

JUDO



JULY
1982
Number 24

85p

& OLYMPIC SPORTS SCENE



In this issue... Senior European Judo Event.

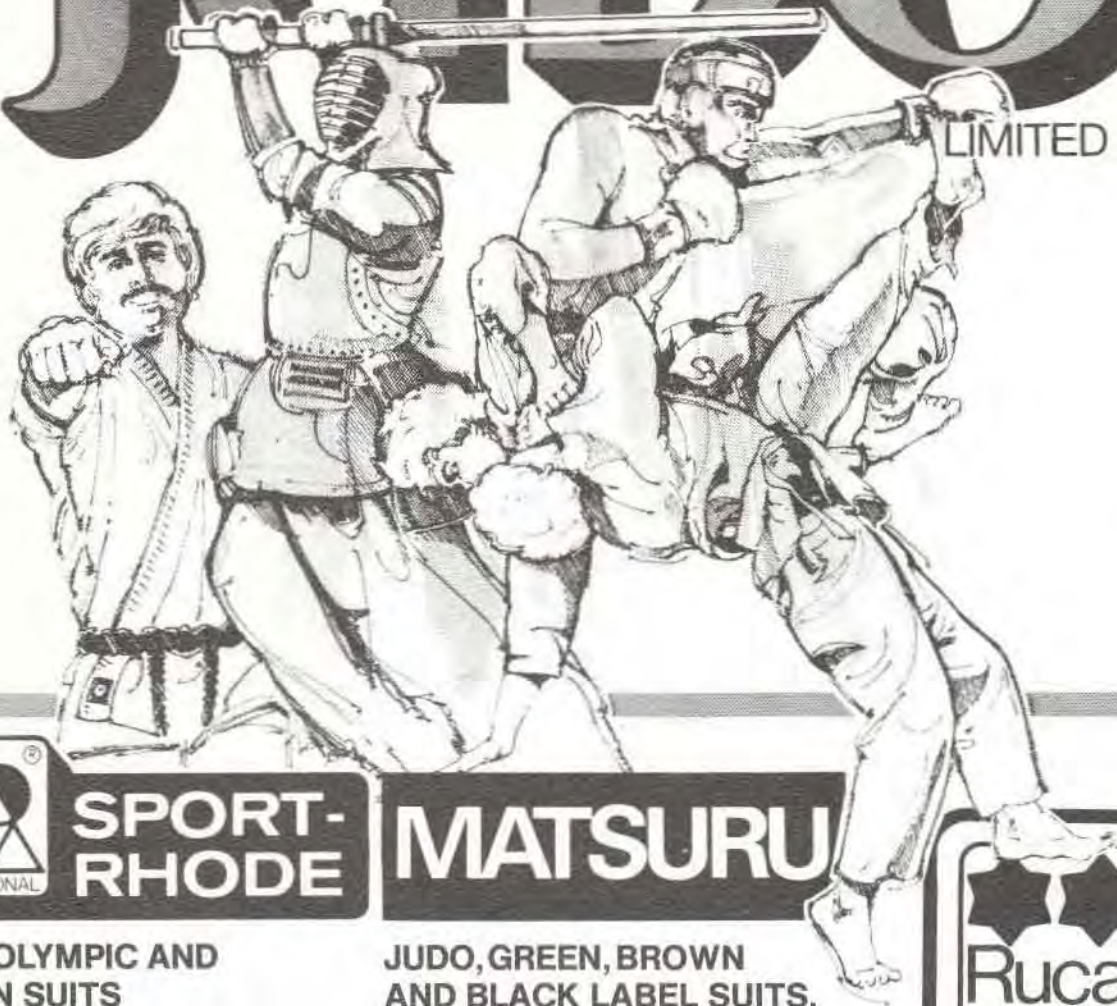
Weight-Lifting... Researched by Tony Matthews.

B.S.J.A.... Report on French Trip and Competition.

Guest Writer... Peter Mintoft on Basketball and the progress in Schools and at Junior level.

plus 'Sports Shorts' and all the Judo and Olympic News.

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"So!" said the wise guy, "The last issue was O.K. because it was the first of the new style. The trouble is, how do you follow it?" Well, this is how. First we have the acting British Assistant Team Manager for the European Judo Championships, Peter Brown M.B.E. writing about the event plus a nice portfolio of pictures from David Finch with a two page feature across the centre pages of some impressive action. (Pages 5-8 and 16 and 17).

Then Tony Matthews researches weight-lifting with a really interesting article about the sport together with pictures of British Champion Chemma Singh in training, (Pages 9-11) and some fascinating snippets about the sport.

Eric Woodward writes about his first view on women in judo in a style you can't ignore and really gives the view of the uncommitted outsider when first introduced to the sport. (Pages 13-14). The British Schools Judo Association's trip to France and their International Girls and Boys match is reported on by B.S.J.A. Liaison Officer, John Beard on Pages 26-27 which really underlines the

progress the school-children are making since joining up with the British Judo Association. The Midland Area Team

COVER PICTURE...

Torst Reissman (East Germany) attacks Thierry Rey in the opening seconds of the Under-65 kilo Final—1982 European Championships.

JUDO Contents

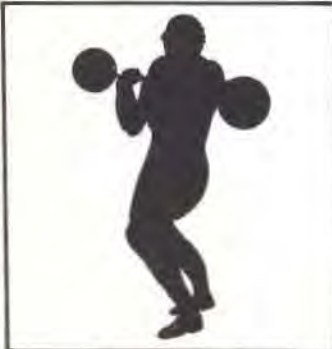
& OLYMPIC SPORTS SCENE

Judo Championships for Men is on Pages 19, 20 and 21 whilst Peter Mintoft E.B.B.A. Regional Coaching Officer is our guest writer on Basketball featuring the chances British players have in future Olympics (Pages 23-25).

Sports-shorts (Page 22) and the Midland Area Womens Open Championships on Pages 29-30 complete the line-up plus our usual Diary Page and all the other news.

And...just to prove it's going to continue...next month's 'Judo and Olympic Sports Scene' features, "The British National Power-Lifting Championships," The Southern Area Open Judo Championships, Tony Matthews on Gymnastics and the National Team Championships for Women from Crystal Palace (Judo). There is also news from the Annual General Meeting of the British Judo Association and more...

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JUDO

& OLYMPIC SPORTS SCENE



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JUDO DIARY

NATIONAL AND INTERNATIONAL EVENTS

- 10th July**
British National Championships for Women (Closed)
Worthing, Sussex
- 31st July**
National Kata Course, Burrows Hill School,
Guildford
- 3rd to 7th August**
World University Judo Championships, Finland

AREA EVENTS

- 4th July**
Llangollen Shield-Kearsley Cup Tournament,
Sutton High School, St. Helens
- 17th July**
*Jack Law Team Championships, Haden Hill LC,
Junior Team Event—Contact Roland Lee, 7 Ash Grove, Wem
- 24th July**
*Midland Area Lower Grades Junior Championships,
Haden Hill LC
(*Both the above events are open to all Areas)
- 11th July**
Kent Open Championships, Black Lion SC

- 18th July**
Western Area Dan Grading, Midsomer Norton
- 1st August**
Dan Grading, Ryecroft Judokwai, Beeston, Nottingham
(1st Kyu to 3rd Dan—10-00am)

MIDLAND AREA PROMOTIONAL EXAMINATIONS

- Sunday 4th July**
Boys All Grades, Sankey—9-30am
Boys, Beginners to 2nd Mon, Nottingham—9-30am
Women, Kyu, Northampton—9-30am
Men, Kyu, Worcester—9-30am
Girls up to 9th Mon, Bingham—9-30am
- Sunday 11th July**
Boys All Grades, Kettering—9-30am
- Sunday 8th August**
Girls up to 9th Mon, Hinckley Judo Club—9-30am
Boys, Beginners to 4th Mon, Alfreton Judo Club—9-30am
Boys, 5th Mon and above, Alfreton Judo Club—12-30pm
- Sunday 15th August**
Boys All Grades, Worcester, St. Pauls—9-30am
- Sunday 22nd August**
Men, Beginners to 6th Kyu, Scunthorpe—1.00pm
Men, 7th Kyu and above, Scunthorpe—2-00pm
Men, Kyu Grades, Leicester—9-30am



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1982 SENIOR EUROPEAN JUDO CHAMPIONSHIPS

The 1982 European Judo Championships were held from 13th to 16th May in Rostock, East Germany. The team selected by Arthur Mapp (GB Team Manager) consisted of:—

Coach	Paul Radburn
Heavy—Over 95 kilo	Errol Carnegie
Light Heavy—95 kilo	Nick Kokotaylo
Middleweight—86 kilo	Bill Ward
Half Middleweight—78 kilo	Neil Adams
Lightweight—71 kilos	Chris Bowles
Half Lightweight—65 kilo	Kerrith Brown
Extra Lightweight—Under-60 kilo	Peter Middleton
Physiotherapist	David Hughes

Referees that travelled with the team were:—
Gordon Mortimer, Ray Topple and Eddie Ainsworth.

Having very much regretted not being able to go with the Falklands Task Force I was delighted to support Great Britain in another role when I was invited to be the Assistant Team Manager for these Championships.

Prior to the European Championships the whole GB squad travelled directly from the British Open Championships to the Commando Training Centre Royal Marines at Lymstone in Devon for an intensive training week from 11th to 17th May. Some of the training was shown on ITV when the whole squad completed the Endurance Course at the end of the week's hard training.

The team travelled to Rostock in a manner designed to daunt the most seasoned player, because of a plane delay the team ended up waiting for a midnight train in East Berlin, which eventually found its way to Rostock at 0330 in the morning. Then there was another two hours of formalities and documentation.

