

# August 2014 E-Newsletter



## Regional League 2014/15

**Dates for your Diary**

### SPECIAL FEATURES

**UKCC Coaching Courses, Big Summer of Netball and U19 Regional Tournament**

### LOCAL NEWS

**Clubs, Courses, Competition, Back to Netball and much more!!**



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### CALENDAR

**Dates for your diary**

From helping people get back to netball to the Regional Performance Pathway. We are here to increase participation and raise the standard of netball, officiating and coaching from grassroots to national level here in the West Midlands.

# Welcome from Kerrie Jones Chair, Netball West Midlands

Well what a great summer of netball! There has been lots going on in the Region which you can read more about in this newsletter.

The new season is nearly with us and there will have been lots of planning and organising going on for competitions, tournaments, festivals and courses for the year ahead. If you are wanting to start out as a coach or umpire or advance onto the next level the dates for up and coming courses can be found on this newsletter.

Our new website has been launched over the summer and following a few teething problems with a little more updating to do it is now proving to be an excellent communication medium for the whole region.

If you want to contribute anything to this newsletter or anything for the website please send it into the regional office.

Next month the national Golden Globes will be held in Sheffield and we wish our West Midlands winners the best of luck. Let's hope we have some national winners to celebrate.

Enjoy the start of the season everyone.



## Dates for Your Diary



Date	Event	Venue
3 <sup>rd</sup> September	<a href="#">CAPS Assessment</a>	England Netball
13 <sup>th</sup> September	<a href="#">Senior Regional League</a>	Walsall Campus Sports Centre
14 <sup>th</sup> September	<a href="#">U19 Regional League</a>	Walsall Campus Sports Centre
20 <sup>th</sup> September	<a href="#">Make the Game Live Conference</a>	EIS, Sheffield
21 <sup>st</sup> September	<a href="#">U12 &amp; U13 Development League</a>	Walsall Campus Sports Centre
5 <sup>th</sup> October	<a href="#">Regional Management Board Meeting</a>	The Village Hotel, Walsall
22 <sup>nd</sup> October	<a href="#">Submission deadline for CAPS Assessment</a>	England Netball
26 <sup>th</sup> October	<a href="#">Regional Annual General Meeting</a>	The Village Hotel, Walsall

**Reminder:** The cut-off date for coaches holding the old England Netball Level 2 Coach Award to convert to the UKCC is 31st March 2015. There are now [UKCC L2 Conversion Courses](#) running across England with 1 in the [West Midlands](#). For more information on UKCC courses go to the England Netball website: <http://www.englandnetball.co.uk/make-the-game/coaching>

## West Midlands Courses

Course	Dates	County	Closing Deadline
Level 1	4 <sup>th</sup> & 25 <sup>th</sup> October 2014	Birmingham	FULL COURSE
Level 1	9 <sup>th</sup> & 30 <sup>th</sup> November 2014	Shropshire	10 <sup>th</sup> October 2014
Level 2	11 <sup>th</sup> & 12 <sup>th</sup> October, 15 <sup>th</sup> & 16 <sup>th</sup> November and 6 <sup>th</sup> December 2014	Birmingham	12 <sup>th</sup> September 2014
Level 1	1 <sup>st</sup> & 22 <sup>nd</sup> February 2015	Staffordshire	2 <sup>nd</sup> January 2015
Level 2 Conversion	11 <sup>th</sup> & 21 <sup>st</sup> January and 15 <sup>th</sup> February 2015	Staffordshire	12 <sup>th</sup> December 2014



### Why Coach?

For many netballers in England, their coach is the individual that empowers them to fulfil their potential, inspiring them to carry on playing and enjoy the sport. Having the passion, enthusiasm and willingness to learn are qualities needed by any coach

You may be a parent who wants to help at their child's local school or club, or maybe you have been playing for a while and want to explore a different way of getting involved in the sport. Whatever your reason for getting into coaching, we can help you to find the right training to progress your knowledge and understanding and give you the confidence to realise your coaching ambitions.

