jones, Rance and Mercieca of Pinewood winning the first three matches with 25 points but seeing their lead short-lived as the Army won the three remaining fights with 27 points.

Thus we had the NHC versus the Army in the final with Ian Sutton fighting Tony Franklin in the first bout. Sutton won this on Sogo-gachi and P. Gargan levelled the scores at 65 kilos taking a Koka off Gudgeon (NHC) but brother Alan Sutton then restored the lead with an Ippon from a hold on Bob Kubath. Kirk Ischei put the NHC further ahead with a nice Ippon from Uchimata on Taff Thomas and Bill Ward made sure of it by beating Eddie Mullen by a Koka in a very exciting contest. Mal Williams beat Par Bryan at 95 kilos to pull one back for the Army, whilst Mapp held Glen Waters in the last contest after first giving away a Yuko from Seo-i-nage. Thus the Northern Home Counties won the match and the tournament with the Army taking the silver medals. Richard Armstrong (Army) could not fight due to an injury which would have perhaps altered the result in the Army's favour if he had been available.

★ The Northern Home Counties Committee would like to thank all the competitors who represented the Area in the 1980 National Under-18's Championships and congratulate all those listed below who won medals.

Kenny Roberts, Geoffrey Holgate, Jason Rose, Geoffrey Dickson, Barry Cooper, Wayland Ward-Smith, Nigel Lock, Peter Horsfall, Roy Stone, Darryl Welch, Mark Curran, Graham Piper, Raymond Sinfield, Allison Stuart, Caroline Illingworth, Maria Dixon, Lisa Peskett, Susan Mercieca, Denise Jackson and Tina Patterson.



## WRONG DECISION...

This photograph illustrates a situation which happens all too often in Judo competitions. The referee and judges argue with the player's coach, the table officials seem unconcerned, and most important—the player is subjected to unnecessary stress. Why? Well it's a long story but it all has to do with the score being recorded on the wrong side of the scoreboard.

During the contest a Koka was scored by the player wearing the white belt which was called and signalled by the referee and was recorded on the scoreboard—unfortunately it was accredited to the player wearing the red belt. This was not noticed by the referee or judges and at the end of the contest the referee awarded the contest to the player wearing the red belt who, according to the scoreboards, was the winner.

After complaints by the losing player's coach the players were returned to the mat, the decision was changed and we arrive at the situation illustrated in the photograph. Unfortunately this type of situation occurs all too often.

It is, however, a situation which could be so easily rectified if only the referee would indicate who the score is for when it is made. Come on referees—you know it makes sense!



The over 35 and over 45 years Championships.

Photographs and report on the next page.

The photograph above shows Ron Mackenzie—NHC, Bronze medal, sparring with Larry Ralph—NHC, Silver medal at Under 71 kilos.

## SANDWELL SENIOR KNOCKOUT FOR KYU GRADES

The Midland Area staged their second attempt at a knockout competition solely for Kyu Grades at Hadan Hill Leisure Centre on Saturday 6th December and this year achieved an entry of just under 100 competitors, whilst not as many as had been hoped for, resulted in an interesting event.

Kyu Grades repeatedly say there are no competitions for them and they always have to fight Dan Grades in weight category Events and have little chance of winning medals yet are loath to turn up when competitions are staged for their benefit.

Because of the low entry the format of the competition was altered into Pools, into Knockout to give the competitors more fights, which in the novice to 7th Kyu category produced 12 players for the second round. C. Yates of Erdington took the title, with E. Queely of Edgbaston the Silver, whilst K. Morris of Dowty and H. Davies of Birmingham University shared the Bronze place.

Only eight went into the Knockout in the 6th and 4th Kyu Event, with club-mates Willer and Denys fighting for the title and Willer winning by a Koka. St. Pauls Way JC entered several players, all of whom were of a high standard and well deserved the medals they won. P. Smith of Edgbaston and S. Naldrest of Aston University won Bronze medals.

There were some experienced fighters in the 3rd to 1st Kyu category with another St. Pauls Way member, L. Alexandra, beating T. Heggins of Edgbaston with Jujigatame in a very good final and R. Dufficy and G. Archer proving too light to get beyond Bronze medal places.