The following day was spent on further documentation 'identity control' and visiting the competition area in the 'Sports and Congress Hall', some 20 minutes from the Hotel. This contained a training mat which the British team were first to use every day.

The championships commenced on Thursday 13th May with the Over-95 kilo and 95 kilo categories. These continued through the week with two weight categories per day, always commencing at 2-00pm, with the finals in the early evening.

Each day the Stadium was packed to its 5,000 seat capacity,

together with swarms of autograph-collecting children. The general knowledge of judo personalities was impressive and the wide national coverage on TV had obviously contributed to this.

The programme was as follows:—

Thursday 13th May	
Over 95 kilo	Errol Carnegie
95 kilo	Nick Kokotaylo
Friday 14th May	
86 kilo	Bill Ward
78 kilo	Neil Adams
Saturday 15th May	
71 kilo	Chris Bowles
65 kilo	Kerrith Brown
Sunday 16th May	
60 kilo	Peter Middleton
Open	Paul Radburn

Each day developed its own atmosphere depending upon the personalities and weight categories involved. The knockout and double repechage system was used.

For the first British contest, Over-95 kilo Carnegie (GB) met Reszko (Poland) and although Carnegie attacked well he was countered by a rather clumsy rear throw, which led to a holdown for Ippon against him. Reszko eventually lost to Angelo Parisi (France) and Carnegie fought well in the repechage versus Salonen (Finland) but eased off on his attacks to the Finn's advantage as he received the decision.

All British eyes then went on Nick Kokotaylo (95 kilo) who faced Athnassow (Bulgaria). Kokotaylo fought well and seemed to have the edge over his opponent but then went on to the ground and the Bulgarian lost no time in beating Kokotaylo with a strangle.

The Under-95 kilo category provided one of the most exciting highlights of the Championships when ex-patriot Angelo Parisi (France) fought Rezszo (Poland) in the semi-final having already beaten Veritchev (USSR) and Cion (Rumania). After so much tactically proficient, but boring judo Parisi brought the stadium to its feet, when he threw Rezszo for Ippon with a beautiful Seoinage throw. This was the judo that everyone wanted to see rather than some of the limited 'judo' that has emanated from the Soviet bloc countries.



**REPORT BY ACTING ASSISTANT
TEAM MANAGER: PETER BROWN
M.B.E.
PHOTOS: DAVID FINCH**



In the final, Parisi could not get his grip and Stohr of East Germany successfully held him off, despite some frantic work, to gain the Gold medal. Parisi still does the same positive and deadly entry that he did during his peak in Britain. With his animal-like movement he stalks his prey, dismissing the peripheral tactics, with a positiveness that is admirable. On this occasion however he had to settle for a Silver medal. For Britain it was day one and no medals but with optimism for day two.

Day two saw Bill Ward (86 kilos) and Neil Adams (78 kilos) compete for Great Britain. Agonisingly both contests commenced at the same time, so loyalties were divided between the two mats. Ward (GB) met Jeppsson (Sweden) in the first round, whom he beat. He then met Garcia (Spain) and despite an excellent fighting spirit could not get the grip needed to complete his Uchi-mata throw, which twice nearly toppled the Spaniard with a one-hand grip, and Garcia won the contest. Garcia was then beaten by Jachkevich (USSR) who eventually won the Gold medal by beating Vecchi (Italy) in the final. Ward came back in the repechage but lost to Sosna (Czechoslovakia).

One surprise in the 86 kilo category occurred when Ultsch (East Germany) was beaten by Vecchi (Italy) in the first round. Vecchi went on to win the Silver medal, whilst Ultsch fought his way back in the repechage to beat Garcia (Spain) for a Bronze medal.

Meanwhile Neil Adams (GB) was trying to fight his way through one of the toughest pools of his judo career. Out of four groups he ended up in group three in the company of Nagysolyosi (Hungary), Nowak (France), Khabareli (USSR) and Kunze (East Germany).

In the two very big tough contests Adams beat Nagysolyosi (Hungary) and then Novak but then lost to Khabareli as a result of a Chui penalty for an attempted Tomoeage throw. Khabareli then beat Myllyia (Finland) to get to the finals in which he lost to Fratica (Rumania) for a Silver medal.

The Adams v Nowak match illustrated the high level of tactics involved. Nowak had scored a Koka went completely defensive and after Adams had almost succeeded with a Juji-gatame armlock he would not go near the ground. This defensive judo almost prevented Adams from winning by a Koka.

A rather tired Adams then had to start again in the repechage where he beat Kunze (East Germany), then Kjellin (Sweden) and finally Lescak (Yugoslavia) for a Bronze medal. There was no doubt that Neil Adams was the more skilled player in his contests but tactics are such that they reduce skills to its minimum and in most cases tactics won the contest. Although hoping for more, Adams will always remember the work he had to put in for that Bronze medal. The same realisation was also apparent to the remainder of the British team who had yet to fight.

Day three—Saturday 15th May—the 71 kilo (Chris Bowles and 65 kilo (Kerrith Brown Categories. Bowles (GB) had to fight Gamba (Italy) in his first contest. Despite Bowles' continuous attacks, Gamba was on tremendous form and he won the contest by a Yuko score. Gamba then carried on his good form to beat Molnar (Hungary), Tuma (Czechoslovakia) and then Lehman (East Germany) in the final for the Gold medal.

Bowles came back in the repechage to beat Tambur (Belgium) but then met Molnar (Hungary) and the Hungarian went through with a Yuko score. Bowles was fully capable of beating Gamba but on this occasion did not employ the tactics to do so.

Kerrith Brown (65 kilo) also fought at the same time as Chris Bowles on the adjoining mat. He met Amstutz (Switzerland) in the first round and although technically the better judo player he was not able to apply the tactics to beat his opponent and he lost by a Yuko to his two Kokas. Amstutz then lost to Rosati (Italy) who was in turn beaten by Reissman (East Germany) and so Brown could not return via the repechage.

Reissman was on excellent form, performing in front of a home crowd. His sheer speed of attack and clear tactical ability combined with superb throwing skills gained him the Gold medal after he had beaten Rey (France) with a textbook Uchimata for Ippon.

The 71 kilo Final between Lehman (East Germany) and Gamba (Italy) was the most telling of the East German aspirations in the whole championships and will be long remembered by all present.

With a peak Saturday attendance the East German spectators screamed for Lehman to win. There was no doubt in my mind that Gamba was the better player which he quickly

**Photo sequences 1 to 5
Adams defeats Lescak of Jugoslavia with Uchimata for Ippon
to win the 78 kilos Bronze medal.**



1—The magnificent Rostock Stadium during the opening ceremony. 2—Reszko of Poland, 1981 European Champion attacks Oszvar of Hungary in the Heavyweight contest. 3—Bill Ward, —86 kilos.

confirmed by scoring Yuko. Lehman spent most of his contest time stopping Gamba from getting a grip, in the crudest manner. The whole contest began to degenerate into a pushing/grabbing affair, with very little in the way of judo skills.

Nevertheless the 5,000 East German fans caused such a furore that perhaps the referee felt obliged to award the real attacker (Gamba) a Shido penalty for passivity. This was bad enough for Gamba supporters but the crowd kept up its furore and with less than 30 seconds to the end of the contest the judge penalised Gamba once again for passivity and awarded a Chui against him.

This caused a complete uproar as Gamba supporters (e.g. All non-East Germans) realised how effectively pressure appeared to have been brought to bear on the officials in this contest. Hantei was called and with a near-riot imminent both judges luckily awarded the contest to Gamba amid hysterical East German anger. Had the decision gone to Lehman there would almost certainly have been considerable disagreement. This indicates how crowd behaviour so common at football matches has now started to affect judo. This incident showed the worst side of sporting behaviour under the banner of 'Win at all costs' so clearly illustrated by the East Germans. They must have been very surprised at the furious reaction on this occasion.

On Sunday 16th May a very subdued British team then looked towards the last two fighters Peter Middleton (Under-60 kilos) and Paul Radburn (Open) to raise their spirits.

Peter Middleton was on good form and stood up well to Szabo (Rumania) in his first contest. Szabo played the whole contest very tactically and continually pulled Middleton to the edge of the mat for limited throwing attacks. His constant 'grip/attack' tactics stopped Middleton from opening up and he won the contest. Szabo then met Stollberg (East Germany) who had excellent attacking ability and he was knocked out, which meant no repechage for Middleton.

Stollberg then went on to win a Bronze medal having been beaten by Gherchev (Bulgaria). Gherchev met Tletseri (USSR) in the final and the Russian won the Gold medal.

The Open category attracted 19 entries and Paul Radburn didn't have to wait long for his first contest as he was on first versus Kocman (Czechoslovakia). Although fighting well he could not throw his opponent and

towards the end showed distress from a previous chest infection, so losing to Kocman. Kocman then lost to the huge Turin (USSR) who eventually won the Gold medal.

The Open final was, by most people's reckoning, the most boring of the whole Championships. That they should be remembered by the lumbering antics of Turin (USSR) and Oszvar (Hungary) did no credit to the sport.

When watching Turin in practise I was very impressed with his wide range of technically good throws and his high level of fitness for such a huge man. In contest against Oszvar he was only able to attack effectively with a rather poor Osoto-gari throw. Oszvar could not effectively attack and counter-attack the giant Turin to any effect. As a result this Open Final must have put hundreds of TV spectators off from ever going near the sport. Turin emerged as the Gold medallist.

So the 1982 European Championships closed, with the British Players rather despondent with only a Bronze medal between them. Needless to say there will have to be some very positive moves in the immediate future if Britain is to maintain its supremacy in the next Olympics.