<http://www.englandnetball.co.uk/make-the-game/coaching>



## Regional League 2014/15



**Senior and Under 19 Regional League dates September to December:**

Division 1 & 2	U19
13 <sup>th</sup> September	14 <sup>th</sup> September
20 <sup>th</sup> September	21 <sup>st</sup> September
27 <sup>th</sup> September	28 <sup>th</sup> September
4 <sup>th</sup> October	12 <sup>th</sup> October
11 <sup>th</sup> October	19 <sup>th</sup> October
18 <sup>th</sup> October	9 <sup>th</sup> November
8 <sup>th</sup> November	23 <sup>rd</sup> November
15 <sup>th</sup> November	30 <sup>th</sup> November
22 <sup>nd</sup> November	<b>RESERVE date for some play offs:</b>
6 <sup>th</sup> December	14 <sup>th</sup> December
13 <sup>th</sup> December	



For more regional league information visit: <http://www.netballwestmidlands.co.uk/competition/>

### SENIOR REGIONAL LEAGUE TEAMS

Division 1	Division 2
B.A.I	Copsewood Diamonds
Bournville	Elmdon
Dudley Leisure	Foxes
Worcs Whites	Midrange
Henley	Recycles
Leamington	Saracens
Linden	Sutton Town
Lyndon Centre	Tibberton Star
Newcastle Town	Westside
Parkside	Yendys

### U19 REGIONAL LEAGUE TEAMS

<b>U19</b>	Westside
Henley	Birmingham Tigers
Blues & Golds	Linden
Tibberton	Lyndon Centre
Newcastle Town	Barr Beacon
Elmdon	Yendys
Sutton Royals	Copsewood Diamonds
Worcester	Saracens



**U19 Regional Tournament**

On Saturday 12th July, 8 teams from the region competed in the annual U19 Regional Tournament. The tournament was held at the Phoenix Leisure Centre in Telford, results of the tournament are below.

[Click here for the Tournament Results](#)

Teams

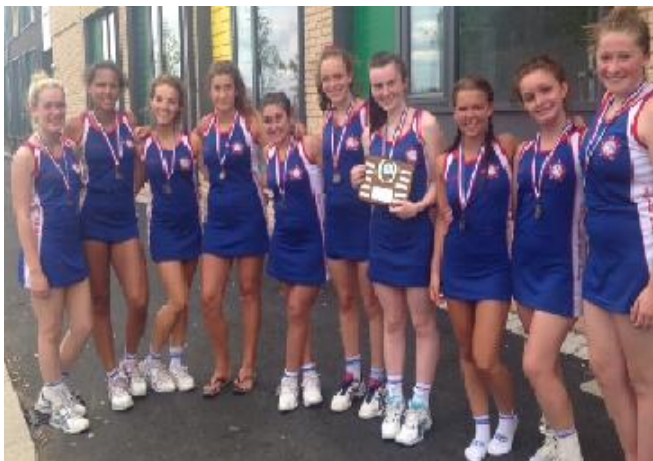
Linden, Sutton Royals, Alfabetts, Flames, Lyndon Centre, Henley, Barr Beacon & Copsewood Diamonds. Well done to all the teams for participating!



*Winners Linden Netball Club pictured above*

**U19 Regional Tournament**

*Runners up Sutton Royals pictured below*



**Netball Performance Foundation League**



With an incredible start to the weekend setting the bar high, the whole team did us proud. Right from the start, other teams knew we were here to win games, and we definitely boosted our reputation.

Our first game was one of the best of the whole weekend, with a score of 25 -10! We had a team aim to keep intensity high throughout the whole weekend and we gave everything we had each time we stepped on court. With consistent performances from defence our turnover rate was high. In attack, after a few games, we started to gel. We became a great team, working as a unit and doing West Midlands proud by getting into the Cup division for the second day of the tournament. The second day was always going to be tough, but we stood our ground and had another great morning by coming away with a strong win. Unfortunately, we lost the next 3 games, with two of these being within 1 goal. We battled hard, and even when we were losing, our intensity remained. Our final game was definitely a physical challenge for everyone, but we fought hard and played to the final whistle, coming away with a draw.