The Womens Event was in the same categories and had still fewer entries yet still produced some interesting fights. C. Ralph of Birmingham University beat Stephanie Gollidge of Chapelhouse with a nice strangle in the 6th to 4th Kyu Event and it is a pity that we don't see her at more competitions or squad sessions whilst M. Evans (Wem) and M. Davies (Midland Arts) won the Bronze medals.

Novice to 7th Kyu: Gold G. Sherwood (Chapelhouse), Silver E. Fearing (Pirelli). 1st Kyu to 3rd Kyu: Gold C. Dufficy, Silver B. McInerney (Worcester JS).

## OLYMPIC PRESENTATION DINNER

A Dinner was held on Saturday 22nd November, at the Portland Hotel, Manchester to honour Olympic medallists Neil Adams and Arthur Mapp.

The Dinner, organised by Judo Sponsors Ltd, was supported mainly by the North-West Area due to other functions taking place in other Areas on the same date.

Mr Arthur Tomkinson, Vice-President of the British Judo Association, attended half of the BJA, as Charles Palmer, OBE, had a previous engagement with the British Olympic Association. Mr Tomkinson thanked all those present and the Areas, clubs and individuals who had contributed towards the presentation gifts. He then spoke about the achievements of the Olympic Squad over the past four years particularly the Olympic medals won by Neil and Arthur.

Arnold Humphrey, speaking for Judo Sponsors thanked all the guests for supporting the occasion and also those people, companies and clubs who had helped Judo Sponsors over the past few years. Finally he presented Neil and Arthur with wrist-watches donated by Judo Sponsors Ltd.

## TIMEKEEPERS/RECORDERS COURSE

A course will be held on Saturday 24th and Sunday 25th January for Timekeepers/Recorders (Northern Home Counties).

VENUE: Jeys Football Club, Beverly Hall, Ridgewell Close, off Ballards Road, Dagenham. TIMES: Saturday 10-00am to 4-00pm. Sunday 10-00am to 5-00pm (approximately). FEE: £3.00, plus £1.00 Examination Fee.

All applicants must be holders of a current Senior BJA Licence and be a minimum age of 16 years. Application Fees and Enquiries to: Mr D. Muckley, 18 Mary Macarthur House, Wythenshaw Road, Dagenham. Tel: 021-592 8590.

# British Kata Championships

Over 35 and over 45 years National Championships—Woolwich College, London • 29th & 30th Nov

The first 'National' Championships for those over 35 years of age staged by Mick Leigh and Jean McNaughton was described by some as a 'Competition for geriatric Judoka'. Well, there were 55 entries including Bob Bradley who qualified by just a day and despite being a little short of wind none could be described as geriatric. Whilst the oldest player would not own up, I nominated Cliff Baker-Brown for the honour as he seems to have been around longer than anyone else.

Cliff asked permission from the organizers to be allowed to wear his Rhino-hide truss presented to him by the Kikyū tribe in past Colonial days but this was refused as it was thought it might affect his breathing and give his opponents an unfair advantage. He was however allowed to keep his surgical stocking on.

So the clock was turned back 15-20 years and everyone had an enjoyable day with some expert and entertaining Judo. Mick Leigh expressed the hope that next year there would be more entries as general opinion, when they got their breath back, was quite favourable for continuation of the Event.

Reports and Photographs: KARL BACON



It's a fair cop! Under 78 kilo Organiser Mick Leigh (South) Gold v J. Hart (London) Bronze



Cliff Baker-Brown (South) Silver v E. J. Spacey (NHC) Gold



Tony Reay (London) Gold attempts to throw Larry Ralph (Silver). Below: A. Bird (Ronin) Gold throws R. Brownnett (South) Bronze for Ippon Under 71 kilo



## KATA

On Sunday the Kata Championships were held under the jurisdiction of A. Sweeney, J. Cornish, Sid Hoare and Ann Swinton and as well as organizing the Event Mick Leigh also took part winning the Gold medals in both the Nage-na-kata and Katame-no-kata sections.