The team could not have done more as each man gave his all. A mere glance at the opposition confirms my strongly held view that the European Championships is a lion-pit and is no place for amateurs with an amateur backing. I firmly believe that with good management our team can be great again but without effective management we could be out of the medals for five, maybe 10 years.

Many countries appear to be recognising that they are not able to compete with the professional level of communist bloc countries and chose not to compete in these Championships. With only 24 countries





Left: Angelo Parisi (France) +95 kilos Silver medallist. Right: Shota Khabarelli (USSR) Silver medallist -78 kilos. 1—Chris Bowles attacks Ezio Gamba -71 kilos Gold medallist. 2—Peter Middleton attacks Arpad Szabo (Romania) -60 kilos. 3-4—Adams (GB) v Nagysolmya (Hungary).



competing (out of 34 in the European Judo Union) the realisation that European medals are only available to the highly organised Soviet bloc countries may well reduce the interest and number of countries attending. It was murmured by more than one competitor that it is easier to get a medal in the Olympics than at European level.

One nation that didn't compete but got very much more involved was Japan, with the world's most sophisticated equipment the video crew filmed every move and

ence. Their vast training machine where children commence compulsory Sport and PE at five years, until they mature, makes one wonder exactly how the West thinks it may one day beat them. I believe it could be done but not with the present Western apathy and the generally pathetic PE programmes in schools, where we apparently prefer to concern ourselves with producing overweight and unhealthy intellectuals—of which we appear to have more than our fair share at present.

East Germany had some disappointments but to my mind have all the ingredients for future success i.e., Skill Tactics, Fitness and the Will to Win. You can also be sure that they have more than enough knowledge about the opponents they are likely to meet. One can only admire expert planning and preparation and hope that one day we can emulate it.

With their strong will to dominate and with complete political support they are formidable opponents. They can be beaten, but not without an equal commitment to full-time professional back-up. The West has yet to produce a countering philosophy to the East German approach, other than a Cinderella-like dream that everyone appears to believe in.

The 1982 European Championships were extremely well (almost too well) organised

and obviously no effort was spared to impress the visiting delegates. I heard little criticism of the Championships or the excellent facilities. My only criticism centred around being stuck in a lift for two hours, between floors, with a Mongolian, when I was trying to get to the Championships—but even Capitalist lifts break down occasionally. Needless to say I thoroughly enjoyed the trip and appreciate the BJA giving me the opportunity to be involved with the team.

PETER BROWN, MBE



counter-move. One could scan the whole congress hall to see the huge amount of legitimate spying that was taking place. Meanwhile with Britain in a recession, I struggled to make hasty notes.

You will see by the status of various countries on Page 17 where I have awarded three points for a Gold medal, two points for a Silver and one point for a Bronze.

The USSR is the top European force at present but even so I don't think that the Russians have any cause for complacency. I think that they expected to do very much better.

East Germany is second in the top-nation league. They brought the whole judo squad, including juniors, to watch and gain experi-



OLYMPIC WEIGHT LIFTING

by **TONY MATTHEWS**

In the 19th century, weightlifting, as we know it today, was virtually an unknown quantity. There were only a handful of senior professionals who as 'strong men' indulged in feats of strength in exhibitions, in theatres, at fayres, side-shows and village fêtes.

Weightlifting (or powerlifting) was included in the very first Olympic Games of 1896, albeit of very poor quality at that time, but it gave the sport a major, competitive boost, and standards, all over the world, soon began to soar dramatically—and in the next 20 years it was a sport highly talked about and respected in all sports-minded countries.

Perhaps Britain's most successful weightlifter of all-time has been the Jamaican-born, Louis Martin, who was world mid-heavyweight champion in 1959, 1962, 1963 and 1965; Commonwealth Games champion in 1962, 1966 and 1970; and Olympic Games Silver medallist in 1964, and a Bronze medallist in 1960.

Chemma Singh, is the reigning British weightlifting champion in the 100 kilos division (heavyweight section). Chemma lives in Tipton, in the West Midlands, and his aim is to emulate Martin and collect "medals galore" especially at Olympic level, starting in 1984.

The West Midlands region is easily the strongest of the twelve weightlifting divisions spread throughout Britain. There are, in fact, some 2,000 members based in the West Midlands and these are associated to 30 clubs. That ratio is twenty per-cent of the whole country, and with around 450-500 weightlifting clubs scattered all over the U.K. then you can see, quite clearly, how well organised and enthusiastic, weightlifting has become in the West Midlands area over the past few years.



**Chemma Singh 100kg
British Champion**

Photodesk

The sport of weightlifting became fully standardised in 1928 with the outcome of each event depending on the aggregate weight of three two-handed overhead lifts: the Press, the Snatch and the Jerk. But from 1976, the competition has been decided by the aggregate of two lifts only: the Snatch and the Jerk. The present-day Flyweight, Light-Heavyweight and Middle-Heavyweight classes were previously called Welterweight, Middleweight and Light-Heavyweight respectively.

Mr Alan Hill, Chairman of the West Midlands British Amateur Weightlifting Association, and Mr George King, warden of the Lyttleton Youth Centre, Littleton Street, Walsall, are two men instrumental in running the various weightlifting clubs in the West Midlands zone.

Mr Hill said: "The West Midlands area is easily the strongest of all the weightlifting divisions in this country—and we are now very hopeful indeed that the next World Championships will be staged at the National Exhibition Centre. We have always had good turn-outs at the Digbeth Civic Hall, Birmingham, when the championships have been held in the City before. But with so much interest being shown in the sport right now, we must be looking for somewhere big enough to house the many thousands of spectators who will want to come along and see the 'strong men' in action. The N.E.C. is obviously the one and only place in the West Midlands which can cater for anticipated crowds of around 7,000-10,000...and they'll be under cover at that!"

WEIGHT LEVELS

In the Olympic Games, the Weightlifting competition is divided into ten body-weight classes listed as follows...

- Flyweight(up to 52kg. 114½lb)
- Bantamweight(up to 56kg. 123½lb)
- Featherweight(up to 60kg. 132lb)
- Lightweight(up to 65.5kg. 149lb)
- Middleweight(up to 75kg. 165½lb)
- Light-Heavyweight.....(up to 82.5kg. 182lb)
- Middle-Heavyweight ... (up to 90kg. 198½lb)
- Heavyweight (A)(up to 100kg. 220½lb)
- Heavyweight (B)*(up to 110kg. 242lb)
- Super-Heavyweight ... (up to 110kg. 242½lb)

* From 1928 to 1952 HEAVYWEIGHT had to be over 82.5kg. 182lb. From 1956 to 1968 the limit was 90.5kg. 198½lb. Since 1972 the top weight has been 110kg. 242lb.

Staying with the West Midlands weightlifting organisation, the team representing this region is made up of the following: Ron Vaughan, Roger Davis, Daharam Pal and Bob Szpalek (all from Wolverhampton), Ralph Farquharson and Ken Elliott (both from Chelmsley Wood, Birmingham), brothers Nigel and Steve Powell, and Andrew Marsh (from Birmingham), Ashley Humble (Burton-on-Trent) and Martin Smith (Hereford).

Andrew Marsh is only 16 years of age and was runner-up in the British Under-23 Championships last year in the 52 kilo class. This lad is a star of the future.

Last year (1981-82) the West Midlands Weightlifting team defeated Belgium (home and away) in two friendly internationals, and when representing Great Britain in a triangular

contest in Paris, the same team upset the French and Swiss national sides to carry off the top prize.

Looking ahead to the Los Angeles Olympics of 1984, Britain will be hoping that Chemma Singh, in the 100 kilos bodyweight class, Peter Pinsent (82½ kilo), Newton Burrows (75-82½ kilos) and Dean Willey (60 kilos) will be fighting fit and raring to lift in the States. These four men are potentially world class lifters and although they're champions in their own right, they all want to make a big impact on the Olympic Games scene.

Chairman Alan Hill again: "To be a top-class weightlifter, and a dedicated one at that, you have got to put in a lot of hard training, week after week, hour after hour.

"A champion weightlifter, in any class, will train four to six times a week, going through either two or three

hour sessions with the bar. On average a week's training can mean some 18-20 hours with weights. And then you find that a few 'lifters' will go out and do a bit of jogging, swimming and general physical education exercises to keep in tip-top trim. Keeping to a strict diet is also a key factor in the everyday routine of a weightlifter. That stomach area must be just right all times.

"It is highly important when 'lifting' to have complete control of your mind; your timing and co-ordination must be spot on and you've got to have confidence. Confidence, indeed, goes a long way in sporting circles. And to hoist the weight some of these 'strong men' lift, is quite staggering, especially when you see that quite a few of the competitors aren't all that tall, or big, bodywise. That is where co-ordination, timing and confidence comes in."



WEIGHTLIFTING...RULES AND REGULATIONS

They call weightlifting (or powerlifting) the 'Iron Games'. It's a sport which attracts some of the world's biggest and strongest men, who between them, in competition, attempt to hoist the greatest possible weight above their heads in two different styles: the snatch and the clean and jerk.

Three independent referees judge whether or not the equipment and the lifts are correct. If, in the judge's opinion, the lift is correctly executed then he indicates so by pressing a white light. The lift, itself, is deemed to be 'Good' if the lifter receives a majority of white lights. A red light indicates 'no lift'.

The snatch is a one movement lift—from floor to the extended arm position above the competitor's head. The jerk is a two movement lift—firstly the bar (or weight) is lifted from floor to shoulder and then it goes from shoulder to the fully extended arm position above the head.