It's been an amazing weekend, with a great team and great support. A big thank you goes out to Lesley Blair and Pam Hesson for great coaching, Ash Green for giving up her time to score and last but not least Ash Hurrell, who kept us all in one piece and playing to a full potential. Unfortunately, we had two injuries over the weekend and our best wishes go out to Lucy Mattimore and Lucy Parize, get better soon!

Overall, it was a great weekend and 5th in the Country is definitely an achievement for us all!

- **Maddie Turner (Captain)**



## Dudley Netball League



This season saw **the Dudley Netball League** return to George Salter Academy, celebrating their 40<sup>th</sup> Anniversary at the place where it all began so many years earlier as the *Dudley & District Netball League*.

Each season the League has been committed to raising funds to support local charities and this year has seen them driving support for a cause very close to their hearts. Local netballer, Lee Willington tragically suffered a cardiac arrest whilst playing a netball match for her team Zeus. Lee survived but has been left severely brain damaged and is reliant on constant care from her family. With a partner and two children under the age of 5, Dudley Netball League wanted to help support the family any way they could and committed themselves to raising £3000 to help fund a special chair for Lee. They could not have anticipated the response they received from the netballing community...

In the 14 weeks since the League played its first matches of 2014 they have seen donations pour in from just about everyone possible; teams, players, umpires, Walsall Netball League, pupils from the School where Lee taught, local businesses, along with friends and colleagues of players and the league totalling over £2350. To further support with fundraising, Midrange Netball Club held a family fun day on Sunday 6<sup>th</sup> July which included a netball tournament, bouncy castles, netball stands, candy cart, minion mascot, raffle and tombola. A total of 28 teams played netball and over 350 participants, umpires and spectators took part in the special event. With the League still to hold a charity evening at Sedgeley Working Mens Club on the 29<sup>th</sup> July, it's looking likely they are going to smash their target with donations of a TV, signed football shirts, vouchers and many more items for the raffle. Even the venue and evening's entertainment have been gifted in aid of such a great cause.



Whilst in pursuit of raising funds, the League has been at the forefront of raising awareness of Lee's cause and have even helped secure funding, along with George Salter Academy, from the British Heart Foundation and Ambulance Trust for an AED which will be on site at the Academy and available for both the League, School and community use. Kate Roberts, Coaching Development Officer at George Salter Academy said of the league and AED *'When the Dudley Netball League decided to relocate to George Salter Academy this year we worked hard to ensure a high standard facility which accommodated the leagues requirements. With this came the request for an AED to be installed onto the community site. The committee discussed at lengths the importance of the defibrillator and why this was so close to their hearts. The Academy and committee then worked together and produced a bid to the British Heart Foundation to have an AED installed on the premises. We are delighted as an Academy to have had the bid approved and to now provide a community sports facilities that is much more equipped to deal with a heart attack'*.

It's been an astonishing effort from the League Committee and the response from the netballing community has been astounding, everyone has come together to support a very special cause.

**Pictured above are representatives from Dudley Netball League (L-R) Rose Peakman (Match & Registration), Carol Finlan (Fundraising), Diane Parkes (Honorary Member) and Jo Steventon (Vice Chairman).**





## Local News

### Back to Netball



### B2N Festival success in Warwickshire

Over the last six months, over 180 new Back to Netballers have taken to the court throughout Warwickshire as part of England Netball's hugely successful Back to Netball programme. Six new courses have been launched across the county in Coventry, Rugby, Stratford and Leamington, which complement the existing programmes in Atherstone, Henley in Arden and Solihull.

In celebration of this recent surge in returning netball players, eight fabulous teams came together to compete in the Warwickshire B2N Festival at Caludon Castle in Coventry on Sunday 6<sup>th</sup> July 2014 and the sunshine even came out in their honour!

The teams were divided into two groups of four, playing a round robin in the group stages, followed by play offs and finals. Group 1 saw Atherstone dominate their games, demonstrating their progress through the Back to Netball ranks, with Stratford 1 finishing the group stage in 2<sup>nd</sup> place, followed by, Leamington and Queen's Diamonds 1. Whilst Henley Hot Shots showed similar dominance in Group 2, disaster struck Bablake, as paramedics were called to treat one of their injured players. Two wins from three, saw Queen's Diamonds 2 finish runners up, followed by Stratford 2 and Bablake.

