

Blackwater Judo Club Newaza Competition



Organised by Emily Morris and Harry Young on behalf of Blackwater Judo Club (Maldon)

Come to our Invitation **ONLY** Blackwater Judo Club (Maldon) Newaza competition and have a great and friendly time.

Date: Sunday 21^{st} September $2014 - \underline{pre pay}$ contestants £5:00 (no refunds) spectators on the day (16+) £1:00

Any and all profits will be donated to a local charity

Under 8's do not weigh
Yellow weigh in at 9:00 am
Orange weigh in at 9:20am
Green and above weigh in at 9:40
Adults will be put together by grade, weigh in at 11

Under 8's have 1:30 minute contest

Juniors have 2 minute contest

Adults have 3 minute contest

Pools of 4 where possible, all entrants will receive a medal

Referees decision is final

Location: **Blackwater Leisure Centre**, Park Drive, Maldon, CM9 5UR. (01621 851898)

Invites only, anyone who turns up who is not invited will not be allowed to take part. ALL licences must be shown; no licence no entry

No locks, strangles or chokes for juniors



Start 1 knee up, 1 knee down, NO Gi hold

Blackwater club First Aid only

SEND YOUR CLUB DETAILS, NUMBERS
TAKING PART AND PAYMENT
(CHEQUES TO Blackwater Judo Club) to



John Pegram, 38 Minster Way, Maldon, Essex CM9 6YT

NO LATER THAN 14TH SEPTEMBER 2014