The victor is the person who successfully lifts the greatest total weight using these two given methods: i.e. his greatest snatch plus his greatest jerk. A competitor has up to three attempts at each weight. He must succeed at one weight level before proceeding to the next. The bar itself is normally increased by 11lb. (5kg.) at a time, but occasionally the lifter can, if he so wishes, ask for only 5½lb. (2½kg.) to be added to his bar as he gets towards the end of his programme or competition.

At no time can a competitor attempt to lift a lower weight than one previously successfully lifted by another competitor. If there happens to be a tie between two (or three) competitors lifting at the same weight level and they have all reached the same total, then the winner will be the person with the lower body weight.

Useful Addresses...

Secrétaire-général,
International Federation of Weightlifters,
F.I.H.C., 9 Avenue des Gobelins,
Paris 5e, France.

Mr Oscar State O.B.E., Secretary,
British Empire and Commonwealth
Weightlifting Council,
4 Godfrey Avenue, Twickenham,
Middlesex.

AUGUST JUDO & Olympic Sports Scene

Featured in the August edition
are the British Powerlifting
Championships, with a
tournament report by Dennis Unit
and some remarkable
photographs of the sport.

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FACTS AND FIGURES

● Weightlifting was quite definitely practised in some form or other 200 years ago, but 'modern' weightlifting with barbells and dumbbells only began to grow in popularity towards the end of the 19th century.

● The first weightlifting championship open to the world was staged in 1891 at the Café Monico, Piccadilly, London, and the winner was Lawrence Levy of England.

● The first Olympic Games of modern times in 1896 also featured weightlifting, but at one bodyweight only.

● In the early days most countries had conflicting rules, regulations and techniques, and disagreed about the lifts which were used in competition. But these differences were finally resolved in 1920 by the formation of the International Weightlifting Federation. The Founder, Jules Rosset of France, formulated an agreed set of rules which were used for the 1920 Olympic Games in Antwerp and this federation has controlled world weightlifting ever since.

● In 1928, the International weightlifting Committee demanded that competition lifts be fixed at Two Hands Clean and Press, Two Hands Snatch, Two Hands Clean and Jerk. These three lifts were then utilised for all national, world and Olympic tournaments and for international contests until 1976 when the 'Press' lift was dropped.

● Tommy Kono, Hawaii, U.S.A. held three World Records in four different bodyweight classes in 1952-56...lightweight, middleweight, light-heavyweight and middle-heavyweight.

● In 1950, jovial Jim Halliday of Great Britain, held the Empire and British lightweight records but never actually won the British lightweight title.

● Canadian, Gerry Gratton, held Empire records in three different bodyweight classes during the 1950's...middleweight, light-heavyweight and middle-heavyweight. Australian Ken McDonald equalled Gratton's feat soon after.

● Steve Stanko (U.S.A.), on 19th April 1941, at York, U.S.A. became the first weightlifter to hoist 1,000lbs.

● Paul Anderson (U.S.A.) on 16th April 1955, at High Point, North Carolina, U.S.A., became the first man to lift 500 kilogrammes (1,102lbs.). Two years later, on 12th June 1957, Anderson, the Olympic Games champion, lifted the greatest weight ever recorded by a human being when he hoisted 6,270lbs. (2.80 tons) in a back lift (weight raised off trestles).

● The greatest lift ever made by a woman is 3,564lbs. with a hip and harness lift by Mrs Josephine Blatt (née Schaur) at the Bijou Theatre, Hoboken, New Jersey, U.S.A. on 15th April 1895.

● Chen Ching-Kai, China, at a bodyweight of 127lbs, jerked 326¼lbs. which was 72¼lbs. more than double bodyweight.

● W.A. Pullum was the first British lifter to raise double bodyweight overhead with two hands.

● The great Stanley Stanczyk, U.S.A., won successive world titles in three different bodyweight classes: World lightweight champion 1946, World middleweight champion 1947, and Olympic Games Light-heavyweight champion 1948. Tommy Kono repeated this feat when he won the Olympic Lightweight title in 1952, the World Middleweight championship in 1953 and the World Light-heavyweight crown in 1954.

● Both G. Butler (11 stone, 12 stone and heavyweight classes, 1903) and W.A. Pullum (9 stone, 10 stone and 11 stone classes, 1913) won three British weightlifting titles in ONE DAY.

● The Greatest weightlifter yet seen—Vasili Alexeev (U.S.S.R.)—held every super-heavyweight record at one time when he was reigning Olympic champion through the seventies.



Chemma Singh and colleagues in training at The Harry Mitchell Centre, Smethwick, West Midlands.





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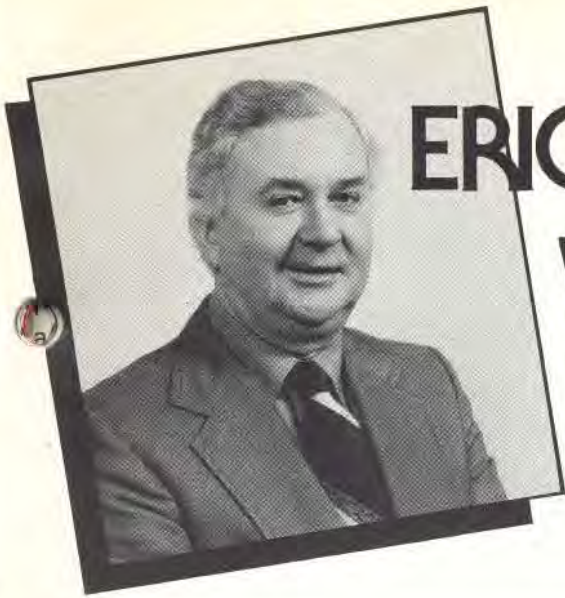
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ERIC WOODWARD ON WOMEN ...IN JUDO



Watching women play judo for the first time is something like winning a lifetime's subscription to the Flat Earth Society. I mean, you just can't take in its true significance at first glance.

Look at it this way. When women play football, the casual male observer immediately breaks the golden rule of the game. He takes his eyes off the ball, and puts them on the players.

Now it seems to me, after observing the Midland Women's Open at Haden Hill, that the casual observer does well to even FIND the players, cocooned as they are in their judogi, which is to feminine fashion what the chastity belt is to trust.

All kinds of stray thoughts filtered through my bemused mind, as I watched the girls battle away with an enthusiasm more of wincing than winning proportions.

Even when you're only a few feet from the action, the situation hardly gets clearer. For much of the time, the "littlies" on display appeared locked in contest, much like the rooting crabs featured in Walt Disney's "Living Desert." There was the odd exception, particularly with Karen Briggs demolishing the opposition in the Under-48's with a relish I haven't seen in unarmed combat since D-Day.

And all of this accompanied by youngsters chirping their support, like unfed chicks, for their friends with a healthy partisanship rarely heard outside the annual hockey confrontation between England and Scotland at Wembley.

And for one who has spent many years listening to the "I'm over the moon, Brian" brigade, providing such pungent comments as "I don't want to criticise the referee, but he was diabolical," it was nothing short of totally refreshing to observe the standard of sportsmanship and the ritual of judo so crisply observed by the girls.

Now, when it comes to women playing judo, there are two very distinct areas of opinion—for and against. "Don't know's" are unknown, if you'll pardon the pun. Those against, in general, believe it is unfeminine, unnatural and, as a makeweight, believe women can't fight properly anyway. Those for, in general, believe those against are prejudiced, and that women should do their own thing.

The women themselves are a different matter. In my short career in judo I have tried—God, how I've tried—to get specific views of everything; I find there's more opinions than facts. On everything. However,

the ladies bless 'em, seem to generally hide under an inferiority complex enforced by the men.

For instance, in recent weeks, I have been told that women's judo should not be allowed, that they are the best and most receptive people in the sport to coach (an opinion of the vast majority, incidentally), that they are unfeminine, even that they are play-acting.

Well, now, let's see. The first women's judo player I ever spoke to was the B.J.A. General Secretary Gillian Kenneally, who got into the business by volunteering to act as an interpreter for a French lady who loved the sport.

I then met Dawn Netherwood, who picked up her devotion to judo at school.

At Haden Hill, I managed to have a few words with Kay Greenhalgh, who confessed to being hooked on judo by David Carradine, he of the Oxfam looks and manner, who starred in the TV series which heavily romanticised Kung-Fu—the soft—option soap opera which proved you can kick a man in the teeth without shedding molars or, indeed, bruising you own toe. More importantly to mere males, the series insisted the best way from Point A to Point

Z was to kick upwards rather than downwards to provide a Final Solution...which will, no doubt, confuse—not to say dismay—those grisly goons who acted as my Army combat instructors who believed the world began and ended about a foot and a half from your kneecaps.

It is astonishing to discover, with one World Champion and one European Champion already among our ranks—and more to come, I promise you—that less than 20 years ago, the women's team events were played behind closed doors so as not to offend the men. The years: 1965. The venue: Liverpool. And your distinguished General Secretary was among the combatants. Ms Kenneally, who carries the banner for femininity in sport, explained the situation with a shrug of the shoulders: "We crept in, hoping nobody would see us!"

The first British Open in 1975, however, was open—if you see what I mean. And things have progressed from there.

I must confess that my first sight of women's judo was not a pretty one.

Two great swathes of off-white cloth (judogi), seemingly inseparable, wound around each other like some mobile laundry—until one set of twitching legs became still. Like as if a cloud of Mafu had passed over the hall.

But then the spirit and skill began to show through. Girls (women?) fighting impossible odds—and winning. Superb sportsmanship and good manners. Skill and spirit.

And, at the end, there was a disco: The judogi had been put away, and the blobs had become persons and personalities.