The playoff games saw a number of closely contested games. Whilst Atherstone eased into the final, Stratford's journey was far less straightforward, with extra time and a nail-biting Golden Goal deciding the outcome of the second semi-final.

With black clouds descending, the final saw Atherstone emerge victorious (10-4) despite some determined play from Stratford 1, with Henley Shots narrowly beating the Queen's Diamonds in the 3<sup>rd</sup> and 4<sup>th</sup> place match.

Sarah Taylor, Warwickshire Netball Development Officer, was thrilled with the number of entries and the way in which the teams embraced the event. 'It is absolutely fantastic that we have been able to bring together Warwickshire's B2N players and provide the opportunity to compete against each other. Congratulations to all the players and coaches, with sincere thanks to the umpires for helping to ensure the smooth running of the day.'

A total of £62 was also raised for England Netball's official charity Cancer Research UK, so many thanks for the kind donations.

### Final Positioning

1<sup>st</sup> Atherstone Adders

2<sup>nd</sup> Stratford 1

3<sup>rd</sup> Henley Hot Shots

4<sup>th</sup> Queen's Diamonds 2

5<sup>th</sup> Stratford 2

6<sup>th</sup> Leamington

7<sup>th</sup> Queen's Diamonds 1

8<sup>th</sup> Bablake



## back to netball

### Regional Back to Netball Festival announced

following the success of previous years we are happy to announce the details of the autumn regional back to netball festival!

**Date:** Sunday 12<sup>th</sup> October, 10.00am – 4.00pm

**Location:** George Salter Academy, West Bromwich

For more information and how to enter visit here:

<http://www.netballwestmidlands.co.uk/back-to-netball-festival/>



## Local News

### Tibberton Netball Success



#### **Tibberton triumphant at Shropshire Netball Leagues tournament**

Sunday 29<sup>th</sup> June saw netball teams from all over Shropshire descend on Church Stretton for the annual Shropshire Tournament. Four different age groups of U11's, U14's U16's and 'Open' competed to win the Shropshire titles.

Tibberton had entered 7 teams in total and came away with plenty to celebrate.

In the U11's section Tibberton Totties finished in Runners-Up position with a squad of 8 players being led by their coach Kath Hardman. Totties played some lovely netball with the whole squad working very well together.

The U14's Elite team Terrifiers had to go on to play extra time in a nail biting final with the winners being decided on the first goal scored. Tait Furnival held her nerve as GA and managed to sink the ball through the net to win the game, with the spectators going wild and the Coaches Karyn Shimmons and Dani Shimmons in tears.

In the U16 competition Coaches Nicky Cooper and Vikki Woodman were determined to field a squad that would bring this title home. Nic Cooper said 'This competition is very special to our Club as the U16 trophy is the 'Siobhan Pritchard Memorial Cup'. Siobhan was a member of our Club for many years but lost her battle to Cancer in 2011. Since then our U16's team have been set the target to win this trophy every year. Our girls took to the court with determination and I am delighted to say we came home victorious'.

Coach Karen Bennett decided to put a joint Tibberton team together for the 'Open' section of this tournament. Tibberton Starz saw a mixture of the Elite Under 19 with a handful of the Elite adults and wow, what a combination that proved to be. Tibberton Starz won the tournament without a single loss throughout the whole afternoon. The squad played fantastically together working really hard in both attack and defence to look after the ball and play some fast yet controlled netball. Captain Nicci Haycox said, "It was a pleasure to play with such talented youngsters. They play with pace and composure and the elite adult team can look forward to a bright future with these players coming through."

Club Manager June Byrne had the final word on the day; "I am so very proud of all the Tibberton players, coaches, umpires and managers today. We are celebrating our 25<sup>th</sup> Anniversary this year and what a way to do it, trophies galore."