Left: Ju No Kata Dr Phyllis Elliot and T. Hector. Above: Ju No Kata Liz Viney, (MBE) and D. Muns

### RESULTS...

**Nage:** 1—Mick Leigh and Chris Wakeling. 2—E. Cobb and B. Young. 3—J. Walsh and J. Moore. **Juno:** 1—S. Young and B. Young. Viney and D. Muns. 3—Elliott and Hector. **Gonosen:** 1—G. Wright and J. Walsh. 2—B. Young and P. Jenkins. **Katame:** 1—S. Young and C. Wakeling. 2—Elliott and Hector. 3—S. Young and B. Young.

### MENS CHAMPIONSHIPS (35-45 Years)

Saturday 29th November 1980  
Woolwich College, London

#### Thirty-five Year Category

**Under 60 kilo:** 1—M. Daniels (NHC). Only one entry, but fought and won Silver in Under 65 kilo.

**Under 65 kilo:** 1—P. R. Chapman (South). 2—John Mann (West). 3—Don Hitching (South).

**Under 71 kilo:** 1—R. Marcroft (South). 2—K. Brown (YH). 3—B. Perry (North West). 3—A. Roberts (South).

**Under 78 kilo:** 1—H. Mapp (NHC). 2—S. Mountford (London). 3—J. Pridin (Midland). 3—P. Ring (South).

**Under 86 kilo:** 1—M. Surgett (South). 2—K. Widden (South). 3—J. McLaughlan (South). 3—D. Webster (South).

**Under 95 kilo:** 1—Nigel Parsons (Midland). 2—J. Gillespie (London). 3—A. Maw (South). 3—R. Chapman.

**Over 95 kilo:** 1—B. Bradley (South). 2—R. J. Tildesley (YH).

#### Forty-five Year Category

**Under 65 kilo:** 1—T. Reay (London). Only one entry, but fought and won Gold in Under 71 kilo.

**Under 71 kilo:** 1—A. Bird (Ronin). 2—L. Ralph (NHC). 3—R. Mackenzie (NHC). 3—R. Brownnett (South).

**Under 78 kilo:** 1—M. Leigh (South). 2—P. Snutch (South). 3—P. Jenkins (South). 3—J. Hart (London).

**Under 86 kilo:** 1—A. McWhirter (Midland). 2—L. Boyce (London).

**Under 95 kilo:** 1—D. Barnard (London). 2—S. Lewis (London). 3—W. Hastings (Midland).

**Over 95 kilo:** 1—E. J. Spacey (NHC). 2—C. Baker-Brown (South).



Go No Sen No Kata G. Wright and John Walsh show the perfect slow motion that won them the Gold medal



# ELVIS SCORES A TON!

The Mens 'Midland Area' Open for the first time this year and produced a very encouraging response from over 150 competitors and so excellent judo reminiscent of the British 'Closed' Championships, held earlier in the year, for its high standard and atmosphere. Once again the organisation proved that the mishaps at the 'Closed' were a one off accident and all the competitors had a good day of top level contest.

The Midland Area have long held Under 21 year categories and Over 35 years openweight Events in their Championships and these are two good categories to open a Tournament with. The contrast was extraordinary with the fit young men taut and anxious in their quest for points whilst the older generation were relaxed to the point of chatting to each other and based their concept of contest on throwing for Ippon. Unfortunately, no entries from outside the Area and Ken Formaggia took the title for the second year running though there were one or two complaints that he had been cheating and had been seen training for the Event. Mick Averbach took a sprightly Silver medal and then helped Paul Sargeant for his walking stick and Bill Fleming's top set of dentures which had fallen out when he was fighting . . . for breath. Seriously though, a nice competition and one which more would enjoy entering. The Under 21 years competition was a much more serious affair as there were points at stake with Densign White getting a walkover for the Gold medal when D. Hunter of Stockton was injured and had to retire. Densign was to figure again in the 78 kilo category division when once again he met Dave Walker in the final in an excellent contest which went to time, with Densign getting his second Gold medal with a Wazari from Tai-toshi. Mark Holt and Clive Douglas took the Bronze medals.