I remind you that the British Closed championships for women will be at Worthing on 10th July; and that the British Open is at Crystal Palace on 9th October.

Me? I'm a man. Master of my own destiny. And I'll be there. Wife permitting.



Gillian Kenneally, Gen. Sec. B.J.A.



"—wound round each other—like some mobile laundry."



"—accompanied by youngsters chirping their support like unfed chicks."



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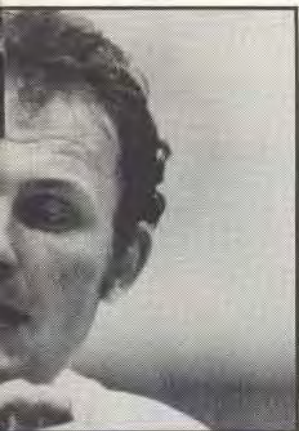
Photographs by
DAVID FINCH.



1-3—Reissman (East Germany) scores Ippon against Rey (France) to win —65 Kilos Gold medal. 4—Nick Kokotaylo (GB) —95 kilos. 5—Alexey Turin (USSR) Open Gold medallist. 6—Myllyla (Finland) attempts to pick up Khabareli (USSR). 7—Radburn (GB) versus Kocman (Czechoslovakia). 8—Molnar (Hungary) tumbles Khaboulouri (USSR) to win —95 kilos Bronze medal. 9—Adams (GB) defeats Nagysolymosi (Hungary) with Sankakujime —78 kilos. 10—Khabareli (USSR) counters Myllyla (Finland) —78 kilos. 11—Chris Bowles (GB) attempts to throw Bernard Tambour (Belgium) —71 kilos repechage.

EUROPEAN SENIOR JUDO CHAMPIONSHIPS 1987





6



7

PHOTO-ACTION PORTFOLIO: ROSTOCK G.D.R.



11

MEDAL TABLE

OPEN...Gold—Turin (USSR), Silver—Ozsvar (Hungary), Bronze—Schnabel (W. Germany) and Olhorn (E. Germany).

OVER 95 kilo...Gold—Stohr (E. Germany), Silver—Parisi (France), Bronze—Veritchev (USSR) and Osvar (Hungary).

UNDER 95 kilo...Gold—Kostenberger (Austria), Silver—Neureuther (W. Germany), Bronze—Molnar (Hungary) and Vachon (France).

UNDER 86 kilo...Gold—Jachkevitch (USSR), Silver—Vecchi (Italy), Bronze—Ultsch (E. Germany) and Tchoullouyan (France).

UNDER 78 kilo...Gold—Fratica (Rumania), Silver—Khabareli (USSR), Bronze—Adams (G. Britain) and Sadej (Poland).

UNDER 71 kilo...Gold—Gamba (Italy), Silver—Lehmann (E. Germany), Bronze—Tuma (Checkoslovakia) and Parchiev (USSR).

UNDER 65 kilo...Gold—Reissman (E. Germany), Silver—Rey (France), Bronze—Reiter (Austria) and Pawlowski (Poland).

UNDER 60 kilo...Gold—Tletseri (USSR), Silver—Ghertchev (Bulgaria), Bronze—Stollberg (E. Germany) and Dziemianiuk (Poland).

EUROPEAN POINTS TABLE

GOLD—3 points SILVER—2 points BRONZE 1 point
 USSR—13, EAST GERMANY—11, FRANCE—6,
 ITALY—5, AUSTRIA—4, HUNGARY—4, WEST
 GERMANY—3, RUMANIA—3, POLAND—3,
 BULGARIA—2, CHECKOSLOVAKIA—1, GREAT
 BRITAIN—1.

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MIDLAND AREA MEN'S TEAM JUDO CHAMPIONSHIPS

HADEN HILL LEISURE CENTRE 5th JUNE 1982



Erdington Judo Club. Overall Medal Winners

The Championships organisation of the Midland Area have never been short of ideas having originated both the mens and womens British National Championships and the junior National Team Championship. This time, new Championship organiser, Rowland Lee and his team of helpers decided to combine the less viable Midland Area Mens Championships and the Womens Open Event...plus a disco.

Not all together of course, though someone erred in bringing everyone book-in together even though the women didn't get on to the mat until late afternoon.

However, no one seemed to care and everything went well with some interesting confrontations.

There was something of a new look about the 'Open' Team Competition (any weight any grade) with such notable teams as Solihull, 3 K's and Coventry missing from the event. Instead newcomers Aston University, Nottingham and Southwell proved adequate replacements with a new breed of players whilst the Erdington Club showed a great depth of senior membership by entering at least one team in every category.

John Cole and Peter Dankert seem to be engineering a revival of senior contest judo in Birmingham as do Ron Knight and Dave Walker at Aston.

Frank and Pat Elrington continue to keep the Bushido Holy Name Club progressively expanding and from the East Midlands, Southwell and Nottingham show increased senior interest. All figured well in this contest.



Above: Fitzroy Davies (Wolverhampton), attempts a pick up.
 Right: Don Harris (Erdington) holding for Ippon in the 'Open' event.



FIRST ROUND POOL

Shrewsbury	w/1		o/o	D/2	
Aston	w/3	w/4	L/1		2nd
Nottingham	L/0	L/0		D/2	
W'hampton	w/4	w/3	w/2		1st

Winner: Wolverhampton
 versus

Second: Bushido Holy Name

Second: Aston University
 versus

Winner: Erdington

Southwell	L/1	L/0	
Bushido	w/3	L/1	2nd
Erdington	w/3	w/3	1st

SEMI-FINAL...

Wolverhampton	w/4.....	Bushido Holy Name	L/0
Aston University	w/3.....	Erdington	L/0

FINAL...

Wolverhampton w/3 v Aston University L/0

Champions: WOLVERHAMPTON

There were ten entries in the 'Up to 1st kyu' Team Event with the resurgent Erdington entering two teams and Coventry and Wolverhampton being favourites for the title.

POOL ONE—Wolverhampton, Erdington 'B'; Derby, Nottingham and Boldmere.

POOL TWO—Erdington 'A'; Edgbaston, Leicester, Bushido Holy Name, Coventry.

As expected, Wolverhampton topped Pool One with the three Team wins whilst Nottingham came a close second also with three wins but just sixteen points behind the leaders. Erdington 'A' also managed 98 points and three wins to come out top of Pool Two, with Coventry 'A' again running a close second just 24 points behind whilst Edgbaston almost made the

progression into the second round also managing the requisite three wins with the remarkable 'come-back' to contest judo by Phillip Mathew after some serious injuries, Phillip, complete with various insertions of metal plates, screws and nuts and bolts, held his mechanical bits together well and only lost one of his fights—to Street of Erdington.

SEMI-FINALS

Erdington				Nottingham
Yates	c	10	—	L Ogden
Dankert	L	—	7	p Gott
Street	c	10	—	L Westwood
Loveridge	c	10	—	L Smith
Contest wins		3		1
Points		30		7

Wolverhampton				Coventry
Pinnock	L	—	3	5 Finlay
Davies	L	—	10	HM Castello
Green	S	3	—	L Stokes
McDonald	L	—	10	T Riley
Contest wins		1		3
Points		3		23

The final, Erdington 'A' v Coventry was as close as it could be with Dave Finlay beating Yates by a Wazari for the first win and then Peter Dankert holding Castello to even up the scores. Street and Stokes then fought a furious draw so that it all depended on the last fight between Steve Loveridge and Dave Riley. With two minutes thirty seconds on the clock Loveridge made sure of the Silver trophy with a nice Seoi-nage on Riley for Ippon and so earned Erdington their first team title. It was not necessarily going to be their last as in the 5th Kyu event they had no fewer than four teams which considerably enhanced their chances of success.

Sure enough, despite the resistance from Southwell, the Erdington team took three of the four medal places with their 'A' team meeting the 'C' team in a remarkably spirited final.

Erdington 'A'				Erdington 'C'
Taylor	c	10	—	L Lea
Bevan	H	10	—	L Foster
Gilcrest	L	—	10	KG Cunningham
Shannon	SG	10	—	L Conran
Contest wins		3		1
Points		30		10

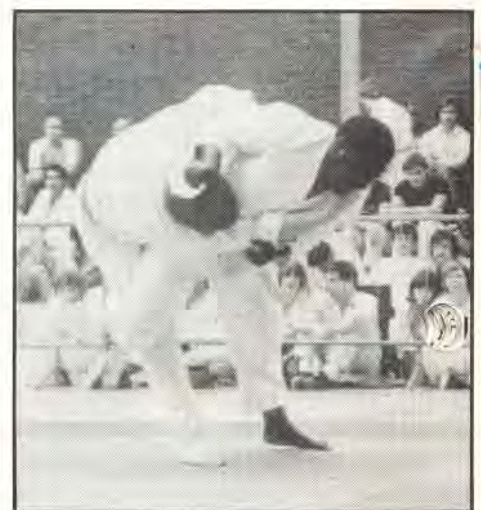
MEDAL TABLES

Open Category...Gold—Wolverhampton, Silver—Aston University, Bronze—Bushido and Erdington.

1st Kyu Team...Gold—Erdington, Silver—Coventry, Bronze—Wolverhampton and Coventry.

5th Kyu Team...Gold—Erdington 'A'; Silver—Erdington 'C'; Bronze—Southwell and Erdington 'B'.

Below: Elvis Gordon scores with Harai-goshi.



MIDLAND AREA MENS TEAM CHAMPIONSHIPS

Photo Page



1—*Dave Finlay (Coventry) attacking.*

2—*Malcolm Abbotts, Wolverhampton Team Coach. Mick Young of Leasowes, behind.*

3 & 4—*Elvis Gordon (Wolverhampton) throws Dave Walker (Aston University).*

5 & 6—*John Cole (Erdington) attacks with Uchimata into Ko-uchi gari.*





The cost of Sport is high for Olympic and European Silver medallist Phil Hubble who terminated his studies at an American University to swim for Britain in the World Championships in Ecuador.