## Big Summer of Netball



On Sunday 6<sup>th</sup> July **Midrange Netball Club** held a fantastic family fun day of netball which saw 28 teams and over 350 participants, umpires and spectators attending. The day was held in support of and attended by a local netballer who suffered a cardiac arrest whilst playing netball. With netball as the order of the day it also featured bouncy castles for children and adults, netball stands, candy cart, minion mascot, raffle, tombola and local sports shop promoting netball merchandise and equipment. Teams brought along their families who all supported a brilliant day in support of a brilliant cause. Of the tournament, teams said...

**Reunion** 'A fabulous, well organised day, with everyone pulling together'

**Panthers** 'Very well organised, great atmosphere from players and umpires, refreshments to hand—

Only negative – too many cakes on sale (weigh in day tomorrow)'

**Ryland** 'Excellent day, fun for all involved, very worthy cause and a pleasure to be involved'

**West Bromwich** 'Today has been very well run and a chilled out atmosphere with a good standard of netball. All round, we would like to say thanks for Midrange for organising such a positive

Experience'

**Stourbridge Jets** 'Really well organised, good day all round'

**The Tournament also benefited from Enland Netball 'Big Summer of Netball' funding!**

## Netball Now West Midlands

Netball Now at Caludon Castle in Coventry has proved a summer hit with over 30 women making the most of England Netball's 'pay and play' initiative. Sarah Taylor, Warwickshire Netball Development Officer has been thrilled with the response, stating that 'Netball Now has provided a fantastic opportunity for participants in Coventry to continue playing throughout the summer, whether it might be as a stop-gap before the new season begins, as an alternative to the gym or simply a fun, social opportunity to play a game of netball in the sun!'



## BSN Funding

Warwick University have come together in July & August to compete in a hotly-contested workplace mixed league. CSW Sport, Hot Shots, Winging It, Seven Beans & Warwick Medics have enjoyed some closely fought games and at the time of writing, with a few games left to play, three teams remain unbeaten.

League organiser Katie Barlow has been crucial in driving the event, which has been keenly received by all participants. Tracy Murphy, Chair of Warwickshire County Netball Association has been thoroughly impressed with Katie's passion and enthusiasm to provide participation opportunities for local players stating that 'volunteers are so crucial to the ongoing success of local netball initiatives and Katie has been responsible for organising a really successful summer event that will undoubtedly become a regular feature in our netball calendar'.

During the week of the 28<sup>th</sup> August 2014, England Netball held its inaugural Netball Youth Camp (NYC) at Walsall Campus Sports Centre. A new venture for England Netball, the summer camps are between 3 to 5 days of netball fun, skills and fitness for 9 – 16 year olds. With 12 participants booked onto the camp, the week featured attacking netball skills including reverse pivot and Pamela Cookey special skill – front cut. It also included defending workshops featuring stage 1 defence, stage 2 defence and reverse hand along with some shooting and movement round the circle workshops. All of which were delivered by qualified Level 2 and County Academy coach; Abi with support from local Netball Development Officer; Stacy and Netball Development Community Coach; Zoe. The girls also got to have a go at umpiring, cheer on the England Netball team at the Commonwealth Games and receive some coaching from local Loughborough Lightning star Lauren Massey!

*Of the camp, one of the parents said.. 'Many thanks for a fantastic week - Ellie really loved it and found the whole experience great fun and a great help to her game. A big thank you to you and all the coaches who worked so hard to make it a success - everything was so well organised with fabulous facilities and a great balance of fun between fitness, coaching, match play and even learning from watching the Commonwealth matches. I really hope it's the start of even more successful future camps. It has been a great motivator in what is usually a quiet time of the season for the girls.'*

The Netball Youth Camps are now coming to an end for the summer of 2014 but will be back and even bigger in 2015! So make sure you visit the West Midlands website [www.westmidlandsnetball.co.uk](http://www.westmidlandsnetball.co.uk) to find out when and where the next camps will be held.



**Q & A's with Loughborough Lightning  
and previous West Mids netballer  
Lauren Massey**



A small, but nonetheless mighty group of 9-11 year olds came together this week for Warwickshire's inaugural Netball Youth Camp in Leamington Spa. Determination and focus were mixed with fun and giggles, as the players took part in a whole host of skills sessions, court play development and fitness challenges.