Dave Walker looked to be really enjoying his judo once again and figured in another final, the Open category meeting Squad mate Elvis Gordon of Wolverhampton. Elvis had already won the Gold in the Over 95 kilo event by beating Harris of Shrewsbury and really is a powerful player. This time however, Dave beat him to the draw in the battle of Te-guruma's and won on a Wazari in a tremendous final. Jamie Cooke and Terry Alltoft made their trip to Grimsby worthwhile by winning the third place.

There were three events in the Championships specifically for Kyu grades with a good entry in each with the splits being at 7th Kyu, 3rd Kyu and 1st Kyu and these were won by I. Jackson (Aiton),



M. Woodward (Linton) and Elvis Gordon respectively. This gave Elvis two Golds and a Silver on the day and the record score of 120 promotional points towards his Dan grade, or two. Most of the Weight Category Events were minor showpieces for the sport, not the least being the Under 60 kilo group which had Gary Archer, John Swatman and Steve Chadwick in the same half of the knockout table and Dave Riley, Fred Bradley and newcomer Mills of Kidderminster contesting the other section with Mills coming out on top in the final place.

Chadwick was looking much sharper than he has been recently and gave some excellent performances during the day only to be edged out of the final by Swatman on Hantei after a marvellous scrap. Swatman went on to convincingly beat Mills with Chadwick and Bradley getting the Bronze places. It was pretty much a similar story at 65 kilos where a last four of Fazakerley, Brindle, Brown and Kilvert producing some tremendous stuff for the medal places. Club mates Tom Brindle and Kerrith Brown made the final with Brown winning a dour struggle with a hold whilst Fazakerley strangled his way to one Bronze and Purcell edged Kilvert out of the other. Kilvert could quite well claim he was robbed of a medal with some justification as he quite definitely threw Purcell for Ippon only to see just a Wazari awarded and he was then penalised for stepping out when quite obviously put there by Geoff with

an O-uchi off a knee. I make these points from a position of certainty after studying the video in slow motion several times but unfortunately the referee does not have this benefit.

Melvin Wright, now looking a bit more comfortable at 71 kilos won the title in style with Russell Bradley of Ryecroft getting the Silver and Barber (KKK) and Russell (Derby) winning one repechage fight each for the Bronze places.

British National Champion Ron Knight continued his winning ways this year by taking the 86 kilo title from club-mate Watton though he had by far the hardest draw with Adrian Holt, Billy Webb and Ken Formaggia all in his half. Webb threw Formaggia for Ippon with Uchimata after topping his Pool and then lost to Ron in the fight for the final place on a Yuko but came back through the repechage for one Bronze medal whilst Nield of KKK club earned the other by holding Allsopp.

**Above: Elvis Gordon fails to score—out of area Te-guruma**

**Below: Walker attacks White**



## RESULTS

Event—	Gold—	Silver—	Bronze—
1	D. White	D. Hunter	A. Ward and J. Cooke
2	I. Jackson	E. Queely	M. Smith and M. Castledine
3	M. Woodward	P. Bayliss	R. Thurland and J. Matson
4	E. Gordon	R. Dufficy	R. Harris and K. Green
5	K. Formaggia	M. Averbach	S. Chadwick and F. Bradley
6	J. Swatman	I. Mills	A. Fazakerley and G. Purcell
7	K. Brown	T. Brindle	N. Barber and M. Russell
8	M. Wright	R. Bradley	M. Holt and C. Douglas
9	D. White	D. Walker	C. Nield and B. Webb
10	R. Knight	A. Watton	R. Dodd and J. Cooke
12	E. Gordon	R. Harris	J. Cooke and T. Alltoft
13	D. Walker	E. Gordon	

John Swatman v Reed (Dudley)



Swatman throws Reed for Ippon



Melvin Wright v Russell Bradley



Above: Walker v Alltoft. Left: Kerrith Brown holds Tom Brindle (Under 65k).