Now wanting to finish his degree in Commerce, Phil has gained admission to the University of Calgary as a private admission at his own expense!

Educational and travelling fees are likely to cost the 21-year-old butterfly hope about £7,500.

In the secret elections for the International Olympic Committee delegates held at the end of May, Charles Palmer O.B.E., President of the British Judo Association and Vice-Chairman of the British Olympic Association failed to get sufficient delegate votes to be elected.

Once again, as in the International Judo Federation elections, opposition was led by the Russian and African block of voters who consider Palmer too 'right wing' and opposed to their interests.

Olympic Champion, Steve Ovett made a surprise entry to the Southern Area athletics championships at Crystal Palace on 20th June and won a heat of the 1500 metres with ease.

His intention was to give his recently injured leg a test in actual competition and despite feeling a little sore afterwards was quite happy with his performance.

His leg injury was received when out of training, he fell on some railings and one of them pierced his leg and some surgery was required to repair the damage.

The British Judo Association Management Committee continue in their endeavours to acquire Sports Council Grant aid for the appointment of full-time British Team Managers...especially for the Mens Team.

With just a couple of years left for preparation purposes it really shouldn't need any explanation why full-time positions are required but the Sports Council are reported to be resistant to the idea.

It seems strange that tacit approval for the appointment of a full-time 'Director of Technical Service' has been given with confident assurances from Terry Wilkinson at the A.G.M. of the Association (when money is available) even though this is obviously a far less urgent need.

In the meantime applications have been received on an 'either/or basis' and interviews will take place by the end of the month when hopefully money will be available.

Despite the Management Committee and a previous sub-committee on advance planning recommending that future progress and policy of the Association should not be tied to Sports Council agreement on financing, Charles Palmer, Chairman of the Management Committee is still resistant to the idea of the Association making up any deficiency in grant aid from its own funds on the basis that it would prove too expensive.

British athletics most unlikely success Robert Cannon continues his run of success by outclassing American Champion Willie Banks when invited to compete in the U.S. Championships in Knoxville.

His event...the triple jump...and the distance 16.78 metres.

That's a long way to hop, skip and jump, and makes Cannon a real Olympic hope.

AREA JUDO CALENDAR

Scottish Judo Federation Events for 1982...

Sunday 19th September...

SCOTTISH GIRLS CHAMPIONSHIPS

Saturday 16th / Sunday 17th October...

SCOTTISH BOYS CHAMPIONSHIPS

Sunday 7th November...

SCOTTISH SENIOR WOMENS CHAMPIONSHIPS

Sunday 21st November...

SCOTTISH UNDER-18 and UNDER-21 CHAMPIONSHIPS

Sunday 5th December...

SCOTTISH SENIOR MENS CHAMPIONSHIPS

*This event is open to non-Scottish Judo Federation members

For further details please contact
THE SCOTTISH JUDO FEDERATION
8 FREDERICK STREET, EDINBURGH, SCOTLAND

Revised Programme of Midland Area Events 1982 at Haden Hill Leisure Centre

Saturday 17th July

Jack Law Team Championships (Open to all areas) — limited entry

Saturday 24th July

Midland Area Lower Grades Championship (Open to all Areas)

Saturday 18th September

Midland Area Girls (Eliminations) Championships
(Closed to Midland Area)

Saturday 23rd October

Midland Area Boys (Eliminations) Championships
(Closed to Midland Area)

Saturday 20th November

Midland Area Mens Championships (Open to all Areas)

Saturday 11th December

Inter-County Team Championships (Closed to Midland Area)

For further details of events, send a Stamped Addressed envelope to
Rowland Lee, 7 Ash Grove, Wem, Shropshire SY4 5RW

THE NORTHERN IRELAND JUDO FEDERATION

PROGRAMME OF EVENTS UP TO DECEMBER 1982

JULY/AUGUST

28/6th Lakeland '82(Scouts).....Lakeland Forum

SEPTEMBER

11th Mon P.E.Maysfield

18th Kyu/Dan P.E.Maysfield

25th Womens and Juniors SquadsMaysfield

OCTOBER

9th Under-18 Boys and Girls,Maysfield

16th Q.U.B. OpenQueens University

23rd SquadsMaysfield

NOVEMBER

6th N.I. Weights and GradesMaysfield

13th N.I. Referees CourseValley Leisure Centre

20th Kyu/Dan P.E.Maysfield

27/28th Club Coach CourseMaysfield

DECEMBER

4th North West ChampionshipsLakeland Forum

11th Mon P.E.Maysfield

Details from: Northern Ireland Judo Federation, House of Sport
2a Upper Malone Road, Belfast BT9 5LA — Tel: 0232-661222 and 216



Top: English Schools Basketball Clinic.
Director: Peter Mintoft.
Coach Larry Meek.



Above and below:
Junior Schools Basketball Tournament
in Birmingham.



"It is therefore my view that we should reduce the number of spaces open to foreign players, including dual nationals, to one per team."

wrong to import Americans but instead we should send British coaches to the U.S. to improve their capabilities, and, that with the appropriate support, a British Olympic coach would do every bit as well.

What then, if we were to accept Sloan's advice by appointing a British coach and rely less on recruiting 'dual Nationals' from North America, could we do to improve our system so that we are able to produce better players? In England our National League grew quickly from six to twenty-one teams in five years, but since 1976 the total has hovered around that number. However during the intervening six years a Junior National League has grown and now contains a similar number of teams. However, from one American player in the first League of 1972, last season's count, including 'dual Nationals,' was fifty-five. Perhaps more importantly those 55 players occupy in the region of 60% of actual playing time available, leaving a meagre 40% to be shared by 155 Englishmen. It is actually playing in the game that is absolutely necessary to develop playing skill. A key argument in maintaining the present high numbers of U.S.-experienced players is that there will be a rub-off on our home grown aspirants as they train alongside their more illustrious team-mates. There is bound to be a rub-off but this is no substitute for game experience. It is therefore my view that we should reduce the number of spaces open to foreign players, including 'dual Nationals,' to one per team. In this way we can make the way clear for more of our promising Juniors to progress.

A good indicator of the value of an adequate Junior team programme is the number of players currently playing in senior sides. Within the English National League there are three good examples. At Crystal Palace, Junior Coach Roy Packham has been producing quality players for years so resultantly, Palace presently have six former Juniors regularly playing in the big time. At

Doncaster five former Juniors are now first teamers, and here in Birmingham five of last season's team were graduates of their Junior programme. It can therefore be seen that investment in younger players does enable a team to compete—and in high places!

The Junior National League is not only widening in terms of participants but also in terms of quality. It was a occurrence some years ago to hear a Briton crossing the Atlantic and managing to hold a team place at any level. Now more and more youngsters are finding the opportunity to do this and naturally are benefiting greatly. As products of our Junior ranks it will be heartening to see them return as stronger players, claim spots in the Senior League, maybe the National team and who knows, maybe even the Olympic team. One young man, Martin Clarke, a former Crystal Palace Junior, is currently doing well in his second year at Boston College and is being tipped as a prospect for the U.S. professional circuit. Certainly I find this method of gaining a richer experience far more palatable to the alternative of recruiting more foreigners. I must add that, although I criticise the concept of 'dual Nationals' I bear no personal grudge against these talented individuals, several of whom I have met, and know them to be very genuine people and excellent ambassadors for themselves, the country and the sport.

Our past performance in International competition, whether they be at Olympic, National or Junior level, yielded fairly predictable results. Regularly we are able to beat smaller countries and occasionally we are able to pull off the big scalp of one of the more fashionable Nations, but never with any degree of consistency. Let's look forward to 1984 and hope we can re-establish the team as a true British representation and even if we can't again qualify for the Final tournament in Los Angeles at least look to be more consistent in our performances against the larger Nations.



PETER MINTOFT

- ★ Specialist Lecturer in Physical Education at the Birmingham Athletic Institute. (With a responsibility for developing Basketball in Birmingham).
- ★ Coach to West Bromwich Kestrels. (National League Division 2).
- ★ Coach to England Schoolboys Teams 1969-71.
- ★ Coach to England Cadet (Under-17 years) Men 1976-79.
- ★ Director of the English Schools Basketball Clinics.
- ★ E.B.B.A. Senior Coach.
- ★ E.B.B.A. Regional Coaching Officer (West Midlands).

Letters...

Dear Sir,

I am a newcomer to the Judo scene in that I gave up Judo for 10 years.

I noticed to my surprise that judo hasn't progressed much in ten years. I noticed that the quality of throws was nowhere as good as it used to be in the days of Jack Starbrook. The people who were into judo then are still there but they seem to be dissatisfied with the B.J.A. and distant from it. We seem to be losing a lot of people that have a lot to offer Judo.

Am I correct in assuming that your lovely magazine is also dissatisfied with the running of our Association?

I am a Sports Science student at Brighton Polytechnic (Chelsea College) and I am therefore more interested in sports, especially Judo, than I have ever been. I would be very pleased if you could tell me what direction you would like judo to take and if and how the B.J.A. might be impeding the movement.

Personally I would like Judo to be more of a public sport. I feel it can regardless of the comment Charles Palmer made when he said that judo has never been and probably never will be a sport that appeals to a large gate paying public.

I have also invested in a good camera and would like to know if you buy or are interested in buying any photographs that you may be able to use in your magazine. If you are interested, could you please inform me of the going rates. I look forward to your reply.