With the sun shining, a busy camp schedule lead by Lucy Cassidy, Sarah Taylor and Philippa Whittle, saw the young players put through their paces on court, whilst the daily skills challenge allowed them to track their progress throughout the week. The girls could be seen working hard on individual and group drills to develop various aspects of their game, with regular opportunities to transfer those skills into match play. A range of fundamental skills were covered including footwork, ball handling and shooting, whilst the ability and attitude of the players allowed the coaching team to introduce more complex skills for this age group including reverse pivots, split landings and holding a space.

A camp visit by England u21 and Loughborough Lightning player Lauren Massey, gave the girls the opportunity to learn about the lifestyle of a top level player, as well as pick up useful tips and advice. Lauren showed the girls how to successfully turn in the air and worked through sequences down the court. "England Netball's NYCs provide a superb opportunity for more girls to get active and playing netball from a young age. By experiencing high level coaching in a fun and friendly camp environment, they will take the skills they have developed back to their schools and clubs and hopefully more girls will be inspired to start playing netball."

Without exception, every one of the young players took part in the camp with enthusiasm and a really encouraging desire to improve. They should all be commended for their attitude and sportsmanship and it is fantastic that: "Brilliant", "Active", "Amazing", "Fun", "Interesting", "Awesome" and "Excellent" cover their one-word summaries of the week. We certainly look forward to tracking the progress of the participants, as well as building on the success of the camp.



## ENGLAND NETBALL - ELECTION OF DIRECTORS

Kerrie Jones our West Midlands Regional Chair is also a Director of England Netball and at this year's AGM she is nominated for re-election.

Kerrie has been a Director of England Netball for 7 years and having been a volunteer at Club, County and Regional level for over 25 years she always ensures that the views of the members and grassroots netball are represented around the Board table.

The voting papers have been sent with the AGM paperwork which will have been received by all affiliated clubs and counties so please use your vote returning it to England Netball head office by 15th September.





## Local News High 5 in Birmingham



High 5 Netball is gaining momentum in Birmingham with a number of events held including the first ever High 5 Primary School Games held in July, 34 primary school teachers attending High 5 Workshops with more planned in September/October, a High 5 Netball taster at Kings Norton Girls School for 7/8 primary schools and the first Into High 5 at North Birmingham Academy

### High 5 Netball coaching in the community for under 11's

**Location:** North Birmingham Academy. B23 7AU

**Day:** Friday (every week including school holidays)

**Time:** 5.15pm - 6.15pm

**Price:** £2.50

**Who is this for?** Girls and boys under 11 years old

Register early for FREE TASTER SESSIONS

**Contact:**

Val Thomas 07854 090632 or email [val.thomas@englandnetball.co.uk](mailto:val.thomas@englandnetball.co.uk)



### BIRMINGHAM PRIMARY & SECONDARY SCHOOL GAMES

11 teams took part in the Primary School Games Netball Finals Held at King Edward VI School for Girls. The winners were New Oscott beating Moseley School in the Final and Colmers taking 3rd place. Very many thanks to young leaders from senior schools who helped with umpiring, scoring, timing etc.

Years 7 & 8

**Winners:** Fairfax School

**Runners Up:** Edgbaston High School

Some great netball played by 17 teams at the finals of the recent Birmingham Secondary School Games held at Shenley Academy.

Year 9 & 10

**Winners:** King Edward VI Camp Hill Girls

**Runners Up:** King Edward VI Handsworth Girls

*The School Games were organised by Sport Birmingham, formerly Birmingham Sport and Physical Activity.*

**Thank you to everyone supporting Netball in the West Midlands!**

The West Midlands have contributed 17% to the overall increase rate in Netball in the most recent APS (active people survey) figures!



# Make the Game Live!



After the success of the 2013 Make the Game Live Conference England Netball will be delivering another joint coaching and officiating conference for 2014 that will be bigger and better.

This event is an opportunity for coaches and umpires to get together and hear from experts in the field. Sessions will cover an array of topics so there is sure to be something for everyone. This is an ideal opportunity to get some extra ideas, learn from others and share knowledge as well as see some of our admired coaches and umpires deliver. Join us for an inspiring and engaging weekend of practical workshops and seminars.