# STAR PROFILE

## THIERRY REY... FRANCE

WORLD AND OLYMPIC CHAMPION



Photographs:  
David Finch  
Frank Smith



**THIERRY REY**  
20-year-old French World Champion  
at 60 kilos.



One of the biggest surprises of the 1979 World Championships in Paris came early on in the Under-60 kilos category when France's Thierry Rey defeated the favourite for the title Yusuhiko Moriwaki of Japan. Rey, despite the fact that he had never won a major International Event, went on to win the gold medal to the delight of the capacity French audience.

Rey's surprise win caused much speculation on his ability and an indifferent performance in the 1979 European Championships in Vienna seemed to indicate that his World Championships victory had been a little lucky. At the 1980 Moscow Olympic Games, however, whilst still only 21 years of age, Rey calmly defeated all the opposition to become Olympic Champion leaving no-one in doubt that he was indeed a World-Class player.

Now a 4th Dan, Rey is a student and trains in the Racing-Club, Lagny. He has become quite a famous sports personality and appears regularly on French TV. Since the Olympic Games he does not seem to have been a regular member of the French team, although he did compete quite recently in the second United States Open Championships in the Under-65 kilos category. It is rumoured that he may be retiring from competitive Judo and that he is having problems with his weight.

Rey has an awkward looking style of Judo which does not look impressive but which is certainly effective. Rather tall for a lightweight, his main techniques are Uchimata, Harai-goshi, Osoto-gari and Ko-uchigari.

★ The photo-sequence was taken during the 1980 European Championships in Vienna.

# Let's do Judo

Let's do Judo is extracted from the book WIR MACHEN JUDO published by Falken-Verlag, GmbH, Postfach 120, Schöne Aussicht 21, D-6272, Niederhausen/TS, Germany and is reprinted by kind permission.

Translated by Anne McGowan.

In this issue we look at the hip-throw HARAI-GOSHI and some of the techniques which could be used as possible combinations and counter-attacks.



## HARAI-GOSHI

1—Jane steps forward with her right foot and, 2—pivots round in front of Tom. The top half of her body is leaning forward, she is on her tip-toes and is pulling strongly on Tom's right sleeve. 3—She swings her right leg back, slightly outwards and very high with a lot of force and throws Tom over the back of the thigh of her sweeping leg to her front. 4—Jane keeps hold of Tom's right arm, so that she can control his fall.

## BLOCKING

In the following pictures we see Tom blocking Jane's attack and some continuation techniques.

1 **A**—To block Jane's attack, Tom pushes his hips forward, leans the top half of his body slightly back and bends a little at the knees.

2—Without letting her leg lose contact with Tom's leg.

3—Jane hops round Tom until she reaches a position from which she can attack Tom with—

4—O-soto-gari and throws Tom to his rear.

**B**—Tom takes hold of Jane's right leg with his left hand and sinks down a little further by bending his knees.

**C**—Just as a weight-lifter straightens his legs to lift a weight above his head, Tom lifts up Jane.

**D**—By pulling Jane down with his right arm and up with his left arm, Tom can turn her round and throw her with Te-guruma.



1/A

## BLOCKING



2



3



4



B



C



D

## AVOIDING



2



1/A



B

1 A—Tom avoids Jane's attack by moving his hips forward and stepping to the left.

2—Jane moves her right arm across the back of Tom's neck and 3—stands firmly on both feet again and continues to push her hips through. 4—In doing so she throws Tom to the front with Koshi-guruma.

B—Tom moves his left leg to the left and forces Jane's weight on to her right leg. C—By stretching his right leg across the back of both Jane's legs he throws D—with Tani-otoshi to the rear.



3



4



C



D

# TOP TECHNIQUE

Text: Colin McIver      Photos: David Finch

One of the most memorable contests of the Moscow Olympics was between Chris Bowles of Great Britain and Bernard Tchoullouyan of France. Tchoullouyan emerged the winner but it was a very close contest. Bowles scored first with left Kosoto-gari, the technique which we feature this month.