Thank you for a good magazine. I will make sure that the College subscribes to *Judo* from now on.

C. S. LASEKAN
Eastbourne

NOTE... As this magazine is inanimate it does not have an opinion on the administration of the B.J.A.. Only the contributors have opinions which might not necessarily be those of the publishers. I suggest you write to the B.J.A. Management Committee with your impressions for a more pertinent reply to your questions.

Yes, we do buy photographs but not normally from amateurs mainly because the quality is not nearly as good as required. If you or anyone have good, black and white pictures we would be pleased to consider them. Rates depend on the size used but are at a fixed level which is not negotiable—Editor.

Dear Sir,

Subscribers to *Judo* want to read about judo. Athletes of other persuasions buy magazines pertinent to their sport. If I want to read about windsurfing I'll go and find the relevant publication. *Judo* must remain solely about judo please.

ALAN TAYLOR
Glamorgan

Dear Sir,

I have just received the first edition of *Judo and Olympic Sports Scene* and I feel that I am fully justified in writing to you to say how disappointed I am in having other sports incorporated in what I feel should be a judo magazine and nothing else.

I feel that if I wanted to know about marathon running and windsurfing then I would buy a magazine on these sports.

For the past three years I subscribed to your magazine and thoroughly enjoyed it. Indeed I have just renewed my subscription for the coming year. Six pages should not be taken up by other sports.

J. R. MANN
Gloucester

NOTE... There have been just four letters about the inclusion of other Olympic Sports in JUDO magazine and obviously in making this decision, complaints were anticipated.

Sadly, JUDO has not received the level of support from judo enthusiasts which it deserved and if we are to maintain the quality of the magazine with its extensive national and international coverage then we have to approach the production, advertising and distribution more professionally and appeal to a wider market.

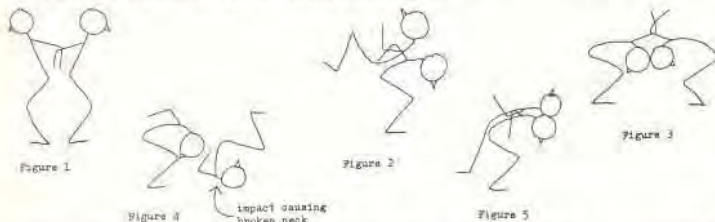
In truth, the judo content has not been reduced and all relevant material has been published. Editorial content (about which there were many complaints) has been reduced. Not judo reportage.

For the future it is hoped to increase the number of pages in the magazine which means that the other sports will be an added bonus—Editor.

ESSENTIALLY DANGEROUS EXERCISE Phyllis Elliott

I feel that the attention of all coaches should be drawn to the potential danger of a certain exercise which I have often seen used, and have in fact performed myself. I first met this exercise about 15 years ago, and had some reservations about its possible danger; these reservations were confirmed when I recently read a report in the *British Journal of Sports Medicine*, of two rugby players performing a similar exercise. One broke his neck and is now paralysed from the neck down. Even though this is only one case, it is obviously of such severity that one is too many when caused by an avoidable hazard such as an exercise.

In the exercise in question, two players stand back to back and link arms, then one player lifts the other on his back; in the Judo exercise, the one lifted goes over the top to land on his feet facing his partner. In the rugby case, it was not intended that he should go over, but he accidentally did, and landed on his head (see figure 4)—which could obviously just as easily happen in the Judo exercise if one or both overbalanced. The stretching, relaxing exercise in which the lifted individual allows the legs to dangle (see figure 5) obviously does not carry the same danger, and I see no reason to discontinue that one, but I would strongly support the recommendation by the authors of the rugby case report that the exercise in Figures 1 to 3 is discontinued.



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Wholesale rates available on request.

B.S.J.A. versus FRANCE (UNSS) Nimes

When B.S.J.A. fought French juniors at home in 1978 and again in 1979 in Marseilles, they were defeated quite convincingly.

In fact, the first match which was also the B.S.J.A.'s first full international, resulted in a 13-1 win for France.

Although particularly pleased to renew relationships with France, which has been temporarily suspended due to inconvenient dates, it was with some trepidation that the party of seven girls and seven boys took off for the ancient Roman city of Nîmes to confront a French force which is always very strong. The previous French teams included Nowak which is an indication of the high standards that the U.N.S.S. had set.

The party, having been greeted at the airport by the Joint Director of the Union Nationale du Sport Scolaire, Hughes Raffin-Peyloz, a former international athlete and National Athletics Coach, were driven to the St. Stanislas school, close to Nîmes city centre, where they were accommodated.

The U.N.S.S. is a department of the French Ministry of Education, which covers all sports, not only Judo, working closely with the various governing bodies to promote and develop sports for scholars. Monsieur Raffin-Peyloz had recently taken up his present appointment and is very keen to develop the association and friendship between French and English junior Judokas on a long term basis, a policy which the B.S.J.A. wholeheartedly endorses.

Having settled into the accommodation and being substantially fed at a nearby college the teams were early to bed on the Friday night.

A very early breakfast the following day preceded a light workout which had been arranged in a very fine dojo belonging to the



Above: HUGUES RAFFIN PEYLOZ, Joint Director UNSS.
Below: The French UNSS Team.

Langnedoc Judo Club, run by Claude Martin, who went to great lengths to ensure that the party was well cared for, followed by a formal welcome, reception and presentation arranged by the City of Nîmes, at the P. Neruda Sports Centre, where the match was to take place at 9-00 pm that evening.

Despite the fact that there was an important football match that evening and Sacha Distel was holding a concert in the city, the team's filed into the well prepared arena to applause from a reasonably-sized audience.

After the formalities the match was opened by the Girls teams.

UNDER-48 KILOS

• Stephanie Madje (G.B.) v Genevieve Binet

The French girl, who had great difficulty in making the weight attacked from the start very strongly, however, Stephanie controlled her with little difficulty, and soon scored a Koka from an Osotogari. She continued to dominate the fight, refusing to be drawn into Ne-Waza where Binet obviously would have preferred to be. The French girl was warned for passivity, failed to score and Stephanie won by three points.



REPORT & PHOTOGRAPHS: JOHN BEARD, B.S.J.A. Liaison Officer.

UNDER-52 KILOS

● Denise Jackson (G.B.) v Dominique Guillon

Very early in the contest Dominique scored Waza-ari from a fine Deashi Harai. She took the fight to the ground whenever possible, and Denise was unable to find any answer, despite consistent effort.

UNDER-56 KILOS

● Laurie Noble (G.B.) v Dominique Guillon

Dominique attacked strongly and frequently during the first half of the contest, but Laurie was very unlucky not to have gained a submission from Juji-Gatame, which the French girl managed to break after a considerable time. A little more experience would have certainly ended the fight in Laurie's favour. Nevertheless, she won the fight having produced the only score, a Koka, from Osotogake.

UNDER-61 KILOS

● Sarah Ripsher (G.B.) v Brigitte Joyce

Despite her experience, Sarah had to defend right from the onset, and was dominated throughout by her opponent's energetic aggression, Brigitte scored a Koka from a footsweep and completed the job gaining Ippon from a strangle.

UNDER-66 KILOS

● Claire Cosser (G.B.) v Nathalie Daniloff

Although Claire went out with determination to avenge her teammate's defeat and despite strong attacks the more experienced French girl efficiently dispatched her for Ippon with a superbly executed Harai-Goishi.

UNDER-72 KILOS

● Jenny Short (G.B.) v Christine Cicot

Christine lost no time in going to ground where she secured Kesa-Gatame, which she expertly converted to Ude-Gatame to gain Ippon, injuring Short's arm in the process.

OVER 72 KILOS

● Ruth Currier (G.B.) v Sylvie Piedfort

Sylvie attacked very strongly from the onset, overwhelming Ruth, whose confidence was at a fairly low level, quickly scoring a Koka, and soon following up with a very fine Harai-Goshi, which earned a well deserved Ippon.

The French girls were justifiably delighted with their 5-2 win.

Prior to the Boys team contest, with their usual sophisticated efficiency the hosts put on a very entertaining and unusual gymnastics display to be followed by an expert demonstration of self-defence Kata.

UNDER-45 KILOS

● Garry Prangley (G.B.) v Patrick Larment

A nervous Garry, who is 7th Kyu, busily set about attacking Patrick, a 1st Kyu, to earn a Koka from Uchi-Gari after the first 60 seconds. Garry continued relentlessly, giving Patrick very few opportunities, and scored a second Koka and a Yuko, to win very convincingly and stylishly—so much so that he was awarded the Individual Stylists Trophy.

UNDER-50 KILOS

● Ian Carter (G.B.) v Nasser Nechai

This contest took place mainly on the ground, and although Ian appeared to have the edge, a no-score draw was recorded.



UNDER-56 KILOS

● Colin Gibbons (G.B.) v Thierry Tonlec

These boys fought a very entertaining and tactical contest. Thierry took the contest to the edge and put in a flurry of attacks time-after-time. Colin waited patiently, however, and eventually scored Yuko with an excellently timed Oucari-Gari to win the contest.

UNDER-62 KILOS

● Mark Gudgeon (G.B.) v Thierry Gerand

Thierry scored Warari from Tomoenage in the early stages, the throw was executed with no speed, however, the grip was so secured as to prevent Mark from twisting out. Mark replied with Uchimata and equalised the score, went on to lead by a Koka from a knockdown, only to be disappointingly held to lose by Ippon.

UNDER-68 KILOS

● Howard Melville (G.B.) v Michael Gantetier

A very confident team captain attacked the considerably taller Gantetier, who looked impressive, scoring several knockdowns, frequently using his favourite Senoagi. Howard secured Osaekomi, which Michael managed to break after 26 seconds, nevertheless the Wazari gained was sufficient to win for Howard.