**Venue:** The EIS, Sheffield

**Time:** Saturday 20th (11.00 registration-5.40pm) & Sunday 21st (9am-4.00pm) September 2014

**Cost:** a range of packages are available for members and non –members\*, this includes an extra package which also includes a Goalden Globe ticket

**Evening entertainment:** delegates can join us for a fantastic evening celebrating and recognising all of the Regional nominees at the national Goalden Globe awards. Please select the Make the Game live Extra package which includes a discount Goalden Globe ticket.

**Accommodation:** accommodation is not included in any of the packages, however we have partnered with front line venues who will be able to assist all delegates in finding suitable accommodation locally. Telephone 01905 779288 or email [netball@frontlinevenues.com](mailto:netball@frontlinevenues.com)

**How to book:** Go to [www.netballevents.co.uk](http://www.netballevents.co.uk) (please ensure you select the correct package and read all of the information in regards to each as bookings will only be accepted if all details are provided)

The England Netball AGM will be taking place prior to the start of the conference. Notices and documentations regarding the arrangements for the AGM will be sent out to the appropriate members and will be available to download in MyNet. If you are not entitled to receive a copy of the Notices but would like to obtain a copy or attend, please contact your club secretary who will have all the relevant information by 31st August

\*Head Coaches at England Netball County and Satellite academies will need to contact their County Performance lead/chair in regards to booking details and support available in regards to booking their place on the conference. You will need to book a Goalden Globe ticket separately if you wish to attend.

## **NEW Development League opportunities – Express an interest by 1<sup>st</sup> September!**

The Competition TSG has proposed a Senior Development League and a Junior Development League (U16 & U14) running Easter to July 2015 at Walsall Campus Sports Centre. If enough teams express an interest more information will be provided. The Senior Development is for clubs without a team in Division 1 & 2 in the regional league.

Express an interest to [westmidlands@enalandnetball.co.uk](mailto:westmidlands@enalandnetball.co.uk) by the 1<sup>st</sup> September!



## Officiating Feature



**Worcestershire & Hereford Netball Development Officer Lucy Cassidy met with local umpire Sue Bentley, to discuss life as a Netball Umpire.**

How long have you been umpiring for? 15 years

What level/ league do you umpire? Local league and Premier League 1 & 4

How far do you travel to umpire and how often? Up to 5 miles, twice weekly

What made you interested in umpiring? To help my club and teams

What do you love about umpiring? Helping others understand the game and basic rules

Does umpiring keep you fit? Yes and active

How do you personally keep up to date with the game? League updates and England netball

Do you still play netball and if so does this help? YES to both

What do you think could be improved about the standardization of umpiring in your county? Players to respect Umpires whatever level, we all need to start somewhere young or old

Tell us about a great game or memorable moment... Every Game is different; it is the excitement of how teams can change a game to achieve a result

Do you feel that an umpire can swing the game for a team? Sometimes yes, when emotions need to be controlled of players

What do you find frustrating about umpiring? Out of area players understanding the respect of umpires

How do you keep match fit? As player, exercise classes and running

### Shropshire School Games

On the 1st and 2nd July hundreds of young people from across the county came together to compete in the Summer Shropshire Homes School Sport Festival, as part of Sainsbury's School Games.

Over 1,000 young people from 47 primary and 26 secondary schools took part in 13 different sports competitions including cycling, netball, tennis, rounder's and goal ball.

#### NETBALL RESULTS

**Year 7:** Winners - Newport Girls High & Runner up - William Brookes School

**Year 8:** Winners - Newport Girls High & Runner up - William Brookes School







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**STACY MOUND**

Staffordshire & South Staffordshire Netball Development Officer

 [@NetballOfficer](https://twitter.com/NetballOfficer) 



**ZOE WANKLIN**

Netball Development Community Coach, Black Country

 [@B2NBlackCountry](https://twitter.com/B2NBlackCountry) 



**RUTH HUGHES**

Shropshire Netball Development Officer

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**PAULINE KNIGHT**

Birmingham Netball Development Officer

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**VAL THOMAS**

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**LUCY CASSIDY**

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