This throw has been used successfully by many top players over the past few years, usually combined with attack to the front. Ray Ross, former British Olympic Team Manager, used it very successfully when his opponents defended against his Harai-goshi attack.

In the photograph sequence Bowles fakes an attack to Tchoullouyan's front (1) before switching to the rear attack with Kosoto-gari (2). Note how Bowles sweeps both Tchoullouyan's legs. Full marks to Tchoullouyan whose 'mid-aid' avoidance only gave Bowles a score of Koka.



# POINTS Of VIEW

## CONTEST RULES FOR JUNIORS

There has been much discussion about the skill level of the competitors who took part in the recent National Under-18 Championships. Many of those who watched the event have voiced the opinion that the standard was pretty poor, the worst in fact for several years.

British Judo Association President, Charles Palmer, OBE, blames the 'popularisation' of judo and the need for 'group' rather than individual coaching for the development of certain dangerous throwing actions and the practical disappearance of the major 'Ippon-scoring' techniques. So strongly does he feel about the situation that he intends recommending the following rule amendments to the Management Committee for next year's event.

- (a) No player may himself initiate Ne-waza other than as a continuous action after he has been awarded a Tachi-waza score of at least Yuko. (This means that even the person on whom an unsuccessful Tachi-waza technique has been applied may not initiate Ne-waza). Penalties will be applied for breach of this rule following the tariff of Shido, Chui, Keikoku and Hansoku-make.
- (b) Any competitor who, in attempting or appearing to attempt to throw his opponent other than with Tomoe-nage, touches the ground with any part of his body other than his feet before his opponent touches the ground shall be penalised according to the tariff of Shido, Chui, Keikoku and Hansoku-make.

I do not agree that the general standard of the Under-18 Championships was low; in fact I was particularly impressed by some of the judo, especially in the Under-60 kilo and Under-71 kilo categories. In the girls too there was some very good judo, although more so in the preliminary rounds. Unfortunately the judo in the finals was not so exciting and this tended to give the spectators a false impression of the overall standard.

As a coach I am concerned about the general standard of skill within our sport particularly in the junior ranks. I believe there is no substitute for skill and when coaching my aim is always to encourage the players to develop their skill to the highest possible level. This aim however, is not re-inforced in competition simply because the contest rules do not ensure that the most skilful player wins. All too often we see the most skilful player lose on a technicality when he has been obviously superior.

Some modifications to the rules may help the situation. But I disagree with Mr Palmer's suggestions. If the objective is to raise the skill standard of the competitor, then any rule changes will have to encourage and reward skill—skill which can only be developed through more effective coaching. Penalising the players will only have a further restricting effect and tactics, rather than skill, will play an even more dominant role. It will be even easier to win as a result of your opponent being penalised than it is at present if Mr Palmer's modifications are introduced.

I would be more in favour of relaxing the application of the penalties especially in junior competition. I do not feel that many players intentionally break the rules and I would suggest a verbal warning with no penalty be given for the first infringement, unless the infringement was for something which was deliberate or dangerous.

The 'edge of the mat' rule should be relaxed considerably and the same with the 'passivity' rule. If there is no score then the player should win on the quality rather than the number of attacks.

In my opinion the passivity rule and the need to attack more than your opponent has led more than anything else to the 'flop and drop' syndrome. At the present time it seems that the objective of the contest is to see who can attack first regardless of whether there is any possible chance of success.

Referees should be encouraged to relate more to the players and be less pompous and officious. They should encourage skilful judo and keep the contest moving and, more important, they should see their role as educational, not simply as enforcers of the rules, as seems to be in vogue at the moment. I would suggest that a high percentage referees do not interpret the rules as well as they might; certainly they do not have any feeling for the players.

Which raises the question . . . If the referees do not fully understand the rules how can we expect our young players to?

Well, there you have two very different points of view. Mr Palmer has indicated that he would like to hear from anyone with different ideas or suggestions and *Judo* magazine would also like to hear from you, so please write; it is important that you make your views known.

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ENQUIRIES CONCERNING THIS EVENT...Peter Golledge, 16 Whitewood Way, Whittington, Worcester.  
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