UNDER-75 KILOS

● Andrew McNaughton (G.B.) v Georges Pastor

This was a well fought, well matched contest, very much appreciated by the audience. Andrew maintained a barrage of attacks earning Kokas from three knockdowns. Georges fought fiercely and with determination but he failed to score off Andrew.

UNDER-75 KILOS

● Glen Wallis (G.B.) v J-Louise Seymond

Knowing that the team match was lost, it was apparent that J-Louise wished to end the match with honour, and this he did in 20 seconds scoring Ippon from Ukigosmi, to the delight of his colleagues.

The contests were well fought, the match beautifully organised, as is always the case in France. Following the presentations, the victorious French girls and the victorious British boys, consoled their colleagues at a most enjoyable Discotheque which had been arranged at a local college.

The following day, Daniel Arnac, who was responsible for the organisation, managed a day's outing which included a trip to a ranch where Camargue Bulls and Bullfigthers were trained. This provided a considerable degree of fear as part of the proceedings allowed for audience participation—the Bulls were let loose on the crowd.

After an excursion to the beach and a fine meal, the teams said their goodbyes. Prior to leaving Nimes, our hosts, Daniel Arnac and Claude Martin, took the British delegation on a tour of the very fine, well preserved sights of the city.

The whole trip was most enjoyable, but the hospitality afforded by the French organisers was absolutely superb. The B.S.J.A. is very grateful to them for their warm friendship extended to the party.

The B.S.J.A. is also most grateful to **Judo Limited** for the generous sponsorship, in providing the track suits and other items, which the Association would not be able to provide otherwise.



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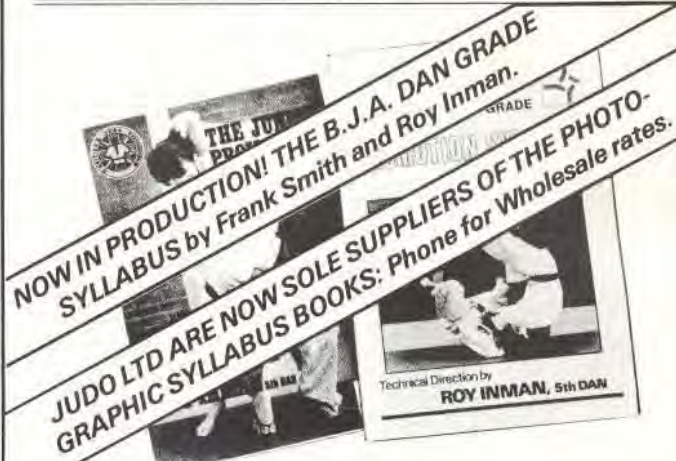
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Midland Area
**WOMEN'S
OPEN JUDO
EVENT**

**HADEN HILL LEISURE CENTRE
SATURDAY 5th JUNE 1982**

Being coupled with the Midland Area Closed Team Event meant that the Womens Open became an afternoon occasion which nevertheless produced some nice Judo and a welcome 'warm-up' for the National Team Championships for some of the girls.

A very welcome entry was the European Champion, Karen Briggs, who looked every inch a Champion in her title-winning 100% effort at 48 kilos, where she won every fight by Ippon. Maureen Bennett also looked almost back to peak form in winning the 66 kilos title, once again topping her pool with three Ippons, and other experienced players like Jane Skivington, Bernie Alltoft and Kay Greenhalgh, gave the younger entries a few tactical lessons.

As seems to be normal in Womens Judo, the under and over 75 kilos categories had to be combined because of lack of entries and even then there were only two pools of three contestants.

Jennie Glazebrook of R.A.F. Cosford, topped one of these with a choke and a hold with S. Sloan of the Bushido coming second whilst Ruth Vondy travelled all the way from the Isle-of-Man to top her pool with two holds. Trudi Ratcliffe, definitely on the light side for this contest, came second again with a strangle. Trudi then put out Jennie in the Semi-Final to meet Ruth again



PHOTODESK



after she had held Sloan in the other match. Once again, Ruth proved too much of a handful for Trudi and held her for the title.

Maureen Bennett, Rachael Evans, Susan Selling and Susan Scott were the Semi-Finalists at 66 kilos with Maureen and Susan earning convincing wins for the Final which the Yorkshire girl won fairly easily.

There were four pools at 61 kilos with Jane Skivington, Lesley Finegan, Maggie Jones, Elaine Fearing, Teresa Griffin, Vicky McGraw, Kay Greenhalgh and Celine Dufficy making the knock-out round. This produced some good matches with Kay Greenhalgh losing to Jane Skivington by a Koka, Maggie Jones arm-locking Vicky McGraw, and Teresa Griffin holding Elaine Fearing to meet Celine Dufficy in the next round, after her Koka win over Lesley Finegan.

National Junior Champion, Celine Dufficy, then took a Koka off Griffin to meet Jane Skivington in the Final after she had eliminated Jones.

Jane proved too much of a handful for Celine and ran out the winner and added emphasis to Celine's limited range now she is competing at senior level. Her attendances at National Squad Sessions should add to her repertoire, provided she practises new moves and throwing combinations regularly in her own club.

I suppose the same could be said of the talented Lisa Merchant who won the 56



kilos title showing her very good Seoinage range of throwing moves which the senior players took great notice of. If Lisa fights in the National Team Championships she will find that word will have got around and she will have a much harder task than she had in beating the 1981 Champion, Diane White. Kerry Chamberlain, Debbie Sheldon and Ann Brown, all lost to Lisa with Debbie avoiding the Ippon and just losing to Hantei.

The finalists at 52 kilos seem to have been around for ever!

Ex-Midland Representative, Bernie Alltoft, was out to prove that Yorkshire and Humberside had made a mistake by not including her in their team for the Nationals and the much travelled Lena Strang returned from the Carribean to make the Final all on Ippons from holds and strangles. In general their experience proved overwhelming for the young opposition. Bernie took the honours in the Final and also beat the 72 kilos winner, Ruth Vondy, for the Open title. Pauline Cole looked a most complete player in taking the Bronze medal and there is no doubting her skill and range. Her only problem is that she has difficulty putting it together in contest though, when she does, look out!

And so to the 48 kilos event where Karen Briggs was to reign supreme in every facet of the sport. To say that she 'destroyed' all opposition would be no understatement, and generally the question was not 'if' she would score Ippon but 'when' and 'with what'. A quite superior performance of extraordinary speed and agility.

Sarah Hewlett met Karen in her first round pool and again in the Final and had quite a hard time in doing so but nevertheless put in the best performance she has ever produced in this event to take the Silver medal. Sarah, now resident in the Western Area, previously fought in N.H.C. and Midland Area Teams and this year will fight for the West.

RESULTS

GOLD MEDAL UNDER-48 KILOS

Karen Briggs

SILVER MEDAL

Sarah Hewlett

BRONZE MEDAL

Lesley Wood
Susan White

UNDER-52 KILOS

Bernie Alltoft

Lena Strang

Pauline Cole
V. Carter

UNDER-56 KILOS

Lisa Merchant

Diane White

Kerry Chamberlain
G. Tackie

UNDER-61 KILOS

Jane Skivington

Celine Dufficy

Maggie Jones
Teresa Griffin

UNDER-66 KILOS

Maureen Bennett

S. Selling

Rachael Evans
S. Scott

UNDER/OVER-72 KILOS

Ruth Vondy

T. Ratcliffe

Jennie Glazebrook
C. Sloane

OPEN

Bernie Alltoft

Ruth Vondy

Diane White
C. Sloane

Page 29, Top right: Karen Briggs attacks Sarah Hewlett. Page 29, Bottom left: Kay Greenhalgh. Above: Sarah Hewlett receives her Silver medal from Midland Area Mens Team Manager—Harry Hobbs. Below left: Kay Greenhalgh talks to Eric Woodward, BJA Press Officer—(Woodward on Women) this issue.



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 —45
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 —65
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EVENT 4—GIRLS TEAM 'A'

—28
 —32
 —36
 —40

EVENT 5—GIRLS TEAM 'A'

—44
 —48
 —52
 +52

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All Competitors must be Members of the Club for whom they are fighting and no Scratch Teams will be permitted.

All Competitors must have a current B.J.A. Licence or be fined £2. Entry Fee is £8 per Team, which is non-returnable. Closing date for Entries is: Tuesday 13th July. No telephone or late entries acceptable. Entries will close if the maximum of 65 Teams are received before 13th July.

NOTE—

Clubs may enter 'A' and 'B' Teams only. Booking/Weighing in: Boys 9-00am—9-30am. Girls 10-00am—10-30am.

ENTRIES TO—

Rowland Lee, 7 Ash Grove, Wem, Shropshire SY4 5RW.

Lower Grades Knockout Tournament FOR BOYS AND GIRLS

HADEN HILL LEISURE CENTRE, BARRS ROAD, WARLEY

SATURDAY 24th JULY 1982.



The First Midland Area Lower Grades Knockout Tournament for Boys and Girls under 16 years. The Competition is open to all Areas for Players up to and including 9th Mon. No prior entry is necessary, just turn up and enter on the day, weigh in and book directly onto the Knockout Sheet at the next number, in your respective weight category. Only one attempt at weighing in permitted. Entry fee is £1.50 and Competitors not showing a current B.J.A. Licence will be fined £1.50.

Boys Weigh in: 9-00am—9-30am.


Girls Weigh in: 10-00am—10-30am.

Coaches please see that Players are changed before going into Weighing in Room, and have their Entry Fee and Licence with them.

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